



वागीश्वरी

Issue No. 31

2016 - 2017



Seva Mandal Education Society's

Smt. Maniben M. P. Shah Women's College of Arts & Commerce

NAAC Accredited "A" Grade, CGPA 3.61/4

UGC Status : **College with Potential Excellence**

Shri M.P. Shah Junior College of Arts & Commerce for Women

Smt. Kamalaben Gambirchand Shah Depts. of Management Studies & Mass Media

Smt. Parmeshwaridevi Gordhandas Garodia Educational Complex

338, R. A. Kidwai Road, Matunga, Mumbai - 19

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For Private Circulation

DIGNITARIES ON CAMPUS

**Professor Shashikala Wanjari,
Vice-Chancellor, S.N.D.T. Women's
University gracing Foundation Day
Celebrations**

**Smt. Amruta Fadnavis gracing
International Women's Day
Celebrations**



CONGRATULATIONS

UGC Status: "College with Potential for Excellence"



Smt. Archana Patki Off. Pricipal receiving the 'Plaque of Honour' on behalf of the college from Prof. Shashikala Wanjari, Vice-Chancellor, S.N.D.T. Women's University

Felicitation of Women Achievers at the Hands of Smt. Amruta Fadnavis



Dr. Leena Raje, Principal



Ms. Archana Patki, Vice-Principal,
Sr. College



Ms. Prabha Nair, Vice-Principal,
Jr. College, Commerce



Ms. Sujata Agarwal, Vice-Principal,
Jr. College, Arts



Ms. Madhavi Sathe, IQAC Co-ordinator

Editorial...

“We want to have one mission and target: Take the nation forward – Digitally, and Economically”

**- Shri Narendra Modi
Prime Minister of India**

A well-connected nation is a prerequisite to a well-served nation. The Digital India programme is a flagship programme of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy. The programme runs with a vision to provide digital infrastructure, e-governance and e-services through the digital empowerment of the citizens.

Through the universally accessible digital resources, all citizens of the nation would have access to lifelong online services through high-speed internet. The citizens would be able to benefit from seamless integrated services like electronic financial transactions and cashless services.

Educational institutions play a key role in shaping the digital citizens of tomorrow. From being able to use all channels of digital in a safe and secure manner, to creating awareness about employment opportunities, to helping the students communicate, express, collaborate in digital spaces, Institutions share the national onus of shaping core digital competencies.

Digital technologies and its efficient usage is an essential life skill in the world today and Institutions can play a pivot role in helping the citizens of today understand and effectively use the digital medium thereby fulfilling its social responsibilities.

The editors hope that the interactive learning spaces created on campus that have transformed the physical and virtual environments; enhance the learning and teaching experiences and thereby create and promote educational equality.

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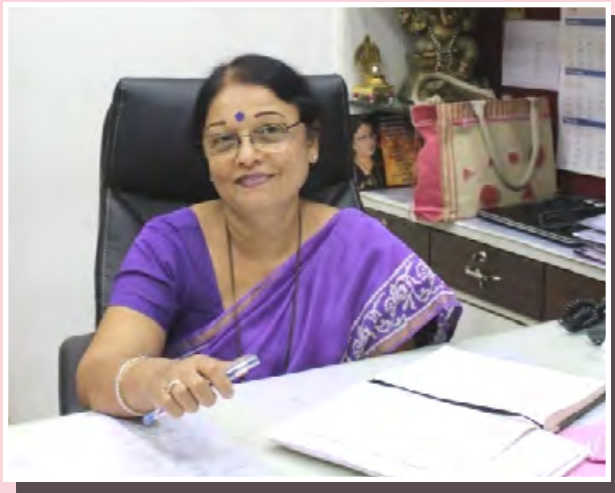
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Ms Pinky Makwana

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Ms Neetu Vishwakarma

Ms Marian Parayil



From the Principal's Desk

Digital India, a campaign launched by our Prime Minister in 2015 has picked up a great momentum to transform India into a digitally empowered society and knowledge economy. Through this programme, the entire ecosystem of public service will be transformed using information technology.

In an innovation-driven economy, there is imperative need to increase research and development. In various spheres of governance, researchers make break-throughs to enhance learning and implement them through various mechanisms.

Digitalization in education industry has totally changed the learning and teaching process. Technology has made education more innovative, stress free and the classroom atmosphere has become more broad & participatory. Information and Communication technology in education has facilitated student understanding. The true revolution in education can only be achieved via digitization so that students can learn at their own speed, both within & outside the classroom. Online education/E- learning is a type of distance learning removing the need of students to attend the college in person. Even though this may have some negative effects in overall education system; digitization is the need of the hour.

I think a very appropriate theme has been chosen by our college to keep abreast with today's time. I invite all the teachers and students to be a very active participant of this movement – Digital India. I wish the best to our Magazine Committee for bringing out an enriching and informative magazine.

Wishing all the success!

DR. LEENA RAJE
PRINCIPAL



VISION

To Empower Women through Education to make them Strong,
Self-reliant, Responsible, Home-makers, Professionals & Citizens

MISSION

Education for Living & Education for Making a Better Living

OBJECTIVES

- All round personality development of students
- Training students to be responsible citizens with awareness-raising programs and activities
- To make higher education more relevant, need based and skill based
- To lay foundation for progressive and prosperous future of the students

QUALITY POLICY

We primarily aim to make higher education available to women students belonging to all the socio-economic strata of society. At Smt. M.M.P. Shah Women's College, while maintaining excellent teaching quality, we make learning need-based, skill based and value-based, improving our students' all-round performance. We believe that true academic training, which adapts to the changing times, will make our students competent, self-reliant and responsible citizens. At the core of our institution's governance, we place transparency; for above board academic and administrative work will eventually withstand the challenges posed by the new competitive era.

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Mrs. Renuka Prajapati, Zonal NSS Officer, along with five students during Cultural Exchange Programme at Nagaland



राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद

विश्वविद्यालय अनुदान आयोग का स्वायत्त संस्थान

NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

An Autonomous Institution of the University Grants Commission

Certificate of Accreditation

*The Executive Committee of the
National Assessment and Accreditation Council
on the recommendation of the duly appointed*

Peer Team is pleased to declare the

Seva Mandal Education Society's

Smt. Maniben M. P. Shah Women's College of Arts & Commerce

Matunga, Mumbai,

affiliated to Shreemati Nathibai Damodar Thackersey Women's University, Maharashtra as

Accredited

with CGPA of 3.61 on four point scale

at A grade

valid up to October 24, 2018

Date : October 25, 2013



Ana Mishra
Director

DEPARTMENTAL REPORTS

DEPARTMENT OF ACCOUNTANCY

Curricular Aspects

Students of FYBCom were oriented in July 2016 on the three subjects of Accountancy divided into 3 years, on the exam pattern and various infrastructure facilities available in the campus. Orientation on the the new syllabus of FY BCom which is effective from academic year 2016-17 onwards was given to students.

Teaching, Learning and Evaluation

(A) Innovative Teaching & Evaluation:

Methodology	Date	Class	Theme/Topic
Group Discussions	Dec 2016	FY BCom	Discussion on types of depreciation
	30.7.2016	TY BCom	Annual reports of Corporates
	8.8.2016	TY BCom	Various types of budget
Debates	26.8.2016	TY BCom	Whether women are good bosses or wives
Role Play	10.8.2016	TYBCom	Role of Accountant and Auditor
Lectures and presentation by Guest faculty and industry experts.	8.7.2016	SY BCom	Guest lecture by CS. Charul Patel form SIES college on Vertical Financial Statements
	25.01.17	TY BCom	Guest Lecture on Accounting Standards by CA Madhuri Zamwar Asst. Prof., PN Doshi College
	28.01.17	TY BCom	Guest Lecture on Income from House Property by CA Ms. Bhavna BhiwaniAsst Prof – C.H.M College. Guest Lecture on “Basics of GST Ms. Shubhangi Kedare – Faculty from P.D. Kharkhanis College
	03.02.17	T Y Bcom	Orientation by Faculty and resource persons from BSE
Bright Students Batch	Jan & Feb 17	TY B Com	Meritorious and Bright students selected on basis of aptitude and past academic performance and special batch conducted for them in order to coach them for achieving better results and aim for becoming university toppers.
Reference books list distributed	23.7.2016	SYBcom	As per Accountancy syllabus topics
Topic led by students	25.01.17	SY Bcom	SY A Division Student Priyal Jain took the session on Depreciation and solved the problems in the class.
	24.01.17	SY Bcom	SY A Division Student Seema Pillai took the session on Depreciation and solved the problems in the class

Group Presentation	28.09.16 29.09.16 01.10.16	TY Bcom	Auditing concepts and new trends.
Cooperative learning	21/7/2016	SYBcom	Comparative study of financial statements
Film Screening	27.08.2016 29.08.2016	SY Bcom TY Bcom	Student-Centric Film “Chalk & Duster” film screened in AV Room
Food bazaar organised by students in groups	03.08.2016 10.08.2016 31.08.2016	TY Bcom	Wednesday Brunch- Food Carnival involving Marketing, Finance and Planning of Food Carnival Activity
Topic Related Videos followed by Discussions	11.10.2016	TY Bcom	Auditing – Methods and Techniques. Videos on Auditing shown to students
Projects Assignments	6. 8. 2016	SYBcom	Book review form library
Home assignment & preparatory notes for problem based learning	Throughout the year	SYBcom	Single entry sums Vertical financial statements Commonsize Reading of ledger accounts Final accounts new format sums' Redemption of preference shares Issue of shares Profit prior to incorporation
		TYBcom	Ratio analysis Valuation of goodwill Budget Hire purchase Working capital Valuation of shares Fund flow statements Amalgamation and absorption of companies
Power point presentations	6.8.2016	SYBCom	Company final accounts-vertical
	16.2.2017	SYBCom	Redemption of preference shares
	12. 8.2016	TYBCom	Ratio analysis
	2.2.2017	TYBCom	Working capital
PPT projects by students	24. 1.2017	SYBCom	Women CEO in banking and finance industry
	20.2.2017	TYBCom	Top Corporate CEO of India
Guidance-expository learning	14-16. 12. 2016	SYBCom	Practical Accounts writing- journal entries and then preparing ledger and final accounts

Participative learning	Feb 2017 Jan 2017	SYBCom TYBCom	Company final accounts new format Fund flow statements
Case studies	25. 6.2016	TYBCom	Ratio Analysis and interpretation of final statements
Elocution	2 .8.2016	TYBCom	Career after graduation

Innovative Evaluation techniques

- Students evaluated on basis of group-wise and individual performance in Class presentations
- Food bazaar organized by TYBCom groups was assessed with respect to costing and profit they earned on product sold.
- Book review of 5 books done by students of SYBCom
- Debate and elocution participations

(B) Workshops organised:

Date	Class	Speaker	Organisation	Topic
01.09.2016	SY BCom	Ms. Ashwini Prabhu	Smt. MMP Shah Women's College of Arts & Commerce	Effective Use of Information Technology Resources
01.09.2016	SY BCom	Ms. Sushma Bhoir		

(C) Alumni contributions:

Date	Class	Speaker	Organisation
22.07.16	TY BCom	Ms. Bhagyashree Dadas, Ms. Samreen Shaikh. Ms. Divya Maratha	Guidance & motivation for University Exams
17.02.17	TY BCom & SY BCom	Ms. Rasika Jogale	Orientation and Guidance to B.Ed Course and prospects"

(D) Seminars/ Conferences attended by Faculty Members:

Name of Faculty	Attended: Seminar/workshop/Conference				Title of Paper Presented
	Date	Theme	S/N/Int	Organized by	
Dr. Seema Gosher, FCA	28.01.17	New horizon in business management: A gateway of opportunities for business innovations	N	Ramanandarya DAV College ,Bhandup, Mumbai	An analytical study on effectiveness of online shopping for clothes in comparison with retail stores
	17.09.16	Inclusive Banking	N	Maniben Nanavati Women's College	An analytical study of doorstep banking in rural India on 17-9- 2016
	7.03.17	GST –one India ,one market	S	SNDD college of arts and SCB college of Commerce and Science for Women	Goods and service tax in India: A key tax reform

Name of Faculty	Attended: Seminar/workshop/Conference				Title of Paper Presented
	Date	Theme	S/N/Int	Organized by	
Dr. Seema Gosher, FCA	25.02.17	Indian financial system in global era	N	Department of Accountancy Pragati college of Arts and Commerce Dombivali	Study of banking sector reforms in India since 1991
	16.03.17	Impact of demonetization on Indian economy	N	SNDT college of Arts and SCB College of Commerce and Science for Women	Demonetisation in India :Bane or Boon
Ms.Soumya Nichani, FCA	10.02.17	Demonetisation – Prospects & Problems	N	Lords Universal College jointly with Institute of Chartered Accountants of India	The Black Money Conundrum-Analysis, Impact & Way forward
	16.02.17	Digital Transformation- A Watershed Moment for Indian Economy	N	Dept. of Economics, DTSS College	Smart Cities – A Balanced Model for Urban Development & Growth
	27.04.17	Equitable & Prosperous India – “Opportunities & Challenges” EPIOC-2017	I	Dept. Of Commerce, University of Mumbai, Dr. Babasaheb Ambedkar College Vasai & Indian Accounting Association (Thane Chapter)	A Study on Transition to A Cashless Society-A Consumer Perspective

Research Consultancy and Extension:

(A) Faculty Invited as Resource Person/Judge

Name of Faculty	Invited by	Topic	Date
Ms. Soumya Nichani	BA- Food & Nutrition Dept.	Break-Even Analysis	19.01.2017
	BA- Food & Nutrition Dept	Books of Accounts	02.02.2017
Dr. Seema Gosher	BA-Home Economics	Banking and Loan Facilities for women	July 2016
	MCom	Removal fear of subject of accountancy	12 Aug 2016

Student Support and Progression

(A) Student Extra-Curricular Activities:

- Students of SY and FY BCom are active participants in NSS activities of the college.
- 75 Students from TY BCom attended the Smart Class Room Training on 7.01.17 under the SAS- CSR Project.
- 3 Students from TY BCom attended the National Conference on “Inclusive Banking” on 17.09.2016 at

Maniben Nanavati College of Arts and Commerce, Vile Parle (W), in collaboration with BL Amlani College of Commerce and Economics

- 2 students of SY BCom won 1st Prize in Duet dance competition at College Annual Day.
- 3 Students of SY BCom participated in Aakar 2017 Inter-collegiate Festival.

(B) List of Students pursuing further studies

NAME OF STUDENT(2016-17 Batch)	
Akhata Laxman Kesarkar	MCOM
Lucky Padma Panda	MCOM
Heeda Akbar Khan	Diploma in Fashion Designing
Savita Yadav	MCOM
Ashwini Ajit Golatkar	MCOM
Heeda Akbar Khan	MCOM
Siddiqui Pinky Ahmed	MCOM
Deepika Rajpurohit	MCOM
Kajal Goswami	MCOM
Shaikh Sameena Khushnabi	MCOM
Urmila Tungaria	MCOM
Kiran Salat	MCOM
Pallavi Vemula	MCOM
Shaikh Saira Ahmed Ali	MCOM
Pooja Devade	MCOM
Vishakha	Diploma in Interior Designing
Priya R Karotiya	Diploma in Interior Designing
Deepali Dethe	MCOM
Anjali Mishra	MCOM
Megha Mohite	MCOM
Sameena Sayed	MCOM
Shraddha Lingayat	MCOM
Sneha Bhogle	MCOM
Thevar Bhuvaneshwari	MCOM
Nitya Parvati	MCOM

Governance, Leadership and Management

Faculty members are a part of various college committees.

Name	College Committees
Dr. Seema Gosher	Attendance Committee. University Reports & Website Committee. Commerce & Economics Committee. Women's Cell. Co-curricular Committee. Discipline Committee. KRA – 4 Infrastructure & Learning Resources Dance selection Committee for Annual Day. Criteria –III for NAAC committee
Ms. Soumya Nichani	Freeships & Scholarships Sexual Harrassment Cell NAAC – Criterion I KRA – A1 (Curricular Aspects)
Ms. Sapna Shah	Sports Day- Relay Annual Day – Discipline

Innovations and Best Practices

1. Fully functional Departmental Library stocking books on accountancy subjects for convenience of students.
2. Providing preparatory study material to students.
3. Periodic Class tests for continuous year-round evaluation.
4. Remedial Lectures for academically weak and vernacular medium students imparting personal attention.
5. Bright Students batch formed for focussing on academically bright students in order to give personal attention.
6. Invitation of Alumni for providing guidance and motivation to the Third year students.
7. Solving of past 5 years university question papers in class for increasing exam-preparedness.
8. Periodic Departmental meetings and future plans & mutual decision making

Dr. Seema Gosher

Head of Department

DEPARTMENT OF ACCOUNTS, FINANCE AND INSURANCE

Curricular Aspects

- FYBCom-AFI students were oriented on 11 July 2016 on Accountancy, Finance and Insurance, exam pattern and various infrastructure and facilities available on the campus.
- The department is proud to announce that the 1 batch of BCom-AFI has secured 100% result.

Teaching, Learning and Evaluation

Innovative Teaching and Evaluation:

- Library visit, case studies, power point presentations, home assignments, annual report discussions, group discussions on current topics were some of the evaluation methods employed.
- Brain storming:**
 - We arranged a brain storming method on every topic. It is especially for management, insurance and women empowerment.
 - We generally give a real-life situation or practical question and ask students to offer various solutions to the problem.
 - Practicals for BCom-AFI - I on Information Technology in Sem – I on topics like Word, Excel, PowerPoint, HTML for which students have to write assignments and submit them online.

Methodology	Date	Class	Theme/ Topic
Discussions	Daily	FYB.Com-AFI	News on Finance, Economics, Foreign Exchange
Debates	07/01/2017	FY.Bcom - AFI	Impact of Demonetisation
	14/01/2017	S.Y.Bcom - AFI	Impact of Demonetisation
	24/01/2017	FY.Bcom - AFI	Pros and Cons of GST
PowerPoint Presentation	15/9/2016	SYB.Com-AFI	Yusuf Meherally Centre - Small Scale Industry
	27/10/2016	FYB.Com-AFI	Goods Service Tax
	03/12/2016	FYB.Com-AFI	Demonetization
	23/1/2017	FYB.Com-AFI	Maharashtra Nature Park
	28/1/2017	FYB.Com-AFI	Unified Payment Interface
	28/1/2017	SYB.Com-AFI	Health Insurance
	2/2/2017	FYB.Com-AFI	Union Budget
	4/2/2017	SYB.Com-AFI	Women Empowerment

Article Discussions:

- ★ It included articles from magazines on subjects like finance, women empowerment, Indian economy and Indian politics.
- ★ Use of ICT in Teaching: Smart Classrooms are used for advance learning LCD Projector used for lectures and guest lectures for showing PowerPoint presentations and conducting Practical Sessions.

Field Visits :

Date	Venue	Class
20/8/2016	Yusuf Meherally Centre, Panvel	B.COM-AFI
23/8/2016	RBI Monetary Museum	S.Y.B.COM-AFI
15/12/2016	Maharashtra Nature Park, Dharavi, Mumbai	F.Y.B.COM-AFI
9/1/2017	Katraj Milk Dairy, Pune	B.COM-AFI
10/1/2017	Mala and Mapro Company, Mahabaleshwar	B.COM.AFI
11/1/2017	Kisanveer Sahakari Sugar Factory, Satara	B.COM-AFI

➤ **Intra class competitions:**

Power Point presentations and reports preparations on Industrial Visits to Mapro, Mala KisanVeer Sugarcane Factory. Special Rolling Trophy is given by the department to the Best three groups.

➤ **Workshop Organised:**

Date	Class	Speaker	Organization	Topic
18/8/2016	B.Com-AFI – II and III	Ms. Shanti Malaichamy		Motivation and Leadership Development
3/2/2017	T.Y.B. Com- AFI	Mr. Rajesh Pandit Mr. Ravi	Bombay Stock Exchange (BSE)	Career Opportunities in Capital Market and Glimes of Stock Exchange
10/2/2017	B.Com-AFI – I, II and III	Mr.Yogesh Shah Ms. Namrata Chauhan	Seed Learnopedia	Career Opportunities in Government Sector and Nationalized Bank

➤ **Guest Lectures Organised:**

Date	Class	Speaker	Organization	Topic
28/7/2016 & 29/7/2016	B. Com-AFI I,II and III	Ms. Lalita Misquitta	Jet Airways	Career in Aviation Industries
3/8/2016	B. Com-AFI I,II and III	Mr. Abhijit Nanivadekar	Indusind Bank	Business Retail Banking
9/8/2016	B. Com-AFI II and III	Mr. Ketan Shah	Max Newyork Life Insurance	Life and Health Insurance
2/9/2016	B.Com-AFI I,II and III	Mr. Ameya Agrawal		Self-Motivation
24/10/2016	B.Com-AFI-II	Ms. Anuradha Rao		Negotiable Instruments Act
8/11/2016	B.Com-AFI-II	Ms. Jyotsna Lal	Assistant Professor, Smt. MMP Shah College	Global Economics
8/11/2016	B.Com-AFI-II	Mr. Vishwanath Manadia	Advocate	Companies Act
13/1/2017	B.Com-AFI-I, II and III	Ms. Saloni Rajput		Geographical Information System (GIS)

Faculty Members: Activities and Achievements

Mr. Dattatray Gawade

- Attended a Workshop on Content Analysis of BCom-AFI at Maniben Nanavati College, Vile Parle
- Attended a Seminar on International Banking at Maniben Nanavati College, Vile Parle.
- Completed Insurance Regulatory Development Authority of India (IRDA) Certificate Exam on 8th September, 2016
- Attended workshop on “Internal Audit” organized by IQAC “UTTHAAN” by Guest Speaker Mr. Ashok Salve and Mr. Gunvant Rachchh on October, 2016.
- Attended workshop on “Significance of Academic Research” organized by Research Cell by Dr. Shobha Udipi on 9 February 2017.

Mr. Shahid Ansari

- Attended a Workshop on Content Analysis of B.Com-AFI at Maniben Nanavati College, Vile Parle.
- Attended a Seminar on International Banking at Maniben Nanavati College, Vile Parle.
- Attended workshop on “Internal Audit” organized by IQAC “UTTHAAN” by Guest Speaker Mr. Ashok Salve and Mr. Gunvant Rachchh on October, 2016.
- Won 1st Prize in Running Race and 2nd Prize in Shot Put in Annual Sports Day on 21st December, 2016.
- Attended workshop on “Significance of Academic Research” organized by Research Cell by Dr. Shobha Udipi on 9 February, 2017.

Student Support and Progression

Students Achievements:

Name of student	Class	Activity, Date, Venue	Prizes
Ms. Ankita Shinde	TYB.Com-AFI	Kabaddi, Bedekar College	2nd
Ms. Pranali Lad	TYB.Com-AFI	Badminton Tournament 19/12/2016 Surbhi Fest, Latur	1st
Ms. Sayali Sawant	SYB.Com-AFI	College Annual Day, 20/12/2016	2nd
Ms. Veena S. Chauhan	FYB.Com-AFI	Fresher's Party, College College Annual Day, 20/12/2016	1st
Ms. Ishwari Kattimani	FYB.Com-AFI	Debate, 20/2/2017, College	2nd
Ms. Sabina Shaikh	FYB.Com-AFI	Debate, 20/2/2017, College	2nd
Ms. Soni Yadav	FYB.Com-AFI	Debate, 20/2/2017, College Badminton	2nd
Ms. Nishi Thakkar	FYB.Com-AFI	Table Tennis	2nd
Ms. Krutika Kambli	FYB.Com-AFI	Debate, 20/2/2017, College	2nd
Ms. Afra Ansari	FYB.Com-AFI	Relay Race 4*100mts, 22/12/2016, College	3rd
Ms. Kirti Gala	FYB.Com-AFI	Relay Race 4*100mts, 22/12/2016, College	3rd
Ms. Priya Singh	FYB.Com-AFI	Relay Race 4*100mts, 22/12/2016, College	3rd
Ms. Jeevita Shetty	FYB.Com-AFI	Relay Race 4*100mts, 22/12/2016, College	3rd

Placement:

Name of the Student	Name of the Company	Designation
Khan Farheen Zafruddin	ICICI Bank	Trainee
Khan Neha Aslam	ICICI Bank	Trainee
Shaikh Nazia Nawab Ali	ICICI Bank	Trainee
Khan Naushin Mohd. Abrar	ICICI Bank	Trainee
Sana Hasolkar	ICICI Bank	Trainee
Karishma Bhowmick	ICICI Bank	Trainee
Chaoudhary Farheen Atalluah	ICICI Bank	Trainee
Pranali Lad	WNS Global Services	Senior Executive
Deepa Pakkali	WNS Global Services	Senior Executive
Bhavana Jain	HDFC Securities	Sales Executive
Ankita Shinde	Cipla Pharma	Assistant in Purchase

TY BCOM (AFI) - Toppers Semester VI - March 2017

	Rank	Marks	Name
Overall Toppers	1	85.60%	Khan Farheen Zafruddin Nasreen
	2	84.40%	Khan Neha Aslam Noorsaba
	3	81.60%	Shaikh Nazia Nawab Ali Shahjahan Begam
Taxation	1	83/100	Chavan Ashwini Tanaji
	2	81/100	Shaikh Nazia Nawab Ali Shahjahan Begam
	3	79/100	Chaoudhary Yasmeen Atalluah Khairunnisa
Insurance Business and FDI In India	1	80/100	Khan Farheen Zafruddin Nasreen
	2	72/100	Khan Naushin Mohd. Abrar
	3	70/100	Khan Neha Aslam Noorsaba

Statistics	1	94/100	Khan Farheen Zafruddin Nasreen
	1	94/100	Pakkali Deepa Purushottam Rajeshwari
	2	91/100	Khan Neha Aslam Noorsaba
Investment and Portfolio Management	1	87/100	Khan Neha Aslam Noorsaba
	2	79/100	Khan Farheen Zafruddin Nasreen
	3	73/100	Khan Naushin Mohd. Abrar
Internship	1	98/100	Shaikh Nazia Nawab Ali Shahjahan Begam
	2	98/100	Pakkali Deepa Purushottam Rajeshwari
	3	98/100	Khan Neha Aslam Noorsaba
	4	98/100	Khan Farheen Zafruddin Nasreen
	5	98/100	Khan Farheen Zafruddin Nasreen

Governance, Leadership and Management

Mr. Dattatray Gawade

- Member of College Committees – Placement Cell, Criteria V – Student Support and Progression

Mr. Shahid Ansari

- Member of College Committees – Criteria IV – Infrastructure and Learning Resources

Innovations and Best Practices

- Organizing Intra Department Competitions for the students and the winners are awarded with the rolling trophy.
- Participation of students in Intercollegiate Competition and winning prizes every year
- Chapter wise test for each subject in every unit.
- Girls are doing group wise presentation on various issues, which has direct or indirect impact on our economy on monthly basis.
- Using WhatsApp Groups for each class by teachers to inform students about the class activities and tests, solving doubts and posting the solutions to problems online.

Dr. Kaveri Pal

Coordinator

DEPARTMENT OF CHILD DEVELOPMENT

Dr. Anubha Mehta, Head of Department retired from service in the academic year.

We wish her health and happiness!

Teaching, Learning and Evaluation

Field Work:

BA II students successfully completed their field work in various pre-schools

Project work:

BA I

- Students prepared scrapbook with newspaper and magazine articles covering various topics related to child and adolescent development, education and welfare and presented one article in the class
- Students prepared and presented projects on various topics related to child and adolescent development with help of charts, PPT etc.

BA II

Students prepared following projects, files and charts as a part of their practical work

- Creative Art File
- Readiness file
- Music File
- Visual Aids for Story telling
- Charts for picture talk, concept, festivals, rhymes/songs etc

Students prepared and presented a project on 'Planning to start a Child/Youth Centre' as an entrepreneurial opportunity with the help of charts, floor plan, PPT etc.

Students prepared and presented projects on various topics related to Early Childhood Education

Students collected information on loan and bank facilities available for women entrepreneurs

Students prepared and presented a project on different types of centers for children

Film Screening:

Students attended film screening of the following movies:

- Daddy Day Care- 15th February, 2017
- Kindergarten Cop- 17th February, 2017
- Matilda- 28th February, 2017

Visits:

BA II

- Unnati Toy Library, Dadar on 30th January, 2017
- Sweta's Sunshine Mother Toddler Centre, Matunga on 31st January, 2017

- Pannalal Lohe Day Care Centre, Vile Parle on 10th February, 2017
- Cosmi kids International Pre-School and Day Care, Santacruz on 14th February, 2017

BA III

- Shree Shradhananda Mahila Ashram, Matunga on 12th July, 2016
- Shree Manav Seva Sangh, Matunga on 19th July, 2016
- Kamala Mehta School for the Blind, Dadar on 21st July, 2016
- Meera Vidyalaya School for Mentally Challenged Children, Matunga on 28th July, 2017
- VikasVidyalaya School for Deaf and Mute, Dadar on 9th August, 2016

BA III

Students prepared assignments on various topics related to special children and marriage and family relations

Workshop:

- For BA II students on “Puppet making and Story Telling” on 8th August, 2016. Ms. Jagruti Parekh was invited to conduct the workshop

Faculty Invited as Resource Person:

Ms. Sarita Kasaralkar

- Conducted a lecture on “ Reproductive Health of Women” for second year Home Science students at MahilaMahavidyalaya, Karad on 1st July, 2016
- Conducted a Workshop on “ Music and Stories for Pre-Schoolers” for FYBA and SYBA Home Science students at Mahila Mahavidyalaya, Karad on 2nd July, 2016

Research Consultancy and Extension:

Ms. Saita Kasaralkar

- Conducted a workshop on “ Music and Stories for Pre-Schoolers” for SYBA (Eng+Guj) students on 20th August, 2017 in the AV room from 8.30am to 10.30am
- Attended a National Conference on “Unlocking the Potential of Early Childhood Education: Igniting the sparks of change” organized by Department of Human Development, S.N.D.T.Women’s University on 16th-17th September, 2016 at Juhu Campus.
- Published a paper titled “A Critical Analysis of Adolescent’s Relationship with their Peers in the City of Mumbai” in Educational Quest: International Journal of Education and Applied Social Science, Vol. 7, No.3, December 2016. New Delhi Publishers. Page:159; ISSN No:
- Validated Questionnaires of MSc Human Development student on the research topic “Perception of Teachers and Supervisors/Principals in relevance to Montessori and Play Way Approach in Contemporary India” in January, 2017.
- Attended an International Conference on “Music Education for Early Years” organized by the Department of Human Development, S.N.D.T.Women’s University on 31st March, 2017 at Juhu Campus.
- Was invited as an external examiner for ECCE Viva-Voce of student teachers at Kangaroo Kids Bandra (w) branch on 25th April, 2017

Governance Leadership and Management:

Ms. Sarita Kasaralkar :

- Placement and Employment Cell- Convener
- Students' Council- Member
- University Reports and College Website-Member
- Monthly Report- Member
- KRA (Teaching Learning and Evaluation)- Member
- Student Support and Progression)- Member

Other duties:

- Admission Duty in college
- Organizing Committee Member –SNDT Yuva Mahotsav Grand Finale at Churchgate Campus organized by the Department of Students' Welfare, S.N.D.T.Women's University on 22nd-23rd September, 2016

Innovations and Best Practices:

- Department of Home Economics (Child Development & Food Nutrition) celebrated "Breast Feeding Week". Charts, Slogans and posters prepared by SYBA students (English and Gujarati medium) were displayed at Urban Health Centre of Sion Hospital on 3rd and 4th August, 2016. The students explained the importance of Breast Feeding to the pregnant women who came there for a checkup with the help of charts prepared by them. This activity was a part the syllabus and social work component carried out by the department.
- Department of Home Economics (Child Development & Food Nutrition) also organised a visit to " Human Milk Bank" at Sion Hospital on 4th August, 2016 for SYBA students (English and Gujarati medium)

Ms. Sarita Kasaralkar

Asssistant Professor

DEPARTMENT OF COMMERCE

- Ms. Kinnari Shah (B.Com, M.Com.,SET) has been appointed for teaching commerce papers of B.Com programme.
- SY B.Com. Students have organized and participated in a class level seminar, "Trends in Banking & Insurance" in Jan-Feb 2017 and presented their papers on various sub-topics of Banking & Insurance.
- During the year, discussions held in b com classes were on the topics like, GST, Budget 2017, Careers related to Stock Exchange etc. Even debates were held on topic like-'Job vs. Business'
- Dr. Rakhee Sharma-HOD, Jai Hind College was invited to deliver a lecture on 'Current Trends in Marketing' on 3 February 2017.
- Dr. Shobha Dedhia has presented papers in state and International conferences and also published a paper in Journal 'Research Dimension', titled 'Shift in Managerial Competencies in the Globalized scenario'

Dr. Shobha Dedhia

Head of Department

DEPARTMENT OF ECONOMICS

Today our Indian economy has drastically changed. After demonetization our banking system with digitization and financial inclusion playing the key role, the overall customer base will prosper, leading to deeper and stronger banking market. Geopolitical changes may lead to greater rise of Indian banks in the global market. With evolving technologies and the growing numbers of smart phones users, traditional cash payment is bound to go towards virtual money.

With this scenario, our students need to be prepared to face these new challenges and opportunities.

Curricular Aspects:

- Students of F.Y. B.A. were oriented for their subject in Semester one. Their major subjects, about exam pattern and various facilities available in the campus.
- Study material for T.Y.B.A. students for the new Syllabus was translated from English to Gujarathi.
- Students visited the Library to show various reference books, periodical, journals, magazine and other papers and E-Resources available for them.
- Ms. Renuka Prajapati, Associate Professor and Head and Dr. Daksha Dave, Associate Professor, attended Content analysis and Question Bank preparation workshop at SNDT Arts and Commerce College on 15 July 2016.
- Proposal to introduce Economics in English medium was prepared and submitted to the SNDT Women's University on 23 February 2017.
- Live budget session of Government was screened for Economics students followed by discussion.
- Mrs. Renuka Prajapati and Dr. Daksha Dave were Special Invitees for Syllabus Restructuring Committee on 3 May 2016.
- Dr. Daksha Dave attended a Content analysis and Question Bank preparation workshop at Maniben Nanavati Women's College Vile Parle on 2 December 2016.

Teaching, Learning and Evaluation

- B.A. II students undertook a project on Current Economic Issues such as Economics of Maharashtra and India as part of their internal assessment.
- Department organized Intercollegiate Debate Competition on 20th February, 2017 on current issues like demonetization cash less India Etc. on 20 February. Ms. Asha Gala from SIES College and Dr. Geeta Shah, Ex BOS Chairperson, SNDTWU were invited as judges for the event. 52 students from different colleges participated in this debate.
- Department organized Intercollegiate Poster Competition in association with ESTWA on 28th February, 2017.

Innovative teaching & learning methods used by the department are as follows:

Methodology	Date	Class	Theme/ Topic
Discussions	2nd February 2017	FY, SY, TY B.Com/B.A	GST, Cashless Transaction, Budget 2017 Discussion
Role Play	9th February 2017	TYB.Com	Skit on Poverty and Problems of Indian Farmers
Screening	1st February 2017	FY, SY, TY B.A&B.Com	Live Parliamentary Budget 2017 shown

Power Point Presentation	11th July 16 / August 16	FY, SY, TY B.A	Population Problem / Consumer Rights.
	September 2016 & January 2017	TY BCom	Public Expenditure, Agricultural Finance, Poverty
	January 2017	SY. BCom	Trade Policy, Demonetization
Brain storming	Sept.16	TYBA	Selection of Research Topic
Debates	August, September 16, January and Feb17.	SY and TYBA	GST/Direct V/s Indirect Tax Brain drain v/s brain gain Demonetization

Following Innovative Evaluation techniques used for Internal assessment

- i) Project presentation on given topics
- ii) PPT Presentation on Current Economics Issues.
- iii) Assignment work
- iv) Newspapers cutting on current Economic issues, followed by discussion in classroom
- v) Skit by TY B.Com students on Poverty
- vi) Food Bazaar stalls organized by TY B.com students to get the practical knowledge of cost-benefit analysis
- vii) Field Visits: FYBA and B.com Students visited a Monetary Museum on 17th September 2016. All Gujarati medium students visited Dahanu, to study Socio –economic status of tribes on 7th Feb.2017.
- viii) Documentary Movie / Screening and discussions. Video showed to the student on “Time Management” and “GST” followed with discussion.
- ix) A motivational Video for PTA, titled “Jagte Raho” was prepared.

Research Consultancy and Extension

Seminar Conference Attended by faculty

Mrs. Renuka Prajapati , Dr. Daksha Dave and Dr. Jyostna Lal

- Attended lecture on API preparation organized by IQAC on 16 September 2016.
- Attended lecture on NAAC Orientation organized by IQAC on 19 January 2017.
- Attended training programme on “HOW TO USE SMART CLASS ROOM” organized by IQAC on 8 September 2016.
- Attended a workshop on API Proposal preparation in October 2016.
- Attended Workshop on signification of Academic Research on 9th February, 2017
- Attended Workshop on paperless office organized by IQAC on 7 March 2017.
- Attended workshop on “HOW TO WRITE CONFIDENTIAL REPORT” Organized by IQAC on 14 March 2017.

Dr. Daksha Dave

- Attended a National seminar on Banking Inclusion organized by ManibenNanavati Women's College in association with ICSSR on 17th Sept.2016 and presented a paper "Banking Inclusion through Jan Dhan Yojana".
- Attended a National seminar on Dr. Ambedkar's Thoughts on Women Empowerment organized by Dr. Ambedkar Chair, SNDTWU, and PVDT college of Education and presented a paper on "Dr.Babasahib Ambedkar and Hindu Civil Code" on 8th March 2017.
- Attended a Curriculum Development Work Shop organized by PVDT Education College on 29 & 30 March 2017.
- Being a member of Research Committee, motivated students to present the paper in the seminar and also guided for writing the paper for publication.
- Being a Consultant in BAPS organized many activities for youth and economical weaker section at Dahanu and Mumbai.
- Invited to conduct a workshop on "How to write an effective research paper" on 8 February 2017 for MCom students.
- Invited as an external examiner, for M.Com and M.A. Research Dissertation Review at P.N.Doshi College and Shri M.D. Shah Women's College.

Mrs. Renuka Prajapati

- Mamnoli village survey analysis report & proposal prepared as per requirement to carried out work with Lions Club Sion
- Organized 7 Day NSS Special Camp In College. Session taken on Importance of NSS Special Camp on 24th December, 2016.
- Visited Mamnoli Village and done basic Survey and cleanliness drive on 9th January, 2017.
- Organized road safety work shop on 23rd January, 2017
- Mrs. Renuka Prajapatiwas invited as external expert for M.A in Economics student's Viva at M.D. Shah Mahila College Malad on 26 April 2017.

Mrs. Jyotsana Lal

- Completed Ph.D from University of Mumbai
- Completed Orientation Program from Mumbai University, Academic Staff College, Kalina
- Presented Paper "Inter-district disparity in Education in Maharashtra" in International conference on 27th August held at K.C Law college
- Research paper "Inter-district disparity in Education in Maharashtra" published in ISBN 978-93-86176-34-9
- Article written for Newsletter published by IQAC, Utthaan
- Invited as resource person to teach Money supply to BAFI students on 10 & 13 October 2016

Seminar, Conference attended by Student:

Five students attended National level seminar on Inclusive Banking on 17th September 2016- at ManibenNanavati Women's College – Sponsored by ICSSR

Student Support and Progression**Students' Achievements (B.A):****Miss Krupaba Jadeja**

- Secure 1st rank at University Level in B.A. Examination Economics Gujarathi Medium
- Awarded Smt. VasantbenKaji gold medal,
- Awarded Shantilal Premji Rathod gold medal,
- Marathi Arthasastrab Parishad prize

Students' Achievements (B.Com):

Arth-Manthan an intercollegiate competition was organized by Economics Department, Acharya college, Chembur on 27-28 January 2017. 18 students from SYBComand TY BCom participated in different events. Mrs. JyotsanaLal guided all participants. Following are the winners:

- Deepika Jaiswal from SY BCom won 1st prize in Maha debate.
- Pragati Mishra from TYBCom won 2nd prize in Maha debate.
- SonaliSawant from TY BCom won 1st prize in poster making competition.
- PallaviVemula from TY BCom won 2nd prize in Poster making competition.
- Ghare Sabah from TY BCom won 3rd prize in Essay writing competition.

TY. B.Com semester VI Economics result is 97% for year 2015-16.

Dr. Jyotsana Lal guided students for various competitive examination through conducting aptitude tests

- Intercollegiate Economics Quiz organized by B.M. Ruiacollege on 11 February. Six students from SY BCom participated.
- A Guest lecture on "Impact of Global Recession on Indian Economy" for TY BComstudents on 17 February 2017. Mrs.DeepaliKeluskar from Somaiya College invited as a resource person

Governance, Leadership and Management**Mrs. Renuka Prajapati, In-charge for Arts faculty**

- Member of Faculty Development Committee
- Member of Unfair means Committee
- Member of Purchase Committee
- Member of PTA Committee
- NSS Programme Officer
- Member of GSM Committee
- Member of Discipline Committee
- Member of Cleanliness Committee
- Coordinator of Enrichment course

- Exam Junior Superintendent
- Member of Attendance Committee
- Member of CSR Committee
- Member of Academic Calendar Committee
- **Dr. Daksha Dave:**
- Member of LMC,
- Convener of Publication Committee,
- Convener of Population and Extension activities,
- Member of the Research Committee,
- Member of Students Preparation Committee
- Member of Commerce and Economics Association,
- Member of Gujarati Sahitya Sanskruti Mandal
- **Mrs. Jyotsana Lal**

Member of following college committee:

- Students' council,
- IQAC,
- Women's Cell,
- Co-curricular, Economics & Commerce association,
- NAAC Steering committee

Innovation and Best Practices

- Remedial Classes for academic weak and scholar students.
- PPT Presentation on Current Economics Issues.
- Participation in Group discussion, Debate, and interactive sessions
- Assignments work and preliminary examination

Ms. Renuka Prajapati

Head of Department

DEPARTMENT OF ENGLISH

Curricular Aspects:

- From the academic year, 2016-2017 revised syllabus for B.A.II (Higher and Lower Level) was introduced. All faculty members attended content Analysis workshops related to the new syllabus.
- **Dr. Kaveri Pal:**
- ✓ Member of Selection Grade Committee as Subject Expert at Satara College in the month of February 2017
- ✓ Member of Selection Grade Committee as Subject Expert at Vajreshwari College in the month of April, 2017.
- **Ms Gouri Mohan:**
- ✓ Invited as Resource Person for Orientation Workshop for B. A. II C.C. English (L.L.) organized by Department

of English , Maniben Nanavati Women's College , Vile Parle (West) on 6th and 7th January, 2017.

- ✓ Attended State Level Workshop on Curriculum Development in Higher Education organized by Department of Education, S.N.D.T. Women's University, Mumbai on 29th and 30th March 2017.

Teaching Learning, Evaluation:

- To enhance English Language skills the following activities were undertaken during the year:
 - ✓ Group Assignments and PowerPoint Presentation by the students of SY & TY B.Com.
 - ✓ FYBA Non-English Medium students: prepared charts on their favorite recipes.
 - ✓ SYBA and FYBA Non-English Medium students: Participated in the project "Towards Safer Roads", they prepared posters and slogans under the project.
 - ✓ FYBA, SYBA and TYBA Non-English Medium students: Submitted assignments online

Research, Consultancy, Extension

Dr. Kaveri Pal

- Appointed as Guide for Internship for M.A. Masters Dissertation for SNDT Women's University.
- Attended 2-day National Conference on "Women Power and Municipal Government – Changing Dynamic Challenging Ahead" sponsored by UGC XII Plan Grant at RCWS, SNDT, Juhu on 14th and 15th December, 2016
- Attended 2 day National Conference on "Paradigm Shift in Indian Teachers Education Programme" in collaboration with MFFTEA and at PVDTC College, Churchgate on 27 and 28th January, 2016
- Presented a paper on "Innovative Teaching to keep the students motivated to learn" in 2 day National Conference on "Paradigm Shift in Indian Teachers Education Programme" in collaboration with MFFTEA at PVDTC College, Churchgate on 27th and 28th January, 2016

Ms. Gouri Mohan

- Presented a paper "Sensitizing the Campus: The Use of Queer Narratives as an Intervention Strategy" at a NAAC Sponsored National Seminar on 'Strategies for Implementing Best Practices in Teaching –Learning and Evaluation' organized by Dr. BMN College of Home Science, Matunga, Mumbai on 2, 3 March 2016. The paper was published in the proceedings with ISBN: 978-93-5258-742-1.

Governance, Leadership & Management:

Dr. Kaveri Pal

- Dr. Kaveri Pal continued as the Commerce Faculty Incharge and Co-ordinator of BCom (Accountancy, Finance and Insurance).
- Member of University Committees – Subject Expert, Paper Setter and Moderator, Vigilance Squad.
- Attended workshop on "Internal Audit" organized by IQAC "UTTHAAN" by Guest Speaker Mr. Ashok Salve and Mr. Gunvant Rachchh on October, 2016.
- Attended workshop on "Significance of Academic Research" organized by IQAC "UTTHAAN" by Guest Speaker Dr. Shobha Udipi on 9th February, 2017.
- Department members are part of the following College Committees:

Name of the faculty	Committees
Dr.Kaveri Pal	Convener, Unfair Means, Grievance & Redressal Cell Member, LMC-UG Member, Examination Committee Member, Admission Committee Member, Students Welfare, Scholarship & Freeships Member, English Association
Mr. Avaneesh Bhatt	Convener, Nature Club Convener, English Association Member, IQAC Member, Magazine Committee
Ms Gouri Mohan	Convener, Magazine Committee Member, IQAC Member, University Reports and Website Update Committee Member, Research Guidance Cell Member, English Association Member, UGC Scheme & Fund Committee

Innovations and Best Practices:

- BCom-I students successfully completed the Vocabulary Improvement Classes, conducted to enhance English Language skills.
- Project “Towards Safer Roads” was continued in collaboration with the NSS Unit. Poster Making and Slogan Writing Activities were conducted



Dr. Kaveri Pal
Head of Department

DEPARTMENT OF NUTRITION AND MEAL MANAGEMENT

Teaching Learning, Evaluation:

Social work component in Teaching-Learning

As part of the World Breast Feeding Week and as a social work component in teaching learning, BA II students demonstrated “Complementary Feeds for 6-month-old Infant and Galactogouges for mothers” at the Urban Health Centre, Dharavi to all women who visited the pediatricOPD at the centre on 3rd August 2016. The students planned 3 galactogouges for the lactating mother and 3 complementary feeds for the infants using local ingredients using processes such as malting, fermenting, and roasting used in the preparation of these recipes.

BA II students took part in a Nutrition Awareness Programme for NSS volunteers during the NSS Special Camp on 26 December 2016. They presented a slide show on “Importance of Iron in the Diet of Adolescents”. A Treasure Hunt was arranged, where the participants found iron rich foods hidden in different locations in the college campus based on the clues given. A Quiz on Importance of Iron was also conducted for the NSS volunteers based on the information they received from the slide show.

Visit:

The BA II students visited the Breast-Milk bank at LTMG Hospital Sion on 4th August 2016, to understand the processing, storage and distribution of Breast milk to the infants in the hospital. The students submitted a report of the visit.

Use of ICT:

You Tube videos on “Basic Food Preparation Techniques’, Digestion of Food and Deficiency disorders were shown to BA I students. Videos on Tea, Coffee and Chocolate processing were screened for BA II students.

BA III students were asked to submit assignments via email on Report of Consumer Survey, Designing Menu Cards and Preparing Food Labels.

Guest lecture:

Ms. Saumya Nichani, Assistant Professor, Department of Accountancy was invited to speak on Break-even Analysis and Books of Accounts for BA III students on 19th January and 2nd February 2017 respectively.

Participation of students in competitions and prize won:

The following students participated in Inter- collegiate Nutrition Week Celebrations at Dr. BMN College of Home Science on 29th August 2016: Ms.Parul Bhandari, BA II participated in the Food Selfie Contest, Ms. Sana Khan, BA II, Ms.Zainab and Ms.Fauzia, BA I participated in the MasterChef contest and Ms.Rumana and Ms.Razina, BA I participated in Poster Contest. Ms.Rumana won the 3rd Prize for her Poster on Holistic Health.

Ms.PranitaYadav and Ms.Tejasvi Abnave, BA II students won the 3rd Prize at a Cookery Contest on Healthy Dessert Preparations during an Inter collegiate Health Festival Health Fair- Food Fest held at K.J. Somaiya College of Science and Commerce on 8-12-2017.

Ms.Komal Bhatt, Ms. Sana Khan and Ms.Santhana Marie, BA II students, participated in a Regional level MasterChef contest on “Recipes using Millets” organised by the Indian Dietetic Association at Khar Gymkhana on 10th January 2017.

Participation of Faculty in seminars, workshops:

Mrs. Madhavi Sathe participated in a seminar on Dietary Fats & Oils: Advances in Nutritional Science, Technology and Regulations’ organised by PFND AI on 14-10-2016 at the VITS Hotel, Saki Naka

She also attended the P K Devi Memorial Lecture on 18th September 2016 at the Mini Auditorium, SNDTWU, Juhu Campus

Research, Consultancy, Extension:

Mrs. Madhavi Sathe is registered for her doctoral studies in Food Science and Nutrition under SNDT Women's University.

She is a guide for MSc (Clinical Nutrition and Dietetics) students and worked on a collaborative project with PFNDAI on "Consumption of Processed Foods in Mumbai" along with 3 students.

She is a Nutrition Consultant with Committed Communities Development Trust, an NGO working for HIV/AIDS infected and affected mothers and children.

Governance, Leadership and Management:

Mrs. Madhavi Sathe is a part of the following college committees: IQAC- as co-ordinator; UGC Grants and Schemes- co-ordinator; College Magazine- Assistant Editor.

She was appointed as co-ordinator for 3rd cycle of NAAC Accreditation

She participated in a NAAC sponsored on Academic and Administrative Audit at College of Home Science, Nirmala Niketan on 10, 11 January 2017.

She was invited by Ambikabai Jadhav Mahila Mahavidyalay, Vajreshwari on 4th February 2017 to speak to the teaching faculty on "Preparing the SSR for NAAC Accreditation".

Innovations and Best Practices:

Every year students are encouraged and guided to participate in intercollegiate competitions related to Foods and Nutrition. Students participate enthusiastically and have won prizes at these contests every year. The student learns to prepare for the contests by reading about the nutrient or the food material used, planning and practicing cooking of innovative recipes, sourcing ingredients, calculating the nutritive value, working in a systematic method and presentation of the prepared recipe in an attractive manner.



