

Smt. M.M.P. Shah Women's College of Arts & Commerce (Autonomous)

Smt. Parameshwari Devi Gordhandas Garodia Educational Complex,
338, R.A. Kidwai Road, Matunga, Mumbai – 400019

NAAC Reaccredited B++ (CGPA 2.88/4, Cycle III)
Recipient of UGC-CPE Grant (2016-2021)
Adjudged 'Best College' (2017-2018), SNDT Women's University
Website: www.mmpshahcollege.in



N.S.S. Regular Activities 2024 - 2025

Principal

Dr. Archana Patki

Programme Officers:

Dr. Rekha Shelar

Dr. Rashmi Shetye Tupe

Mrs. Sushma Bhoir

About our college

Seva Mandal Education Society's Smt Maniben M P Shah Women's College of Arts & Commerce was established in the year 1957 with 7 students and it is the first college affiliated to SNDT Women's University. The vision is to be a leading institution of higher education for women to make them self-reliant and responsible citizens. To fulfill this objective, we provide various academic programmes to almost 6000 students through our Junior College (Affiliated to HSC Board), Degree colleges and Post Graduate Departments (Affiliated to SNDT Women's University). Our college has been doing consistently well and has been rewarded "A" Grade with high cumulative grade point average of 3.61/4 from NAAC (National Assessment & Accreditation Council) in the year 2013. College has received good amount of financial assistance through UGC in the category CPE since it was identified as college having the potential for excellence (CPE) utilizing this grant we have further developed our infrastructure and introduced many skill development programmes for students which can make them self-reliant. College was adjudged as Best College of SNDT Women's University for the year 2017-2018. Conferred with Autonomous Status from June 2019. College has undergone 3rd Cycle of NAAC accreditation- with 'B++' Grade and CGPA of 2.88/4 in new format of NAAC. Also, from the academic year 2024-25, the Department of Management Studies is officially registered with the All India Council of Technical Education (AICTE). Furthermore, we are excited to introduce a new specialization under the B. Com programme B. Com in Management Studies. This new offering is designed to provide students with specialized knowledge and skills in management studies, enhancing their career prospects in the field.

VISION

To be a leading institution of higher education for women to make them self-reliant and responsible citizens.

MISSION

- To make education accessible to all women students irrespective of their caste, creed, economic status or learning level
- To offer academic flexibility, personal attention, extensive support system and a safe, inspiring learning environment
- To provide students with need-based, skill-based multidisciplinary curricula
- To engage students in diverse activities for their holistic development
- To train students in employability skills, communication strategies, creative and rational thinking, encouraging innovation and fostering their unique capabilities
- To nurture students to be competent professionals, independent entrepreneurs, and empowered individuals

OBJECTIVES

- Make higher education relevant and affordable
- Help students recognise and reach their full potential
- Prepare students to be sensitive to socio-cultural diversity
- Lay foundation for a prosperous and meaningful life for our students.

Brief History of our N.S.S. Unit

Our NSS Unit was established in 1970 with 5 NSS volunteers under the leadership of our Management, Principal Dr. Dhairayabala Vora, and NSS Programme Officer Mrudulaben Shah. The junior college NSS Unit started in 1996. Today our NSS Unit has 300-degree college volunteers and 100 junior college volunteers. There are 3 Programme Officers (POs) from the degree college and 2 POs from the junior college.

The College is situated in the centre of Mumbai and close to Asia's largest slum community at Dharavi. Other slum pockets like the Antophill area, Guru Tej Bahadur Nagar, and Wadala Gate no. 4. Our college offers services through social work in these neighbourhoods. Our students residing in these areas also benefit from the outreach programs carried out by the NSS Unit in these areas. Our Management, Principal, and teachers actively take part in collaborating with various NGOs to conduct extension activities. NSS's motto is Not Me But You and our NSS Unit is proud of the fact that along with regular NSS volunteers, several alumni are still associated and contribute to all NSS regular activities and special camps. Regular NSS activities include voter awareness, tree plantation, medical check-up camps, awareness rallies for gender sensitization, anti-smoking, anti-alcoholism, anti-drugs, AIDS awareness, and so on, blood donation camps, freeship, and notebook distribution. A few significant activities include the adoption of a slum community at Wadala Gate no. 4 in the college neighbourhood, King's Circle Railway Station, and Mammoli village in Thane district. These adoptions have been approved by SNDT Women's University under Munijjan Yojana of the Government of India, station Master King's Circle station, and the Gram Panchayat of Mammoli village respectively. In all three adopted areas, NSS works towards enabling the community through awareness activities and skill-building activities for socio-economic empowerment. Through these activities our students have benefited in many ways – all-round personality development, leadership quality, value education, team building and teamwork, caring, sharing, understanding other views and respecting them, confidence building, and identifying with the cultural and traditional diversity of the country and creating the consciousness towards nation building.

Special Project – Mutthi Anaaj Daan

The simple and highly fruitful concept MAKE A DIFFERENCE through MUTTHI ANAAJ DAAN (M.A.D) is a thought that first came to a group of an enthusiastic young group of friends who wanted to Make a Difference for the underprivileged. With basic maths and other related technicalities, they chalked up as an effective plan of action. For M.A.D., all one has to do is put a fistful of grain in a plastic jar over a month at home while cooking and hand it over to the team. That respective contribution is checked, packed, and distributed to the people in need. However, careful monitoring is implemented to make sure that the correct MAD process is being practiced. Colleges that take up the responsibility of distributing the collected grains are thoroughly screened along with their accounting books, and records of the donors and the recipients. M.A.D. being tied in with education, only those continuing with their education are eligible to benefit with 5 kg rice and 2 kg tur daal every month.

M.A.D got the proverbial boost in May 2014 with a huge contribution by the Lions Club of Sion to the NSS unit of Smt. M.M.P. Shah Women's College of Arts and Commerce, Matunga towards 125 girls who came from impoverished areas like Dharavi, Sion, Matunga, Kurla, and Wadala gate number 4, etc. The number of beneficiaries increased since June 2016 from 125 to 250 and from September 2017 five more students were included. This year also 300 needy students were benefited from this noble project.

To continue the services during vacation the N.S.S unit plans to give them grains before Diwali and summer vacation in advance. So that there is no discontinuation of services.

June Summer Camp

NCC and NSS Unit organize a week-long summer camp from 4th June 2024 to 10th June 2024 in Vanicha Pada, Aarey Colony at Goregaon East. The camp aimed to foster community engagement, promote health and education, and empower local residents through various activities and workshops. In this Summer Camp the age group from 3years to 16 years children were involved.

Objectives:

1. **Promote Health and Wellness:** Encourage physical fitness and mental well-being through yoga, exercise, and self-defence training.
2. **Environmental Awareness:** Educate the community about the importance of environmental conservation and water preservation.
3. **Educational Support:** Provide educational games and storytelling sessions to enhance learning among children.
4. **Cultural Exchange:** Facilitate cultural activities to strengthen community bonds and preserve local traditions.
5. **Skill Development:** Conduct workshops to teach new skills and crafts, enabling economic empowerment.
6. **Community Engagement:** Foster a spirit of cooperation and teamwork through group activities and traditional games.

Activities:

Day 1: June 4, 2024

Yoga and Exercise:

The day began with yoga and exercise sessions to promote physical fitness and mental relaxation. These sessions included basic yoga poses and light exercises designed to suit all age groups, emphasizing the importance of maintaining a healthy body and mind.

Brain Storming Games

Various brain-storming games were conducted by Lt. Suvarna Joshi along with NSS volunteers and NCC Cadets, to enhance cognitive abilities and problem-solving skills. These games encouraged teamwork and critical thinking, helping participants to engage their minds creatively and collaboratively.

Poster & Slogan Making - Save Environment:

A poster & slogan -making activity focused on the theme "Save the Environment" was organized. Children created posters using paints, crayons, and other materials. This activity aimed to raise environmental awareness and encourage artistic expression.

Visited Aaganvadi Nursery Play School – Educational Games:

NSS Volunteers & NCC Cadets along with the Lt. Suvarna Joshi visited the local Aaganvadi nursery to engage young children with educational games. These games focused on basic literacy and numeracy skills, using playful and interactive methods to make learning enjoyable for the little ones.





Day 2: June 5, 2024

Story Telling:

Storytelling sessions were held where NSS volunteers narrated traditional stories. These sessions were designed to instill cultural values and moral lessons in children, while also preserving the oral traditions of the community.

Traditional Game: Kabaddi:

A session of Kabaddi, a traditional game, was conducted by Lt. Suvarna Joshi. This game not only provided entertainment but also promoted physical fitness and teamwork among children, reinforcing the importance of traditional sports.

Session on Save the Environment & Save the Water:

An interactive session on environmental conservation and water preservation was conducted. Children learned about the importance of conserving natural resources and were given practical tips on how to save water in their daily lives. Speakers were Dr. Rekha Shelar and Ms. Harsha Dandekar. In this session had given the activity to the children to kept the record that how much water they saved daily and also gave the update daily during the camp. At the end of the session Children along with our NSS volunteer & NCC cadets took the oath to save the environment and water .





Day 3: June 6, 2024

Warm-up Activities at Morning:

Each day of the camp began with morning warm-up activities by NSS Volunteers & NCC Cadets along with the Lt. Suvarna Joshi . These included light stretching, aerobic exercises, and fun physical activities designed to energize participants for the day ahead. The sessions aimed to promote physical fitness, increase flexibility, and improve overall well-being.

Paper Bag Workshop:

A workshop focused on making paper bags was conducted by NSS volunteers to promote eco-friendly practices and reduce the use of plastic bags. Children were taught how to create sturdy and reusable paper bags from old used News Paper . This activity not only encouraged creativity but also raised awareness about environmental conservation.

Poem Recitation:

A poem recitation session was organized by Dr. Rekha Shelar along with NSS volunteers & NCC cadets where participants, especially for small children, were encouraged to recite poems. This activity aimed to enhance public speaking skills, boost confidence, and foster a love for literature. Children shared poems in various languages, adding a cultural and educational dimension to the camp.

Self Defense Training:

A comprehensive self-defense training session was conducted by Mr. Mahesh Nawale along with his team of 2 members with the demonstration , to empower children, girls and boys, with the skills and confidence needed to protect themselves in dangerous situations. The training included Basic Techniques, Situational Awareness, Confidence Building, Verbal Defense, Physical Fitness and Legal and Safety Considerations.





Day 4: June 7, 2024

Session on How to Save Water:

An interactive session on water conservation was conducted to educate the community on the importance of saving water. The session covered practical tips and strategies for reducing water consumption in daily life. Key points discussed included:

- **Fixing Leaks:** Checking and repairing any leaks in taps, pipes, and toilets to prevent water wastage.
- **Efficient Water Use:** Using buckets instead of hoses for washing cars and watering plants to minimize water usage.

- **Rainwater Harvesting:** Setting up simple rainwater harvesting systems to collect and store rainwater for various uses.
- **Mindful Usage:** Encouraging mindful water usage habits, like turning off the tap while brushing teeth and taking shorter showers.

Workshop on Quilling (Different Shapes & Greeting Cards):

A workshop on quilling was held by Ms. Naziya Shaikh, student of Sociology department , teaching children how to create different shapes and greeting cards using quilling techniques. This activity introduced a new craft skill that could potentially be used for them in future to income generation.

Lazhim Training:

Lazhim training, a traditional martial art form, was conducted by NSS Volunteers and NCC cadets. This training aimed to promote physical fitness and preserve cultural heritage, encouraging participants to learn and practice this unique form of martial art.





Day 5: June 8, 2024

Door-to-Door Awareness for Save the Water:

Volunteers conducted a door-to-door campaign to raise awareness about water conservation. They discussed water-saving techniques with community members, emphasizing the importance of preserving this vital resource.

Group Activity - Showcasing the Talent:

A talent showcase was organized where children displayed their skills in music, dance, and poem. This event fostered a sense of pride and community spirit, allowing participants to express themselves and celebrate their talents.

Craft Activity & Practicing Lazhim:

A craft activity session was held by Dr. Rekha Shelar & volunteers especially for small children , where children created various handicrafts like photo frames, lotus, paper boat and different other shapes. This was followed by practice of Lazhim for the bigger section of children , reinforcing the skills learned in the previous training session.





Day 6: June 9, 2024

Time Management Game:

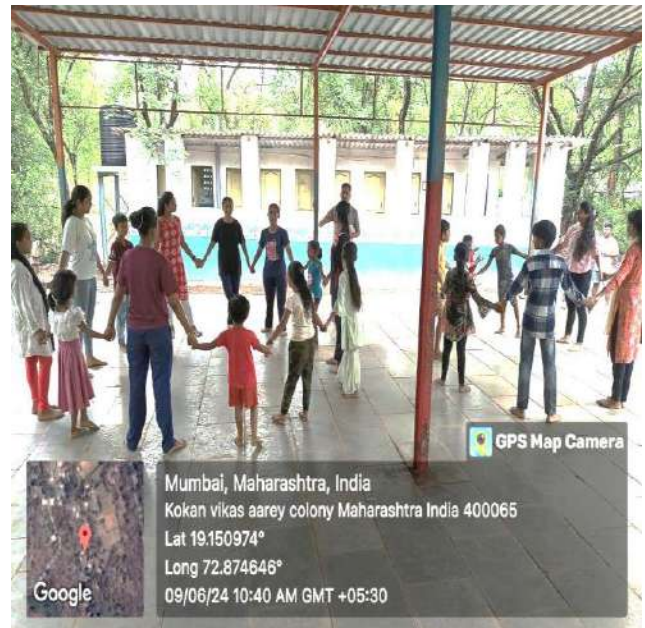
Time management games were conducted by Mr. Kiran Khernaar Adventure Specialist to teach the importance of managing time effectively. These games helped children to enhance their productivity and organizational skills through fun and engaging activities.

First Aid Training:

First aid training was provided to equip community members with basic medical skills to handle emergencies like making stretchers from the bad sheet , different types of knots etc. The training covered essential first aid techniques and procedures, preparing children and communitors to respond effectively in case of accidents or health issues all techniques were shown with the demonstration with the help of our NSS volunteers and NCC cadets . The trainer was Mr. Kiran Khernaar Adventure Specialist.

Awareness Session on Nutritional Health:

An awareness session on nutritional health was conducted by our alumina Ms. Kirti Pandey from DAF Foundation. The session emphasized the importance of a balanced diet and healthy eating habits with the help of chart, providing practical tips on how to maintain good nutrition with locally available foods.







Day 7: June 10, 2024

Yoga and Exercise:

The last day of the camp was began with yoga and exercise sessions to promote physical fitness and mental relaxation. These sessions included basic yoga poses and light exercises designed to suit all age groups, emphasizing the importance of maintaining a healthy body and mind.

Valedictory Function:

The camp concluded with a valedictory function, featuring speeches from children, celebrating the successful collaboration and promising to maintain ongoing support and engagement with the community.

On the last day the children presented different cultural programs including solo dance, group dance and a beautiful group dance by Lazhim and the children sang songs reflecting what they had learned in the seven days of the camp.

The summer camp at Vanicha Pada was a resounding success, achieving its objectives of promoting health, education, environmental awareness, and cultural exchange. The week-long activities fostered a strong sense of community, empowered individuals with new skills, and left a lasting impact on the residents of Vanicha Pada.



International Yoga Day Celebration

On June 21, 2024, the NSS Unit, NCC, and Sports Department marked International Yoga Day with a vibrant and well-organized celebration that saw active participation from students, faculty, and staff in the College Common Room. The event was designed to emphasize the holistic benefits of yoga and to foster a sense of community and well-being among all attendees.

The day's activities commenced with an inauguration ceremony led by the Principal, Dr. Archana Patki. In her opening address, Principal Madam highlighted the significance of yoga in promoting physical and mental health and encouraged everyone to incorporate yoga into their daily routines. Her speech set a positive tone for the day's events, underscoring the institution's commitment to the holistic development of its community.

Our Vice Principal Dr. Avaneesh Bhatt has addressed the students about how yoga is beneficial to them and, the importance of yoga and he also told the students that yoga is not related to any religion or the class of the people. He also describes the word yoga, in which he said that yoga is not only exercises but its and starching the body for a healthier life.

After this Mrs. Renuka Prajapati, in charge of the Arts Faculty and Zonal Coordinator NSS Cell, gave a brief introduction about the theme of this year ie. "Yoga for Women Empowerment". In this, she focused on yoga, a transformative practice, that represents the harmony of mind and body, the balance between thought and action, and the unity of restraint and fulfillment. It integrates the body, mind, spirit, and soul, offering a holistic approach to health and well-being that brings peace to our hectic lives.

Following the inauguration, a comprehensive yoga session was conducted by Ms. Ramangi Belwalkar and Rajeshree Dongre, a certified yoga instructor from Vivekanand Kendra Kanyakumari Dadar. The session, which lasted for one and a half hours, included a yoga prayer, a variety of warm-up exercises, asanas (postures), pranayama (breathing techniques), and a brief meditation. Participants from all age groups joined with energy and enthusiasm. The session focused on enhancing flexibility, strength, and mental clarity, and was well-received by all participants.

A poster and slogan competition was also organized, which provided a platform for students to showcase their skills. The competition fostered a healthy competitive spirit and encouraged students to engage deeply. Prizes were awarded to the Best three Posters and slogan, which added an element of excitement and motivation to the event.

On behalf of Nehru Yuva Kendra Mumbai- Ministry of Youth Affairs and Sports, Mr. Mahesh Navale, Karate Trainer of the college was presented in the programs and boosted the enthusiasm of all the students by giving certificates which were given by the Government of India.

The event saw an impressive turnout, with over 150 participants taking part. The enthusiastic response and positive feedback from participants underscored the success of the event. Many expressed a desire for more such events and regular yoga classes on campus, indicating a growing interest in incorporating yoga into their daily lives.

In the end, the participants took the oath to practice yoga in their daily lives for healthy lives and also told the other family members and neighborhood the same.

Outcome :

The institution plans to make this an annual event, with continued efforts to integrate yoga and wellness practices into the campus culture.

Photo Glance





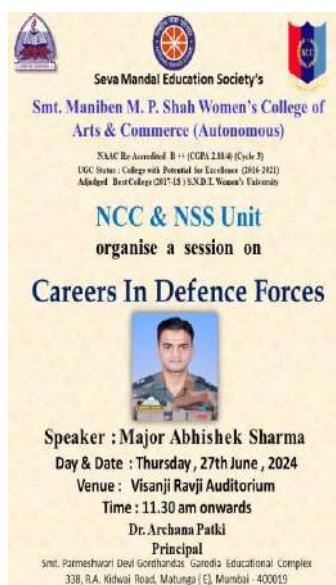
Session On The Occasion Of World Drug Day

26th June 2024 , NSS unit in collaboration with Student Prahari Club organised an interactive session on the occasion of "World Drug Day" with counselor Ms. Vedashree Bhagwat. It was very enlightening session and truly inspired our students to stay away from any substance abuse and live happy & healthy life as well.



Career In Defence Force

27th June 2024, N.S.S. and N.C.C. unit of Smt. Maniben M.P. Shah Women's college had organised a session on "Career in defence force" by Major Abhishek Sharma. Major Abhishek Sharma's session on "Career in defence force" have been incredibly insightful for the students interested in joining the Indian Army. the session was fruitful and informative, providing detailed information about the process of joining the defence forces and the benefits associated with it. Session has played a crucial role in guiding students towards understanding their career options and opportunities in the armed force. Total 250 students has attended the session.



Tree Plantation

1st July 2024, NSS unit collaboration with Lions Club of Sion has organised the Tree Plantation drive at the college campus. 7 saplings were planted.



Umbrella Distribution

1st July 2024, NSS Unit in collaboration with Lions Club of Sion had distributed the 100 umbrellas for the needy girls of Smt . M.M.P Shah Women's College.



Mutthi Anaaj Daan

6th July 2024, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 200 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest was Lion Viraf Mistry, District Governor Dist. 3231 A1.

On the same day, 125 dozen Notebooks and 50 Hindi Reliable is also given to the needy students.



Poster and Slogan Competition on World Population Day

10th July 2024, On account of World Population Day, NSS unit has organised Poster and Slogan Making Competition on population explosion its aims to raise awareness about population explosion and its consequences. Students who submitted creative posters and slogans conveying the importance of population control and sustainable living. Total 50 students has participated in this.

Poster and Slogan Competition



Session on Population Crisis

On 12th July 2024, NSS Unit has organised the session on Population Crisis. Guest Speaker was Dr. Swati Mohite. Total 45 students attended. The primary aim of addressing the population crisis is to achieve a sustainable balance between population growth and the availability of resources, ensuring economic stability, environmental protection, and an improved quality of life for all individuals.



Personality Development And Menstrual Hygiene

27th July 2024, NSS Unit in collaboration with Whisper India organised an awareness program for all the FY and SY students on “Personality development and menstrual hygiene” by Ms. Pooja Shah. Personality development and menstrual hygiene are crucial for fostering overall well-being and empowerment. Personality development enhances self-confidence, communication skills, and emotional intelligence, enabling individuals to thrive personally and professionally. On the other hand, menstrual hygiene ensures health, dignity, and comfort during menstruation, breaking stigmas and improving participation in education and work. Together, these aspects contribute to holistic growth by promoting self-awareness, resilience, and equality, empowering individuals to lead confident and healthy lives. The objective of the program was to Enhance Self-Confidence and Empowerment and ensure access to menstrual hygiene education and resources while addressing societal stigmas, enabling individuals to participate fully in education, work, and social activities. After the session she gave the free gift hamper to all the students. Total student 225 attended.



Historical Heritage Visit

On 30th July, 2024, the NSS unit organized a Historical Heritage Visit for 35 junior and senior students, accompanied by Rakesh Singh. The visit aimed to provide students with insights into India's rich history and culture.

On Same day under the initiative of “Ek Ped Maa ke Naam” 15 sapling was distributess to the students for planting in our college premises.



Hiroshima Awareness Session

On 1st August 2024, the NSS Unit and Green Club, in collaboration with the Mumbai Sarvodaya Mandal, organized a meaningful Hiroshima Awareness Session. The session, led by Mr. Y. Bajrang Sonawane and his team, aimed to enlighten students about the historical significance of Hiroshima and promote the values of peace and non-violence. The event witnessed enthusiastic participation, with a total of 275 students attending and engaging actively in the discussions. This initiative underscored the importance of remembering history to build a harmonious future.



Awareness about Organ Transplant and Donation

On 3rd August 2024, the NSS Unit of Smt. Maniben M.P. Shah College of Arts and Commerce organized a session on "Awareness about Organ Transplant and Donation" to commemorate World Organ Donation Day. The session was conducted by Ms. Namrata Subhash Chopdekar, who highlighted the numerous benefits of organ donation and emphasized its importance in saving lives. A total of 110 students attended the session, actively participating and gaining valuable insights into the noble act of organ donation. This initiative aimed to inspire and encourage students to contribute to this life-saving cause.



Leadership Camp

From 1st to 3rd August, 2024, Our NSS volunteer Jogdand Durga Shivdas, TYBA attend Leadership Camp at Kushtharog Nivaran Samiti, Shantiwan, Nere – Panvel. The 3-day camp aimed to develop leadership skills and promote teamwork among participants. Through various activities such as team-building exercises, leadership workshops, and group discussions, participants gained valuable insights and skills, including effective communication, problem-solving, and decision-making. The camp was a huge success, with participants leaving with newfound confidence and leadership abilities.





Hiroshima Day Rally

6th August 2024 , 85 volunteers participated in the Hiroshima Day rally organized by Sarvodaya Mandal Mumbai from Azad Maidan to Hutatma Chowk to mark the atomic bomb attack on the Japanese cities of Hiroshima and Nagasaki by the USA during World War II



Mutthi Anaaj Daan

10th August 2024, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 250 students were fortunate to get 5 kg of Rice and 2 kg of dal.

On same day NSS Unit distributed total 20 saplings to the 10 NSS volunteers and 10 Nature Club students of the college.



Tree Plantation at Vanicha Pada

12th August 2024, NSS Unit in collaboration with Debabrate Auro Foundation organised the Tree Plantation at Vanicha Pada under the initiative of Ek Ped Maa Ke Naam . Total 22 sapling was planted. Total 15 volunteers along with 1 program co-ordinator.



