

Leadership Training Programme (31 August 2026)

The Leadership Training Programme was conducted for the Class Representatives (CRs) of all classes and student post holders of the students' council. The programme aimed to help student leaders understand the qualities and skills required for effective leadership and to enable them to apply these skills in real-life academic and institutional situations.

The training focussed on developing leadership competencies such as conflict resolution, emotional intelligence, problem-solving, decision-making, and effective communication with the help of interactive discussions, reflective exercises, case studies, role-plays, and group-based tasks. The introductory activity "*Leadership Pizza*" encouraged students to reflect on personal leadership qualities, identify strengths, and recognize areas for growth. The discussions emphasized that leadership involves responsibility, empathy, cooperation, fairness, patience, and motivation, beyond simply holding a position.

The training used the following Activity-Based Learning exercises.

- Conflict Resolution Role-Play: Students acted out case studies, demonstrating approaches to listening, fairness, and collaborative problem-solving.
- Emotional Intelligence Exercise: Using *Mentimeter*, students suggested ways to support a quiet or withdrawn classmate, highlighting empathy, active listening, and inclusivity.
- Problem-Solving & Decision-Making Task: Students planned a Teacher's Day celebration with limited resources, practicing prioritization, delegation, flexibility, and teamwork.
- Leadership Video Analysis: Clips portraying effective vs. ineffective leadership sparked discussion on the impact of communication, recognition, and respect in motivating teams.

The programme received enthusiastic participation from the students. They gained practical insights into responsible leadership, strengthened their existing skills, and explored ways to apply them in their roles as class representatives and student leaders. By the end of the session, participants developed a deeper understanding of empathetic, communicative, and collaborative leadership, and were encouraged to use these skills to guide and support their peers effectively.

