

7.1.10 and 7.1.11 Number of initiatives taken to engage with and contribute to local community

Reports of activities conducted

Late Dakshaben Pathak Memorial Lecture

The annual Smt. Dakshaben Pathak Memorial Lecture is organized every year by Dr. Bhanuben Mahendra Nanavati College of Home Science our sister concern for the management Seva Mandal Education Society. Teaching and non-teaching faculty members of all the colleges on the Campus, students and members of Lion's Club and neighboring community are invited for the memorial lecture. The focus and theme of these lecture series is women's health and related issues.

2013-2014

Late Smt. Dakshaben Memorial lecture on **“Role of Endoscopy in Gastrointestinal Disorder”** was organized on 3rd September, 2013. The speaker Dr. Vipulroy Rathod (Director & Consultant Endoscopic Surgeon) addressed the issue of ‘Endoscopy in Gastrointestinal Disorder’, their reasons and precautions that can be taken to avoid. Around 300 NSS volunteers, teaching faculty, members of Lion's Club of Sion and members from the neighborhood attended the lecture.



2014-2015

This year the memorial lecture was organized in collaboration with Lion's Club of Sion on 3 September, 2014. Dr. Boman N. Dhabhar, MD, Medical Oncologist and Hemato-Oncologist attached to Fortis (Mulund), Jaslok and Prince Ali Khan Hospital spoke on the topic **“Cancer Awareness Especially Women Cancer”**. He spoke specifically about breast cancer, its prevalence, common causes, screenings and precautionary measures. He explained the importance of good diet and need for awareness regarding cancers in general. Dr. Boman then had an interactive session with the audience about latest treatments available. The session ended with a strong message through a short video on how it is important to care for one self.



2015-2016

The Annual Smt. Dakshaben Pathak Memorial Lecture was organized in collaboration with Lion's Club of Sion on 3rd September 2015. Dr. Dheeraj Kapoor, Consultant- Endocrinology and Diabetes, MRCP (UK), MD (UK), CCST (DIAB AND ENDO) (UK) attached to Kokilaben Dhirubhai Ambani Hospital, spoke on the topic **“Management and Prevention Aspects of Diabetes, A Growing Health Concern of Today”**. He explained the importance of Gestational diabetes, a diabetes specifically affecting women of child bearing years. Dr. Dheeraj had an interactive question answer session where staff and students asked him their concerns and specifically about the growing deficiency of vitamin B 12.



2016-2017

The Annual Smt. Dakshaben Pathak Memorial Lecture was organized in collaboration with Lion's Club of Sion on 3rd September 2016. Dr. Alan Almeida, Consultant-nephrologist, Section Coordinator (Nephrology) and Director of Research, P.D. Hinduja Hospital and Medical Research Centre, spoke on the topic **“Women's health and renal disease”**. He advised the audience on care to be taken to prevent kidney diseases. He gave the audience pointers on how women especially must take care during menstruation and maintain hygiene to prevent urinary tract infections which may be the start of renal diseases. His session was followed by a question-answer session.



2017-2018

The Annual Smt. Dakshaben Pathak Memorial Lecture was organized by the seminar and workshop committee in collaboration with Lion's Club of Sion on 4th September 2017. The topic was **“Thyroid and its Disorders”** and the eminent speaker was Dr. Nivedita Moulick (Terana Medical College). Dr. Moulick spoke on 'Endocrine Thyroid' in detail and conveyed important information in a scientific yet understandable manner. Simultaneously Bone Mineral Density and Body Mass Index tests were conducted for 82 teaching and non-teaching staff. This was conducted in conjunction with Meyer Vitabiotics, Pharmaceutical Company on 3rd and 12th Sept 2017. On 12th September, Thyroid test (T3 T4 TSH) was also organised in collaboration with Meyer Vitabiotics. 28 Staff members availed the facility.



Mental Health Rally

Every year the Department of Psychology observes the World Mental Health Day on 10 October. The Department arranges various workshops, lectures, competitions and rallies during a week-long events. Mental Health Rally is organised to create awareness about mental health amongst the neighbouring community.

2013-2014

10th October is celebrated as World Mental Health Day. To commemorate this day, our students held a **Mental Health Rally** in Matunga. Dressed in solemn white, our students started the rally from College campus, covering Matunga Railway station, Ruia College, Five Gardens, Khalsa College, and VJTI. The rally was flagged off by HOD, Mrs. Archana Patki, IQAC Coordinator, Mrs. Madhavi Sathe, Vice Principal of Junior College, Mrs. Prabha Nair, and Mr. Avaneesh Bhatt. The students were accompanied by Ms. Vaishnavi Verma, Ms. Reshma Murali, Counsellor, Ms. Zalak Shah and the Police personnel from Matunga Police Station. The students carried colourful and informative placards about mental health of the elderly, also shouting slogans to sensitize the people on the needs of the elderly. It was an inspiring event for the students, as they not only contributed to the neighbouring community, but were also enriched through the experience.