Collection Of Rakhis

16th August 2024 , NSS Unit has taken initiative for collecting the rakhis from the teachers, Non – Teaching , students and NSS volunteers. Total 1200 rakhis were send to the solider at Siachen Glacier .

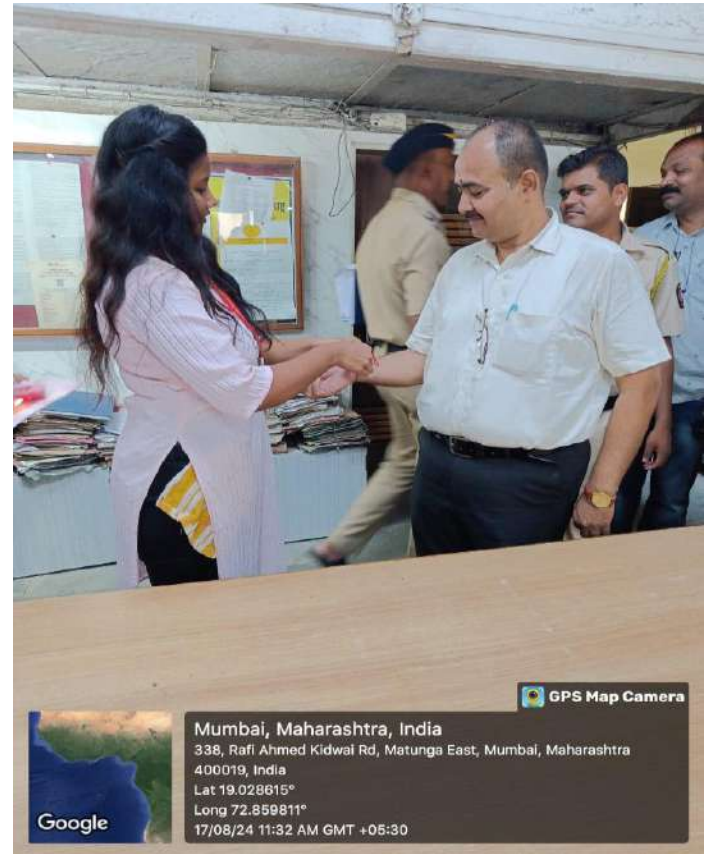


Raksha Bandhan Celebration

On 17th August 2024, the NSS unit and Leo Club of Smt. MMP Shah College celebrated Raksha Bandhan in a special way by visiting the Sion Police Station and Matunga Police Station. A group of 10 NSS volunteers, along with 1 NSS Program Officer, tied rakhis to the police officers as a token of respect and appreciation for their hard work in keeping our community safe.

The event was a way to honor the dedication of the police force and to strengthen the bond between students and law enforcement officers. The police officers warmly welcomed the volunteers and appreciated their kind gesture.

This celebration not only made Raksha Bandhan more meaningful but also helped the students understand the importance of showing gratitude to those who protect us. The event ended on a happy note, with students and officers sharing smiles and good wishes.



Rakhi Sale

25th July to 16th August 2024, NSS volunteers helped Divyang children of & Dr. A.V. Mehta's V.D.Indian Society for Mentally Challenged Vocational Training Centre, Malad. NSS Volunteers Sold Rakhi, to the college students by visiting all the classrooms with view to give a forum to the differently able students to display their skills and talents. It also provided valuable revenue for the rehabilitation center. Total 25 NSS volunteers had took part. Approx. Rs. 2,400 /-



Har Ghar Tiranga Rally

14th August 2024, NSS Unit in collaboration with NCC and Green Club organised Har Ghar Tiranga Rally from College to Maheshwari udyan and khalsa College . More than 160 volunteers were participated. The rally was inaugurated by Dr. Archana Patki, Principal. At the end our management member also join the rally in the foyer.

On same day Selfie point was displayed in the college campus for clicking the selfie and uploaded on the Har Ghar Tiranga Portal and also they received certificate.

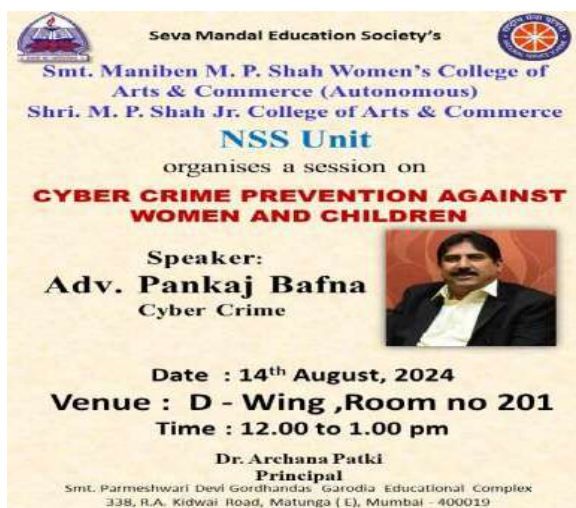




Cyber Crime Prevention against women and Children

On 14th August 2024, the NSS unit organized an insightful session on the topic “Cyber Crime Prevention Against Women and Children.” The session was conducted by Adv. Pankaj Bafna, an expert in cybercrime. The program aimed to educate participants about the various forms of cybercrime targeting women and children, providing them with knowledge and strategies to stay safe in the digital world.

A total of 175 enthusiastic volunteers attended the session, demonstrating keen interest and active participation. The event highlighted critical aspects of online safety, legal frameworks, and preventive measures, empowering attendees to be more vigilant and informed in their online interactions. This initiative reflected the NSS unit's commitment to raising awareness and promoting safety in the community.



Orientation

On 22nd August 2024, the Green Club organized an Orientation which was led by Mr. Avadhut Abhyankar and Mr. Vijay Sapkal to promote environmental awareness and sustainability. A total of 75 NSS volunteers attended the session, where the speakers discussed key environmental issues, the importance of tree plantation, waste management, and ways to reduce carbon footprints. The session was highly engaging, inspiring volunteers to adopt eco-friendly practices and fostering a sense of responsibility toward environmental conservation.



Nature Trail

On 25th August 2024, the NSS unit organized a Nature Trail at Khopoli Gagangiri Maharaj Temple, with 22 students and 3 teachers participating. The trail aimed to promote environmental awareness, physical fitness, and a deeper connection with nature. Participants explored the serene surroundings, discussed local biodiversity, and learned about ecological conservation. The event also fostered teamwork and a sense of responsibility toward nature, reinforcing the NSS unit's commitment to sustainability and environmental consciousness.



Body Organ Donation Awareness Poster And Slogan

On 31st August 2024, the NSS unit organized a meaningful awareness initiative focusing on body organ donation. The event involved creating impactful posters and slogans to educate and inspire the community about the importance of organ donation. A total of 55 dedicated volunteers actively participated in this campaign, showcasing their creativity and commitment to this noble cause.

The activity aimed to highlight the significance of organ donation in saving lives, breaking societal myths, and encouraging individuals to pledge their organs. Volunteers designed thought-provoking posters and crafted slogans that effectively conveyed the message of generosity and hope associated with organ donation. This initiative not only raised awareness but also fostered a spirit of compassion and social responsibility among the participants and the larger community.



Workshop On Eco-Friendly Ganesha Making

2 September 2024, NSS unit organized a workshop on Eco-Friendly Ganesha Making, conducted by Ms. Shruti Vashishtha from Sanskar Foundation. The workshop aimed to create awareness about the environmental impact of traditional Ganesha idol-making materials and promote sustainable practices during festivals. 26 students participated in this hands-on workshop, learning how to create eco-friendly Ganesha idols using natural and biodegradable materials.



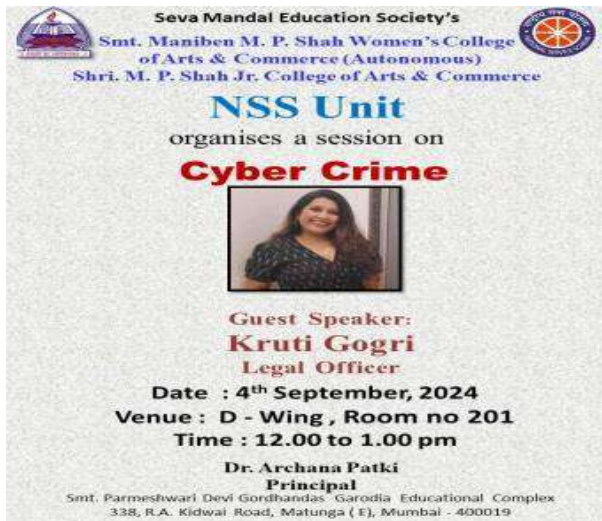
Dakshaben Memorial Lecture

On 3rd September 2024, a total of 110 NSS volunteers attended the Dakshaben Memorial Lecture held at the auditorium. This event served as a tribute to Dakshaben's legacy and was an opportunity for the attendees to gain valuable insights and inspiration.

Session On Cyber Crime

On 4th September 2024, the NSS unit organized an informative session on Cyber Crime, conducted by Kruti Gogri, a Legal Officer. The session aimed to raise awareness about the various forms of cybercrime, the legal repercussions, and the measures to safeguard oneself in the digital space. A total of 155 volunteers actively participated in the session, showing great enthusiasm and interest in understanding this critical issue. The event provided valuable insights

into the legal aspects of cybercrime, empowering participants to recognize, prevent, and address potential online threats effectively. This initiative demonstrated the NSS unit's commitment to equipping students with essential knowledge for navigating the digital world responsibly and securely.



Swachhta Hi Seva Abhiyan

On 5th September 2024, as part of the Swachhta Hi Seva Abhiyan project, the NSS Unit organized a comprehensive cleanliness campaign that focused on both the college campus and the community. The initiative began with a campus cleaning drive where 30 NSS volunteers and 3 Program Officers (POs) actively participated. Various areas of the college, including classrooms, corridors, and open spaces, were thoroughly cleaned, emphasizing the importance of maintaining a clean and healthy learning environment.

Following this, a group of 15 NSS volunteers extended their efforts to Reay Road Station for a community-focused cleanliness drive. As part of this initiative, the volunteers performed an engaging skit to raise awareness about the Swachhta Hi Seva mission, showcasing the significance of cleanliness in daily life. Additionally, they conducted a spirited Swachhta Rally, carrying posters and chanting impactful slogans to inspire the public to adopt cleanliness in public spaces. This dual effort not only reinforced the message of cleanliness within the campus but also spread awareness to the wider community, reflecting the NSS Unit's dedication to fostering civic responsibility and environmental stewardship.



International Literacy Day

10th & 11th September 2024, On the occasion of "International Literacy Day," celebrated on September 8th, As part of the event, students engaged in reading books and storytelling (छोट्या गोष्टी मोठा खजिना वाचन अभियान), where they expressed their views and shared their insights. The event was conducted virtually, and students actively participated by sending photos of their activities to the Pratham organization. This initiative helped in fostering a love for reading and creative expression among the participants, making it a successful and engaging learning experience for all involved. Total 57 volunteers were involved in this activity..



Awareness Session On E-Waste Management

13th September 2024, NSS Unit organised an awareness session on E-Waste Management . The resource person for the session was Ms. Shruti Vashishtha, Project Manager at Sanskar India Foundation. The session focused on the importance of proper disposal and recycling of e-waste to protect the environment. It is successfully raised awareness among students about responsible e-waste management practices. Total 168 students and 2 NSS PO and teachers attend.



Mutthi Anaaj Daan

14th September 2024, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 250 students were fortunate to get 5 kg of Rice and 2 kg of dal.



International Suicide Prevention Conference

21st September 2024 Our 13 volunteers has attended the International Suicide Prevention Conference at Churchgate campus organised by the SNTDWU. The International Conference on Suicide Prevention Day aimed to raise awareness, reduce stigma, and promote hope and support for those affected by suicide. With the theme "**Creating Hope Through Action,**" the conference emphasized the need for collective efforts in suicide prevention. Highlighting the urgency of the issue, it noted that approximately **703,000 people die by suicide annually worldwide**. The event called on governments, organizations, and individuals to strengthen mental health services, encourage responsible media reporting, and foster community engagement to help prevent suicide.

21 SEPTEMBER, 9 AM TO 2 PM
WORLD SUICIDE PREVENTION DAY CONFERENCE 2024

SISTERS LIVING WORKS
 REACHING OUT & SAVING LIVES

Sisters Living Works invites you to our 10th Annual Conference on Suicide Prevention.

- Panel Discussion- Suicide Reporting In India
- Understanding Mental Health Disorders and Suicidal Behavior
- Research Paper Presentation
- Destigmatizing Mental Health and Suicide in India
- Self-Care for Caregivers: Nurturing Mental Health While Supporting Loved Ones
- Performance by a Psychologist
- Addressing Suicide in LGBTQIA+

Scan to Register

QR Code

For more details write to us at conference2024@sisterslivingworks.org
www.sisterslivingworks.org

Last Date for Registration: 31st August, 2024. (Certificates and snack boxes will be provided.)

Talk Away The Dark!

Venue: Patkar Hall, SNTD College, Churchgate



Poster and slogan

On 23rd September 2024, the NSS Unit conducted a poster and slogan-making activity as part of the Swachhta Hi Seva initiative. This event aimed to raise awareness about cleanliness and encourage participants to actively engage in promoting hygiene and sanitation. A total of 68 students attended the session, showcasing their creativity by designing impactful posters and crafting powerful slogans that emphasized the importance of cleanliness in daily life. The activity not only allowed students to express their ideas on maintaining cleanliness but also reinforced the message of Swachhta Hi Seva as a key responsibility for a cleaner and healthier environment.



Session On Soft Skills And Personality Development

On 24th September 2024, as part of the NSS Day celebration, the NSS Unit organized a session on Soft Skills and Personality Development. The session was conducted by Priya Gogia, an expert in personal development, who shared valuable insights on enhancing soft skills such as communication, leadership, and teamwork, as well as strategies for overall personality growth. The session was attended by a total of 168 students, along with 2 NSS Program Officers (POs) and teachers, all of whom actively engaged in learning ways to improve their personal and professional skills.



On the same day, the NSS Unit also organized an Essay Writing Competition on topics related to Swachhta Hi Seva. This competition aimed to encourage students to express their views on cleanliness and the importance of maintaining a clean environment. A total of 89 students participated in the competition, showcasing their creativity and understanding of the theme. Both events successfully contributed to the celebration of NSS Day and promoted key values of self-improvement and social responsibility among the students.



NSS Orientation

25th September 2024 , The NSS Unit Organized NSS Orientation for All FY Stream by Renuka Prajapati, NSS Zonal Cordinator. A total of 200 students , two PO& 2 teacher attended. She explained the program's principles, objectives, and activities. It educates volunteers on community service, social responsibility, and civic engagement, fostering leadership skills and sustainable development. Through interactive discussions and team-building activities, participants are empowered to make meaningful contributions to their communities.



Mega Beach Cleanup

28th September 2024, Smt. MMP Shah Women's College of Arts and Commerce in association with Future India NGO, is conducting a Mega Beach Cleanup at Dadar aligning with the theme 'Swachhata Hi Seva.' 35 volunteers and one NSS Program Officer has been participated in this community service initiative.



Blood Donation Camp

On 28th September 2024, On the occasion of National Voluntary Blood Donation Day NSS unit of MMP Shah Women's college and other 3 colleges of Seva Madal organised a blood donation drive was organized, attracting 126 students, teachers, and office staff to participate. However, due to health-related reasons such as low hemoglobin levels and low weight, 62 individuals were unable to donate blood. Despite this, 64 students and staff members successfully donated blood, contributing to this noble cause. The event demonstrated strong participation and support from the college community in saving lives and helping those in need.



The Annual Shri Mohan Pathak Endowment Lecture

1st October 2024, The Annual Shri Mohan Pathak Endowment Lecture, organized by Dr. BMN College of Home Science, focused on the relevance of Gandhian Philosophy. Dr. Uma Maheshwari Shankar was the guest speaker, sharing insights on Gandhi's principles of truth, non-violence, and simplicity. She highlighted their significance in addressing contemporary social challenges. The lecture was attended by 125 volunteers, who actively participated in discussions. The event successfully encouraged reflection on the practical application of Gandhian values in modern life, making it a memorable and impactful session for all.



Swachhata Hi Seva" Awareness Rally

1st October 2024, Smt. MMP Shah Women's College's NSS Unit organized a "Swachhata Hi Seva" Awareness Rally from college to Maheshwari Circle. 65 NSS volunteers and 2 Program Officers participated, spreading cleanliness and community service awareness through posters and slogans. After the rally, the volunteers returned to their classrooms and took the Swachhata Shapath, reaffirming their commitment to maintaining a clean and healthy environment.



Gandhi Jayanti Peace Rally

2nd October 2024, NSS unit of MMP Shah women's college and Lions Club of Sion has organised the Gandhi Jayanti Peace Rally from Lion Tarachand bappa hospital to M. P Bhuta Sarvajanik School and surrounding area of Jain society. The Chief Guest was Lion Viraf Mistry inaugurated the rally at the starting point Lion Tarachand Bappa Hospital. 265 NSS volunteers from Sr. college and Jr. College participated in this rally.



Cleanliness Drive

On 2nd October 2024, the NSS Unit of M.M.P. Shah Women's College organized a cleanliness drive on the college campus under the *Swachhata Hi Seva* initiative. The objective of the drive was to promote cleanliness and hygiene while paying tribute to Mahatma Gandhi's vision of a clean and healthy India. As part of the initiative, students and Non teaching staff cleaned college campus and surrounding area. The drive successfully raised awareness about cleanliness, encouraged community engagement, and inspired students to adopt sustainable practices to maintain a clean campus.



Oath On Swachhata Hi Seva

2nd October 2024, NSS unit and Leo Club of MMP Shah College has took the oath on Swachhata Hi Seva . The college organized a cleanliness oath-taking ceremony to promote hygiene and sanitation among students, teachers, and staff. The event encouraged participants to take responsibility for maintaining a clean campus. Inspired by the oath, they pledged to uphold cleanliness and hygiene in their surroundings. The aim of this oath is to create awareness and commitment to cleanliness and sanitation in society.



5th October 2024, NSS unit in collaboration with the Lions Club of Sion organised the Projects like :

Mutthi Anaaj Daan

A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 250 students were fortunate to get 5 kg of Rice and 2 kg of dal.



**Eye
Chec**

k-up Camp

An Eye Check-up Camp was organized for 100 students to promote eye health awareness and provide essential vision screenings. The event was held at Prangan on 5th October 2024 with certified optometrists conducting tests for visual acuity and other common eye conditions. Volunteers assisted with registration and guided students through the process. Students requiring corrective eyewear were directed to local opticians, while those with more serious eye issues were referred for further medical attention. The camp successfully raised awareness about eye health and provided valuable services to the students.



Sapling Distribution

A sapling distribution event was held to promote environmental awareness and encourage sustainable practices, with 50 saplings distributed to students and community members. The event took place at Visanji Ravji Auditorium on 5th October 2024, where participants were provided with various types of saplings, along with information on how to care for them. The initiative aimed to inspire the local community to contribute to green spaces and foster a sense of responsibility toward environmental conservation. Through this event, participants not only received saplings but also gained valuable knowledge about the importance of trees in improving air quality and supporting biodiversity.



Save the Girl Child Ek Sankalp – Each One Teach One

The "Save the Girl Child Ek Sankalp – Each One Teach One" initiative was launched to empower young girls through education and promote gender equality. The event, held on 5th October 2024 at Visanji Ravji Auditorium provided free education opportunities to underprivileged girl students by offering freeships for their studies. The program aimed to encourage community participation, where individuals pledged to teach and support the education of young girls. By providing these freeships, the initiative sought to break barriers to education for girls and create a more inclusive environment for learning. This initiative not only addressed educational disparities but also emphasized the importance of fostering equality and empowerment for girls in society.



Sakhi Saree

The "Sakhi Saree" initiative was organized to support and empower needy women staff members of the college by providing them with sarees. Held on 5th October 2025 at Visanji Ravji Auditorium the event aimed to offer a gesture of appreciation and dignity to women staff members facing financial difficulties. Each recipient was given a saree, allowing them to feel valued and respected in their roles. The initiative highlighted the college's commitment to the welfare of its employees, fostering a sense of community and support among the staff. Through this thoughtful gesture, the program not only provided practical assistance but also promoted a culture of kindness and inclusivity.



National Level Competition

On **6th September 2024**, we received the **Best Social Initiatives Award** in various categories at the **All India-level Bhavishya Bharat Competition**, organized by **Khandwala College, Malad**. We were honored with the **1st Runner-up Award for Best Social Initiative for Eradicating Hunger** and the **Consolation Prize for Best Social Initiative for Tribals**. This recognition reflects our commitment to impactful social work and motivates us to continue making a difference in society.



Reading Session

On 15th October 2024, in honor of Dr. APJ Abdul Kalam's birthday, the NSS Unit, in association with the Marathi Department, organized a reading session aimed at promoting literacy and inspiring students. The event, attended by 30 students and four faculty members, featured readings from Dr. Kalam's works, along with motivational speeches that highlighted his contributions to education and nation-building. The session encouraged participants to value knowledge, self-discipline, and perseverance, reinforcing the importance of literacy in shaping a better future. It was an enriching experience that not only celebrated Dr. Kalam's legacy but also fostered a love for reading and learning.



Voting Awareness

21st October 2024, The Wadala Vidhan Sabha Election Returning Officer collaborated with the NSS Unit at Smt. Maniben M.P. Shah Women's College to inspire young voters to participate actively in the upcoming elections. During the event, the Returning Officer read a resolution encouraging youth engagement in the voting process. All attendees took a pledge to exercise their voting rights, highlighting their commitment to democratic participation and community development.

This initiative underscores the NSS's mission to promote civic responsibility, ensuring that young voters are informed and motivated to contribute to society through the electoral process



Clothes Donated

21st October 2024, Clothes donated by Rotarian Sanjeev Mehta were distributed to needy college students. The clothes that are in good and wearable condition are collected from the staff members, students and are given to the needy students. The enthusiasm for this noble task was remarkable. The volunteers conducted a motivational drive to collect more and more clothes. In the college itself, some students are extremely poor and find it difficult to buy clothes. These clothes have been given to them in a very confidential manner so that their feeling of dignity and self-respect could not be hurt.



Cleanliness Drive

23rd October 2024, NSS unit of Smt. MMP Shah Women's College, Matunga, organized a cleanliness drive at the Sion Koliwada vegetable market, supported by social worker Shri Jasbir Singh Bira. A total of 28 students participated, actively cleaning the market area to promote hygiene and community well-being. The initiative aimed to raise awareness about maintaining a clean environment in public spaces.



Voting Awareness Rally

23rd October 2024, NSS unit of MMP Shah Women's College, Matunga, organized a voting awareness rally in the Sion Koliwada area. The event featured posters and slogans to encourage voter participation. A group of students performed a skit titled "Chhod ke Apne Sare Kaam - Chalo Karen Pehle Matdan" to emphasize the message that voting is a fundamental right. The rally aimed to raise awareness about the importance of exercising the right to vote in a democratic society.



Awareness Session on White-Collar Crime

23rd October 2024, NSS Unit organised the Awareness Session on White-Collar Crime Speaker was Dr. Swati Mohite. The White-Collar Crime Awareness Session aimed to educate participants on the concept, types, and impact of white-collar crime, highlighting ways to identify and prevent such offenses. Dr. Swati Mohite explained how these non-violent crimes, often committed by individuals in positions of power for financial gain, have severe social and economic consequences. The session covered key types of white-collar crime, including embezzlement, fraud, bribery, and insider trading, with real-world examples. A notable case study on the Enron scandal illustrated the devastating effects of corporate fraud, leading to bankruptcy and executive conviction. Total 88 volunteers and two NSS officers in attendance.



Voting Awareness Rally

24th October 2024, Following the direction of Wadala Vidhan Sabha Matdar Sangh, the NSS unit of Smt. MMP Shah Women's College, Matunga, in collaboration with the Leo Club of the college, organized a Voting Awareness Rally. The event featured posters and slogans to encourage voter participation. A group of students performed a skit titled "Chhod ke Apne sare kaam, chalo karen pehle Matdan" at Maheshwari Udyan, emphasizing the importance of prioritizing voting.