Mrs. Madhavi Sathe
Head of Department

DEPARTMENT OF FOUNDATION COURSES

Teaching, Learning and Evaluation

GROUP DISCUSSIONS:

Students were divided into small groups, so they could share, discuss, debate their views and opinions on given topics.

Class	Theme
B.A. II(Eng)	Notion of Human Rights
B.A.I (Eng)	Women's Status in India
B.A.I (Eng)	India's Cultural Heritage
B.A.I (Guj)	India's Cultural Heritage
B.A. I(Eng)	University Song Motto
B.A.I (Eng)	University Song Motto
B.A. II(Eng)	Human Rights Violations
B.A.II (Eng)	Case Studies of HR Violations
B.A.I (Guj)	Linguistic Diversity in India
B.A. II(Eng,Guj)	Children's Rights
B.A. II(Eng,Guj)	Causes and Effects of Population Growth in India.
B.A.II (Eng)	Women's Rights
B.A. I(Guj)	Themes in Indian Cinema
B.A. I(Eng)	Problems of Working Women in India
B.A.I (Guj)	Impact of Science and Technology
B.A. II(Eng)	Effects of Regionalism, Linguism, Casteism
B.A. I(Eng)	Factors Affecting Personality Development
B.A.II (Guj)	Issues of Physical and Mental Handicap
B.A. II(Eng)	Causes and Effects of Population Growth in India
B.A. I(Eng)	Stress Relieving Techniques
B.A. I(Eng)	Motivation and Morals in Individual Development
B.A. II(Eng)	Causes of Farmer's Suicide
B.A. II(Eng)	Issues of the Elderly
B.A. I(Eng)	Time Management

FILM SCREENINGS

Films were screened as a part of teaching/learning and evaluation for students, so they get a deeper understanding of the issues and concerns studied in the syllabus.

Class , Film & Documentary	Theme
B.A.II- Manjhi- The Mountain Man	Communal and caste disparities
B.A.I(Eng,Guj)Bombay	Communalism, Casteism
B.A.I(Guj)	Ecosystems
B.A.II(Eng)-Water	Women and Girl Trafficking
B.A.II(Eng, Guj)	Farmers Suicide
B.A.II(Eng,Guj)-Matrubhumi	Gender Disparity
B.A.II(Eng, Guj)	Youth Suicide
B.A.II(Guj)	Effects of Drug Addiction, Alcoholism, Tobacco
B.A.I(Guj)	Global Warming
B.A.II(Guj,Eng)-Provoked	Domestic Violence
B.A.I(Guj)	Acid Rain
B.A.II(Eng)-My Brother Nikhil	HIV/Aids
B.A.I (Eng)	Positive Thinking, Career Planning
B.A.I (Eng)-Bhopal, Hiroshima Nagasaki Bombings	Man-made Disasters
B.A.II(Eng,Guj)-26/11	Terrorism
B.A.II(Eng,Guj)-Neerja	Terrorism

DEBATES

Class	Theme
B.A. I (Eng)	Language and Politics
B.A.II(Eng)	Women and Law
B.A.II(Eng)	Issues of Poverty
B.A. I (Eng)	Should Women Work?
B.A. II (Eng)	Impact of Medical Technology
B.A. II(Eng, Guj)	Conflicts, Communal Issues

FIELD VISITS

Class	Venue
B.A.I	Nehru Centre
B.A.I	Shivaji Museum
B.A.I	Mahim Nature Park

GUEST LECTURES

Class	Theme	Guest Speaker
B.A.II (Eng,Guj)	Youth Suicide	Ms.Snehal S
B.A.I(Eng)	Presentation skills	Ms.Gouri Mohan
B.A.I(Eng)	Stress Management	Ms.Reshma Murali
B.A.I(Eng,Guj)	Aptitude Testing and Personality Development	Ms.Reshma Murali
B.A.II (Eng,Guj)	Issues of Mentally Challenged	Ms. Vaishnavi Verma
B.A.II (Eng,Guj)	Women,Health and Nutrition'	Ms.Madhavi Sathe
B.A.I(Eng,Guj)	Workshop on 'Making of Paper Bags'	B.A III students
B.A.II (Eng,Guj)	'Globalization- Challenges to India'	Mrs. Renuka Prajapati,

POSTER PRESENTATIONS AND DISPLAYS

Class	Theme
B.A.II(Eng)	Social evils and problems
B.A.I(Eng, Guj)	Environmental Issues

DISCUSSIONS ON PAPER CUTTINGS, NEWS ARTICLES

Class	Theme
B.A.II (Eng)	Issues of H.R.
B.A.II(Guj)	Case Studies Violation of Women's Rights
B.A.II (Eng)	Communalism
B.A.II(Guj)	Communalism
B.A.II (Eng,Guj)	Regionalism
B.A.I (Eng,Guj)	Environmental Issues
B.A.II (Eng)	Elderly issues, Farmer's Suicide, Drug abuse, AIDS, Terrorism.

Role Play Performances

Class	Theme
B.A.II(Eng)	Current concerns in India
B.A.II(Eng)	Women Trafficking.
B.A.I (Eng)	Personality Development Topics

Research Consultancy and Extension

- Mrs. Darshana Buch, Assistant Professor and HoD, Foundation Courses presented a paper on 'Bringing Bharatnatyam from Home to Global Stage-Doyenne Rukmini Arundale' at a National Seminar held at Smt. PN Doshi College, Ghatkopar on 1 October 2016.
- Mrs. Darshana Buch, Assistant Professor, HOD Foundation Courses, Ms. Archana Patki, Vice-Principal, HOD, Psychology, and Ms. Reshma Murali, Assistant Professor, P.G. Department of Psychology attended a National Conference on Innovative Teaching Practices at Ramniranjan Jhunjhunwala College on 17th and 18th February 2017. They presented a paper on "Innovative Assessment and Evaluation Techniques: A Case Study of Departments of Psychology and Foundation Courses".

Governance, Leadership and Management

Mrs. Darshana Buch

Designation	Committees
Convenor	Gujarati Sahityik Sanskrutik Mandal
Convenor	Monthly and GC Reports
Convenor	University reports and Website Update Committee
Member	IQAC
Member	Magazine Committee
Member	Anti Ragging Cell
Member	Scholarships and Freeships Committee

Innovations and Best Practices

- The department continued the Mentoring Programme for B.A.I English Medium Students.
- Flipped Classroom teaching for B.A. II English Medium students was continued as a part of innovative teaching, learning and evaluation method. Students watched online lectures and videos. They were then divided into groups and were asked to collaborate in carrying out research at home and engage in concepts in the classroom with the guidance of their teacher/mentor. In-class time was devoted to exercises, projects, or discussions. Class time was spent doing students-led interactive activities and communication. The flip

particularly brought about a change in teaching learning pattern, wherein the students presented their research study on a given topic

- The Department organised 'COHESION OF CULTURES' under which the students of BA I English and Gujarati Medium represent and discuss about different communities through food, dress, folk songs, folk dances etc. this activity is started to sensitise students about the rich cultural legacy of Indian culture and how can they be helpful in promoting communal harmony and peace.



Mrs. Darshana Buch

Head of Department

DEPARTMENT OF HINDI

- A Seminar on Hindi Sahitya Itihas (Aadhunikkal) was held and students from SNDT and Mumbai Universities participated in it.
- Two plays of Munshi Premchand by eminent playwright Shri Muzib Khan and his troupe. This was followed by Kavi Sammelan and various inter-class competitions for students to propagate the Rashtrabhasha.
- Department organized a guest lecture on "German aur Rus me Hindi ki Sthiti" by Prof. Tatyana Oranskaia, Department of Culture and History of India and Tibet, Hamburg University, Germany. Students from Khalsa college, Matunga, also attended this lecture along with our UG and PG students.

UNDER GRADUATE SECTION

Curricular Aspect:

- Department of Hindi organized a workshop on content analysis for B.A.III/Sem.VI on 4th February, 2017 at A.V. Room of Smt. Maniben M.P. Shah Women's College of Arts and Commerce.

Hindi Divas celebrated as Hindi Pakhwada:

- Department of Hindi celebrated Hindi Pakhwada from 13-09-2016 to 20/09/2016 with a variety of programmes and competitions. Interclass competitions were organized in Poetry recitation, Debate, Elocution, Essay and Story Telling. Students participated in the Hindi Pakhwada by preparing charts which were displayed on 14/09/2016 in class rooms. Given below are the prize winners of the competitions held

Name of student	Class	Activity, Date	Prize won
Ms. Anisha Bano Unus	B.A. III	Essay Competition, 19 September 2016	3rd Prize
Ms. Anisha Bano Unus	B.A. III	Poetry Recitation, 21 September 2016	1st Prize
Priti Kahar	B.A. III	Storytelling, 21 September 2016	2nd Prize
Ms. Anisha Bano Unus	B.A. III	Story telling, 21 September 2016	3rd Prize
Priti Kahar	B.A. III	Elocution, 21 September 2016	1st Prize
Ms. Anisha Bano Unus	B.A. III	Folk song, 21 September 2016	1st Prize

- As part of the Pakhwada Department of Hindi also organized "Hasya Kavi Sammlan" on 14-09-2016. Following Poets recited their compositions: Shri. Devmani Pandey, Shri. Rakesh Tiwari and Actor and Poet Shri. Arun Verma.
- Department of Hindi organized Syllabus based Drama "Poos Ki Raat and Kafan" Written by Munshi Premchand and Dramatized by Director Muzib Khan. Hindi HOD of Khalsa College Dr. Ratna Sharma with her Students also attended the Drama.
- Department of Hindi Organized Elocution Competition in Collaboration with Hindustani Pracharsabha, Charni Road, Mumbai on 06 October, 2016. The judges were Dr. Pragya Shukla, Dr. Rita Kumar and Shri. Prashant Deshpande. Three students were awarded certificates and prizes - Miss. Pragati Mishra, Miss. Mantasha, Miss. Anisha Bano Unus.
- Department of Hindi organized a one-day Seminar for Students on "Hindi Sahitya Kaitihas- Aadhunikaal". 21 students from 9 colleges such as Maharshi Dayanand College Parel, SIES College Sion, R.J. College Ghatkopar, Birla College Kalyan, M.D. Shah College Malad, Gurunank Khalsa College Matunga, Ruia College Matunga,

Smt.M.M.P Shah College Matunga participated in the Seminar. Three students were awarded Ist, IInd and third prizes.

Guest Lectures:

- Mrs.Shabana Shaikh delivered a lecture on “Nazeer Akbarabadike Gazalon me kavya Saundarya” on 22/12/16 M.A. students attended the lecture.
- Department of Hindi collaborated with Department of Hindi Khalsa College, Ruia College, Matunga and S.I.E.S. College, Sion, Mumbai and organised a guest lecture. on “German aur Ruse main Hindi kiSthiti” by Prof.Tatyana Oranskaia, Department of Culture and History of India and Tibet, Hamburg University, Germany on 7-02-2017.

Film Screening and Discussion:

The following films were screened for the B.A Students. These films are related to their academic syllabus. Discussions are held in the class to give the students a wider perspective.

Innovative Teaching and Evaluation:

- Students of SYBA and TYBA gave power point presentations as part of their internal assessment.
- SYBA students underwent Viva Voce to prepare for their internal assessment.
- SYBA students performed skits related to their syllabus
- FYBA students presented stories written by different writers

Title	Date	Evaluation
Mohandas	28th January, 2017	Comparison between textbook and film
Poos kiraat	20th September, 2016	
Kafan	26th September, 2016	
Ek or Dronacharya	4th August, 2016	
Mahabharat	4th February, 2017	

Seminar/ Conference/Workshops attended by Faculty:

Dr.Kiran Singh

- Attended the Orientation Programme on Content Analysis and Question Bank Preparation for B.A.III organized by B.M.Ruia Mahila Mahavidyalay,Gamdevi, Mumbai on 23rd and 24/ 8/ 2016.
- Attended a Training program on“How to use Smart Classroom” organized by IQAC, Smt. M.M.P. Shah College of Arts and Commerce on 8/9/2016.
- Participated in an Orientation programme organized by Mahatma Gandhi Anterrashtriya Hindi VishwaVidyalay,Wardha on 6/12/2016.
- Organized a workshop on content analysis for B.A.III/sem.VI on 4/ 2/2017 at A.V.Room of Smt. Maniben

M.P.Shah Women's college of Arts and commerce.

- Attended a workshop on "Significance of Academic Research" conducted by IQAC.

Ms Anisun Shaikh	B.A. III	Attended	programme "Apanepriyalekhak se miliye"(Govind Mishra)	28th January 2017	Hindustani Prachar Sabha, Churchgate	State level
Shheen Shaikh	B.A. III	Attended	programme "Apanepriyalekhak se miliye"(Govind Mishra)	28th January 2017	Hindustani Prachar Sabha, Churchgate	State level
PritiKahar	B.A. III	Attended	Seminar "Dalit aatmkatha-DoharaAbhishap"	6th February, 2017	BM Ruiacollege, Grant road, Mumbai	Intercollegiate
MsAnisun Shaikh	B.A. III	Attended	Seminar "Dalit aatmkatha-DoharaAbhishap"	6th February, 2017	BM Ruia college, Grant road, Mumbai	Intercollegiate
Ms Pooja Tigaya	B.A.I	Participate	Poetry Recitation	14th September 2016	R.J College Ghatkopar	Intercollegiate
Ms. Anjali Vishwakarma	B.A.I	Participate	Essay Competition	13th September 2016	BM Ruia college, Grant road, Mumbai	Intercollegiate
Ms. Anjali Vishwakarma	B.A.I	Participate	Participate	2nd September 2016	PVDT Churchgate	Intercollegiate

- Attended a National seminar on "Naisadeek Hindi kahane: vimarshakevividhaaayam" organized by SIES College, Sion, Mumbai on 24/4/2017.

Dr.Usha Mishra:

Workshop/Orientation:

- Attended an Orientation Programme-Content Analysis and Question Bank Preparation for B.A.III organized by B.M.Ruia Mahila Mahavidyalay, Gamdevi, Mumbai on 23rd and 24/ 8/ 2016.
- Attended a Training program on "How to use Smart Classroom" organized by IQAC, Smt. M.M.P. Shah College of Arts and Commerce on 8/9/2016.
- Participated in an Orientation programme organized by Mahatma Gandhi Anterrashtriya Hindi VishwaVidyalay, Wardha on 06/12/2016.
- Attended a workshop on "Significance of Academic Research" conducted by Research Cell.

- Appointed a member of organizing committee of an Intercollegiate seminar for UG and PG students on 11/2/2017.

Paper Presentations:

- Presented a paper on “Kavee Yoginrdakee Kavya Yatra” in a National seminar organized by Birla College, Kalyan on 5/2/2017.
- Presented a paper on “Muktibodhke Rachana Prakriya” in a National seminar organized by Birla College, Kalyan on 23/3/2017.
- Presented a paper on “Samakaleen Kahani” in a National seminar organized by Hindustani Prachar Sabha, Mumbai on 30/3/2017.
- Presented a research paper on “Nai Sadee ka Dabaavur Kumar Ambuj ke Kahaniyan” in a national seminar organized by S.I.E.S.College, Sion, Mumbai on 24/4/2017.

Publications:

- Published a paper on “Kavi Yogindra ke kavya ka bhashik-saundrya,” in “Vartman Srujan Sandarbhaur Dr. Shiv Shankr Pandey” ISBN-978-93-80669-93-9.
- Edited a book “Vartman Srujan Sandarbhaur Dr. Shiv Shankar Pandey” by Gyan Prakashan, Kanpur, UP. ISBN-978-93-80669-93-9.
- Edited a book “Dharmveer Bharti aur Unaka Katha Sahitya” by Gyan Prakashan, Kanpur UP. ISBN- 978-93-80669-77-9.
- Interview published in “Hindustani Zaban” titled “ Bahumu khe pratibhake Dhani Shree Aabid Surti se Usha Mishra ke Baatache” Quarterly Magazine Year-49, January -March .ISSN-0378-392
- Chapter published in a book “Samkaleen Sahitya aur Bhumandaleekaran” titled “Bhumandaleekaranke Pariprekshya main Vinod Das ke Kavitayen” ISBN -978-93-83871-38-4.

Other Achievement:

- Invited as a referee by Department of Hindi, Churchgate, on 21/06/2016.
- Invited as a judge in KVS-Cluster Level Social Science Cum Notational Integration Camp by Kendriya Vidyalay, Bhandup on 08/08/2016.
- Invited as a Chief Guest at Hindi Pakhawada Inaugural function, Rashtriya Sanskrit Sansthan (Deemed University), Vidyavihar on 14/9/2016.
- Invited as a judge in KVS-Regional Level Social Science Cum Notational Integration Camp by Kendriya Vidyalay, Koliwada 05/10/2016.
- Invited as a referee by Department of Hindi, Churchgate, on 30/03/2017.
- Invited as a referee by M.D.Shah Mahila Mahavidyalay, Malad, Mumbai 27/04/2017.

Student Support And Progression:

- Mentoring Programme started in February 2016. All FYBA and SYBA students are mentees. They are being mentored by MA I students.
- One student's fees have been sponsored by a former student of the college.
- Six students received college fees and scholarships.
- Three UG students have taken admission in M.A., Smt. M.M.P. Shah Women's College of Arts And Commerce.

- Two students are doing M.A.from Mumbai University (Distance Education)
- Three students have taken admission in B.Ed.

Governance, Leadership and Management:

Dr.Kiran Singh

- Coordinator of MA Hindi
- Member of Faculty Development, Magazine, Cleanliness and Teaching, Learning and Evaluation(KRA-B)

Dr. Usha Mishra

- Coordinator of Mahatma Gandhi Anterrashtriya Hindi VishwaVidyalay, Wardha.
- Convener of Free ship and Scholarship Committee
- Team leader of Student Support Services (Criterion E)
- Member of IQAC Utthaan.

Innovations and Best Practices:

- Department of Hindi celebrates every year Hindi Divas as a Hindi Pakhawada.
- Organizes Guest Lectures by eminent personalities.

POST-GRADUATE SECTION

Teaching, Learning and Evaluation:

Guest Lecture:

- Department of Hindi organized a guest lecture on 7th March, 2017 by Dr. Satyadev Tripathi (fomer HOD and Professor, PG Department of Hindi, SNDT University) on "Doordarshan aur Sahityaka Antahsambandh"for PG students.

Film Screening and Discussion:

The following Films were screened for the M.A Students. These films are related to their academic syllabus. Discussions are held in the class to give the students a wider perspective.

Title	Date	Evaluation
Tamas	07th January, 2017	Comparison between textbook and film
AananaaanaRamkumarKa	17th January, 2017	
RehamatKeFarishte	21st January, 2017	
Dharati Ab BhiGhoomRahi Hai	30th January, 2017	
NayaDhandha	3rd February, 2017	
Ek or Dronacharya	4th August, 2016	
Mahabharat	4th February, 2017	

Seminar/ Conference/Workshops/Competitions attended and Participated by students:

Miss Nitu Bhoju Vishwakarma	M.A.I	1st Prize	Regional Yuvamahotsav (Poetry Recitation)	2nd September 2016	PVDT Churchgate	Intercollegiate
	M.A.I	2nd Prize	Grand Finale Yuvamahotsav (Poetry Recitation)	22nd September 2016	SNDT Churchgate	Intercollegiate
	M.A.I	2nd Prize	Poetry Recitation	14th September 2016	R.J College Ghatkopar	Intercollegiate
	M.A.I	Participate	Elocution	06th December 2016	Hindustani Pracharsabhah, Charniroad, Mumbai	Intercollegiate
	M.A.I	Anchored	Elocution	06th December 2016	Hindustani Pracharsabhah, Charni road, Mumbai	Intercollegiate
	M.A.I	2nd Prize	Paper presentation Competition	11th February 2017	MMP Shah Matunga (Hindi Department)	Intercollegiate
	M.A.I	Anchored	Paper presentation Competition	11th February 2017	MMP Shah Matunga (Hindi Department)	Intercollegiate
	M.A.I	Attended	Attended	20th April, 2017	S.I.E.S.College, Sion,Mumbai	National
Miss Samina Shaikh	M.A.I	Participate	Paper presentation Competition	11th February 2017	MMP Shah Matunga (Hindi Department)	Intercollegiate
Miss.Suman Yadav	M.A.I	2nd Prize	Paper presentation Competition	11th February 2017	MMP Shah Matunga (Hindi Department)	Intercollegiate
	M.A.I	Attended	Attended	20th April, 2017	S.I.E.S.College, Sion,Mumbai	National

Miss.Aarti Mishra	M.A.I	Attended	Attended	20th April, 2017	S.I.E.S.College, Sion,Mumbai	National
Miss.Mamta Dubey	M.A.I	Attended	Attended	20th April, 2017	S.I.E.S.College, Sion,Mumbai	National
Miss.Gulistan Khan	M.A.I	Attended	Attended	20th April, 2017	S.I.E.S.College, Sion,Mumbai	National
Miss.Sonam Pandey	M.A.I	Attended	Attended	20th April, 2017	S.I.E.S.College, Sion,Mumbai	National

Seminar/ Conference/Workshops attended by Faculty:

Shree Prashant Deshapande:

- Member of organizing committee of a workshop conducted by Smt. Maniben M.P. Shah Women's College of Arts and Commerce on 4/2/2017.
- Member of organizing committee of Intercollegiate seminar for UG and PG students on 11/2/2017

Paper Presentations:

- Presented a paper on "Dr. Shiv Shankar Pandey dwara Prastut Radio Varta" in a National seminar organized by Birla College, Kalyan on 5/2/2017.
- Presented a paper on "Muktibodhki Aalochana Dristi" in National seminar organized by Birla College,Kalyan on College, Kalyan25/03/2017

Publications:

- A paper on "Dr. Shiv Shankar Pandey dwara prastut radio wart" in "Vartman Srujan Sandarbh aur Dr. Shiv Shankar Pandey" ISBN-978-93-80669-93-9.

Student Support and Progression:

- Students of MA I were mentors for UG students.
- One student's fees was sponsored by an alumna.
- Two students received free ship and scholarship from Karmyogi Pratishthan.

Innovations and Best Practices:

- Department of Hindi celebrates every year Hindi Divas as a Hindi Pakhawada.
- Organizes Guest Lectures by eminent personalities.

Dr. Kiran Singh

Head of Department

DEPARTMENT OF MANAGEMENT STUDIES

As rightly said, “An investment in knowledge pays the best interest & success in management requires learning as fast as the world is changing.”

Curricular Aspect:

- The BMS Dept. offers an Event Management course as a Certificate & Diploma Course for SYBMS & FYBMS respectively.
- **Meteor:**
Meteor reaching the unreached is our departmental newsletter encompassing the various facets of management. Meteor was initiated with the objective of providing additional information than the regular course of study. In addition we are proud to state the best practice followed in our institution to improve the work culture and support system extended to non-teaching staff and students respectively. Volume 5 was highlighted on “Women Entrepreneurs”.

Teaching and Learning Evaluation

- A. Guest lectures organized
1. Mr. Siddhesh Shetty visited our college on 03/08/2016 for giving career Guidance to our SY & TY BMS Students.
 2. MET representative Ms. Amruta Parvatikar visited our college on 23/09/2016 for giving information regarding Higher Education for TYBMS.
 3. Ms. Jane Gomes was invited to deliver a lecture on “Campus to Corporate” on 28.09.2016 to our FYBMS.
 4. Dr. Charu Banga Assistant Professor of Vivekanand Education Society invited to deliver lecture on “Financial Analytics” on 29/09/2016 for our SY & TYBMS students.
 5. Assistant Professor Mr. Dinesh Kapadia from Vivekanand Education Society, explained “Business Simulation” to SY & TYBMS students on 29/09/2016.
 6. Mr. Murugan from Fazlani Institute of management studies gave lecture on “Higher Education” for TYBMS on 30/09/2016.
 7. Lecturer, Mr. Dinesh Kotadia visited our college on 30/09/2016 to enlighten the SY & TYBMS on “Quantitative Methods for Business & Advanced Quantitative Techniques for Business”.
 8. Mr. Jignesh Sanghvi, Corporate Trainer highlighted “Business Communication” for FYBMS students on 19/12/2016 & 13/01/2017.

B. Viva Voce conducted

- Mr. Anand Krishnan, Corporate consultant invited for conducting viva of TYBMS students on 01.04.2017.

C. Industrial visits

Industry visits for FY, SY and TYBMS were organized from 25th Feb to 2nd March 2017 to Delhi & Agra. Industries visited were Dawar Shoes, Hindustan Printing Press and U.P. Handicraft. Mrs. Hemlata Kumar, Ms. Shweta Jagad and Mrs. Sayeeda Pangarkar accompanied the students.

Research, Consultancy and Extension

Student participation in seminars and workshops

- 36 Students attended a workshop on “Career Fair” organized by Times of India at NESCO Ground on 23/07/2016.
- 42 Students attended a Workshop on “Power of Brand & how you can be an Entrepreneur” on 10.08.2016, organized by BMS Department.
- 20 students attended Seminar on “Bring about Youth Revolution in India” at Nagindas Khandwala College at their intercollegiate festival “Kiran – 2016” on 12.08.2016
- 20 students attended Seminar on “Follow Your Dream, Follow Your Passion” at Nagindas Khandwala College at their intercollegiate festival “Kiran – 2016” on 12.08.2016
- 50 Students of SY & TY BMS have done a campus visit to “Fazlani Altius Business School” on 15.12.2016 accompanied by teachers.
- 19 students attended a Seminar on “Demonetization” on 25/01/17 at Gurunanak College.
- Ms. Mainaz Sayeed, Ms. Namrata Bhalerao & Ms. Priya Mantry participated for Best Student Award.
- Ms. Shweta Dhika, Ms. Namrata Gosiya, Ms. Urvi Shah & Ms. Akleema Sheikh participated in Yuva Mahotsav.

Achievements and participation of faculty members

- Ms. Shweta Jagad had accompanied the students for the workshop on “Career Fare” organized by Times of India on 23.07.2016.
- Ms. Sujata Agarwal (BMS Coordinator), attended a seminar on “Next 5 years for equity market – What would be the key drivers for growth” organized by Ladder wealth management at MCA Club BKC on 25.09.2016.
- Mrs. Hemlata Kumar was invited for “Mehandi Competition” by B.A.M.M. Department for their intercollegiate festival Razmataaz on 09.01.2017.
- BMS Staff attended a training session on “How to use smart classroom” on 07.12.2016 & 09.02.2017.
- Mrs. Hemlata Kumar & Mrs. Nidhi Savai presented paper on “Contemporary Issues & Challenges in Indian Education System” Organized by Dept. of Commerce, University of Mumbai & Indian Accounting Association Thane on 27.04.2017.
- Congratulations to Ms. Shweta Jagad for guiding the students on issue of our newsletter Meteor Vol. V.
- Ms. Sayeeda Pangarkar and Ms. Shweta Jagad accompanied students of SY & TYBMS for the campus visit at Fazlani Altius Business School on 15.12.2016.
- Ms. Hemlata Kumar visited Shri M.D.Shah Mahila college for career fare on 19.12.2016

Student Support and Progression

Awards Won at various intercollegiate festival.

- 7 students from FY participated in Teckzone organized by BCA department and 4 students got the 1st prize for Treasure Hunt.
- 5 Students participated in intercollegiate festival “Razmataaz” organised by B.A.M.M Dept. on 8th & 9th Jan 2017.
- 27 Students participated in intercollegiate festival of S.I.W.S. “Ehlaan” on 19.01.2017 & 20.01.2017 in various

competitions like Sudoku, Beg, Borrow & Steal, Carrom, Task Force, Snake Bite, and Treasure Hunt Etc.

- Ms. Shweta Dhika, Urvi Shah, Ashwini Devendra won the prize in Snake Bite and Ms. Namrata Gosiya won the prize in “Task Force” at Ehlaan.
- 5 Students participated in “Itronics” organized by Gurunanak College on 11.02.2017.
- 4 of our students have participated in Yuva Mahotsav and Heartly Congratulation to Ms. Shweta Dhika for getting 1st Prize and Ms. Namrata Gosiya for 2nd Prize at National Level for Skit & Mime and for Singing.
- Congratulations to Ms. Urvi Shah & Ms. Akleema Sheikh for receiving 2nd prize in Yuva Mahotsav in Group Dance at State Level.
- Ms. Mainaz Sayyed, Ms. Namrata Bhalerao & Ms. Priya Mantry participated for Best Student Award.
- Sincere congratulation to Ms. Mainaz Sayeed TYBMS for being chosen as the ‘Best Student’ for the year 2016-17.
- 32 students have been shortlisted for Technoserve programme and 07 Students are selected for SAS CSR programme.
- Ms. Mainaz Sayeed, Ms. Namrata Bhalerao & Ms. Mallaika Karzai got selected from the campus recruitment for “Here Solutions”.

List of Students pursuing higher studies

Name	Pursuing Higher Studies	Competitive Exams Appeared
Reshma Ramesh	MBA	CAT
Pooja Raut	MBA	CAT
Iram A. Rawal	PGDM	
Khan Rubina Ayub	MBA	
Aruna Dattaram Bolye	MBA	
Siddhi Mohan Desai	MBA	
Manju Suresh Yadav	MBA	
Savita Yadav	MBA	
Namrata R. Rajak	MBA	
Dhanashree Shinde	MBA	
Mainaz Sayyed	MBA	
Afreen Khan	M.Com	
Priya Mantry	MBA	
Sameeksha Mehta	MBA	

List of Students working/ Internship (2016-17)

Class	Name	Company Name
TYBMS	Mainaz Sayeed	Here Solution
	Mallaika Karzai	Here Solution
	Namrata Bhalerao	Here Solution
SYBMS	Deva Kumari	Candid Marketing
	Sonali Kokitkar	Clinic
	Naveena Kandi	Plada Infotech Pvt. Ltd.
FYBMS	Bhakti Gala	Poona Lifestyle
	Shilpa Sharma	The Esthetic Clininc
	Sadaf Khan	Kotak Mahindra Bank
	Tanmayee Patra	Tata Business Service support
	Aarti Halwai	Hiring Life
	Urvi Shah	Kshitij Camp
	Pooja Singh	Livon Hair Gain

Aakar 2017

“Management is efficiency in climbing the ladder of success; leadership determines whether the ladder is leaning against the right wall”. Our departmental annual fest “AAKAR” makes this quote realistic. This is precisely what the faculty members of B.M.S. dept. strive for. It is indeed a moment to cherish as we sit back and retrospect 15 years filled with sweet memories of AAKAR festival. AAKAR an intercollegiate festival was celebrated with great zeal and enthusiasm. It is a festival organized for the students by the students. A plethora of events ranging from management games, art competitions to cultural events, AAKAR sets a perfect platform for showcasing their talents as well as a wonderful opportunity to display their skills. AAKAR was organized on 17th and 18th February 2017. The theme selected was “Carnival”. The theme selected was “Magnitude of Management”. The theme selected was “Magnitude of Management”. As many as 17 colleges from Mumbai participated in various events.

The festival took off with a flying start by the inaugural function and Dr. Sachin Bhonsle, Senior Orthopedic Surgeon from Fortis Hospital presided as a Chief Guest. Lighting of the Lamp and attractive decoration of the hall set the perfect mood for the competitions.

The first day progressed by knowledgeable Seminar on “Windows to the corporate World” by Mr. Anand Krishnan, Corporate Consultant. And the 2nd seminar was on “Brand Management” delivered by Ms. Aishwarya Sawarna, Director of Aishwarya Group of company

The first day was followed by tea, snacks and lunch for the Dignitaries, Staff and guest.

The second day started on an enthusiastic note. The events scheduled for the day were:

1. Bollywood Dhamal: In this game various question were asked from Bollywood. It was a complete dhamal package game for all.
2. Hastkala: Where the participant has to paint their imagination without using a brush. Except the paint brush they were provided with various painting accessories like Earbud, Toothbrush, Sponge, cotton etc. This game

was judge by Mr. Kapurkar and Ms. Pradnya More.

3. Sajna He Muje: A very innovative and fun game where boy has to do make over of their girl partner. It was judge by Ms. Ritu Bindra& Ms. Rehana Bepari.
4. Tol Mol Bol: A game where participant has to show their marketing skills to sell the product. The judges invited for this game was Ms. Shubhangi Kulkarni& Ms. Neha Gada.
5. Dance Competition: The fest was concluded by the most enthusiastic and energetic game Dance Competition. Solo, Duet and group dance were performed. The guest, students including the staff had enjoyed this competition. The Judges for this competition were from Television industry. Mr. Niraj Yadav, Choreographer and Mr. Ganesh Acharya were the judges for the competition.

The festival ended with the prize distribution ceremony. Winner were official declared and the prizes were given by Mr. Niraj Yadav, Mr. Ganesh Acharya, BMS Coordinator and the BMS staff.

Guest Lecture in Progress



Aakar Preparation



Students Preparing Gift Hampers for Guests



Seminar on Brand Management



Mrs. Sujata Agarwal

Co-ordinator, BMS

DEPARTMENT OF MASS MEDIA

Curricular Aspects

- Orientation of FYBAMM students and their parents was held in the AV room on 15 July, 2016.
- The department achieved 100% result TYBAMM.
- Smt. K.G. Shah Department of Mass Media organised a workshop on content analysis and syllabus restructuring for all the subjects of TYBAMM (Sem VI) at Smt.M. M. P. Shah College on 17 September 2016.

Teaching Learning Evaluation

Industrial Visit to Film and Television Institute, Pune:

On 22 December 2016, the Department of Mass Media organised an industrial visit for the students to the Film and Television Institute (FTII), Pune.

The BMM students were accompanied by two faculty members, Mrs. Shagufta Memon and Mrs. Sana Khan.

Kalaghoda Art Festival – 2017:

The students of BMM Department of MMP Shah College were taken on a field visit on 4 February to Kalaghoda Art Festival. Thirty BMM students were accompanied by faculty member Ms.Sonal Mane. Students prepared a report on the visit.

Street Play/Flash Mob

Students participated in various activities like poster-making, dance, flash mob and rallies to spread awareness people about the harmful impacts of terrorism, and what students can do to contain them.

Film Screening

Feature films Masan, Udta Punjab and Bapu were screened for FYBAMM students to introduce them to social issues and Gandhian ideology.

Innovation and Best Practices:

Cinergy Film Club

This year BMM Student Ms. Sweeti Tandon was appointed as the president; Ms. Reejal Sunke as the Creative Head; Ms. Priti Rajput as the PR Head of Cinergy Club under the guidance of faculty Ms. Sonal Mane.

Cinergy Film club activities this year commenced with the screening on 27 February, 2017 of a Bollywood film Pink screened in Visanji Ravji Auditorium. Pink was selected for the screening as it conveys an important message about sexual violence and women's stand against it. The first screening was a great success as 90 students attended the film show.

Razzmatazz 2016 - 17

Razzmatazz is a themed college festival hosted by BMM department, students annually. This fest has been taking place since the last 6 years. Razzmatazz 2016–17 was the seventh annual fest and it was just as rocking as always.

On the basis of the current affairs of our country, our theme for Razzmatazz 2016–17 was “Sab Se Bada Rupiya” based on the issue of demonetisation.

Ms. Shriya Pilgaonkar, an Indian Film Actress, Director, Producer and Stage Performer; was our chief guest for the

day. Mr. Anil Deshmukh, a well-known writer for many famous television series was the Guest of Honour in our event. Many Colleges like Guru-Nanak College, Sidharth College, Thakur College etc. participated in the events.

Famous personalities and Public Figures like Ms. Kiran Singh, a Fashion Blogger; Ms. Sagrika Pillai, a Fashion Designer; Mr. Rahul Dandekar, a singer and musician; Mr. Shailendra Barve, a National Award winner music composer; Ms. Paulami Mazumder, an actor and singer; and Mr. Nikhil Mehta, an television actor graced us with their presence by being judges for different events.

Certificate Course in Film Appreciation and Photography

A Certificate Course in Film Appreciation and Photography was conducted for TYBAMM students. Twenty-five students successfully completed the course under the Guidance of Mr. Arun Sethi, Cinematographer and alumni from FTII, Pune.

Certificate Course in Journalism

Fifteen students took an online course on Journalism for beginners organised by U.S. consulate in association with Coursera.

Best Practices

- The department has created a Facebook Page exclusively for BMM students. Students can ask queries on it which in turn will be answered by teachers and a committee of students.
- WhatsApp Group for each class has been created including the faculty members to facilitate the students with prompt information and guidance.
- BMM department has created a WordPress website for communication with students and for promotional purposes.
- Every student is given training in audio and video editing and recording for one hour per week. This is over and above their BMM curriculum.
- Every day the first year BMM students update the BMM notice board with the highlights of daily news.

Student Working/Internship

Name	Class	Internship/	Workplace
Priyadarshani Bhagwan Falke	TY BMM (Ad)	Work Profile	Great Maratha Entertainment LLP
Mansi D Chavan	TY BMM (Ad)	Assistant Director	Athena Productions
Nisha M Ahankare	TYBAMM(Journalism)	Event	VK Media
Farheen Hodekar	TYBAMM (Ad)	Events, lineproduction, Talent mangt	Arts in Motion Productions pvt ltd
Damayanti Jain	TYBAMM (Ad)	Studio Manager	Arts in Motion Productions pvt ltd
Yashashri S Jadhav	TYBAMM (Ad)	Studio Manager	MJC enterprises
Aishwarya A Patil	TYBAMM(Ad)	PR intern	3HD Media
Suchitra V Ghatkar	TYBAMM (Ad)	Social Media	DJ Communication
Monali B Shendage	TYBAMM(Journo)	Assistant PR	IBN Lokmat
Charmi N Mamania	TYBAMM (Ad)	Production/field work	Shubh Vivah wedding planner

Riya S. Dubey	TYBAMM (Ad)	Client servicing & Event Management	Craft and creation
Ruchita D Shah	TYBAMM (Ad)	Client servicing & Social media intern	Integrated
Akashta S. Sawant	TYBAMM (Journalism)	Graphics & Marketing	IBN Lokmat
Priya Jaiswal	TYBAMM (Ad)	Production/Field work	IFTTI. Indian Film and Television. Technical Institute.(A division if APSEC India P.L)
Hinal Dedhia	TYBAMM (Ad)	Associate Media Councillor	IFTTI. Indian Film and Television. Technical Institute.(A division if APSEC India P.L)
Shraddha Koli	TYBAMM (Ad)	Associate Media Councillor	IFTTI. Indian Film and Television. Technical Institute.(A division if APSEC India P.L)
Shrilata Patwa	TYBAMM(Journalism)	Associate Media Councillor	Sudarshan News
Namarata Shetty	TYBAMM(Journalism)	Reporter	Sudarshan News
Saloni Shah	TYBAMM (Ad)	Content writer	MSL Group
Anuja Parkar	TYBAMM (Ad)	PR executive	Yashwant Films
Sharanya Ramesh	TYBAMM (Ad)	Cinematographer	Shashi Sumeet Productions
Pooja Tripathi	TYBAMM (Journalism)	Casting Team	VK Media
Darshana Shelke	TYBAMM(Journalism)	Events,lineproduction,Tal entmangt	Yashwant Films
Priyanka Kharude	TYBAMM (Ad)	Editing	IFTTI. Indian Film and Television. Technical Institute.(A division if APSEC India P.L)
Sushmita Pawar	TYBMM (Journo)	Associate Media Councillor	Vactra Activation
Sapna Sakpal	TY BMM (AD)	Event Organiser	Ultimate wedding
Dimple Juman	TY BMM (AD)	cinematographer	Ultimate wedding
Sherry Kelvita Rodrigues	TYBAMM (AD)	drone flyer and photographer	View Point Public Relations
Sanjana S Janjirkar	TYBAMM (Jurno)	PR Executive	Pani foundation
Krutika Tambe	TYBAMM (Ad)	Voice recording	Dharmeshsachde photography
Trusha Limagare	TYBAMM(Journalism)	Asst photographer	Marathi sanman
Nidhi Sampat	TYBAMM (Ad)	Reporter	Gurukrupa Agency
Dimpal Prakash Kalliwada	TYBAMM (Ad)	PR intern, Marketing Team	Dodia Enterprises

Guest Lecture:

- True Blue Talks – An interactive session for students was organised on 26 July 2016. The guest speaker was Mr. Rohit Bharti from Tiding.
- TYBAMM students attended a lecture by Ms. Radhika Soman, HoD, Sociology on 'The social aspects for Research' on 29 July 2016.
- Mr. Ashwini Kaul from Whistling Woods was invited on 2 December 2016 to conduct a guest lecture on Cinematography.
- Mr. George Sebastian from Matrubhumi Publication was invited on 9 December 2016 to conduct a guest lecture on Career guidance in Advertising industry.

Faculty Activities:

- Ms. Prabha Nair was invited as a committee member for Local Inquiry Committee for P.N.Doshi College, Ghatkopar and Shri. M.D. College, Malad.
- Ms. Shagufta Memon completed her first year of Masters in Entertainment, Media and Advertising with distinction.
- Ms. Deepali Matkar made Power Presentation for Anti Ragging Committee specifying the procedure of how to fill up the forms. She also prepared a PPT for Seva Mandal Education Society and for Sneh Project.
- Ms. Deepali Matkar was invited as an external examiner to conduct internship viva by P.N.Doshi College, Ghatkopar on 5th April 2017.
- Ms. Deepali Matkar was invited to conduct a guest lecture on Power of YouTube for TYB.Com students on 5th August 2016.
- Ms. Sonal Mane was invited as an external examiner to conduct Internship Viva by Shri. M.D. College, Malad on 15th April 2017.
- Ms. Sana Khan was invited to conduct a guest lecture on Voice and Accent by M.Com Department on 5th August 2016.

Additional Activities:

- BMM department went for a visit to Goa from 19 February 2017 to 23 February 2017. Faculty members accompanied the students.
- A Skin and Hair camp was organised for the college by TYBAMM student Pooja Jadhav. Camp was held by Dr. Vikas Halwai (MD and DDV) Consultant Dermatologist, Cosmetologist and Dermatologist on 14 March, 2017.
- Celebration of 150th Birth Anniversary Year of Swami Vivekanand at Swami Vivekanand Kendra was attended by 25 BMM students along with Ms. Deepali Matkar on 12th January 2017.
- Ms. Damyanti Jain won the FAN No. 1 Contest organised by ABP NEWS. She appeared on the show Saas Bahu Aur Sazish on 17 January 2017.
- 13 students from FYBAMM attended a radio event organised by SNDT University, Juhu.

Students Achievements

Geetanjali Sahu	S.Y.BAMM	Consolation	Yuvamahotsava Skit	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
		Participation	Final Yuvamahotsav Skit	22st& 23nd sep,2016	P.V.D.T COLLEGE	Regional
Sweeti Tandon	F.Y.BAMM	Consolation	Yuvamahotsava Skit	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
	F.Y.BAMM	Participation	Final Yuvamahotsav Skit	22st& 23nd sep,2016	P.V.D.T COLLEGE	Regional
		Participation	Bollywood Quiz	19th, 20th& 21st January	S.I.E.S	Intercollegiate
		Participation	Snake Bite	19th, 20th& 21st January	S.I.E.S	Intercollegiate
		2nd	Yuvamahotsava Mime	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
Kajal Mehrol	F.Y.BAMM	3rd	Final Yuvamahotsav	22st & 23nd sep,2016	P.V.D.T COLLEGE	Regional
		Participation	Treasure Hunt	19th, 20th & 21st January	S.I.E.S	Intercollegiate
		Participation	Bollywood Quiz	19th, 20th & 21st January	S.I.E.S	Intercollegiate
		Participation	Snake Bite	19TH ,20TH ,21ST January	S.I.E.S	Intercollegiate
Shruti Lokare Rajendra	F.Y.BAMM	3rd	Yuvamahotsava Music	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
		Participation	Final Yuvamahotsav Music	22st& 23nd sep,2016	P.V.D.T COLLEGE	Regional
		Participation	Solo Singing	19th, 20th & 21stJanuary	S.I.W.S	Intercollegiate
		Participation	Solo Singing	19th, 20th & 21stJanuary	S.I.W.S	Intercollegiate
		Participation	Task Force	19th, 20th & 21stJanuary	S.I.W.S	Intercollegiate
		Participation	Snake Bite	19th, 20th & 21stJanuary	S.I.W.S	Intercollegiate

Kajal Kadam Ajit	FY.BAMM	3rd	Yuvamahotsava Music	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
		3rd	Final Yuvamahotsava Music	22st& 23nd sep,2016	P.V.D.T COLLEGE	Regional
		3rd	Yuvamahotsava Music	1st& 2nd sep, 2016	P.V.D.T COLLEGE	Regional
		Participation	Solo Singing	19th, 20th & 21st January	S.I.W.S	Intercollegiate
Reeja Sunke	FY.BAMM	Participation	Duet Singing	19th, 20th & 21st January	S.I.W.S	Intercollegiate
		Participation	Two Minutes Make up	19th, 20th & 21st January	S.I.W.S	Intercollegiate
		Participation	Bollywood Quiz	19th, 20th & 21st January	S.I.W.S	Intercollegiate
		Participation	Task Force	19th, 20th & 21st January	S.I.W.S	Intercollegiate
		Participation	Snake Bite	19th, 20th & 21st January	S.I.W.S	Intercollegiate
Sejal Pawar	FY.BAMM	Participation	Yuvamahotsava On the spot Painting	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
Ruchita Shah	FY.BAMM	Participation	Yuvamahotsava Photography	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
Charmi Mamaniya	T.Y.BAMM	Participation	Yuvamahotsava Photography	1st& 2nd sep,2016	P.V.D.T COLLEGE	Regional
Aashreen Ahmed	FY.BAMM	2nd	SOLO MUSIC	20th December	Shri. M.M. P. Shah	Intercollegiate
Kajal kadam	FY.BAMM	Participation	SOLO MUSIC	20th December	Shri. M.M. P. Shah	Intercollegiate
Reeja Sunke	FY.BAMM	Participation	SOLO MUSIC	20th December	Shri. M.M. P. Shah	Intercollegiate
Drishti Shah	FY.BAMM	Participation	Treasure Hunt	20th December	S.I.W.S	Intercollegiate
		Participation	Two minutes Make up	20th December	S.I.W.S	Intercollegiate
		Participation	Bollywood Quiz	20th December	S.I.W.S	Intercollegiate
		Participation	Task Force	20th December	S.I.W.S	Intercollegiate
		Participation	Snake Bite	20th December	S.I.W.S	Intercollegiate

MalathFarheen Khan	F.Y.BAMM	2nd Prize	Hairstyle	19th Jan	S.I.W.S	Intercollegiate
Malath Farheen	F.Y.BAMM	2nd Prize	Painting Competition	18th Feb	Shri M.M.P Shah	Intercollegiate
Mansi Chavan	T.Y.BAMM	1st Prize	Face Painting	29th Jan	Guru Nanak College	Intercollegiate
Malvikaa Shah	T.Y.BAMM	1st Prize	Face Painting	29th Jan	Guru Nanak College	Intercollegiate
Pooja Jadhav	T.Y.BAMM	2nd Prize	Antakshari Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Pooja Jadhav	T.Y.BAMM	3rd Prize	Dumb Charades Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Malvikaa Shah	T.Y.BAMM	2nd Prize	Antakshari Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Mansi Chavan	T.Y.BAMM	2nd Prize	Antakshari Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Mansi Chavan	T.Y.BAMM	3rd Prize	Dumb Charades Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Tanisha Arora	T.Y.BAMM	2nd Prize	Antakshari Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Tanisha Arora	T.Y.BAMM	3rd Prize	Dumb Charades Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Malvikaa Shah	T.Y.BAMM	3rd Prize	Dumb Charades Competition	28th Jan	Xavier's Engineering College	Intercollegiate
Priya Pandey	S.Y. BMM	1st Prize	ChinmayaGeeta Fest : Poster Making	19th Jan	Shri M.M.P Shah	Regional
Virti Shah	S.Y. BMM	1st Prize	ChinmayaGeeta Fest : Poster Making	19th Jan	Shri M.M.P Shah	Regional
Ruhi Shaikh	S.Y. BMM	1st Prize	ChinmayaGeeta Fest : Poster Making	19th Jan	Shri M.M.P Shah	Regional

Mrs. Prabha Nair

Co-ordinator

DEPARTMENT OF MARATHI

Teaching, Learning and Evaluation

- Organize “Vachan Sanskriti” programs every month based on relevance of the occasion.
- Organized Essay Competition on “World Population Day” on 11th July 2016.
- Celebrated Guru Purnima by organizing a film viewing on “Management of Pandharpur Vari” for students of BA I at AV Room, MMP Shah Women’s College on 31st July 2015.
- Organized lecture on “Ahirani Boli” by Prof. Bhatu Wagh for SYBA students on 26 July 2016.
- Organized guest lecture by Prof. Jagdish Sansare for Parents of FYBA on “Palak Samoopadeshan” on 1st Oct 2016.
- Organized Career Guidance workshop for Ex Students / Alumni by PralhadJadhav on 8th Oct 2016.
- Organized a “Marathi Language Celebration Fortnight” from 4th to 16th Jan 2017.
- Organized “Unicode Workshop” on 25th Feb 2017.
- Organized Marathi Language Day celebration on the occasion of the Birth Anniv. of noted poet & author V V Shirvadkar on 27th Feb 2017. Invited young poet Vikrant Keni to present few of his poems on this occasion.
- Organized TYBA Students Visit to “IBN Lokmat” channel on 20th Aug 2016
- Organized viewing of Plays “Hiranyagarbh” on 14th Dec 2016 & “Ladies Cycle” on 13th Feb 2017 for students at external auditoriums.
- Celebrated Dr. Babasaheb Ambedkar’s birth anniv on 6th Dec 2016 by organizing presentations & poem readings by students.
- Carried out Book discussions on; (a).
“Marathi Bhasha Vyakran” by BA II on 21st Sept 2016.
“Sahityachi Bhasha” by BA II on 7th Oct 2016.
- BA I students made PPT presentations as per syllabus on 15th Jan 2017
- BA II students made PPT presentations as per syllabus on 3rd Feb 2017
- BA II students made PPT presentations as per syllabus on 15th Feb 2017

Research Consultancy and Extension

- Ms.Vasant Pansare presented a paper on “2000 to 2015 Madhil Lalit Gadhyas” and Ms. Rashmi Shetye-Tupe presented a paper on “2000 to 2015 Madhil Pravas Varnanat a National Seminar held at Smt M D Shah College, Malad on 28th& 29th Sept 2016.
- Ms.Vasant Pansare presented a paper on “Chakri Kadambaritil Mahanagariya Vastav” and Ms.Rashmi Shetye-Tupe presented a paper on “Are Sansar Sansar Madhil Mahanagariya Vastav” at a National Seminar held at Khalsa College, Matunga on 9th& 10th Dec 2016.
- Ms.Rashmi Shetye-Tupe attended workshop on “Marathi Vyakran Karyashala” at SNTD Churchgate on 11th

Dec 2016.