2014-2015

Mental Health Rally in Matunga. On 10 October 2014, our students started the rally from College campus, covering Matunga Railway station, Ruia College, Five Gardens, Khalsa College, and VJTI. The rally was flagged off by the Chief Guest, Mrs. Varsha Samant, former Faculty member of Department and Mrs. Archana Patki, Officiating Principal on 10th October 2014 at the college Foyer. The students were accompanied by Ms Vaishnavi Verma, Ms. Reshma Murali, Ms Jennifer Chandani and Counsellor, Ms. Snehal Subramanian and the Police personnel from Matunga Police Station. The students carried colourful and informative placards about mental health, also shouting slogans to sensitize the people. It was an inspiring event for the students, as they not only contributed to the neighboring community, but were also enriched through the experience.



2016-2017

A rally to create Mental Health Awareness started from college, going towards Matunga Railway Station, Five Gardens and then back to the college. Colleges like Ruia, Poddar, Khalsa and VJTI were covered on this route. The students carried placards and shouted slogans. The theme for this year was 'Psychological and Mental Health First Aid'. The students carried placards and shouted slogans trying to break the myth around mental illness and the stigma attached to it. The movie 'Good Will Hunting' was screened for the students.

Cleanliness Awareness and cleanliness activities in the neighbourhood: Swacchata Abhiyaan

2013- 2014

45 NSS volunteers visited Sion Koliwada, Sardar Nagar in the neighbourhood for door to door awareness on cleanliness and hygiene on 24,26 and 28 December 2014 as part of NSS Special Camp. Volunteers were enthusiastic while spreading awareness among people. People of the locality were taking positively and took oath to remove garbage and keep their locality clean and save the electricity.

2014-2015

On account of Gandhi Jayanti , the NSS unit with the Lion's Club of Sion organized 'Peace and Awareness rally' from the College to LTMG Sion Hospital to, Tarachand Bappa Hospital, SIES college and Sion circle with placards and posters on various topics. 360 volunteers participated in this rally. After rally NSS unit also followed activities for Swachha Bharat Abhiyaan, 25 volunteers cleaning the college premises and surrounding the college. NSS unit organized "Swachha Bharat Pakhwada". NSS Volunteers made the poster and slogans to create awareness about cleanliness among the students and society. Essay competition organized for the students on the cleanliness and our NSS volunteers also cleaned the college premises. The poster and slogan is also displayed in the college foyer to aware Cleanliness Drive.

2015-2016

Our students conducted a Base Line Socio-Economic survey of 100 families living in the shanty town at Wadala Gate no. 4. The survey was conducted December 24 to December 28, 2015. Our college has adopted this area for five years under Government of India's Munijan Scheme. Munijan stands for Maharashtra Universities New Initiative for Joint Action Now, which is a special programme for Maharashtra under Swaccha Bharat Abhihiyaan. The objective of Munijan is to make colleges adopt an area and become a 'stake holder' in it. Through various activities, the students learn values like teamwork, hygienic living conditions and patriotism. Our students carried out various activities there for four days.

2016-2017

Under the Munijan Scheme (Maharashtra Universities New Initiative for Joint Action Now), we conduct several activities at the site of our adopted area, Wadala Gate No. 4 such as awareness programmes regarding cleanliness, voter awareness, plastic ban and so on. Cleanliness Drive and awareness activities were held on 25/12/2016, 26/12/2016, 27/12/2016 as part of NSS Special Camp. On 13th February, 2017. NSS volunteers prepared slogans and posters about the importance of voting in elections in a healthy democracy. On 14th February, 2017, NSS Unit had organized Door-to-Door Voter Awareness Campaign and Oath taking and signature Campaign at the same site.

Thirteen (13) NCC cadets participated in cleaning up Girgaon Chowpatty under Swacchata Abhiyaan on 11 September 2016. Girgaon Chowpatty is the sea-shore in Mumbai used extensively by lay public. NCC cadets cleaned up a part of the sea-shore to make it usable for people.

2017-2018

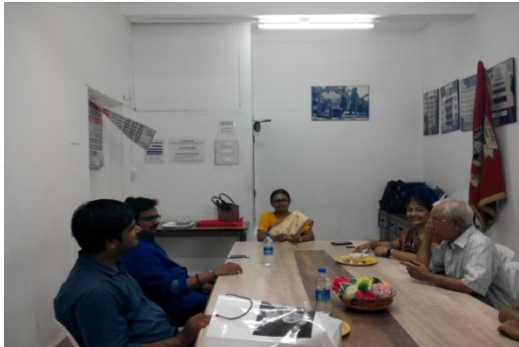
On 10th August 2017, at Wadala Gate No 4, each group of students was assigned a specific area for cleaning up. Thirty-six (36) volunteers participated in Swacchata Abhiyaan there. They cleaned the area around the Wadala slum area and also made the residents aware about cleanliness with the help of posters and slogans. Our college has adopted the shanty town of Wadala Gate No 4 under Munijan Scheme (Maharashtra Universities New Initiative for Joint Action Now).