Voting Awareness Poster And Slogan

On 25th October 2024, a voting awareness campaign was organized by the NSS Unit, where 58 dedicated volunteers participated in preparing informative posters and creating impactful slogans. The initiative aimed to raise awareness about the importance of voting and the civic responsibility of every citizen. Volunteers worked collaboratively to design visually appealing posters and craft compelling slogans to encourage eligible voters to exercise their democratic rights. The campaign was a significant step in promoting electoral participation and empowering individuals to actively contribute to the democratic process.



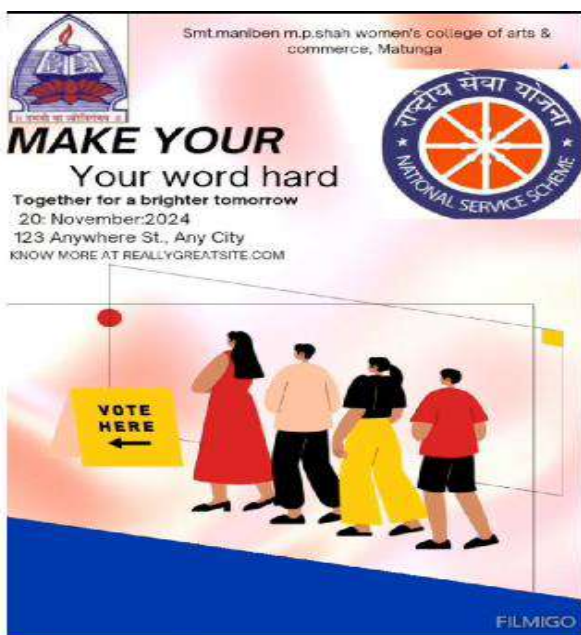
Free Eyeglasses Distribution

24th-25th October 2024, Free Eyeglasses Distribution in collaboration with the Lions Club of Sion, free eye exams and eyeglasses were provided to 75 students in need, aiming to support student health and academic success. The initiative aimed to enhance learning opportunities by addressing vision-related challenges, ensuring that no student is hindered in their education due to poor eyesight. The event was a meaningful step toward promoting health and well-being among students, emphasizing the importance of regular eye care.

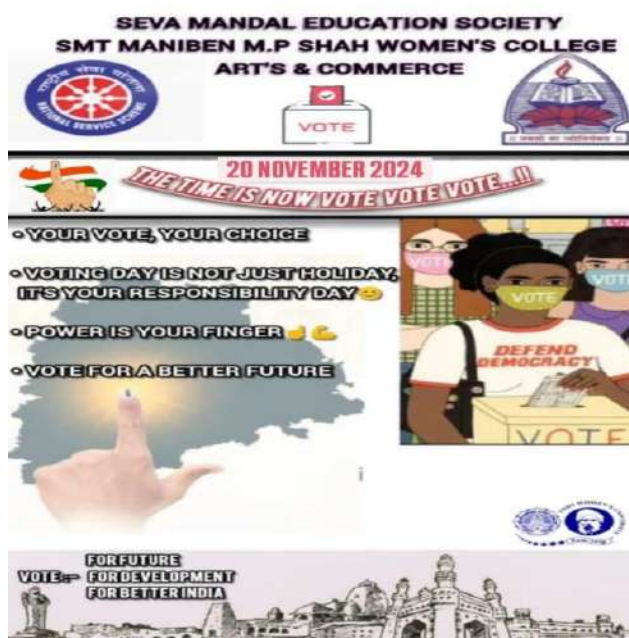
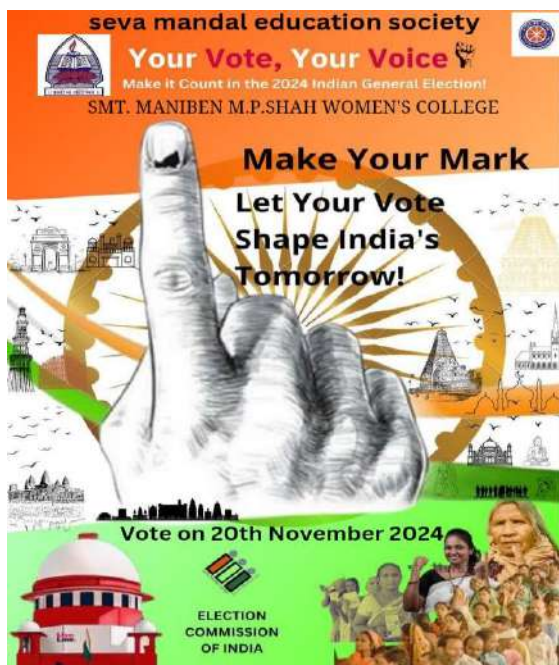


Prepared Digital Posters And Videos

From 24th October onwards NSS volunteers prepared digital posters and videos to further promote voting awareness in collaboration with the Wadala Matdar Sangh.



Name : shaikh hajra bee faiyaz
Std : SYBA hindi department.
Roll no : 34



Training Camp

On November 13, 2024, a training camp organized by the NSS Department of SNDT Women's University at Sir Vitthaladas Thackeray College of Home Science, Juhu Campus, in preparation for the Vidhan Sabha General Elections was conducted in a very creative manner. In this camp, Mumbai District SVEEP Ambassador and Motivational Coach, Dr. Subhash Dalvi, the present campus ambassador, gave effective guidance to the students on increasing voter turnout and personality development through self-confidence and voter awareness. Our 2 NSS volunteers along with 1 NSS Programme Officer has attended the same. The attendees were made aware of the importance of voting and took the oath "I am a voter".



 **S.N.D.T Women's University**
SIR VITHALDAS THACKERSEY COLLEGE OF
HOME SCIENCE
(EMPOWERED AUTONOMOUS STATUS)

 **SVT WOMEN'S UNIVERSITY**
SVT COLLEGE OF HOME SCIENCE
(EMPOWERED AUTONOMOUS STATUS)

NSS Cell
In collaboration with
**Office of the District Collector,
Mumbai Suburban District**
Invites you to join us for the

**Voter Awareness and Education Program
(SVEEP 2024)**

Date: 13th November 2024 Time: 10:00am-3:00pm

**Venue: Smt. Nina Sudhir Thackersey Seminar Hall,
SVT College of Home Science
(Empowered Autonomous Status)**

◆ Event Highlights ◆

- Interactive Awareness Session on Voting Rights & Responsibilities
- Voter Registration Drive Workshop
- Youth Pledge for Voting
- Youth Rally for Voter Awareness
- Reel & Slogan Competition

◆ Guest Speaker ◆
Mr. Subhash Dalvi
SVEEP Member

Let's come together to empower every vote!

Contact for more information
Dr. Sulakshana Mane Mohan
Nss Program Co-ordinator
Email: sulakshana.mane@svt.edu.in
Phone: +91 98337 53778



Essay Competition On Voting Awareness

On 14th November 2024, the NSS unit successfully organized an essay competition. The event saw enthusiastic participation from 30 students, showcasing their creativity and writing skills on diverse topics. The competition aimed to foster critical thinking and encourage students to express their perspectives on relevant issues. Participants displayed remarkable talent, and their essays reflected insightful ideas.



Voting Awareness Rally

On 15th November 2024, the NSS unit, Green Club , NCC Cell , Leo Club of MMP Shah College in collaboration with 180 Wadala Vidhansabha Matdar Sangh, organized a Voting Awareness Rally led by Shri Surendra Sawant. 176 students participated, carrying banners and posters promoting the importance of voting.

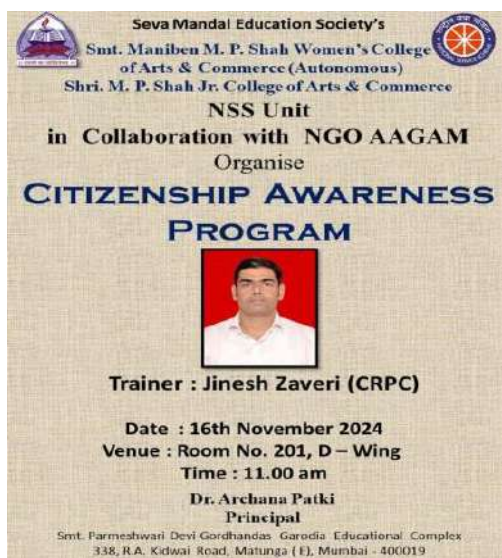
The rally was flagged off by Principal Dr. Archana Patki and concluded at Wadala station, where participants took a voting oath. The initiative aimed to raise awareness, encourage youth participation, and instill civic responsibility, fostering active citizenship among students. Dr. Rekha Shelar , Ms. Soni Singh , Suvarna Joshi has lead the rally along with the students.

Voting Awareness Rally



Citizenship Awareness Session

On 16th November, 2024, The National Service Scheme (NSS) unit of Smt. Maniben M.P. Shah Women's College of Arts and Commerce, in collaboration with NGO Aagan, organized a Citizenship Awareness session on November 16, 2024. Jignesh Zaveri led the session, enlightening participants about the Indian Constitution, its history, fundamental rights, and duties. The key topics covered included Indian Constitution and History, Fundamental Rights and Duties, Election Process and Online Form Filling, Benefits for Elders and Differently-Abled Individuals, EVM Machine History and Functioning, and Precautions for Using EVM Machines. The objective of this session was to enhance awareness about citizenship and voting rights, educate participants on the Indian Constitution and its significance, and empower students and NSS volunteers to participate in the democratic process.



Voting Awareness

On 18th November 2024, The Wadala Vidhan Sabha polling team organized a meeting to provide instructions to students regarding their role on the voting day and the importance of carrying their ID cards. The team guided the students on how to work in the polling hall, encouraging them to increase voter participation. They also gave instructions on how to communicate effectively with everyone and provided details about which phone numbers to use for coordination. Additionally, a list of girls assigned to specific tasks was distributed. 1 NSS Programme Officer along 1 brand Ambassador and 1 NSS volunteer.



Volunteers on Election Duty

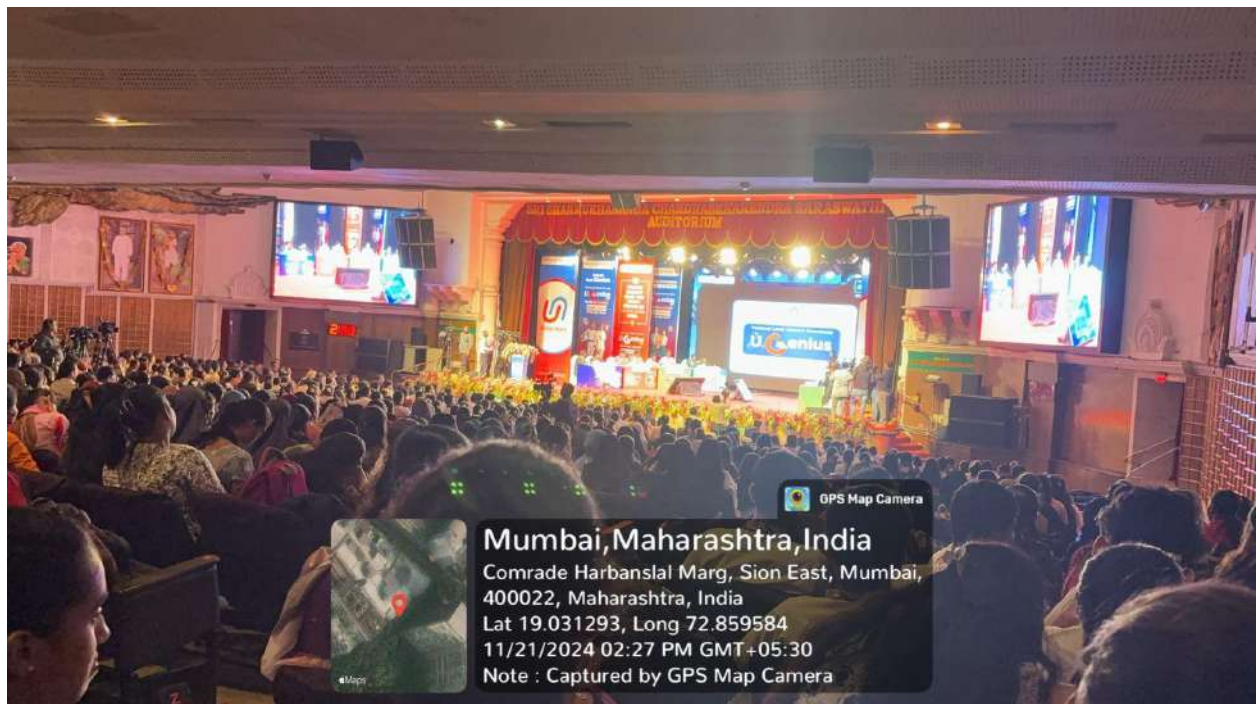
On 20th November 2024, Fifty-nine NSS volunteers from our institution actively participated in today's Election by volunteering at various polling booths. This endeavor demonstrates their commitment to civic responsibility and community service, aligning perfectly with the NSS motto, "Not Me But You". Through their participation, our volunteers gained hands-on experience in democracy and contributed to the smooth conduct of the electoral process, including assisting voters, providing information, and facilitating the voting process with integrity and transparency. This initiative showcases the institution's dedication to fostering responsible citizenship and community engagement among its students.





Quiz Competition

On 21st November 2024, 150 NSS volunteers attended GRAND FINALE of National General Awareness Quiz Competition (U-Genius 3.0) hosted by Union Bank of India at Sri Shanmukhananda Chandrasekarendra Saraswathi Auditorium, Matunga.



Constitution Day

On 26th November 2024, NSS Unit of Smt. Maniben M.P. Shah Women's College of Arts and Commerce celebrated Constitution Day with enthusiasm and patriotism. The event, organized by all departments, the NSS unit, and the Green Club, aimed to honor the adoption of the Indian Constitution and its values.

Principal Dr. Archana Patki and Guest of Honour, Lion Daara Patel, PDG, led a collective reading of the Preamble, joined by teachers, staff, and students. Lion Daara Patel inspired the audience with a speech highlighting the Constitution's role as a living guide for a just and equitable society.

The NSS unit also held a poster and slogan competition with 58 students participating. The celebration fostered unity and raised awareness about the Constitution's significance in shaping the nation.

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Elocution ON importance of the Indian Constitution

On 26th November 2024, After the Reading of Preamble, many NSS volunteers expressed their views on the in their classes. Along with this, the girls also expressed their views on the provisions of the Indian Constitution, women's laws, and women's empowerment. The Preamble of the Constitution is of immense general importance in explaining the philosophy, values, ideals, and purpose of the Constitution. It is important to read the Preamble of the Constitution collectively in the year of the Amrit Jubilee of the Indian Constitution to increase awareness about the Indian Constitution.



Poster And Slogan Competition ON Indian Constitution

On 26th November 2024, the NSS unit organized a poster and slogan competition on the Indian Constitution, with 58 students actively participating. The event aimed to foster unity and deepen awareness of the Constitution's significance in shaping the nation. Through creative expressions, students highlighted the values of justice, liberty, equality, and fraternity, reinforcing the importance of constitutional principles in everyday life.



Essay Competition & Session

As part of the Constitution Day celebrations on 25th November 2024, an essay competition was organized for the college students, drawing an enthusiastic response with 75 participants showcasing their thoughts and creativity. The competition provided a platform for students to reflect deeply on the relevance of the Constitution in contemporary times, its impact on citizens' lives, and its role in shaping India as a democratic and inclusive nation. Through their essays, students explored themes such as fundamental rights, duties, and the Constitution's vision of justice and equality. The overwhelming participation demonstrated the students' awareness and interest in understanding and appreciating the principles that guide our nation. The event not only encouraged critical thinking but also instilled a sense of pride and responsibility towards upholding constitutional values.

On same day , Ms. Harshada Thanekar , Operations Associate , Connect for EGO has conducted the session on Importance of Constitution day. She explained a thought-provoking speech on the significance of Constitution Day was delivered to commemorate the adoption of the Indian Constitution. The speaker eloquently emphasized how this historic day marks the foundation of India as a democratic republic, celebrating the visionary leadership of Dr. B.R. Ambedkar and the Constituent Assembly. Highlighting the Constitution as a living document, the speech reflected on its role in safeguarding individual rights, promoting equality, and ensuring justice for all. The speaker urged the audience to recognize their responsibilities as citizens in upholding constitutional values, stressing that active participation and adherence to these principles are crucial for a harmonious and progressive society. The speech concluded with a call to honor the sacrifices of those who fought for India's independence and to reaffirm the commitment to building a stronger democracy.



Film Screening

On 27th November 2024, the students watched an engaging short film that highlighted the significance of the Constitution as the cornerstone of governance and democracy. The film illustrated how the Constitution establishes the framework for laws, protects individual rights, and ensures justice and equality for all citizens. Through relatable examples and historical context, it emphasized the role of the Constitution in shaping a fair society and safeguarding freedoms. By presenting its relevance to everyday life, the film inspired students to appreciate and uphold the principles of democracy, fostering a sense of responsibility and active citizenship.



Display Of Posters And Slogans

On 28th November 2024, A vibrant display of posters and slogans adorned the college foyer, creating an inspiring atmosphere that captured the attention of students and visitors alike. The posters featured eye-catching designs and meaningful messages, reflecting themes of unity, social justice, and the importance of civic responsibility. Accompanied by powerful slogans, such as "Equality for All, Justice for Everyone" and "Our Constitution, Our Pride," the display served as a visual reminder of the values enshrined in the Constitution. This initiative not only enhanced awareness but also encouraged meaningful discussions among students, fostering a sense of collective commitment to democratic ideals.



रयत समाचार

28 Nov 2024

भारतीय संविधान अमृत महोत्सव उत्साहात साजरा

श्रीमती माणिबेन एम.पी. शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालयात कार्यक्रम

मुंबई । गुरुदत्त वाकदेकर
जगातील सर्वश्रेष्ठ समजल्या जाणाऱ्या भारतीय राज्यघटनेचे महत्त्व अधोरेखित करणारा अमृत महोत्सव संविधान दिन सेवा मंडळ एज्युकेशन सोसायटी संचालित श्रीमती माणिबेन एम.पी. शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालय, माटुंगा येथे मंगळवारी ता. २६ नोव्हेंबर रोजी राष्ट्रीय सेवा योजना आणि ग्रीन क्लब अंतर्गत पदवी व पदव्युत्तर कला, वाणिज्य शाखेतील सर्व विभागातील प्राध्यापक, विद्यार्थिनी आणि शिक्षकेतर कर्मचारी यांनी मोठ्या उत्साहात साजरा केला.
महाविद्यालयाच्या प्राचार्य डॉ.अर्चना पत्की यांच्या अध्यक्षतेखाली प्रमुख अतिथी लायन द्वारा पटेल पीजीडी यांनी संविधानाचे सामूहिक वाचन केले तसेच उपस्थित विद्यार्थिनींना संविधानाचे महत्त्व सांगून यापुढे तुम्ही त्याचे पालन करणार याची शाश्वती घेतली. संविधानाबद्दल आदर



प्रकट करत त्यानुसार आपले जीवन प्रेरित करावे, असे मनागतात त्यांनी व्यक्त केले. भारतीय घटनेचे शिल्पकार डॉ.बाबासाहेब यांच्या पवित्र स्मृतीस नमन करून संविधानाचे महत्त्व वर्गांमध्ये सांगण्यात आले.

संविधान दिनानिमित्त अनेक विद्यार्थिनींनी वर्गांमध्ये संविधानाचे महत्त्व आपल्या मनोगतातून व्यक्त केले. त्याचबरोबर संविधानातील घटना, महिलांचे कव्वे, महिला सक्षमकरण याविषयी देखील मुलींनी आपली

मते व्यक्त केली. भारतीय संविधानाचे तत्वज्ञान, मूल्य, आदर्श व संविधान निर्मितीचा उद्देश स्पष्ट करण्याकरिता संविधान उद्देशिकेचे अनेक साधरण महत्त्व आहे. राज्यघटनेबाबत जागरूकता वाढवण्यासाठी भारतीय संविधानाच्या अमृत महोत्सवी वर्षात या संविधानाच्या उद्देशिकेचे सामूहिक वाचन करणे हे महत्त्वाचे आहे. याचाच एक भाग म्हणून ता.२५ नोव्हेंबर रोजी महाविद्यालयातील विद्यार्थिनींकरिता निबंध स्पर्धेचे आयोजन करण्यात आले. विद्यार्थिनींना संविधानाचे महत्त्व सांगणारी एक छोटी विन्रक्ति दाखविण्यात आली. यासंदर्भात जनजागृती करण्याकरिता संपूर्ण महाविद्यालयात भितीपत्रके लावण्यात आली. संविधानावर आधारित भितीपत्रके आणि घोषणापत्रके तयार करणारी स्पर्धा आयोजित करण्यात आली होती त्यात ५८ विद्यार्थिनी सहभागी झाल्या होत्या.

राष्ट्र संसदसभेच्या संसदसभेसाठी जेटी विदेशाचारविभागात जेटीटी विदेश

स्वराज्य तोरण

'भारतीय संविधान अमृत महोत्सव' मोठ्या उत्साहात साजरा



मुंबई (गुरुदत्त वाकदेकर) : जगातील सर्वश्रेष्ठ समजल्या जाणाऱ्या राज्यघटनेचे महत्त्व अधोरेखित करणारा अमृत महोत्सव संविधान दिन सेवा मंडळ एज्युकेशन सोसायटी संचालित श्रीमती माणिबेन एम.पी. शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालयात साजरा केला.

पदवी व पदव्युत्तर कला, वाणिज्य शाखेतील सर्व विभागातील प्राध्यापक, विद्यार्थिनी आणि शिक्षकेतर कर्मचारी यांनी संविधानाचे सामूहिक वाचन केले तसेच उपस्थित विद्यार्थिनींना संविधानाचे महत्त्व सांगून यापुढे तुम्ही त्याचे पालन करणार याची शाश्वती घेतली. संविधानाबद्दल आदर प्रकट करत त्यानुसार आपले जीवन प्रेरित करावे, असे मनागतात त्यांनी व्यक्त केले. भारतीय घटनेचे शिल्पकार डॉ.बाबासाहेब यांच्या पवित्र स्मृतीस नमन करून संविधानाचे महत्त्व वर्गांमध्ये सांगण्यात आले. संविधान दिनानिमित्त अनेक विद्यार्थिनींनी वर्गांमध्ये संविधानाचे महत्त्व आपल्या मनोगतातून व्यक्त केले. त्याचबरोबर संविधानातील घटना, महिलांचे कव्वे, महिला सक्षमकरण याविषयी देखील मुलींनी आपली मते व्यक्त केली. भारतीय संविधानाचे तत्वज्ञान, मूल्य, आदर्श व संविधान निर्मितीचा उद्देश स्पष्ट करण्याकरिता संविधान उद्देशिकेचे अनेक साधरण महत्त्व आहे. राज्यघटनेबाबत जागरूकता वाढवण्यासाठी भारतीय संविधानाच्या अमृत महोत्सवी वर्षात या संविधानाच्या उद्देशिकेचे सामूहिक वाचन करणे हे महत्त्वाचे आहे. याचाच एक भाग म्हणून ता.२५ नोव्हेंबर रोजी महाविद्यालयातील विद्यार्थिनींकरिता निबंध स्पर्धेचे आयोजन करण्यात आले. विद्यार्थिनींना संविधानाचे महत्त्व सांगणारी एक छोटी विन्रक्ति दाखविण्यात आली. यासंदर्भात जनजागृती करण्याकरिता संपूर्ण महाविद्यालयात भितीपत्रके लावण्यात आली. संविधानावर आधारित भितीपत्रके आणि घोषणापत्रके तयार करणारी स्पर्धा आयोजित करण्यात आली होती त्यात ५८ विद्यार्थिनी सहभागी झाल्या होत्या.

Mutthi Anaaj Daan & Session on "Career Options For Students"

On 29th November 2024 , The program was started by Dr. Shubhangi Madam who introduced the guest, and after that, she presented a PowerPoint presentation about Seva Mandal and all its colleges. She highlighted the various activities conducted by the colleges, achievements of students and teachers, prize winners, and trophies. Additionally, she showcased the activities across all the college campuses. The event was organized by Seva Mandal Education Society's Smt. Maniben M. P. Shah Women's College of Arts & Commerce (Autonomous) on 29th November 2024, was a significant initiative aimed at fostering student development and social responsibility. The program was divided into two key components.

