

**2013-14**

**1. Rally for Women's Safety:**

This rally was organised by the BMM section to spread awareness about increasing incidents of rape and sexual harassment. The rally started from college and ended at Maheshwari Udyan. About 100 students participated in the rally holding posters and placards with messages about crimes against women.



**2. Jagar Janivancha:** An initiative of the Joint Director of Education, Maharashtra State as intercollegiate competitions for creating awareness and sensitizing students towards gender equality and gender issues. About 200 students from English, Marathi and Gujarati mediums participated in various events and competitions organized at the college level such as essay writing, debates and slogan making, Street plays and chart displays were also organized; visit to Chinchon village in Thane district to understand women's involvement in small scale industry in the village in the months of October to December 2013.



3. On the 8 January, 2014 Poster exhibition in college premises on "Save the Girl Child". The aim of this Exhibition was to sensitize the volunteers on various issues related to "Killing the Girl Child" and "Save the Girl Child". Five (5) posters were selected for the prizes. Past District Governor Lion Bhavna Shah delivered a lecture on Save the Girl Child. She covered nearly all the causes and demerits of it.



4. 200 volunteers attended a lecture on Cyber Crime and Legal Awareness on 26 November, 2013 conducted by Guest Speaker Advocate Mr. Pankaj Bafana. The interactive Sessions, made students aware about what is cybercrime, forms of cybercrime, when we are using FACEBOOK what types of precaution should be taken, when our cell phones are hacked by someone how we can stop it, etc. He discussed about Legal Awareness of Cyber Crime and Women Safety.



## 5. Lecture and Demonstration on “Safety is my Right”

On 30th August 2013 N.S.S. Unit organized a lecture and demonstration on “Safety is my Right” in co – operation with “YOUNG MUMBAI” (NGO). The chief guest Varsha Usgaokar, an actress, addressed the students and 2 police men had shown demonstration to learn safety in various ways. Around 350 volunteers attended the lecture.



6. Department of Foundation Course screens films, whose theme is related to women's issues. The film screening is followed by a discussion of themes and issues. Often, the films have a dominant female lead, and thus the film breaks the norm of passive, confirming, eye-candy female 'heroine'.



**2014-15**

1. Samvedna Counselling Centre conducted a workshop for the women and girls of the Police colony on Menstruation and Body Awareness on 17 February, 2015 so as to enable them to care for their emotional and physical health effectively. The workshop topic was chosen after finding the needs and preferences of the women. To make the workshop comprehensive, 3 sessions were conducted for the women, on Psychoeducation, Nutrition and Yoga.
2. On 7 January 2015 a short documentary film was shown to sensitize the students regarding 'Saving A Girl Child'. The chief guest Lion Santosh Chawan and other Lion's Club members gave prizes for the various activities conducted during the NSS special Camp.



3. Debate on women's issues by the Department of Foundation Course covers issues like The table covering all the topics is as follows:

Date	Class	Theme
6.8.14	B.A.I(Eng)	Socialization of Girl Child
13.8.14	B.A. II(Eng, Guj)	Division of labour and Women rights
29.9.14	B.A.I(Eng)	Attitude towards working women
17.1.15	B.A. II (Eng)	Population policies in India,
18.2.15	B.A.I(Eng)	Conflict Management

4. Mrs. Varsha Palkar, Psychologist and lecturer in Psychology in Junior College was invited to speak on "Pre-marital Counselling:- Women's Health and Hygiene" to BA II English medium students on 27-9-2014.
5. **Avanti Young Women Leadership Programme** Avanti - Young Women Leadership Program on 26 August was initiated to instill in students a sense of empowerment by enabling them to take the first step towards Leadership. This was



conducted by Ms. Ankita Redkar and group. It is vital to recognize that personal qualities like self-awareness, self-confidence, self-control, self-knowledge, personal reflection, resilience and determination are the foundation of how we behave. Being aware of your strengths and limitations in these areas will have a direct effect on how one behaves and interacts with others. Keeping this objective in mind the Avanti programme came up with this initiative and the programme focused on preparing women leaders through service learning. A participant's journey and the impact a leader can create. Avanti foundation conduct follows up sessions once in a month with the area regarding the number of dropouts from the area.

7. Karate Coaching for Self Defense was organized on 27 December 2014 during NSS Special Camp for the volunteers attending the camp. Simple techniques of Self Defense was demonstrated and taught to the volunteers.

8. A talk on Sexual Abuse : On the occasion of Teacher's Day, 5 September 2015, there was a talk arranged on the sensitive yet important topic of Child Abuse. It's hard to imagine someone intentionally hurting a child. Yet nearly 1 million children are abused every year. These are only the reported incidents of child abuse, many more cases are unreported and undetected, often because children are afraid to tell somebody who can help. Most of the time, kids know their abusers and the abuse happens in the home. This makes it difficult for kids to speak up. They may feel trapped by the affection they feel for their abusers or fearful of the power the abusers have over them — so they stay silent. That's why it's especially important to be able to recognize the signs of child abuse. The chief guest for this day was Smt. Zarnaben Somaiya and the speaker was Ms. Sabreena Cooper.