To engage with the local community, the college organizes literary programmes.

2015-2016

Gujarati Bhasha Din was organized on 24-8-2015 at 2.00 pm in the AV Room.

Renowned Gujarati poet Shri Ankit Trivedi was invited to speak on “Status of Women and Qualities of Married Woman” and also on the different aspects of life of a woman. He spoke to our students, teachers and management members.





2016-2017

Kavya Tarang

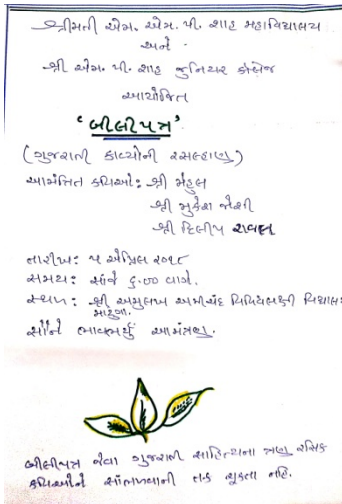
Was organized on 26-8-2016. Renowned Gujarati Poet, Shri Mukesh Joshi was invited to recite his poems and singer Ms. Neha Mehta lent her voice for rendering poems by Shri Joshi. Students and teachers from the neighbouring Amulakh Amichand School attended this programme along with students and teachers and management members of our college. A PowerPoint presentation introducing the college to the audience was shown during the programme. In addition a competition was held for the school children on “Swarachit Kavita” Prizes were awarded for the Best Poems.





2017-2018

BiliPatra (Bael Leaf) Programme was organized in collaboration with the neighbouring Amulakh Amichand School in their Auditorium. It was attended by students and teachers of our college, Amulakh Amichand School, members of the Jain Zalawadi Sthanakwasi Sangh in 5 April 2018. Three Gujarati Poets “Mehul” (Shri Suren Thacker)’ Shri Dilip Rawal- actor, poet and anchor and Shri Mukesh Joshi were invited to recite their poems.



Circular/Invitation for the programme “BiliPatra” held on 5 April 2018 at Amulakh Amichand School organized by Smt. Maniben M.P. Shah Women’s College of Arts and Commerce and in association with Shri M.P. Shah Junior College of Arts and Commerce for Women, Matunga

Road Safety Project

2015-2016 and 2016-2017

Project “Towards Safer Roads” was initiated in collaboration with the NSS Unit by **the English Department**. Poster, Slogan, Essay Elocution Competitions and awareness rally on Road Safety were organised. 75 to 125 volunteers participated in this competition. Aim of these competitions was to make the students aware of the importance of Road Safety, Rules and Regulations related to road safety etc. Since this will be helpful to all the students when they are on the road and it will also help them when they own vehicles in the future. On 23rd January 2017, Road Safety Workshop organized by NSS Unit in collaboration with NGO- ‘**United for Road Safety**’. 35 volunteers were participated in this workshop. This workshop was conducted with the help of PPT presentation by Aseem Joshi and Resham Shinde the aim of workshop was to make the students aware about the road safety rules and regulation.



Adding new programmes and courses

To make higher education need based and accessible especially to the women students from the neighborhood, who would not have otherwise enrolled into institutions of higher education, the college needs to introduce new and relevant courses for students.

2014-2015

BCom, AFI:

We introduced BCom AFI (BCom with Accounting, Finance and Insurance) in 2014, considering the new career choices available in the job market. With the entry of international companies in the insurance sector, numerous opportunities arose to take up a job immediately after graduation. These jobs are for sales of insurance policies, credit/debit cards or even loans. Similarly, smaller firms and banks also require junior accountants with a practical knowledge of day-to-day tasks. BCom AFI programme trains students in precisely this: with more focus in practical tasks, the students prepare to join a job immediately after graduation. Besides, at the third year level, the students participate in 240 hours of internship, which introduces them to the job environment.

2017-2018

MCom, Accounting and Auditing:

With more and more students opting for further education after graduation, students often expressed the wish that they should be able to continue education on the same campus. This requirement was strongly felt among the students who were studying for Bachelor of Commerce (BCom). Hence, we added the course component of Accounting and Auditing in the already popular master's degree of Marketing Management. This course is an added attraction for students who wish to join teaching as a profession. However, the students who are looking for a corporate job also find the course interesting because an internship of 240 hours is its compulsory component.

BA in Economics:

Although our Arts in English Medium had a steady flow of students for Hindi, Sociology and Psychology, the programme required more choices of subjects. With its cerebral appeal to intelligent students, Economics was an obvious choice. Students enthusiastically responded to the new course as teaching Economics in the junior college or senior college becomes an excellent career-option. With its training in statistics and analyzing data, the students of Economics can also eye other jobs.