The first was a session titled "Career Options for Students," where Mr. Srinivas Rao Katkoor the Chief Guest and Guest Speaker from SAS Company has addressed the students. This session aimed to guide students on various career pathways, equipping them with valuable insights and advice to make informed decisions about their future professional endeavors. Shrinivas Sir called a few students and asked them about their goals, what they are doing to achieve them, and the obstacles they face. The students then expressed their views.

The second component was a project named "Mutthi Anaaj Daan," highlighting the institution's commitment to community service and philanthropy. This project likely focused on students who were distributed rice and dal as a part of the programme. 300 students were fortunate to get 5 kg of Rice and 2 kg of dal.





Poster And Slogan Competition

On the occasion of World AIDS Day, the NSS unit of Smt. Maniben M.P. Shah Women's College Arts and Commerce, Matunga organized a Poster and Slogan competition on 30th November 2024. The objective of the event was to create awareness about HIV/AIDS and its prevention among the students. A total of 59 NSS volunteers participated in the competition, showcasing their creativity and awareness about the issue. The competition was a huge success, with participants submitting innovative and informative posters and slogans. The event helped to spread awareness about HIV/AIDS and its prevention among the participants and the college community. It also encouraged the participants to think creatively and express their ideas and opinions about the issue. Overall, the event was a valuable experience for the participants and helped to promote a supportive and inclusive environment for people living with HIV/AIDS.





World AIDS Day

On 2nd December 2024, On the occasion of World AIDS Day, the NSS unit of Smt. Maniben M.P. Shah Women's College of Arts and Commerce organized an AIDS Awareness Film Screening with a discussion by Dr. Rekha Shelar on 2nd December 2024. The objective of the event was to create awareness about HIV/AIDS, its prevention, and the importance of empathy and support for those affected. A total of 67 NSS volunteers attended the event, and the discussion facilitated by Dr. Shelar helped to dispel myths and misconceptions surrounding HIV/AIDS, promoting a supportive and inclusive environment.



Cyber Crime and Security

On 4th December 2024, Cybercrime involves criminal activities using computers and the internet, affecting individuals, organizations, and nations. Cybersecurity helps protect against threats like hacking, phishing, malware, and online fraud. According to Ms. Sushma Bhoir, Lecturer of Computer, awareness and preventive measures are key. Using strong passwords, antivirus software, and regular updates can enhance security. Avoiding suspicious links, securing personal data, and cybersecurity training are also crucial. To combat cybercrime, organizations should implement strong policies, conduct audits, and use secure communication. Staying vigilant and proactive is essential in minimizing cyber threats.



Workshop on Viksit Bharat

On 5th December 2024, a workshop on *My Bharat Portal* and *Viksit Bharat Young Leaders Dialogues* was conducted by Kejal Tasariya and Ramani Naidu. A total of 50 students attended the session, gaining valuable insights into leadership, youth empowerment, and the role of digital platforms in shaping India's future. The workshop aimed to inspire young minds to actively contribute to the nation's development and leverage technology for social progress.



Leadership Development in Youth

On 7th December 2024, A camp on Leadership Development in Youth was organized by Vivekananda Center at Shah Mahila College. College Principal Dr. Archana Patki welcomed everyone and highlighted the life of Vivekananda ji and what he expected from the youth. Ms. Ramangi Belvelkar, Ms. Deepti Maskar, Mr. Sumit Pondwilkar and Mr. Ishwar Puri from Vivekananda Center gave information about the camp to be held in December and the Vivekananda Centre. Dr. Rekha Shelar presented the outline of the camp. Total 175 students were attended.





Stop Child Sexual Abuse POCSO Act 2012

On 20th December 2024, The session was designed to raise awareness about child sexual abuse and educate participants on the Protection of Children from Sexual Offences (POCSO) Act, 2012. The goal was to equip students with knowledge about the legal framework and actionable steps to protect children from exploitation and abuse, ensuring a safer environment for them. Ms. Agalya & Ms. Aparna from Sakshi, an NGO were the resource persons. Total 110 volunteers were attended . The objective of the session was to sensitise and increase awareness about child sexual abuse ,to take action to prevent and respond to child sexual abuse, to encourages youth to support the cause and to raise awareness, detect and report on child sexual abuse.





7 Days NSS Residential Camp

Day 1: 24-12-2024

Inauguration: Formal opening ceremony of the camp by the worthy hands of Rtn. Nikunj Jhaveri , Vice Chairman of SMES, Guest of Honour Dr. Sulakshana Mane, NSS Coordinator, SNDT Women's University , Management Members and Principal Dr. Archana Patki and NSS POs.

Sound Bath Meditation: Therapeutic relaxation through sound waves. The trainer was from Shreemad Rajchandra Mission Dharampur

Briefing to Students: Overview of camp objectives and rules by Dr. Rekha Shelar.

Group Formation : Forming teams and allotting the duties to every group.

Day 2: 25-12-2024

Digital Literacy Session: Training on essential digital skills by Kejal Tarsariya.

Shram Daan at Vanicha Pada : During residential camp , the group of 20 volunteers were went to Vanicha Pada , Array Colony. There they taught the children about health and hygiene, the positive and negative impacts of mobile phones, and engaged them in storytelling. They also tolled a moral based stories. More than 50 children were participated, and they were divided into groups for the activities. One NSS program officer accompanied the team. The volunteers then celebrated the Christmas festival with the children, distributing chocolates and Frooti juice to everyone.

75 Years of Indian Constitution: Educational talk celebrating constitutional values by Shri Sachin V. Toraskar.

Empowered Youth Session: Discussion on youth and digital literacy through innovative games by Dr. Rahul Shah.

Christmas Celebration in camp: Festive activities and group enjoyment led by volunteers.

Day 3: 26-12-2024

Shram Daan At Reay Road Railway Station : A group of 20 volunteers has went to the Reay Road Station for the Cleanliness Drive and along with this activity the volunteers chanting the slogan on keep the station clean , with station staff they clean the railway station.

Mental Health in a Digital World: Addressing mental well-being challenges by Dr. Archana Patki & Ms. Shamshunissa K. Jailor.

Financial Inclusion & Literacy: Guidance on managing finances effectively by Prof. C.A. Deepak Vekaria.

Music Program: Evening of musical performances for relaxation.

Day 4: 27-12-2024

Swachhta Abhiyan at King's Circle Railway Station: Public cleanliness drive by NSS volunteers. A group of 20 volunteers has went to the King's Circle Railway Station for the

Cleanliness Drive and along with this activity the volunteers chanting the slogan on keep the station clean , with station staff they clean the railway station and surrounding Area

Creativity and Self-Expression: Enhancing creative thinking by Ms. Shweta Manghnani.

Save the Girl Child Project: Advocacy and awareness session by Lion Rita Atul Sanghavi. This is the new innovating project was started this year by the Lions International District Chairperson of Save the Girl Child Lion Atul Sanghavi under this initiative they had distributed the cloths to the camp students . The Chief Guest was Lion Raju Manwani, International Director 2013-15, Guest of Honour Lion Feroze Katrak, 1st VDG Dist 3231 A1

Learning Through Creative Thinking: Workshop on innovative problem-solving by Mr. Rinkesh Chedda

Youth for My Bharat : session was focused on empowering young individuals to contribute actively to India's development and progress. By Mrs. Renuka Prajapati.

Cultural Evening: Volunteer-led cultural performances.

Day 5: 28-12-2024

Health Warming Games: Engaging games for physical wellness.

Mumbai Darshan: A city exploration tour to visit historical and cultural landmarks. This event was inaugurated by Shri Shaymbhai Pathak the Fame of Tarak Mehta Ka Oolta Chashma ‘ Popatlal’, District Governor Lion Viraf Mistry, 2nd VDG Lion Pawan Kumar Agrawal , Management Members , Principal Dr. Archana Patki and Lions Members.

Day 6: 29-12-2024

Shram Daan at College & Railway Stations: Community service activities.

Elocution & Patriotic Song Competitions: Music contest to celebrate national pride. In elocution our 2 alumina has judged the competition.

Personality Contest: Evaluation of creativity, confidence, and leadership qualities.

Poster Making & Slogan Writing: Creative art and slogan design competition. 35 volunteers was participated in Poster making competition.

Day 7: 30-12-2024

Shraam Daan : During this camp they have organized an activity on cleanliness of Library area. 15 NSS Volunteers has taken part in this activity. They have cleaned different Library areas. The main objective of this activity was to bring awareness about the cleanliness in the society.

Skit Competition: Group performances on themes of social relevance.

Essay Competition: 45 volunteers have participated in essay competition.

Dance Competitions: Showcasing talents through expressive dance performances.

Library Exhibition Visit: At the last day of residential camp they have organized a visit to Library exhibition, the NSS volunteers participated in a library exhibition that showcased a variety of books across different genres, aimed at encouraging reading and intellectual curiosity. The goal was to familiarize volunteers with the resources available in the library and inspire them to develop a reading habit. Around 40 NSS volunteers has taken part in this Library Exhibition Visit.

Valedictory Function: Closing event with reflections, acknowledgments, and farewells. This program was witness of the esteem presence of the NSS Zonal Coordinator of South Mumbai Mrs. Jayashree Choudhary, Management Members, Principal Dr. Archana Patki and NSS POs.





Viksit Bharat Quiz

"Chandani Khan participated in the Viksit Bharat Quiz and qualified for the second round, where she wrote an essay. She successfully cleared that round and has now qualified for the third round, where the task is to create a PowerPoint presentation in Pune on 26th December 2024."

Sporting and FIT Nation		Making India the Global Manufacturing Powerhouse	
Abdul rehman	8378030973	1	Yash Namdev 9893214015
wankule	8530415238	2	Abhijeet Hire 7263889540
nkatesh	9359432349	3	Chandan Rajesh Pandey 7021363932
Imant Shinde	7875943591	4	Hemant 7741882278
RAJENDRA	9372789978	5	Shreya sushant Deshmukh 8308171553
	9604395323	6	Pragati Santosh Ingale 9112986701
nesh jain	9175013721	7	Karan Krushana Kachhava 7385562440
igwan Mali	8600416654	8	Kondli Aravind 6302367065
ardwaj	7738046803	9	Chandani Siddiqui Khan 9372791207
rat Chavhan	9145023151	10	Romil Thosani 9769333570
u Menon	9372875356	11	Supriya Sawarkar 9322749707
vkumar	8104062606	12	Shaikh Moin 7276552292
an Kiwale	8261816094	13	Aditya Shivling Damayyaware 9307257579
d Faizan	7397909082	14	Chetan Chandwani 9320002405
han	9869802164	15	Anshul Nik 9421532200
arguje	9067735241	16	Azad Shaikh 8261862872
lav	9763956972	17	Apurva Ramesh Bhosale 8624844200



National Integration Camp

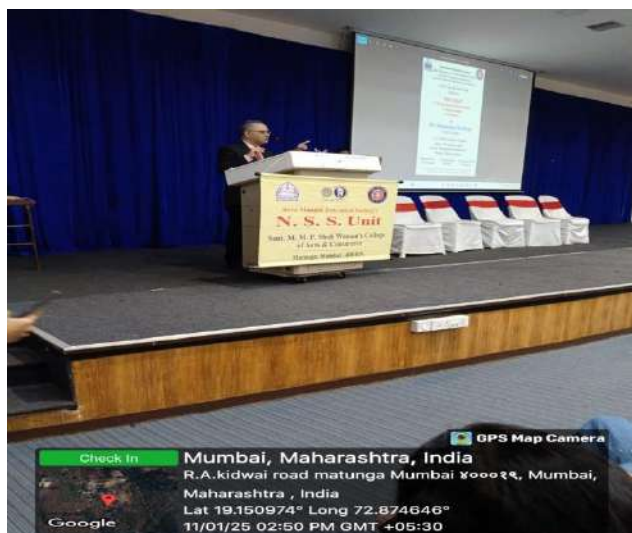
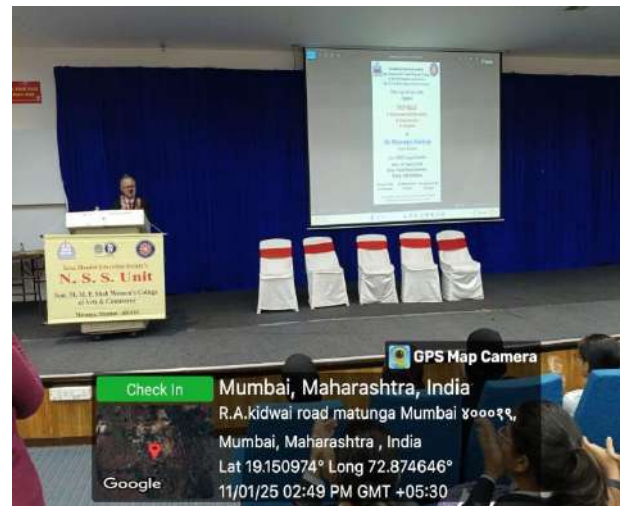
The National Integration Camp, held from 3rd January to 9th January 2025 in GCW Parade Ground, Jammu and GCW Gandhi Nagar, was a grand success, bringing together students from 16 states across India to promote national integration, unity, and cultural exchange. The camp featured a wide range of activities, including daily sports events, guest lectures, motivational speeches, cultural activities, and a youth parliament. Our students from Maharashtra made us proud by winning several awards, with Anju Singh securing 1st prize in poetry recitation and the Doss E Ball team winning 2nd prize in sports. They also showcased the rich cultural heritage of Maharashtra through Lavani dance, folk song, and festival showcase performances. The camp provided a memorable experience for our students, promoting national integration and unity.





PEP Talk

On 11th January 2025, the NSS Unit and Leo Club of MMP Shah College organized an inspiring PEP talk featuring guest speaker Mr. Dhananjay Kashyap. The session saw an enthusiastic participation of 290 students, who gained valuable insights on personal development, leadership, and motivation. Mr. Kashyap's talk encouraged students to adopt a positive mindset, set ambitious goals, and work towards self-improvement. The event successfully created an engaging and empowering atmosphere, leaving students motivated to overcome challenges and strive for success.



Swami Vivekananda : An Inspiration for Youth

13th January 2025, On the occasion of Youth Day Celebration , NSS Unit in collaboration with Vivekananda Kendra Kanyakumari organised the guest lecture on swami Vivekananda : An Inspiration for Youth. Vivek Anand, a renowned motivational speaker, inspired the youth with his thought-provoking guest lecture. His energetic and engaging delivery captivated the audience, leaving a lasting impact on the young minds. Anand shared his valuable insights and experiences, emphasizing the importance of perseverance, hard work, and determination in achieving success. His lecture was a perfect blend of motivation, inspiration, and guidance, making him an ideal role model for the youth. The audience was deeply inspired by his words, and his lecture will surely be remembered as a milestone in their lives. Total 90 students has attended the same.



Empowering Youth Through Innovation and Entrepreneurship

On 15th January 2025, the NSS Cell of SNDT Women's University, in collaboration with WISE (Women Incubation Startup Entrepreneurship), organized a workshop on "Empowering Youth Through Innovation and Entrepreneurship" at JH Mini Auditorium, SNDTWU, Juhu. The workshop aimed to foster an entrepreneurial mindset, build financial literacy, encourage innovative problem-solving, and align initiatives with Sustainable Development Goals (SDGs). It featured interactive sessions, group activities, and brainstorming exercises. One NSS Program Officer and four NSS volunteers attended, along with various stakeholders supporting women entrepreneurs. Students gained insights into financial management, budgeting, and funding options while receiving mentorship from industry experts. The event provided a platform for students to showcase their innovative ideas and connect with entrepreneurs, investors, and mentors for future growth.



Annual Day Prize Distribution function

16th January 2025, The NSS Unit celebrated the NSS Annual Day and Prize Distribution function. Around 150 volunteers attended this function. Around 30 Best NSS Volunteers Trophies with the worthy hands of Chief Guest Mrs. Bharati Pathak , Management Members, Principal Dr. Archana Patki, and NSS Project Co-Ordinator Mr. Rakesh Kumar Singh all NSS PO were present for the function.



WOMEN BIMA SAKHI Mahila Career

17th January 2025, NSS Unit collaboration with LIC Organises Session on Special Recruitment Drive for Aspiring WOMEN BIMA Sakhi Mahila Career by Mr. Sudhir Agre, Manger & Team , our Alumni Ms. Prachi Sawant Agent . The Women Bima Sakhi Mahila Career Guidance program aimed to empower women by providing career-oriented opportunities and awareness of government schemes like Beti Bachao Beti Padhao, Sukanya Samridhi Yojana, and Stand Up India. Alumnae from the 2023-2024 batch shared their experiences, inspiring new members to leverage these initiatives. The interactive session encouraged participants to ask questions and seek guidance on accessing these benefits. Overall, the program successfully motivated women to take charge of their careers and utilize government schemes for their growth. Total 65 students has attended.



Mutthi Anaaj Daan

18th January 2025, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 200 students were fortunate to get 5 kg of Rice and 2 kg of dal. Chief Guest was Dr. Dipak Shah USA.



National Road Safety Week

On 18th January 2025, 45 NSS volunteers participated in a National Road Safety Workshop organized by Nehru Yuva Kendra Mumbai in collaboration with the Mumbai Traffic Department as part of National Road Safety Week activities. The workshop aimed to raise awareness about road safety and discuss effective strategies to reduce road accidents. The event commenced with an inaugural address by the chief guest, emphasizing the need for collective responsibility in ensuring road safety. The workshop featured expert sessions, panel discussions, and presentations covering key aspects such as traffic management, vehicle safety, and responsible driving behavior. Experts shared insights on accident prevention measures and best practices to enhance road safety. Guest speakers included Mr. Uttam Suryavanshi (Traffic Police Inspector), Mr. Madan Ghegate (Program Supervisor), and Mr. Prateek Karanjekar (Assistant Director, Nehru Yuva Kendra). Participants engaged in discussions and shared their perspectives on improving road safety measures. The workshop was a great success, providing valuable knowledge and inspiring volunteers to contribute towards creating safer roads and reducing accidents.



Mock Drill Training

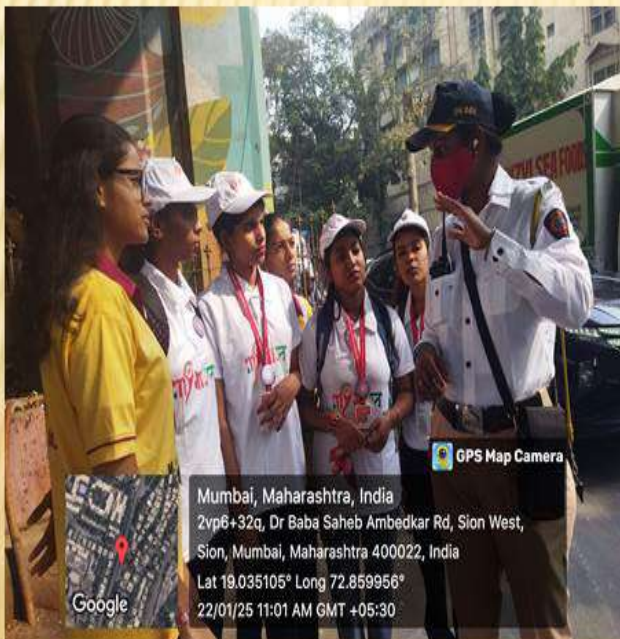
21st January 2025 The Mock Drill Training was organized by Campus Manager of SMES for students and non-teaching staff. Fire Mock Drill will be conducted by the Civil Defense Unit, Government of Maharashtra, The training aimed to equip participants with emergency response skills and promote disaster preparedness. 25 NSS volunteers from our institution attended the training, which covered essential aspects of disaster management, including evacuation procedures, first aid, and fire safety. The hands-on training session enabled participants to practice their response skills, ensuring they are better prepared to handle emergencies. The training was highly beneficial, and our NSS volunteers gained valuable experience and knowledge. the guest Speaker was S. N. Pagare, Assistant Deputy Controller and team.



Road Safety Workshop

On January 22, 2025, 6 NSS volunteers and their Program Coordinator, Mr. Rakesh Singh, from Smt. Maniben M.P. Shah Women's College attended a Road Safety Workshop at the Sion Traffic Police Station. The workshop, conducted by traffic police personnel, emphasized road safety, traffic rules, and defensive driving. The informative session promoted road safety awareness and responsible citizenship among the students.

Road Safety Workshop



Film Screening

23rd January 2025, NSS Unit collaboration with Marathi Department has organised the Film Screening on Netaji Subhas Chandra Bose. The documentary on Subhash Chandra Bose's Jayanti highlights his life, legacy, and contributions to India's independence. It aims to showcase his leadership, philosophy, and the role of the Indian National Army through expert interviews, archival footage, and historical insights. The film emphasizes Bose's charismatic leadership, his belief in armed resistance against British rule, and the significance of his efforts in India's freedom struggle. Targeted at history enthusiasts, students, and general audiences, the documentary seeks to educate and inspire viewers about Bose's remarkable journey and impact on India's independence. Total 75 students has attended.



The NSS Unit, in collaboration with Sarvoday Mandal, organized an awareness session on January 23rd, 2025, to commemorate Mahatma Gandhi Martyrs' Day and Netaji Subhas Chandra Bose Jayanti. The event aimed to educate volunteers about the significance of these two great leaders in India's history. Keynote speaker Bajarang Sonavane emphasized Gandhi's philosophy of non-violence and truth, explaining how these principles played a crucial role in India's independence movement. He also spoke about Gandhi's martyrdom and its lasting impact. Sonavane then highlighted Netaji Subhas Chandra Bose's contributions, focusing on his bravery, leadership, and vision for a free India. To enhance the patriotic spirit, Sonavane and his team

performed a few patriotic songs, which resonated with the audience. Volunteers actively participated in discussions, making the session engaging and impactful. The event served as a heartfelt tribute to Gandhi and Bose, inspiring volunteers to uphold their values and principles. Total 120 students has attended the same.



Road Safety Training

On 23rd January 2025, 7 NSS volunteers from Smt. Maniben M.P. Shah Women's College Matunga, attended a Road Safety Training session at the Sion Traffic Police Station. A Road Safety Workshop was organized on Sion Road to raise awareness about the importance of road safety and to educate participants about safe road practices. The training was conducted by Constable Ms.Vaishali and her team. The workshop began with a demonstration on the importance of following traffic signals, where participants were shown how to use pedestrian signals, traffic lights, and zebra crossings safely. A practical demonstration of zebra crossing was also conducted, emphasizing the importance of making eye contact with drivers before crossing the road and the need for pedestrians to be visible to drivers. The workshop also covered other important aspects of road safety, including the importance of wearing helmets while riding two-wheelers, following speed limits, using seatbelts, and being aware of surroundings while walking. The workshop was interactive, with participants asking questions and sharing their experiences, and concluded with a quiz session to test their knowledge of road safety rules and

practices. Overall, the Road Safety Workshop was a successful event that raised awareness about the importance of road safety and educated participants about safe road practices.

Road Safety Training



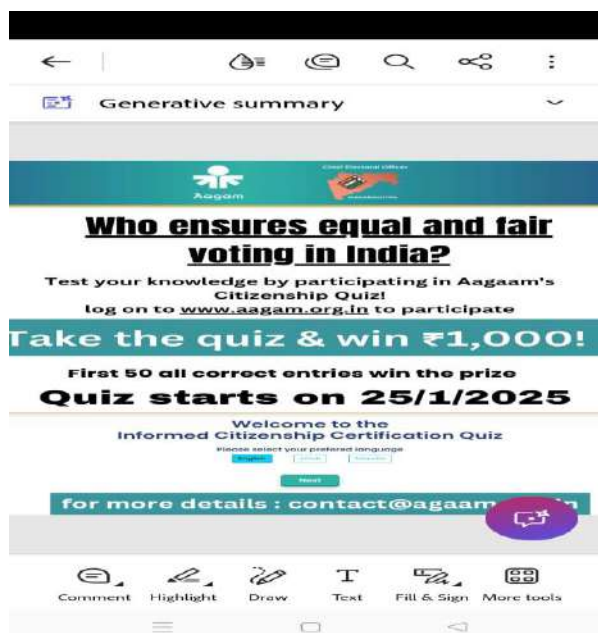
Poster and Slogan Making Competition

24th January 2025, The NSS Unit of . MMP Shah College, Matunga, organized a Poster and Slogan Making Competition as part of the Road Safety Awareness Week, under the initiative of "Sadak Suraksha Jivan Raksha". The objective of this event was to create awareness among students and the general public about the importance of road safety and to encourage them to take an active role in preventing road accidents. A total of 36 NSS volunteers participated in the competition, showcasing their creativity and talent through posters and slogans with thought-provoking messages on road safety.