- Ms. Rashmi Shetye-Tupe was a Resource Person / Judge at Walia College, Andheri for Street Play competition on 21st Dec 2016
- Mr. Vasant Pansare was a Resource Person / Judge at Mumbai Marathi Granthalaya for Poem Competition on 23rd Dec 2016
- Ms. Rashmi Shetye-Tupe presented a paper on “Prantiya Bhashamadhil Ucha Shikshan” at National Seminar held at Adarsh Mahavidyalay, Badlapur on 16th& 17th Feb 2017.
- Mr.Vasant Pansare presented a paper on “Shetkaryanche Prashna” and Ms.Rashmi Shetye-Tupe presented a paper on “Dhor Samajache Prashna” at a National Seminar held at Smt Ambikabai Jadhav Mahavidyalay, Vajreshwari on 6th& 7th March 2017.
- Mr. Vasant Pansare presented a paper on “Sata Samudra Palikade Madhil Pravasvarnan” and Ms. Rashmi Shetye-Tupe presented a paper on “Ghat Shilevari Ubhi Madhil Pravasvarnan” at an International Seminar held at Manibai Nanavati Mahila Mahavidyalay, Vileparle on 16th& 17th March 2017

Infrastructure and Learning Resources

- Student’s managed use of AV / Smart rooms & Aids to facilitate film viewing on “Bhasm” on 22nd Oct 2016

Student Support and Progression

- Swapna Chinchgharkar of TYBA won 1st Prize in Essay Writing at SNTD Churchgate on 1st& 2nd Sept 2016
- Laxmi Shinde & Madhura Vichare of SYBA won 1st Prize in Debate competition at SNTD Churchgate on 1st&b 2nd Sept 2017
- Swapna Chinchgharkar of TYBA won 1st Prize in Essay Writing at SNTD Churchgate (National Level) on 22nd& 23rd Sept 2016
- Sapna Jadhav of TYBA won 2nd Prize in Essay Writing at Mani Bhavan on 2nd Oct 2016
- Sapna Jadhav of TYBA & Mitali Gurav of SYBA presented Papers at a National Seminar on Higher Education In Regional Languages held at Adarsh College, Badlapur on 16th& 17th Feb 2017
- Sonam Lagad & Trupti Kapare of FYBA won 2nd Prize in National Debate Competition at Smt. MMP Shah Women’s Arts & Commerce College on 20th Feb 2017
- Organized Haldi Kumkum celebrations on 30th Jan 2017

Governance, Leadership and Management

Innovations and Best Practices

- 23rd July 2016 onwards: Carried out teaching sessions for wards of “Manav Seva Sangh” to encourage Marathi Literature among the younger generation.
- Brain Storming Sessions: for TYBA Students
- Discussions: for SYBA Students
- Debates: for SYBA Students
- PPT Presentations: for FY & SY Students

Vachan Sanskruti Katta



Esteemed Guests



Field Vists



Bhasha Din Celebrations



National / International Seminars and Paper Presentations



Mr. Vasant Pansare
Head of Department

PG DEPARTMENT OF MARKETING MANAGEMENT

1. Curricular Aspects:

- M.Com I orientation was held on 3rd August 2016 at 9.30 am in the AV room. Students were given a broad overview of what to expect in the next 2 years with the help of PPT. A few parents had also accompanied their daughters for the same.
- Ms. Forum Dharod & Ms. Nikita Talekar, M.Com II students presented a research paper on 'Role of Technology in Modern Banking' at Student-Led Conference held at Maniben Nanavati College in Association with SIES College on 6th August 2016.
- Various value added lectures were organized for the M.Com students at the beginning of the year-

Value Added Lectures

Sr. No.	Date	Time	Topic	Guest Speaker
1	4th August	9.00 am	Setting Goals	Ms. Reshma Murali
2	5th August	9.00 am	Voice Modulation	Ms. Sana Khan
3	8th August	9.00 am	Time Management	Ms. Snehal S.
4	9th August	9.00 am	Significance of Leadership	Ms. Vaishnavi Verma
5	10th August	9.00 am	Role of Women in Media	Mrs. Darshana Buch
6	11th August	9.00 am	Avenues in E-commerce	Ms. Soumya Nichani
7	12th August	9.00 am	Removing Fear of Accountancy	Dr. Seema Gosher
8	13th August	9.00 am	Improving Spoken English	Ms. Milina Periera A.
9	16th August	9.30 am	Importance of Personal Grooming	Mrs. Neetu Singhi
10	17th August	9.30 am	Library Orientation and E-Resources	Ms. Ashwini Prabhu
11	3rd Feb. 2017	10.30 am	New Trends in Marketing'	Dr. Rakhi Sharma
12	8th Feb. 2017	11.30 am	'How to write an effective research paper'	Dr. Daxa Dave

- 7 M. Com I & II students attended a one day Seminar on 18th Jan. 2017, on Employability Skills organized under Aakaar by the BMS department.
- M.Com I students attended a guest lecture on ' New Trends in Marketing' on 3rd Feb. 2017, by Dr. Rakhi Sharma, BMS Co-ordinator of Jai Hind College & a Corporate Trainer.
- M.Com I students attended a guest lecture by Dr. Daxa Dave on 'How to write an effective research paper' on 8th Feb. 2017.
- M.Com I & II students of our college attended a workshop on SET/NET organized by our department on 11th Feb. 2017.
- 7 M.Com I students were selected to attend the employability Skills Program under SAS-CSR.

2. Teaching-Learning Evaluation:

• Brain-Storming Sessions and Discussions

Methodology	Date	Class	Theme/ Topic
Brain storming	15th Dec. 2016	Mcom II	Effective Research topics of applicable nature
Discussions	3rd April 2017	Mcom I	Union Budget 2017

- Performance of the students is evaluated with the help of various evaluation techniques such as Projects assignments, Power Point Presentations, Poster Presentations, Tests, Viva, Debates, viva, research writing etc.
- Preparation of Research Proposals & its presentation. External examiners are invited for presentation. Ms. Ekta Shah from Shri M. D. Shah Mahila College was invited as an external Examiner for their external viva for research proposals
- Writing of Conceptual Framework & Literature Review as a part of their curriculum (research paper)
- Students are made to speak on current economic issues in front of the class, there was a group discussion on political scams and demonetization and cashless economy.
- Latest issues related to markets & economic crisis all over the world were discussed.
- Students are expected to prepare a research dissertation & present it with the help of PPT. External examiners are invited for the viva. The vivas were scheduled as follows for the year 2016-17
 - ❑ First Batch – 12th, April, 2017 – Dr. Nooruzia Qazi, B. M. Ruia College (External Examiner)
 - ❑ Second Batch – 15th April, 2017 – Dr. Anita Jacob B. M. Ruia College (External Examiner)
 - ❑ Third Batch – 16th April, 2017 – Dr. Jyoti Thakur, SNDT University, Churchgate, (External Examiner)
- Students have to make their resume & submit it.
- Students have to compulsorily complete 240 hours of internship. For this they have to submit log sheet & feedback form filled by the employer & teacher co-ordinator.
- Students are asked to submit internship report. This year Dr. Pradnya Mhamunkar was invited for the internship vivas
- Students are encouraged to write research papers in the in-house research journal “CONCEPT”.
- Students are shown live Union Budget followed by discussion on it which is evaluated as a part of their internal assessment.
- Poster Presentation on current topics.
- A few students are made team leaders who motivate their team members as well guide them to complete their research dissertations.
- Platform is provided to M. Com students for writing Research Papers. These papers are assessed by peer review committee of the Research Cell. The best two papers are printed in the College Research Journal named ‘Concept’ with ISSN No. 2394-8922.

3. Research Consultancy & Extension:

Dr. Shubhangi Kulkarni:

1. Attended a workshop on ‘Why do Research? – The importance of Academic Research’ on 5th January 2017, organized by the Research Cell.

2. Published a research paper on “Nutrition Information Panel of Packaged Food Products: A Consumer Perspective” in an International Scholarly Research Journal for Interdisciplinary Studies (P-ISSN 2319-4766) with an Impact Factor 5.403 in the 28th National Conference of Maharashtra Commerce Association organized by B.K. Shroff College of Arts and M. H. Shroff College of Commerce, Kandivali (West), Mumbai on 25th and 26th of Feb. 2017.
3. Published a paper on “A Study of Impact of Television Advertisements on children’s buying behavior leading to excessive consumerism” in the Peer Reviewed Journal called “Emerging Economies” in December 2016 with an ISBN No. 978-81-931585-0-0, published by Maniben Nanavati College.
4. Published a paper on “Brand Maggi: Tribulations & Triumph” in the College Annual Peer Reviewed Journal “Concept” in April 2017 with an ISSN- 2394-8922.
5. Presented and published a paper on “Digitization and Cashless Economy: Use of Plastic Money among Working and Non-working Women in Mumbai Metro Region” on 27th April 2017 at an International Conference organized by Mumbai University. (Details of publication awaited)
6. Co-authored a Textbook for XIIth Vocational students on the subject Foundation Course (FC).
7. Attended a workshop on ‘Using Smart Class Room on 9th Feb. 2017 by Mr. Shahajahan Khan of BCA Department.

Dr. Shital Mandhare:

- ❑ Was awarded Ph.D. in Commerce in the Convocation Ceremony of the SNDT Women’s University on 22nd Jan 2017.
1. Published a research paper on “Critical Success Factors for E-commerce with special reference to online shopping: A Consumer Perspective” in a one day Multidisciplinary National Conference on “Electronic Commerce and Changing Market Scenario” organized by Dept. of Commerce, Shailendra Education Society’s Arts, Commerce and Science College on 27th Jan. 2017. The paper has been published in their Journal titled “Reverberations” with an ISSN No. 2454-1494.
 2. Published a research paper on “Retailing in Emerging Markets and a Wave of online Shopping: A Consumer Perspective” in a one day National Conference on “New Horizons in Business and Management: A Gateway of Opportunities for Business Innovations” organized by R. A. DAV College, Mumbai on 28th Jan. 2017. The paper has been published in their Journal “Management Guru” with an ISSN No. 2319-2429 and the same paper was awarded as the best research paper in the Area of Marketing.
 3. Published a research paper on “Nutrition Information Panel of Packaged Food Products: A Consumer Perspective” in an International Scholarly Research Journal for Interdisciplinary Studies (P-ISSN 2319-4766) with an Impact Factor 5.403 in the 28th National Conference of Maharashtra Commerce Association organized by B.K. Shroff College of Arts and M. H. Shroff College of Commerce, Kandivali (West), Mumbai on 25th and 26th of Feb. 2017.
 4. Presented and published a paper on “Digitization and Cashless Economy: Use of Plastic Money among Working and Non-working Women in Mumbai Metro Region” on 27th April 2017 at an International Conference organized by Mumbai University. (Details of publication awaited).
 5. Published a paper on “a study on consumer perceptions comparing traditional shopping and online shopping” in the College Annual Peer Reviewed Journal “Concept” in April 2017 with an ISSN- 2394-8922.
 6. Successfully conducted a One Day workshop on “Guidance for Answering NET/SET Examination” on 11th

of Feb. for the M,Com Students. Students from M. D. Shah Mahila College, Malad and P. N. Doshi College, Ghatkoper participated actively. Apart from these there were a number of Alumni who participated for the workshop.

7. Delivered a lecture on “Budgeting” for TYBSC (RM) students on 21st Mar. 2017 under the subject “Event Management” at BMN College of Home Science, Matunga.

Invited as Resource Persons

Name of Faculty	Invited by	Topic	Date
Dr. Shubhangi Kulkarni	PN.Doshi College, Ghatkoper	Conducting Effective Research	22nd Sept. 2016
	M.D. Shah Mahila College, Malad	Research methodology	10th Oct. 2016
	XIth Vocational	Time Management & Personality Development	24th Jan. 2017
	Was invited as a judge by the BMS Dept.	Tol Mol Ke Bol (Aakaar Festival)	18th Jan. 2017
	Shri. MD Shah Mahila College, Malad	External examiner for Conducting Research Dissertation vivas	25th April 2017
	ManibenNanavati College, Vile Parle	External examiner for Conducting Research Dissertation vivas	25th April 2017
Dr. Shital Mandhare	PG Dept. of Commerce, Smt. MMP Shah College	Guidance for Answering NET/SET Examination”	11th of Feb. 2017
	BMN College of Home Science	“Budgeting” for TYBSC (RM)	21st Mar. 2017
	BMN College of Home Science	Performance Appraisal” for TYBSC (RM)	22nd July 2016
	SPN Doshi College, Ghatkopar	External examiner for Conducting Research Dissertation vivas	4th April 2017
	Shri. MD Shah Mahila College, Malad	External examiner for Conducting Research Dissertation vivas	25th April 2017

4. Students Support & Progression:

- ☐ Dr. ShitalMandhare is awarded Ph.D. in Commerce in the Convocation Ceremony of the SNDT Women’s University on 22nd Jan 2017.
- ☐ 2 of our students are pursuing B.Ed., 3 are Writing NET/SET exams and 12 are placed in various organizations at reputed positions.
- ☐ Two of our students are employed by our own college as Computer. Teachers.
- ☐ One student is employed with Colgate-Palmolive.
- ☐ One student is working as a freelancer on Social Media.

5. Governance, Leadership & Management:

- Dr. Shubhangi Kulkarni, Co-ordinator of MCom is a member of Local Managing Committee.
- Dr. Shubhangi Kulkarni is a member of the Students Support & Progression KRA, Placement Cell, LMC (BMM, PG), Exam Committee, Admission Committee, Faculty Development, Grievance and Redressal, PTA and Alumni, Cleanliness & Discipline Committee.
- Dr. Shital Mandhare is a member of Admission Committee, Research Cell, Publication Committee, NAAC KRA Criterion III.
- Dr. Shital Mandhare appointed as CAP member and Paper Setter for M.Com and B.Com. UGC Vocational for the year 2016-17

6. Innovations & Best Practices:

Use of ICT

- Students are made to attend lecture on “Library E-resources and Inflightnet” organized by PG dept. delivered by the Librarian of the college. On the basis of the same, students decide their research titles, write research papers and prepare research proposals based on the library and e-resources.
- Lectures are taken with the help of PPT presentations. Students write down pointers and later elaborate it to make their own study material.
- Online material and latest references and examples are shown in the smart classroom. Students get latest information and exposure related to their topics.
- Students were shown live Union Budget followed by discussion on it which is evaluated as a part of their internal assessment.

Innovative learning

- It is mandatory for MCom II students to take one lecture at the UG level; the department collects feedback for it, which in turn is discussed with students.
- Students are encouraged to write research papers in the in-house research journal “CONCEPT” with ISSN No. 2394-8922. This year 4 of our M.Com. II students wrote quality research papers for the Annual Journal Concept, namely Ms. Foram, Ms. Pushpa, Ms. Siddhi and Ms. Sukumari..
- A few students are made team leaders who motivate their team members as well guide them to complete their research dissertations.
- Mentoring Programme of the department.
- Teacher Assistance Programme.
- Platform is provided to M. Com students for writing Research Papers. These papers are assessed by peer review committee of the Research Cell. The best two papers are printed in the College Research Journal named ‘Concept’ with ISSN No. 2394-8922.
- Mcom. I students wrote research papers based on secondary data on various marketing and management related topics with the help of library and e-resources.

Dr. Shubhangi Kulkarni

Coordinator, MCom

DEPARTMENT OF PSYCHOLOGY

UNDER-GRADUATE PROGRAMME

Teaching, Learning and Evaluation

A. Student Exchange Programme

Department of Psychology has a Student Exchange Programme with the Human Development Department of Dr BMN College of Home Science. This year, following lectures were conducted as part of the programme:

Date	Topic	Resource Person
10th March 2017	Vocational Guidance	Ms. Vaishnavi Verma, Assistant Professor, Smt MMP Shah Women's College
15th March 2017	Projective Tests	Ms. Jainy Chedda, Counselling Psychologist

B. Guest Lectures

Guest Lectures were arranged for the students to give them different perspectives on various topics in Psychology by experts in the field

Date	Title	Resource Person	Class
8th February 2017	Health Psychology	Dr. Cicilia Chettiar, Associate Professor, Head of dept Psychology, ManibenNanavati Women's College	TYBA
8th February 2017	How to do a Presentation	Counselor Snehal Subramanian	FYBA
8th February 2017	Clinical Psychology and its scope	Ms. Sajeda Ansari, Clinical Psychologist and Research Consultant	TYBA
14th February 2017	Old Age and Psychology	Mrs. Vrushali Tare-Pendse, Lecturer at MD Shah College of Arts and Science	FYBA

C. Movie/ Documentary Screening and Discussion:

Title	Date	Synopsis
From Conception to Birth: Developmental Perspective	3rd August 2016	An educational video on the biological process of conception to birth.
Video on Pavlo's Classical Conditioning Experiment	25th November 2016	An educational video on classical conditioning experiment.
Class Divided (Destructive Obedience)	11th February, 2017	The documentary explained the concept of Destructive Obedience through an experiment conducted on primary school children.

D. The following Innovative Methods for Teaching and Evaluation were employed:

1	Practical Queen	An intra-class competition between students to win the title of Practical Queen. The students are awarded 'Stars' for their performance in Practical. At the end of the year, these stars are counted. The student with the most stars is awarded with the title. This year, two students, MsShahana Arab, MsPayalKarde have scored maximum stars, thereby sharing the title.
2	Demonstrations	Psychological Experiments were demonstrated in class through the year on various topics.
3	PowerPoint Presentations	Students of FYBA, SYBA and TYBA gave PowerPoint presentations as part of their internal assessments.
4	Viva Voce	TYBA underwent Viva Voce to prepare for their Practical Examination.
5	Skits	FYBA performed skits related to various concepts from Developmental Psychology as part of their internal assessment
6	Survey	SYBA conducted survey as part of her Social Psychology internals.
7	Designing Experiments	TYBA students designed experiments related to topics in Cognitive Psychology as a part of their Internal Assessment
8	Scrapbook	FYBA students made scrapbooks on various cognitive processes as part of their General Psychology Paper.
9	Online Referencing	TYBA students were given internal assignment on getting latest researches in Cognitive Psychology to encourage online referencing of Journals.

E. Honours Programme:

Honours Programme was initiated for students of TYBA. The students had to earn four credits through the year. Following activities were conducted through the programme:

Workshops:

Date	Topic	Resource Person
30th September 2016	Workshop on Dance and Movement Therapy	The Blue Sphere- Ms.Vidhya Shenoy
8th October 2016	Workshop on "Orientation to Learning Disability	Ms. Prattusha Chatterjee

Research Projects:

The students undertook group Research Projects. Following projects were completed.

Title	Students
Correlation between Gratitude and Altruism	Anjum Khan, Halima Khan, Ashna Mulgund, Tahira Shaikh, Arshiya Shaikh
Correlation between Body Image and Self Esteem among Adolescent Girls	Shahana Arab, Heena Sayed, Dhanalakshmi Nayyar, Neha Tiwari
Gender Differences in Hope and Life Satisfaction	Payal Karde, Padma Rao, Shakshi Shukla Shraddha Mishra, Ayesha Darvesh

F. Student Participation in Projects:

Students of TYBA participated in a project titled 'Pukar- Mapping Safe areas outside Railway Stations' by Khalsa College.

G. Seminar/ Conference / Workshops attended by Faculty:

Mrs. Archana Patki, Vice Principal and Head

- Attended Content Analysis workshop for Semester III and Semester IV Psychology syllabus at SPN Doshi Women's College, Ghatkopar on 9th January 2017.
- Attended a meeting on Lateral admissions to SYBA and TYBA Psychology for Students from Other Universities on 16th May 2017 held at Department of Psychology, SNDT Women's University, Churchgate.

Ms. Vaishnavi Verma, Assistant Professor

- Attended the Orientation Programme from 4th November 2016 to 2nd December 2016 at HRDC, University of Mumbai. Secured 'A' Grade.
- Attended Content Analysis workshop for Semester III and Semester IV Psychology syllabus at SPN Doshi Women's College, Ghatkopar on 9th January 2017.

Research Consultancy and Extension

A. Research Paper Presentations:

TYBA student Ms. Shahana Arab, SYBA student Ms. Marian Sunny and FYBA student Ms. Bhairavi Parab, participated in Research Paper Presentation Competition "Trishool" by Department of Psychology, P. N. Doshi Women's College, Ghatkopar on 25th January 2017. They presented a paper titled, "Relationship between experiences of Sexual Harassment, Depression and Anxiety among young women".

B. Research related Seminars/Conferences attended by faculty:

Mrs. Archana Patki

- Was awarded with UGC Teacher Fellowship Award under the Faculty Development Programme.
- Attended and anchored the Inaugural Session of Bombay Psychological Association's 24th Annual National Conference on 'Pieces to Peace: Conflicts and Its Resolution' at S. N. D. T. Women's University, Churchgate on 13th January 2017.
- Was the chief Advisor for the National level Symposium on Forensic Psychology conducted by Indian Institute of Forensic Psychology on 18th February 2017.
- Mrs. Archana Patki and Ms. Reshma Murali presented a paper at a National Conference on "Innovative Teaching Practices" at Ramniranjan Jhunjhunwala College' on 17th and 18th February 2017 on "Innovative Assessment and Evaluation Techniques: A Case Study of Departments of Psychology and Foundation Courses".

Ms. Vaishnavi Verma

- Attended two days National Conference on Cyber Psychology at Welingkar's Institute of Management on 20th and 21st January 2017.

Student Support and Progression

- Mentoring Programme commenced in September 2017. All TYBA students are mentees. They are being mentored by MA II Counselling Psychology students.

A. Student Participation and Achievements

Date	Student Name	Resource Person		Class
FYBA	Rumana Patel (Consolation Prize)	Essay Competition	Maitreyi, Maniben Nanavati Women's College	11th August 2016
	Razina Patel			
TYBA	Shahana Arab	Quiz		11th August 2016
	Tahira Shaikh			
	Padma Rao (First Prize)			
FYBA	Rumana Patel	Poster for Organ Donation	Dept of Psychology	28th October 2016
TYBA	Padma Rao			
TYBA	Anjum Khan			

B. Alumni Details (Batch 2015-2016)

Name	Pursuing
Ariba Choudhary	MA Clinical Psychology SNDTWU, Churchgate
Minal Shirke	MA Clinical Psychology SNDTWU, Churchgate
Ruksana Shaikh	MA Clinical Psychology SNDTWU, Churchgate
Ayesha Kazi	MA Counselling Psychology SNDTWU, Churchgate
Shifa Boat	MSc Human Development, SNDTWU, Juhu

Governance, Leadership and Management

Name	Committees
Mrs. Archana Patki	<p>Officiating Principal (June 2016- 31st August 2016), Vice Principal, Head of the Department of Psychology and the Coordinator of M. A. Counseling Psychology</p> <p>Member-I.Q.A.C-UTTHAAN</p> <p>Research Guidance Cell</p> <p>Counselling Centre</p> <p>Admission Committee</p>
Ms. Vaishnavi Verma	<p>Member-I.Q.A.C-UTHAAN</p> <p>Parent Teacher Association and Alumni Association</p> <p>Research Guidance Cell</p> <p>Counselling Centre</p> <p>Convener of the Psychology Association</p>

B. Faculty Achievements

Mrs. Archana Patki:

- Was nominated by the Vice Chancellor, S.N.D.T. Women's University, on Ad Hoc Board of Studies in Psychology.
- Was appointed on a panel to scrutinize and short list applications of Counsellors, Social Workers, and Lawyers by the State Mahila Aayog.
- Was felicitated by the Management at the hands of Chief Guest Mrs. Amruta Fadnavis on the occasion of International Women's Day on 8th March 2017.
- Was awarded with UGC Teacher Fellowship Award under the Faculty Development Programme
- Presented a lecture on 'Child Abuse & Sex Education' on 26th December 2016 for students of NSS.
- Provided consultancy to Ankita Waradkar, School Counsellor at Amulakh Amichand Bhimji Vividlakshi Vidyalaya for the setting up and functioning of their Counselling centre.

Ms. Vaishnavi Verma:

- Conducted guest lecture on Leadership for MCom students on 9th July 2016.
- Organised the BA/BCom Orientation Programme on 8th August, 2016 through the Parent Teacher Association.
- Conducted guest lecture on Mental Disability for SYBA Foundation Courses on 28th January 2017.
- Oriented the teachers for ICSSR research project on 31st January 2017 through the Research Cell.

Innovations and Best Practices

I) Alumni Interaction Programme

Alumni who are working in different fields of psychology are invited to provide guidance to the TYBA students to enable them to take informed decision about their career. It motivates current students to take up post graduate studies. It provides a platform for the department to strengthen their bonds with the Alumni.

II) Vocabulary Enrichment Programme for UG

Students of MAI collate words from the reference books used by UG students. This curated list is introduced to the UG students, two words, at a time. It helps increase the vocabulary of psychology related words, thereby making it easier for them to write answers in exam.

M.A. COUNSELLING PSYCHOLOGY

CURRICULAR ASPECTS:

A. Orientation Programme:

MA I Orientation was held on 14th August, 2016. The students were oriented about the MA Counselling Psychology course, the new syllabus, Honours Programme, Certificate course in Basic Skills in Counseling and Psychological Assessment and the various Infrastructural facilities of the College.

B. Honours Programme:

It is designed to promote analytical skills, writing skills, workshop taking skills, overall academic performance and to motivate students. It includes programmes like Teacher Assistantship, Mentoring, Module making, Film & Book discussions, Case Presentations and Counselor Series.

- 25 students from MA II and 19 students from MA I have registered for this programme during the academic year 2016-2017.
- 18 students from MA II (2015-2016) have successfully completed their Honours Programme.

C. Training Programme:

The Add-on certificate course in orientation to 'Basic Skills in Counselling and Psychological Assessment' for students of MA II commenced on 15th June, 2016. As a part of this course, faculty members and professionals from the field of Psychology conducted training sessions for the students.

TEACHING- LEARNING EVALUATION:

A. Innovative Teaching and Evaluation:

Case presentations were regularly held by the students to encourage peer evaluation and healthy discussions of diagnoses and intervention among students.

Clay Model Presentation: Students of MA I were encouraged to make clay models of various types of Neurons to facilitate better understanding of the structure and functions of Neurons on 20th February, 2017.

Debates: Students of MA I had participated in Debates as a part of their assessment in Theories of Personality.

Demonstrations: Psychological Experiments were demonstrated in class through the year on various topics.

Designing Experiments: M.A I students have designed experiments related to topics in Cognitive Psychology as a part of their Internal Assessment.

Role Play: As a part of their assessment, role play was used while teaching students various intervention strategies using therapies like Rational Emotive behavior therapy, Cognitive behavior therapy.

Scrapbook: Students of MA I made scrapbooks on various personality theorists as a part of their internal assessment to help students know the various theories of personality.

Skits: M.A II performed skits related to 'Gender Bias', 'Adjustment problems of Addicts and their Family Members', 'Grief Therapy', 'Adjustment of family members of Alzheimer's patients' as a part of their internal assessment.

MA I performed skits on topics related to applied Social Psychology on 26th February, 2016 on topics like 'Domestic Violence and Glass Ceiling Effect at Workplace, Bystander Effect, Bullying', as a part of their internal assessment.

Critical Essay Writing: Students were encouraged to write critical essays on various topics to stimulate analytical reasoning.

Students of MA I were encouraged to use INFLIBNET to search for latest researches on topics from Neurocognition. These researches were then converted into posters and were later presented in class by the students as a part of their Internal Assessment. This was done to encourage students to understand and use library resources for research purposes which would aid them in their further understanding of concepts through this medium.

B. Book Discussions:

- The Strange Case of Dr. Jekyll and Mr. Hyde- Robert Louis Stevenson: This book is about two opposing personalities (one good, one evil) battling inside one man (but it's really about man's dual nature—something that was particularly intriguing during the Victorian period).
- Wide Sargasso Sea- Jean Rhys: The novel deals with the themes of ethnic inequality and the harshness of displacement and assimilation. It is also concerned with power relations between men and women.

- Animal Farm by -George Orwell. Animal Farm is an allegorical and dystopian novella.

C. Documentary/Movie Screening & Discussions:

- 'Take My Eyes' on 25th February, 2017. The movie is about a woman named Pilar (Laia Marull) who can no longer tolerate her abusive husband, Antonio (Luis Tosar), and she leaves home, taking only a few possessions and her son, Juan (Nicolás Fernández Luna). Seeking solace, Pilar moves into her sister's apartment. However, Juan longs to return to life with his father. But, despite Antonio's promises to seek therapy, Pilar is unsure if her husband is reformed and how to best keep her family together.

D. Workshops:

Date	Topic	Resource Person
18/02/2017	Dance Movement Therapy	Ms. Shweta Raghavan, Ms. Shruti Damle
29/03/2017	SPSS	Dr. Cecilia Chettiar
08/04/2017	Person Centered Therapy	Dr. Nirmala Almeida

E. Field visits:

- 21 students from MA I went for a field visit to 'The Home for Mentally Deficient Children, Mankhurd on 16th February, 2017.
- 25 students from MA I and II went for a field visit to Nair Hospital on 2nd September, 2016.

F. Guest Lectures:

Date	Topic	Resource Person
04/01/2017	Spreading Your Wings- International Exchange	Dr. Rajshree Tewari
21/03/2017	Neurocognition and Executive Functions	Dr. Avinash De Sousa
24/03/2017	Psychological Perspective on Gender	Dr. Nandini Diwan

G. Seminar/ Conference / Workshops attended by students:

- Ms Riddhi Holani and Ms Vidhi gave a presentation on 'Child Abuse & Sex Education' organized by the NSS Unit of Smt. Maniben M P Shah Women's College of Arts & Commerce on 26/12/2016.
- 25 MA students attended Bombay Psychological Association's 24th Annual National Conference on 'Pieces to Peace: Conflicts and Its Resolution' at S. N. D. T. Women's University, Churchgate on 13/01/2017.
- 6 students from MA attended and presented posters during the Two Days National Conference on Cyber Psychology at Welingkar Institute of Management on 20/01/2017 and 21/01/2017.
- 15 students attended a Full Day Seminar on 'School Psychiatry' organized by Indian Psychiatric Society, in collaboration with the Bombay Psychiatric Society held at St. Andrews College, Bandra on 27/01/2017.
- 6 students presented a Power-Point Presentation on Gender Roles and Girls Mobility organized by Stree Mukti Saghathana held at Mirador Hotel, Andheri (E) on 10/02/2017 and 11/02/2017.
- Ms. Siddhika Jadhav (MA-I) attended the 5th Annual Drishti Symposium on 'Technology Innovations for Inclusion' held at ADAPT, Bandra on 18/02/2017.

- 4 MA I and 17 MA II students attended the 4th Annual Symposium on 'The 3 R's of Trauma- Recognize, Respond, Restore' organized by Drishti on 20/02/2017 at ADAPT, Bandra.
- M.A II Students attended a guest lecture on 'Bender Gestalt' by Mrs. Alpa Alure, clinical Psychologist on 10/03/2017.

H. Seminar/ Conference / Workshops Attended

Ms. Reshma Murali

- Attended a seminar on 'Preparing Adolescents for 21st Century Life skills organized by Lions Club International.
- Invited as Resource Persons to give a presentation on 'Child Abuse & Sex Education' organized by the NSS Unit of Smt. Maniben M P Shah Women's College of Arts & Commerce on 26th December 2016.
- Attended Bombay Psychological Association's 24th Annual National Conference on 'Pieces to Peace: Conflicts and Its Resolution' at S. N. D. T. Women's University, Churchgate on 13th January 2017.
- Attended two days National Conference on Cyber Psychology at Welingkar's Institute of Management on 20th and 21st January 2017.
- Was invited as an External Examiner, for AISSCE Practical in the subject of Psychology, by the Navy School, Colaba, held on 25th January 2017.
- Invited as a guest Speaker to talk on 'Aptitude Testing and Personality Development' by the Foundation Courses for BA I students on 9th March 2017.
- Attended a seminar on 'Wired Differently' at Smt. Maniben Nanavati Women's College on 24/6/2016 and 25/6/2016.

Ms. Jennifer Chandani

- Attended a Joint Seminar on 'Treatment of Addiction after 30 Days of Sobriety' at KEM Hospital, Parel organized by the Bombay Psychiatric Society and the Centre of Excellence in Deaddiction of KEM Hospital on 21st February, 2016.
- Invited as Resource Persons to give a presentation on 'Child Abuse & Sex Education' organized by the NSS Unit of Smt. Maniben M P Shah Women's College of Arts & Commerce on 26th December 2016.
- Attended Bombay Psychological Association's 24th Annual National Conference on 'Pieces to Peace: Conflicts and Its Resolution' at S. N. D. T. Women's University, Churchgate on 13th January 2017.

RESEARCH, CONSULTANCY & EXTENSION

A. Research publications and presentations:

- Ms Archana Patki and Ms Reshma Murali presented a paper at a National Conference on Innovative Teaching Practices at Ramniranjan Jhunjhunwala College' on 17th and 18th February 2017 on "Innovative Assessment and Evaluation Techniques: A Case Study of Departments of Psychology and Foundation Courses".
- S. Padhye , J. Chandani & A. Patki 'The Relationship between Husband's level of Neuroticism and Wive's Level of Self-Esteem, Marital Satisfaction and Sexual Desire', Indian Journal of Mental Health Issue: 3(4),October – December 2016, page 486–490. ISSN 2394-4579.
- S.Shinde, V. Verma, & A. Patki 'The relationship between self efficacy, hardiness and perceived stress amongst professional dancers ', Indian Journal of Mental Health Issue: 3(4),October – December 2016, page 419–425. ISSN 2394-4579.

- S. Haldipur, R. Murali & A.Patki ‘ Differences in Parental Differential Treatment, Locus Of Control and Achievement Motivation among the First and Last Born’, Indian Journal of Mental Health Issue: 3(4),October – December 2016, page 491–498. ISSN 2394-4579.
- Shenoy, V, Verma, V & A.Patki. (2016) presented a paper titled ‘A comparative study of effect of formal musical training on academic performance and. International Psychological Applications Conference and Trends (pp. 95-99). Lisbon: World Institute for Advanced Research and Science, ISBN: 978-989- 99389-6- 0

It was presented by the coauthor Ms Vidhya Shenoy at Portugal at the INPACT conference.

- J. Chandani, M. Mungreja (2017) “Relationship between Spiritual Experience, Depression and Optimism among Middle Adults”, SOHAM- An International Multidisciplinary Peer Reviewed Research Journal, Vol 11, Issue 9, Pg 23. ISSN: 2350-0697, Impact factor 2.021.

It was presented by the co-author Ms. Mohita Mungreja at a One Day National Conference on “Literature, Social Sciences, Regional Studies, Management Practices (LSRM 2017)” organized by VNSB Ltd. Arts & Commerce College, Vadnagar, Gujarat.

- R. Mehendale J. Chandani & A.Patki ‘A comparative study of Life Satisfaction and Resilience amongst parents who live with their married children and who do not live with their married children’, Indian Journal of Mental Health 2017; 4(1), page 31-34. ISSN 2394-4579.
- K .Nanavaty, V. Verma, & A.Patki ‘The Relationship between Psychological Hardiness, Coping Strategies and Perceived Stress among Working Adults’, Indian Journal of Mental Health 2017;4(1): page 69-74 . ISSN 2394-4579.
- I. Khare, R. Murali & A. Patki, ‘Impact of Negative Life Events And Socio-Economic Status On The Development Of Resilience In Secondary School Children’, Indian Journal of Mental Health 2017; 4(1), page 36-41. ISSN 2394-4579.
- Patil. S., Murali R., (2017); Social Anxiety and Life Satisfaction Among Introverts and Extroverts ‘Concept’ vol (2) issue (2), Multidisciplinary Peer Reviewed Journal, ISSN No 23948922.

B. Extension Activities:

a. Samvedna Counselling Cell:

The Department of Psychology facilitates the activities of the Samvedna Counselling Cell. Through this centre, interns from MA conduct following activities:

I) Life Skills Programme:

Lectures on Life Skills are conducted for students of B.A. and B. Com. Lectures are also conducted as per the needs and suggestions of the teachers.

II) Urban outreach programme

Ms Snehal Subramanian, along with the MA II interns, Ms. Serah Koshy and Ms. Tarunaba Jadeja, conducted workshops for the students of 9th standard students of Andhra School, Matunga on 13th January, 2017. Using a power point presentation and various videos, they were told the importance of education and the need for systematic planning and execution. The students were informed about various logical and easy to implement techniques that will help in improve their learning skills and overall performance. The students responded positively to the workshop.

- b. Free Career Assessment was conducted for students of English and Gujarati medium of Lion MP Bhuta Sion Sarvajnik School on 10th September 2016. Students of MA II along with their teachers Ms Reshma Murali

and Ms Vaishnavi Verma conducted the assessment. The reports of the assessments were supervised by Ms Reshma Murali and given to the student participants.

STUDENT PROGRESS:

A. Student Participation and Achievements:

Laurels won:

- Ms. Serah Koshy won the Best student award for the academic year 2016-2017.
- Prizes won at Psychophonics an Inter-Collegiate competition held by Maniben Nanavati Women's College, Vile Parle (W) on 11/02/2017:
 - Ms. Khushboo Shah (MA- II Psychology) won 1st Prize during Film Review Competition
 - Ms. Riddhi Satoskar (MA-II Psychology) won Consolation Prize in Essay Writing Competition
 - MA students won 2nd Prize in Street Play

B. Alumni Details:

I) Placement:

SR.NO.	NAME	PLACE OF WORK	DESIGNATION
1	Arpitha Arebail	Growth Centre, Chembur	Trainee Counselor
2	Purva Karnik	Growth Centre, Chembur	Trainee Counselor
3	Shriya Javalkar	Euroschool Airoli	Counselor & Life Skill Facilitator
4	Shreya Phadke	Airline Prep School	Psychologist
5	Geetha Raman	Save The Children India (NGO)	Life Skills Trainer
6	Shreya Prabhu	Masina Institute of Psychotherapy and Behavioural Sciences, Byculla	Counselling Psychologist
7	Pallavi Khadye	"Center for assessment, remediation and therapy" Christ Academy, Koparkhairne	Counselling Psychologist
8	Mohita Mungreja.	Hanifa school (Vadodara,Borsad)	Counsellor, Remedial Educator and life skill Educator
9	Pooja Gala	Center for Assessment Remediation and Therapy (CART)	Counseling Psychologist
10	Bavithra Ramaswamy	Don Bosco School, Vikhroli	Teacher
11	Shivali Shinde	The Goenka & Associates Educational Trust	School Counsellor
12	Sneha Thavi	Save the Children India(NGO)	Life Skill Trainer
13	Saily Patil	Omkar educational trust	School Counsellor
14	Sampada Bagwale	Podar International School	School Counsellor
15	Fatema Bhatia	Institute for exceptional children	Remedial educator and counsellor
16	Sonal Pujari	Counsellor and coordinator	Brand Saloon agency

II) Alumni Achievements

- Ms Vrushali Tare- Pendse was invited on the show 'Madhurangan' on Saam TV channel for her expertise on Child Counselling.
- Ms Shireen Hamarapurkar featured on the show 'Hello Doctor' on Zee Chouvis Taas channel for her expertise on Psychological aspects of Bariatric Surgery. She is a Bariatric Counselor working Dr Raman Goel.
- Ms Yashashree Shende started pursuing her MA in Industrial Psychology at The Chicago School of Professional Psychology, US.
- Ms Divya Jayaprakash started pursuing her MA in Special Education at George Mason University, US.
- Ms Priyanka Jayaram started pursuing her MA in Clinical Mental Health Counselling with a specialization in Dance Movement Therapy at Lesley University, US.

C. Student Support:

I) Mentoring Programme:

Mentoring Programme commenced in September 2017. This year, 7 students from M.A. II were chosen for Mentoring Programme. The mentors were assigned two mentees each from T.Y.B.A Psychology. Following students from MA II were selected as Mentors:

SR.NO	NAME
1	Amruta Shaligram
2	Ankita Dandekar
3	Prachi Madre
4	Riddhi Holani
5	Riddhi Satoskar
6	Tarunaba Jadeja
7	Vidhi Shah
8	Serah Koshy

II) Teacher Assistantship Programme:

"Teacher Assistantship" is one of the activities in Honours Programme and the students have been given Credits and honorarium on the basis of their performance. The Teacher Assistants selected were for the academic year 2016-2017

SR.NO	NAME
1	Khushboo Shah
2	Vidhi Shah
3	Akshada Kulkarni
4	Serah Koshy
5	Tarunaba Jadeja
6	Prachi Madre
7	Amruta Shaligram
8	Ankita Dandekar

GOVERNANCE & LEADERSHIP

A. Contribution to College:

Ms Reshma Murali:

- Member of following committees:
 - Admission Committee
 - N.S.S
 - Counselling Centre
 - Psychology Association
 - Placement cell
 - Publication Committee

Ms Jennifer Chandani:

- Member of following committees:
 - Counselling Centre
 - Psychology Association

Workshop Organized

- Department of Psychology, in association with the Faculty Development Committee organised a workshop for teaching staff on "Contemporary Teachers, Contemporary Students: Critical Issues" on 29th April, 2017. The workshop was conducted by Dr. Hozefa Bhinderwala, Psychiatrist.

INNOVATIVE & BEST PRACTICES:

A. Mental Health Day

- 10th October is celebrated as The Mental Health Day. Department of Psychology commemorated this day by holding a rally to create Mental Health Awareness. The rally started from college, going towards Matunga Railway Station, Five Gardens and then back to the college. Colleges like Ruia, Poddar, Khalsa and VJTI were covered on this route. The students carried placards and shouted slogans. The theme for this year was 'Psychological and Mental Health First Aid'. The students carried placards and shouted slogans trying to break the myth around mental illness and the stigma attached to it. The movie 'Good Will Hunting' was screened for the students.

B. Rural and Tribal Outreach Programme

- Faculty members Ms Vaishnavi Verma and Ms Reshma Murali, Assistant Professors, accompanied students for the Rural Outreach Programme to Wada on 11/02/2017. Sessions on Career Guidance for the students of K G Patil Vidyalaya and at Ambiste High School and Junior College, Wada were conducted.
- 6 students had been a part of the Career Guidance lecture for 10th Std students of Chatrapati Shikshan Mandal's Madhyamik Vidyalaya, Kunde- Maamnoli, Taluka Kalyan, District Thane as a part of Rural Outreach Programme on 11/02/2017. Ms. Jennifer Chandani, Assistant Professor and Ms. Falguni Gogri, Lecturer, Junior College accompanied the students.

Mrs Archana Patki

Head of Department

DEPARTMENT OF SOCIOLOGY

**The Department bids farewell to the Head, Ms Radhika Soman.
We wish you health and happiness!**

Curricular Aspects -

The new syllabus for B.A.II was introduced from the academic year 2016-2017.

Semester – III	1	Social Change & Development in India	DC- V	345511
			AC- III	375311
	2	Rural Society in India	DC- VI	340611
	3	Population & Society	APC- I	365111
Semester – IV	4	Women Issues in India	DC- VII	445711
			AC- IV	475411
	5	Urban Society - Problems & Prospects	DC-VIII	445811
	6	Media, Culture & Society	APC- II	465211

Teaching, Learning and Evaluation –

A) Guest Lectures Organized:

- i) Ms. Manjusha Patwardan, Dept. of Sociology, Bhavan's College, Mumbai. Conducted Lecture on "Population Explosion: Issues & Problem" For the Students of B.A II/III on 11th July 2016.
- ii) Advt. Vishwas Kashyap, Ex. Sr. Police Inspector conducted guest lecture on "Crime Correction" for B.A. I, II & III Sociology students, on 30th September 2016.
- iii) Dr. Surrendra Thakur, Dept. of Sociology, Elphinstone college, Mumbai conducted lecture on Research Methodology – (Mean, Median, Mode) for TYBA students on 04/03/2016 in A.V. room.

B) Class Discussions organized:

- i) B.A Part II & III: Celebration of Centennial Foundation Day of SNDT Women's University on 5th July 2016.
- ii) B.A Part - I: Hiroshima Awareness Day on 6th August 2016.
- iii) B.A Part - I: Hindi Divas: Need and Importance on 14th September 2016.
- iv) B.A. Part – II & III: World Elderly Day on 1st October 2016.
- v) B.A III: Elocution and Group Discussion was held on the occasion of Mental Health Week on 10th October 2016.
- vi) B.A. III: Elocution and Chart Discussion was held on the Occasion of 'Constitution Day' On 25th November 2016.
- vii) B.A.I/II: Discussion about Dress Code on 27th November 2016.
- viii) B.A. II: Discussion of One Act Play "Hiranay Garbha" on 15th December 2016.
- ix) B.A.III: (Sem: V) Changing Food Habits, Lack Of Exercise. Occupational hazards, Stresses, Health & Environmental Problem, on 18th Oct & 21st Oct. 2016.
- x) B.A.II (Sem: III) Population Explosion, Problems of Urbanization, Migration, Environmental Problems, Mortality

& Fertility on 19th Oct.2016.

- xi) B.A.III (Sem: VI) Welfare of Elderly , Handicapped Needs &Welfare,Dalits &Tribal: Issues and Problems ,Children Welfare , Women Welfare , Compulsory Primary Education , Social Security& Social Insurance on 28th Feb.2017.
- xii) B.A.II: (Sem: IV)Impact of Television viewing on children, Representation of women in: Newspaper, Cinema, Advertisement, and Television on 31stMarch 2017.

C) Group Project Presentation & Viva:

- i) B.A. Part- II :- Women's representation in Media , Impact of television on Indian Society, History of Television in India ,Impact of Social Media on Indian Society on 13th December 2016
- ii) B.A. Part – III :- Types of crime ,Parole, V.R.S (voluntary retirement scheme) , Guild system of production, Bureaucracy ,Impact of Globalization on 27th January 2017
- iii) B.A. Part- I :- Dowry, Domestic Violence,Child abuse, Food Adulteration on 30th January 2017
- iv) B.A. Part -I (Sem.-II) :- Women Welfare, Slums : Issues & problems ,Domestic Violence, Dowry, Divorce, Child Abused on 25th Feb 2017 & 1st March 2017.

D) Poster/Charts/Slogan Making /Skit:

- i) B.A: II Sloganand Posterwere prepared on 'Causes of Population growth and its Impact on society on 11thJuly 2017. On the occasion of "World Population Day "
- ii) B.A: II Posters were displayed at Dadar, Churchgate, VT. Station, Andheri Metro Station & Ghatkopar Metro Station on the Occasion of "World Elderly Abused Day on 15thJune 2016.

E) Seminars ,Workshops, Conferences, Short Term Courses, Guest lecture :

- i) Dr. Bhavana Dubey & Mrs. Rekha Shelar attended the Meeting and Orientation for NSS Programme officer organized by NSS Cell, SNDT Women's University, Churchgate, Mumbai on 27th June 2016.
- ii) Dr. Bhavana Dubey, Dr. Hina Shah, Mrs. Shanti Seshadri, Mrs. Kiran Jadhav, Mrs. Rekha Shelar participated in one day workshop on "Content Analysis and Question Bank at Undergraduate Level for SYBA (Sociology) Semester – III of Disciplinary Component Courses", organized by Shri. M. D. Shah Mahila College of Arts & Commerce, Malad (W), Mumbai on 7th July 2016.
- iii) Mrs. Kiran Jadhav & Rekha Shelar attended Guest Lecture by Prof. Bhattu Wagh on 'Ahirani Boli' organized by Department of Marathi, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 26th July 2016
- iv) Dr. Bhavana Dubey, Mrs. Rekha Shelar, Mr. Hiralal Bhosale & Mrs. Swati Mohite Participated in programme on 'Yaad Karo Kurban' organized by Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 23rd August 2016
- v) Department faculty attended training programme for using Smart Classroom under the SAS-CSR Projects organized by IQAC Cell, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 8th September 2016.
- vi) Dr. Heena Shah & Mrs. Rekha Shelar participated in SNDT Yuva Mahotsav Grand Finale, worked as a Organizing Committee Member at SNDT Women's University, Churchgate, Mumbai organized by Students welfare Dept. SNDT Women's University, Churchgate, Mumbai on 22nd & 23rd September 2016.

- vii) Mrs. Rekha Shelar attended programme of Kavi Sammelan organized by Department of Hindi, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 24th September 2016
- viii) Mrs. Kiran Jadhav, Mrs. Rekha Shelar, Mr. Hiralal Bhosale attended Guest Lecture delivered by Prof. Jagdish Sansare & workshop for parents on "Mati Gati aani Pragati", organized by Department of Marathi, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 1st October 2016.
- ix) Department faculty attended workshop by Dr. Ashok Salve on "Academic Administration and Accreditation" organized by IQAC Cell, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 20th October 2016
- x) Department faculty have participated in a one day Orientation & Content Analysis workshop for SYBA- DC & APC Sociology – New Syllabus for semester – IV organized by Department of Sociology, SNDT College of Arts & S.C.B. College of Commerce & Science for Women, Churchgate, Mumbai – 20 on 7th December 2016.
- xi) Department faculty has participated in one day workshop on "Preparation of New syllabus at Undergraduate Level for TYBA (Sociology) Semester V & VI of Disciplinary Component Courses" organized by L.J.N.J. Mahila Mahavidyalaya, Vile Parle, Mumbai – 57 on 8th December 2016.
- xii) Mr. Hiralal Bhosale attended a one day National Conference on "Indian Women : Past, Present and Future" organized by Sitabai Arts, Commerce & Science College, Akola, (MS) on 24th December 2016.
- xiii) Department faculty attended Guest Lecture delivered by Dr. Shobha Udipi on "Improving Research output in Academic Institution", organized by Research Cell, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 5th January 2017.
- xiv) Department faculty attended workshop by Principal Dr. Leena Raje on "NAAC Orientation Allotted Criteria" organized by IQAC Cell, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 19th January 2017.
- xv) Mr. Hiralal Bhosale attended a one day International Conference on "Contemporary Issues In Economics, Commerce, Humanities, Social Sciences, Engineering, Technology & Management" organized by Abhinav Arts, Commerce & Science College, Bhayandar, Dist. - Thane (MS) on 28th January 2017.
- xvi) Mrs. Rekha Shelar and Mr. Hiralal Bhosale attended a two days "27th Marathi Sociology National Conference on "Aadivasi Samaj : Prashna Aani Aavane" organized by Mulaji Jetha Mahavidyalaya, Jalgaon (MS) held on 3rd & 4th February 2017.
- xvii) Mrs. Swati Mohite participated in National Conference on "Emerging approaches in Humanities, social sciences and Commerce" organized by Jeevandeep Shakshani Sanstha POI, Arts Commerce & science College , Goveli, Taluka- Kalyan, Dist- Thane on 4th February 2017
- xviii) Dr. Bhavana Dubey, Dr. Hina Shah, Mrs. Kiran Jadhav, Mrs. Rekha Shelar & Mrs. Swati Mohite attended workshop by Mr. Shahajan Khan & Mr. Nitin Pawar on 'Using Smart Classroom' at BMN College, Matunga Mumbai, organized by IQAC Cell, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 9th February 2017.
- xix) Department faculty attended workshop by Principal Dr. Leena Raje & Mrs. Madhavi Sathe on 'Filling Confidential Report' organized by IQAC Cell, Smt. M.M.P. Shah Women's College of Arts & Commerce, Matunga, Mumbai on 14th March 2017.
- xx) Mrs. Swati Mohite participated in International Conference on "Tourism : Social and cultural Perspective"

organized by Maniben Nanavati women's college Vile Parle, Mumbai on 16th & 17th March 2017

- xxi) Dr. Bhavana Dubey has participated in two days workshop on "Curriculum Development in Higher Education" organized by Department of Education, SNDT Women's University, Mumbai held on 29th & 30th March 2017.