9. Group Discussions on Women's status in India on 14-7-2014; Stereotype Gender Roles on 26-7-2014 and Fundamental Rights of Women on 5-8-2014. 115 students from English and Gujarati medium participated.
10. Foundation Courses showed the following films to the students: Matrubhoomi, Mardani, Dorr, Water, Provoked, Haribhari, and Black Home. The film show was followed by debates and discussions. The films were shown in the span of three months, and to view each film, students spent two hours each.



- 11.** Poster presentation on Women and Crime was held on 11-8-2014. Students presented their posters on topics such as various atrocities on women and legal provisions made for them.



- 12.** Case studies of violation of women's rights were discussed in class based on cases reported in the media on 12-8-2014 for students of BA II Gujarati medium. The discussion on Violation of Women's Rights threw light on how women often lose right to family property due to ignorance, women's right to divorce and Article 498A pertaining to domestic violence.
- 13.** BA II English medium students conducted a role play on the topic "Women Trafficking" on 14-3-2015 followed by discussion to understand the topic better.

## 2015-16

1. **Cyber Safety for Women:** The NSS Unit in association with SNTD Women's University and Mumbai Police organized a lecture by the Police Commissioner Mr. Javed Ahmed on Making Cyberspace Safe for Girls on 21 December 2015.



## 2. Gender sensitization modules in the syllabus

Class	Course	Name of paper	Texts Undertaken	Chapter/story
BA (Non-English Medium)	English C.C. (L.L.)	Starting with English	<i>Yuva Katha</i> Vol.4	** "Girls" by Mirnal Pande
BA (Non-English Medium)	English C.C. (L.L.)	Using English Effectively	<i>The Inner Courtyard-Stories</i> by Indian Women Edited by Lakshmi Holmstrom	**"The First Party" by Attia Hosain
BA (Non-English Medium)	English C.C. (L.L.)	Advancing With English	<i>The Inner Courtyard-Stories</i> by Indian Women Edited by Lakshmi Holmstrom	**"The Library Girl" by Vishwapriya L. Iyengar **"My Beloved Charioteer" by Shashi Deshpande
BA (English Medium)	English C.C. (H.L.)	Empowering English Paper-I	<i>Separate Journeys:Short Stories by Contemporary Indian Women</i> Edited by Geeta Dharmarajan	**"Bayen" by Mahasweta Devi
BA (English Medium)	English C.C. (H.L.)	Empowering English Paper-II	<i>Separate Journeys:Short Stories by Contemporary Indian Women</i> Edited by Geeta Dharmarajan	**"The Hijra" by Kamala Das
BA (English Medium)	English C.C. (H.L.)	English for Advanced Learners	<i>The Wedding Album</i> by Girish Karnad	
Bcom III	Bcom	English C.C. (H.L.)	Select Stories from <i>The Inner Courtyard-Stories</i> by Indian Women) Edited by Lakshmi Holmstrom	
	BCom	English C.C. (H.L.)		

3. **Mental Health Week:** The Mental Health Week was celebrated from 18 January to 23 January 2016. On 22<sup>nd</sup> January, students performed skits on "Evils of Smart Phones" and "Acid attacks on Women". The skits were performed in the college foyer.



4. Film screening of the movie *Girl Rising* was organized on behalf of the US Consulate on 5th January 2016 followed by critical analysis of the movie by the producer of the movie Ms. Martha Adams. Other films screened by Foundation Courses throughout the year are *Neeraja*, *Meri Adhuri Kahani* and *Provoked*.
5. **Self Defense Training:** On 25 December 2015, Mr. Mahesh Navle- a black belt karate trainer, taught and demonstrated various self-defense techniques to the volunteers to build the confidence and teach them how they can protect themselves.



6. Group Discussions on various issues related women, specially focusing on working women's problems. Students enthusiastically participated in the discussions through the year. Their main concern was the sexual harassment faced by women at workplace and power relations that define roles of women. How women employees are not assigned challenging tasks as they are thought of as 'soft'. Thus gender at various stages became the main issue in discussions.
7. Debate on Division of Labor and Women's Rights, Divorce Laws in India, Should Women Work?
8. Brain Storming on Women's Routine Problems- On 25 December 2015, a brain storming session took place related to the various social problems being faced in society today like dowry, abortion of a girl child, lack of good education for a girl child. The students put forth their points of view about the changes that are taking place in relation to these social problems. Ms. Renuka Prajapati, programme officer, summarized the points that students put across pertaining to the social problems faced by us.