Quiz

24th and 25th January 2025, On the occasion of National Voter's Day Celebration around 98 students has attempted the Quiz organised by Aagam Citizenship Quiz in which our students has also received the e certificate.



Beach clean Up Drive

On 25th January 2025, ten NSS volunteers actively participated in a beach cleanup drive at Carter Beach in collaboration with Connect For, an NGO dedicated to environmental causes. The initiative aimed to promote environmental awareness and cleanliness by removing waste and plastic pollution from the beach.

The volunteers worked diligently to collect and segregate waste, contributing to the preservation of the coastal ecosystem. Their efforts not only helped in maintaining the cleanliness of the beach but also served as an inspiration for others to take responsibility for environmental conservation.



Patriotic Song

On 25th January 2025, the NSS Unit, in collaboration with the Marathi Department, organized an inspirational event—Patriotic Song and Poem Recitation—to celebrate Republic Day. The event aimed to instill patriotism and appreciation for India's rich cultural heritage. A total of 35 students participated, showcasing their talents through heartfelt recitations and songs that resonated with the spirit of national pride. The event successfully fostered enthusiasm and unity among the participants, making it a memorable tribute to the nation.



Peace and Communal Harmony Rally

30th January 2025, SNTD Women's University and Mumbai Sarvoday Mandal jointly organized a Peace and Communal Harmony Rally from SNTD University, Juhu to Juhu Beach. 40 NSS volunteers participated enthusiastically. The rally aimed to promote unity, interfaith dialogue, and peace, successfully inspiring participants to become ambassadors of harmony and social change.



Kala Ghoda Festival

On 29th January 2025, the NSS Unit organized a field visit to the Kala Ghoda Arts Festival. A total of 30 NSS volunteers, along with one Program Officer and one teacher, participated in the visit. The objective of this visit was to educate and sensitize the volunteers about art, heritage, and culture. The Kala Ghoda Arts Festival 2025 marked its 25th anniversary with the theme "Silver Threads of Creativity," celebrating 25 years of artistic and cultural excellence. This year's festival aimed to showcase India's rich heritage through contemporary artistic expressions, promote national integration by bringing together artists and performers from across the globe, and foster creativity and innovation through various workshops, exhibitions, and performances. The festival featured a diverse range of activities, including visual and performing arts, literature, cultural exhibitions, and culinary experiences, attracting visitors from around the world. This visit provided volunteers with a valuable opportunity to explore the vibrancy of one of Asia's largest and most renowned arts festivals.





Filed Work Activity by NSS Volunteers with CONNECT FOR NGO

Our NGO conducted a field work program at Joglekarwadi School, Sion, on 1st February 2025 and 8th February 2025. The objective was to educate 7th and 8th standard students about food and nutrition, as well as precautions to take when consuming outdoor and indoor food. On 1st February, 35 students from the 7th standard and on 8th February, 35 students from the 8th standard participated in interactive sessions, which included discussions, Q&A, and presentations. Our 8 volunteers, accompanied by class teachers, engaged with the students, promoting nutrition education and food safety awareness. The program covered topics such as balanced diet, hygiene practices, and safe food handling. The students actively participated, asking questions and sharing their thoughts on the topic. The program was successful in educating the students, and we look forward to conducting more such programs in the future.



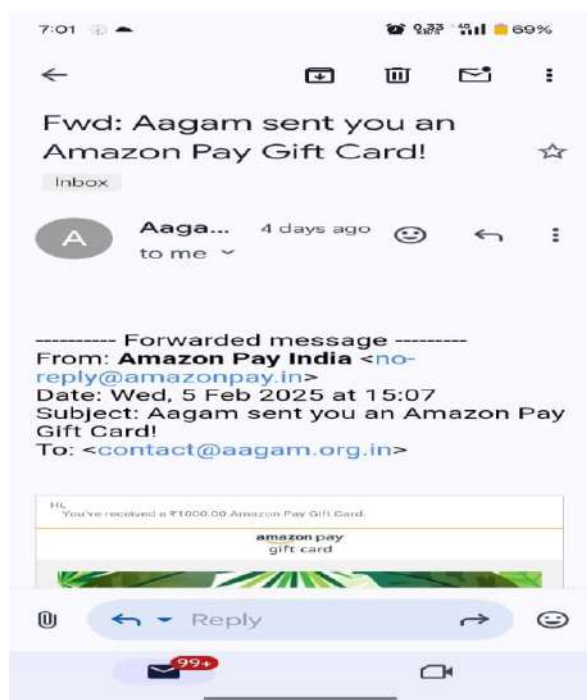
Financial Inclusion

Under the initiative observing 'Cyber Jaagrookta (Awareness) Diwas The NSS Unit of Smt. M.M.P. Shah Women's College, Matunga, organized a cyber security and financial inclusion session on 5th February 2025 under the Cyber Jagruti initiative. Attended by 99 NSS volunteers and the NSS PO, the session aimed to raise awareness about online safety and fraud prevention. Mr. Dattatray Gawade covered topics such as cybercrime, financial frauds, and cyber hygiene, demonstrating real-life scams, including fraudulent investment apps and illegal lending platforms. The session emphasized secure passwords, background checks, and cautious online interactions, equipping participants with essential skills to prevent cyber fraud.



Quiz on National Voter's Day

5th February 2025, On the occasion of National Voter's Day Celebration around 98 students has attempted the Quiz organised by Aagam Citizenship Quiz . In which Our 1 NSS Volunteer Ms. Komal Rampure has completed the Aagam's Informed Citizenship Quiz Correctly and received the Rs. 1000 Amazon Pay Gift Card.



Menstrual Hygiene

7th February 2025, NSS Unit organized a Menstrual Hygiene session to promote awareness and education on menstrual health. Conducted by Dr. Anagha Chhatrapati, MBBS, MS, Consultant - Gynaecology , the session covered the menstrual cycle, hygiene practices, and sanitary product options, helping participants break taboos and gain valuable insights.

Common menstrual health issues include cramps, heavy bleeding, infections, and hormonal imbalances. Applying heat and relaxation techniques can ease cramps, while using high-absorbency products and maintaining hygiene can prevent complications. A balanced diet and regular exercise help regulate hormones. By addressing these concerns, individuals can better manage their menstrual health.



Taming Your Temper: Managing Emotions

On 8 th February 2025 NSS Unit organized a session on "Taming Your Temper: Managing Emotions" Conducted by Vedyashree Bhagvatt, a college counselor, the session was attended by 77 NSS volunteers and 2 NSS Program Officers.

The objective was to equip participants with effective strategies for managing emotions, particularly anger, and promoting emotional well-being. The session was interactive, with discussions, group activities, and exercises to practice emotional regulation skills.

The outcome was overwhelmingly positive. Participants gained valuable insights into their emotional patterns and learned effective strategies for managing their temper. The session

promoted a sense of community and camaraderie, encouraging participants to share experiences and support one another.



Carter Beach Cleanup Drive

On 8th February 2025, Our Eight dedicated NSS volunteers actively participated in the Carter Beach Cleanup Drive, demonstrating their commitment to environmental conservation and social responsibility. The drive aimed to remove plastic waste, debris, and other pollutants from the beach, promoting a cleaner and healthier coastal environment.



Visit to CSMT Station for the Exhibition of Central Railway celebrated 100 years

On February 8, 2025, Central Railway celebrated 100 years of railway electrification in India with a successful exhibition showcasing the evolution of Mumbai's suburban local trains, advancements in electric locomotives, and Indian Railways' progress. The event, attended by 50 NSS volunteers, 1 NSS PO, 1 non-teaching staff, and 1 alumni, highlighted the significant milestone in India's railway history, providing a unique opportunity for visitors to explore the rich history and development of Indian Railways, and was a fitting tribute to the country's railway achievements.



Field Work in collaboration with CONNECT FOR NGO

On 9th February 2025, 4 NSS volunteers in collaboration with CONNECT FOR NGO participated in a wall painting activity at Joglekarwadi School premises. Through their creativity and efforts, they transformed the walls with vibrant and meaningful artwork, adding colour and positivity to the school environment. This initiative aimed to create an engaging and inspiring space for students while promoting artistic expression and community involvement.



CPR Training

14th February 2025, The NSS Unit, in collaboration with the NCC Cell, successfully organized a CPR (Cardiopulmonary Resuscitation) training session. The trainer was Mr Anil Rathod. The event saw active participation from 125 students, 3 NSS Program Officers, and 1 teacher. Trainers demonstrated various emergency scenarios, highlighting the importance of timely intervention. Participants engaged in hands-on practice using a dummy, enhancing their understanding of CPR techniques. The session equipped them with vital life-saving skills, including recognizing cardiac arrest symptoms, calling emergency services, performing chest compressions and rescue breaths, and using an Automated External Defibrillator (AED). This initiative reinforced our commitment to health awareness, community service, and student empowerment.



Mutthi Annaj Daan

15th February 2025, A program on 'Mutthi Anaaj Daan' was organized by the N.S.S unit, where students were distributed rice and dal as a part of the programme. 200 students were fortunate to get 5 kg of Rice and 2 kg of dal.



Cancer Awareness and Cancer Screening Camp

15th February 2025, Our 15 NSS volunteers has attended the Cancer Awareness and Cancer Screening Camp was conducted at Azad maidan. The Cancer Awareness and Screening Camp was a great success in educating and screening individuals at risk. The participation of our volunteers significantly contributed to the smooth execution of the camp. Continued efforts in

organizing such camps will help in the early detection and prevention of cancer in the community.



Short Film Screening

18th February 2025 On Occasion of the 75th Anniversary of the Indian Constitution Day (संविधान गौरव महोत्सव) our NSS Unit in collaboration with Marathi Department has shown the Short Film on the Constitution . Total 65 students as seen the film.



Visit to the Govardhan Eco-Village

18th February 2025, The NSS Unit of Smt. MMP Shah Women's College, in collaboration with the Leo Club of MMP Shah College, organized a visit to the Govardhan Eco-Village, Palghar . 45 volunteers and 4 teachers participated in the visit, which aimed to promote sustainable living practices, eco-friendly initiatives, and community development. Students learned about organic farming, renewable energy, and waste management, and participated in yoga and meditation sessions. The visit inspired students to adopt sustainable habits and promoted environmental awareness and spiritual growth.





Essay writing competition

On 21st February 2025, as part of the Amrut Mohotsav Constitution Day Celebration, our NSS unit organized an essay writing competition to encourage participants to reflect on the values and significance of the Indian Constitution. A total of 85 enthusiastic volunteers took part in the competition, showcasing their knowledge, creativity, and writing skills. The event aimed to foster a deeper understanding of constitutional principles among the participants while promoting awareness of our democratic rights and responsibilities.



Nutri Khichadi Project

From 22nd ,24th February and 1st , 3rd, 7th, 10th and 17th March 2025, the Nutri Khichadi Project was restarted with great enthusiasm, thanks to our visionary principal, Dr. Archana Patki. This project, which had been very successful in the past, was revived by the NSS unit of Smt. Maniben M.P. Shah Women's College of Arts and Commerce, in collaboration with the Leo Club of MMP Shah College. The main goal was to spread awareness about nutrition and healthy eating habits among students.

The project was led by Dr. Madavi Sathe, Head of the Food and Nutrition Department, who provided hands-on training to 25 NSS volunteers, 2 teachers, and 1 non-teaching staff on how to prepare nutritious khichadi. Twice a week, volunteers prepared different types of khichadi, including palak, cabbage, sprouted moong, and padval vegetable khichadi. Each time, Dr. Sathe explained the protein content and health benefits of the ingredients used.

The project was well-organized by NSS Program Officer Dr. Rekha Shelar and Miss Sony Singh, who worked hard to ensure everything ran smoothly. They created weekly student groups, which helped in teamwork and learning. The Leo Club of MMP Shah College also played a key role in making the project more engaging and community-driven.

This project successfully encouraged students to understand the importance of nutrition and adopt healthy eating habits. Many volunteers even continued making khichadi at home and

shared it with their families. A major achievement was that even students who usually disliked spinach enjoyed the palak khichadi, showing a positive change in their eating habits.

We sincerely thank Dr. Archana Patki, Dr. Madavi Sathe, Dr. Rekha Shelar, Miss Sony Singh, and the Leo Club of MMP Shah College for their valuable support and guidance. Their combined efforts helped make this project a great success, promoting a culture of healthy eating and nutrition awareness among students.





On occasion to celebration of Veer Sawarkar Punyatithi Day Activities - Eye Donation Awareness

25th February 2025, Before commencing the film, Dr. Rekha Shelar and Dr. Rashmi Tupe guided the volunteers on how to create awareness about eye donation. They suggested that NSS volunteers could play a crucial role in the awareness campaign by conducting door-to-door campaigns to spread the message about eye donation and its benefits. The volunteers could also distribute pamphlets and brochures, assist in filling out eye donation forms for willing donors, and submit the completed forms to the relevant authorities. Their efforts helped create a significant impact, encouraging many people to pledge their eyes and support this noble cause.

On 25th February 2025, After guiding the volunteers, Dr. Rekha Shelar and Dr. Rashmi Shetye proceeded with the screening of a documentary film to enhance understanding of the topic. The Sujakha documentary film was an integral part of the eye donation awareness campaign, designed to educate people about the significance of eye donation, its impact on the lives of those suffering from corneal blindness, and the process of pledging one's eyes.

The film highlighted real-life stories of individuals who had regained their sight through corneal transplants, inspiring the audience to consider becoming eye donors. It also addressed common misconceptions and fears related to eye donation, providing scientific. The documentary emphasized the urgent need for increased donor participation to bridge the gap between demand and availability of corneal tissues. Total 38 volunteers were seen the film.

Beside this Poster and Slogan competition on Eye Donation were conducted on 25th February 2025, the poster competition showcased creative and informative designs, highlighting the significance of eye donation and the impact it can have on someone's life. The slogans were equally impressive, conveying powerful messages that encouraged people to pledge their eyes.

The program aimed to educate people about the need for eye donation, the process of donation, and the difference it can make in restoring vision to those in need. Through the poster and slogan competition, the program successfully conveyed the message and encouraged people to come forward and pledge their eyes.



Filed work At Chunabhatti Slum Area

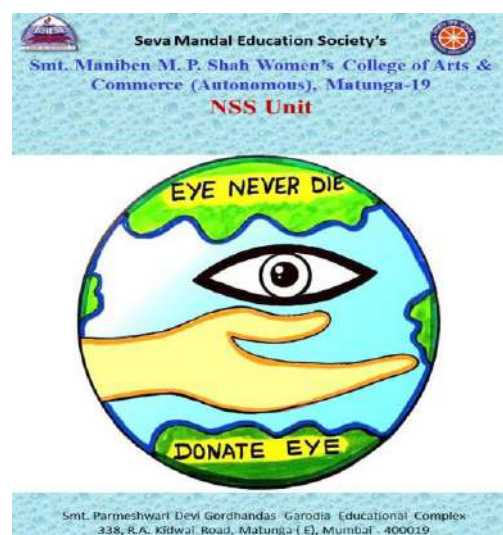
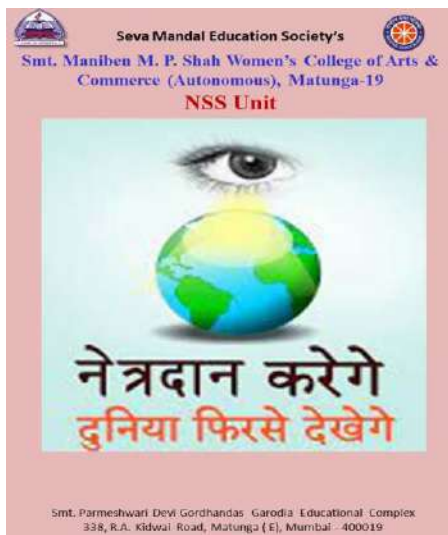
On 25th February 2025, our dedicated team of six NSS volunteers organized a health and hygiene awareness session for 40 young students aged 5-10 years at Chunabhatti. The session aimed to instill the importance of personal cleanliness, good hygiene practices, and the significance of education in their daily lives. Through interactive discussions and engaging activities, the volunteers educated the children on essential habits such as proper handwashing, dental care, and maintaining overall hygiene.

To further encourage these practices, the volunteers distributed essential hygiene kits, including toothbrushes, toothpaste, soap, and biscuits, along with textbooks to support their learning journey. This initiative not only promoted good health but also motivated the children to embrace cleanliness as a lifelong habit while emphasizing the value of education in shaping a brighter future. The session was met with enthusiasm, leaving a positive and lasting impact on the young minds.



Digital posters on Eye Donation

27th February 2025, NSS volunteers created digital posters to spread awareness about eye donation. With impactful messages and visuals, these posters aimed to inspire people to pledge their eyes and dispel myths. Shared on social media, they helped reach a wider audience and promote the noble cause effectively.



Marathi Bhasha Gaurav Din

On 27th February 2025, *Marathi Bhasha Gaurav Din* was celebrated through a special event organized by Seva Mandal Education Society's Shrimati Maniben M. P. Shah Autonomous Women's College of Arts and Commerce, the Marathi Department, NSS, and Shri G. O. Shah Library.

Principal Dr. Archana Patki emphasized the richness of Marathi literature, urging students to develop reading habits. She shared how the book "*Man Mein Hai Vishwas*" deeply inspired her. The event began with the *Maharashtra Geet*, followed by a floral tribute to Kusumagraj and an impactful street play "*M...Marathicha*", performed by NSS volunteers.

Dubbing artist Ganesh Chinchkar demonstrated voice modulation skills and career opportunities in the field. Vice Principal Dr. Avanish Bhatt extended his best wishes, while Gayatri Hardikar

highlighted Kusumagraj's literary contributions. Prof. Sangeeta Singh recited Vinda Karandikar's poem, and Prof. Kiran Jadhav presented a humorous skit in the Vidarbha dialect.

Other highlights included book reviews by Dr. Hiralal Bhosale, Dr. Madhavi Sathe, Vedashree Bhagwat, Prof. Sharad Girmakar, and Prof. Prashant Deshpande. Some students also presented self-composed poetry.

The event was hosted by Dr. Rashmi Shetye Tupe, Prof. Neha Bhosale, and Prof. Supriya Shinde. Librarian Ashwini Prabhu concluded the program with her remarks, alongside a special exhibition of Marathi poetry collections. The event witnessed active participation from faculty, staff, and a large number of students, making it a memorable celebration of Marathi literature and language.



Marathi Bhasha Gaurav

27th February 2025, A Marathi Bhasha Gaurav program was organized by Government of Maharashtra at the Gateway of India to promote and celebrate the Marathi language. The event featured cultural performances, traditional songs, and dances, which enthralled the audience. 30 volunteers and 2 teachers participated in the program, which aimed to inspire pride in the Marathi language among the younger generation. The event was a success, promoting the rich cultural heritage of Maharashtra.



Job Application Essentials

28th February 2025, The NSS Unit collaborated with Pratham NGO to organize a session on "Job Application Essentials" as part of the IBM SKILL BUILD Digital Learning Awareness program. Resource Person Ajay Ghadge and Mr. Shekhar Mane equipped students with essential skills and knowledge required for successful job applications, covering resume building, cover letter writing, and interview preparation. The session empowered students with confidence to navigate the job application process.



Cultural Function

On 28th February 2025, one NSS volunteer Ms. Komal Rampure participated in the cultural function organised by Lion Tarachand Bapa Hospital, Sion. This event provided an opportunity to engage with the community, showcase talent, and promote social bonding. The volunteer actively contributed to the program, representing the NSS unit and its values of service and cultural engagement.



Medical Camp

From 3rd to 5th March 2025, Smt. M.M.P. Shah Womens College, in collaboration with Lion Tarachand Bappa Hospital, organized a Medical Check-up Camp for students, teaching, and non-teaching staff. The camp included hemoglobin checks, weight measurements, eye exams, and blood pressure monitoring. NSS volunteers played a key role in managing registrations and assisting medical professionals, ensuring a smooth process. With 200+ students, 25 teaching staff, and 15 non-teaching staff participating, the camp was a great success, promoting health awareness and the importance of regular check-ups.





Session on Social Networks , Flagging and reporting and Blogs

On 5th March 2025, Social networks are online platforms that enable users to connect, share content, and interact with others. Popular examples include Facebook, Twitter, and Instagram, which allow communication through posts, messages, and multimedia sharing. However, to maintain a safe and respectful online environment, platforms implement flagging and reporting systems. Flagging helps users mark inappropriate or harmful content, while reporting alerts moderators to take necessary actions against violations such as hate speech, misinformation, or cyberbullying. Blogs, on the other hand, are digital journals or informational websites where individuals and businesses share articles, opinions, and multimedia content. They serve as a means of expression, knowledge-sharing, and marketing while also allowing audience engagement through comments and social interactions.



Session on IBM SKILL BUILD Digital Learning Awareness

The NSS Unit, in collaboration with Pratham NGO, organized a session on IBM SKILL BUILD Digital Learning Awareness with a focus on Job Application Essentials. The session was conducted on 6th March 2025, with Mr. Prakash Lokhande as the resource person. The event aimed to equip participants with essential skills for job applications, including resume building, cover letter writing, and interview preparation. This initiative provided valuable insights to help individuals enhance their employability in the digital age.



National Conference

The Ideathon 3.0 National Conference was held on March 8th, 2025 at Patkar Hall, SNDTWU, Churchgate, to empower women entrepreneurship. The event featured 30 students, 2 PO students, and 10 groups presenting innovative business ideas. A panel of renowned entrepreneurs discussed opportunities, challenges, and success strategies for women entrepreneurs. The conference concluded with a prize distribution ceremony for the top three winners and the felicitation of women excelling in various fields. The event successfully promoted women entrepreneurship, inspiring future leaders and change-makers.



Eco Friendly Holi Celebration

On 13th March 2025, An Eco-Friendly Holi Celebration promotes sustainability while preserving the festive spirit. Instead of chemical-based colours, people use organic, herbal, or natural colours made from flowers, turmeric, and other plant-based materials. Water conservation is encouraged by celebrating dry Holi with flower petals and using homemade colour. Sweets, Wafers and traditionally Tandai treat was given Additionally, community initiatives like tree planting, awareness campaigns, and eco-friendly decorations help spread the message of sustainability. By embracing these practices, Holi can be celebrated joyfully while respecting nature and reducing environmental impact.





International Women's Day celebration

The International Women's Day celebration was held on 7th March 2025, with the theme "Role Models of Women: Inspiration and Achievement." The event was attended by 45 students, 2 teachers, and Dr. Shubhagi Kulkarni, a marathon runner and assistant lecturer. Students expressed their views on inspirational women, including their mothers, sportswomen, doctors, and other role models, with a few students dedicating poems to women. The teachers present shared their views on the importance of women's empowerment and recognizing women's achievements. Dr. Kulkarni delivered a motivational speech, emphasizing the importance of women's empowerment and encouraging students to become strong and supportive of women. The event concluded with students promising to become strong and help women become strong, promoting a sense of determination and commitment to women's empowerment.



Mutthi Anaaj Daan Project.

On 29th March 2025, "Mutthi Anaaj Daan " project, in which 300 students were fortunate to get 5 kg rice and 2 kg daal. The event was distinguished by the guests, including Lion Viraf Mistry, District Governor Dist. 3231 A1, and Rtn. Chetan Desai, District Governor Dist. 3141, Shri Chandrashekar Chore, OSD Municipal Commissioner, Lion Seema chore, Rtn Sneha Pathak, College Management members, Principals, Rotary members and Lion members has graced the occasion with their presence.