F) Research Consultancy & Extension :

a) Paper presentation/ published by faculty :

- i) Mrs. Rekha Shelar published a research paper entitled "Vrudhanche Adhikar aani Vastavata" in the Worldwide International Inter Disciplinary Research Journal, (ISSN No.2454-7905) Issue September 2016 Vol.- I, Issue -VIPage No. 80 -87
- ii) Mr. Hiralal Bhosale presented a research paper entitled "Women Empowerment in India" on 24th December 2016 in the National Conference on "Indian Women : Past, Present and Future" held at Sitabai Arts, Commerce & Science College, Akola, (MS) and it published in book. (ISBN No. -978-93-83587-68-1 Vol.-Part III (English) page No. 68 – 72.
- iii) Mr. Hiralal Bhosale presented a research paper entitled "Poverty : A Contemporary Social Issue in India" on 28th January 2017 in the International Conference on "Contemporary Issues In Economics, Commerce, Humanities, Social Sciences, Engineering, Technology & Management" held at Abhinav Arts, Commerce & Science College, Bhayandar, Dist. - Thane (MS) and it published in peerreviewed "International Research Journal of Humanities and Environmental Issues" (ISSN 2277-9329 Vol. -V, Issue 10(I) January, 2017) page no. Page No.28 -32.
- iv) Mrs. Rekha Shelar presented a research paper entitled "Bharathatyil Adivasi Vikas :Dhoraney aani Aavaney."on 3rd & 4th February 2017, in the "27th Marathi Sociology National Conference on "Adivasi Samaj : Prashna Aani Aavane" held at Mulaji Jetha Mahavidyalaya, Jalgaon (MS).
- v) Mr. Hiralal Bhosale presented a research paper entitled "Adivasi Samudayachya Shaikshnik Samasya Va Tyavaril Upayyojana" on 3rd & 4th February 2017, in the "27th Marathi Sociology National Conference on "Adivasi Samaj : Prashna Aani Aavane" held at Mulaji Jetha Mahavidyalaya, Jalgaon (MS).and it published in the book (ISBN No. -978-93-86196-43-9) page no. Page No. 273 -280.
- vi) Mrs. Swati Mohite presented a research paper entitled "Alibaug madhil Paryatan Vyavsay Ani Arthik Sthithyantare" on 4th February 2017 in the National Conferenceon "Emerging approaches in Humanities,social sciences and Commerce" held at Jeevandeep Shakshanik Sanstha's POI Arts Commerce & science College , Goveli, Taluka- Kalyan, Dist- Thane and it published in the book (ISBN No. 978-11365-72753-5)
- vii) Mrs. Swati Mohite presented a research paperentitled "Changing trends of Tourism in India" on 16th&17thMarch 2017 in the International Conference on "Tourism:Social and cultural Perspective" held at Maniben Nanavati Women's College Vile Parle,Mumbai.
- viii) Mrs. Kiran Jadhav published a research paper entitled "Samajatil Parivartan – Samajik, Bhautik Vaicharik" in the Worldwide International Inter Disciplinary Research Journal, (ISSN No.2454-7905) Volume no. I, Issue No. VIII, Year 2, March 2017, Page No. 94-96.

b) Paper presentation/ published by students :

- i) Ms. Pranali P. Mandavi(T.Y.B.A) has participated in the workshop on "Shaping future leaders" organized by students Council of Smt. M.M.P. Shah Women's College, Matunga, Mumbai held on 28th & 29th July 2016.
- ii) Ms. Pooja S. Misal (T.Y.B.A), Ms. Rajashri A. Bahirune (T.Y.B.A), Ms. Komal Shipri, Ms. Mamata B. has

participated in the Seminar on “Commercialization of Festival” and they presented a Research paper entitled “Commercialization of Festival” organized by L.J.N.J. Mahila Mahavidyalaya, Vile Parle, Mumbai on 14th October 2016.

- iii) Ms. Rajashri A. Bahirune (T.Y.B.A) has presented a Research paper on “Impact of Demonetization” at Shri. M. D. Mahila College of Arts and Commerce, Malad, Mumbai on 24th January 2017.
- iv) Ms. Pooja S. Misal (T.Y.B.A) has presented a Research paper on “Impact of Live-in – Relationship on Society” at Shri. M. D. Mahila College of Arts and Commerce, Malad, Mumbai on 24th January 2017.

G) a) Other Activities / Achievements of Faculty :

- i) Dr. Bhavana Dubey chaired the workshop on “Content Analysis and Question Bank at Undergraduate Level for SYBA (Sociology) Semester – III of Disciplinary Component Courses”, organized by Department of Sociology, Shri M.D. Shah Mahila College, Malad, Mumbai on 7th July 2016.
- ii) Dr. Bhavana Dubey chaired the workshop on “Content Analysis workshop for SYBA DC & APC Sociology – New Syllabus for semester – IV, organized by Department of Sociology, SNDT College of Arts & S.C.B. College of Commerce & Science for Women, Churchgate, Mumbai– 20 on 7th December 2016.
- iii) Mr. Hiralal Bhosale organized guest lecture on “Crime Correction” for B.A. I, II & III Sociology students by Advt. Vishwas Kashyap on 30th September 2016.
- iv) Mr. Hiralal Bhosale organized programme of Death Anniversary of Mahatma Phule for B.A.I, II & III Marathi Medium students on 28th November 2016.
- v) Mr. Hiralal Bhosale organized programme of ‘Mahaparinirvan Din’ (Death Anniversary of Dr. Babasaheb Ambedkar) for B.A. I, II & III Marathi Medium students on 6th December 2016.
- vi) Mrs. Rekha Shelar accompanied students of TYBA to see a Drama ‘Ladies Cycle’ at Marathi Sahitya Sangh, Girgaon, Mumbai on 13th February 2017.
- vii) Mrs. Rekha Shelar conducted one Day Training workshop on “Sexual Harassment of Women at workplace” for the college students on 27th February 2017.
- viii) Mrs. Swati Mohite organized guest lecture on Research Methodology – (Mean, Median, Mode) for TYBA students conducted by Dr. Surrendra Thakur, Dept. of Sociology, Elphinstone college, Mumbai at A.V. room of College on 4th March 2016

G) b) Other Activities / Achievements of students :

- i) Shaikh Maseera Abu has securing the highest marks in the subject in the DC-Sociology at the T.Y. B.A. Examinations, April 2016
- ii) 60 Students attended Seminar on “Career Guidance and Cyber Crime” at Patkar Hall, SNDT. Women’s University Churchgate, Mumbai on 3rd August 2016.
- iii) 65 students of B.A. I, II & III took active part in ‘Voting Awareness Rally. They prepared posters and conducted signature campaign in various locations on 15th February 2017.
- iv) Ms. Mantasha Khan (S.Y.B.A.) has won Second Prize in Inter - Collegiate Essay Writing Competition organized by Department of Hindi, Smt. M.M.P. Shah Women’s College, Matunga, Mumbai on 20th February 2017.
- v) B.A. II & B.A. III students attended Valentine’s Day function organized by Helpage India at Shivaji Park on 14th February 2017

- vi) Ms. Pranali P. Mandavi (TYBA) has awarded “Best N.S.S. Volunteer Award” for the year 2016 – 2017.
- vii) Mantasha Khan (SYBA) won 2nd prize (Eng. Med.) in Elocution Competition at college level organized by Hindi dept. in our college on 7th October 2016
- viii) Ms. Komal Shipri (TYBA) & Kaushalya Devendra (SYBA) won 1st prize Mar. med. in Inter Collegiate Debate Competition organized by Economics dept. in our college on 20th February 2017
- ix) Pranali Mandavi (TYBA) & Shivani Ghadigaonkar (SYBA) won 1st prize (Mar. Med) in Inter- Collegiate Debate Competition organized by Department of Economic, Smt. M.M.P. Shah Women’s College, Matunga, Mumbai on 20th February 2017.
- x) Sonam Lagad & Trupti Kapare FYBA students won 2nd prize (Mar. Med.) in Inter Collegiate Debate Competition organized by Economics dept. in our college on 20th February 2017.
- xi) Ayesha Khan & Aarati Singh (TYBA) won 3rd prize (Hindi Medium) in Inter Collegiate Debate Competition organized by Economics dept. in our college on 20th February 2017.
- xii) Ms. Pooja S. Misal and Ms. Rajashri A. Bahirune participated, in Inter- Collegiate Debate Competition organized by Department of Economic, Smt. M.M.P. Shah Women’s College, Matunga, Mumbai on 20th February 2017.

H) Infrastructure & Learning Resources:

a) Student Support & Progression:

i) Poster/Charts/ Skit Presentation

- T.Y.B.A. Sociology Eng. Med. Students wrote Open book test on Research Methodology on 19th August 2016
- T.Y. B.A. students participated in Poster Presentation on Classification of Crime on 26th August 2016
- TYBA Students presented Skits on various topics of Crime and Society on 15th October
- TYBA students presented Posters on Various topics of Research Methodology and Crime and Society on 27th and 28th of January
- SYBA students prepared Slogans and Posters on ‘Causes of Population growth and its Impact on society on 11th July 2017 on the occasion of “World Population Day “
- SYBA students displayed Poster at Dadar, Churchgate, VT. Station, Andheri Metro Station & Ghatkopar Metro Station on the Occasion of “World Elderly Abused Days on 15th June 2016.

ii) Extension Activities:

- 25, Students participated in Celebrating Valentine’s Day On 14th Feb. 2017, at Nana Nani Park, Shivaji Park. Mumbai. This Programme was organized by Helpage India, students were sensitized to the problems of Senior Citizens.
- 04 Students attended a Para Professional Training Course on “Education of Visually Impaired Children” This Course was conducted in the SNDT and SCB Women’s College Churchgate, Mumbai.

Dr. Bhavana Dubey

Head of Department

UGC VOCATIONAL COURSES

1. Curricular Aspects:

- Shahajahan Khan is in the process of developing software for paperless office.
- Shahajahan Khan is actively involved in training faculty & students in using smart classroom efficiently.
- Shahajahan Khan is currently involved assessing the entire campus WIFI.

Name of Faculty	Invited by	Topic	Date
Shahajahan Khan	M.M.P. Shah College	Training the faculty members for Smart Classroom.	9th Feb. 2017
Sushma Bhoir	M.M.P. Shah College	Training the BCom. Students for 'PPT Presentation Skills'	01st Sep. 2016
Sushma Bhoir	LJNJ College	External examiner for Conducting practical exam	13th & 15th April 2017

- As a part of their Curriculum, BCom II students have to compulsorily complete 100 hours of Computer Training.

2. Teaching-Learning Evaluation:

Department boasts of 100 per cent result of UGC Vocational (Advertising & Computer Applications) students, every year.

- Department organized the following guest lectures :-

Date	Title	Resource Person	Class
27th July 2016	Representation of women in media	Mrs. Darshana Buch	BCom II & III
29th July 2016	Use of Youtube in projects	Mrs. Deepali Matkar	BCom III
03rd Aug. 2016	Change in Societal structure	Mrs. Radhika Soman	BCom III
04th Aug. 2016	Goal Setting	Miss Reshma Murli	BCom III
06th Aug. 2016	Improving Spoken English	Miss Milina Pierara	BCom III
09th Aug. 2016	Significance of Motivation	Mrs. Vaishnavi Verma	BCom II
11th Aug. 2016	Avenues in Ecommerce	Mrs. Soumya Nichani	BCom III
16th Aug. 2016	Personal Grooming	Miss Neetu Singhi	BCom II & III
03rd Feb. 2017	New Trends in Marketing	Dr. Rakhi Sharma, Jai Hind College	BCom III

- Free Internet facility is provided for students in Computer lab and the Library.
- As a part of their curriculum, students are taught Tally, Java, C, C++ in detail which makes them job ready and initiative is also taken to give them additional insight on the same.

3. Research Consultancy & Extension:

- Mr. Shahajahan Khan has provided consultancy to a number of colleges affiliated to SNDT Women's University who wanted to start Computer Applications.

Infrastructure & Learning Resources:

- Laboratories: 5 State of the Art Computer Labs & 1 Internet Lab.
- Computers with the Department: 131

4. Students support & Progression:

- 20 students are pursuing M. Com from the same college.

5. Governance, Leadership & Management:

- Dr. Shubhangi Kulkarni, Co-ordinator of MCom is a member of Local Managing Committee.
- Dr. Shubhangi Kulkarni is a member of the Students Support & Progression KRA, Placement Cell, LMC (BMM, PG), Exam Committee, Admission Committee, Faculty Development, Grievance and Redressal, PTA and Alumni, Cleanliness & Discipline Committee.
- Mr. Shahajan Khan is a member of Admission Committee Paper setting (B.Com), CAP, External examiners for university practical exams
- Ms. Sushma Bhoir is a member of Research Cell and Admission Committee, Paper setting (B.Com), CAP, External examiners for university practical exams.
- Shahajahan Khan is in the process of developing a software for paperless office.
- Shahajahan Khan is actively involved in training faculty & students in using smart classroom efficiently.
- Shahajahan Khan is currently involved assessing the entire campus WIFI.

6. Innovations & Best Practices:

- Use of ICT in Teaching-Learning.
- At the time of admission process, B. Com II and II students actively participate in counseling the B. Com I students by guiding them with regard to courses and their advantages.
- Use of practical aspects in their curriculum to give them an insight on market trends through case studies, practical exams, role playing, advertisement making guest lectures by experts, group discussions, software projects etc.
- Since the number of students enrolled for UGC Vocational is limited, personal attention is given to students. This helps the department achieve 100 per cent result.
- Limited number of students also enables the teachers to work on improving the personality of students and work on their English speaking skills.

Dr. Shubhangi Kulkarni

Co-ordinator

JUNIOR COLLEGE: COMMERCE

Achievements

- Once again this year the dedication and commitment of our teachers was evident when Junior College Board results were declared in May. For the fourth year consecutively Commerce students kept the college banner flying with above 90% results. This year the score was 93%. The following students were ranked first, second and third respectively: Pujari Yogita-86.15%, Jain Sanjana-84.15%, More Pooja-83.85%.
- Ms. Vrja Alpana Merchant, student, (FYJC, Commerce, Div. B), Karate - Blue Belt, won Silver Medal at Karate Competition organised by Okinawa Martial Art Academy, Japan Karate Shotokai, held at Dharavi Sports Complex on 12th November, 2016.
- Sanch Manyata (teacher approvals) was in the month of October and this year also we could manage without any teachers being rendered surplus
- Ms. Priti Shah, Faculty, Gujarati, passed the Foundation of Yoga Course, Philosophy Department, University of Mumbai in flying colours with 85%.
- Through the Online process 690 students were admitted successfully to XIth Commerce discipline. Teaching and non-teaching staff worked in coordination for two months to complete the process
- Kala Mahotsav – State Government sponsored inter-school – Junior College festival was held in September. Our students participated in, Loksangeet and loknatya and loknritya and fine arts. We won the consolation prize in loknatya. Faculty members Mr. Sonavane and Ms. Rashmi Bhimanwar were in-charge of the same.

Orientation

- Orientations were held for XI th students in the 1st week of September. Students along with their parents attended and were informed about the facilities available to the students, exams, attendance, committees, infrastructure etc.
- The new students were acclimatized to their new environment with a Fresher's party on 17th September which was well organized by faculty members Mr Sonar and Ms Shruti.

Saral

- Saral forms (students database) were updated with the help of non-teaching staff & Ms. Falguni Gogri , Ms. Varsha Palkar, Ms. Meena C. & Mr. Sharad (teaching staff)

Exams

- The H S C Board Practical exams of Mathematics, Geography, Home Science subjects and Oral exams of Languages were conducted successfully in the college.
- The College was a center for Science stream of The Maharashtra State Higher Secondary Education Board

Exams. 878 students appeared for the exams in the college. Vice Principal Ms. Prabha Nair was the Chief Conductor of the Exams. Ms.Sangeeta Singh, Ms. Alpa Dave and Ms.Rajashree Karanjkar were the Deputy Conductors and Press Conductors for the Exams.

- 11th Standard Annual exams commenced from 21st March'2017.Results were declared in April .90% of the students passed the exams
- All staff members were either Moderators or Examiners in their respective subjects for HSC Board Exams, Feb-March'2017.

Faculty

- Ms. Alpa Doshi, Ms. Sangeeta Singh, Ms. Alpa Dave and Ms. Falguni Gogri attended a Seminar on GST (Goods and Service Tax), which was organised by ICAI (Institute of Chartered Accountants of India) at BKC on 26th October, 2016.
- Ms. Priti Shah was invited to guide the students of 10th std., Gujarati medium, about Paper Pattern in Gujarati language in H. S E Board exam, at M. P. Bhuta High school, on 30th January, 2017. She also gave a guidance lecture on Paper Pattern in Board Exams to 10th std. Students in Amulakh Amichand School on 9th February, 2017. She presented a paper on ' Shri Amrutvelni Sajjay' by Yashovijayji Maharaj, organised by Department of Gujarati at Kalina, University of Mumbai, K J Somaiya College, Ghatkopar and Ismail Yusuf College (Jogeshwari). She also was invited to teach Gujarati at Gujarati Seva Mandal Matunga in May, 17 2017.
- A computer training workshop was organized by the IQAC for two days in April for Junior College faculty members—Ms. Alpa Doshi, Ms. Nayyar Sheikh, Ms. Sangeeta Singh, Ms. Alpa Dave, Ms. Archana Bhatt, Ms. Gayatri M, Mr. Pradeep S, Ms. Varsha Shahand, Mr. D Patil from Commerce attended the same. Certificates were awarded.
- A staff picnic was organized to Lonavala courtesy Shri Pravin Shah on April, 17 2017. After a year long hard work put in by the teachers it was indeed a day of recharging and rejuvenation and bonding for about 25 teachers who set out to enjoy themselves.
- Ms. Prabha Nair and Ms. Sujata Agrawal helped in the making of a video presentation and voice over on the occasion of the 85th birthday of Shri Ashok Mehta,Chairman,SMES.
- Intra-college competitions were held in November 2016 for Junior College students in events like – 'Best out of waste', Cooking, Elocution and Poster painting.
- Junior College Annual Day was celebrated on 20th December 2016. Marathi and Hindi film personalities Mr. Shashank Udupurkar, Mr. Sunil Holkar and Ms. Harsh Gupte and Ms Prarthana Bahire were the Chief Guests. Mr. Raja Naidu Mr. Prashant Bhafalekarand Ms.Sangeeta were the judges.

Ms Prabha Nair

Vice- Principal, Junior College

JUNIOR COLLEGE : ARTS & HOME SCIENCE

We have come to the end of another academic year 2016-17 which was gratifying, satisfying & hectic as well. The enrolment stood at 509 students. An initiative was taken by Lecturers of visiting nearby schools and making a PowerPoint Presentation to create awareness of the various courses offered in the Junior College. We also distributed Cards giving information to the students of various schools as it would help our admissions in Junior College.

With regular teaching, the lecturers organized various competitions for XI & XII students. We had an over whelming response for all the competitions. I personally congratulate the Students' Council team for their collective effort.

Activities conducted:

- Admissions for XI all streams were completed online except Home Science & Vocational.
- Orientation for the fresher's was held in the first week of September.
- Saral forms updating work was successfully completed with the help of Non-teaching staff. Special mention to Ms. Falguni, Ms. Varsha Palkar, Ms. Meena & Mr. Sharad from the teaching staff.
- Staff approvals were completed.
- XII Board Exams were successfully conducted in spite of the large Number of 880 students appearing in our center. Mrs. Prabha Nair was the Chief conductor & Mrs. Sujata Agarwal looked after the Orals, Practical & Projects.
- Fresher's Party was organized for the XI students all the staff members actively looked after the arrangements, DJ and the food for our dear students. The students thoroughly enjoyed the party.
- As a mark of respect to our country we lit 300 candles, organised a Peace March and a speech by the Principal to pay homage. The entire credit goes to Miss. Rita Bindra for this emotional venture.
- We proud of our diversified culture. All the staff members took efforts with the students to arrange BONDLA and Haldi-Kumkum for the Marathi medium.
- Staff members let themselves loose at the Picnic to Lonavala. It was initiated by Mrs. Prabha Nair. They had a gala time.
- Staff members were moderators for the XII Board Exams. Assessment work in the college went on smoothly.
- Special thanks to Mr. Ravi More for the online XI results. Result Meetings were held separately for Arts & Commerce on 20th & 18th April in the NSS Computer Lab.
- We thank Principal Madam Dr. Leena Raje and the IQAC team for organizing a 2 day's workshop for the staff of Junior College on the Basic Window, Word, Excel , Power-point & Internet.
- Madam Principal in a meeting on 24.04.2017 congratulated the achievements of teachers informed about the committees and the members and also identified the areas for improvements.
- Term ending meeting was held on 29.04.2017.
- All the staff members attended a workshop on "Contemporary teachers, Contemporary students: Critical Issues by eminent Psychiatrist Dr. Hozefa Bhinderwala on 29.04.2017.
- Programme for the 1st May was organized by the Marathi Department. Our rich culture, literature & famous

forts of Maharashtra were highlighted through PPT followed by Marathi folk music.

- I personally thank all my dear colleagues for their whole hearted support and co-operation.

Activities undertaken by Gujarat medium:

- On the occasion of 'Gujarati Bhasa Divas' a musical programme 'KavyaTarang' was organized. Shri Mukesh Joshi well-known poet in Modern Gujarati Literature presented poems of different poets. Famous Gujarat songs were also sung by Ms. Neha Mehta. Poetry writing competition was also organized for school and college students

Students Winners

Name of the Student	Prize	Name of The school/College
Ms. Kinjal Dadhal	1st Prize	Amulakh Amichand High School
Ms. Anisha Dhinra	2nd Prize	Amulakh Amichand High School
Ms. Bhavya Mehta	3rd Prize	Amulakh Amichand High School
Ms. Shweta Vaghela	1st Prize	Smt. Maniben M.P. Shah Women's College.

- Acharya Amryta Yagnik Nibandh Spradha and Kum. Poulomi Sanghvi Shigra Vakrutva Spardha were organized on 15th Dec, 2016. 21 students participated in Essay Competition and 13 students participate in extempore competition from various college. Names of prize winners are as follow:

Winners of Kum. Poulomi Sanghvi Shigra Vakrutva Spardha:

Name of the Student	Prize	Name of the college
Ms. Tarunaba Jadeja	1st Prize	Smt. Maniben M.P. Shah Women's College.
Mr. Vinayak Rathod	2nd Prize	K.E.S Shroff College
Mr. Rushabh Waghela	3rd Prize	N.M. College
Ms. Khushboo Kotak	Consolation	H.M.N College of Home Science
Ms. Urvashiba Jadeja	Consolation	Smt. Maniben M.P. Shah Women's College

Winners of Acharya Amrutlal Yagnik Nibandh Spardha

Name of the Student	Prize	Name of the college
Ms. Daya Kidecha	1st Prize	K.E.S Shroff College
Ms. Tarunaba Jadeja	2nd Prize	Smt. Maniben M.P. Shah Women's College
Ms. Shruti Pokar	2nd Prize	Smt. Maniben M.P. Shah Women's College
Ms. Akshita Padhiyar	3rd Prize	K.E.S Shroff College
Ms. Urvashiba Jadeja	3rd Prize	Smt. Maniben M.P. Shah Women's College
Mr. Akshy Chheda	Consolation	N.M. College
Ms. Jinisha Darji	Consolation	K.E.S Shroff College
Ms. Narshana Nishtha Pankaj	Highest Marks in S.S.C. -F/North ward	B.A.K. Swadhyay Bhavan
Ms. Urvashiba Jadeja	Highest Marks in H.S.C. -F/North ward	Smt. Maniben M.P. Shah Women's College

This year 2 other Competitions, Dramatic Monologue and Street play, were organized for school children. Winners for Dramatic Monologue competition are as follow:

Name of the Student	Prize	Name of the college
Ms. Riddhi Ahir	1st Prize	R.C. Patel School, Borivali
Ms. Moksha Shah	2nd Prize	Amulakh Amichand High School

Winners for Street Play are as follow:

Name of the School	Prize
Maniben Nanalal High School Dadar	1St Prize
R.C. Patel, Borivali	2nd Prize
Amulakh Amichand High School, Matunga	3rd prize

- Students From XIth and XIIth Standard, Arts and Commerce, Participated in Various Competition at 'GujariNamostute' Organized by K.E.S Shroff College, Kandivali on 22nd Dec. 2016.

Winners of Essay Competition organized by ManiBhavan, Grant Road.

Name of the Teacher/Student	Prize	Category	Language
Dr. Daxa B. Mavadiya	Consolation	Teacher-Junior College	Gujarati
Ms. Sapna Jadhav	2nd Prize	Students-Senior College	Marathi
Ms. Deepika Jaiswal	3rd Prize	Students-Senior College	Hindi
Ms. Shweta Vaghela	1st Prize	Students-Senior College	Gujarati
Ms. Nishita Makwana	Consolation	Students-Senior College	Gujarati

Dr. Daxa B. Mavadiya, Lecturer, Gujarati

- Invited as a resource person for teachers training programme at S.K. Somaiya College of Arts and Commerce, Vidyavihar in the month of May.
- Invited as a judge on 'Earth Day' celebration at Amulakh Amichand Bhimji Vidyalaya, Matunga on 13th July, 2016.
- Invited as a judge for Elocution competition held at ManiBhavan, Grant Road on 28th July, 2016.
- Invited as a Guest Lecturer to Guide XII Std. students in Gujarati subject at N.M. College, Vile Parle on 16th Dec. 2016.
- Attended 'GyanSatra' at Palanpur organized by Gujarati Sahitya Parishad, Amdavad from 23rd to 25th Dec. 2016.
- Selected as a Chief moderator for Gujarati subject, Mumbai Board.
- Invited as a Resource Person at Pune Board for preparing XI Std. 'Kruti-Pustika' Gujarati subject in the month of April.

Ms. Pradnya More, Lecturer, Sociology

- Invited to Ruia College to give guidance Lecture regarding How to write Sociology 12 paper.
- Invited in 'IES' Mulundto give guidance lecture for X Std students on 'How to appear and write X Exam'.
- Invited in 'Aakar Festival' as a Judge for 'Hastakala' Competition.
- Moderator for XII Board Exam.

Mr. DevidasPatil, Lecturer and PT

- Won 2nd Rank in 4 K.M. Mini-Marathon, organized by S.N.D.T. Sports Dept. on 5th February, 2017 at Juhu Campus.
- Attended 2 days ICT Training on 19th& 21st April 2017 in our College Computer Training Center.

Mrs. Mokshada Nulkar, Lecturer, Geography

- A film show was conducted on 23rd & 24th August 2016 at Audio visual Room. 50 students were participated from Arts, Commerce & Vocational
- Rock Mineral and Fossils. Exhibition was held at Kalina Campus on 17th, 18th & 19th December. This was organized by Extra Mural Department of Mumbai University. 90 Students were Participated and benefited with extra knowledge on Mineral & Fossils.
- Exhibition was held at Rachana Sansad Dadar. 50 students were participated from Arts, Commerce & Vocational Stream .

Activities organized and conducted by the Junior college student council for the year 2016-2017.

Date	Events/Competitions
1 August, 2016	Foundation day was celebrated with pomp and grandeur. Apooja was followed by inaugural function & felicitations
21st September, 2016	Poster making/painting at Wilson school, Girgaon. These were organized by the Maharashtra Government District level-Kala Mahotsav Festival.
22nd September, 2016	Loknatya competition at Shirookan High School.
23rd September, 2016	Loksangeet at Shri M.P. Shah Junior College-Kala Mahotsav.
27th September, 2016	Loknurtya at Holy Name School, Colaba - Kala Mahotsav. We won a Consolation Prize.
7th October, 2016	Rangoli & Mehendi Competition
26th November, 2016	Skit & Poetry
28th November, 2016	PPT & Creative Story Writing.
29th November, 2016	Best out of Waste & Poster Making.
30th November, 2016	Cooking, Anchoring & mimicry.
20th December, 2016	Our annual day was celebrated with renewed vigor at Ravindra Natya Mandir. We had a galaxy of personalities present: Shri Sunil Holkar Shri Shaahank Udupurkar Ms. Harsha Gupte Ms. Prathana Bahire
22nd January, 2017	Best Student Selection round was held. The participants had to write an essay and appear for Personal Interview.
26th January, 2016	Republic Day Celebration was held.

Sujata Agarwal**Vice Principal, Arts Section**

HSC VOCATIONAL DEPARTMENT

Financial Accounting and Office Management

- 11th and 12th std students went for an Industrial Visit at Igatpuri from 8th to 9th Dec.2016. They visited sauce making company, steel pipe making industry- manufacturing process and Admin section where students learnt the accounting system of that company, the purchase procedure and how records are maintained. They visited Hotel Ashwin's catering and Stores Management dept
- Guest Lectures were organised for the 12th std students specially for the subject of English and Hindi by Mr. Abhyankar and Mr. Rakesh Singh on 'How to prepare, study and write the answers'.
- 12th vocational Accounting and Auditing students Ms. Komal Pawar participated in Elocution competition held at Manibhavan.

Child, Old age and Health Care Services Department

On the job training was conducted for our 12th students as follows-

- Social Service League from 14th March to 30th April, 2016.
- Shri Manav Seva Sangh from 1st Aug to 31st Dec, 2016
- Shraddhanand Mahila Ashram from 1st Aug to 31st Dec, 2016

Visit was organized for 11th std students to an Exhibition on Art and Craft at Rachana College on 21st Nov, 2016 along with Mrs. Mokshada Nulkar.

Guest Lecture was conducted for our students on the following topics.

- "Old age Problems" by Shri Prakash Borvarkar, Director, Helpage India on 7th March, 2017
- "Abnormal Child and New Born Baby care" by Mrs. Ratna Devre (Nursing Instructor) from Sion Hospital on 16th and 17th March, 2017

Catering and Food Production Technology

- Students of XII completed their Bakery training program at New Hindu Bakery & WAH restaurant.
- Visits were organized at Emperio Patisserie, Oven Fresh & WAH restaurants Pvt Ltd.
- Two days Industrial visit was organized to Igatpuri where they visited a Ketchup production unit and also visited the food production department at Hotel Ashish.
- A visit to RBI was also arranged for the students.
- Students of class XI will be undergoing 2-months training program to WAH restaurants and 1-month at Ovenfresh during their summer vacation and will receive a stipend of Rs 3000.
- Vocational teachers attended 1-day workshop on Teacher's Guidance Program conducted by RO & DVEO at Patuck Technical Junior College, Santacruz

Personal Achievements

- S/Lt Rajeshree Karanjkar attended Combined Annual Training Camp at Colaba conducted by 1 Mah. Naval Unit NCC from 1st June to 10th June, 2016.
- S/Lt Rajeshree Karanjkar attended Scuba Diving Camp from 4th Oct to 23rd Oct, 2016 conducted by 1 Mah Naval Unit at Western Naval command swimming pool. and also attended Yachting Regatta Camp from 24th to 2nd Nov, 2016.

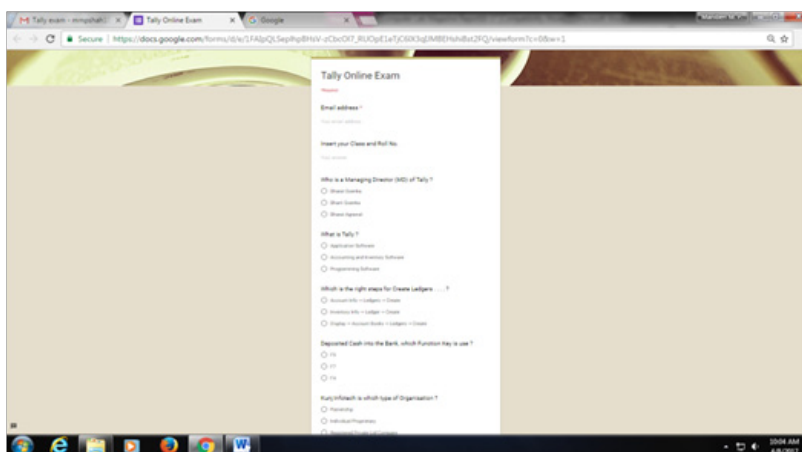
Ms. Rajeshree Karanjkar

In-Charge HSC Vocational

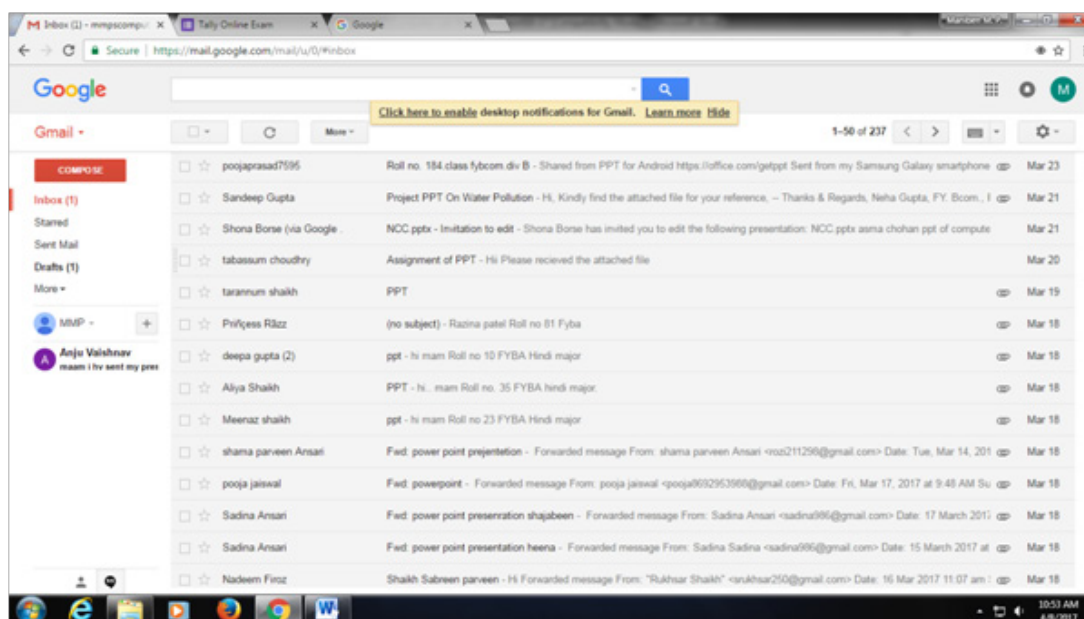
SUPPORT SERVICES

COMPUTER LABORATORY

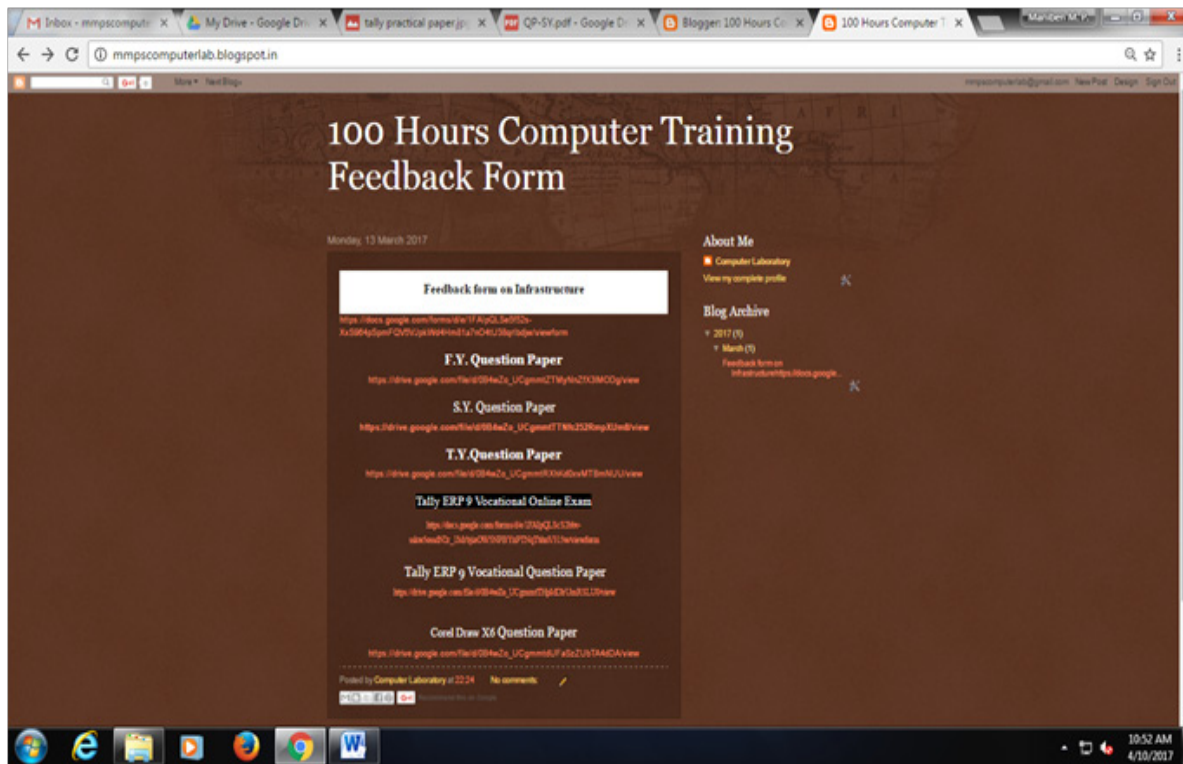
- SNDT Women's University being digitalized a large amount of work is done online. One among them is Online Enrollment of First Year Degree & Post Graduation students, Computer Dept. Staff along with the administrative staff assisted students in carrying out the process.
- Extra guidance of Hindi & Gujarati font typing was added to the regular syllabus and the training was given to Hindi and Gujarati medium students.
- Assistance was provided to Junior College teachers in filling of examination forms of all the three faculties (Arts, Commerce, and Vocational) for HSC (12th) Board Examinations.
- Students appeared for Online Question Paper for 100 hours Computer Training.



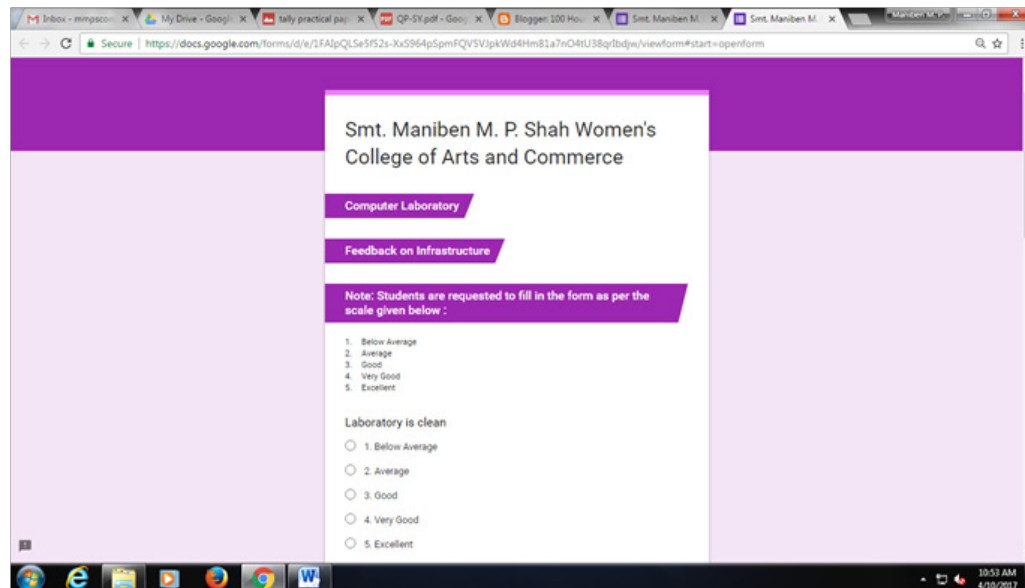
- Online Submission of Assignments, Power Point Presentation & Projects by Students.



- Question papers were uploaded on Computer Laboratory Blog to reduce the use of papers.



- Feedback forms on Computer Laboratory infrastructure were filled online.



- Workshop on Unicode of Marathi Department was conducted in Computer Lab on 25th February, 2017.
- Workshop on SPSS of Psychology Department on 29th March 2017 was conducted in Computer Lab.
- TAQ forms were filled online in the Computer lab which was assisted by Computer Lab staff in the month of March 2017.
- Workshop on ICT Training for Junior College Staff members was jointly organized by IQAC and Computer Training Centre on 19th & 21st April, 2017.

Faculty Achievement

Ms. Rajani Kanojia

- Completed Master of Computer Applications with First Class from IGNOU.
- Attended a training program on “How to use Smart Classroom” organized by IQAC “UTTHAAN” on 8th Sept. 2016.
- Attended workshop on “Internal Audit” organized by IQAC “UTTHAAN” by Guest Speaker Mr. Ashok Salve & Mr. Gunvant Rachchh on October, 2016.
- Participated in “Massive Open Online Course (MOOC) on ICT Integration in Higher Education” organized by SNDTWU, Department of Educational Technology, Juhu from 17th October to 4th December, 2016 with Grade ‘O’.
- Attended workshop on “Significance of Academic Research” organized by IQAC “UTTHAAN” by Guest Speaker Dr. Shobha Udipi on 9th February, 2017.
- Attended workshop on “Paperless Office” organized by IQAC “UTTHAAN” by Guest Speaker Ms. Keyaa Mukherjee on 7th March, 2017.
- Member of the following College Committees:

Committees
Member, Magazine Committee
Member, Reports and Website Update Committee
Member, KRA-Infrastructure & Learning Resources
Member, UGC Scheme & Fund Committee
Member, Criteria: IV-Infrastructure & Learning Resources
Member, SAS – CSR Implementation Committee

Ms. Pinky Makwana

- Attended a training program on “How to use Smart Classroom” organized by IQAC “UTTHAAN” on 8th Sept. 2016.
- Attended workshop on “Significance of Academic Research” organized by IQAC “UTTHAAN” by Guest Speaker Dr. Shobha Udipi on 9th February, 2017.
- Member of the following College Committees:

Committees
Member, Magazine Committee
Member, KRA-Governance, Management & Leadership
Member, Criteria V – Student Support & Progression

Ms. Neha Shaikh

- Attended a training program on “How to use Smart Classroom” organized by IQAC “UTTHAAN” on 8th Sept. 2016.
- Attended workshop on “Significance of Academic Research” organized by Research Cell by Guest Speaker Dr. Shobha Udipi on 9th February, 2017.
- Attended a one day workshop on “Guidance for answering NET/SET Examination” Organized by “M.com. Department” on 11th February, 2017.
- Paper Submitted “A Study on Changing Food habits Among Youngsters; Comparative study between Traditional and western cuisine” in research Journal “Concept” – ISSN No. 2367-8922 in March, 2017
- Member of the following College Committees:

Committees
Member, Magazine Committee

Ms Rajani Kanojia**Computer Incharge**

FREESHIPS & SCHOLARSHIPS COMMITTEE

- Standard Operating Procedure prepared for freeships.
- The Committee had started distribution of free ship forms to all the teachers of Junior College, UG levels (BA, BCom), Self-Financed courses (BAMM, BMS and BAFI) and PG Levels(MCom, MA) in the month of August 2016. List of criteria and supporting documents for applying for freeships or scholarships also circulated to all teaching staff.
- The free ship forms along with supporting documents and teachers recommendation was scrutinized by the committee members and pending documents called for and noted.
- Free ship amount per student was decided and total donor amount available was distributed among the applicants. The same was forwarded to the SMES office in prescribed format for actual disbursement to students via NEFT/RTGS.
- Annual Academic Prize Distribution ‘Scholars’ Day’ for Academic year 2015-2016 was organized on 19th December 2016 in the Ravji Jivraj Chandaiwala auditorium. The achievements of the meritorious students of junior college and UG and PG levels were recognized and awarded. The distribution of prize money to the students was done via direct credit to their bank accounts.
- Letters of gratitude were prepared and dispatched to all the donors.
- MIS showing Donor-wise allocation of free ship amount to eligible students prepared for NAAC reporting.
- Announcement was done and forms distributed for caste-based Government scholarship programs by the non-teaching staff during the conduct of the Semester II college exams and Semester IV university exams in March 2017.

Dr. Usha Mishra**Convenor**

IQAC - UTTHAAN

The IQAC has undertaken the following activities in this academic year

API related:

- API verification of 5 faculty members as potential candidates for the post of the Principal was carried out in the month of May-June 2016.
- API verification of 2 faculty members for CAS and PBAS was carried out in July-August 2016.

Development of Infrastructure:

- Through an earlier proposal, 3 Basic and 3 Advanced classrooms were developed in college with sponsorship from SAS. The purpose of these smart classrooms is to train students in Employability Skills and also use the smart classrooms for making teaching-learning more effective. The IQAC then arranged training sessions for teachers in the use of the smart classrooms in the month of September 2016 and February 2017.
- The IQAC designed the SNEH Training programme and in association with the Placement Cell arranged training sessions for third year students of BA (Marathi, English and Gujrati mediums), BCom (Voc), BMS and MA I (Counselling Psychology) using these smart classrooms. Altogether, 36 sessions were held from December 2016 to March 2017.
- Another proposal for a further grant was planned and submitted to SAS for development of additional 3 smart classrooms. The College has received the additional grant.
- The utilization of the UGC XII Plan Advance Grant was submitted to the UGC Regional Office. Budget for the remaining UGC XII Plan Grant received by the college was planned.
- Purchases of a Desktop Computer, a laptop, an additional printer, camera with Tripod, speakers, microphone and headphones was made under the UGC-IQAC Grant.

Key Result Areas:

- The work of the KRA teams was monitored with regular meetings. A report of each KRA team was presented by the facilitators during the IQAC meeting held on 31st March 2017. Management members and QAC experts Mr. Uday Gaitonde and Mr. Sunil Mantri present during this meeting gave their feedback for each KRA.

Workshops for teaching and non-teaching staff:

- Dr. Mina Kute, Principal, College of Education, SNDTWU and member on Univ. API Panel was invited as a Resource person to conduct a workshop on New API format designed by the SNDT Women's University on 16 September 2016.
- Dr. Ashok Salve and CA Shri Gunwant Racch, IQAC members, Smt. PN Doshi College were invited to conduct a workshop on Academic and Administrative Audit for the IQAC, for the teaching faculty and for the Administrative and Support staff on 20th October 2016. Mr. Uday Gaitonde, QAC expert was present during the session for the IQAC and gave his feedback for re-designing of the college AAA format. The format for the AAA used by the college was re-designed along with the score-sheet.
- Principal Dr. Leena Raje conducted a session on "Filling in the Annual Confidential Reports" for all teaching faculty members on 16th January 2017.
- Ms. Keyaa Mukherjee, Office Superintendent, Maniben Nanavati College was invited to conduct a session on "Towards Paperless Office" on 7th March 2017 for the co-ordinators, In-charges of different courses, IQAC

members as well as the Administrative and Support staff

- A workshop on ICT Training was organised for faculty of Junior College alongwith the computer centre on 19 & 21 April 2017

Publication:

- The IQAC Newsletter was published on-line. It is available on the college website.

Teacher Assessment:

- The students assessed and gave feedback for their teachers with the help of an on-line Teacher Assessment Questionnaire in March-April 2017. The results were analysed and submitted to the Principal.

Other Activities:

- Academic Calendar for Semester II, IV, VI for 2016-17 was prepared and uploaded on the college website.
- AQAR for 2015-16 was submitted to NAAC as a soft copy on after seeking approval from the College Management.
- The proforma for planning the budget for activities conducted by the Departments as well as the different College Committees was prepared and mailed to every Department Head and Committee Convenor. This will in streamlining activities and obtain prior sanction of funds for the activities conducted throughout the year.
- The format for Annual Self-Appraisal was modified and the teachers were asked to submit a soft copy. The IQAC gave printed copies of the Self -Appraisal to the respective Heads of the Departments and In-charges and co-ordinators of courses to give their feedback and forwarded to the Principal for her review.

Ms. Madhavi Sathe

Coordinator

SHRI GAMBHIRCHAND OOMEDCHAND SHAH LIBRARY REPORT

2016-17

"Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore and achieve, and contribute to improving our quality of life. Libraries change lives for the better."

- Sidney Sheldon

Shri Gambhirchand Oomedchand Shah Library continues to be an important component of the institution's education programme. Besides the comfortable studying environment, the library is well equipped with modern facilities such as access to internet and web resources including online journals and e-books. Library is providing a growing range of databases available in electronic form. All the library services have been automated on modern line. The library has fully computerized its collection, which can be accessible through Online Public Access Catalogue (OPAC).

The main thrust of the library continues to be the improvement of the quality of services and facilities, achieving higher degree of users' satisfaction and modernization of its activities and operations. As the knowledge hub of the institution, the library offers package of high quality user focused resources and services to support the research, teaching and learning endeavors of faculty members and students.

The library during the year 2016-17 has made significant progress in several areas.

