

7.2 - Best Practices

Best Practice 1

Mutthi Anaaj Daan (MAD)

Objective:

To arrange for regular nutritious food for the first-generation learners belonging to underprivileged strata of society.

Context:

Many of our students suffered from minor ailments, which resulted in irregularity in college and poor academic performance. SMES members associated with the Lions Club International came up with the idea of collecting grain and legume from the privileged members of society, and then donating the collection to the needy students.

Practice:

College teachers short-list the needy students with the help of their ration card details and income proofs. The pre-condition for receiving MAD donation was that students who registered for the programme were exhorted to continue with college education. The listed students have been receiving 5 kg rice grain and 2 kg tur daal every month through MAD.

Evidence of Success:

Three hundred (300) students benefited in 2021-22, three times more than the first MAD programme. Many students have mentioned that their status in the family has improved as they now contribute with food grains. As a result, family members encourage them to attend college regularly.

Problems and Challenges:

All needy students cannot receive benefits of the scheme. Several students begrudge the fact that they were not selected for MAD. Sometimes, arranging for space to conduct the distribution is a problem, especially, during examinations.

ACTIVITIES CONDUCTED DURING 2021-2022



Best Practice 2

Elderly Care and Companionship

Objective:

Sensitise students to the needs of the elderly and create a bridge between two generations, which are poles apart. The senior citizens receive warmth and the younger ones learn strong values.

Context:

Due to urbanisation and dispersion of workforce, senior citizens are either left alone at homes or are compelled to live in old age homes. We felt that young students must connect to these elderlies and learn to care for them.

Practice:

The students of Sociology Department began holding contact sessions and activities for the senior citizens through THRED, and NGO. Later, the institution signed an MoU with 'Tulsi Trust-- Graceful Living' for access to the elderly and holding variety of activities. Fifty students spend twenty (20) contact hours with the elderly over one term every year.

Evidence of Success:

Students have eagerly participated in the activities and become sensitive to issues like loneliness, prolong sickness, physical inabilities and so on, often troubling the senior citizens. Many students have even mentioned that they now miss the presence of a senior citizen in the family.

Problems and Challenges:

Students have sometimes mentioned the problem of adjusting the time schedule for the contact hours. This is due to commuting distance in a megapolis.

ACTIVITIES CONDUCTED DURING 2021-2022

CONCLAVE ON *CREATING A WORLD FOR ALL AGES*

WORLD ELDERLY ABUSE DAY :AWARENESS AND PREVENTION

VALENTINE'S DAY WITH SENIOR CITIZENS

LECTURES AND INTERACTIONS

FASHION SHOW FOR SENIOR CITIZENS

ONLINE STUDENT INTERSHIPS DURING COVID-19 LOCKDOWN





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SEVA MANDAL EDUCATION SOCIETY'S
Smt. Maniben M. P. Shah Women's College of Arts & Commerce
 (Autonomous Under S.N.D.T. Women's University, Mumbai)

NAAC REACCREDITED B++ CGPA 2.88
 UGC STATUS - COLLEGE WITH POTENTIAL FOR EXCELLENCE
 Adjudged as Best College (2017-18) SNDT Women's University

Dr. Leena Rajee
 Principal

Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex,
 338, R. A. Kidwai Road, Matunga, Mumbai - 400 019. • Tel.: 2409 5869
 E-Mail : 021.mmpshah@gmail.com • Website : www.mmpshahcollege.in

Ref. No.

Date: 20/06/2022

To,
 The Principal

Subject: Workshop on Elderly Abuse Awareness

Dear Madam / Sir,


The Department of Sociology is organizing a workshop on "Elderly Abuse Awareness" on June 24, 2022 from 10.30 am to 1.00 pm in our college premises. As a part of "Azadi Ka Amrit Mahotsav". As we are marking World Elderly Abuse Awareness Day and we cordially invite your students for the same. The workshop will create awareness about elderly abuse in the society among the students.

Kindly send names and contact numbers of 10 students from second and third year who would be participating in the workshop by June 22, 2022.
 Departmental Email ID - sociology@mmpshahcollege.in

All participants will be given certificates.

Thanking you,

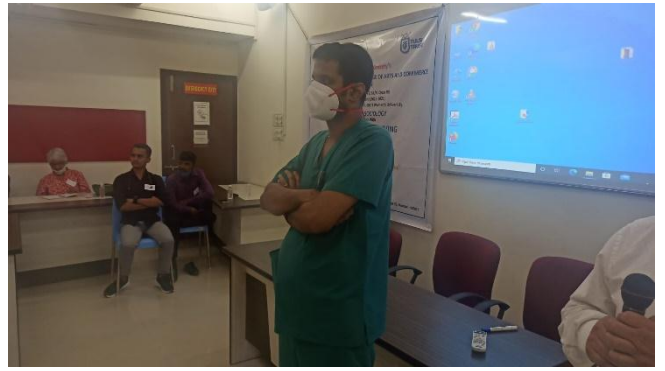
With warm regards,


 Dr. Leena Rajee
 Principal

Degree

BA., BA-MM,
 B.Com. B.Com-AFL BMS,
 M.A-Counseling Psychology,
 M.A. Hindi
 M. Com - Marketing Mgt.
 M.Com - Advanced Mgt.
 Accounting & Auditing
 M. A. Mass Media

Center for Distance Education
 (Hindi Medium)
 (Affiliated to Mahatma
 Gandhi International
 Hindi Vishwavidyalaya)



Seva Mandal Education Society's
SMT. MANIBEN M. P. SHAH WOMEN'S COLLEGE OF ARTS AND COMMERCE
 (AUTONOMOUS)
NAAC Reaccredited B++ (CGPA 2.88/4, Cycle III)
 Recipient of UGC-CPE Green (2016-2021)
 Ajudged "Best College" (2017-2018), SNDT Women's University

DEPARTMENT OF SOCIOLOGY
 In Joint Collaboration With
TULSI TRUST
GRACEFUL LIVING
 Organises
WORKSHOP
 On
"Enhancing Growth of Seniors Citizens Associations"
"ज्येष्ठ नागरीक संघांच्या कार्याचे मूल्यवर्धन"

Date: Wednesday, March 23, 2022
 Time: 10:00 am – 5:30 pm
 Venue: A.V. Room, 3rd Floor
 Smt. Parmeshwari Devi Ghorbandas Garodia Educational Complex
 338, R.A. Kirsali Road, Matunga (E), Mumbai 400019