Thalassemia talk and checkup camp

On 29th March 2025, The NSS Unit of Seva Mandal Education Society's All Colleges, Lions Club of Sion and Rotary Club of Queens Necklace organized a Thalassemia talk followed by a Thalassemia checkup camp. The event aimed to educate students about Thalassemia and its prevention. Dr. Pallavi Jadhav delivered an informative session on Thalassemia, highlighting its causes, symptoms, and prevention methods. A total of 259 students participated in the Thalassemia checkup camp, showing their support for the cause.



Birth Anniversary of Dr. Babasaheb Ambedkar

9th April 2025, On the occasion of Birth Anniversary of Dr. Babasaheb Ambedkar, the NSS organized a lecture on "Father of the Constitution: Dr. Babasaheb Ambedkar," led by Mr. Pradeep Patil. Attended by 72 students and 2 Program Officers, the session offered valuable insights into Dr. Ambedkar's life, his pivotal role in drafting the Indian Constitution, and his contributions to social justice.



Padyatra

13th April 2025, On the occasion of Dr. Baba Saheb Ambedkar Jayanti, Nehru Yuva Kendra Sangathan has organized a Padyatra from Nariman Point to Mantralaya on April 13, 2025. We are pleased to participate in this event with 39 NSS Volunteers, 10 NCC Cadets, and 1 NSS member. This event aims to pay tribute to Dr. B.R. Ambedkar's legacy and promote social equality and justice. We look forward to being part of this meaningful occasion.



Essay Writing Competition on "Father of the Constitution: Dr. Babasaheb Ambedkar"

15th April 2025, The NSS Unit organized an Essay Writing Competition on the theme "Father of the Constitution: Dr. Babasaheb Ambedkar." The event aimed to inspire students to reflect on the life, vision, and enduring contributions of Dr. Ambedkar to the Indian Constitution and social justice. A total of 40 enthusiastic students participated, showcasing their knowledge, perspectives, and deep admiration for the architect of modern India.



Clean Coast” Beach Clean-Up Drive

22nd April 2025, NSS Unit in collaboration with Ray of Joy Foundation, On the occasion of World Earth Day, organized a “Clean Coast” Beach Clean-Up Drive at Dadar Beach, near Kirti College. The initiative saw enthusiastic participation from volunteers who came together to remove plastic waste and litter from the coastline. The drive aimed to promote environmental awareness and community involvement in protecting marine ecosystems. The event concluded with a collective pledge to reduce plastic usage and uphold sustainable practices for a cleaner planet. Total 19 NSS volunteers has participated.



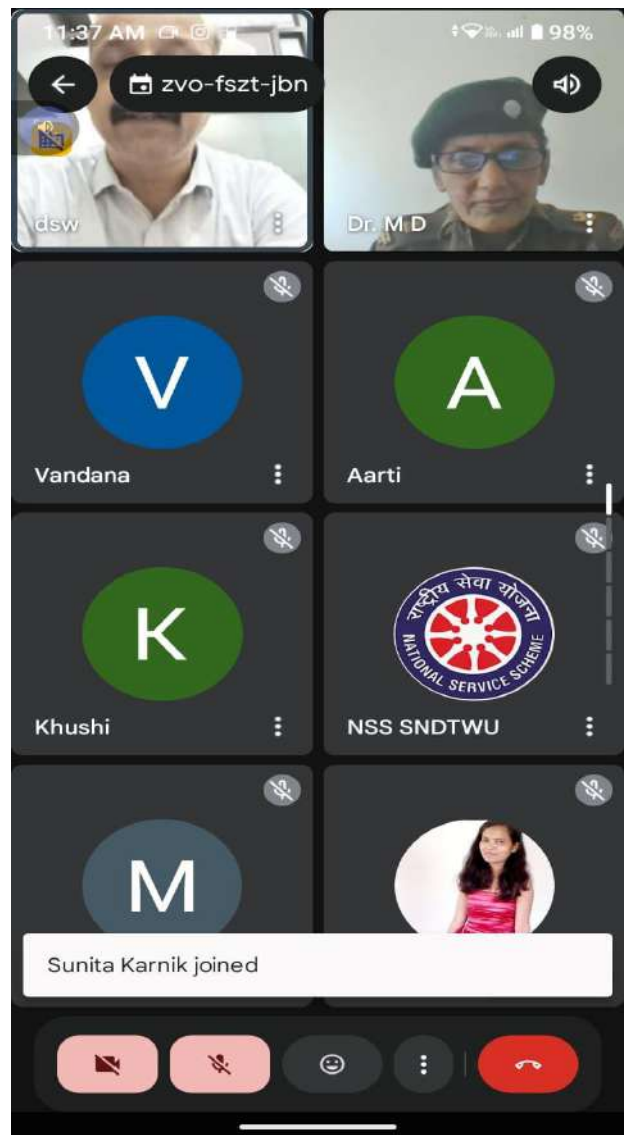
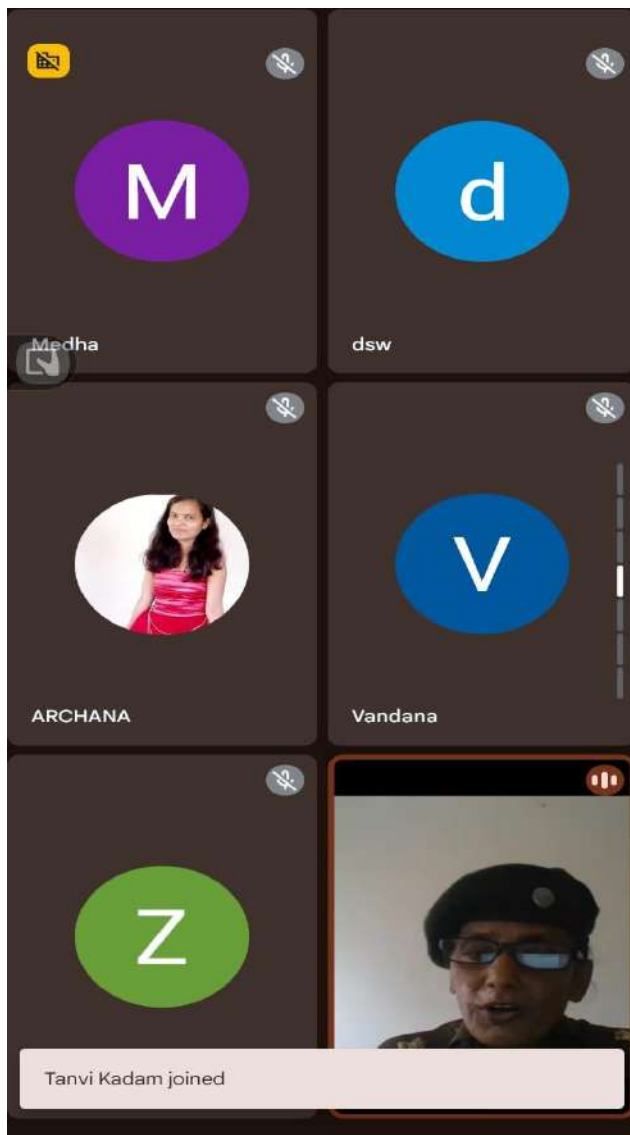
Inauguration of The State-Level Yoga

3rd May 2025 The inauguration of the state-level yoga initiative has been organized on Saturday, May 3, 2025, on the occasion of International Yoga Day. The said program was inaugurated online at 8:00 PM by Hon. Shri. Chandrakant (Dada) Patil, Minister, Higher and Technical Education and Parliamentary Affairs Department. This inauguration ceremony was held on the online platforms of Zoom and YouTube. Our 1 NSS PO and Volunteers has attended the same.



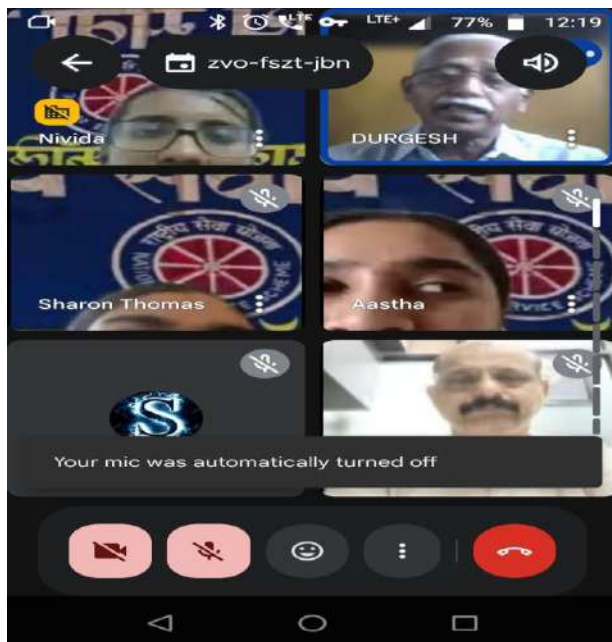
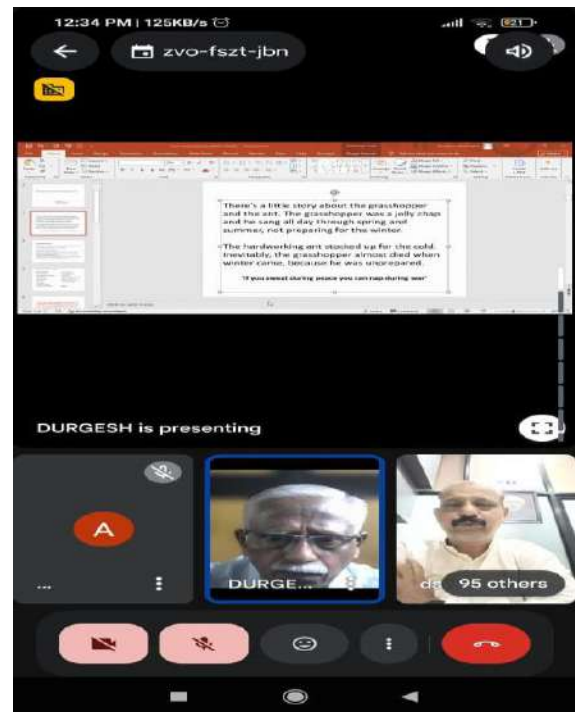
Session on Youth and Nation Building

13th May 2025 Online Session on Youth and Nation Building as part of Patriotic Week 2025 organised by SNDT Women's University. The speaker was Major Dr. Mrunalini D. Kulkarni. This session highlight the vital role of youth in the country's development. Students actively participated in talks and performances promoting values like unity, service, and civic responsibility. The event concluded with a patriotic pledge, encouraging youth to contribute positively to the nation. More than 10 volunteers have attended the same.



Sessions On Preparedness Of Youth During The Emergency Period

15th May 2025 online sessions on Preparedness of youth during the emergency period by Dr. D. G. Phondekar. the session aimed at fostering national unity and civic responsibility. Organised by Department of Students' Development (DSD) & National Service Scheme (NSS) Cell SNDT Women's University.



Mass Registration of Civil Defence Warriors

17th May 2025 , As per the directions given by the Honorable Union Minister of Youth Affairs & Sports, Government of India, all NSS functionaries in Maharashtra and Goa were requested to organize Mass Registration of Civil Defence Warriors at all institutions under their jurisdiction. In response, our NSS Program Officer shared the details and registration link with various student groups and encouraged volunteers to register as Civil Defence Warriors.

Orientation Program on Jan Aushadhi Experiential Learning

22nd May 2025 Orientation Program on Jan Aushadhi Experiential Learning— a great opportunity to learn and make a real difference!.. Speaker was Shri Ravi Dadhich, CEO, PMBI and his team. Under this volunteers can get to understand the Jan Aushadhi initiative and see how they can support affordable healthcare in our community.

Online meeting on Outreach and Updates

29th May 2025 Online meeting on Outreach and Updates on Jan Aushadhi ELP on MY Bharat Portal organised by the my bharat portal team.

Summer Camp Vanichapada, Goregaon

Date: 21st April 2025 to 28th April 2025

A summer camp was organized as part of our extension activities in Vanicha Pada, Aarey Colony, through the joint efforts of the NSS and NCC units , with both teams jointly planning and executing the activities from 21st April 2025 to 28th April 2025 in Vanicha Pada, Aarey Colony, Goregaon East. The camp aimed to foster community engagement, promote health and education, and empower local residents through various activities and workshops. Children aged 2 to 15 years actively participated in this summer camp.

Objective:

The Summer Camp aimed to educate and sensitize the Balwadi and school students on vital social issues such as child abuse, intoxication, session on mental health, lecture on Malaria and door to door awareness on same, brain storming Games. Special activities were designed for Balwadi (pre-school) children to promote their physical and cognitive development.

Day 1: Monday, 21st April 2025

The first day began with an introductory session between the teachers and the local children. Each child joyfully introduced themselves, sharing whether they attend school, the name of their school if they do, a glimpse into their home life, their age, and their favorite hobbies—adding a personal and heartwarming touch to the session.

Physical Exercises

The session began with a series of light physical exercises aimed at promoting health, discipline, and body coordination. NCC and NSS members guided the children through warm-up routines, basic stretches, and playful fitness hands action. The children enthusiastically participated, fostering energy, focus, and a positive start to the day.

Alphabetical Games

To enhance language skills and recognition of letters, volunteers conducted interactive alphabetical games. Activities included letter hunts, flashcard identification, alphabet-based

musical games, and letter-sound association exercises. These fun games helped improve literacy skills while keeping the children actively engaged.

Drawing Activities

The children took part in a drawing session where they expressed their creativity through colors and art. With themes such as "My Family," "Nature," and "My School," the children joyfully created drawings with the guidance and encouragement of the volunteers. This activity aimed to nurture imagination, fine motor skills, and emotional expression.

Our second group of volunteers went to the play school for activities, there also different activities were done with the children, all the children and students were encouraged to sing different poems, apart from that they were told about health and hygiene

Snack Distribution

After a morning of energetic and enriching activities, the session concluded with the distribution of healthy snacks. The children were provided with biscuits, fruits, and juice to refresh and energize them. This thoughtful gesture ensured the children received nutrition while reinforcing a sense of care and community support







Day 2: Tuesday, 22nd April 2025

As part of the summer camp at Vanicha Pada, Aarey Colony, several fun and educational activities were conducted for the children, especially focusing on Balwadi (pre-school) learners.

Mr. Rakesh Singh , Extension Activity coordinator and Lt. Suvarna Joshi along with the Poem Recitation and Story Telling

Children were taught simple and joyful poems in Hindi and English. These included rhymes with actions and expressions to help improve their language skills, memory, and confidence in speaking. Volunteers used singing and clapping to make the learning experience enjoyable and interactive.

Games

A variety of indoor and outdoor games were organized to promote teamwork, physical activity, and social bonding. Games like "Simon Says," ball passing, and group circle activities were conducted, which helped children improve their coordination and follow instructions in a fun environment.

Balwadi Activities

Special attention was given to Balwadi-level children by engaging them in foundational learning through playful methods. Activities included identifying colors, numbers, and shapes.

Snack Distribution

After the activities, all children were given healthy snacks such as biscuits, fruits, and juice. This not only ensured their nourishment but also added a warm and caring touch to the day's events.



Day 3: Wednesday, 23rd April 2025

During the summer camp at Vanicha Pada , Aarey Colony, a variety of engaging activities were conducted to promote physical, mental, and creative development among the children. These activities also encouraged values of teamwork, confidence, and social responsibility.

Yoga and Exercise Session

The day began with a refreshing **yoga and exercise session** for the young children which include Basic stretching, warm-up movements, and simple yoga postures were taught by NSS and NCC volunteers. Children participated actively and enjoyed following the actions demonstrated. The session helped improve their flexibility, concentration, and introduced them to healthy habits.

Paper Craft Activity

Ms. Mansi Mouriya took the session on **paper craft to** encouraged creativity and fine motor skill development. In this children learned to make different shapes like paper flowers, animals, and simple origami .Volunteers guided them step-by-step, ensuring that every child could follow and create something independently. The session was filled with excitement as children proudly displayed their handmade crafts.

Poem Recitation in Hindi, Marathi, and English

The third activity of the day was a poem recitation to promote language skills. Children recited rhymes and short poems in Hindi, Marathi, and English, with guidance from the volunteers. They used actions and expressions to bring their poems to life, making it a lively and interactive session. This multilingual approach helped enhance vocabulary, pronunciation, and confidence.

Fun Games Session

The day concluded with a series of fun and interactive games to build team spirit and engagement. Games like musical chairs, passing the ball, and group races brought lots of laughter and excitement. All children participated enthusiastically, forming bonds with each other and the volunteers. this session helped develop coordination, cooperation, and a strong sense of inclusion.



Day 4: Thursday, 24th April 2025

As part of the enriching summer camp program at Vanicha Pada, Aarey Colony, special sessions were conducted by dedicated volunteers and experts to enhance the learning experience of the children.

Poem Telling, Brainstorming and Educational Games – by Ms. Kejal Dhandhukia

Ms. Kejal Dhandhukia conducted vibrant and interactive sessions designed to spark creativity, encourage critical thinking, and promote learning through play. During the poem-telling activity, she captivated the children with rhythmic chanting and expressive storytelling, making the poems both fun and meaningful. This approach not only enhanced the children's language skills and memory but also nurtured their ability to think critically and express their ideas confidently. After this activity some children has come forward and has spoken the other poems which they known earlier.

She then introduced a variety of educational and stimulating games, such as the hand-clapping game "Sunday Monday," the energetic "1 2 3" counting game, and the lively "January February March" chant accompanied by dynamic hand movements.

To further enrich the experience, she engaged the children in traditional Indian games like Dograla Aag Lagli Pala Pala and Kacha Limbu Khelayala Aale, fostering a sense of community, culture, and joyful collaboration among the participants.

Self-Defense Training – by Ms. Suman Yadav (NCC Cadet)

Ms. Suman Yadav, a trained NCC cadet, conducted a special self-defense session for children aged 10 to 15 years. She taught basic yet effective self-defense techniques focusing on awareness, safety, and quick reflexes. The session included demonstrations of simple moves that could help children protect themselves in threatening situations. Children were also taught about personal boundaries and the importance of staying alert in public spaces.

This training not only empowered the participants with practical skills but also boosted their confidence and self-esteem.



Day 5: Friday, 25th April 2025

As part of the summer camp at Vanicha Pada, Aarey Colony, various skill-building and awareness sessions were conducted by professionals and volunteers to support the holistic development of Balwadi and community children.

Craft and Developmental Activities – by Ms. Disha Vora and Psychology Department Students

Ms. Disha Vora from the Psychology Department, along with her students, conducted engaging and developmentally focused sessions for both Balwadi children and community students. The activities included:

- **Rapport Building:** Ice-breaking games and group activities were used to build trust and comfort between children and facilitators, laying the foundation for a supportive and interactive learning environment.
- **Self-Awareness Activities:** Children were encouraged to explore and express their thoughts, feelings, and identity through simple exercises like "All About Me" charts and mirror games.
- **Origami and Craft:** Children created paper models through origami, enhancing **fine motor skills**, concentration, and creativity. These hands-on activities allowed for joyful learning and improved hand-eye coordination.
- **Communication Skills:** Through role-play, storytelling, and interactive games, children practiced basic communication techniques such as active listening, expressing themselves clearly, and using polite language.
- **Art Therapy:** Children were given colors and paper to freely express their emotions through drawing and painting. This therapeutic activity helped release emotions, improve focus, and build emotional awareness in a relaxed setting.

Child Safety Awareness – by Ms. Kriti Pandey (NSS Alumna, Ray of Joy Foundation)

Ms. Kriti Pandey, an NSS alumna and member of the Ray of Joy Foundation, conducted a vital awareness session on child safety and protection.

- The session focused on understanding child abuse, creating a safe space to discuss sensitive topics in an age-appropriate manner.
- She explained the concepts of good touch and bad touch through visual aids and storytelling, ensuring children understood how to identify inappropriate behavior.
- The children were also taught how to say “no,” whom to approach for help, and the importance of speaking up when they feel uncomfortable.

This session played a crucial role in empowering the children with knowledge, self-awareness, and safety tools.



Day 6: Saturday, 26th April 2025

Health Awareness and Creative Skill-Building Sessions

As part of the summer camp at Vanicha Pada, Aarey Colony, informative and skill-enhancing sessions were held to promote both health awareness and creativity among children and their families.

Malaria and Dengue Awareness Session – by Ms. Monika Bhave (NSS Alumna & MBMC Sanitary Inspector)

Ms. Monika Bhave, an NSS alumna and Sanitary Inspector with the Mira Bhayandar Municipal Corporation (MBMC), conducted an insightful session on malaria and dengue awareness.

- She educated the children and their parents about the causes, symptoms, and dangers of mosquito-borne diseases such as malaria and dengue.
- The session focused on preventive measures, such as keeping the surroundings clean, not allowing stagnant water to collect, using mosquito nets, and applying repellents.
- Additionally, she led a door-to-door awareness drive, where volunteers visited nearby homes to share important health tips and distribute informative leaflets.
- This community outreach helped spread awareness beyond the camp and empowered families to take proactive steps toward better hygiene and disease prevention.

Quilling Art Workshop – by Ms. Naziya Shaikh (NSS Volunteer)

Ms. Naziya Shaikh, an NSS volunteer, conducted a creative and engaging quilling activity session for the children.

- She introduced the children to the art of paper quilling, teaching them how to roll, shape, and glue strips of colored paper to create beautiful designs.
- Children learned to make various shapes of flowers, animals, birds, and decorative patterns, which sparked their creativity and improved their fine motor skills.
- The session encouraged patience, concentration, and artistic expression, while also giving children a chance to explore a new hobby in a fun and relaxing way.

These activities not only provided essential knowledge and creative learning but also strengthened community involvement and child engagement.



Day 7: Sunday, 27th April 2025

Physical Wellness and Creative Expression Activities

As part of the summer camp at Vanicha pada, Aarey Colony, a series of well-rounded activities were conducted by NSS and NCC volunteers to support the physical, emotional, and creative growth of the participating children.

Yoga and Physical Exercises – Led by NCC & NSS Volunteers

Each day began with light **yoga and physical exercises**, promoting health, discipline, and mindfulness among the children.

- Volunteers guided the children through basic asanas (yoga postures) and breathing exercises, helping improve their flexibility, posture, and focus.
- Fun group exercises and stretches were incorporated to energize the children and encourage the habit of daily physical activity.

Self-Defense (Karate) Training

To build confidence and personal safety awareness, self-defense techniques such as basic karate moves were introduced.

- Under the supervision of trained NSS and NCC members, children learned simple techniques to protect themselves in unsafe situations.
- These sessions also emphasized discipline, body control, and self-awareness, instilling a sense of empowerment and responsibility in the young participants.

Storytelling and Poem Singing – by NSS Volunteers

Creative sessions included storytelling, where volunteers narrated moral and inspiring stories that engaged the imagination of the community students.

- These stories often included valuable life lessons and encouraged listening, comprehension, and empathy.
- In addition, children were taught and encouraged to sing various rhymes and poems with expressions and actions.

- The joyful recitation helped improve their language skills, rhythm, and confidence in public speaking.



Day 8: Monday, 28th April 2025

Session by NSS Alumna: “Khel Khel Mein Seekho” – by Ms. Kirti Pandey

NSS alumna Ms. Kirti Pandey conducted a joyful and engaging session titled “Khel Khel Mein Seekho” (Learning Through Play) for Balwadi and community children.

- The session aimed to blend education with fun, helping children learn basic concepts, discipline, and teamwork through interactive games.
- Activities included memory games, group coordination challenges, and movement-based learning that encouraged both mental and physical development.
- Children enthusiastically participated, enhancing their cognitive skills, motor coordination, and social interaction.