1. Collection Development and Management

Collection building is one of the basic functions of any library. The library's print and non-print collection is well

appreciated and is its greatest asset. The library spent Rs.181504.10 during the year 2016-17 to maintain and update its collection with new knowledge resources. The expenditure of library during 2016-17 as on 31st March 2017 is as follows:

Expenditure during 2016-17 on various types of library resources

Resources	Expenditure in 2016-17	Items added during 2016-17
Books, CD ROMS	126164.10	478
Journals	22534.00	24 Titles
Magazines	12311.00	20 Titles
Diwali Ank	1467.00	13 Titles
Newspapers	19028.00	13+2
Total	181504.10	

** Includes resources purchased for Junior, UG and PG courses, aided as well as self-financed courses. Includes grants from all sources*

Expenditure on various courses grant-wise

	Books added in 2016-17	Worth in Rs.	Journals subscribed in 2016-17	Worth in Rs.
BA	66	15807.00	14 Titles	7124.00
B.Com	7	2385.80	2 Titles	1200.00
M.A. Psychology	1	251.00	1 Title	2000.00
M.A. Hindi	11	3948.00	2 Titles	500.00
M.Com	3	1606.00	2 Titles	4400.00
B.A.M.M	2	2751.00	Nil	0.00
B.M.S.	4	1223.10	2 Titles	7160.00
B.Com A.F.I.	29	6717.00	Nil	0.00
Senior College Book Bank	205	32176.00	Nil	0.00
Junior College	84	12151.20	1 Title	150.00
M.C.V.C. Courses	29	2795.00	Nil	0.00
UGC XII Plan	18	19166.00	Nil	0.00
ICSSR	19	25187.00	Nil	0.00
Total	478	126164.10	24 Titles	22534.00

A special mention is worthy of the grant of Rs. 25000/- received by the library for purchase of books from the ICSSR. Choicest titles from the area of social sciences were selected and procured under this scheme.

Library's Electronic resources

The Library provides access to a wide variety of online e-resources including INFLIBNET N-LIST, electronic books (e-books), electronic journals (e-journals), online databases and educational websites. Offline e-resources such as CD ROMS and DVDs are also available on select topics in the library. The library also offers access to databases and e-journals subscribed by the SNDT Women's University library.

Library Web Site (<https://sites.google.com/site/goshahlibrary>)

The library has an independent website which not only provides detailed information about the library and its activities but also offers a single window remote access to many online e-resources. The institutional website also directs the user to the library website.

2. Library Services

In addition to the regular library services such as book circulation for in-house and for home reading purposes, reference service, project assistance, computerized catalogue for better search experience, periodicals service, etc, specialized services were provided for bridging the gap between the user and the source of information as well as for providing current awareness to the readers by way of information alert and special services.

- Introduction of list of additions service on the library notice board as well as in the foyer area for the benefit of students and teachers.
- Display of new arrivals near the library entrance for quick attention.
- Book displays on various subjects and topics.
- Information display and display of newspaper clippings on the library notice boards on topics of current importance
- Display of Reviews of books purchased by the library.
- Display of news-paper supplements "Ascent", "Career Vrutant", "Pragati Fast", "Education Times" for career guidance and job alert to students

3. Users Education/ Library Orientation

Users' education is an important regular activity of the library to inform, alert, educate and train users about various resources and services of the library. Regular library orientation programs were organized for new entrants wherein detailed information about the library, its resources and services as well as use of OPAC was provided.

4. Special Initiatives undertaken for promoting e-resources

The library is a member of the INFLIBNET e-resource consortia through which access is provided to e-journals and e-books. Detailed orientation cum demonstration about the INFLIBNET was organized on 17th August 2016 and 14th October 2016 for MCom. and M.A students respectively. Librarian, Ms. Ashwini Prabhu explained INFLIBNET, the library website and other open access resources such as Google Scholar, Directory of open Access Journals; Open access journals search engine, etc. The databases offered by the SNDT women's University library were also demonstrated to the students and the access procedure was explained. Information was also provided on formulation of the search strategy for better information retrieval.

A special half day workshop was organized by the commerce department for the B.Com. students on "Effective use of electronic resources" on 1st September 2016 in the AV Room. The librarian, Ms. Ashwini Prabhu was invited to

acquaint the students with e-resources and ways of accessing them effectively.

5. Book Bank

The library maintains a book bank to help needy students belonging to economically weaker sections of the society.

The bank mainly consists of the prescribed text books for undergraduate courses specifically BA and B.Com and loans books to these students for full year. During the year, 241 students availed this facility. As a healthy practice and a small step towards our social responsibility, this year too the library offered special consideration through the book bank to students from NGOs such as Manav Seva Sangh and Shradhanand Mahilashram.

6. Special Activities

The library occasionally stepped beyond its routine functions and organized interesting activities for the users. The details are as follows.

- The library in continuation with its efforts towards use of technology for better library services developed a video film on “Effective use of library OPAC”. This e-content was developed after much research and efforts by the Ms. Ashwini Prabhu to enable self-paced learning as well as a supportive tool for offering library orientations to students.
- Ms. Ashwini Prabhu was invited to work as Rapporteur for UGC Sponsored National seminar on “Innovative Applications of Technology in Libraries” on 23rd September 2016 organized by Prahladrai Dalmia Lion’s College of Commerce & Economics, Malad, Mumbai
- Since last year 15th October is celebrated as “Vachan Prerana Diwas” in the memory of eminent scientist and former president Dr. A.P. J. Abdul Kalam. The library displayed books written by and on Dr. Kalam.
- Ms. Ashwini Prabhu was invited on the occasion for a special lecture and presentation on “Reading Skills” by Smt. Kamlaben Gambhirchand Shah Law School for its students.
- Ms. Ashwini Prabhu was invited by the Marathi department for interaction with Marathi medium students on “Developing Effective Reading Habits” on 13th January 2017 on the occasion of Vachan Samvardhan Saptah. Her interactive presentation in Marathi was well appreciated by the students.
- The library displayed select books on and by Gyanpeeth awardee Shri. V.V. Shirwadkar alias “Kusumagraj” on occasion of Marathi Bhasha Din on 27th February 2017 in the library. His select poems were displayed on the notice board in the foyer.
- Ms. Ashwini Prabhu mentored the library science student intern from the SHPT School of Library Science, SNDT Women’s University under the 240 hours compulsory library internship. The student was offered training in all practical aspects of librarianship from 1st February to 18th March 2017.

7. Staff News

The library could not have achieved all that it did without the continued dedication of our staff which enables all parts of the library to function in a professional manner. We appreciate their commitment to upholding high standards of service to all who visit us or use our services. The description given below highlights the continuing education as well as other activities in which they have been involved in addition to their regular jobs:

• Ms. Ashwini Prabhu, Librarian

- a) Presented paper on “Embedded or blended: A dilemma for academic librarians” in International Symposium on Knowledge and Communication June 10-11 2016 organized by SVKM’s NMIMS and KhonKaen University, Thailand at NMIMS Shirpur, Dhule, Maharashtra. The paper was declared as one of the best papers and was published in the conference proceedings bearing the ISBN 978-93-85664-16-8.

- b) Presented paper on “Screen Casting: An effective tool for OPAC instruction” in UGC Sponsored National seminar on “Innovative Applications of Technology in Libraries” organized by Prahladrai Dalmia Lion’s College of Commerce & Economics, Malad, Mumbai on 23rd September 2016. The paper was well appreciated and was published in the conference proceedings bearing the ISBN 978-81-926019-7-7.
- c) Participated in “Elsevier Connect Seminar” organized by Elsevier Publishing in Mumbai on 30th November 2016
- d) Participated in UGC sponsored Short term Course in “E-content Development” from 19-24 December 2016 conducted by the Human Resource Development Centre, University of Mumbai.
- e) Participated in NAAC sponsored National Conference on “Academic and Administrative Audit” organized by IQAC, College of Home Science, Nirmala Niketan, Churchgate, Mumbai on 10-11 January 2017.
- f) Presented paper on “Promoting E-resources: A practical experience” in National Conference on “Library Innovations for Excellence – LIFE 2017” organized by Indian Institute of Science Education & Research, Pune on 16-17 February 2017. Her paper won the best paper award and was published in the conference proceedings bearing the ISBN 81-7019-569-2.
- g) Participated in Workshop on “API and Maharashtra Public Universities Act 2016” organized by DTSS College of Commerce and P.D. Turakhia Junior College of Commerce and Science on 9th April 2017.
- h) Was invited for Round Table Discussion at the American Library on “New initiatives for transforming libraries” by American Library, US Consulate, Bandra on 11th April 2017.
- i) Contributed article on “Sarvekshanakarita online prashnavali: Ekupyuktasadhan” in “Dyangangotri” (ISSN 2231-6507) a journal in library and information science published by The Yashwantrao Chavan Open University
- j) Was invited as expert for documentation related assistance during NAAC assessment by Maniben Nanavati Women’s College, Vile Parle, Mumbai
- k) Was invited as an expert for library audit by S.M. Shetty College of Science, Commerce and Management Studies on 16th June 2016.

Other Contributions

Beyond her role as a librarian, Ms. Ashwini Prabhu also discharged her duties at the university and institutional level as follows

- Member - CAP as well as Board of Paper Setting for Programme of the Master of Library & Information Science, SNDT Women’s University
- Convener - Library Committee
- Convener - Criteria IV NAAC Steering Subcommittee`
- Member - IQAC
- Member - Website Committee
- Member – Research Journal Publication Committee
- Member – KRA-D Committee
- Member – Panel for Best Student selection

Ms. Ashwini Prabhu

Librarian

NATURE CLUB

- Documentary screening on the Flora and Fauna of India was organised for Junior College students .
- 80 students from Junior college were taken to exhibition on 17th December organised by The exhibits consisted of natural rocks, minerals, Brahmi, kharoshti, maudi etc, scripts, sculptures. The students were also shown the art of making natural colours used in Ellora wall paintings.
- 90 students visited an exhibition on 19th December on Origami paper craft styles.
- Documentary screening on “Naata Paschim Ghaataashi” , a film on Western Ghats forests was organised on 23rd August, 2016.
- In collaboration with BNHS , Nature Club organised a field visit to see :Flamingo Festival: at Sewri on 22nd March, 2017. 40 students participated in the same.



Dr. Avaneesh Bhatt, Convenor

FUN FACTS

- 1) Bananas are curved because they grow towards the sun.
- 2) Human saliva has a boiling point three times that of regular water.
- 3) Movie trailers were originally shown after the movie, which is why they were called “trailers”.
- 4) You cannot snore and dream at the same time.
- 5) A toaster uses almost half as much energy as a full-sized oven.
- 6) A baby spider is called a spiderling.
- 7) 95% of people text things they could never say in person.
- 8) The Titanic was the first ship to use the SOS signal.
- 9) In Uganda, 50% of the population is under 15 years of age.
- 10) The French language has seventeen different words for Surrender

Compiled by:

Marian S.Parayil (SYBA)

NCC ANNUAL REPORT

Sr. No	Date	Event	Venue	Level	No. of Cadets	Prize
1	20th to 28th July, 2016	ATC Cum GSC - II Camp	Virar	Group Level	02	2 Cadets Selected For ATC Cum GSC - III
2	29th July to 8th August, 2016	ATC Cum GSC - III Camp	Virar	Group Level	02	2 Cadets Selected For ATC Cum GSC - III
3	9th August, 2016	Kranti Divas Celebration	Kranti Maidan, Grant Road, Mumbai	Battalion Level	19	-
4	9th to 17th August, 2016	TSC Cum IGC Camp	Pune	State Level	01	-
5	15th August, 2016	Independence Day	Smt. M.M.P. Shah College, Matunga	College Level	40	-
6	15th August, 2016	Weapons Exhibition	Acharya Ground, Ghatkopar	Group Level	15	-
7	26th August, 2016	Tree Plantation	Maharashtra Nature Park, Dharavi, Mumbai	Battalion Level	19	-
8	27th August, 2016	Tree Plantation	Maharashtra Nature Park, Dharavi, Mumbai	Battalion Level	19	-
9	11th September, 2016	Swachata Abhiyan	Maharashtra Nature Park, Dharavi, Mumbai	College Level	13	-
10	27th September to 6th October, 2016	CATC Cum RDC Camp - 1	Panvel	Group Level	04	4 Cadets Selected For CATC RDC Camp
11	2nd October, 2016	Gandhi Jayanti Rally	Lions Club, Sion	College Level	18	-
12	6th to 17th October, 2016	NIC Camp	Colaba - KV3	National Level	02	-
13	13th to 23rd October, 2016	CATC Cum RDC Camp - 2	Home Guard Centre, Ghatkopar	Group Level	05	4 Cadets Selected For RDC - III
14	25th October to 3rd November, 2016	CATC Cum RDC Camp - 3	Home Guard Centre, Ghatkopar	Group Level	05	4 Cadets Selected For RDC IGC
15	4th to 13th November, 2016	RDC Cum IGC	Aurangabad	State Level	04	-

16	4th to 13th November, 2016	CATC Camp	SNDT Women's University Churchgate	Battalion Level	19	-
17	5th to 14th November, 2016	Basic Leadership Camp	Kolhapur	State Level	02	-
18	15th November, 2017	Advance Leadership Camp	Jorhat, Assam	National Level	1 ANO	
19	20th November, 2016	Blood Donation	Ghatkopar	College Level	23	-
20	26th November, 2016	Distributed Water & Chocolates to citizens Public Service Bank And ATM	Sion	Battalion Level	10	-
21	5th December, 2016	Drill Competition	Joshi Bedekar College, Thane	Group Level	13	Best Turnout
22	13th December, 2016	Drill Competition	K.J. Somaiya College, Vidyavihar	Group Level	16	Best Dahine Darshak
23	29th to 31st December, 2016	Annual Day Camp	Smt. M.M.P Shah College, Matunga	College Level	60 (SNDT COY -1 and M.M.P Shah COY-3)	-
24	31st December, 2016	Annual Company Day	Smt. M.M.P Shah College, Matunga	College Level	60 (SNDT COY -1 and M.M.P Shah COY-3)	All Rounder - JUO Ashma Chohan
25	1st to 18th January, 2017	NIC Camp	Dimapur, Nagaland	National Level	02	-
26	7th January, 2017	Army, Navy, Air force Weapons Exhibition	Thane	Group Level	1 NCC In-charge, 1 X-Cadet, 10 Cadets	-
27	8th January, 2017	Swami Vivekanand Marathon	Juhu Beach, Santacruz	University Level	31	-
28	20th January, 2017	SNDT Convocation Day	Churchgate	University Level	1 ANO, 3 X-Cadets, 15 Cadets	
29	22nd January, 2017	Marathon For Celebration of 70th Years Of Republic Day	SNDT, Juhu	Battalion Level	3 ANO'S, 1 NCC Incharge, 40 Cadets	
30	26th January, 2017	70th Republic Day	Smt. M.M.P Shah College, Matunga	College Level	40 Cadets With NCC In-charge & ANO	-
31	26th January, 2017	Weapons Exhibition	Acharya Ground, Ghatkopar	Group Level	15	-

32	2nd& 4th February, 2017	Workshop on "Personality Development & Lead The Future"	A.V. Room, Smt. M.M.P. Shah College, Matunga	College Level	20	-
33	7th February, 2017	NCC Day	Garrison Ground, Colaba	Group Level	1ANO, 1NCC Incharge,5 X-Cadet,20 Cadets	
34	12th February, 2017	'B' Certificate Examination	Bhavans College, Andheri	Group Level	13	-
35	23rd February, 2017	Annual Company Day	S.P.N.Doshi College, Ghatkopar	College Level	13	-
36	28th February, 2017	Workshop on Disaster Management	Anjuman Kherul Islam Urdu Girls High School	College Level	02	-
37	8th March, 2017	International Women's Day Celebration	Smt. M.M.P. Shah College, Matunga	College Level	13	-
38	13th April, 2017	Piloting for Inauguration of Computer Lab	Smt. M.M.P. Shah College, Matunga	College Level	07	-
39	23rd April, 2017	Swachta Abhiyan	Smt. M.M.P. Shah College, Matunga	College Level	15	

N.S.S. ACTIVITIES REPORT

No.	Date	Activities	Details
1.	5th June to 14th June 2016	Training Camp AVHAN – 2016 State level	2 N.S.S. Volunteers Ms. Shweta Waghela and Ms. Sonali Sawardekar was selected for the 10 days Chancellor's Brigade NSS wing training camp on 'Disaster preparedness' organized by S.N.D.T. Women's University.
2.	22nd June 2016	Notebook Distribution College Level	150 dozens of notebooks were donated by Lions Club of Sion and were distributed to 320 students.
3.	21st June 2016	International Yoga Day College level	Organized the workshop on yoga (as per govt. directive) in collaboration with NCC and Sports departments. Various exercises were taught to students in order to encourage them to practice these exercises on a daily basis. Guest speaker was Ms. Neena Singh.
4.	1st July 2016	Tree Plantation College Level	On the occasion of World Environment day, organized "Tree Plantation Drive" under the aegis of Maharashtra state "Van mahotsav Utsav". 30 volunteers, NSS programme officers and faculty- non teaching and teaching participated in the same
5.	2nd July, 2016 till Date	Mutthi Anaaj Daan College Level	Special project for needy students i.e. "Mutthi Anaaj Daan" has been undergoing since last three years. Under this project, 5 kg. of rice and 2 kg. of daal are distributed to 250 students every month. This unique project is sponsored by Lions Club of Sion which is initiated by MAD Team. From the month of February 2017, Principal Dr. Leena Raje has started sponsoring to five more needy students.

6.	11th July, 2016	World Population Day, College Level	Poster Competition and Elocution competition on 'Population' were conducted and posters were later displayed around the college premises to spread awareness on adverse effects of population explosion.
7.	25th July 2016	N.S.S. Orientation College Level	Orientation was conducted .285volunteers attended the program. Mrs. Rekha Shelar oriented the students about NSS Motto, Objectives, importance about NSS batch. She explained various activities under taken by the NSS unit like – MutthiAnnajDaan, Freeship programme, Special Camp, various camps etc. In this orientation chief guest was Dr. Nitin Prabhu Tendulkar ,NSS co-ordinator, SNDT Women's University addressed the volunteers and distributed saplings to 10 students.
8.	30th July 2016	Education Project College Level	5 NSS volunteers attended education project, organized by Lions club of Sion. Prize distribution to SSC Toppers for academic year 2015-16 and 'Best Teachers' award was organized on this occasion.
9.	3rd August 2016	Guest Lecture And Seminar University Level	94 N.S.S. volunteers participated in University sponsored Seminar on "Career Guidance and Cyber Crime", followed by the interactive sessions on preventive measures to be taken against Cyber Crime.
10.	6th August 2016	Hiroshima Rally State level	94 volunteers participated in 'Hiroshima Day' rally from Azad Maidan to Hutatma Chowk. Volunteers held banners and posters displaying their agitation against disharmony in the world and expressed need for peace and order in society. Sarvodaya Mandal, Mumbai, organized the rally.
11.	9th August 2016	Peace Rally State Level	43 volunteers participated in Maharashtra State organized Programme on "Quit India Movement" at August Kranti Maidan. Various colleges' volunteers came together, held banners and posters appealing for world peace.
12.	9th August 2016	Umbrella And Sapling Distribution College Level	Lions club of Sion sponsored saplings and umbrellas for 30 N.S.S. needy volunteers, jumbo umbrellas for vendors outside college campus. They planted saplings in college premises and took an oath to nurture the same.
13.	10th August to 16th August 2016	Rakhi Sale College Level	N.S.S. Volunteers sold Rakhis to the students of the college prepared by handicap schoolchildren. This activity was carried out with a view to give a forum to the differently able students to display their skills and talents.
14.	13th August 2016	Blood Donation College Level	Organized Blood donation drive in collaboration with Dr. BMN College, LTMG Hospital Sion and Lions Club of Sion. 47 Students, Teachers and office staff donated Blood.
15.	17th August 2016	Raksha Bandhan Celebration College Level	15 NSS volunteers and 3 N.S.S. Programme Officers celebrated Rakshabandhan at Matunga & Sion Police station. Volunteers tied rakhis to Police staff.
16.	23rd August 2016	Kuch Yaad Karo Kurbani College Level	On the occasion of 70th Independence day ,Arts faculty organized student led programme –Remembering the sacrifices of our freedom fighters "KuchYaadKaroKurbani". In this Programme our N.S.S. volunteers participated in essay and elocution competition.
17.	27th August 2016	Tree Plantation Drive College Level	25 NSS volunteers and 1 programme officer participated in Tree Plantation drive at Maharashtra Nature Park Sion, under 'My Tree' Initiative Programme' organized by Manav Ekta Mission and Satsang Foundation Mumbai.

18.	1st& 2nd September 2016	Guest Lecture On Social Media College Level	NSS Unit organized guest lecture and demonstration using computer & mobile on "Social Media Sites". 30 NSS volunteers attended this lecture. Ms. Kaavya Iyer& Ms. Saumya Shetty conducted this session. They focused it is impossible and illegal to stop today's generation from using social networking sites 24/7 and even if it were legal it wouldn't be a good idea as it could easily alienate our students. They also suggested the top 10 security precautions which student should keep in mind when using social networking sites.
19.	17th September 2016 to 25th September 2016	Cleanliness Drive College Level	NSS Unit participated in Cleanliness Drive Awareness programme at King Circle Railway station, in collaboration with Central Railway Station Mumbai Division From 17/09/2016 to 25/9/2016. In this week our volunteers prepared slogan and poster related to the cleanliness at Railway stations. Besides ensuring cleaning activity, the volunteers were also on a drive to educate passengers on keeping the platform clean through the oath and Signature Campaign
20.		Waste Management Workshop College Level	Mr. Ajay Rajput explained about what is Waste Management. Then he discussed about various types of solid waste including municipal residential, institutional, commercial, agricultural, health care, household hazardous wastes, sewage sludge etc. He also discussed about different areas with the help of short documentary film.
21.	22nd September 2016	Rose Day College Level	15 NSS volunteers and 5 NSS Program Officers distributed fruits and biscuits to 300 patients and relatives at one of the most prestigious cancer treatment and rehabilitation providing in Tata hospital, Parel.
22.	30th September, 2016	Gandhi Peace Exam College Level	Gandhi Peace Exam was conducted for 150 NSS volunteers by the Bombay Sarvodaya Mandal. It was conducted to inculcate the moral values of peace, non-violence, truth and brotherhood among the volunteers.
23.	1st October 2016	Vyasan Mukti Rally State Level	50 NSS volunteers participated in the Vyasanmukti rally. The objective of the rally was to spread awareness. 50 students along with the staff members marched from Hutatma chowk to Gateway of India.
24.	2nd October 2016	Rally on Gandhi Jayanti College Level	On account of Gandhi Jayanti , the NSS unit with the Lions club of Sion organized 'Peace & Awareness rally' from College to Sion hospital, TaraChand Bapa hospital, SIES college, sion circle with play cards and posters on various topics. 360 volunteers participated in this rally. After rally NSS unit also followed activities for Swachha Bharat Abhiyan, 25 volunteers cleaning the college premises and surrounding the college.
25.	6th October 2016	Thalassaemia And CBC Checkup & Rubella Vaccination Camp College Level	On 6th Oct. 2016 aThalassaemia and CBC Checkup its followed by the Rubella Vaccination camp was organized in collaboration with the Lions Club of Sion and Rotary Club of Worli . 300 students attended a Lecture on Rubella &Thalassaemia. Guest speaker was Mr. PankajTanna. 150 Students take Rubella Vaccinationand 234 students, who gave their blood sample for testing out of which 3 students and 1 staff member were get affected by Thalassaemia.

26.	15th September To 14th October 2016	Voter ID Campaign College Level	Nss unit organized awareness campaign on Importance of Voting and voter ID Enrollment Drive in college premises . NSS volunteers aware the students the importance of voting in a democracy. Recognizing the importance of their vote so it should be used judiciously. During this process our volunteers informed the students as well as their neighborhood who were completed age of 18 has enroll in the electoral rolls and voter identity cards.
27.	16th November. to 20th November 2016	Swaccha Bharat Pakhwada College Level	NSS unit organized “Swaccha Bharat Pakhwada” . NSS Volunteers has make the poster & slogan to aware about cleanliness among the students and society. Essay competition organized for the students on the cleanliness and our NSS volunteers also cleaned the college premises. The poster and slogan is also displayed in the college foyer to aware Cleanliness Drive.
28.	25th November, 2016 & 26th November, 2016	Constitution day College level	On the Constitution day different activities has done, such as volunteers prepared and displayed chart on the need and importance of constitution, essay and elocution competition is also done on the same. In this program the guest lecture is also conducted by Mr. Hiralal Bhosale the explained the historical background.
29.	30th November, 2016 & 1st December 2016	AIDS Awareness – Poster and Slogan Competition College level	Poster and Slogan Competition on AIDS awareness was held on 30th November. Later, posters and slogans were displayed in the foyer. 30 NSS Volunteers participated in this competition. On 1st December 2016 Mrs. Rashmi Shetye –Tupe conducted a lecture on AIDS awareness.
30.	3rd & 4th December, 2016	Seminar Regional Level	On 3rd & 4th Dec. our 30 NSS Volunteers participated in Regional Level Seminar for Girls students at K. C. Gandhi High School Kalyan. In this seminar cum workshop Volunteers got the knowledge about “Women’s issue and Women Empowerment”.
31.	24th to 30th December 2016	N.S.S. Special Camp College level	200 volunteers participated in this camp held in the College Premises The Chief guest was District Governor, 323 A 1, Lion Armaity A. Cooper, Guests Of Honour Lion Rita A. Sanghavi & Lion Manisha M. Kothari, Special Guest Lion Varsha Vora, Lion Rita Jhaveri. Lion Atul Sanghavi, Lion Indra Bhatia, Dr. Bharat Pathak, Shri Vasant Khetani, Principal Dr. Leena Raje and all N.S.S. Programme officers were present for the inaugurated function. All the volunteers were motivated and encouraged.
32.	9th January, 2017	Projects at Adopted Village Mamnoli (Murbad) College level	NSS Unit had done Swachhata Abhiyan and Pilot Survey of Mamnoli Village near Murbad. In this Survey we made a three group of 5 volunteers Each group was assigned a specific area for door to door awareness on cleanliness, hygiene, no plastic use. and we ask them that which problem face by them during the Demonetization and their opinion. On 25th February, NSS unit has done Survey of Mamnoli Village. 6 NSS PO & 28 NSS Volunteers were participated in this activity. The initiative included surveying 182 families from the said area where volunteers filled a form regarding the demographic details of each family. 22nd April on the world earth day NSS Unit along with Leo Club and Lions Club of Sion organized Tree Plantation at Mamnoli Zilha Parishad School. We have also distributed food Grains and refreshments to 21 Adivasi families sponsored by Loins Club of Sion to 65-70 students.

33.	10th January 2017	Eye Checkup Camp College Level	On 10th January 2017, the NSS organized the eye checkup for the students free of cost. This initiative was a step to help students get their eye examined. Students could also avail glasses in case of need. Around 50 students took benefit of this program. This camp was sponsored by Lion KartikDaftary.
34.	13th January 2017 Till date	Project on Dry Paper Waste Management College level	Beginning from 13th January 2017, the NSS Unit undertook the Project on Dry Paper Waste Management in collaboration with Indian Development Foundation, Mumbai. A person from the NGO comes every Friday in the college premises for collection of any waste paper, receipts, tickets, paper bags, Paper Plates, Paper Glasses, Old Newspapers, Magazines, and Old Books etc. donated by the college Students and Staff.
35.	23rd January 2017	Workshop On Road Safety College level	On 23rd January 2017, Road Safety Workshop organized by NSS Unit in collaboration with NGO- 'United for Road Safety'. 35 volunteers were participated in this workshop. This workshop was conducted with the help of PPT presentation by Aseem Joshi & Resham Shinde the aim of workshop was to make the students aware about the road safety rules and regulation.
36.	25th January 2017	Poster And Slogan On Road Safety College Level	N.S.S. Unit in collaboration with the English Dept. organized Poster, Slogan, and Essay competitions. 75 to 125 volunteers participated in this competition. This will be helpful to all the students when they are on the road and it will also help them when they own vehicles in the future.
37.	31st January 2017	NSS Annual Day and Prize Distribution function College level	On 31st Jan. 2017 NSS Unit celebrated NSS Annual Day and Prize Distribution function. Around 280 volunteers attend this function. Around 12 Active NSS Volunteers were felicitated with Trophies, Cash Prizes and Certificates at the hands of Chief Guest - Dr. Bharat Pathak (Hon. Secretary, SMES), Principal Dr. LeenaRaje, Sr. College Vice Principal Smt. Archana Patki and Jr. college Vice Principal Mrs. Prabha Nair & all NSS PO were present for the function.
38.	1st February 2017	Distribution Of Spectacles College Level	NSS Unit was organized the Eye check Up on 10th Jan 2017. Around 50 students took benefit of this program. On 1st Feb. 2017, 18 students could avail 18 pairs of spectacles free of charge.
39.	13th February 2017	Voting Awareness Campaign College Level	On 13th Feb. 2017, NSS Volunteers prepared Slogan & Poster regarding the Voting Campaign. On 14th Feb. 2017 NSS Unit had organized Door-to-Door Voter Awareness Campaign and Oath taking and signature Campaign, at our adopted area Wadala Gate No.4. There has been media coverage in interaction with the students and residence people. This media coverage has come on 15th Feb. 2017 at http://youtube.be/FufpRKXonOU . On 16th Feb. 2017 NSS Unit has organized Voter Awareness Campaign and Oath taking and signature Campaign at our adopted area Kings Circle Railway Station.
40.	27th March 2017	Survey of Bio toilet State Level	On 27th March 2017 our 3 NSS Volunteer has participated in Survey of Bio toilets which was organized by Organica Biotech Pvt. Ltd of Humanities Department. Under this survey they covered the area Jay Matang, Rushi Nagar, Padus School, Vikroli Kailash Vankhade tower, Goregav, Mankhurd & Dharavi Kamaji School.
41.	13th April 2017	Inaugural Function of NSS Computer Lab College Level	On 13th April 2017, Inaugural Function of NSS Computer Lab which is equipped by Lions Club of Bombay (Queensway). Chief Guest for the function was Lion Armaity A. Cooper- Dist. Governor 323 A1. On the occasion of this function Dr. Ashok Mehta and Dr. Bharat Pathak felicitated our chief guest.



Ms Renuka Prajapati

Mr. Rakesh Singh

NSS Programme Officers

RESEARCH CELL

- Throughout the year, Research Cell members have motivated staff members for participating in national-International conferences as well promoting their students as to be research oriented.
- A separate E mail ID created for Sampreshan-‘ reaearchmmps@gmail.com’ for all research related communication and collection of formal date for AQAR
- A standard format for research activity data is formed and mailed to all senior college teachers for entering their activities for common data pull.
- To have more research related extension programmes and MOU’s, a meeting of Heads of Departments was called in July’16 by KRA team and acquainted HOD’s with possible links for the same.
- The NSS Unit of the college handed government scheme ‘Munijan Yojana’ to cell. Survey has already being conducted by NSS volunteers, data analysis, interpretation and suggestions are to be given by the research cell in the form of report. There are possibilities that, on the basis of this report, various departments of the college may have a common extension programme with ‘Wadala-Gate no.3’.
- To provide the various opportunities and research related linkages to the various departments, Inter University Interface/Interaction programme is planned. A successful meeting was held with Dr.Meeta Rakesh, Research Cell Convener of Guru Nanak Khalsa College on 19th September, 2016.
- Research Cell has planned various activities for the coming academic year to strengthen the research culture further in the leadership of Principal Dr. Leena Rajee.

Dr. Shobha Dedhia

Convenor

PLACEMENT CELL

Guest Lectures Organised:

1. Organised a guest lecture for all TY and PG students on career choices in collaboration with NGO Nayee Disha on 8th Oct, 2016.
2. Organised a guest lecture for all TYBA and B.Com students on B.Ed in Autism on 24th Feb, 2017.
3. Organised a guest lecture for all T.Y.B.Com and B.Com-AFI students on 'Career Options in Banks' on 12th Oct.2016 by.
4. Organised a guest lecture on 'Career in Print Media' by Ms.Dhanalaxmi on 10th Feb, 2017 for T.Y.B.A.M.M students.



Parent orientation Program in Progress

Providing part time/full-time job opportunities to students:

1. 6 T.Y.B.A.M.M. Journalism students were sent for interview to 'New Woman' magazine were selected. 2 students were selected.
2. 4 T.Y.B.A.M.M. students were sent to 'Arts in Motion' dance studio for the post of floor manager. 2 students were selected for the same.
3. 2 Bcom students were sent for an interview at 'Cloudcity', Malad, a BPO where both the students were selected.
4. 10 B.A.M.M. and M.Com students were sent for an interview to BBC Worldwide Media Pvt.Ltd and 3 were selected as trainer for a reality show called 'Win the Crowd'.
5. 2 M.Com students were given a part time opportunity in our own college office under 'Earn while you learn' scheme. Ms.Vinny & Ms. Nikita Talekar are given a stipend and work from 12 to 5 pm, Monday to Friday and from 10 am to 1 pm on Saturday.

CAREER FAIR:

- The Placement Cell of Smt. MMP Shah Women's College in association with Technoserve organized a Career Fair for all its students in P.N. Doshi College, Ghatkoper on 9th March 2017 and managed to get 12 companies to campus for Campus Interviews. 65 students from our college attended the same & 24 were selected for corporate jobs.
- The Placement Cell of Smt. MMP Shah Women's College in association with Technoserve organized a Career Fair in our college on 10th May 2017. This career fair was mainly for students who were not placed so far. 600 students from various colleges from Mumbai attended it and about 15 Companies conducted the campus interviews.

EMPLOYABILITY SKILLS TRAINING PROGRAM (ESTP)

I. ANTARANG FOUNDATION

- Signed an MOU with Antarang Foundation for their 'Career Ready' program for T.Y.BA students.
- Placement cell of Smt. MMP Shah Women's College of Arts & Commerce, in collaboration with Antarang Foundation envisions a world where young people should be encouraged to passionately, productively and positively engage in a vocation of their choice through career focused programs. Antarang Foundation has two program options - Career Aware and Career Ready. The foundation works to bridge the employability gap that exists among youth. The program delivers career guidance, develops core employability skills and finally links students to career opportunities.



- The Placement Cell has collaborated with Antarang Foundation to conduct the 'Career Ready' program for T.Y.BA students. This course was offered to entire English & Gujarati T.Y. BA students in the second half of this academic year (2016-17) after a detailed orientation. Two batches of 35 students each from T.Y.B.A were formed who are presently undergoing the training program. It is conducted simultaneously from 11.30am -1.30pm from Monday to Friday. The Career Ready Program in association with Placement cell of Smt. Maniben M.P. Shah Women's College of Arts and Commerce is conducting 40 sessions of 2hrs each. The areas which will be covered are self-awareness, career awareness, work skills, work ethics and spoken English. The program also includes two expert speaker sessions, two exposure visits, three sessions on critical thinking and one parents meeting. After the program comes to an end Mock Interviews will be held to train the students for formal interviews.



- After these students who graduate from the 'Career Ready' program, will then be sent for interviews to various companies/institutes for jobs of their liking.

- Apart from Employability Skills, these 70 students will be provided with a free APTECH Course (right from basic to advance) in any Aptech institute that falls in their vicinity. The students can also enroll for a free English Speaking course with the institute 'Manpasand Life' at Grant Road. Smt. MMP Shah Women's College has entered into an MOU with Antarang Foundation & this course will be offered to all T.Y. BA students from the next academic year.

II. TECHNOSERVE FOUNDATION

- Signed an MOU with Technoserve and has been co-coordinating to conduct "Job Skill Development Program" for students of T.Y.B.Com, T.Y.BMS and T.Y.B.Com-AFI.
- Placement cell of Smt. Maniben M.P. Shah Women's College of Arts and Commerce in collaboration with Technoserve initiated "Job Skill Development Program" for students of T.Y.B.Com, T.Y.BMS and T.Y.B.Com-AFI.



- Currently two batches consisting of 40 students each are undergoing the training program. The Youth Employability and Empowerment Program undertakes an exhaustive assessment of the target underprivileged colleges in Mumbai along with providing soft skills and vocational training to interested and qualified youth (in the age group 18 to 25)
- The project aims at improving the over-all employability of the youth by providing them employment opportunities with corporates and other organizations. Mock Interviews, too were conducted to boost the student's morale.



- Technoserve organized a Career Fair for all its students in P.N. Doshi College, Ghatkoper on 9th March 2017 and managed to get 12 companies to campus for Campus Interviews. 65 students from our college attended the same & 24 were selected for corporate jobs.
- Smt. MMP Shah Women's College has entered into an MOU with Technoserve & this course will be offered to all T.Y. B. Com, BMS, M.Com & T.Y.B.Com-AFI students from the next academic year.
- Technoserve organized a Career Fair in our college on 10th May 2017. 600 students from various colleges from Mumbai attended. 15 Companies participated.

III. SAS-CSR PROJECT

- The focus of the project is on S-Sanitation, N-Nutrition, E-Empowerment, H-Health & Hygiene.
- This project was started with the aim of-Empowerment of women students with enhanced employability skills through a series of training modules.



- It is important for students to develop soft skills and enhance their personality at the verge of completing their graduation or post-graduation and get ready and enter the workforce.
- This is a new addition to our college's commitment towards providing wholesome education along with imparting skills required to make student's placement ready.
- A syllabus was framed with the help of industry experts which included 5 modules.
- Module I include study skills that focus on enhancing reading, writing & memorizing better & faster.



- Dream building, goal setting and attitudes & techniques, emotional intelligence, inter-personal skills, time management, health management are some of the topics covered under Module II.
- Resume making, power dressing, group discussions & hunting for the right jobs were a few topics covered under Module IV.

- Module V included team building, problem solving & conflict resolution, presentation skills, business correspondence.
- Lectures were scheduled every week. A list of lectures are listed below:

Date /Day	Name of Guest	No of Sessions	Topic
13-01-17	Swami Vivekananda Kendra	04	Team Building & Motivation
20-01-17			
10-2-17	Dr . Reeta Shah	04	Being a super-woman
16-2-17			
21-1-17	Dr .Dhaval Mody	04	Dream building, Goal Setting, Attitudes & Techniques for success
4-2-17			
15-2-17	Dr. Prashant Shelar Success Insights	24	Time Management, Group Discussions, Personal Interviews
20-2-17			
22-2-17			
25-2-17			
1-3-17			
3-3-17			
4-3-17			
6-3-17			
7-3-17			
8-3-17			
10-3-17			
28-1-17	Dr. Avaneesh Bhatt	04	English Proficiency Test, Writing Skills
11-2-17			

FINAL PLACEMENT DATA FOR THE 2016-17 BATCH (B.COM/BAFI/BMS)

ICICI Prudential:

Serial No.	Name of Student	Course
1.	Urvi Buhecha	B.Com
2.	Renu Gupta	B.Com
3.	Rebecca	B.Com
4.	Yasmeen	B.Com
5.	Shraddha	B.Com
6.	Urmila Kharwa	B. Com
7.	Shabnam Shaikh	B.Com
8.	Archana R. Singh	B. Com
9.	Farida Shaikh	B. Com

Prodata :

Serial No.	Name of Student	Course
1.	Kiran	B.Com
2.	Anjali	B.Com
3.	Chhaya	B.Com

HDFC Securities:

Serial No.	Name of Student	Course
1.	Sameena Shaikh	B.Com

ICICI Bank:

Serial No.	Name of Student	Course
1.	Neha Khan	BAFI
2.	Farheen Khan	BAFI
3.	Nazia Shaikh	BAFI
4.	Pranali Lad	BAFI
5.	Sana	BAFI
6.	Karishma	BAFI
7.	Nausheen Khan	BAFI
8.	Farhin Choudhary	BAFI
9.	Kiruthiha Mani	BMS
10.	Selva Pramila	BMS
11.	Iram Rawal	BMS
12.	Deepa Pakkali	BAFI
13.	Pooja Raut	BMS
14.	Sumaiya Zarin	B. Com
15.	Sabiha Tanaji	B. Com

HERE Solutions:

Serial No.	Name of Student	Course
1.	Mainaz Sayyed	BMS
2.	Namrata Bhalerao	BMS
3.	Mallaika Karzai	BMS
4.	Qaeenat	BCom

ICICI Lombard:

Serial No.	Name of Student	Course
1.	Jabeen Khan	BMS

PLACED:

Serial No.	Name of Student	Course
1.	Sumaiya Khan	BCom
2.	Geeta	BCom
3.	Savita Gupta	BCom
4.	Sapana Kondi	BCom
5.	Namrata Rajak	BMS

Ms Sarita Kasaralkar**Convenor**

SPORTS REPORT

No.	Date of the Event	Activity Details	National/ State/Regional /Institutional Level	No. of Students participated	Prizes won
01	21/6/2016	International Yoga Day was celebrated in College. Chief Guest – Ms. Neena Singh	Institutional level	100 Jr. & Sr. College Students & Staff Members participated	-
02	30/7/2016	The S.N.D.T Department of Physical Education organized hike to Bhivpuri waterfall	Regional level	20 students participated with Sports Incharge Ms. Suvarna Joshi	-
03	10/8/2016 & 11/8/2016	Sr.Intercollegiate Table Tennis,Badminton, Chess, Carrom & Elocution Competition held at Juhu Campus hosted by L.J.N.J. Mahila Vidyalaya Vile Parle.	Regional level	Students Selected for Inter-University: - 1) Badminton:- a) Ms.Pranali Lad (B.Com-BAFI) b)Ms.Sonam P. Lagad (FY.BA.) c)Ms.VishakaV.(T.Y.BA.) d)Ms.SoniS.Yadav (FY.BCOM.) 2) Table Tennis:- a) Ms.PrachiBhosale (T.Y.BCOM.) b) DevikaKamath (T.Y.BCOM.) c) Ms.Megha A. Mohite (T.Y.BCOM.) d) Nishi P. Thakkar (FY.BCOM.)	2ndin Table Tennis - Ms.Prachi Bhosale 2ndin Badminton- Ms.Pranali Lad
04	29/8/2016 & 30/8/2016	Sr.Intercollegiate VolleyBall, Rope-Mallakhamb, Basketball, Taekwondo & Quiz Competition at Loni hosted by BCA & Arts College,Loni	Regional level		2nd in Taekwo-Ndo - Ms. Shweta Wagela SYBA – Guj. Med
05	30/09/2016 to 01/10/2016	Sr.Intercollegiate Kabaddi, Kho-Kho, Boxing, Wrestling & Essay Competition at Kolhapur.	Regional level	Three Students Selected for Inter - University Kabaddi: - 1)Ms.Priyanka Vinjale (M.COM) 2) Ms.Ankita Shinde (T.Y.BA.) 3)Ms.Prapti Solkar (FY.B.A.) Students Participated: Ms. Ujwala Wakde(T.Y.BA.), Ms. Reshma V. (FY.BA.), Ms. Ashwini S. Tupe (FY.BA.), Ms. Jyotia Hambire (FY.BA.), Ms. Chaitanya Sawant (FY.BA.), Ms. Renuka H. Joge (FY.BA.), Ms. Shiwani M. Waghmare.	2ndin Badminton- Ms.Pranali Lad

06	30/09/2016 TO 01/10/2016	Sr.Intercollegiate Athletic Meet, Road Race, Langadi & Fencing Tournaments at Akhluj.	Regional level	b)Ms.Sonam P. Lagad (FY.BA.)	2nd in Taekwondo - Ms. ShwetaWagelaSYBA - Guj. Med
07	13/12/2016 TO 16/12/2016	Jr.Intercollegiate Sports Competition 2016-2017 organized by SNDT College Churchgate in different category of sports like Kabaddi, Volleyball, Kho-Kho, Yoga, Chess, Boxing, Carrom, Taekwondo, Cricket, Table Tennis, Badminton, Rope malkhamb, Essay, Basketball, Elocution Competition held at Churchgate & SVT Juhu Campus.		<p>students achievements in this Competition are as follow:-</p> <p>Volleyball team members: Ms.SuprajaShetty (11thCom. Capt), Kum.HarshadaSawant (11THCOM), Ms.AfifaSayyed (11THARTS), Ms.NishaNavale (12THCOM), Ms.Priti jai, Ms.Vaishnavi Gupta (12THARTS), Ms.Shraddha Podwal, Ms.Umeshwari Nadar, Ms.Priya Nadar,Ms.Shidamani Pondian.</p> <p>Kabaddi Team:- Ms. Akshata Lad(12TH ARTS), Ms. Vevdanta J. Naik (12TH) , Ms. SyaliKadam (11THCOM), SarikaM.Tanaji, Ms.Nisha B.Yewale, Ms. ManaliM. Plap (11THCOM), Ms. Naina Bhagul (11THCOM), Ms. Siddhi B. Masugade (11THCOM),, Ms.Nikita Kadam (11THARTS), Ms. Chaitali Nimbalkar (11TH COM), Ms.Avantkar C.Mudhang, Ms.Pooja Mahadik.</p> <p>CRICKET TEAM:- Ms.SayaliDarekar (Capt), Ms.Urmi Sadlani, Ms.Lakshmi Shinde, Ms.Pramila Yadav, Ms.Shraddha Bhalinge, Ms.Shrutipatel, Ms.SayaliKadam.</p> <p>ROPE-MALLAKHAMB TEAM:- Ms.Bhagyashri Govivale, Ms. Sejal Patwa, Ms. Sakshi Randeve, Ms.Rose Gupta.</p> <p>CARROM TEAM:- Ms.AmnaSayyed, Ms.Laxmi Poojari, Ms.Megha Patil & Ms.Deepa Bhandari.</p> <p>CHESS PARTICIPANTS:- Ms.Kajal Sardar, Ms.Amna Sayyed, Ms. MeghaPatil, Ms.Deepa Bhandari</p>	<p>1s place in volley-ball. Best player in volley ball by Ms.SuprajaShetty . 2nd place in kabaddi. Tallented player in kabaddi by Ms.Akshata Dinesh Lad. 1st place in boxing. Talented player in boxing by Ms.Vaishnavi Gupta. 2ndplace in cricket. 2nd in Rope-mallkhamb. Best player award in ropemallkh-amb by Ms. Bhagyashri Govivale. Fencing: Ms. Rani Pawar Got 2nd Place + Promising Player. Ms.AkshataSakpal got 3rd Place. 2nd place in Carrom. Ms.MeghaPatil got talented payer in Carrom. 2nd place in taekwondo Ms. KhusnurJaved. 4th place in Chess. Ms.KajalSardarGot Talented Payer DSOMumbai (District Sports Organized). 3rd place in 200mts Running Ms. Rupali Patil.12th Art 2nd place in Karate Ms. Urja Marchant</p>

08	22/12/2016	College Annual Sports Day & Prize Distribution Ceremony was held at G.S.B. Sports Ground. The ceremony was inaugurated by The Principal Dr. Leena Raje at on the Auspicious Occasion Several Sports events were organized for Students Teaching & Non-Teaching Staff.	Institutional level		
09	02/02/2016 & 04/02/2016	Mr. Jignesh Sanghvi conducted the workshop on "Personality Development Cum Lead The Future"	Institutional level	55 Degree & Junior College Sports & NCC students attended the Workshop	

Ms Suvarna Joshi

Mr. Devidas Patil

Ms Neha Bhosale

Sports Trainers

STUDENTS' COUNCIL REPORT

S r . No.	Date	Activities	Details
1.	23 July, 2016	Vice President, General Secretary, Class Representative Selection	1). MS. Heena Sayed (TYBA) 2). MS. Pragati Mishra (TYB.Com) 3). Ms. Tanuja. A. (XII- Arts) General Secretary 4). Ms. Sakina Khan (XII- Commerce) General Secretary
2.	28th-29th July, 2016	Workshop for Class Representatives on "Leadership, Interpersonal Skills, Planning, Positive Attitude"	2 days workshop was organized and following topics were covered in the same: Qualities of a good leader Goal setting and goal achievement Connectivity Group activities Building strong relationships. Resource person for the same was Mr. Jignesh Sanghavi
3.	1st August, 2016	Foundation Day	Chief Guest for the function was Madam Prof. Shashikala Vanjari, Vice Chancellor, SNDT Women's University. The program included PPT of SMES, oath taking ceremony of office bearers of students' council, felicitation of non-teaching staff for their dedicated services for 10 years to the institute.
4.	15th August, 2016	70th Independence Day Celebrations	Chief Guest for the function was Shri MJF Subhash Bhalwal, 323A2, District Governor.

5.	10th August, 2016	Students' Council sent Rakhees to soldiers	Students' Council took the initiative of sending Rakhees to our soldiers. 291 Rakhees were collected from teachers and students of various departments and were sent.
6.	26th August, 2016	Freshers' Party	Freshers' Party was organized for all First year UG & PG students in Ravji Jivraj Changdaiwala Hall from 10.00am to 1.00pm followed by lunch.
7.	1st-2nd September, 2016	Regional Yuva Mahotsav	Yuva MAhotsav was hosted by PVDt College, Churchgate. Our college won Overall Literary Events Trophy for the 5th consecutive time and Runner –Up Trophy for the 3rd consecutive time.
8.	3rd September, 2016	Teachers Day Celebrations	Teachers Day was celebrated with great enthusiasm. Chief Guest for the function was Lion Dr. A. Almeida, Nephrologist, P.D. Hinduja Hospital and Medical Research Centre, Mumbai. Felicitation of teaching staff for their dedicated services of over 10 years to the institute, and International Paper Presentation and Publications and outstanding achievements was held.
9.	22nd-23rd September, 2016	Yuva Mahotsav Grand Finale	Finale Round was held at Churchgate campus. Our college won the won Overall Literary Event Trophy for the 5th consecutive time and Runner –Up Trophy for the 3rd consecutive time.
10.	3rd-10th October, 2016	Navratri Celebrations	Students' Council organized Aarti during Navratri in the college foyer at 11.30am followed by Garba. Prasad was Sponsored each day by different groups of teaching and non-teaching staff.
11.	19th-24th December, 2016	Days Celebration	Black & White Day, Good Deed Day, Western Day, Mix- Match day, Saree/ Traditional Day were celebrated by students.
12.	19th December, 2016	College Annual Day Celebrations	College Annual Day was celebrated at Ravindra Natya Mandir, Dadar. 10.00am to 1pm – Junior College 2.00pm to 5pm- Degree College. BEST EMPLOYEE AWARD 2016-17 from non-teaching staff was awarded to Mr. Rameshwar Fuke & Ms Lata Ghadigaonkar on this occasion
13.	16th-17th January, 2017	Best Student Award	Best Student Award for Degree College was held on 16th Jan, 2017 which included General Knowledge, Physical Fitness, Logical Thinking and Essay Writing. 2nd Round was the Interview round, held on 17th Jan, 2017 Best Student Awardees of Senior College are as follows: Ms. Shahana Arab (TYBA) Ms. Pragati Mishra (TYB.Com) Ms. Minaz Sayyed (TYBMS) Ms. Sera Koshy (MA, Psychology) Junior College Best Student Award included an Interview Round. Best Student Awardees of Junior College are as follows: Ms. Nilam More (XII-Arts) Ms. Nisha Chackoria (XII-Commerce) Ms. Khevana Parikh (XII- Vocational)
14.	26th January, 2017	Republic Day Celebrations	Chief Guest for the function was Ms. Asmita Bhatia. Felicitation of Best Student Awardees, University Rank Holders was held.

