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Building Self Reliance in Youth

Future Forward: Building Career Orientation and Self Reliance In Young Women

Antarang Foundation for Smt. MMP Shah Women's College of Arts & Commerce

The Context

Smt. Maniben M. P. Shah Women's College of Arts & Commerce, Mumbai was established and managed under Seva Mandal Education Society (SMES). The college is affiliated to SNDT Women's University. Their primary aim is to make higher education available to women students belonging to all the socio-economic strata of society. While maintaining excellent teaching quality, the college makes learning need-based, skill-based and value-based, improving the student's all-round performance.

Students however are often not completely aware of Career Opportunities available to them and do not feel confident to go out, find a career of their choice and take their first steps towards independence.

The Plan

Antarang Foundation proposes to train the college students to achieve the following objectives through the CareeReady Program:

1. Facilitate a process of self discovery, introduce various careers, facilitate an informed career choice and a coherent career plan.
2. Train them in core employability skills, connect them to career opportunities and mentors who will guide and advocate for them through the first year of their careers.

Methodology of the CareeReady Program

The transition from education to employment is a tough transition to make for any student to make. Add to this other vulnerabilities like lack of financial support, adequate mentoring, resources and awareness of what is required for a productive career of choice; and the outcomes are the staggering rates of youth unemployment.

CareeReady targets young people in this impressionable age group, and manages the transition from whatever education they may possess to employment opportunities of their choice.

CareeReady Program has classroom based training covering 5 modules:

1. Self Awareness
2. Career Awareness
3. Work Skills
4. Work Ethics
5. Presentation and Grooming



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projects, case studies, expert speakers and exposure visits.

All of the above is done through a variety of interactions with industry – through activities,

The Outcomes that are tracked and reported are:

- Student Enrollment
- Student Attendance
- Student's Interests, Learning Styles and shift in Self Efficacy and Self Esteem
- Student Graduation Rate
- Linkages to Career / Vocational Training Opportunities

Smt. Maniben M. P. Shah Women's College of Arts & Commerce proposes to conduct this program with third year students of Arts. ~ 100 students will be covered in this program.

3 batches of CareeReady Program will be conducted by Antarang Foundation at the Smt. Maniben M. P. Shah Women's College of Arts & Commerce starting 23rd December 2016.

Deliverables:

1. Antarang Foundation will provide facilitation for 3 CareeReady batches
2. 40 classroom sessions will be conducted over 5 days in a week for both batches
3. Smt. Maniben M. P. Shah Women's College of Arts & Commerce will arrange for the classrooms for the sessions to be conducted and enroll students for the batches

Payment Terms

Smt. Maniben M. P. Shah Women's College of Arts & Commerce will not make any payment for conducting these programs. Antarang Foundation will get funding through Corporate Donors.



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SIGNED, SEALED AND DELIVERED by Antarang Foundation dated 22nd December 2016

Priya Agrawal

Priya Agrawal

Founder-Director

Antarang Foundation

SIGNED, SEALED AND DELIVERED by Smt. Maniben M. P. Shah Women's College of
Arts & Commerce dated _____

Dr. Leena Raje

Dr. Leena Raje

Principal

Smt. Maniben M. P. Shah Women's College of Arts & Commerce



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