Valedictory Function: Celebrating the Journey

The summer camp concluded with a vibrant **valedictory function**, celebrating the achievements of the children and volunteers. The event was graced by:

- **Ms. Sangeeta Sattyave**, a dedicated social worker from the Pada
- **Mr. Rakesh Singh**, Extension Activity Coordinator
- **Mrs. Renuka Prajapati**, Guest of Honour, Ex-NSS Zonal Coordinator and NSS Programme Officer

Highlights of the Event:

- **Poem and Story Recitation:** Balwadi students confidently recited poems and narrated stories they had learned during the camp. Their joyful presentation showcased their progress in speech and expression.
- **Self-Defense Demonstration:** Boys from the 10–15 age group demonstrated the **karate techniques and self-defense moves** they had practiced under the guidance of NCC and NSS trainers, highlighting their confidence and discipline.
- **Talent Showcase:** Students displayed the **skills developed throughout the camp** through performances in dance, storytelling, craft exhibitions, and poem recitations. Their energy and enthusiasm brought smiles to all present.

Camp Conclusion and Gift Distribution

The successful **8-day summer camp at Vanicha Pada** was lauded for achieving its goals of promoting **health, education, environmental awareness, and cultural development**. It brought together volunteers, educators, and children in a spirit of learning and service.

- As a token of appreciation, **small gifts were distributed to all participating children**, celebrating their involvement and encouraging continued participation in community-based learning.
- The smiles on the children's faces reflected the joy, confidence, and inspiration gained through the camp's activities.

Note : Everyday one group students did engaging activities for Balwadi children.

One group students engage local community children.





E Waste Management

We had previously initiated the E-Waste Management Project, and we are committed to continuing it as part of our sustainability efforts. Our teaching staff, non-teaching staff, and students have been actively participating by responsibly disposing of electronic waste in the designated collection box placed in the foyer. This initiative encourages the proper disposal of old and unused electronic items, helping to reduce environmental pollution and promote recycling. By continuing this project, we aim to raise awareness about e-waste management and encourage sustainable practices within our college community.



Special Achievement

NSS Volunteer Naziya Shaikh from the Sociology Department secured the Second Prize in the inter-collegiate poster-making competition organized by the NSS unit of Sathaye College. Her creative and impactful artwork stood out among participants, reflecting her dedication and artistic expression towards social themes. This achievement highlights her talent and commitment to using art as a medium for social awa



एनएसएस युनिट का सात दिवसीय शिविर संपन्न

पहला समाचार संवाददाता मुंबई। सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित श्रीमती एम एम पी शाह महिला कॉलेज में एन एस एस युनिट के सात दिवसीय शिविर में 240 छात्राओं ने हिस्सा लिया। शिविर के दौरान श्रीमद राजचंद्र मिशन भरतपुर योगा टीम के द्वारा 'साउंड बाथ मेडिटेशन, डिजिटल लिटरेसी विषय पर सेशन, स्वच्छता अभियान, डिफेंस ट्रेनिंग, सेव द गर्ल चाइल्ड के अंतर्गत बच्चों को ड्रेस, मुंबई दर्शन, फैशन शो, स्किट, कलचरल आदि कार्यक्रम का आयोजन किया गया।

गौरतलब है कि सात दिवसीय शिविर में श्याम भांडा पाठक (फेम ऑफ तारक मेहता का उल्टा चरमा) पोपट लाल, लायन विराफ मिस्त्री एवं मैनेजमेंट मेंबर्स ने हरी झंडी दिखा कर मुंबई दर्शन



के लिए छात्राओं को रवाना किया। लायंस क्लब सायन के सहयोग से कैप में प्रत्येक दिन बच्चों को मिठाई, चाट फूड, बेकफास्ट आदि वितरित किया गया। कार्यक्रम के समापन समारोह में डॉ. भरत पाठक,

अतुल संघवी, विनोद दावडा, भारती पाठक, रिता संघवी, डॉ. शिल्पा चरनकर, डॉ. अर्चना पत्की, जयश्री चौधरी ने छात्राओं को सर्टिफिकेट प्रदान किया। डॉ. रेखा शेलार ने आभार प्रदर्शित किया।

नवसत्ता

मुंबई, 30 दिसम्बर (नवसत्ता)।

एनएसएस युनिट का सात दिवसीय शिविर आयोजित

मुंबई, 30 दिसम्बर (नवसत्ता)।

माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित एम एम पी शाह महिला कॉलेज में एन एस एस युनिट के सात दिवसीय शिविर का आयोजन किया गया है। कैम्प में 240 छात्राओं ने भाग लिया है। शिविर का उद्घाटन मुख्य अतिथि निकुंज झवेरी सुलक्षणा माने, मैनेजमेंट के प्रवीण शाह, डा. भरत पाठक, अतुल संघवी प्रिंसिपल डा. अर्चना पत्की ने दीप प्रज्वलित करके किया। डा. भरत पाठक ने सभी अतिथियों का स्वागत किया। डा. रेखा शेलार ने कैप का थीम प्रस्तुत किया। इस वर्ष शिविर का थीम है, यूथ फॉर माय भारत व यूथ फॉर डिजिटल लिटरेसी। उद्घाटन सत्र के पश्चात भावेश गाला के सहयोग से श्रीमद राजचंद्र मिशन भरतपुर योगा टीम के द्वारा साउंड बाथ मेडिटेशन से शिविर की शुरुआत हुई। अजय सिंह ने आभार प्रदर्शित किया।



राष्ट्रीय सेवा योजनेचे निवासी शिबीर

मुंबई। सेवा मंडल एजुकेशन सोसाइटी संचालित श्रीमती एम.पी. शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालयातील राष्ट्रीय सेवा योजनेच्या सात दिवसीय विशेष निवासी शिबिरात २४० विद्यार्थिनींनी सहभाग घेतला होता.

शिबिरादरम्यान श्रीमद राजचंद्र मिशन भरतपुर योग संघाच्या वतीने साउंड बाथ मेडिटेशन, डिजिटल साक्षरता या विषयांवर विशेष



सत्रांचे आयोजन करण्यात आले होते. तसेच स्वच्छता अभियान, स्वसंरक्षण प्रशिक्षण, सेव द गर्ल चाइल्ड अंतर्गत मुलींना कपड्यांचे वाटप, मुंबई दर्शन, फैशन शो, नाटुकली, सांस्कृतिक कार्यक्रम

आदींचे आयोजन करण्यात आले होते. श्यामभाई पाठक, विराफ मिस्त्री, महाविद्यालयातील मैनेजमेंट सवसय यांनी हिरवा झेंडा वाखवून विद्यार्थिनींना मुंबई दर्शनाकरता रवाना करण्यात आले.

दबंग दुनिया

सात दिवसीय शिविर में 240 छात्राओं ने लिया हिस्सा



मुंबई, 30 दिसम्बर (नवसत्ता)। माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित एम एम पी शाह महिला कॉलेज में एन एस एस युनिट के सात दिवसीय शिविर का आयोजन किया गया है। कैम्प में 240 छात्राओं ने भाग लिया है। शिविर का उद्घाटन मुख्य अतिथि निकुंज झवेरी सुलक्षणा माने, मैनेजमेंट के प्रवीण शाह, डा. भरत पाठक, अतुल संघवी प्रिंसिपल डा. अर्चना पत्की ने दीप प्रज्वलित करके किया। डा. भरत पाठक ने सभी अतिथियों का स्वागत किया। डा. रेखा शेलार ने कैप का थीम प्रस्तुत किया। इस वर्ष शिविर का थीम है, यूथ फॉर माय भारत व यूथ फॉर डिजिटल लिटरेसी। उद्घाटन सत्र के पश्चात भावेश गाला के सहयोग से श्रीमद राजचंद्र मिशन भरतपुर योगा टीम के द्वारा साउंड बाथ मेडिटेशन से शिविर की शुरुआत हुई। अजय सिंह ने आभार प्रदर्शित किया।

नवसत्ता

एनएसएस युनिट का सात दिवसीय शिविर संपन्न



संवाददाता

मुंबई, 03 जनवरी (नवसत्ता)। माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी संचालित एम एम पी शाह महिला कॉलेज में एन एस एस युनिट के सात दिवसीय शिविर में 240 छात्राओं ने भाग लिया। शिविर के दौरान श्रीमद राजचंद्र मिशन भरतपुर योगा टीम के द्वारा 'साउंड बाथ मेडिटेशन, डिजिटल लिटरेसी विषय पर सेशन, स्वच्छता अभियान, डिफेंस ट्रेनिंग, सेव द गर्ल चाइल्ड के अंतर्गत बच्चों को ड्रेस, मुंबई दर्शन, फैशन शो, स्किट, कलचरल आदि कार्यक्रम का आयोजन किया गया। श्याम भाई

पाठक (फेम ऑफ तारक मेहता का उल्टा चरमा) पोपट लाल, लायन विराफ मिस्त्री एवं मैनेजमेंट मेंबर्स ने हरी झंडी दिखा कर मुंबई दर्शन के लिए छात्राओं को रवाना किया। लायंस क्लब सायन के सहयोग से कैप में प्रत्येक दिन बच्चों को मिठाई, चाट फूड, बेकफास्ट आदि वितरित किया गया। कार्यक्रम के समापन समारोह में डा. भरत पाठक, अतुल संघवी, विनोद दावडा, भारती पाठक, रिता संघवी डा. शिल्पा चरनकर, डा. अर्चना पत्की जयश्री चौधरी ने छात्राओं को सर्टिफिकेट प्रदान किया। डा. रेखा शेलार ने आभार प्रदर्शित किया।

मराठी साहित्य समृद्ध आहे वाचनाने स्वतःलाही समृद्ध बनवा

प्राचार्य डॉ. अर्पण पत्की

बसई दि. २८ (प्रतिनिधी)। सेवा मंडल एजुकेशन सोसाइटीच्या शिबिरात, बर्हिनेस एम पी शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालय, श्री. एम पी शाह कला आणि वाणिज्य महाविद्यालयातील महाविद्यालयीन शिबिरात, राष्ट्रीय सेवा योजनेच्या सात दिवसीय विशेष निवासी शिबिरात २४० विद्यार्थिनींनी सहभाग घेतला होता.



शिबिरादरम्यान श्रीमद राजचंद्र मिशन भरतपुर योगा संघाच्या वतीने साउंड बाथ मेडिटेशन, डिजिटल साक्षरता या विषयांवर विशेष सत्रांचे आयोजन करण्यात आले होते. तसेच स्वच्छता अभियान, स्वसंरक्षण प्रशिक्षण, सेव द गर्ल चाइल्ड अंतर्गत मुलींना कपड्यांचे वाटप, मुंबई दर्शन, फैशन शो, नाटुकली, सांस्कृतिक कार्यक्रम आदींचे आयोजन करण्यात आले होते. श्यामभाई पाठक, विराफ मिस्त्री, महाविद्यालयातील मैनेजमेंट सवसय यांनी हिरवा झेंडा वाखवून विद्यार्थिनींना मुंबई दर्शनाकरता रवाना करण्यात आले.

काही काळाचा नजर रोखून नजरेमागे ही कविता सादर केली. बर्हिनेस एम पी शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालयातील महाविद्यालयीन शिबिरात, राष्ट्रीय सेवा योजनेच्या सात दिवसीय विशेष निवासी शिबिरात २४० विद्यार्थिनींनी सहभाग घेतला होता. शिबिरादरम्यान श्रीमद राजचंद्र मिशन भरतपुर योगा संघाच्या वतीने साउंड बाथ मेडिटेशन, डिजिटल साक्षरता या विषयांवर विशेष सत्रांचे आयोजन करण्यात आले होते. तसेच स्वच्छता अभियान, स्वसंरक्षण प्रशिक्षण, सेव द गर्ल चाइल्ड अंतर्गत मुलींना कपड्यांचे वाटप, मुंबई दर्शन, फैशन शो, नाटुकली, सांस्कृतिक कार्यक्रम आदींचे आयोजन करण्यात आले होते. श्यामभाई पाठक, विराफ मिस्त्री, महाविद्यालयातील मैनेजमेंट सवसय यांनी हिरवा झेंडा वाखवून विद्यार्थिनींना मुंबई दर्शनाकरता रवाना करण्यात आले.

[illegible]

नवभारत

अनाज, नोटबुक वितरण



■ मुंबई, नवभारत न्यूज नेटवर्क, माटुंगा स्थित श्रीमती एमएमपी शाह महिला कॉलेज में लायंस क्लब ऑफ सायन द्वारा छात्राओं को अनाज वितरित किया गया। साथ ही विद्यार्थियों को नोटबुक और 12वीं के विद्यार्थियों को पुस्तक प्रदान किया गया। कार्यक्रम में मुख्य अतिथि लायंस क्लब के डिस्ट्रिक्ट गवर्नर लायन विराफ मिश्री, डॉ. भावना प्रेमचंद, लायन रीटा अतुल संघवी और डॉनर्स के हाथों से पुस्तकें, नोटबुक और अनाज छात्राओं को वितरित की गईं। क्लब के प्रेसिडेंट लायन भावेश गाला ने सभी अतिथियों का स्वागत किया। प्रिंसिपल डॉ. अर्चना पतकी ने सभी दानदाताओं और लायंस क्लब के सदस्यों का आभार व्यक्त किया। मुख्य अतिथि लायन विराफ मिश्री ने छात्राओं को संबोधित किया। सेक्रेटरी क्रिस्टिन स्वामीनाथन ने आभार व्यक्त किया।

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अनाज, पुस्तक एवं नोटबुक्स वितरण समारोह संपन्न



सत्यम पाण्डेय @ हिन्द सागर
मुंबई: माटुंगा स्थित श्रीमती एमएमपी शाह महिला कॉलेज में लायंस क्लब ऑफ सायन के द्वारा 200 छात्राओं को अनाज वितरित किया गया। साथ ही 350 विद्यार्थियों को नोटबुक प्रदान किया गया।

एवं 12वीं कक्षा के 50 विद्यार्थियों को पुस्तक दिया गया। आज के कार्यक्रम में मुख्य अतिथि लायंस क्लब के डिस्ट्रिक्ट गवर्नर लायन विराफ मिश्री, डॉ. भावना प्रेमचंद, लायन रीटा अतुल संघवी और डॉनर्स के हाथों से यह सभी चीजें छात्राओं को वितरित की गईं। क्लब के प्रेसिडेंट लायन भावेश गाला ने सभी अतिथियों का स्वागत किया। प्रिंसिपल डॉ. अर्चना पतकी ने सभी दानदाताओं और लायंस क्लब के सदस्यों का आभार व्यक्त किया। मुख्य अतिथि लायन विराफ मिश्री ने छात्राओं को संबोधित किया। सेक्रेटरी क्रिस्टिन स्वामीनाथन ने आभार व्यक्त किया।



कॉलेज छात्राओं में अनाज, पुस्तक और नोटबुक्स वितरित



दबंग रिपोर्टर @ मुंबई
एमएमपीटी कॉलेज की ज्यूरिस्टिक छात्राओं में अनाज, पुस्तक और नोटबुक्स का वितरण लायंस क्लब ऑफ सायन द्वारा किया गया। माटुंगा स्थित श्रीमती एमएमपी शाह महिला कॉलेज में लायंस क्लब ऑफ सायन द्वारा 200 छात्राओं को अनाज प्रेषित किया गया। वहीं 350 विद्यार्थियों को नोटबुक और 12वीं कक्षा के 50 विद्यार्थियों को पुस्तक दिया गया।

अतिथि लायंस क्लब के डिस्ट्रिक्ट गवर्नर लायन विराफ मिश्री, डॉ. भावना प्रेमचंद, लायन रीटा अतुल संघवी और डॉनर्स के हाथों छात्राओं में वितरित किया गया। क्लब के प्रेसिडेंट लायन भावेश गाला ने सभी अतिथियों का स्वागत किया। प्रिंसिपल डॉ. अर्चना पतकी ने सभी दानदाताओं और लायंस क्लब के सदस्यों का आभार व्यक्त किया। मुख्य अतिथि लायन विराफ मिश्री ने छात्राओं को संबोधित किया। सेक्रेटरी क्रिस्टिन स्वामीनाथन ने आभार व्यक्त किया।



कारगिल विजय दिवस पर शहीदों को श्रद्धांजलि

यशोधर्म / प्रतिनिधि
मुंबई। माटुंगा स्थित सेवा मंडल एजुकेशन सोसायटी द्वारा संचालित श्रीमती एम. एम. पी. शाह महिला कॉलेज में कारगिल विजय दिवस के अवसर पर कारगिल में शहीद वीरों को श्रद्धांजलि दी गई। इस अवसर पर प्रिंसिपल डॉ. अर्चना पतकी, रेणुका प्रजापति सहित कॉलेज के प्राध्यापक, ऑफिस स्टाफ एवं एनसीसी की छात्राओं ने कारगिल में देश की रक्षा के लिए सर्वोच्च बलिदान देने वाले सभी वीर जवानों को नमन किया एवं मोमबत्ती जलाकर शहीद जवानों को श्रद्धांजलि अर्पित की।

SUNDAY 02

मुंबई, 28 जुलाई 2024

संक्षिप्त समाचार

कारगिल विजय दिवस पर शहीदों को श्रद्धांजलि



मुंबई। माटुंगा स्थित सेवा मंडल एजुकेशन सोसायटी द्वारा संचालित श्रीमती एमएमपी शाह महिला कॉलेज में कारगिल विजय दिवस के अवसर पर प्रिंसिपल डॉक्टर अर्चना पतकी, रेणुका प्रजापति सहित कॉलेज के प्राध्यापक गण, ऑफिस स्टाफ एवं एन सी सी की छात्राओं ने कारगिल में देश की रक्षा के लिए सर्वोच्च बलिदान देने वाले सभी वीर जवानों को नमन किया एवं कैडल जलाकर उन शहीद जवानों को श्रद्धांजलि दी।

। सख्त, प्रकाश माजलकर, बहुजन रथक श्रमिक भूमिगत होवान, दिंडोरी विधानसभा के शत्रुमुख, महिला संघटक, बटप्रमुख व सभी 1 के सदस्य उपस्थित रहे।

मुंबई. भारत का 18 व स्वतंत्रता दिवस के अवसर पर समाजसेवा S. अमरुका वारा नुवरुका और एम्पल मिशन ने पश्चिमी उपमनरे ने तुल के नीचे और सहस्र पर रखने वाले बेधर जस्तरकत लोनों को बड़ धार और वीकलेंट बांट।

माटुंगा में हर घर तिरंगा अभियान



■ मुंबई, (सं). माटुंगा स्थित सेवा मंडल एजुकेशन सोसायटी द्वारा संचालित एम. एम. पी. शाह महिला कॉलेज की राष्ट्रीय सेवा योजन, एनसीसी, ड्रेन क्लब, स्पेडर्स विभाग एवं विभिन्न क्लब को छात्राओं द्वारा तिरंगा तैली निकालते रई हिरा रैली अभियान में मैनेजमेंट के प्रिंसिपल डॉ. रीतेश क्रिंदे, अध्यक्ष प्रवीण शाह, प्रिंसिपल डॉ. अर्चना पतकी, वहास प्रिंसिपल डॉ. अमरुका भट्ट, डॉ. रेखा शेलर, डॉ. रीता शाह, मैनेजमेंट सुवर्ण जंश्री सहित कई प्राध्यापक गण एवं लाभा 200 छात्राएं उपस्थित थे, रैली कॉलेज से प्रारंभ होकर मधेष्ठी उद्यान, माटुंगा, खालसा कॉलेज होते हुए वामा कॉलेज में आई।

स्वतंत्रता दिवस समारोह का रंगारंग रिहर्सल

मुंबई. भारत का 77 वां स्वतंत्रता दिवस 15 अगस्त 2024 को मनाया जाएगा। राज्य का मुख्य सरकारी कार्यक्रम मुख्यमंत्री एकनाथ शिंदे ने सुबह 9.05 बजे मंत्रालय में आयोजित किया है. इस दौरान ध्वजारोहण किया जाएगा. सामान्य प्रशासन (मिठावा) विभाग द्वारा भारतीय स्वतंत्रता दिवस के अवसर पर कुम्भार को मुख्य मंत्रालय में ध्वजारोहण समारोह का रंगारंग रिहर्सल आयोजित किया गया.

यता समूहों को किया गया लोन

अधिकांश महिलाएं बनेंगी लाडली

चंपाबेन प्रभुदास रामजी गोकानी चेरिटेबल ट्रस्ट द्वारा अनाज वितरण



संवाददाता

मुंबई, 14 सितम्बर (नवसत्ता)। मुंबई माटुंगा स्थित श्रीमती मण्णिबेन एम पी शाह महिला कॉलेज में चंपाबेन प्रभुदास रामजी गोकानी चेरिटेबल ट्रस्ट, लायन भारतीबेन पाठक और लायंस क्लब ऑफ सायन के द्वारा 300 जरूरतमंद छात्राओं को मुफ्त अनाज वितरित किया गया। लायंस क्लब के प्रेसिडेंट लायन धावेश गाला ने सभी अतिथियों

का स्वागत किया। प्रिंसिपल डॉ. अर्चना पत्की ने चंपाबेन गोकानी ट्रस्ट की ट्रस्टी भारतीबेन पाठक और लायंस क्लब के सदस्यों की इस नैक काम के लिए प्रशंसा की एवम आभार व्यक्त किया। मैनेजमेंट के सेक्रेटरी डॉ. भरत पाठक, ट्रेजरर अतुल संघवी, लायन भारती पाठक, लायन कोकिला मेहता, डॉ. अर्चना पत्की एवं लायन मेमबर्स ने छात्राओं को अनाज वितरित किया। सेक्रेटरी क्रिस्टिन स्वामीनाथन ने आभार व्यक्त किया।



महिला कॉलेज में ट्रस्ट द्वारा छात्राओं में अनाज वितरण



सत्यम पांडेय @ हिंद सागर मुंबई। माटुंगा स्थित श्रीमती मण्णिबेन एम पी शाह महिला कॉलेज में चंपाबेन प्रभुदास रामजी गोकानी चेरिटेबल ट्रस्ट, लायन भारतीबेन पाठक और लायंस क्लब ऑफ सायन के द्वारा 300 जरूरतमंद छात्राओं को मुफ्त अनाज वितरित किया गया। लायंस क्लब के प्रेसिडेंट लायन धावेश गाला ने सभी अतिथियों का स्वागत किया। प्रिंसिपल डॉ. अर्चना पत्की ने चंपाबेन गोकानी ट्रस्ट की ट्रस्टी भारतीबेन पाठक और लायंस क्लब के सदस्यों की इस नैक काम के लिए प्रशंसा की एवम आभार व्यक्त किया। मैनेजमेंट के सेक्रेटरी डॉ. भरत पाठक, ट्रेजरर अतुल संघवी, लायन भारती पाठक, लायन कोकिला मेहता, डॉ. अर्चना पत्की एवं लायन मेमबर्स ने छात्राओं को अनाज वितरित किया। सेक्रेटरी क्रिस्टिन स्वामीनाथन ने आभार व्यक्त किया।



शिक्षक दिवस पर छात्राओं का कॉलेज को नायाब तोहफा



सत्यम पाण्डेय @ हिन्द सागर मुंबई: माटुंगा स्थित श्रीमती एम. एम. पी. शाह महिला कॉलेज में शिक्षक दिवस के अवसर पर राष्ट्रीय सेवा योजना यूनिट की 30 से 35 छात्राओं ने प्लान करके डॉ. रेखा शेलार, सोनी सिंह एवं डॉ. रश्मि तुपे के नेतृत्व में कॉलेज कैम्पस में स्वच्छता अभियान चलाकर टीचींग एवं आफिस स्टाफ को अपनी तरफ से अनुठा सरप्राइज दिया। साथ ही लगभग 15 छात्राओं ने रे रोड रेलवे स्टेशन पर स्वच्छता अभियान के प्रति लोगों को जागरूक करने के लिए पोस्टर, बैनर के साथ स्टेशन मैनेजर श्री एन के सिन्हा के नेतृत्व में रैली निकाली। इस अवसर पर अंजू गुप्ता और गुप की छात्राओं ने स्टेशन पर पथनाट्य प्रस्तुत किया।

कर दिया है।

शिक्षक दिवस पर छात्राओं का कॉलेज को नायाब तोहफा



मुंबई। माटुंगा स्थित श्रीमती एम. एम. पी. शाह महिला कॉलेज में शिक्षक दिवस के अवसर पर राष्ट्रीय सेवा योजना यूनिट की 30 से 35 छात्राओं ने प्लान करके डॉ. रेखा शेलार, सोनी सिंह एवं डॉ. रश्मि तुपे के नेतृत्व में कॉलेज कैम्पस में स्वच्छता अभियान चलाकर टीचींग एवं आफिस स्टाफ को अपनी तरफ से अनुठा सरप्राइज दिया। साथ ही लगभग 15 छात्राओं ने रे रोड रेलवे स्टेशन पर स्वच्छता अभियान के प्रति लोगों को जागरूक करने के लिए पोस्टर, बैनर के साथ स्टेशन मैनेजर श्री एन के सिन्हा के नेतृत्व में रैली निकाली। इस अवसर पर अंजू गुप्ता और गुप की छात्राओं ने स्टेशन पर पथनाट्य प्रस्तुत किया।



Navabharat

शिक्षक दिवस पर छात्राओं ने चलाया स्वच्छता अभियान



मुंबई (सी). माटुंगा स्थित एम. एम. पी. शाह महिला कॉलेज में शिक्षक दिवस के अवसर पर राष्ट्रीय सेवा योजना यूनिट की 30 से 35 छात्राओं ने योजनाबद्ध तरीके से डॉ. रेखा शेलार, सोनी सिंह एवं डॉ. रश्मि तुपे के नेतृत्व में कॉलेज कैम्पस में स्वच्छता अभियान चलाकर शिक्षकों एवं ऑफिस स्टाफ को अपनी तरफ से अनुठा

सरप्राइज दिया. साथ ही लगभग 15 छात्राओं ने रे रोड रेलवे स्टेशन पर स्वच्छता अभियान के प्रति लोगों को जागरूक करने के लिए पोस्टर, बैनर के साथ स्टेशन मैनेजर एनके सिन्हा के नेतृत्व में रैली निकाली. इस अवसर पर अंजू गुप्ता और गुप की छात्राओं ने स्टेशन पर पथनाट्य प्रस्तुत किया.