15.	31st January & 1st & 2nd February, 2017	Tejaswini Contest	Tejaswini Contest was held at Churchgate campus. 2 students from our college participated in the same and both were selected in the top 10 contestants for the final round.
16.	8th March, 2017	International Women's Day Celebrations	Chief Guest for the function was Madam Amruta Phadnavis. Students' Council organized the Cultural program of the function.
17.	11th March, 2017	Farewell Party	Farewell Party for all Final Year students of UG & PG was organized in Ravji Jivraj Changdaiwala Hall from 10.00am to 1.00pm followed by lunch.

Dr. Hina Shah

Convenor

THE COUNSELOR'S DESK

"SAMVEDNA"

- Ms. Snehal Subramanian, an alumna of the Department, continued her position as the College Counsellor.
- 2 interns are placed in the counseling centre every year to provide them an opportunity to learn and grow, allowing them to experience the field of counselling and assessment, and preparing for their future as Counselling Psychologists. Ms. Serah Koshy and Ms. Tarunaba Jadeja, were chosen as interns for the year.

ACTIVITIES OF THE CELL

A. The cell saw 77 clients during this year, for guidance in dealing with problems like family and relationship problems, study related problems and personality development. 57 of these were new clients, 8 of which were referrals by teachers and staff, and 49 were walk-in cases. The other 20 were follow-up cases. 8 of these clients were outside clients with problems like anxiety and family and relationship issues. Formal psychological testing was conducted to assess the student and gain further insight into their problems, and appropriate intervention was offered.

B. Life skills program:

Life skill program was held for students of B.A (English medium and Marathi medium, Sociology, Hindi, Gujarati and Psychology) and B.Com as apart of the enhancement program in order to empower the students to deal effectively with their environment. Interactive workshops on topics such as Stress Management, Anger management, Communication Skills, Forgiveness, Problem solving, Self Esteem, Nutrition and Hygiene, Self-Acceptance, Study Skills and Time Management were covered. The content of the workshops were designed keeping the needs of the students in mind. Their feedback was used to customize the program for them further as a way to facilitate the development of skills required in dealing with their selves and their environment in more productive manner.

C. Workshop on 'The importance of Education' at Andhra Education Society:

Ms. Snehal Subramanian, along with the MA II interns, Ms. Serah Koshy and Ms. Tarunaba Jadeja, conducted workshops on 'The importance of education' for the students of 10th standard, Andhra Education Society, Wadala on 20th and 27th July, 2016. With the help of examples and a PowerPoint presentation, the students were explained the importance of regular studying, and of the use of strategies that help in effective learning and building of transferable skills. The session was kept Interactive so that the students voiced their problems while studying and could be guided appropriately. They were encouraged to have a goal for themselves and take small steps towards the same.

D. Workshop on 'easy exams' for students of HSC:

Ms. Snehal Subramanian, along with the MA II interns, Ms. Serah Koshy and Ms. Tarunaba Jadeja, conducted

workshops for the students of 12th standard students of the college, on 19th and 20th January, 2017. The students were given tips on how to plan their studies so that they approach the exams with confidence. Tips regarding their eating and sleeping patterns were also given. The session was kept Interactive so that the students voiced their problems while studying and could be guided appropriately. They were equipped with effective study and revision techniques. Tips on overcoming stress and exam nerves were also discussed.

E. Workshop on 'Effective Study Skills' for 9th std students of Andhra School, Mumbai

Ms. Snehal Subramanian, along with the MA II interns, Ms. Serah Koshy and Ms. TarunabaJadeja, conducted workshops on 'Effective study skills' for the students of 9th standard students of Andhra School, Matunga on 13th January, 2017. Using a PowerPoint presentation and various videos, they were told the importance of education and the need for systematic planning and execution. The students were informed about various logical and easy to implement techniques that will help in improve their learning skills and overall performance.

F. Workshop on sexual harassment of women: prohibition, prevention and redressal act of 2013:

Maharashtra State Commission for Women and Smt. M. M. P. Shah Women's college of Arts and Commerce jointly organized a workshop on 'Sexual Harassment of Women at Work Place' on 27th February, 2017. The students were given information regarding the Prohibition, Prevention and Redressal act of 2013 and case discussions were held to help the students understand the laws better. The students were helped in understanding the effects of sexual harassment has on women's mental health and were told about various ways in which it can be dealt with. The students were also taught some basic self-defense techniques to help them deal with unwanted advances in their daily life.

G. Lectures & activities through the cell:

- Interactive sessions were taken for the FYBA and BCOM students from 29th August to 12th September, 2016, to create awareness regarding the Counselling center.
- Ms. Snehal Subramanian took a lecture on 'Time Management' on 8th August, 2016, for students of MCom I and II.
- Ms. Snehal Subramanian attended a seminar on 'Preparing Adolescents for 21st Century Life-skills' organized by the Lions Club International on 27th August, 2016.
- Ms. Snehal Subramanian took a lecture on 'Youth Suicide' on 16th February, 2017, for students of SYBA.
- Ms. Snehal Subramanian attended a workshop on 'Child Sexual Abuse' organized by the Institute for Psychological Health on 11th and 12th Feb, 2017.
- Ms. Snehal Subramanian attended a seminar on 'Sexual Harassment at Work Place: Prohibition, Prevention and Redressal Act 2013' organized by the Maharashtra State Commission for Women on 18th Feb, 2017.

CONSULTATION SERVICES:

Consultation services were carried out by Samvedna Counselling centre for Amulakh Amichand Bhimji Vividlakshi Vidyalaya from November, 2016. The Counselling Centre of the school is visited twice every week, by the Ms. Archana Patki and Ms. Snehal Subramanian. Guidance regarding structuring a formal procedure, documentation, assessments and individual cases has been provided to promote and ensure effective functioning of the Counselling Centre.

SUNSHINE CORNER:

- The Sunshine corner, which was started as an attempt to impart information, values and inspirational messages for students and teachers, was maintained by displaying articles, quotes and interesting stories related to various topics like family-work life balance, anxiety and stress management, time management, self-awareness and personality development.

Snehal Subramanian
College Counsellor

VERDANT WORDS

AND THE WINNER IS...

Circa 1994: Sushmita Sen wins the Ms. Universe Title and does an entire nation proud!! That iconic picture of a shocked Sushmita, when she is declared the winner, lingers in collective memory to this day!!

I had just become a mother and a tinge of sadness had overtaken me while I watched Sushmita's crowning. My own dream of participating in beauty pageants was unrealized. Since childhood, I fantasized walking the ramp, twirling around in glamorous clothes, tons of make-up on my face....and generally behaving like a diva. This was not to be considering my conservative upbringing and lack of real opportunities in 1980s Chennai.

As we women know too well, priorities change when we get married and have kids. Our dreams and ambitions get wedded to those of our children and we start focusing on the harsh realities of running a family.

Cut to April 2017. I am well into my forties and the mother of two grown-up children. An opportunity knocks in the form of participating in the Mrs. India International pageant at Mumbai. The prospect is exciting and scary. Do I still have it in me?? Isn't it too late in life for such activities?? Do I even stand a chance of being selected given the tough auditions and much younger girls in the fray?

With a lot of motivation from my family, I registered. And prayed that I don't make a fool of myself.

As we waited for our turn for the auditions (some girls had come from Goa, Surat, Nagpur etc.) I realized I was the oldest amongst the lovely ladies. I decided to convert this into my strength and hoped it would impress the selection panel. My introductory speech stressed on this aspect and I also tried to highlight my small achievements. Guess it worked as I was part of the final 14!! This was just two days prior to the pageant.



Then started a hectic round of activities. Grooming, Fittings, Cat-walking, Dancing, Voice Modulation...we were put through a crash-course on all this. Other sessions like Reiki and Positive Attitude were conducted.

The professional choreographer, Mr. Satyen Babla, who flew in from Dubai, was at his wits' end in trying to teach us to dance.

The show's director came to teach us to cat-walk. I have, all through life, used flat or small- heeled footwear. Now we were expected to walk effortlessly in stilettos!! Seemingly impossible at first. Managed with practice.

The clothing fittings was another challenge! While the younger girls had it easy, I wouldn't fit into many of the dresses offered...much as I wanted to! Finally, for the 'ethnic-wear' round, I was allowed to wear my own clothes. What a relief!!

Another shock was in store when we started actual practice. I was told to leave out all reference to my age and family in my introductory speech. I had banked on the fact that I was married for a quarter of a century to win me points. My only thought at this time was- there goes my trump card.

I considered withdrawing, as a first-round elimination would have been very de-motivating. But my family prevailed over me and assured me that the world would not come to an end if that happened. They convinced me that participating was a privilege and I should live my dream.

Came the day of the pageant. 22nd of April 2017. Rigorous practice sessions from the morning. The contest started at 9 pm with all fourteen of us performing to a popular bollywood dance number. After the introductory speech and 'evening-gown' round, I found myself in the last 10!! Now I was at peace with myself! I had done something which I wanted to do since childhood. Walked the ramp in front of celebrity judges(Model Actress Karishma Modi, Nach Baliye winner Himanshu Malhotra amongst others) and, to my mind, performed flawlessly.

Then came the 'ethnic wear' round and we all retired back-stage.

Suddenly I heard my number being called out! The host was announcing that I had won the BEST SMILE award!!!

I couldn't believe my ears!!! Surely...this was not true. I thought that my eyes would open and the lovely dream would be over!!

Then it sank in. **Yes...I WAS A WINNER!!**



Before I realized, the audience was clapping, a tiara was being put on my heads and a sash was being draped. A gift hamper was being thrust into my hands!!! One of the celebrity judges was doing the honours on stage and I was on cloud nine!! I HAD WON SOME PART OF THE MRS. INDIA INTERNATIONAL AWARD!!

Well... I have lived my dream. This little achievement will always be part of me and no one can take it away from me. I have learnt that age need not be a barrier if our determination is strong enough!!!!

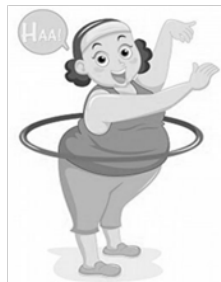
Ms Swaroop Bendre

Lecturer

Food and Catering Technology

EXERCISE

Every day I am bombarded
In each direction that I turn
By those who claim that EXERCISE
Causes flab to crash and burn!



I did jumping jacks and sit-ups
Went out and bought that darn
machine
The one that guarantees in 30 days
I'd be trim and fit and lean

I put it in the extra room
That wee affectionately call the 'gym'
With all the other paraphernalia
That will one day make me slim

Ab mats for doing crunches
A small tramp to run in place
That awful, go-nowhere pedalling bike
That only leaves e red of face!

I have workout clothes and sweat-bands
Even a 'get-fit' coffee up!
But that scale hasn't budged an inch
So, I'm on the verge of giving up!

I've just about convinced myself
That it's true what some folks say...0
You have heard it too.....Eat Right!
Get Fit? Die anyway!!

So for those who are devoted
To trying to make me over, PLEASE!
If God wanted me to touch my toes
He would have put them on my knees!

I believe He loves as we are
That includes both big and small
So when I reach the gates of Heaven
It will be with my flab and all

Marian Sunny Parayil

SYBA (Psychology)

COOKING TIPS

- 1) Toasting nuts, rice, rava and dal (lentils) before cooking with it increases its flavours considerably.
- 2) To make softer chapattis, add some warm milk while kneading the dough.
- 3) For making softer idlis, add some sago or cooked rice while making the batter.
- 4) Soak onions in water for about 10 minutes before chopping to avoid tears.
- 5) For chopping dry fruits, freeze them for an hour before cutting.
- 6) Before grating cheese, apply some oil on the grater to prevent it from sticking.
- 7) To reduce the amount of oil absorbed by the food when fried, add a pinch of salt to the oil before frying.
- 8) Wrap the fruits and vegetables in newspaper before refrigerating to keep them fresh longer.
- 9) Store onions, garlic, potatoes and tubers in open space with good air circulation to prevent it from rotting.
- 10) Remove the stem of chillies while storing them whole.



Compiled by:

Yusra Sheikh

SYBA (Foods and Nutrition)

THE ROMANCE OF A NEWSPAPER

Every morning as we wake up to yet another day full of stress and running around, there is that time of the day that we eagerly await - reading the newspaper. A general routine that we follow. The very first thing in the day that most of us look forward to, is the daily newspaper. The crisp paper holds for us, our daily dose of information, news, views, gossip, humour, temptation, distractions, alerts and alarms.

The eagerness to lay your hands first on the newspaper gives a pleasure of sorts. The restlessness we experience on not having read the morning paper, is a feeling, difficult to explain. The sheer pleasure of at least browsing through the headlines is fulfilling. It is the romance of Newspapers that one does not mind borrowing it from a co-passenger or even peep in while someone is reading it.



It is rightly said that one can easily find out, whether a person reads newspapers. If a person is aware about the world around him it immediately shows. A regular reader reflects maturity of thought and action. One who reads newspapers does not believe in hearsay. They have an opinion of their own and a logical explanation for it as well. Superstition, blind faith, and unfounded fears have no place in the mind of one who reads newspapers. Facts and figures is what they trust.

Newspapers are your window to the world. They teach us to be modern, logical, give us an insight into life and laws. Governance and discipline in a country is so much easier if their citizens read newspapers.

Every age group and every section of society has loads to gain from a newspaper. The journalists create an opinion on political, social, economic, environmental and cultural issues. News on systems and habits of faraway lands have positive influence on readers.

Parents and educational institutions must insist on cultivating this habit among the youth. In true spirit of globalization it is a must that one is aware about how the world works. If one does not read he will find it tough to go through the different stages in his life.

A citizen knows the value of law and order when he reads about the turmoil of a war torn land. A young girl knows the dos and don'ts while she is exploring life on her own. The young and talented youth learns about the possibilities in life which motivates them to give their best. A student can relate between his syllabus and the world around him. It helps satiate the hunger for knowledge and experience. It helps us learn from examples rather than experience.

It's high time they also reserve space for the good deeds in the world. Maybe a small section dedicated to restore faith in life. Especially the young reader might be disturbed reading only about corruption, scams, murder and rape.

In this era of information explosion, newspapers give us just enough to be street smart. Though there are lots of substitutes these days nothing can beat the knowledge we gain from all the news, the advertisements the classifieds. You never know what piece of information comes handy.

Alpa Doshi

Lecturer

Jr. College (Commerce)

CURIOSITY

ITS ALL ABOUT BEING A CURIOUS JUNKIE !

They say, a wise man can learn more from the foolish questions than a fool can learn from the wise answers. For a person to fully evolve, grow and groom, one has to pursue the human quality of being curious. As, “Curiosity is the mother of all sciences.” When one is curious about something or everything, learning becomes easier. By following your curiosity, pursuing meaningful challenges, you can experience new levels of joy and fulfillment, at any age and any given point in time.



Remember the annoying aunts, uncles and teachers who pour the cold water on your eager questioning? , saying “curiosity killed a cat!” Fortunately, many regard curiosity as the strength of human development even in the ‘Grades obsessed’ culture of ours.

Children having high levels of curiosity are found experiencing higher levels of satisfaction with life and greater success as adults. It's surprising, that the person who said, “I have no special talents. I am only passionately curious.” was Albert Einstein.

Curiosity is defined as, taking interest in all of the ongoing experiences, finding all subjects and topics fascinating and exploring and discovering. Being curious by nature, is associated with creativity, intelligence, problem-solving ability and willingness to know more and keeping oneself updated. It's also correlated with positivity, optimism, personal well-being, better long term health and interpersonal relationships in a positive equation.

It all begins with the mind being always cloudy, buzzing questions, a urge to investigate, to enquire, a constant urge to seek answers to several questions, willingness to develop conclusions about the self and for the self, the readiness to ask and find out despite knowing and considering the possibility of hitting the blank wall, the hope to dwell into the virtual Lala land after seeking desired answers or to dwell in the creepy thoughts in case of the undesirable findings.

It all begins when one realizes that, “I don't know something” and its natural of the human intelligence to seek that and therefore we love to know answers of something that are not even necessary. The basis of curiosity is thus the realization that, “I don't know”. The more we realize, we do not know, more is the longing to know.

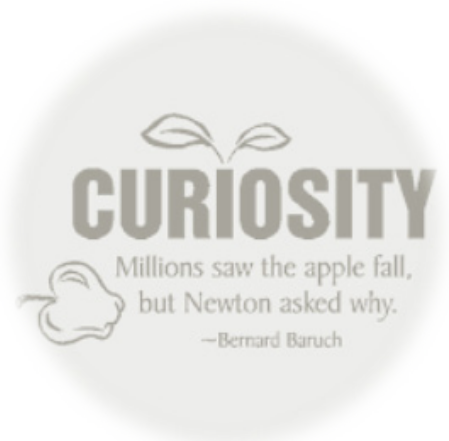
But curiosity works in two ways, the same urge that drives the curious people to pursue the multiple interests may also lead them to disregard the danger or get into hazardous activities. Still, the enrichment that curious people experience generally outweighs the negative effects of the risk they take.

Travelling, especially is the best way to keep curiosity alive. But for this, one needs to be committed traveler with an open mind, to refuse to find faults, develop on sense of humor, and try new things.

Thus life for a curious person, is continuously being hungry, the meaning of life is not simply to exist to survive, but to move ahead, to discover, to explore and achieve to conquer.

Ms. Shruti Mohite

MA-I (Psy)



SUCCESS STORIES

Success Stories of our students to be published in CITIBANK CSR Report

1. Meet Yasmeen Mahmood Shaikh, CREEYD Trainee, Mumbai 2017

Yasmeen is one of five members of a conservative family. Her father is a mechanic, while her mother stays at home. They live a modest life and it is generally not acceptable for the girls in their family to receive an education. Yasmeen however has been lucky enough to be encouraged to pursue a college degree. But she lacked confidence and often scored very poorly on tests, retaining little of what she learnt in class. If she graduates from college, she will be the very first person in her family to do so. Her parents can hardly afford the tuition, and at times keeping a roof of the family's head is next to impossible.

Despite these odds Yasmeen attends college, and like many of her friends enrolled for the CREEYD program at her career centre in college. Her greatest challenge has been learning itself, but in the CREEYD training program she learns by doing. She has enough opportunity to practice what she learns and is happy she followed her friends to this program. Her biggest learning has been the improvement in her English communication. She makes a conscious effort to speak to her friends in English and has made it a point to meet and talk to new people in her group activities. She rarely did either of these earlier. She recently attended a job interview at ICICI Prudential and never imagined that she a self-proclaimed slow learner with English communication problems would crack an interview in insurance sales. Yasmeen and her family are over the moon about her success, and she is all set to make a major contribution to her family income. She is beaming with her recent success and definitely exudes the confidence of a first generation college graduate and successful woman of the family. Her starting salary will result in a 100% increase in household income in just her first year of employment, only to increase year on year as she gains more employment experience in the insurance and banking sector.

2. Urvi Buhecha, CREEYD Trainee, Mumbai 2017

Urvi Buhecha was a quiet, reserved young student, who did not make friends easily. The younger of two siblings, Urvi has experienced many hardships, before she even turned 18. Five years ago, she tragically lost her father. Her family, residents of Mahim, a poor fishing village in Mumbai city, did not have much by way of savings or finances. This placed a burden on her mother, now a single parent, trying to make ends meet on a meagre teacher's salary. Urvi's mother soon had to change jobs, and now works long hours to support her family. This keeps her out of the house with little or no time to tend to the emotional and developmental needs of her two young children. Urvi, though bright and eager to learn new things, is a self-proclaimed introvert. Not one to easily voice and opinion or even speak to new people, making friends in college has been difficult for her.

On a regular day of classes as a third year college student, she happened to follow a large crowd of students into a TechnoServe training awareness program in her college. Soon she found herself attending a training session, albeit to assuage her curiosity. One class turned to another and soon Urvi was opening up about her life and her story to completely new people in her own college! She usually knew the answers to many of the questions asked in class by professors, but would never open up, fearful of speaking in public. Soon she was standing in front of the class and large groups and sharing her thoughts and ideas! Urvi says, "A lot of the group-based activities have helped me realize that I am not alone in my struggles and that I can make my personal situation a source of strength."

From being someone who would never work in a group, she now embraces team collaboration. Urvi recently attended an interview for a sales role at a leading insurance firm in Mumbai, ICICI Prudential, an opportunity she got through the CREEYD program. The day before the ICICI Prudential interview, she was definitely nervous, but she fought that fear with practice and determination. She rehearsed her interview responses, a trick she learnt during her training, and even had her mother share her feedback. To her surprise, she got hired and will soon begin an exciting career in sales, where every day she will meet with and talk to new people! She avers that she would never have even imagined this role before her days at the CREEYD program. Urvi will now double her household income (2.5 lakhs annual at present), with just her starting salary, reducing the burden on her aging mother. There is no doubt she will continue to do well at her job and bring in a significant salary raise year on year.

From the Placement Cell

DEMONETIZATION

Definition:

Demonetization is the act of stripping a currency unit of its status as a legal tender. Demonetization is necessary whenever there is a change of national currency. The old unit of currency must be retired and replaced with a new currency unit.

The opposite of demonetization is remonetization where a form of payment is restored as legal tender.

Breaking Down Demonetization:

There are multiple reasons why nations demonetize their local units of currency. Some reasons include to combat inflation, to combat corruption and to discourage a cash system. The process of demonetization involves either introducing new notes or coins of the same currency or completely replacing the old currency with new currency.

In 2016, the India government decided to demonetize the 500-1000 rupee notes, the two biggest denomination notes. These notes account for 86% of the country's cash supply. The government's goal was to eradicate counterfeit currency, fight tax evasion, eliminate black money gotten from money laundering and terrorist financing activities and promote a cashless economy. By making the larger denomination notes worthless, individuals and entities with huge sums of black money gotten from the parallel cash system were forced to convert the money at a bank which is by law required to acquire tax information from the entity. If the entity could not provide proof of making any tax payment on the cash, a tax penalty of 200% of the tax owed was imposed.

Demonetization 30 days: A timeline of PM Narendra Modi's grand Indian Currency:

On 8 November, Prime Minister Narendra Modi announced the biggest ever demonetization exercise Indian has ever seen by abruptly withdrawing Rs 500 and Rs 1000 notes from public use in a bid to damp down on black money, fake currency menace, terror funding and corruption. The PM said there are certain exemptions for the first 72 hours, including permission to use old currency in government hospitals, for buying fuel, medicines, train tickets, airline tickets, in government buses and for paying utility bills. Exchange of notes were initially allowed up to Rs. 4000. While cash withdrawal at ATMs was capped at Rs. 2000 per card per day and withdrawals at banks were allowed with a limit of Rs. 10000 per day and Rs. 20000 per week. Since then rules have changed many times.

After a month of demonetization, the country is still reeling under the cash crunch as banks branches and ATMs are still struggling to meet the cash demand from common people. The demonetization resulted cash crunch has hit the economy hard, especially in the rural areas. The Narendra Modi government and opposition parties are still fighting in Parliament over the merits and demerits of the note ban. The stated long-term gains are still nuclear, while the immediate challenge for the government is to ensure cash shortage eases in the minimum time.

Here is a timeline of how the days passed in the last one month of the note ban:

9th November : Bank and ATMs remained closed for the public on the first day of demonetization. The BSE sensex ended the day about 339 points lower. The rupee plummeted 19 paise to 66:43 against the US dollar government announced deposits above Rs. 2-5 lakh to face tax, penalty on mismatch.

10th November: Long queues to exchange and deposit annulled notes witnessed at banks across India which opened for public while ATMs continued to remain shut Bank stocks surged up to 12 percent as analysts speculated that banking sector is expected to benefit when more money flows into the formal sector.

11th November : ATMs open for the first time after demonetization announcement. But, after opening most ATMs went dry in a few hours with people drawing the maximum possible amount; long queues beginning to see across the country RBI assures public that enough currency is available with banks for exchange. Government extends exemptions for using old Rs.500 and Rs. 1000 note till 14 November midnight toll waiver on national highways extended till 14

November midnight by the government.

12th November: PM Modi hints at more steps to unearth black money. Week end rush adds to woes, anger, impatience at banks, ATMs ran dry on cash.

13th November: for the second time in a week RBI assures public that there is no need to be anxious and enough cash is available with banks. But that assurances isn't reflecting on the ground exchanged limit increased from Rs. 4000 to Rs. 4500, ATM withdrawal limit increased from Rs. 2000 to Rs. 2500. The weekly limit of Rs. 20000 for withdrawals from bank counters has been increased to Rs. 24000. The maximum limit of Rs. 10000 per day on such withdrawals has been removed.

14th November: Government extended acceptance of Rs. 500 and Rs. 1000 notes for public utility and fuel payment till 24 November banks were closed on account of Guru Nanak Jayanti, queues gets longer at ATMs. Cash withdrawals for current account increased to Rs. 50000 per week.

15th November: No despite from long queues at banks. ATMs government asks banks to put indelible link on the right hand finger of those exchanging banned 500 and 1000 rupee notes.

16th November: Chaos continue at banks, most ATMs ran out of cash SBI collected Rs. 114139 crore in deposits in last 7 days.

17th November: Government lowers the exchange limit for now defunct 500 and 1000 rupee notes to Rs. 2000 from the existing cap of Rs. 4500. Cash withdrawal of Rs. 2.5 lakh from bank account were allowed for wedding ceremonies etc.

18th November: No respite from queues, chaos, ATMs still fight cash shortage. Demonetization to lower GDP growth by 0.3-0.5 percent , care ratings says.

19th November: queues got shorter at banks, long wait at ATMs Continued.

20th November: With banks closed on Sundays longer queues at ATMs.

21st November: Farmers allowed to use old Rs. 500 notes for buying seeds Bank received Rs. 5.12 lakh Crore of deposits and exchanged Rs. 33006 crore. RBI said in a release Demonetization effect: GDP to fall by up to 80bps; said DBS bank.

22nd November: 82500 ATMs out of 22 lakh ATMs recalibrated to dispense new notes some relief for cash-starved. Public queues shortened as about 40% of total ATMs have started dispensing new Rs. 500 and Rs. 2000 notes. RBI doubles prepaid payment instruments limit to Rs. 20000.

23rd November: Goldman forecasts deceleration in GDP growth to 6.8 in FY17 Rs. 1.20lakh crore deposited in SBI.

24th November: Government extends toll exemption on NFIs till 2nd December mid-night notes ban to significantly disrupt economic activity, Mody's said in a release government withdraws exchange facility of old currency notes and extends deadline for exemptions of using old Rs. 500 notes up to 15th December midnight queues get shorter at Bank branches but continues at ATMs.

25th November: RBI says the facility to exchange old Rs. 500 and Rs. 1000 notes will continue to be available as its counters.

26th November: Deposits in Jan Dhan accounts soar sharply by around Rs. 27200 crore to Rs. 7283472 crore in just 14 days after the announcement of ban old Rs. 500 and Rs. 1000 currency notes.

27th November: Rs. 32,631 Cr deposited in post offices since demonetization.

28th November: Banks get about Rs. 8.45 lakh crore worth of scrapped notes, RBI says after 5 weeks , queues at banks , ATMs shrinks but cash crunch remained.

29th November: queues outside ATMs eases, but customers through banks RBI relax withdrawal norms, nudges retailers to deposit cash.

30th November: RBI limits withdrawal from JanDhan accounts to Rs. 10000 a month queues at ATMs, bank grow shorter but wait for cash continues.

1st December: Government says that old Rs. 500 notes are valid till 2nd December for fuel, air ticket purchase instead of 15th December announced earlier.

2nd December: India ratings lower GDP forecast to 6.8 percent post demonetization.

3rd December: Queues for cash on, toll collection resumes.

6th December: Tax dept seizes Rs. 130 crore cash, jewelry of undisclosed wealth has been admitted by taxpayers post demonetization.

7th December: RBI defends note ban and plays down its impact on economy. Demonetization was not done in haste, says RBI Governor during the monetary policy presser.

Advantages and Disadvantages of Demonetization of 500 & 1000 currency notes:

Advantages:

- Unearthed of cash which is not in circulation and locked within few hands.
- Common man also can afford to buy the immovable assets.
- Curb of black money and fake notes.
- Protection from the illegal activities.
- Increase the transparency in earnings which may favourable impact on the revenue of government in term of taxes.
- Increase the subscribers under the upcoming tax regime (GST)
- Reduction of Interest rate may be the favourable move in startup and making India.
- Increase the Job opportunities in future.
- Ease of recovery of long term dues in public sector and banking sector from public.
- India is developing as best investment destination with the view of ease of doing business, reliability and strong government administration system.
- Increase the transaction in digital system.

Disadvantage:

- Business are encountering with the loss due to limited cash circulation.
- Black money holders are searching the alternative ways for come out of the situation.
- Overwhelming move in notes however implementation is not in per with expectation.
- Unfavorable impact on GDP growth.
- High scarcity of money change.

Suman S. Suvasiya

Std: XIIth /B Commerce

1st Prize, Essay Writing Competition

Organized by Lions Club

EXPERIENCING A NEW WORLD OF INTERNSHIP

Internship by definition is a period of work experience offered by an employer to give students and graduates exposure to the working environment. It is often within a specific industry which relates to their field of study. It is the opportunity for a student to take what she has learnt in the classroom and apply it in the real world. The internship is the first hand experience to know what it is like to work in a library/organization, to learn how to perform in a professional manner and to apply professional skills and talents.

In my case completing a 240 hour internship was a compulsory part of the MLISc program at the SHPT School of Library Science, SNDT Women's University. I was fortunate to have been allotted internship at Shri G.O. Shah Library of Smt. Maniben M.P. Shah Women's college which began on 1st February 2017 and went on till 18th March 2017. I remember the first day when I stepped in the library with my mind full of apprehensions, fear, excitement and so many other feelings. The librarian Ms. Ashwini Prabhu introduced me to each and every staff member and made me feel at home.



Then onwards I was involved in the various activities of the library. My first assignment was at the issue return counter where I provided books to the students as per their requirements, issued the books against their cards, shelved the books back to their respective places on the racks so that the next day the books can be retrieved, entered the students records into the library management software SLIM 21, etc. Library staff at the counter such as Anant Sir, Shubhada madam and Shrikant Sir helped me to understand the intricacies of the work. Often the students would come without the call numbers and it required lot of patience to search and provide the relevant books. It was here that I learnt how to handle the student pressure during the peak hours and yet keep your cool. I also learnt through observation of the staff that it is very important that no student leaves counter without her book however efforts the staff might have to put in. Next I was placed at the periodicals counter where Koli Sir trained me as to how the journals and magazines are arranged, how the records of periodicals subscription are maintained and also about the usage statistics. I also managed the periodicals counter for some time and circulated the earlier year's question paper sets. After the periodicals counter Ashwini madam requested Shubhada madam to demonstrate the SLIM 21 book acquisition module functions to me. Under her guidance I made a bill and also went through the accession register. This was followed by training in cataloguing and bibliographic records editing techniques under the supervision of Gayatri madam. She also gave me some books for classification. I made few catalogue cards under the guidance of Anant Sir.

Then I worked on the library stock taking module and did manual as well as computerized stock taking with the help of Mangesh and Pradip Sir. I handled the barcode scanner and learnt new technology. Ashwini madam also showed me the library website and gave me an assignment to design a brochure for the library. She also acquainted me with the INFLIBNET and gave me a task to search for research articles from INFLIBNET. She used to check the work done by me periodically. Under her guidance I also recorded the library footfalls data in to appropriate file. At the end of my internship Ashwini madam asked me to make a presentation on INFLIBNET for the library staff. She also gave me suggestions and valuable feedback.

After successful completion of the internship when I now look back I feel that I was a caterpillar when I entered the library and have developed into a butterfly ready to fly. Before the internship my knowledge of practical librarianship was minimal. But now that my 7-week internship is over, I feel I have really learnt a lot. As outsiders we just demand books and they are provided to us, one never gets to know how work goes on behind the scenes. There are so many rituals or "sanskaraas" that a book goes through after it is purchased and before it reaches the user much like a mother grooming her child. Each book undergoes the process of selection, purchase, recording, checking, processing, classification, cataloguing, barcoding to land on the circulation desk and finally in the hands of the reader.

Due to my internship I became more familiar with the library and the different roles of a librarian – that of an Accountant, Educator, Innovator, website designer, Facilitator, Leader, Mentor and many more. I didn't just learn to do the daily tasks, but got an insight into the spirit of librarianship. The Librarian, Ms. Ashwini Prabhu played a vital role in my internship and mentored me to understand the various activities of the library well. The entire staff is helpful and made me feel one of them during the course of my internship. I have learnt the importance of team working and leadership skills from them. While winding up it is going to be emotionally challenging to go back to my world.

Overall the internship programme has offered me a great opportunity to grow and develop. It has boosted my

confidence and helped me develop my career. I learnt extensively about the working of a college library. The programme has enhanced my critical thinking and analytical skills as well as improved my professional ability to work in a multicultural environment. The internship experience at Shri. G. O. Shah Library was a valuable one that will shape my professional life and I will cherish the memories forever. The Librarian has inspired me in many ways and I am very appreciative of this opportunity and will remain forever grateful to Smt. Maniben M.P.Shah College for giving the opportunity to work as an intern.

Ms. Indira Vanjare

M.L.I.Sc Student Intern

SHPT School of Library Science

SNDT Women's University

MUTHHI ANAAJ DAAN

Mutthi Anaaj Daan is 3 and growing!

Over 55 girls get jobs; project grows from grains to gains

Mutthi Anaaj Daan or M.A.D (making a difference team) is the permanent project of the Lions Club of Sion, district 323A1. Under the guidance of past International President Dr Lion Ashok Mehta, the hunger project has widened its scope to helping students get employment.

Besides grains, we believe in the power of 5E. Enable, Engage, Educate, Enrich and Empower. These are the foundation to widen the scope of our project.

MAD members Srinivasa Rao and his ever smiling wife Pushpa helped raise over Rs 60 lakh funds through CSR from his American company SAS to have smart classrooms in the MMP Shah College. Through these classrooms, children are taught soft skills to help them gain employment. A project started in October 2014 with just 40 children is today after three years, looking after 250 girls.

Muthhi Anaaj Daan continues to make a difference in the lives of girls by bringing new chief guests to help children interact with a wide range of people who can inspire them.

The chief guest for June 2017 distribution was Mr Govindji of Tridhaatu Realtors. He shared his thoughts on how his passion for basketball takes away all his stress and he is now besides being totally involved in his real estate business, on the board for basketball coaching at the state level.

This helps our college girls to interact and be inspired by the stories of all our guests and donors.

In the last three years, MAD has received 40 pairs of footwear, 2 sewing machines, cancer awareness camps and a donor made customized clothes for 40 street children of Hamara Foundation. One boy, a cook with Indigo Deli is now trying to go to the Gulf... small steps in getting the children to find their place in society.

Join us on the first Saturday of each month at 10.00 am at Smt. MMP Shah Women's College to make a difference and give back to the community through service.

The statistics at a glance.

1. 250 families each month is 1750kgs of grains, feeding 1,160 people each month.
2. Now we have completed 3 years
3. Each girl child received 5 kgs rice and 2 kgs dal.
4. Our monthly project cost is approx, Rs 100,000, donations welcome. 80G tax redemption.

Lion Rupa Manek

(Lions Club of Sion)



HOME REMEDIES

1. Indian gooseberries (Amla) works wonders to get rid of white hair.

Add it to your diet or condition your hair with it, it is sure to help you get rid of that annoying strand of white hair. You can also add it in oil and put it on on your head before washing your hair.

2. Almond oil is the best go-to fix for dark circles.

Just put a few drops of almond oil under your eyes. Rub it for around 10 minutes in a circular motion, wash your face thereafter, and voila! Repeat for a couple of days for effective results.

3. Curd mask helps get rid of acne!

Yes, you read that right. Make a paste out of a spoonful of curd and honey. Keep it on for 20 minutes and then clean with a wet towel. Repeat the drill for a week for effective results.

4. Lemon juice will help you get rid of dandruff and reduce hair fall.

There are lots of remedies to get rid of dandruff, but the one involving lemon juice is one of the easiest. Add a few drops of lemon juice to warm oil and massage it on your head before washing.

5. Garlic can help get rid of a headache.

Not many know that garlic is a pain reliever. Mix garlic with water and apply the paste on your forehead. It might burn a little at first, but this quick fix will surely come handy the next time you have a headache.



6. Eating a mixture of butter and sugar is said to decrease migraine pain.

7. Rubbing lemon on your nose for 15 minutes helps remove blackheads.

Another tried and tested way to remove blackheads is by rubbing lemon on your nose three times a day. The more you rub, the better.

8. Caught the cold?

Just add a spoon of lemon into boiling water sweetened with honey and have it before sleeping.

9. Tired of bad breath? All you need is cinnamon!

Cinnamon acts as a great mouth freshener. You can boil it in water and use it as a Mouth freshener whenever you like

10. Honey and milk face mask for glowing skin.

Ingredients :

- 4 teaspoons milk
- 2 teaspoons honey
- Cotton ball

Method :

Warm the milk slightly and mix it with the honey.

Apply this mixture on the face with the cotton ball while it is still warm.

Now, let it get soaked into your skin for at least 10 minutes. You can leave it on for about 20 minutes.

Wash off with lukewarm water first and then with cold water.



Compiled By

Anuja Wagh (SYBA)

अर्याही विभाग

व्हाट्सअॅपवर अडकलेली तरूणाई

आजच्या काळात सर्वच ठिकाणी तंत्रज्ञान फारस विकसित झाले आहे. मोबाईलचे तंत्रज्ञान ऐवढे वाढले आहे की ती एक मोठी क्रांती झाली आहे. ते आपणास आणि जगातील सर्व लोकांना जाणवते. आज पाहिले तर प्रत्येकाच्या हातात मोबाईल आलेला दिसत आहे. घरातील प्रत्येक व्यक्तीकडे मोबाईल बघावयास मिळतो. खास करून तरूणाईकडे तर खूपच प्रमाण वाढले आहे.

मोबाईलमध्ये विलक्षण अशी विविधता आलेली आहे. घरातल्या फोनची जागा आता मोबाईलने घेतलेली आहे. सुरुवातीला तर मोबाईल हे तंत्रज्ञान मानवाच्या गरजा भागविण्यासाठी म्हणजे कॉलवर बोलणे, एस.एम.एस. करणे या सुविधा पूर्ण करण्यासाठी विकसित करण्यात आल्या होत्या. त्याचा योग्य तो उपयोग होत होता. पण आता पुढची पिढी पुढे आली आहे. म्हणजे स्मार्ट फोन विकसित झाले आहेत. आताच्या युगामध्ये तर सर्व तरूणाईच्या हातात हा स्मार्ट फोन दिसत आहे. स्मार्ट फोन विकसीत झाल्यामुळे कोणते ही काम अगदी सहजरीत्या पार पडत आहे. ही तर आनंदाची गोष्ट आहे हे आपणास माहित आहे. उदा. संदेशन करणे, कागद पत्र पाठवणे एखादी वस्तू खरेदी करणे कार्यालयीन आणि आपल्या रोजच्या जीवनात आवश्यक असणाऱ्या रोज लागणाऱ्या वस्तू खाद्य पदार्थ इत्यादी गरजा आपण सहज म्हणजे अगदी घर बसल्या मागवू शकतो. हे आपणास दिसत आहे. ही तर आपल्यासाठी चांगली बाब आहे. पण आपणास एक गोष्ट समजली का मैत्रीणींनो? या स्मार्ट फोनमुळे आपणास सर्व काही प्राप्त झाले. पण माणूस माणसाला विसरला. आजच्या युगातला माणूस या स्मार्ट फोन मध्ये एवढा हरवला आहे की आपली व्यक्ती त्याला ओळखून येत नाही. आपल्या आजूबाजूची माणसे एकमेकांना विसरू

लागले आहेत. हे कोणाच्या लक्षात आलेले नाही का? आपल्याला सर्वात मोठी म्हणजे या जगातील तरूण पिढी म्हणजे तरूणाई या स्मार्ट फोन मध्ये हरवली आहे. आता तर या स्मार्ट फोन मध्ये एक असे अॅप आले आहे की बोलणे अगदी सोपे करून टाकले आहे. ते म्हणजे व्हाट्सअॅपने तरूणाईला वेड लावले आहे. आजकालची तरूणाई व्हाट्सअॅपमध्ये खूप गुंतलेली आहे. हे आपल्याला दिसून येते. ही तरूणाई व्हाट्सअॅपच्या खूप आहारी गेली आहे हे आपल्याला दिसते व तसेच सर्वांच्या हातात स्मार्ट फोन आहे. या व्हाट्सअॅपसारख्या अॅपलोकेशनमुळे मानवी जीवनातील सर्व गोष्टी उदा. गरजा अगदी सहजरीत्या पूर्ण झाल्या आहेत हे सर्वानाच माहिती आहे. पण या व्हाट्सअॅप अॅपलोकेशनचा योग्य तो वापर करण्याऐवजी या युगातील तरूणाई खूप जास्त प्रमाणात अडकलेली आहे. याच कोणाला भानच नाही. जो तो स्वतः मध्ये अडकलेला दिसतो.

आईवडीलांशी संवाद साधण्यापेक्षा त्यांना मित्रमैत्रीणी सोबत व्हाट्सअॅपवर चॅट करायला जास्त आवडते. एकापरीने घरच्यांशी संवाद तूटू लागला आहे. ह्या स्मार्ट फोनचे व्यसन लागले आहे. तरूणाईला मोबाईल एक दिवस हातात नसेल तर मुल सैरभैर होतात. दारू, सिगरेट प्रमाणेच मोबाईल हे एक व्यसन जडले आहे.

मैत्रीणींनो खरचं सांगते आहे. आताच स्वतःला सावरा मोबाईल जमेल तेवढे स्वतःपासून दूर ठेवा आणि पुस्तकांना जवळ करा.

– प्रियांका रमेश त्रिंबके
द्वितीय वर्ष कला शाखा



नोटा बंदी : देशाचे उज्ज्वल भवितव्य की नुकसान !

“काळ्या व पांढऱ्या पैशांची चर्चा खूप झाली एका झटक्यात मोदींनी बंदुकीची गोळी दिली. दोन नोटा बंद करून चांगलाच दिला फटका मी मी म्हणणाऱ्यांना जोरात बसला चटका पाचशेची नोट आता नव्याने मेकअप करणार हजाराची नोट मात्र अनंतात विलीन होणार दहा, पन्नास, शंभरच्या नोटा झाल्या खुश पांचशे, हजार दोघींचीही हवा गेली फुस्स! पाचशे अन हजारच्या नोटा फार शहाणपणा करायच्या! दहाच्या अन पन्नासच्या नोटांना गरीब म्हणून हिणवायच्या पाचशे, हजारांच्या नोटांचा फारच दिमाख होता लाल, पिवळ्या काठाचा शालूच नेसला होता परंतु काळा पैसा तयार होण्यात नोटा नव्हत्या दोषी आपलंच घर पोखरत होत्या मोठ्या मोठ्या घुशी!”

भारताचे पंतप्रधान नरेंद्र मोदी यांनी ८ नोव्हेंबर २०१६ रोजी दशशतवाद, भ्रष्टाचार आणि बनावट नोटांचे उच्चाटन करण्यासाठी, काळा पैसा उजेडात आणण्यासाठी पाचशे आणि हजारांच्या नोटांवर बंदी घातली आहे. या नोटांवर बंदी घालण्यामागचे कारण असे की, आपल्या भारत देशात भ्रष्टाचार खूप वाढला होता व हा भ्रष्टाचार वाढण्याचे कारण असे की, अनेक श्रीमंत उद्योजक, व्यवसायिक, राजकीय नेते हे स्वतःजवळ असलेल्या अतिरिक्त संपत्तीवरील कर भरत नव्हते व हीच संपत्ती म्हणजेच काळेधन त्यांनी घरात, परदेशात, जमिनीत, मातीत लपवून ठेवले होते. त्यामुळेच देशाचा विकास करण्यासाठी सरकारचे प्रयत्न असफल ठरत होते. देशाचा योग्य तो विकास करण्यासाठी पैशांची कमतरता भासत होती. कारण हे पैसे तर भ्रष्टाचारी लोकांनी स्वतःजवळ लपवून ठेवले होते. आता त्यांची नजर देशातील सार्वजनिक संपत्तीवर, मालमत्तेवर पडली होती. ही भ्रष्टाचारी लोकं सरकारने दारिद्र्य निर्मूलनासाठी राबवलेल्या अनेक योजना जसे एकात्मिक ग्रामीण विकास योजना, रोजगार हमी योजना अशा अनेक समाजकल्याणकारी योजनांमध्ये आर्थिक घोटाळे करित होते. सरकार या योजनांसाठी जो पैसा खर्च करित होते. म्हणजेच शासनातर्फे या अनेक, विविध

योजनांतर्गत गरिबांसाठी ज्या सेवा-सुविधा निर्माण केल्या आहेत. त्या सेवा-सुविधा, पैसे त्या गरीब जनतेपर्यंत पोहचू न देता भ्रष्टाचारी लोकं पैसे खात होते व श्रीमंत जनतासुद्धा या योजनांचा लाभ घेत होते. परिणामी सर्वसामान्य जनतेला या योजनांपासून वंचित राहावे लागले.

म्हणूनच आज भारतातील ९०% लोक हे दारिद्र्यात जीवन जगत आहेत. इतकेच नव्हे तर ह्या भ्रष्टाचारी लोकांनी आता पाचशे व हजारांच्या नोटांसारख्या बनावट नोटा निर्माण करून त्या नोटा चलनात आणल्या होत्या. तर काहीजणांनी या बनावट नोटांचा मोठा व्यवसाय सुरू केला होता. त्यामुळे देशाची अर्थव्यवस्था तोट्यात आली होती. देशाच्या विकासात अडथळे निर्माण होत होते. कारण मोठ्या प्रमाणात काळा पैसा निर्माण झाला होता. परंतु हा काळा पैसा नक्की कोठून निर्माण होतो? व कसा त्याचा उगम होतो? असा प्रश्न सर्वसामान्यांना पडणे स्वाभाविक आहे. कारण सर्वसामान्य जनताच यात भरडली जात होती व अजूनही जात आहेत.

मुळातच या काळ्या पैशांचा उगम हा नागरिकांनी भरलेल्या पांढऱ्या पैशांतून म्हणजे सरकारी खर्च व सरकारच्या एकंदरीत राबवल्या जाणाऱ्या योजनांवर होणाऱ्या खर्चातून होत असतो. सीमाशुल्क, विक्रीकर, सेवाकर अशा अनेक करांच्या वसुलीतील अनियमितपणामुळे निर्माण होत असतो. हाच काळा पैसा बाहेर काढण्यासाठी, देशातील गरिबी हटवण्यासाठी भ्रष्टाचाराविरोधात नोटाबंदीची लढाई नरेंद्र मोदी लढत आहेत. त्यांच्या या नोटाबंदीच्या निर्णयामुळे देशात चांगले व वाईट असे दोन्ही स्वरूपाचे बदल झाले आहेत. नोटाबंदीमुळे संपूर्ण देशात परिवर्तन झाले, चांगले परिणाम दिसून आले असले तरीही आज सर्वसामान्य जनतेला मात्र मोठ्या प्रमाणात नोटाबंदीच्या समस्यांना सामोरे जावे लागत आहे. मुख्य म्हणजे नोटाबंदीचा फटका ग्रामीण भागाला जास्त बसला आहे. बाजारात पुरेसा चलनसाठा नसल्यामुळे शेतीमालाला उठाव नाही. टोमॅटोसारखी नगदी व नाशवंत पिके फेकून देण्याची वेळ आली आहे. ‘पुणे जिल्ह्यात तर अनेक ठिकाणी टोमॅटोचा लालसडा पडला आहे.’ तसेच कृषी बाजारासह अनेक

क्षेत्रांवर नोटबंदीचा परिणाम झालेला असताना कापूस निर्यातही याच कारणांमुळे मंदावली आहे.

नोटबंदीमुळे साखरेच्या किंमतीमध्ये घट झाली आहे. ४,००० रु. प्रति किंटलने विकली जाणारी साखर ३,८०० रु. प्रति किंटलपेक्षा खाली आली आहे म्हणजे ५%ने घट झाली आहे. तसेच नोटबंदीमुळे कांद्याचे भाव पडल्याने गरीब शेतकरी अडचणीत आले आहेत. मुख्य म्हणजे नोटबंदीमुळे 'औद्योगिक शहर कानपूरची जीवनवाहिनी मानल्या जाणाऱ्या चामडे उद्योगांवर मोठा परिणाम झाला आहे. या उद्योगांच्या मालकांना दुहेरी फटका बसत आहे. एक तर रोख रक्कम नसल्यामुळे ते कच्चा माल शेतकरी तसेच गाववाल्यांकडून खरेदी करू शकत नाही व पैसा नसल्यामुळे ते कोणी विकतही घेत नाही. त्यामुळे चामड्याच्या वस्तूंच्या निर्मितीवरही परिणाम झाला आहे.

तसेच नोटांच्या अडचणीमुळे भाजीपाला विकणाऱ्यांपासून ते ढाबे व छोट्या किराणा दुकानदारांपर्यंत सर्वांच्या अडचणी वाढल्या आहेत. कारण त्यांची देवाण-घेवाण ही रोखीच्या स्वरूपातच होत असते. सिमेंट, वाळू व बांधकामाच्या इतर साहित्याचा पुरवठा होत नसल्याने बांधकाम व इतर क्षेत्रांत मोठ्या संख्येने कार्यरत असलेले कामगार आता नोटाबंदीमुळे अक्षरशः बेरोजगार झाले आहेत. काही आत्महत्या करीत आहेत. तसेच रोकड कमी असल्याने फळांचा ठोक बाजार, धान्य बाजारही कमी झाला आहे. रोज काम करून त्यातून मिळालेल्या उत्पन्नावर पोटभर जेवण जेवणार, चार घास खाणारे गरीब लोक सुद्धा नोटबंदीमुळे उपाशी मरत आहे. एकंदरीत नोटबंदीमुळे सर्वसामान्य जनता भरडली जाते. त्यांनाच या अनेक समस्यांना तोंड द्यावे लागत आहे.