## 2016-17

1. Water and Mathrubhumi were screened on 3 and 6 Feb.2017 followed by discussions on the issue of child marriage and the perils of declining female population. More than hundred students watched the films.
2. Child Abuse: On 26 December 2016, this session was arranged by the Ms. Jennifer and Ms. Archana Patki. They showed some pictures related to different types of abuse of children. In a country like India, where population is a major concern, many children below the age of 14 years work in different sectors of our economy, and at the same time they are often abused by the their respective employers. The resource persons also explained different types of child abuse like sexual, neglect, financial and so on.



3. Self-defense training: On 26 December 2016, Mr. Mahesh Navle-a black belt karate trainer and his two students demonstrated various self-defense techniques to the volunteers to build the confidence in case of emergency, how one can protect oneself.



### 2017-18

1. As part of the Mental Health Celebration, students of MA conducted workshops for children at Manav Seva Sangh, on topics of 'Bullying' and 'Good Touch, Bad Touch'. Children play a long time playing out of the house. Hence, they should be informed about whom to trust and whom not to; and, how every touch is not that of affection. These workshops were conducted under the guidance of Ms. Reshma Murali, Coordinator, MA Psychology.
2. Protection from and prevention of sexual harassment, cybercrime and molestation: On 24<sup>th</sup> December 2017, Advocate Pankaj Bafna conducted a session. In this, he has given the brief introduction about the topic. He explains various security steps to be followed while using the social sites to prevent from the cybercrime. He has given wonderful knowledge about the topic. By this session students became aware of the law and regulations of the related to the topic.



3. **Gender Bias:** On 25 December 2017, Shri Jagdish Kaka from Sarvodaya Mandal, conducted a session. In this session, he explained about the gender bias and gender inequality prevalent in society. He also focused the topic to make students understand Gender inequality in India with reference to health, education, economic and political inequalities between men and women in India. He mainly focused on the reasons behind gender inequality. He also give solution that how to take initiatives steps to reduce gender inequality.



4. **Poster & Slogan Competition:** On 28 December 2017, The NSS volunteers participated in poster and slogan competition, the theme for which was Nari Shakti and Molestation. The best 3 posters were chosen by the judges Ms. Alpa Doshi and Smt. Renuka Prajapati. All the posters and Slogan were displayed in the college foyer.



5. On 23 December 2017, a brain storming session took place related to the various social problems being faced in society today like, Rights of Women, Dowry, Save the Girl Child, Importance of Educating a Girl Child by the students where they put forth their point of view of the changes that are taking place in relation to these social & Economical problems. Mrs. Rekha Shelar programme officer summarized the points that students put across pertaining to the social problems faced by us. Mrs. Falguni Gogri also takes session on relaxation.

- Fight Crimes Against Women: A workshop on variety of sexual crimes and how to fight them was organized by the Internal Complaints Committee along with Jalota Foundation on 28 November 2017



- Invitation and lecture Schedule on "Legal Support Services for Sexual Harassment in Public Places" on Saturday, 21 July 2018

Seva Mandal Education Society's  
Smt. Maniben M.P. Shah Women's College of Arts and Commerce

NAAC Re-Accredited 'A' Grade (CGPA 3.61/4)  
UGC Status: College with Potential for Excellence  
Maharishi Karve Ulkrushtha Mahavidyalaya Puraskar (2017-2018)  
(Affiliated to S.N.D.T. Women's University)

**"Legal Support Services for Sexual Harassment in Public Places"**

Speaker: Adv. Nirmala Samant - Prabhavalkar  
Ex-Mayor of Mumbai  
Former Chairperson of Maharashtra State Women's Commission

Date: 21st July, 2018  
Time: 10:30 a.m.—11:30 a.m.  
Venue: Room No. 08

Organized By:  
Internal Complaints Committee  
and  
Department of English

Smt. Parmeshwari Devi Gordhandas Garodia  
Educational Complex  
338, R.A. Kidwai Road, Matunga, Mumbai-400019  
www.mmpshahcollege.in

Seva Mandal Education Society's  
Smt. MMP Shah Women's College of Arts and Commerce  
338, RA Kidwai Road, Matunga, Mumbai 400 019

**"Legal Support Services for Sexual Harassment in Public Places"**  
Saturday, 21 July 2018  
Venue: Room No.08, First Floor

**Schedule:**

10.00 am	Registration of Students	
10.30 am	Welcome Address and Introduction of Chief guest	Dr. Usha Mishra Chairperson ICC Associate Professor Department of Hindi
10.35 am	Session	Adv. Nirmala Samant - Prabhavalkar Ex-Mayor of Mumbai Former Chairperson of Maharashtra State Women's Commission
11.20 am to 11.25 am	Supplementary Comments and Discussion	
11.30am	Vote of Thanks	Dr. Avaneesh Bhatt Assistant Professor Head, Department of English

**Dr. Leena Rajee**

**Principal**