एनएसएस युनिट का सात दिवसीय शिविर संपन्न

पहला समाचार संवाददाता मुंबई। सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित श्रीमती एम एम पी शाह महिला कॉलेज में एन एस एस युनिट के सात दिवसीय शिविर में 240 छात्राओं ने हिस्सा लिया। शिविर के दौरान श्रीमद राजचंद्र मिशन भरतपुर योगा टीम के द्वारा 'साउंड बाथ मेडिटेशन', डिजिटल लिटरेसी विषय पर सेशंस, स्वच्छता अभियान, डिफेंस ट्रेनिंग, सेव द गर्ल चाइल्ड के अंतर्गत बच्चों को ड्रेस, मुंबई दर्शन, फेशन शो, रिकट, कलचरल आदि कार्यक्रम का आयोजन किया गया।

गौरतलब है कि सात दिवसीय शिविर में श्याम पाई पाठक (फेम ऑफ तारक मेहता का उल्टा चरमा) पोपट लाल, लायन विराफ मिस्त्री एवं मैनेजमेंट मेंबर्स ने हरी झंडी दिखा कर मुंबई दर्शन



के लिए छात्राओं को रवाना किया। लायंस क्लब सायन के सहयोग से कैप में प्रत्येक दिन बच्चों को मिठाई, चाट फूड, ब्रेकफास्ट आदि वितरित किया गया। कार्यक्रम के समापन समारोह में डॉ. भरत पाठक,

अतुल संघवी, विनोद दाबड़ा, भारती पाठक, रिता संघवी, डॉ. शिल्पा चरनकर, डॉ. अर्चना पत्की, जयश्री चौधरी ने छात्राओं को सर्टिफिकेट प्रदान किया। डॉ. रेखा शेलार ने आभार प्रदर्शित किया।

नवसत्ता संस्था परिवर्तन का मराठी भाषा गौरव दिवस का आयोजन

संवाददाता

मुंबई, 02 मार्च (नवसत्ता)। सेवा मंडल एजुकेशन सोसाइटी संचालित एमएम्पी शाह कालेज ऑफ महिला महाविद्यालय में मराठी भाषा गौरव दिवस का आयोजन, गैर-हिंदी भाषी छात्रों के सहयोग से मराठी भाषा गौरव दिवस कार्यक्रम आयोजित किया गया। अनेक पुरस्कारों का अवलोकन करने के पश्चात विद्यार्थियों ने अपने विचार व्यक्त किए कि 'मन में है विद्या' पुरस्कार ने उन्हें कितना प्रभावित किया। प्राचार्य डॉ. अर्चना पत्की ने 'मराठी भाषा गौरव दिवस' के अवसर पर विद्यार्थियों के समक्ष अपने विचार व्यक्त किए और कहा कि मराठी साहित्य समृद्ध है, इसे पहचान अपना ज्ञान बढ़ाएं। कार्यक्रम को सुदृढ़ता महाराष्ट्र गौरव से है। कवि कुसुमाग्रज की प्रीतिमा पर पुष्पावलि अर्पित करते हुए राष्ट्रीय सेवा योजना के स्वयंसेवी विद्यार्थियों ने नुक्कड़ नाटक मा...मराठी का प्रदर्शन किया। सातारा में अरु अर्चना



कालकार गणेश चिंचकर ने मराठी विद्यार्थियों को साहित्य एडिटरिंग के क्षेत्र में करियर बनाने को प्रेरित किया। उप प्राचार्य डॉ. अर्चना पत्की ने मराठी भाषा गौरव दिवस पर सभी को हार्दिक शुक्रान्तर देा। लाइब्रेरी की गायत्री हॉल में कुसुमाग्रज के साहित्य और मराठी भाषा की सुंदरता को समीक्षा की। जूनिअर कॉलेज की वास प्रिंसिपल संजीता सिंह ने विद्यार्थियों को कविता 'नजर रोनु' नजमेथे प्रस्तुत किया। डॉ. विनोद दाबड़ा ने विद्या भाषा में एक महान प्रस्तुत किया। डा. हीराकर भास्कर ने भी अपने विचार व्यक्त किए। डा. भास्कर भास्कर ने स्वागतवाक्य सारकर छात्र विविधता पुरस्कार सह कोर्से की पान की साक्षी भी प्रस्तुत की। श्रीमती विनोद चिंचकर की वरिष्ठी भाषागत ने एक कविता प्रस्तुत की। वरिष्ठी विनोद चिंचकर ने विनोद चिंचकर के उन्मुखता सभा की और फीनिश का विस्तारण किया। डॉ. प्रताप दाबड़ा ने उन्मुखता सभा की स्मिता की। कार्यक्रम का संचालन डा. रीम शेखी तुरे, नेता मोसले ने किया। समापन पर पुष्पावलि का लाइब्रेरीपर अर्पित प्रभु ने अपनी प्रीतिमा प्रस्तुत की। पुष्पावलि ने मराठी कविता सभा की एक प्रदर्शनी भी अवरोज की। कार्यक्रम में बड़ी संख्या में संकाय सदस्य, गैर-विद्यार्थी कर्मचारी और छात्र शामिल थे।

नवसत्ता

एम.एम.पी. शाह कॉलेज का वार्षिक महोत्सव संपन्न

संवाददाता

मुंबई, 17 जनवरी (नवसत्ता)। माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित एमएमपी शाह महिला कॉलेज माटुंगा में एन एस एस युनिट का पुरस्कार विवरण समारोह संपन्न हुआ। समारोह का उद्घाटन मुख्य अतिथि भारतीय पाठक विनोद जालटे, डॉ. भरत पाठक अतुल संघवी, प्रिंसिपल डॉ. अर्चना पत्की डॉ. अर्चना पत्की एवं सगीता सिंह ने दीप प्रज्वलित करके किया।



सहित एवं समाज सेवा में सक्रिय शिक्षाविद चंद्रवीर बंशीधर यादव और मनोज बाबुजा का अभिनंदन भरत पाठक और अतुल संघवी ने स्मृति चित्र देकर किया। इसके साथ ही सेव द गर्ल चाइल्ड प्रोजेक्ट के अंतर्गत 350 से अधिक बच्चों को ड्रेस डिस्ट्रीब्यूशन करने के लिए रीता अतुल संघवी को सम्मानित किया गया। पूरे वर्ष अछूत काम करने वाली 34 छात्राओं को प्रमाण पत्र और टुफ़ी प्रदान किया गया। डा. रेखा शेलार ने वार्षिक रिपोर्ट प्रस्तुत किया। भारतीय पाठक, विनोद जालटे और प्रिंसिपल डॉ. अर्चना पत्की ने छात्राओं को संबोधित किया। रमनी मनी नायडू और कोमल रामपुरे ने कार्यक्रम का संचालन किया।

वर्ष अछूत काम करने वाली 34 छात्राओं को प्रमाण पत्र और टुफ़ी प्रदान किया गया। डा. रेखा शेलार ने वार्षिक रिपोर्ट प्रस्तुत किया। भारतीय पाठक, विनोद जालटे और प्रिंसिपल डॉ. अर्चना पत्की ने छात्राओं को संबोधित किया। रमनी मनी नायडू और कोमल रामपुरे ने कार्यक्रम का संचालन किया।

हिन्द सागर

एम एम पी शाह कॉलेज का वार्षिक महोत्सव संपन्न

हिन्द सागर संवाददाता, मुंबई:



माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित श्रीमती एम एम पी शाह महिला कॉलेज माटुंगा में एन एस एस युनिट का पुरस्कार विवरण समारोह संपन्न हुआ। समारोह का उद्घाटन मुख्य अतिथि श्रीमती भारती पाठक, विनोद जालटे, डॉ. भरत पाठक, अतुल संघवी, प्रिंसिपल डॉ. अर्चना पत्की, डॉ. अर्चना पत्की एवं सगीता सिंह ने दीप प्रज्वलित कर दिया। इसके साथ ही सेव द गर्ल चाइल्ड प्रोजेक्ट के अंतर्गत 350 से अधिक बच्चों को ड्रेस डिस्ट्रीब्यूशन करने के लिए

माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित श्रीमती एम एम पी शाह महिला कॉलेज माटुंगा में एन एस एस युनिट का पुरस्कार विवरण समारोह संपन्न हुआ। समारोह का उद्घाटन मुख्य अतिथि श्रीमती भारती पाठक, विनोद जालटे, डॉ. भरत पाठक, अतुल संघवी, प्रिंसिपल डॉ. अर्चना पत्की, डॉ. अर्चना पत्की एवं सगीता सिंह ने दीप प्रज्वलित कर दिया। इसके साथ ही सेव द गर्ल चाइल्ड प्रोजेक्ट के अंतर्गत 350 से अधिक बच्चों को ड्रेस डिस्ट्रीब्यूशन करने के लिए

श्रीमती रीता अतुल संघवी को सम्मानित किया गया। पूरे वर्ष ने अच्छा काम करने वाली 34 छात्राओं को सर्टिफिकेट और टुफ़ी प्रदान किया गया। डा. रेखा शेलार ने वार्षिक रिपोर्ट प्रस्तुत किया। भारती पाठक, विनोद जालटे और प्रिंसिपल डॉ. अर्चना पत्की ने छात्राओं को संबोधित किया। रमनी मनी नायडू और कोमल रामपुरे ने कार्यक्रम का संचालन किया।

हिन्द सागर

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मीडिया पब्लिसिटी



एम एम पी शाह कॉलेज का वार्षिक महोत्सव संपन्न

पहला समाचार संवाददाता मुंबई। माटुंगा स्थित सेवा मंडल एजुकेशन सोसाइटी द्वारा संचालित श्रीमती एम एम पी शाह महिला कॉलेज माटुंगा में एन एस एस युनिट का पुरस्कार विवरण समारोह संपन्न हुआ। समारोह का उद्घाटन मुख्य अतिथि श्रीमती भारती पाठक, विनोद जालटे, डॉ. भरत पाठक, अतुल संघवी, प्रिंसिपल डॉ. अर्चना पत्की, डॉ. अर्चना पत्की एवं सगीता सिंह ने दीप प्रज्वलित कर दिया। इसके साथ ही सेव द गर्ल चाइल्ड प्रोजेक्ट के अंतर्गत 350 से अधिक बच्चों को ड्रेस डिस्ट्रीब्यूशन करने के लिए



वर्ष अछूत काम करने वाली 34 छात्राओं को प्रमाण पत्र और टुफ़ी प्रदान किया गया। डा. रेखा शेलार ने वार्षिक रिपोर्ट प्रस्तुत किया। भारतीय पाठक, विनोद जालटे और प्रिंसिपल डॉ. अर्चना पत्की ने छात्राओं को संबोधित किया। रमनी मनी नायडू और कोमल रामपुरे ने कार्यक्रम का संचालन किया।

सक्रिय शिक्षाविद चंद्रवीर बंशीधर यादव और मनोज बाबुजा का अभिनंदन भरत पाठक और अतुल संघवी ने स्मृति चित्र देकर किया। इसके साथ ही सेव द गर्ल चाइल्ड प्रोजेक्ट के अंतर्गत 350 से अधिक बच्चों को ड्रेस डिस्ट्रीब्यूशन करने के लिए रीता अतुल संघवी को सम्मानित किया गया। पूरे वर्ष में अच्छा काम करने वाली 34 छात्राओं को सर्टिफिकेट और टुफ़ी प्रदान किया गया। डा. रेखा शेलार ने वार्षिक रिपोर्ट प्रस्तुत किया। भारती पाठक, विनोद जालटे और प्रिंसिपल डॉ. अर्चना पत्की ने छात्राओं को संबोधित किया। रमनी मनी नायडू और कोमल रामपुरे ने कार्यक्रम का संचालन किया।

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[illegible]

का स्वागत किया। प्रिंसिपल डॉ. अर्चना पत्की ने चंपाबेन गोकानी ट्रस्ट की ट्रस्टी भारतीबेन पाठक और लायर्स क्लब के सदस्यों की इस नेक काम के लिए प्रशंसा की एवम आधार व्यक्त किया। मैजिस्ट्रेट के सेक्रेटरी डॉ. भरत पाठक, ट्रेजरर अनुल संघवी, लायन भारती पाठक, लायन कोकिला मेहता, डॉ. अर्चना पत्की एवं लायन मेबरस ने छात्राओं को अनाज विहीरित किया। सेक्रेटरी क्रिस्टिन स्वामीनाथन ने आधार व्यक्त किया।

संकल्प परिवर्तन का

31.12.2024
समय: 10
अधीन: 252 गुण: 00
सूचना: 00 अंश
संख्या: 2000
RNI-UPHIN/2009/1826

नवसत्ता

16वां
अर्थ दिवस का

www.navsatta.com जयश्याम व जयशरेणी ने एक साथ प्रत्यक्ष तथा सागरदा उपर भारत में प्रसारित दिल्ली मैथिल

एनएसएस यूनिट का सात दिवसीय शिविर आयोजित

मुंबई, 30 दिसम्बर (नवसत्ता)।



लिया है। शिविर का उद्घाटन मुख्य अतिथि प्रो. ए. जे. नेमजमेंट के प्रवीण शाह, डा. भारत चतुर्वेदी, डा. अरुण पत्की ने दीप प्रज्वलित करके किया। डा. रेखा शेलार ने स्वागत किया। डा. रेखा शेलार ने शिविर का थीम है, यूथ फॉर माय भारत का उद्घाटन किया। डा. रेखा शेलार ने शिविर के पश्चात भावेश गाला के सहयोग से शिविर के द्वारा साउंड बाथ मेडिटेशन से शिविर का समापन किया। डा. रेखा शेलार ने शिविर का प्रदर्शित किया।

[illegible]

महिला कॉलेज में ट्रस्ट द्वारा छात्राओं में अनाज वितरण

[illegible]

भारतीय संविधान अमृत महोत्सव उत्साहात साजरा

श्रीमती माणिबेन एम.पी. शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालयात कार्यक्रम

मुंबई : गुजरात वायव्येकड

[illegible]

इकट कल त्वाङ्गुल आपसे जीवन ड्रॉल कायेवे
असे मोमोतत त्वाङ्गी वल्ल केले. भाडीय घरेलवे
किन्त्यकर डॉ.बाबासाहेब चांच्या पवित्र स्मृतीत नमस्कार
करुन सविधानवे भूतल कामधरे सांगल्यात असे.

संविधान दिवसाला अनेक विद्यापीठांनी वागमळे
संविधानाचे महत्त्व आपल्या मनेगतातून व्यक्त केले.
त्याचबरोबर संविधानातील घटना, महत्त्वाचे कायदे,
महत्वाच्या संघटनांच्या वाविवर्यां देखाईत घेण्याची आस्ती

[illegible]

माहुंगा स्थित सेवामंडल एज्युकेशन सोसायटी संचालित श्रीमती मणिबेन एम.पी. शाह महिला कॉलेज में विवेकानंद केन्द्र के द्वारा युवाओं में नेतृत्व विकास विषय पर शिविर का आयोजन किया गया। कॉलेज की प्रिंसिपल डा. अर्चना पत्की ने सभी का स्वागत किया एवं विवेकानंद जी का जीवन परिचय और युवाओं से उनकी क्या अपेक्षा थी, उसपर प्रकाश डाला। विवेकानंद केन्द्र से आये हुए रमांगी बेलबेलकर, दीप्ति मस्कर सुमित पोंडविलकर और ईश्वर पुरी ने दिसंबर में होने वाले शिबिर और विवेकानंद केन्द्र के बारे में जानकारी दिया। डा. रेखा शेलार ने शिबिर की रूपरेखा प्रस्तुत किया। कार्यक्रम में सोनी सिंह और सुवर्णा जोशी उपस्थित थीं।

थॅलेसेमिया तपासणी शिबिर आणि धान्यदान कार्यक्रम संपन्न



मुंबई(प्रतिनिधी): सेवा मण्डळ शिक्षण संस्थेच्या श्रीमती. मणिबेन एम. पी. शाह कला आणि वाणिज्य स्वायत्त महिला महाविद्यालय, डॉ. बी.एम.एन. होमसायन्स महाविद्यालय, श्रीमती सुनंदा प्रवीण गंभीरचंद इन्स्टिट्यूट ऑफ नर्सिंग, श्रीमती कमलाबेन गंभीरचंद शाह लॉ स्कूल माटुंगा, लायन्स क्लब ऑफ सायन आणि रोटरी क्लब ऑफ क्वीन्स नेकलेस मुंबई यांच्या सहकार्याने भारती महाविद्यालयातील विद्यार्थिनीकरिता 'थॅलेसेमिया' रक्त विकाराबद्दल जागरूकता निर्माण करण्यासाठी व्याख्यान आणि थॅलेसेमिया रक्त तपासणी शिबिराचे आयोजन करण्यात आले होते. डॉ. पल्लवी जाधव यांनी विद्यार्थिनींना थॅलेसेमिया मेजर आणि मायनर याबद्दल संपूर्ण माहिती दिली. व्याख्यानानंतर ३५९ विद्यार्थिनींनी थॅलेसेमिया रक्त तपासणी केली. यासोबतच, देणगीदार श्रीमती सीमा चोरे आणि लायन्स क्लब ऑफ

सायन यांच्यावतीने ३०० गरजू विद्यार्थिनींना ५ किलो तांदूळ आणि २ किलो डाळीचे वाटप ही करण्यात आले. कार्यक्रमाचा प्रमुख पाहुणे लायन्स क्लबचे जिल्हा गव्हर्नर विराफ मिसत्री, रोटरी डिस्ट्रिक्ट गव्हर्नर चेतन देसाई, सन्माननीय अतिथी चंद्रशेखर चोरे, लायन नेविल मेहता, लायन फिरोज कातरक, रोटरीयन स्नेहा पाठक, शिल्पा मेहता, प्राचार्य डॉ. अर्चना पल्की, डॉ. माला पांडुरंग, श्रीमती शिल्पा शेड्डीगर, श्रीमती राखी गढवे, रोटरी सदस्य, लायन सदस्य, प्राध्यापक आणि मोठ्या संख्येने विद्यार्थिनी उपस्थित होत्या. व्यवस्थापन सचिव डॉ. भरत पाठक यांनी सर्व पाहुण्यांचे स्वागत केले. लायन नेविल मेहता, चंद्रशेखर चोरे, रोटरी गव्हर्नर चेतन देसाई, लायन गव्हर्नर विराफ मिसत्री यांनी विद्यार्थिनींना संबोधित केले. कार्यक्रमाची खांगता डॉ. रेखा शेलार यांच्या आभार प्रदर्शनाने झाली.

थैलेसीमिया चेकअप कॅंप एवं अनाज दान समारोह सम्पन्न

सैय्यद जाह्द अली

मुंबई , सेवा मण्डळ एजुकेशन सोसायटी संचालित श्रीमती मणिबेन एम. पी. शाह महिला कॉलेज माटुंगा, डॉ. बी. एम. एन. कॉलेज आफ होम साईस, श्रीमती सुनंदा प्रवीण गंभीरचंद इन्स्टीच्यूट ऑफ नर्सिंग, श्रीमती कमलाबेन गंभीरचंद शाह लॉ स्कूल, लायंस क्लब ऑफ सायन एवं रोटरी क्लब ऑफ क्वीन्स नेकलेस मुंबई के साथ थैलेसीमिया रक्त विकार के बारे में जागरूकता लाने के लिए व्याख्यान एवं ब्लड चेकअप कैंप का आयोजन किया गया। डॉ. पल्लवी जाधव ने छात्राओं को थैलेसीमिया मेजर एवं माइनर के बारे में जानकारी दी। व्याख्यान के पश्चात 259 छात्राओं ने ब्लड चेकअप कराया। इसके साथ ही डॉनर



श्रीमती सीमा चोरे एवं लायंस क्लब ऑफ सायन की तरफ से 300 जरूरतमंद छात्राओं को 5 किलो चावल और 2 किलो दाल वितरित किया गया। कार्यक्रम में मुख्य अतिथि लायन्स क्लब के डिस्ट्रिक्ट गवर्नर विराफ मिसत्री, रोटरी के डिस्ट्रिक्ट गवर्नर चेतन देसाई, सम्माननीय अतिथि चंद्रशेखर चोरे, लायन नेविल मेहता, लायन फीरोज कातरक, रोटरीयन स्नेहा पाठक, शिल्पा मेहता, प्रिंसिपल डॉ. अर्चना

पल्की, डॉ. माला पांडुरंग, श्रीमती शिल्पा शेड्डीगर, श्रीमती राखी गढवे, रोटरी मेम्बर्स, लायन मेम्बर्स, प्राध्यापक गण एवं बड़ी संख्या में छात्राएं उपस्थित थीं। मैनेजमेंट के सेक्रेटरी डॉ. भरत पाठक ने सभी अतिथियों का स्वागत किया। लायन नेविल मेहता, श्री चंद्रशेखर चोरे, रोटरी गवर्नर चेतन देसाई, लायन गवर्नर विराफ मिसत्री ने छात्राओं को संबोधित किया। डॉ. रेखा शेलार ने आभार व्यक्त किया।

Letter of Appreciation

This letter of Appreciation is awarded to

Ms. Rekha Shelar

NSS Program Officer at SMT Maniben M.P Shah Women's College Of Arts and Commerce (Autonomous), Mumbai on **20-December-2024**

The Rakshin Project by **Sakshi** extends its deepest gratitude to you for your unwavering support. Your continued collaboration is instrumental in taking the movement forward, particularly in organizing and facilitating an impactful Workshop on the 'Prevention of Child Sexual Abuse' in India. It is heartening to see the positive impact these sessions have on the transformation of youth.

Your pivotal role in creating awareness about such critical issues reflects your commitment to the well-being of the community. It is through collective efforts and the support of individuals like you that we can make significant strides in our mission. Once again, we extend our sincere appreciation and hope for your continued support in our mission to make home a safe space and stop child sexual abuse.

Warm Regards,

Ramya Nisal

Dr. Ramya Nisal
Programme Director,
The Rakshin Project by Sakshi

CERTIFICATE OF RECOGNITION

SAKSHI EXTENDS ITS HIGHEST RECOGNITION TO
COLLEGE

SMT Maniben M.P Shah Women's College Of Arts and Commerce (Autonomous), Mumbai

For supporting "The Rakshin Project" in promoting awareness of the Protection of Children from Sexual Offences (POCSO) Act, 2012 and empowering students to end child sexual abuse.

Date : 20-December-2024

Ramya Nisal

Dr. Ramya Nisal
Project Director
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Project Director
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Mumbai on **20-Dec-2024**

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