“नोटाबंदी हे भारतीय अर्थव्यवस्थेच्या समक्षीकरणासाठी उचललेले पाऊल आहे.” ज्यामुळे देशामध्ये विकासाचे नवीन मापदंड प्रस्थापित होतील. मोठ्या संख्येने रस्ते, महामार्ग निर्माण केले जातील. घरे स्वस्त होतील, व्याजदर कमी होईल, उच्चशिक्षण स्वस्त होईल, उद्योग जगताला अधिक आर्थिक सहकार्य मिळेल आणि गुंतवणूक वाढेल. त्यामुळे रोजगाराच्या नवीन संधी निर्माण होतील. नक्षलवाद, दहशतवाद व अतिरेक्यांच्या अर्थव्यवस्थेवरही अंकुश लागेल. काळा पैसा बाहेर येईल, खोट्या नोटांना आळा बसेल. यांची काही उदाहरणे पाहिली तर चांगले परिणाम दिसू लागले आहे.

जसेकी, पाचशे व हजाराच्या नोटा चलनातून बंद केल्या नंतर बाँकामध्ये तब्बल ५ लाख कोटीपेक्षा अधिक

रक्कम जमा झाली आहे. यातून लवकरच गरिबांना स्वस्त दराने घर घेण्यासाठी कर्ज देण्याचे आश्वासन नरेंद्र मोदींनी दिले आहे. या नोटबंदीमुळे अनेकांनी आपला काळा पैसा बाँकात जमा केला आहे. त्यामुळे त्या पैशातून सरकारने अनेक योजना सुरू केल्या आहेत. ग्रामीण व शहरी भागात गरिबांना स्वस्तदराने गॅस पुरवठा करण्यात आला आहे. कृषी बाजारातील बी-बीयाणे, फवारणी स्वस्त दराने शेतकऱ्यांना देण्यात आले आहे. महत्त्वाचे म्हणजे चलन टंचाईवर मात करून मुंबईकर आपले दैनंदिन आर्थिक व्यवहार सुरळीत पार पाडण्यासाठी पेटीएमचा वापर अधिक प्रमाणात करीत आहेत. त्यामुळे पेटीएम व्यवहारामध्ये तब्बल १३३% वाढ झाली आहे. महावितरणाकडून चलनातून रद्द झालेल्या पाचशे व हजारांच्या नोटा थकीत वीज भरण्यासाठी घेण्यात येत असल्यामुळे नागरिकांनी नऊ दिवसांमध्ये थकीत वीजबिल पेटी तब्बल ५ कोटी ७४ लाख ७३ हजार रुपयांचा वीजभरणा केला आहे. थकीत वीजबिले भरण्यास टाळाटाळ करणारे ग्राहक आता स्वतःहून वीजभरणा करीत आहेत. तसेच कधीही संपत्तीवरील कर न भरणारे सुद्धा आता कर भरत आहेत. त्यामुळे सरकारी खात्यात अतिरिक्त रक्कम जमा झाली आहे आणि या रकमेतून आज पंतप्रधान नरेंद्र मोदींनी अनेक योजना, नवप्रकाश योजना तसेच अशा अनेक कल्याणकारी योजना सफल करण्याचे कार्य हाती घेतले आहेत.

म्हणूनच पुढे असे म्हणावेसे वाटते की,

शतकानंतर आज पाहिली पहिली रम्य पहाट

मेघ वितळले, गगन निवळले,

क्षितिजावर नवरंग उसळले,

प्रतिबिंबित ते होऊनि खुलले नव भारत भूमि ललाट!

पंतप्रधान नरेंद्र मोदींच्या तडकाफडकीच्या निर्णयामुळेच आपल्या देशाचा विकास घडून येईल आणि देशामध्ये विकासाचे नवे मार्ग सुरू होतील. तर आता सर्वांनी मिळून या कार्याला हातभार लावावा पाहिजे. मातृभूमीच्या भल्यांसाठी स्वार्थी वृत्ती गेली पाहिजे. कारण देशांमध्ये आता सगळं चांगलं होणार आहे. व एकदिवस भारतात “अच्छे दिन” नक्कीच येणार आहेत!

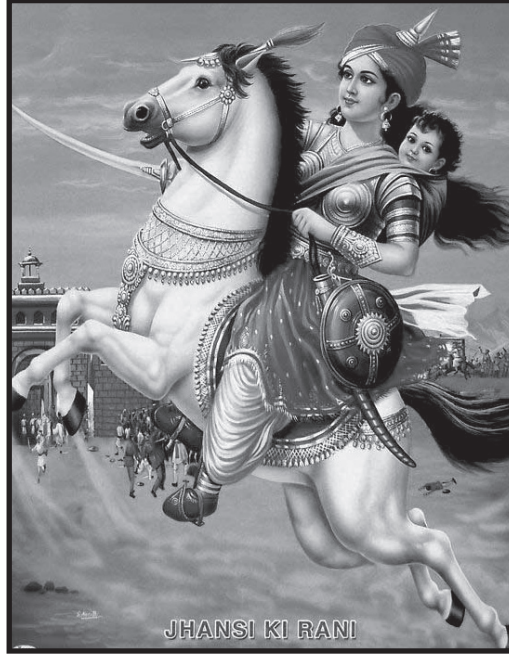


– लक्ष्मी फुलचंद शिंदे

द्वितीय वर्ष कला शाखा

झाशीची राणी

देशासाठी जन्मली ती
झाशीची राणी होती
काशीक्षेत्र हे जन्मस्थान
किती सांगू अशी होती कीर्ती महान
सर्वांची लाडकी अशी छबेली
ढाल-तलवार तिच्या मैत्रिणी
लेक लाडकी त्या बापाची
राणी झाली राजाची
तांब्याची ती मनुबाई
झाशीची झाली लक्ष्मीबाई
सुखी संसार तिचा सुरु झाला
पण दुर्दैवाचा फेरा फिरला
मुलगा, राजा देवाघरी गेले
राणीला वैधव्य आले!



आशेचा किरण ती झाशीची राणी होती
हातात तलवार, पाठीला बाळ बांधूनी
रणांगणावर
इंग्रजांशी युद्ध करणारी ती झाशीची
राणी होती
देशाच्या स्वातंत्र्यासाठी शत्रूशी लढता
लढता
धारातीर्थी पडणारी रणरागिणी ती
झाशीची राणी होती.
अंगात रक्त सळसळ करणारी
डोळ्यात पाणी आणणारी
अशी ती झाशीची राणी होती
तुमच्या आमच्या समोर कायम
आदर्श ठेवणारी ती झाशीची राणी होती.

तरीही दुःखात खचून न जाता प्रजेसाठी उभी राहिली
ती झाशीची राणी होती
लाखो शूरवीरांची फौज घेऊन स्वातंत्र्यासाठी लढली
ती झाशीची राणी होती.

देशासाठी लढली ती पराक्रमी

झाशीची राणी होती
इतिहासात अमर झाली ती
क्रांतिकारी झाशीची राणी होती!

“मेरी झाँशी नहीं दूँगी” असे म्हणत इंग्रजांना
सळो की पळो करणारी वीरांगनी ती झाशीची राणी होती,
भारतीयांना गुलामगिरीतून मुक्त करायला आलेली

– लक्ष्मी फुलचंद शिंदे
द्वितीय वर्ष कला शाखा
(मराठी माध्यम)

जीवन

श्वास-उच्छ्वासाचे जगणे
यालाच काय जीवन म्हणावे?
जगून मरावे की मरून जगावे हे ज्याचे त्यानेच ठरवावे
जगण्यासाठी कष्ट करावे,
रडावे-लढावे, खावे-प्यावे,
हासत-खिदळत मजेने जगावे,
जीवन मार्गी एकटे, कधी संगतीने चालावे,
चालताना थकावे-थकून उठावे,

पुनःश्च चालावे, ध्येय अपुले गाठावे,,
जीवनाचे रंगरूप खुलेपणे पहावे,
सुख-दुःखाचे गंध हुंगावे,
जीवनाचे सूर छेडून गीत गात रहावे.
अनुभवांचे काटे वेचून जीवनपंथी पसरावी फुले,
अनुभव घेत जगावे-शहाणे व्हावे, इतरांना करावे
शहाणे होत जीवनाचे आनंदयात्री व्हावे.

– वैशाली लकडे
द्वितीय वर्ष कला शाखा

माझ्या बालपणाच्या काही आठवणी

मी मुंबईला रहात असले तरी लहानपणी प्रत्येक उन्हाळ्याच्या सुट्टीत दोन महिने मामाच्या गावाला चाळीसगावात रहात असे. आमचे मामा फारच प्रेमळ स्वभावाचे होते. परीक्षेचे वेळापत्रक आले कि त्यांना फोन करून शेवटच्या पेपची तारीख मी त्यांना कळवित असे. परीक्षा संपेल त्याच्या दुसऱ्या दिवशी ते आम्हाला गावाला घेऊन जायचे.



मामाचे घर म्हणजे दोन मजली इमारत होती घराच्या पुढे सडा घालून रोज छोटीशी रांगोळी काढलेली असे थोड्या दूरवर गाई-म्हशीचा गोठा होता. चारा सकाळ-संध्याकळ टाकण्यांत येत होता. जवळच एका हौदात जनावरांना प्यायला पाणी भरलेले असे पहिल्या मजल्यावर खोल्या होत्यां घराच्या दुसऱ्या मजल्यावर एक चौकोनी मोठा हॉल होता. हॉलच्या चारी बाजूला दारे-खिडक्या होत्यां. भरपूर हवा आणि प्रकाश यायचा. भिंतीवर मोठमोठे आरसे. चारी बाजूला लावलेले होते. घराच्या पुढे लिंबाचे, पिंपळाचे, चिकूचे अशी अनेक झाडे लावलेली होती.

दोन्ही मामांची मुले म्हणजे आमची भावंडे होती. ज्याच्या बरोबर दिवसभर खेळत बसायचे, पत्ते, कॅरम, बॅडमिन्टन आणि पुष्कळ खेळ दिवसभर खेळत असू. गावात उन्हाळ्यात खूप ऊन पडत असे. म्हणून मामाची ताकीद असे, की पाच वाजेपर्यंत घराच्या बाहेर कोणीही पडायचे नाही.

आम्ही उन्हाळ्याच्या सुट्टीत तर कधी कधी दिवाळी किंवा नाताळच्या (क्रिसमस) सुट्टीत पण गावाला जात होतो. विविध ऋतू प्रमाणे फळे शेतात दिसायची. पेरू, पपई, बोर आणि आंब्यांची झाडे होती. मला आठवत कि बोराच्या झाडावरून काठी मारून मारून बोर पाडायची. मग त्या बोरांना वेचून धुवून खात असू. मुंबई सारखे हापूस, राजापुरी, केसर

आंबे तेथे मी पाहिले नव्हते पण शेतात आंब्याच्या अनेक झाडांवर रसाचे लहान पण गोड आंबे होते.

गावातून एक नदी वहात होती. त्यामुळे एका बाजूला स्टेशनचा भाग आणि दुसऱ्या भागाला गाव होते. नदीचे पाणी उन्हाळ्यात फारच कमी होऊन जायचे. पण दिवाळीच्या सुट्टीत थंडगार पाण्यातून चालत जायची मजा यायची.

रोज संध्याकाळी घराबाहेर दूर फिरायला जात होतो. कधी दत्ताचे मंदिर, कधी हनुमानाचे मंदिर तर कधी देवीचे दर्शन करून तेथे ओढ्यावर बसून कधी न संपणाऱ्या गोष्टी करत होतो.

खर सांगू आता शहराच्या जीवनात गावाला जायला वेळ मिळत नाही. प्रदूषित शहरापेक्षा मला गाव फार हिरवेगार आणि थंड वाटते. मला गावाची ओढ मात्र लागलेली असते. मला गावाचे शांत वातावरण फार आवडते. शेवटी मला एका कवितेच्या दोन ओळी आठवतात.

“पलीकडे ओढ्यावर,
माझे गाव ते सुंदर,
झाडा-झुडपात आहे,
लपलेले माझे घर.”

– प्रा. डॉ. सीमा गोसर
M.Com. C.A. Ph.D



झाडे लावा, झाडे जगवा

माणसाला वृक्षवेलींचे मोठेपण, त्यांची आवश्यकता फार पूर्वीच कळली आहे. म्हणूनच एका संस्कृत श्लोकांत सांगितले आहे की, जे त्यागाच्या भावनेने स्वतः उन्हात उभे राहतात, पण इतरांना सावली देतात; ज्यांची फळे-फुलेही दुसऱ्यासाठीच असतात, असे त्यागमय जीवन जगणारे वृक्ष एखाद्या सत्पुरुषासारखे भासतात. या वृक्षरूपी सत्पुरुषाचे सान्निध्य अबालवृद्धांना सामान्य जनांना लाभावे असे वाटते. म्हणूनच ऋषिमुनी रानावनात वस्ती करून निसर्गाच्या सान्निध्यात अध्ययन, अध्यापन आणि तपश्चर्या करीत असत.

संत तुकाराम म्हणतात, 'वृक्षवल्ली आम्हां सोयरी।' इंदिया संत म्हणतात, 'जरी वेढिले चार भिंतींनी, या वृक्षांची मजला संगत.' सामान्य माणूसही नेहमीच्या दगदगीपासून दूर जाण्यासाठी, हवापालटासाठी थंड हवेच्या ठिकाणी निसर्गाच्या सान्निध्यातच जातो.

अशा या वृक्षांचा आज न्हास होत आहे. मानवाने बेसुमार जंगलतोड करून वैराण वाळवंटे निर्माण केली आहेत. 'After man the desert-' 'मानवाचे पाऊल नि वाळवंटाची चाहूल' अशी म्हण आहे. जळणासाठी आणि घरे बांधण्यासाठी बेसुमार वृक्षतोड केली गेली. त्यामुळे उष्णता वाढली, पावसाचे प्रमाण कमी झाले. जमिनीची धूप होऊन ती नापीक झाली. दुष्काळाचे प्रमाण वाढले. परिणामी हवेच्या प्रदूषणासारख्या समस्यांना मानवाला तोंड द्यावे लागते आहे.

आपल्या पूर्वजांनी वृक्षांना महत्त्व दिले होते. तुळस, वड, पिंपळ यांची ते पूजा करीत असत. त्यांनी तुळस, वेल, दुर्वा या आणि अन्य वनस्पतींना देवतांच्या पूजेत स्थान दिले होते. वने ही राष्ट्रीय संपत्ती आहे. ते खनिज संपत्तीप्रमाणे ओहोटीस लागणारे धन नाही. म्हणूनच सरकारने वनमहोत्सव हा राष्ट्रीय सण मानलेला आहे. सामाजिक वनीकरणाच्या मोहिमेखाली वृक्षारोपण,

वृक्षसंवर्धन व वृक्षसंरक्षणासाठी कसोशीने प्रयत्न होत आहेत.

सर्वसामान्य जनतेलाही यासाठी सहजपणे, पण खूप काही करण्यासारखे आहे. आपल्याला शिक्षणसंस्थाकडून वृक्षसंवर्धनाचे उपक्रम हाती घेण्यासारखे आहेत. 'एक मूल, एक झाड' हे ब्रीदवाक्य प्रत्यक्षात आणावे. झाड तोडण्यापूर्वी झाड लावण्याची सक्ती असावी. ठिकठिकाणच्या महापालिकांनी झाडे तोडण्याविरुद्ध कायदा केला आहे. वृक्षारोपणासाठी स्थानिक स्वराज्य संस्थातर्फे मोफत रोपेही पुरवली जातात. अशा उपक्रमांचा फायदा घेऊन प्रत्येकाने आयुष्यात स्वतःहून एक तरी झाड रुजवले पाहिजे. असे एक जरी झाड प्रत्येकाने रुजवले, जोपासले, तरी ते प्रत्येकाचे मोक्षसाधन ठरले.

— सोनाली राजेंद्र गावणकर

प्रथम वर्ष कला शाखा

सामना

धडधड होई काळजात
बारावीचा निकाल लागताच
कोण येणार बोर्डात
हा सगळ्यांना एकच ध्यास
इंटरनेट संगणक
मोबाईल बीझी राही
विद्यार्थ्यांना पास की नापास
एकच आस राही
बारावीच्या वर्षाची महती
किती महान आहे.
प्रत्येकाच्या आयुष्य क्षणाची
हीच एक तहान आहे.

— हर्षदा अशोक कदम

बारावी कला शाखा

स्त्रियांनी नोकरी केली पाहिजे का ?

गेल्या ५० वर्षात जगभरातील प्रगत आणि प्रगतशील देशांमध्ये नोकरदार किंवा व्यवसाय करणाऱ्या स्त्रियांच्या संख्येत लक्षणीय वाढ झाली आहे. लग्नापूर्वी शिक्षण पूर्ण करून स्वावलंबी होण्याकडे अनेक मुलींचा कल दिसून येतो. नोकरी व्यवसायात बस्तान बसेपर्यंत अपत्यप्राप्ती लांबवणे किंवा '१ या २ ऐवजी' १ बस कडे कल झुकणे ह्या गोष्टीही आजकाल काही प्रमाणात पाहण्यात येत आहेत. बऱ्याचजणी मूल झाल्यावरही नोकरी/व्यवसाय करत राहण्याला प्राधान्य देत आहेत. हे चित्र कमी अधिक प्रमाणात जगभरातील आहे. 'घर चालवणे' ह्याबरोबरच बाहेर पडून घराबाहेर काम करणे ही जबाबदारी जरी बऱ्याच स्त्रिया घेत असल्या तरी हे सर्व करताना त्या नोकरी, मुलांचे संगोपन, घरकाम आणि नातेसंबंध/कार्यक्रम आणि ह्या सर्व पातळ्यांवर लढताना दिसून येतात. घर आणि नोकरी/व्यवसाय ही कसरत साधताना अनेक स्त्रियांवर अतिरिक्त ताण येतो. अजूनही भारतातल्या पुरुष प्रधान संस्कृतीमध्ये अनेक घरामध्ये स्वयंपाक, घरकाम आणि मुलांचे संगोपन, घरातील जेष्ठ नागरिकांचे संगोपन ही जबाबदारी मुख्यत्वे स्त्री पार पाडते. बऱ्याचदा घर आणि नोकरी-व्यवसायातील ताण आणि जबाबदाऱ्या ह्याची परिणती ही ह्या स्त्रियांच्या मानसिक आणि शारीरिक आजारपणात होते.

'द हिंदू' ह्या वर्तमानपत्राने मार्च २०१४ मध्ये विविध शहरांमधील १०० निरनिराळ्या प्रकारच्या इंडस्ट्रीमध्ये काम करणाऱ्या २८०० स्त्रियांचे सर्वेक्षण केला. त्यात असे पाहण्यात आले की भारतातील ७५% कामकरी स्त्रियांना कोणत्या न कोणत्या प्रकारचे शारीरिक आणि मानसिक आजार आहेत. ह्या सर्वेक्षणात वेगवेगळ्या हुद्यांवर काम करणाऱ्या स्त्रियांच्या मुलाखती घेतल्या. महत्त्वाची गोष्ट म्हणजे बऱ्याच जणी आपल्याला असणाऱ्या ह्या आजारबद्दल मनभिज्ञ किंवा डिनायल मध्ये आढळल्या. डॉक्टरांकडे जाणे किंवा ह्यावर काही उपचार घेणे यापेक्षा वेळ मारून नेणे,

अंगावर काढणे किंवा घरगुती उपयांवर अधिक जणी भर देतात हे ही आढळले.

तुटलेली एक फांदी
त्यावर खुरडलेली
चार पाच पानं
त्यामधून अलगद
उमलू पाहणारी
एक निष्पाप कळी...
बहरून येण हा
हा कळीचा स्वभावधर्म
पण निष्प्राण देठ
कसे देतील बहरू तिला??
आता फक्त हताशपणे
वाट पाहायची
कोणीतरी येऊन खुरडून टाकायची
किंवा दुसऱ्या फांदीवर कलम बनून
जगायजी
काहीच नाही जमल तर
स्वतःहून गळून पडायची

भारतात दुसऱ्या महायुद्धानंतर अनेक स्त्रियांना नोकऱ्या उपलब्ध झाल्या. पंचायत समिती जिल्हा परिषद, शिक्षण संस्था, बँका, तहशिल कार्यालये, विद्यापीठ, विविध कारखाने, उद्योगधंदे, पोलीस, वाहतूक व्यवस्था इत्यादी ठिकाणी स्त्रिया पुरुषांच्या बरोबरीने नोकरी करताना दिसतात. स्त्रियांना पदवी व शिक्षण मिळाले, अनेक ठिकाणी रोजगार उपलब्ध झाले. पण यातून स्त्रियांच्या समस्यांची गुंतागुंत वाढली शहारातील आणि ग्रामीण भागातील नोकरी करणाऱ्या महिलांच्या समस्यांमध्येही खूप तफावत आहे.

१९९१च्या जनगणनेनुसार असे निदर्शनात आले की, शहरी आणि ग्रामीण भागातील घराच्या चार भिंतीच्या बाहेर जाऊन काम करणाऱ्या महिलांच्या संख्येत उल्लेखनीय वाढ

झालेली आहे. महिलांना नोकरी का हवी असते? त्यामागची त्याची प्रेरणा पुरुषांपेक्षा भिन्न असते. पहिले महत्वाचे कारण पैशांची गरज त्याशिवाय पतीचे अपूरे वेतन. पतीचे आजारपण त्यांचा आकालीन मृत्यू पतीने आधार न देणे. पतीने केलेला त्याग त्यामुळे स्त्रिया घरबाहेर नोकरी करण्यास उत्सुक असतात. जवळपास ९०% महिलांना आर्थिकबाजू मजबूत कारणासाठी नोकरी करावी लागते. त्याशिवाय भविष्यातली सुरुवातीला व्यक्तीगत सन्मान व आकांक्षा, स्वाभिमानाचे समाधान, सामाजिक संपर्क वाढणे, राहणीमान सुधारणे यामुळे स्त्रिया नोकरी करतात. नोकरी करण्यासाठी ही प्रेरणा असते. त्यामागे विविध कारणे आहेत. पण विविध क्षेत्रात काम करताना आज स्त्रियांना अनेक प्रश्नांना सामोरे जावे लागत आहे. अनेक अन्यायांना तोंड द्यावे लागत आहे.

नोकरी करणाऱ्या स्त्रीला घराची व नोकरीतील अशी दुहेरी भूमिका पार पाडताना स्त्रीला स्वतःच्या आत्मप्रतिमेचा प्रभाव बराच जाणवत असतो. स्वतःबद्दल उच्च दर्जाची

प्रतिमा बाळगणाऱ्या महिलांना असे वाटते की, आपल्या व्यक्तीमत्त्वात सुधारणा झाली आहे.

तर स्वतःबद्दल कनिष्ठ प्रतिमा बाळगणाऱ्या महिला असा विचार करतात की, नोकरीचा तिच्या त्या व्यक्तीमत्त्वावर चांगला प्रभाव पडलेला नाही. ह्या दोन्ही प्रकारच्या भूमिका पार पाडताना काम करणाऱ्या महिलांना संघर्ष भूमिकेतून जावे लागते. कौटुंबिक संबंध मुलांचे पालन पोषण सक्रिय व निष्क्रिय रूपात भूमिका पाडणे यावर त्याचा प्रभाव पडतो. या प्रभावाखाली व्यक्तीमत्त्वाच्या स्त्रियांपेक्षा इच्छाशील व नम्र स्वभावाच्या महिलांना आपली भूमिका पार पाडताना अधिक समस्यांशी सामना करावा लागतो. या भूमिकेत संघर्षात पत्नीच्या नोकरीबाबतचा पतीचा दृष्टिकोण फार महत्वाचा असतो तो जर निरोगी असेल तर त्या स्त्रीला काम करणे सोपे जाते. नाहीतर तिला अनेक प्रश्नांना तोंड द्यावे लागते.

— श्वेता हणमंत पवार

प्रथम वर्ष (कला शाखा)

जाणीव...

दिवाणखान्यात टीव्ही आल्यापासून

मी बोलणं विसरले आहे.

दारात गाडी आल्यापासून

मी चालणं विसरले आहे.

खिश्त्यात कॅलक्युलेटर आल्यापासून

पाढे म्हणणे विसरले आहे.

ऑफिसमध्ये एसीत बसून

झाडाखालचा गारवा विसरले आहे.

रस्त्यांवर डांबर आल्यापासून

मातीचा वास विसरले आहे.

मनालाच इतके श्रम होतात,

शरीराचे कष्ट विसरले आहे.

कचकड्यांची नाती जपताना

प्रेम करायला विसरले आहे.

बँकातली खाती सांभाळताना

पैशाची किंमत विसरले आहे.

क्षणभंगुर मृगजळामागे धावताना

सत्कर्मातला आनंद विसरले आहे.

जागेपणीचं सुख जाऊच द्या,

सुखानं झोपणंही विसरले आहे.

साधनांसारखे विनोदही कृत्रिम,

खळखळून हसणं विसरले आहे.

आणि.....

हसणं विसरण्याने जीवनच

जगणे विसरले आहे.

— सरिता मुरुकटे

द्वितीय वर्ष कला शाखा



भांडी घासता घासता कांताबाई माझ्याशी बोलत होती. आज ती जरा जास्त मोकळेपणाने बोलत होती. मनातील क्रोध भांड्यांवर उतरवत होती. भांडी अधिकच स्वच्छ निघत होती. कांताबाई सांगत होती, “बाई, माझा नवरा काही मेला नाही. मीच हाकलून दिला त्याला. रोज-रोज दारु पिऊन तमाशा करायचा. पैशापरी पैसे जात होते आणि पोरांचा अभ्यास पण होत नव्हता. माझा मोठा बारावीला आहे, धाकटा दहावीला. मी कष्ट करते, पोरं पण हातभार लावतात. सुखात आहोत आम्ही तिघं.” कांताबाईचं बोलणं ऐकून मनात आले, किती बदलते आहे हे स्त्रीजीवन! खरचं! स्त्रियांनी नोकरी केली पाहिजे का? नवऱ्याला देव मानणाऱ्या या समाजात एका अशिक्षित स्त्रीने व्यसनी नवऱ्याला खरा रस्ता दाखवला. आता या कांताबाईला अशिक्षित का म्हणायचे? तर ती शाळेत गेली नाही म्हणून! पण ती आज आपल्या दोन मुलांना शिकवत आहे. तिला शिक्षणाचे महत्त्व कळले आहे.

आजच्या युगातील सर्वात जास्त पीडित व्यक्ती कोण असेल, तर ती म्हणजे ‘कष्टकरी स्त्री’. ‘रांधा, वाढा व उष्टी काढा’ हे कष्ट तर स्त्रीच्या पाचवीला पुजलेलेच आहेत. मग ती सुशिक्षित असो वा अशिक्षित असो. लहान असो वा मोठी असो. उच्चवर्गीय असो वा मागासलेल्या वर्गातील असो. ‘स्त्री म्हणजे कष्ट’ हे समीकरण ठरलेले आहे.

ग्रामीण भागात-विशेषतः आपल्यासारख्या कृषिप्रधान देशात पुरुषांच्या बरोबरीने स्त्री राबते, कष्ट करते, पण स्त्रीची मजुरी ही पुरुषांच्या मजुरीच्या तुलनेने कमी असते असे का? स्वतःच्या शेतात पतीपत्नी राबतात; पण दिवसभराचे काम संपल्यावर पुरुष पाय लांब करून विसावा घेतो, पण त्याच घरातील स्त्रीला मात्र घरातल्या सर्वांसाठी स्वयंपाक करावा लागतो. शहरात सुशिक्षित स्त्री आपल्या नोकरीच्या ठिकाणी आठ-दहा तास काम करून परतते. परतताना तिला प्रवासाचा त्रास सहन करावा लागतो आणि घरी आल्यावर तिला आपली कौटुंबिक जबाबदारी उचलावी लागते. सुशिक्षित स्त्रीला आपल्या अपत्यांच्या शैक्षणिक वाटचालीतही भाग घ्यावा लागतो. कारण सर्वांना माहित आहे की, कोणतीही

सुशिक्षित स्त्री आपल्याला मुलांना अशिक्षित ठेवत नाही. मागासलेल्या घरात जन्म घेतलेल्या, पण आज महत्वाच्या पदांवर काम करणाऱ्या अनेक व्यक्तींच्या चरित्रांचा धांडोळा घेतला, तर आपल्याला आढळते की, त्यांच्या विकासासाठी, त्यांच्या प्रगतीसाठी त्यांची आईच असते.

स्त्रियांची सर्वात मोठी व्यथा म्हणजे कामाच्या ठिकाणी त्यांचे शोषण होत असते. ज्यांच्याजवळ शिक्षणाचे काही प्रमाणपत्र नसते. त्या जे काम करीत असतात त्याबद्दल त्यांच्याकडे कोणतेही प्रमाणपत्र नसते. त्यामुळे मालकांच्या मर्जीवर त्यांच्या कष्टाचे वेतन अवलंबून असते. त्यांच्या कामाचे स्वरूपही निश्चित नसते. पडेल ते काम त्यांना करावे लागते. वेळेची मर्यादा नसते आणि सगळ्यात महत्वाचे म्हणजे नोकरीची हमी नसते. त्यामुळे त्यांना शेवटपर्यंत राबावे लागते. या कष्टकरी स्त्रिया संघटित नसतात.

स्त्रियांचे जगणे बंधनांमुळे अतिशय अवघड झालेले असते. कुठेही त्यांचे मत, त्यांची आवड लक्षात घेतली जात नाही. गरोदरपणाची व्यथा, एड्स, क्षय यांसारखे आजार इत्यादी हालअपेष्टांना त्यांना तोंड द्यावे लागते. ज्या मुलांसाठी ती स्त्री झगगडत असते ती मुलेही अनेकदा त्यांना आनंद, समाधान देत नाहीत. मग त्या झगडत राहताता केवळ जगण्यासाठी!

स्त्रीजीवनात विसाव्या शतकात मोठ्या प्रमाणात बदल झाले, त्याचे मुख्य कारण म्हणजे तिला सापडलेला शिक्षणाचा मार्ग. फुले, आगकर, कर्वे आणि इतर अनेकांच्या प्रयत्नांतून तिला विद्यालयाची कवाडे उघडी झाली. पाटी-पेन्सिल हातात घेतलेल्या स्त्रीने अगदी अल्पकाळात विद्यापीठाच्या अंतिम परिक्षाही पार केल्या. आज एकविसाव्या शतकात प्रत्येक क्षेत्रात प्रत्येक कसोटीत ती पुढे आहे. कोणतेही काम तिला अशक्य राहिलेले नाही. अंतराळातही ती जाऊन पोहोचली. राजकारण, समाजकारण, शिक्षण अशी सर्व क्षेत्रे तिने यशस्वीरीत्या पार केली. पण हे झाले असामान्य स्त्रीबाबत सर्वसामान्य स्त्रीबाबत काय आढळते? ती पण सुविद्य झाली आहे. आपले घर, आपला संसार, आपली मुले याबाबत ती स्वतःचे मत राबवते.

आजच्या स्त्रीने एक सत्य जाणले आहे. आता ती कोणावरही अवलंबून नाही. ती जास्तीत जास्त स्वावलंबी होऊ इच्छिते नोकरीबरोबर उद्योग, व्यापार क्षेत्रांतही ती आपले कर्तृत्व दाखवत आहे. अगदी घरात राहणारी स्त्रीपण आपल्या पुरसतीच्या काळात काही ना काही काम करून अर्थार्जन करते. एकेकाळी स्वयंपाकाची कामे करणारी, मुले सांभाळणे ही कामे कमी प्रतीची मानली जात. पण बदलत्या काळानुसार आज 'पोळी-भाजीचे' केन्द्र चालवणारी स्त्री स्वयंपाकीण समजली जात नाही, तर उद्योजक मानली जाते आणि 'पाळणाघर' चालवणे ही तर समाजसेवाच समजली जाते. आता ती अबला राहिली नाही, तर तिने आपली क्षमता जाणली आहे. ती अबला नाही, तर सबला आहे, सक्षम आहे.

कामप्रमाणे स्त्रीने आपल्या राहणीत, आपल्या पोशाखातही बदल केला आहे. पण तो आता कोणाला

खटकत नाही. साडीपेक्षा सलवार-कुर्ता वा टॉप-जीन्स हे पोशाख तिला अधिक सुटसुटीत व सोयीचे वाटतात आजची स्त्री आपल्या स्वास्थ्यविषयी जागरूक आहे. त्यासाठी आपले शरीर तंदुरुस्त ठेवण्याचा प्रयत्न करते. आजच्या छोटा कुटुंबात मुलगा व मुलगी यांच्या संगोपनात फरक केला जात नाही. शहरातील हा आधुनिक विचार हळूहळू खेड्यापाड्यांतही झिरपत आहे.

आजच्या युगातील स्त्री ही विचारी आहे. ती काळानुसार बदलू पाहत आहे. गेल्या शतकातील स्त्री आणि आजची स्त्री यांत महदंतर आहे. आजच्या स्त्रीचा मार्ग जातो आहे तो 'विकासाकडे, प्रगतीकडे आणि वैभवाकडे'.

– नयना राजाराम डिचोलकर

प्रथम वर्ष कला शाखा

मन माझे...

गेले अनेक दिवस ती
नुसतीच नजर देत होती
आज मात्र अचानक हसली
गर्दीतून वाट काढत
शेजारी येऊन बसली
म्हणाली, नाऊ डोंट वरी,
उद्या दुपारचा ये घरी.
तिच्या घरची दुपार
मस्त गेली
तिनं शिजवलेली कोंबडी
मी फस्त केली
तिनं माझ्या गळ्यात हात टाकले
तिचे ओठ माझ्या ओठांशी वाकले
आणि म्हणाली,
एक प्रश्न मिटला, चुटकीसरशी सुटला
तुझं टक लावून रोज पाहणं
मला काही रुचत नव्हते.
आणि बर्ड फ्लू झालेल्या कोंबडीचं
काय करावं, तेही सूचत नव्हतं.

– हर्षदा अशोक कदम
बारावी, कला शाखा

असणं महत्त्वाचं....

आकाशातला एक तारा आपला असावा,
थकलेले डोळे उघडताच चमकून दिसावा,
एक छोटे जग प्रत्येकाजवळ असावे,
जगाच्या या गर्दीत कुणीच एकटे नसावे...
क्षितिजापलीकडे पाहण्याची दृष्टी असेल,
तर क्षितिज नक्की गाठता येत.
आपल्या रक्तातच धमक असेल,
तर जगंही जिंकता येत.
आपले क्षितिज हे आपणच ठरवायचं असतं,
त्याच्या पलीकडे पाहण्याचं धाडस एकटा तरी करायचं असतं.
असते आपल्या रक्तात जिद्द व ताकद,
त्या ताकदीला एकदातरी अनुभवायचं असतं
उडत्या पाखरांना परतीची तमा नसावी
नजरेत सदा नवी दिशा असावी
घरट्याचे काय आहे बांधता येईल केव्हा ही
क्षितिजांच्याही पलीकडे झेप घेण्याची जिद्द असावी...

– हर्षदा अशोक कदम
बारावी, कला शाखा

“नेहमी खरे बोलावे हा पहिला घडा शिकलो
 आयुष्याच्या कसरतीत खोटे बोलून थकलो
 इथे खोटं बोलणाराच मारून जातो बाजी
 खरे बोल म्हणणारी खोटे बोली आजी
 घडा मला दिला तिने सत्य कसोटीचा
 आजी माझी नाही आता नातू रडतो तिचा
 आजी तुझे ऐकले नी बोलत राहिलो खरे
 माझ्या पाठी खोटाखोटांचेच भरत राहिले खोरे
 नवीन नियम जगाचे तिला कळाले नाही कधीच
 आणि तिच्यासवे आमची सुद्धा ओंजळ राहिली रितीच.”

हेच दृश्य आता आपल्याला सगळीकडे पहावयास मिळत आहे. खरे बोलण्याच्यापेक्षा खोटे बोलणाराच या जगात बाजी मारताना दिसतो. परंतु वास्तविक पाहता नेहमी सत्याचाच विजय होताना दिसतो. सत्य सत्य म्हणजे तरी काय? बुद्धीला जाणवलेल्या सत्याच्या रूपाचे रंगही विविध असतात. अपवाद, प्रत्यापवाद सांगावे लागतात आणि कधी अपवादांची संख्या अधिक भरली तर नियम बदलून घ्यावा लागतो मुंबईसारख्या शहराबद्दलचे एक सत्य सांगते की, ते बकाल शहर आहे; तर दुसरे सत्य सांगते की, ते अत्यंत गजबजलेले शहर आहे. लालबाग-परळच्या वस्तीकडे पाहून काढलेले निष्कर्ष, कुलाबा-मलबार हिलवरून काढलेल्या निष्कर्षांपेक्षा वेगळेच असणार आणि हे सर्व सत्यच असते, वास्तव असते: याचे कारण सत्याला, भांड्याला जसा आकार असतो तसा आकार, रंगरूप नसते, तरीही ते आपल्या बुद्धीला जाणवलेले असते. बुद्धीला पटवून देता येणाऱ्या सत्याला ‘त्रिकालाबाधित सत्य’ म्हणतात. पण त्याला जेव्हा अनुभूतीची जोड मिळू शकते तेव्हा त्यामध्ये विश्वात्मकता येते. सत्य, शिव व सौंदर्य यांचा शोध कला घेत असते. तर शास्त्राला त्या मधील फक्त सत्याबद्दल अधिक ओढ असते.

“सत्यम् शिवम् सुन्दरम्”

सत्य हे ईश्वर आहे आणि सत्य बोलण्यानेच मानवाच्या जीवनात एका श्रद्धेचा सुगंध येतो. सत्य वचन बोलणे हे जितके सोपे आहे तितकेच ते वास्तवातील आयुष्यात उतरविणे कठीण आहे. पण जेव्हा हे सत्य मानव स्वतःच्या दैनंदिन जीवनात साकारतो तेव्हा त्याचे जीवन आनंदाने फुलते. जोपर्यंत मानवाच्या जीवनात सत्याच्या भावनेचा विकास होत नाही तोपर्यंत त्याच्या मनाला दुश्मनी, वैर, अहंकार, अपमान, स्वार्थ, मोह या सर्व गोष्टींचा घेरा वाढेल. सत्यवचन बोलण्याने जीवनात नम्रता, विश्वास, गोड वाणी यांचा सदैव निवास राहतो. त्यामुळे फार प्राचीन काळापासूनच म्हणजे गौतम बुद्धांच्याही दोनशे वर्ष आधी पाश्चनाथाने अहिंसा, सत्य, अस्तेय, अपरिषह यांची शिवकण दिली होती. त्यामुळे गौतम बुद्ध म्हणतात, “सर्वात मोठे दान - सत्याचे दान” हे इतर सर्व वस्तूपेक्षा वरचढ असते.” ते सांगतात -

“तीन वस्तू जास्त वेळ लपू शकत नाहीत-
 सूर्य, चंद्र आणि सत्य”

गौतम बुद्धांच्या वडिलांनी त्यांच्या राज्यातील सत्य परिस्थिती बुद्धांपासून लपवून ठेवली. पण ते फार काळ सत्य लपवू शकले नाहीत. एके दिवशी ती वास्तव सत्य परिस्थिती बुद्धांनी पाहिली आणि त्यांनी संपत्तीचा त्याग केला आणि वनात तपश्चर्या करण्यासाठी गेले. त्याचप्रमाणे श्री श्री रवी शंकर म्हणतात की, “जेव्हा तुम्ही सत्याची इच्छा करता तेव्हा बाकीच्या सर्व इच्छा गळून जातात. तुम्ही नेहमी अशा काही गोष्टींची इच्छा करता जी हजर नाही परंतु सत्य तर कायम असते! सत्याची इच्छा बाकीच्या सगळ्या इच्छांना काढून टाकते आणि ती स्वतः सुद्धा विरघळून जाते आणि बाकी राहतो तो केवळ परमानंद त्यामुळे-

“सत्याच्या मार्गावर चालणे हे
 फायद्याचेच आहे कारण या
 मार्गावर गर्दी कमी असते.”

यावरून व. पु. काळे म्हणतात - थापा मारण्याचे किंवा खोटे बोलण्याचे काम फक्त उत्तम स्मरणशक्ती

असणाच्या व्यक्तीनेच करावे. त्याचे कारण असे की, आपण कोणती थाप कधी, कुठे, कोणाला मारली आहे हे आयुष्यभर लक्षात ठेवावे लागते... त्यामुळे सत्य बोलल्यानंतर मानवाच्या मनावरील ताण हलका होतो. परंतु जर खोटे बोलले तर एक खोटे लपवण्यासाठी दुसरे आणि दुसरे लपवण्यासाठी तिसरे खोटे बोलावेच लागते.

“सत्यानं मिळतं तेच टिकतं”

आपण ज्या गोष्टी सत्याच्या मार्गाने मिळतो त्या कायम टिकतातच भारताचे दिवंगत माजी राष्ट्रपती डॉ. ए. पी. ज. अब्दुल कलाम यांनी त्यांच्या राष्ट्रपती पदावर कार्यरत असताना अनेक चांगली कार्यं करून देशाचा विकास साधण्याचा प्रयत्न केला आणि जेव्हा ते राष्ट्रपती पदावरून निवृत्त झाले त्यावेळी ते मायभूमीकडे परतताना केवळ आपल्या कपड्यांची एक छोटी बॅग घेऊन ते परतले. परंतु आताच्या काळात जे जे नेते उच्च पदावर आले. त्यांनी काही ना काही खोटे कर्म असत्य बोलून केले. परंतु तेसुद्धा फार काळ लपून राहू शकले नाही. त्यांनी असत्याच्या मार्गाने केलेलं कार्य भ्रष्टाचाराच्या रुपाने सगळ्यांसमोर आलेच. “सत्य हे पाहणाऱ्यांच्या वा ऐकणाऱ्यांच्या इच्छेचा विकार कधीच करित नसतं” ते नेहमीच जसं असतं तसचं पुढे येतं उगवत्या सूर्यासारखं! त्यामुळे ‘सत्य’ ही एक अशी श्रीमंती आहे की, जी एकदाच खर्च करून त्याचा आयुष्यभर आनंद उपभोगता येतो पण ‘असत्य’ हे एकप्रकारचे कर्ज आहे, ज्यामुळे तात्काळ सुख मिळतं. परंतु आयुष्यभर त्याची परतफेड करावी लागते. सत्याच्या मार्गावर चालल्यामुळे, सत्य वर्तन केल्यामुळे आजही अब्दुल कलाम या देशाचा आदर्श म्हणून उभे आहेत. तर असत्याच्या मार्गावर चालणाऱ्या अनेक नेत्यांना लोक आज ‘भ्रष्टाचारी’ म्हणून संबोधतात.

गांधीजींनी देखील आपले आयुष्य सत्याच्या शोधासाठी अर्पण केले होते. त्यांचे आत्मचरित्र ‘माझे सत्याचे प्रयोग’ या नावाखाली प्रसिद्ध आहे. गांधीजींनी म्हटले आहे की, सर्वात महत्त्वाची लढाई ही स्वतःच्या वाईट प्रवृत्ती, भय आणि असुरक्षितता यांच्यावर मात करणे ही होय “परमेश्वर सत्य आहे” असे त्यांचे मत होते. पुढे त्यांनी ते “सत्य (हेच) परमेश्वर आहे.” असे बदलले. यात गांधीजींनी अहिंसेचे

तत्त्वज्ञान मांडले आहे. इतिहासात प्रत्येक वेळी सत्य आणि प्रेमाचाच विजय होत आला आहे.

गांधीजींनी आपल्या आयुष्यात एकादश (अकरा) वृत्तांचा स्वीकार केला होता. ही अकरा व्रते म्हणजेच सत्य, अहिंसा, अस्तेय, ब्रह्मचर्य, अपरिग्रह, शरीरश्रम, आस्वाद, सर्वत्र भयवर्जन (निर्भयता), सर्व धर्म सामान्ताव्य (सर्वधर्म समभाव), स्वदेशी, स्पर्शभावना, अस्पृश्यतेचा त्याग, निर्भयता या तत्वाला गांधीजी आधारभूत मानत. त्यांच्या मते, निर्भयतेमुळेच इतर तत्वांचे पालन करता येऊ शकते.

गांधीजींनी या अकरा व्रतांचा स्वीकार केला व त्यांच्या आयुष्यात या व्रतांची अंमलबजावणी देखील केली. गांधीजी लहान असताना त्यांची एका मुलासोबत मैत्री झाली. तो मुलगा बिघडलेला होता पण त्याला सुधारण्याचा निश्चय त्यांनी केला व त्याच्या संगतीत ते राहू लागले. तो गांधीजींना सांगे की, मांसाहार केल्याने चांगली ताकद मिळते. गांधीजी पूर्णतः शाकहारी होते. परंतु मित्राच्या संगतीचा परिणाम त्यांच्यावर होऊन त्यांनी मांसाहार केला. परंतु त्यांना ते रुचले नाही. त्यानंतर त्यांनी मांसाहारास स्पर्श केला नाही. तसेच त्यांनी विडी ओढण्याची सवय देखील लागली होती. पण त्यासाठी पैसे नव्हते त्यामुळे त्यांनी आपल्या बंधूच्या हातातील सोनकड्याचा थोडा भाग कापून विकला. परंतु गांधीजींचे वडील हे कुटुंबप्रेमी, सत्यप्रिय, शिस्तबद्ध, रागीट पण उदार होते. त्यामुळे गांधीजींना आपण केलेल्या चुकांचा, खोटे बोलण्याचा पश्चाताप होऊ लागला त्यामुळे त्यांनी वडिलांना सगळे खरे सांगण्याचे ठरवले. त्यासाठी त्यांनी एक चिठ्ठी लिहिली व आपल्या हातून घडलेल्या चुकांची कबूली दिली व पुढे अनेक वर्तन न करण्याची प्रतिज्ञाही केली. त्यांनी वडिलांना सत्य सांगण्याचे धाडस केले. त्यामुळे त्यांच्या विषयी वडिलांच्या मनात अधिकच प्रेम निर्माण झाले.

गांधीजी विलायतेत शिक्षणासाठी गेले होते तेव्हा ते वेंटरनमध्ये एका कुटुंबात राहिले. तेथे जाण्यापूर्वी ते ब्रायटनला गेले होते. तेथे ते एका हॉटेलात गेले तेव्हा एक साधरण श्रीमंत प्रौढ विधवा बाईही हवा खाण्यासाठी आली होती. तेथे खाण्याच्या पदार्थाच्या यादीतील सर्व नावे फ्रेंच भाषेत लिहिलेली होती. ती गांधीजींना समजत

नव्हती. तेव्हा त्या बाईने त्यांना मदत केली व त्यांच्यासाठी शाकाहारयुक्त खाद्यपदार्थ मागवले. त्यानंतर त्यांच्यात संबंध सुरू झाले. ते कित्येक वर्ष एकमेकांच्या संपर्कात होते. त्या बाईनी अनेक मुलींसोबत गांधीजींची ओळख करून दिली होती व गांधीजींसाठी तिला एक मुलगी आवडली होती. हे गांधीजींच्या लक्षात आले तेव्हा त्यांच्या मनाच विचारांचे वादळ उठले व आपल्या आयुष्याचे सत्य त्यांनी त्या बाईला सांगण्यासाठी पत्र लिहिले. त्यात त्यांनी लिहिले की, “विलायतेत शिक्षणासाठी आल्यावर एका कुटुंबात त्यांची राहण्याची सोय झाली होती. परंतु हिंदुस्थानातील मुले तिथे शिक्षणासाठी आली तर ती अविवाहित असावीत आणि जर विवाहित असतील तर ज्या कुटुंबात ते राहतील तेथील मुलींसोबत कोणत्याच प्रकारचे संबंध ठेवायचे नाहीत असा नियम होता. त्यामुळे त्यांनी देखील हे सत्य लपवून ठेवण्याचा निर्णय घेतला. परंतु मी तुम्हाला फार काळ अंधारात ठेवू शकत नाही असे म्हणत त्यांनी ते विवाहित असल्याचे व त्यांना एक मुलगा असल्याचे सत्य त्या बाईला सांगितले व क्षमा मागितली.” गांधीजींचे हे सत्यवचन त्या स्त्रीला फार आवडले व तिने त्यांना माफ केले व दर रविवारी आपल्या घरी जेवणास येण्याचा उपक्रम चालू ठेवण्यास सांगितले.

गांधीजी हे पेशाने वकिल होते. वकिल म्हटल्यावर खोटे बोलावेच लागते. परंतु त्याही ठिकाणी गांधीजींनी आपले सत्याचे व्रत मोडले नाही. त्यांच्याकडे येणाऱ्या अशीलांना ते सांगत जर तुमची बाजू सत्याची असेल तरच माझ्याकडे या हे माहित असूनसुद्धा एका अशीलाने त्यांची फसवणूक केली, जोहान्सबर्गच्या कोर्टात केस चालू असताना गांधीजींच्या लक्षात आले की, त्यांच्या अशीलाची बाजू खोटी आहे त्याचक्षणी त्यांनी आपला अशील खोटे बोलत असल्याचे न्यायाधीशांना सांगितले व त्याला कडक शिक्षा सुनावण्याची मागणी केली. यातून त्यांचे सत्याचे व्रत ते कशा रीतीने अवलंबत होते ते दिसून येत. आपल्या आयुष्याच्या प्रत्येक वळणावर त्यांनी सत्याचेच आचरण केले. त्यामुळे त्यांच्या विचारांना अमरत्व प्राप्त झाले.

गांधीजींनी सत्याचा आग्रह कायम धरला व लोकांच्या हितासाठी अनेक सत्याग्रह केले. त्याचप्रमाणे डॉ. बाबासाहेब

आंबेडकर यांनी अस्पृश्यता निवारण करण्यासाठी दलिताना मानवी हक्क मिळवून देण्यासाठी सर्वसामान्यांप्रमाणेच त्यांनाही विसर्गातील गोष्टींचा उपभोग घेता यावा यासाठी चवदार तळ्याचा व मंदिराचा सत्याग्रह केला यामुळे अनेक दलिताना मंदिरामध्ये प्रवेश मिळाला व या सत्याग्रहामुळेच त्यांना परमेश्वर प्राप्त झाला. डॉ. बाबासाहेब आंबेडकर यांनी जेव्हा धर्मांतर करण्याचा निर्णय घेतला तेव्हा, सखोल अभ्यास व चिंतन करून त्यांनी अहिंसा, सत्य, मानवता यांना प्राधान्य देणारा बौद्ध धर्म निवडला.

महात्मा जोतिबा फुले यांनी त्या काळात उच्चवर्णीयांकडून होणाऱ्या अन्यायापासून अत्याचारापासून व गुलामगिरीतून शुद्रातिशुद्र समाजाची मुक्तता करण्यासाठी त्यांनी ‘सत्यशोधक’ समाजाची स्थापना केली. शुद्रांना त्यांच्या हक्काची जाणीव करून देणे, त्यांना न्याय मिळवून देणे हे या समाजाचे ध्येय होते. त्यांनी गुलामगिरी विरुद्ध आवाज उठवला अनेक सामाजिक न्यायाची व सामाजिक पुनर्रचनेची मागणी केली. “सर्वसाक्षी जगत्पती। त्याला नकोच मध्यस्ती। हे या समाजाचे घोषवाक्य होतं.

“स्वप्न संपलं की सत्य बोचू लागतं.”

त्यामुळे कायम सत्याचा आग्रह धरून आपण सत्याच्या मार्गावर चालले पाहिजे कारण सत्य वचनाने कायम मधुर फळे चाखायला मिळतात. सत्याचा कायम विजय होतो. त्यातून परमेश्वर प्राप्त झाल्याचे समाधान मिळते. विधू विनोद चोपडा यांनी २००६ मध्ये ‘लगे रहो मुन्नाभाई’ या विनोदी चित्रपटाची निर्मिती केली. यातून गांधीजींच्या अहिंसा व सत्याग्रह या तत्त्वांचा आजच्या काळातही वापर करता येतो हे दर्शविण्याचा प्रयत्न केला होता आहे. त्यामुळे सदैव सत्याचाच आग्रह धरा.

सत्यमेव जयते जागृतं

सत्येन पन्था विततो देवयानः।

येनाक्रमन्त्यृषयो ह्याप्तकामा

यत्र तत् सत्यस्य परमं विधानम्॥

– सपना भानुदास जाधव
तृतीय वर्ष, कला शाखा

मतदान : हक्क आणि कर्तव्य

बदल घडतो, घडू शकतो...

सुरुवात करू या... मतदान करू या...

‘मतदान’ शब्द जरी चार अक्षरांचा असला तरीही त्या चार अक्षरांमध्ये अर्थ हा खूप मोठा लपलेला आहे. आपले मत दान करून आपण आपली खूप खूप मोठी जबाबदारी पार पाडत असतो. जन्माला आलेल्या प्रत्येक व्यक्तीला हक्क आणि स्वातंत्र्या बरोबरच काही कर्तव्यही असतात. त्याची त्याच्या घरापर्यंत, समाजापर्यंतच जबाबदारी राहत नसून त्याने आपल्या देशासाठी देशाच्या विकासासाठी आपले कर्तव्य पार पाडले पाहिजेत. मतदान करणे हे प्रत्येक नागरिकांचे कर्तव्य व हक्कही आहे.

२५ जानेवारी १९५० हा दिवस भारत निवडणूक आयोगाच्या स्थापनेचा दिवस हाच दिवस प्रतिवर्षी ‘राष्ट्रीय मतदान दिवस’ म्हणून साजरा केला जातो. मतदान प्रक्रियेप्रती आजचा युवक जागरूक व प्रेरित व्हावा या मूळ हेतूने ‘राष्ट्रीय मतदान’ साजरा केला जातो.

सामाजिक जीवनाचे नियमन करण्यामध्ये जास्तीत जास्त लोकांचा सहभाग असावा हे लोकशाही पद्धतीला अभिप्रेत असते. मतदानाच्या अधिकाराचा वापर करून हा सहभाग साधण्यात येतो. सामाजिक जीवनामध्ये नियमन करण्याचे विविध मार्ग उपलब्ध असतात. पर्यायी धोरणामधून किंवा पर्यायी उमेदवारांमधून निवड करणे हे या मार्गाचे ठळक स्वरूप असते. अशी निवड करण्यासाठी नागरिकाने आपले मत देऊन विशिष्ट धोरणाबद्दल अगर उमेदवाराबद्दल आपली पसंती व्यक्त करावयाची असते. ज्याला बहुसंख्य मते पडतील ते धोरण अथवा तो उमेदवार निवडून आला. म्हणजे बहुमतांची पसंती त्यालाच आहे असे मानण्यात येते.

भाऊ मी मतदान करणार...

तुम्ही पण मतदान करा...

वास्तविक पाहता भारतीय नागरिकांना आपल्या देशाच्या राज्यघटनेची स्थापना झाल्यानंतर वैश्विक मतदानाचा हक्क मिळाला ज्या देशात लोकशाही आपल्या अगोदर रुजली त्या अमेरिका, इंग्लंड, फ्रान्स आदि देशांतील सर्व नागरिकांनाही मतदानाचा हक्क इतक्या सहजासहजी मिळालेला नाही. महिला, गुलाम यांना अगोदर मतदानाचा हक्क नव्हता तो त्यांना काही वर्षांनंतर मिळाला. आपल्या देशात मात्र रस्तावरच्या भिकाऱ्यांपासून ते उच्चस्तरापर्यंत सर्व

स्तरांतील नागरिकांना मतदानाचा हक्क आपल्या राज्यघटनेने पहिल्यापासून दिला आहे आणि असे असूनही मध्यमवर्गीय किंवा उच्चमध्यमवर्गीय मंडळी मतदानाचे कर्तव्य पार पाडत नसतील, मतदानासाठी उदासीन असतील तर ही बाब लोकशाहीसाठी लांछनास्पद आहे.

लोक हो, मत देणे हा आपला अधिकार,

बदल्यामध्ये उपहार घेणे हा आपला धिक्कार...

मतदान करण्याच्यावेळी बघायला मिळतं की, काही लोक ही मतदानाच महत्त्व न कळल्यामुळे किंवा मतदानाने काय भलं झालयं. निवडून आलेला उमेदवार आपल्यापर्यंत कुठं सुविधा पुरवतोय अशी मत असणारी लोकही मत द्यायचं म्हणून किंवा कोणालाही मत दिल तरी चालतं अस समजून मत द्यायला जातात आणि विशेष म्हणजे मतदान केंद्रामध्ये मतदान करणाऱ्या लोकांना चहा-नाष्टा, खायला-प्यायला असल्याने नुसतं एवढ्यासाठी लोक मतदान करायला जातात. कोणालाही मत देऊन येतात. उमेदवार आणि त्यांची माणसं ही निवडून येण्यासाठी खूप प्रयत्न करतात. म्हणजेच, दारू पिणाऱ्या लोकांना दारू व पैसे वाटप करतात. हे दृश्य आपल्याला गावोगावी पहायला मिळतं.

मतदानाच्या माध्यमातून मतदार आपली सेवा करण्याकरिता राज्यकर्त्यांची म्हणजेच नोकर/सेवकांची निवड करतात. जे लोक लोकशाहीच्या नावाने दिंडोरा पिटत असतात लोकशाही सर्वश्रेष्ठ राज्यपद्धती आहे. अशा गप्पा मारतात तेच लोक मतदान करण्यासाठी उतरत नाहीत हे अत्यंत चुकीचे आहे. असे लोक लोकशाहीचे केवळ बोलघेवडे समर्थक आहेत. वास्तविक पाहता त्यांना कोणाचे सरकार येणार किंवा नाही हे फक्त बोलायला आवडते. आपल्या मनासारखे सरकार निवडण्यासाठी प्रत्यक्ष मतदान करायला पाहिजे. ही गोष्ट ते करत नाहीत हे दुर्दैव आहे.

काही लोक मतदान करण्यापूर्वी आमची मते आम्ही तुम्हाला देऊ, पण आमच्या गरजा पूर्ण झाल्याच पाहिजे, आवश्यक असणाऱ्या वस्तूंच्या किंमती कमी झाल्या पाहिजेत; तसेच प्रत्येक घराघरात शौचालयाची सोय करणे तुमचे कर्तव्य आहे व रस्ता दुरूस्ती ही झाली पाहिजे. मत दिल्यानंतर निवडून आलेल्या उमेदवाराचे या सर्व गोष्टींकडे दुर्लक्ष होते. तसे होता कामा नये. असे आता आपले पंतप्रधान नरेंद्र मोदीजी १०० वर्षात ‘अच्छे दिन आणेंगे’ असे म्हणाले पण

आत्तापर्यंत ३६५ दिवस उलटून गेले अजूनही अच्छे दिनांची जनता वाटच पहात आहे.

आपले लक्ष्य, साध्य विसरु नका,
अन्यथा जे काही मिळाले तेवढ्यावरच
संतुष्ट राहण्याची सवय लागेल.

म्हणूनच, सर्व संमतीने मान्य झालेले धोरण अथवा उमेदवार निवडणे हाच खऱ्या अर्थाने प्रत्यक्ष लोकशाहीचा मार्ग आहे. परंतु हे साधणे अशक्यप्रायः असल्यामुळे व्यवहारात प्रतिनिधिक लोकशाही बहुमताच्या आधारे कार्यवाहित आणली जाते. त्यासाठी मतदानाचा आधार आवश्यक ठरतो. एखाद्या सामाजिक गटातील बहुमताचे जे मत असेल, ते त्या गटाचे मत असे, मानण्यात येते ही पद्धती फार पूर्वीपासून रूढ झाली.

आपले मतदान
लोकतंत्राची आहे जान...

लोकशाहीपद्धती ही मानवी समाज प्रगत झाल्याचे लक्षण आहे... संघर्ष न करता, बळजबरी न करता, लोकांच्या सहभागाने आणि विचारविनिमयाने एखाद्या गोष्टीचा निर्णय लावण्याची पद्धती ज्यावेळी मानवाने स्विकारली त्यावेळी मानवी समाज प्रगत अवस्थेप्रत पोहचला होता. रानटी जीवन मागे टाकून सांस्कृतिक जीवन शांततामय मार्गाने व संघर्षा ऐवजी सहकार्याने व्यतीत करण्या इतपत मानवी जीवन प्रगत झाले होते. समाजाच्या सर्व घटकांनी सामाजिक निर्णय घेण्यात सहभागी व्हावे. हा या प्रगतीचा अगदी अलिकडचा टप्पा होय हे सामाजिक सहकार्य प्रत्यक्ष व्यवहारात मिळविण्याचा मार्ग म्हणजे मतदान घेऊन बहुमतांच्या निर्णयांस अंतिम स्वरूप देणे हा होय.

आपल्या येथे गरीब आणि सर्वसामान्य मतदारांना खऱ्या अर्थाने लोकशाही समजली आहे. कारण ही मंडळी प्रचंड संख्येने मतदान करतात परंतु आपले सत्तापिपासु नेते, राजकीय पक्ष यांनी त्यांच्या मताचे मूलभूत मूल्यांकन आपल्या चातुर्याने आणि लबाड मार्ग वापरून कमी करून टाकले आहे. देशाला स्वातंत्र्य मिळाल्या नंतर अनेक विद्वानांनी व राज्यशास्त्राच्या अभ्यासकांनी आपल्या देशात लोकशाही फार काळ टिकणार नाही. असे भाकीत व्यक्त केले होते. त्यांचा आपल्या मतदारांनी भ्रमनिरास केला आहे. गेली अनेक वर्षे मतदान दर पाच वर्षांनी राज्यकर्ते निवडून देत असून देशात अद्यापही लोकशाही टिकून आहे. ही आपल्यासाठी नक्कीच अभिमानाची बाब आहे.

भारताची राज्यघटना तयार होत असतानाच्या काळात डॉ. बाबासाहेब आंबेडकर आणि पंडित जवाहरलाल नेहरू

हे भारतातल्या सरसकट सर्व नागरिकांना मतदानाचा हक्क द्यावा याबाबत आग्रही होते. काही लोक मात्र मर्यादित लोकांनाच हा अधिकार असावा या मतांचे होते. यावर बरेच वाद झाले. कारण काही लोकांच्या मते सरसकट सर्वांना मतदानाचा अधिकार देणे हे घातक होते. आणि अशिक्षित लोकांना मतदानाचा अर्थ सुद्धा नीट कळत नाही. असे त्यांचे म्हणणे होते. या लोकांचे म्हणणे ऐकून भारतातला मतदानाचा अधिकार सुशिक्षित लोकांपुरताच मर्यादित केला गेला असता तर फार विचित्र स्थिती निर्माण झाली असती. जर असे झाले असते तर देशातली मतदानाची टक्केवारी ३०% किंवा ४०% राहिली असती. गमतीचा भाग असा आहे की ज्यांना आणि ज्यांनाच मतदानाचा अधिकार असा आग्रह धरला जात होता तेच लोक मतदानाच्या दिवशी दांडी मारत आहेत. त्यांना मतदानाचा अधिकार देणे घातक ठरेल असे म्हटले गेले होते. ते गरीब अशिक्षित लोक मात्र उत्साहाने रांगा लावून मतदान करताना दिसतात, म्हणजे घटना परिषदेतल्या उच्चभ्रू लोकांनी ज्यांना मतदानाचा अधिकार असावा असे म्हटले होते ते लोक मतदानाच्या कर्तव्याविषयी उदासिन आहेत. उलट ज्यांना अधिकार असून नयेत असे म्हटले जाते ते मात्र कसलाही आळस न करता मतदान करताना दिसतात. अशी ही विपरीत स्थिती आहे. आपले मत कोणालाही असो किंवा आपल्या मतदारसंघात उभ्या असलेल्या एकालाही नसो पण आपण कर्तव्य म्हणून मतदान केले पाहिजे. कारण ते आपले कर्तव्य आहे आणि ते कर्तव्य लोकशाही प्रति, देशाप्रती किंवा कोणत्या पक्षाप्रती नसते तर ते आपल्या प्रति व आपल्या हितासाठी असते. म्हणूनच,

केल्याने होत आहे रे...

आधी केलेची पाहिजे... मतदान!

आपले पुढच्या पाच वर्षांचे आयुष्य कसे असावे, हे आपल्या मतदानाने ठरत असते. कारण आपल्या देशाचा कारभार पाहणारे कारभारी आपण मतदानातून निवडत असतो. मतदानाच्या अधिकाराचा अर्थ नीट समजून घेण्याची गरज आहे. भारताची लोकशाही ही लोकांनी चालवलेली राज्यपद्धती आहे. पण देशातला प्रत्येक नागरिक लोकसभेत पाठवून त्यांच्यामार्फत देशाचा कारभार पहावा अशी अपेक्षा आहे. हे प्रतिनिधी जेवढे चांगले असतील तेवढे देशाचा कारभार चांगला होईल आणि लोकांच्या हिताचा होईल. मात्र याबाबतीत प्रत्येक नागरिकाने मतदान करून आपले मत व्यक्त केले पाहिजे. जे लोक मतदान करणार नाहीत ते देशाच्या कारभाराच्या बाबतीत उदासीन आहेत असे म्हणावे लागेल ही उदासीनता झटकून प्रत्येकाने आवर्जून मतदान केले

पाहिजे. आपल्या देशात मतदाना दिवशी सार्वजनिक सुट्टी जाहिर करण्याची पद्धत आहे. खरे म्हणजे प्रत्येक कर्मचाऱ्याला कार्यालयीन कामातून थोडी सुट्टी दिली तर पूर्ण दिवस सुट्टी देण्याची गरज नाही. परंतु लोकांच्या मनात मुळातच मतदानविषयी उदासिनता असते. त्यातच काम लागले तर मतदान टाळण्यास लोक तेवढाच बहाणा सांगत बसतील म्हणून मतदानादिवशी सार्वजनिक सुट्टी देण्याचा नियम सरकारने केला आहे. मात्र काही लोक सुट्टी मिळून सुद्धा मतदान करत नाहीत. सुट्टीचा फायदा घेऊन सहकुटुंब सहलीला जाण्याचा आनंद लुटतात. सहलीचा आनंद लुटायला काही हरकत नाही, पण सकाळी लवकर मतदान करून वाटल्यास अशा लोकांनी सहलीला जावे मात्र अशी सोय असून सुद्धा लोक मतदानाला दांडी मारून सहल काढतात आणि त्यात त्यांना धन्यता वाटते त्यांना राज्यघटनेने दिलेल्या अधिकाराचा अर्थ कळत नाही. अशा प्रकारे मतदानाला दांडी मारून सहलीला जाणाऱ्या लोकांमध्ये मध्यमवर्गीय आणि उच्चमध्यमवर्गीय सुशिक्षित मंडळीचाच मोठा सह भाग असतो या शिकल्या सवरल्या लोकांनाच लोकशाहीचे आणि आपल्या अधिकाराचे महत्त्व कळत नाही. एका विचारवंताने असे म्हटले आहे की, 'चांगले लोक मतदान करत नाहीत म्हणून वाईट माणसे निवडून येतात हे म्हणणे शब्दशः खरे आहे.

सेनादलामध्ये कार्यरत असलेल्या कर्मचाऱ्यांची नोंदणी ही तो ज्या मतदारसंघामधील रहिवाशी आहे व त्याचे कुटुंब तेथे वास्तव्य करून राहत असेल तर अशा मतदारांचे नमुना २-रेकोर्ड ऑफिसर यांचेकडून प्राप्त झाल्यानंतर सेनादलामधील मतदारांच्या नावांची नोंदणी संबंधित विधानसभा मतदारसंघाच्या मतदार यादीमधील शेवटच्या भागांमध्ये करण्यात येते.

आधुनिक लोकशाही ही प्रतिनिधीक लोकशाही असल्याने शासनावर आपले प्रतिनिधी निवडून देण्यासाठी नागरिकांना मतदानाचा हक्क देणे आवश्यक ठरते. प्रतिनिधी लोकशाहीच्या उदयाबरोबर हा हक्क १९व्या शतकात पाश्चात्य राष्ट्रांमध्ये निर्माण झाला. त्यावेळी हा हक्क देण्याबाबत नागरिकांवर कोणत्या पात्रता, अटी असाव्यात ह्या बाबत मतभेद होते. वयाबरोबर विचारवंतांचा आग्रह होता. स्त्रियांना हा हक्क देऊ नये असेही मत मांडले जाईल पण कालांतराने या अटी लादणे योग्य नसून प्रत्येक प्रौढ नागरिकाला मतदानाचा हक्क असावा या तत्त्वावर आधारलेली प्रौढ मतदारपद्धती आज सर्वसामान्य झाली आहे. त्यानुसार अमेरिका येथील नागरिकांना २१व्या वर्षी व भारत, इंग्लंड व रशिया येथील नागरिकांना १८व्या वर्षी हा अधिकार मिळतो.

एकमेका सहाय्य कर। अवघे धरु सुपंथ।
सहकाराचा हात धरु। जीवनात उन्नती करु॥
सहकार सुखाचा मंत्र जपू। समाज प्रगती चला करु।
स्वप्नाला साकार करु। भारत देशा विजयी करु॥

मतदानाचा राष्ट्रीय हक्क न बजावणाऱ्या नागरिकांना नागरिकत्वाचे हक्क व शासकीय सवलती देणे बंद करावे. मतदानात दहशतवादाने अडथळे आणणाऱ्या व्यक्तींना कडक शिक्षेची तरतूद असावी त्यासाठी स्वतंत्र न्यायव्यवस्था असावी. ठराविक मुदतीत न्याय देण्याचे बंधन न्यायाधिकांवर असावे. मतदारांना प्रलोभन दाखविणाऱ्या पक्षांना वा व्यक्तींना व ती स्विकारणाऱ्या मतदारांसारखीच कडक शिक्षा असावी मतदानावर बहिष्कार ही सुद्धा एक नकारात्मक कालबाह्य चाल आहे. त्याचे सत्ताधाऱ्यांना काहीच सुख-दुःख नाही त्यामुळे आपल्याला नको असलेले सरकार मिळण्याची शक्यता आहे व शिक्षा मतदारांनाच मिळणार.

मतदार राजा जागृत हो आपला विवेक विकू नको, गहाण टाकू नको, प्रलोभनाना बळी पडू नको. राष्ट्रीय कर्तव्याचा हक्काचा सदुपयोग कर. शस्त्र तुझ्या हाती आहे. त्याचे सदुपयोग करायचा की दुरुपयोग हे तू ठरवायचे आहे. त्यावरच यशस्वी लोकशाहीचे व निवडणुकीचे भवितव्य अवलंबून आहे. मला काय त्याचे? आम्ही काय करणार? सर्वच राजकीय पक्ष चोर आहेत असे म्हणून मतदार आपापली जबाबदारी झटकू शकणार नाही. त्याची फळे सर्व जनतेला व देशाला भोगावी लागतील. याचा विचार व त्याला अनुरूप आचरण करण्याचा निर्धार करून निःस्वार्थी, प्रखर राष्ट्रवादी संघटित शिस्तबद्ध, राजकीय, राष्ट्रीय पक्षाच्या कार्यक्षम भ्रष्टाचार मुक्त उमेदवारांना मत देण्याचा निर्धार कर. सत्तेचा लिलाव बाजार रोखू. या. संधीसाधूंना धडा शिकवू या. निवडणूक शापमुक्त करून वरदानात परिवर्तन करू या. सत्ता कुणाच्या हाती द्यायची ते पक्षांनी नाही मतदाराने ठरवायचे आहे. या गतिमान भारताला बलवान बनवू या. जगातील तिसरी शक्ती बनवण्याचे स्वप्न साकार करू या!

जय हिंद। जय भारत।
लोकशाहीचा विजय असो॥
मतदार राजाचा विजय असो।
भारत माता की जय॥

– स्वप्ना चिंचधरकर
तृतीय वर्ष, कला शाखा

निसर्गाचे आणि मानवाचे एक अतूट नाते आहे. निसर्गाने जे जे मानवाला दिले त्यात भर घालून म्हणजेच संशोधन करून मानवाने विविध सिद्धांत मांडले. मानवाने विविधतेचे ज्ञान निसर्गाकडून मिळविले. पृथ्वी, आप, तेज, वायू, अकाश या पंचमहाभूतांनी मानवाला समृद्ध केले. त्याचे ऋण फेडण्याकरिता प्राचीन काळापासून आपल्याकडे विविध सण साजरे केले जातात.

निसर्गाशी एकरूप होताना आपल्या संतानी, कवी-कवयित्री यांनी अभंगाद्वारे, काव्याद्वारे निसर्गाबद्दलची कृतज्ञता व्यक्त केली आहे.

जसे संत कवी तुकाराम म्हणता, 'वृक्षवल्ली आम्हां सोयरे वनचरी॥'

संत कवी सावता माळी म्हणतात, 'कांदा मुळा भाजी, अवधी विठाई माझी॥'

समर्थ रामदासस्वामी म्हणतात, 'धन धान्याचे संचित। करणे लागे अवचित। नाना पशु ते पाळावी। नाना कृत्ये सांभाळावी॥'

शेतात काम करणाऱ्या शेतकरी कुटुंबातील बहिणाबाई चौधरी हिरव्या रानाकडे पाहून म्हणतात, 'टाळ्या वाजविते पानं, दंग देवाचाया भजनी.'

तर या पलीकडे जाऊन ज्ञानदेवांनी आपल्याला 'पसायदानातून' विश्वाचे महत्त्व पटवून दिले. पण दिवस पालटले. मानवाने स्वतःच्या स्वार्थाकरिता निसर्गाची विटंबना सुरु केली. नवनवे शोध लावताना औद्योगिक क्रांतीच्या बिरुदाखाली मानव निसर्गापासून दूर जाऊ लागला. त्याने हिरवळीच्या सृष्टीला नष्ट करून सिमेंटची जंगले निर्माण करण्यास सुरुवात केली. मानवाला असे वाटते की, आपण निसर्गावर मात करून विजय मिळविला. यातूनच त्याचा भ्रम सुरु झाला आणि तो निसर्गाला गृहित धरू लागला. निसर्ग नियमांचे पालन न करता त्याच्यावर कुरघोडी करावयास सुरुवात केली. या सर्व यातना निसर्ग शांतपणे सहन करतोय. निसर्गाला ज्ञात आहे की, आपल्यावर संपूर्ण पर्यावरण अवलंबून आहे व पर्यावरणावर मानवी जीवन. मानवाने आपल्या सर्व मर्यादा ओलाडल्या आहेत, हे निसर्ग पुरता

जाणून आहे. निसर्ग आज देखील आपले नियम, मर्यादा जाणून आहे. पण माणसाचे काय?

निसर्ग प्रतिमांतून निसर्ग आपल्याला खूप काही सांगून जातो. सूर्योदयातून रोज नव-नवीन शिकायला मिळते. सकाळ म्हणजे नवनिर्मिती. संध्याकाळ म्हणजे दिवसभराचे घडलेले, मावळतीला सोडून द्यायचे, उंच उंच डोंगर आकाशाला गवसणी घालून हेच सांगू इच्छितात, 'असाच माझ्या सारखा ताठ उभा राहून येणाऱ्या संकटांना सामोरे जा.' वारा सांगून जातो, 'कितीही चांगले वाईट विचार आले तर त्यांना माझ्यासारखे गतिशील कर, आणि सोडून हे माझ्यात.'

'ऊन, पाऊस, थंडी या तीन ही ऋतूमध्ये मी स्थिर असतो, तसा हे मानवा तू स्थिर हो.' असे देखील निसर्ग सांगून जातो.

वास्तवात मात्र या उलट असे चित्र दिसते 'मानव जपतोय का या सौंदर्याला?'

उत्तर मात्र एकच आहे, 'नाही'. मानवाने सर्व मर्यादांच्या पलीकडे जाऊन औद्योगिकरणाच्या नावाखाली सृष्टीचा नाश करण्याचा सपाटा लावला आहे. निसर्गाने आज देखील आपली 'देण्याची वृत्ती' कधीच सोडली नाही, पण मानव मात्र निसर्गाला ओरबडत आहे. या सर्वांचाच परिणाम म्हणजे प्राणीहत्या, सुनामी, वादळे, पूर या निसर्गाच्या रौद्ररुपाला आता मानवाला सामोरे जावे लागत आहे. या सर्व समस्यांना आपणच जबाबदार आहोत एवढे जर मानवाला उमगले तर.. निसर्गाशी मैत्री केली तर... म्हणूनच मला विंदा करंदीकरांची कविता मानवाच्या वृत्तीकरिता आठवते-

'उसळलेल्या दर्याकडून-पिसाळलेली आयाळ घ्यावी,
भरलेल्याशा भीमेकडून तुकोबाची माळ घ्यावी,
देणाऱ्याने देत जावे, घेणाऱ्याने घेत जावे,
देता-देता एक दिवस देणाऱ्याचे हात घ्यावे.'

असंच काही मानव निसर्गाबरोबर करत आहे.



- प्रा. नेहा भोसले
मराठी विभाग

भारतीय तत्त्वज्ञानानुसार अस्तित्वाच्या त्रिकोणाच्या पायाच्या एका टोकाला पायाभूत सुविधा व समृद्धी देणारी लक्ष्मी, दुसऱ्या टोकाला शक्ती देणारी व संरक्षण देणारी महाकाली, दुर्गा आणि त्रिकोणाच्या शिरोबिंदूमध्ये ज्ञान, कल्पना देणारी महासरस्वती असते. अशा प्रकारे या तीन शक्तींना महाकाली, महालक्ष्मी, महासरस्वती असे स्थान दिलेले आहे. पूजा जरी पुरुष दैवताची केली जात असली तरी चर्चा होते ती त्यांच्या शक्तीची त्यांच्यात असलेल्या स्त्री शक्तीची.

स्त्री आणि पुरुष यांच्यात केवळ शरीरभेद नाही तर स्त्री अधिक संवेदनशील, श्रद्धावंत आहे. तिला देवत्वाचे अस्तित्व अधिक जाणवते पुरुषाचे लक्ष्य मात्र भौतिकतेकडे, जडत्वावर अधिकार गाजविण्याकडे अधिक असते.

तसं पाहता समाजातील स्वतःचे न्यायस्थान जगभरात कुठेही भारतातील महिलांना पुरुषांप्रमाणे उक्ते मिळाले नाही. गेल्या शतकात त्यांना कराव्या लागलेल्या संघर्षाच्या आणि त्यातून महिलांनी साधलेली प्रगतीचा थोडक्यात प्रवास १९५० मध्ये प्रेम माथुर यांना भारतातील पहिल्या व्यावसायिक महिला वैमानिक होण्याचा मान, १९५२च्या ऑलिंपिक स्पर्धांमध्ये पुरुष व महिलांना एका खेळण्याची संधी, भारत देशाच्या पहिल्या महिला पंतप्रधान इंदिरा गांधी, सुचेता कपलानी यांना भारतातील पहिल्या मुख्यमंत्री होण्याचा मान भारतीय पोलीस सेवेत अधिकारी पदावर किरण बेदी यांची निवड पोलीस सेवेत अधिकारी पदावर दाखल झालेल्या पहिल्या महिला, मदर तेरेसा यांना शांततेचा नोबेल पुरस्कार जाहिर, भारतीय सैन्य दलात महिलांचा प्रवेश, भारताच्या राष्ट्रपती पदी महिलेची निवड प्रतिभाताई पाटील, गानसम्राज्ञी लता मंगेशकर यांना भारतरत्न किताब, भारतात स्थानिक स्वराज्य संस्थांमध्ये महिलांना ५०% आरक्षण. स्त्री ही त्याग, नम्रता, श्रद्धा व सुजाणपणा यांची मूर्ती आहे. ती कोणत्याच बाबतीत कमी नाही पारंपारिकरित्या पुरुषांची समजली जाणारी क्षेत्रे महिला काबीज करत आहेत. झाशीची राणी लक्ष्मीबाई, ताराबाई शिंदे, सावित्रीबाई फुले यांच्या पावलावर पाऊल ठेवून मीरा

बोरवणकर, सुनिता विल्यमस, अंजु जॉर्ज, कल्पना चावला, सानिया मिर्झा या महिला आपापल्या क्षेत्रात कर्तृत्व गाजवत आहेत. तसेच पोलीस, लष्करी दल याबरोबर, रिक्षा, ट्रक चालविणे, पेट्रोलपंपावर पेट्रोल भरण्याचे काम करणे, बस कंडक्टर, पत्रकारिता, फायरब्रिगेड ही क्षेत्रे सुद्धा महिलानी काबीज केली आहेत.

तसेच स्वतःच्या पायावर उभी राहिलेली स्त्री आता पुरुषांच्या खांद्याला खांदा लावून काम करू लागली आहे. याच काळात स्त्री आपल्या अधिकाराविषयी रस्त्यावर येऊन भांडतानाही दिसत आहेत. तसेच कुटुंबात व समाजात स्त्रियांना सामोऱ्या जाव्या लागणाऱ्या ज्वलंत प्रश्नांचा किंवा समस्यांना तोंड देताना दिसून येतात तसेच त्यांना आपल्या कुटुंबाची आर्थिक गरज भागविण्यासाठी नोकरीसाठी घरातून बाहेर पडावेच लागते. तसेच नोकरी-व्यवसायाच्या निमित्ताने घराबाहेर पडलेल्या स्त्रीचे अनेक प्रश्न व समस्या असतात व त्यांना अशाप्रकारे समस्यांना तोंड देऊन नोकरी करावी लागते.

स्त्रीची प्रतिष्ठा फक्त वीर पत्नी अथवा वीर माता होण्यात नाही, तर वीर स्त्री होणारी आहे. आधुनिक जगातील या व असंख्य हिरकणीनी आयुष्याचा पर्वत जिद्द आणि संघर्षमय लढा देऊन चढला आहे. त्यांच्या या संघर्षामुळेच कित्येक आयुष्य उभी राहिली आहेत. त्यांच्या या संघर्षातूनच त्यांच्या उद्याच्या आयुष्याची पहाट उगवणार आहे.

शेवटी मी एवढेच सांगेन की मुलीनो, हे शतक तुमचे आहे. संधी गमावू नका. पुढे या आणि तुमची सकारात्मकता, मौलिकता जगाला दाखवा. स्वतःला सिद्ध करून जगाला पटवून द्या!

“हम से है जमाना सारा हम जमाने से कम नहीं,
Girs The Best जानलो बात ये मानलो”

— प्रणाली मडवी
तृतीय वर्ष, कला शाखा
(समाजशास्त्र)

‘वृक्षारोपण’

‘वृक्ष’ आपले जीवनसाथी आहेत. पण याची जाणीव खरचं या मानवाला झाली आहे का? जर झाली असती तर एवढी वृक्षतोड या मानवाने केलीच नसती. आज वृक्षतोडीमुळे मोठ-मोठी जंगले नष्ट होत आहेत. याला जबाबदार हा मानवच आहे ना!

‘कावळा म्हणतो काव-काव
माणसा-माणसा झाड लाव.

खरचं आज वृक्ष तोडण्याची नाही तर हजारो वृक्ष लावण्याची गरज आहे. याची जाणीव आता पक्ष्यांना ही होऊ लागली आहे. मग हीच जाणीव आपल्या मानवजातीला कधी होणार. प्राचीन काळापासून मानव आणि निसर्गाचा फार घनिष्ठ संबंध आहे. अन्न, वस्त्र, निवारा या समस्या वनामुळेच दूर झाल्या. वृक्षापासून गोड फळे मिळाली. लाकडे आणि पाने यापासून घराचे छप्पर बनविले. प्राचीन काळातील साहित्य पण ताडपत्रावर लिहिले गेले. निसर्गाची सर्वश्रेष्ठ देणगी म्हणजे वने. वनांच्या हिरवळीशिवाय मानवी जीवनाची कल्पना करणे व्यर्थ आहे. जन्मापासून मृत्युपर्यंत लाकडे त्यांच्या कामी येतात. बालपणी लाकडी पाळण्यात झोके घेणे, म्हातारपणी काठीचा आधार घेऊन चालणे. आयुष्य संपल्यावर याच लाकडाच्या चितेवर झोपणे. हीच मन्युष्याची अंतिम गती आहे. म्हणजे असे म्हणता येईल -

‘वृक्षाविना माणूस नाही
माणसाविना वृक्ष नाही’.

वृक्षापासून आपल्याला प्राणवायू मिळतो. वृक्ष स्वतः उन्हात राहून आपणास सावली देतात. जोपर्यंत हिरवे असतात तोपर्यंत आपणास फळे, भाज्या देतात. याच वृक्षांची हिरवी पाने, फळे खाऊन गाई, म्हशी, शेळ्या आपणास दूध देतात. ज्यांतून आपणास प्रथिने मिळतात. हिच वने पृथ्वीला नापीक होण्यापासून वाचवितात. भ-क्षरण आणि पर्वत सखलन होऊ देत नाहीत. आपल्या हिरवेगारपणामुळे पर्यटकांना आपल्याकडे आकर्षित करतात आणि देशाच्या आर्थिक प्रगतीस हातभार लावतात. वनांपासून आपण कागद, लाख, डिक, खेळणी, प्लायवूड, फर्निचर, खिडक्या बनवितो. रबर, काथ जंगलातून मिळतात. या सर्व गोष्टींचा सारा-सार विचार केल्यास ‘वृक्षारोपणाचे महत्त्व’ नक्कीच लक्षात यायला पाहिजे. भारतात

जशी देवाची पूजा करतात. तशीच वृक्षांना ही देव मानून त्यांचीही पूजा केली जाते. उदा. पिंपळ, वड, तुळस इ. या वृक्षांमध्ये देवाचा निवास असतो असे मानले जाते. म्हणूनच वृक्ष तोडणे हे पाप आहे. तर वृक्ष लावणे हे एक प्रकारचे पुण्य समजले जाते.

‘जिथे-जिथे असते हिरवे-हिरवे रान
तिथे-तिथे असते सुख-समृद्धिची शान
जिथे असते हिरवे रान
तिथे पक्षु-पक्ष्यांची उंचावेलली असते मान.

औषधासाठी पण वृक्षाचा उपयोग केला जातो, उदा. लिंबू, तुळस, आवळा, बेदडा आदींची साल आणि पाने यापासून औषधे तयार करतात. त्यांच्या सेवनामुळे रोग नष्ट होतात. प्राचीन भारतीय साहित्यात वृक्षारोपणाची अनेक उदाहरणे सापडतात. उदा. कालिदासाच्या ‘अभिज्ञान शाकुंतलम्’ नाटकातील नायिका वृक्ष लावते. शृंगारासाठी सुद्धा ती फुले तोडत नाही. अनेक दयाळू राजांनी रस्त्याच्या दोन्ही बाजूने डेरेदार वृक्ष लावले.

वाढत्या लोकसंख्येमुळे वने नष्ट झाली. त्या जागी उंच उंच इमारती झाल्या. शहरे, कारखान्यांनी संख्या वाढल्यामुळे प्रदूषण वाढले. त्यामुळे आता वेळेवर व भरपूर पाऊस पडत नाही. वन्य पशू नष्ट होत आहेत. जनावरांना अन्नाची कमतरता भासू लागली आहे. कित्येक ठिकाणी चाऱ्याविना जनावरे मृत्युमुखी पडले आहेत. त्यामुळे पर्यावरणाचा समतोल बिघडला. जो मानवी जीवन नष्ट करण्यास पुरेसा आहे. म्हणूनच लवकरात-लवकर वृक्ष लागवडीचे महत्त्व लोकांपर्यंत पोहचले पाहिजे. त्यासाठी जनजागृती करण्याची आज समाजाला गरज आहे.’ बिघडणारा हा पर्यावरणीय समतोल आपणच वृक्ष लागवड करून थांबवू शकतो.

रिकाम्या जागी वृक्षारोपण करून वने लावली पाहिजेत. प्रत्येक नागरिकाने एक झाड लावून वाढविणे हे आपले नैतिक कर्तव्य समजले पाहिजे. वने ही पृथ्वीला मिळालेली विनामूल्य अशी अमूल्य देणगी आहे. म्हणून आपली येणारी पिढी वाचविण्यासाठी वृक्षारोपण केलेच पाहिजे.

– रोहिणी लक्ष्मण जगदाळे
प्रथम वर्ष, कला शाखा

नोटा बोलू लागल्या तर !

भारतीय इतिहासात नोंद होईल अशी घटना दोन दिवसांपूर्वी देशात घडली. पंतप्रधान नरेंद्र मोदी यांनी ५०० व १,००० रुपयांच्या सध्या चलनात असलेल्या नोटा बंद होणार असल्याची घोषणा ८ नोव्हेंबर रोजी संध्याकाळी उशीरा केली आणि बघता बघता सगळीकडे एकच हाहाकार माजला. आज १० नोव्हेंबर रोजी देशातील बँका पुन्हा सुरु झाल्या व सकाळपासून पुन्हा आर्थिक गोंधळ सुरु झाला. देशभरात चालू असणाऱ्या या गोंधळात नव्या नोटांना काय वाटत असेल याचा कधी विचार केलाय का तुम्ही...? नाही ना, मग या नवीन नोटांमधील २,००० रुपयांच्या एका नोटेचं हे पहिलं वहिल मनोगत आहे.

माझं नाव दुहजारी... गेले अनेक दिवस आम्ही गठ्ठागठ्ठ्याने एकाच ठिकाणी बंदिस्त होतो. पण दोन दिवसांपासून अचानक आम्हा सगळ्यांना विभक्त करण्यात आलं आणि आता प्रत्येकाचा प्रवास वेगळ्या मार्गाने चालू झाला आहे. काहींच्या प्रवासांच अंतर कमी आहे, पण काहीना मैलांचा प्रवास गाठावा लागतोय. आमच्या पैकी बहुतांश नोटा काल संध्याकाळीच इच्छित स्थळी पोहचल्या असाव्यात. काल रात्री नवीन जागी असल्याने मला फारशी झोप पण लागली नाही आणि आज सकाळी लवकरच अचानक अनेक लोकांचा कलकलाट कानी ऐकू येऊ लागला.

साधारण वेगळ ८.३० ची वेळ होती. एका बंदिस्त खोलीत एका टेबलाभोवती पंचवीस-तीस जण बसून कशाचे तरी नियोजन करत होती. मला नंतर कळालं की, आपण कोणत्यातरी मोठ्या शहरातल्या एका नामांकित बँकेत आलो आहोत आणि पुढच्या काही काळातच हजारांच्या संख्येने येथे लोकांची गर्दी होणार आहे. या गर्दीच नियंत्रण करण्यासाठी, त्यांना योग्य सेवा देण्याबाबत या सर्वांची चर्चा चालू आहे. पण नेमक काय होणार आहे याची अजूनही स्पष्टता मला आली नव्हती...

आता साधारण १० वाजत आले होते. बँकेचं मुख्य प्रवेशद्वार उघडले गेलं आणि पाहते तर काय, बाहेर ही

भली मोठी रांग कोणाच्या तरी प्रतिक्षेत थांबली होती. मला काहीच समजेना कसलातरी कागद दिला. मग लगेचच त्या कागदावर काहीतरी लिहीण्याची गडबड त्या उपस्थितांमध्ये सुरु झाली. प्रत्येकाच्या चेहेऱ्यावर माझा नंबर कधी येणार याचीच उत्सुकता होती. त्याचबरोबर कोणत्यातरी गोष्टीबाबत त्यांच्या मनात अजूनही गोंधळ असल्याचे जाणवत होते.

माझ्या सहकारी मित्रांसोबत मला आता कॅशिरच्या अगदी नजरेसमोर म्हणजेच त्याच्या टेबलावर आणून बसवलं. बाहेर दूरवर पसरलेल्या रांगेतून पहिल्या क्रमांकावर असणारा मनुष्य कॅश काउंटरच्या खिडकीपाशी येऊन उभा राहिला. त्यांनी ५००च्या काही नोटासोबत कसला तरी कागद कॅशिरकडे दिला कॅशिरच्या उजव्या हातापासून मी दुसऱ्या गठ्ठ्यात अगदी वरच असल्यामुळे मला या गोष्टी जवळून समजू लागल्या. कॅशिर आणि त्या व्यक्तीमध्ये चर्चा सुरु झाली. वयस्कर असणारे ते काका कॅशिरला म्हणाले, नवीन नोट आली का हो? लवकर द्या बघायची आहे आम्हाला... त्याच बरोबर १०० नोटा द्या बाहेर व्यवहार करणे कठीण झालयं. मला पहाताच सगळे खूश झाले.

आता मला कळालेकी ऐवढे सगळे लोक आमच्या स्वागतासाठी उभे आहेत. बऱ्याच कालावधी नंतर माझा नंबर आला, एका तरुणाने मला हातात घेऊन म्हणाला, कसली मस्तही, लय भारी दिसतेय त्याने माझे गुलाबी सुंदर रंग रुप पाहून त्याच्या चेहेऱ्यावर स्मित हास्य आले. याचा प्रथमच प्रत्यय आज मला झाला. त्यानंतर मी त्या तरुणाच्या पाकीटात बसून राहिले. आता पुढचा प्रवास कसा असेल तो मला माहिती नाही. मला माझे सोबती परत भेटतील की नाही हे माहित नाही... पण एकंदरीतच नव्या युगाचा हा नवा प्रवास अफलातून आनंदायी असेल अशी मी आशा करते!

— स्वाती सतिश शर्मा
तृतीय वर्ष, कला शाखा

तारुण्य ही आपल्या जीवनातील सर्वात महत्त्वाची अवस्था. सळसळते रक्त, आकाशाला गवसणी घालण्याची तयारी, मोठमोठी स्वप्ने पाहणे आणि त्यासाठी वाटेल ते करण्याची तयारी असणे ही तारुण्याची लक्षणे होत. ज्यांनी ज्यांनी आयुष्यात मोठमोठी स्वप्ने पाहिली आणि त्यासाठी जिवापाड मेहनत घेतली. ती माणसे जगात थोर ठरली आहेत. आपल्या आयुष्याला आकार देण्याचा हा काळ. या काळात आपण जे जे करतो, त्यावरून आपले भविष्य काय असेल हे ठरते. अशा स्थितीत युवा पिढी दिवसेंदिवस व्यसनाधीन होताना पाहिले की, जीव गलबलतो. का घडते हे असे?

अनेकदा रेव पार्टीवर पोलीस छापा घालतात. त्यात सुमारे दोनशे तरी युवक त्या पार्टीत सहभागी असतात. अठरापासून अठ्ठावीसपर्यंत त्यांचं वय असते. मद्य, मदिराक्षी याबरोबर ब्राऊन शुगर, कोकेन, ड्रग्ज, गांजा आणि कित्येक अमली पदार्थांचा समावेश होतो. त्यामुळे साध्या पोशाखातील पोलिसांनी सहभाग घेतला तरी तरुणांना त्यांना ओळखलेले नसते, इतके ते नशेत तर झालेले असतात. युवा पिढी अशा प्रकारे व्यसनाधीन झालेली पाहिली की, मन कसे अस्वस्थ होते.

आजचे युग हे उपभोगवादी आहे. विद्यार्थी ही त्याला अपवाद नाहीत. कष्टाऐवजी ऐषारामी जीवन त्यांना आवडते. जे हवे ते लगेच मिळावे अशी त्यांची भावना असते. मग संयम हा त्यांच्यापासून शेकडो मैल दूर राहतो. पूर्वी विद्यार्थीदशेत सुपारी वर्ज्य होती. त्यामुळे ज्ञानग्रहणावर परिणाम होतो, अशी भावना होती. मग तंबाखू वगैरे गोष्टी तर दूरच आज काय आढळते? गुटख्याची रिकामी पाकीटे कॉलेजच्या, शाळेच्या आवारात पडलेली असतात.

तंबाखू खाणारे विद्यार्थी बिडी, सिगारेटकडे केव्हा वळतात. हे त्यांना कळतच नाही. सिगारेट ओढणे हे युवकांच्या मैफिलीतील एक शिष्टाचार होऊन बसतो. मग केव्हातरी एकच सिगारेट सर्व मित्रांच्या मुखातून फिरत राहते.

ते त्यांच्यातील प्रेमाचे, आपलेपणाचं प्रतिक बनते. या युवकांना धुम्रपानातील सर्व धोके माहित असतात, पण तरीही काहीतरी भ्रामक समजतीतून ते अशा व्यसनाना जवळ करतात. कुठल्यातरी बॅचलर्स पार्टीतील पहिला मद्याचा ग्लास

त्यांना त्या व्यसनात केव्हा बुडवून टाकतो, हे त्यांनाही उमगत नाही.

व्यसनात अडकलेला तरुण प्रथम आपल्या शरीराची नासाडी करून घेतो. कर्तबगार माणसेही आपली कर्तबगारी गमावून बसतात. यात अशा व्यक्तीचे वैयक्तिक नुकसान होतेच, पण देशाचे ही फार मोठे नुकसान होते. व्यक्तींची मिळून जी कर्तबगारी असते ती देशाची कर्तबगारी होय. कर्तबगारी हरवून बसलेला देश कधीही प्रगत होऊ शकत नाही. असा देश गुलामीच्या मार्गाने जायला कितीसा वेळ लागणार? युवक समर्थ असतील, तरच देश समर्थ बनेल. म्हणून या देशातून व्यसने हद्दपार केली पाहिजेत.

ह्याचबरोबर व्यसन मुक्ती सुद्धा होईल आणि आताच्या तरुण पिढीला खऱ्या प्रकारे तारुण्य कशाप्रकारे जगाव हे उमजेलं. आणि आयुष्यात तारुण्याचा आनंद घेता येईल.

— हर्षदा अशोक कदम
बारावी, कला शाखा



आयुष्य

हारणारे नेहमीच हारत नाहीत...
जिंकणारे नेहमीच जिंकत नाहीत...
हारणारेही कधीकधी असे उडतात,
की पुन्हा जमिनीवर उतरत नाहीत...
आणि जिंकणारे कधीकधी असे आपटतात,
की उडायचे पुन्हा स्वप्नही पाहत नाहीत...
वेळ बदलते...
माणसं बदलतात पण आयुष्य
कुणासाठीही थांबत नाही...
बदल हेच आयुष्य असते हे बऱ्याच
जणांना शेवटपर्यंत कळत नाही...

— हर्षदा अशोक कदम
बारावी, कला शाखा

Challenge and problem of regional language "Higher Education"

शिक्षण म्हणजे आत्मविष्कार, शिक्षण म्हणजे आत्मसाक्षात्कार, शिक्षण म्हणजे विद्या, शिक्षण म्हणजे मानवी जीवनाचा गाभा होय. शिक्षण म्हणजे उपदेश करणे, शिस्त लावणे, वळण लावणे, मार्गदर्शन करणे होय, कंजुष सावकार म्हणजे पैशाचा हिशोब करणे, जमाखर्च ठेवणे, खरे शिक्षण तर कामगार म्हणेल दोन वेळेची पोटाची भूक भागवता येईल असे काम करता येणे म्हणजे शिक्षण होय. शिक्षण ग्रहणाची माध्यमे सूचन, सहानुभूती अनुकरण ही आहेत. शिक्षण प्रक्रियेत प्रमुख दोन घटक अत्यंत आवश्यक आहेत ते म्हणजे अनुवंश, परिसर-सभोवतालचे वातावरण हे आहेत.

“मातेव रक्षपि, पितेव हित निशुकते।
कांतेव चापि रमयत्यपनीय खेदम्।
लक्ष्मी तनोति वितनोति च दिशू कीर्तिम्।
किं किं न साधयंति कल्पलतेव विद्या॥”

वरील श्लोकातून हे समजते केवळ व्यक्तीलाच या शिक्षणाचा फायदा होतो असे नाही तर व्यक्तींनी मिळून बनलेल्या समाजाचा, देशाचाही कायापालट करण्याचे सामर्थ्य अद्भूत शक्ती या विद्येमध्ये, शिक्षणामध्ये आहे. आज प्रगतीशील देशाचे रहस्य शोधू म्हटले तर शिक्षणाशिवाय हाती काहीही लागणार नाही. शिक्षणातून सकल, उत्पादक, कुशल कारागीर, तंत्रज्ञ, वैज्ञानिक निर्माण होतील जे जादूच्या कांडीप्रमाणे देशाचा आर्थिक विकास घडवून आणतील.

शिक्षणाची सर्वसामान्य उद्दिष्टे

“ध्येय म्हणजे शिक्षणप्रक्रियेचा महत्वाचा कणा आहे. याचा अर्थ ध्येय म्हणजे अंत किंवा शेवट नाही तर ते एक साधन आहे. मानवी जीवनात स्पर्श करणाऱ्या सर्व अंगावर शिक्षणाचा प्रभाव आहे. आपण चार भाग पाहू शकतो.

- १) ज्ञानात्मक उद्दिष्टे
- २) व्यवसायात्मक उद्दिष्टे
- ३) चारित्र्यनिर्मितीवर उद्दिष्टे
- ४) सांस्कृतिक उद्दिष्टे

देशाविषयीचा सार्थ अभिमान देशप्रेम शिक्षणातूनच नवीन

पिढीमध्ये आपण रूजवू शकतो. माणूस हा प्रत्येक गोष्टीमधून शिकत असतो, अगदी जन्मापासून ते मरणापर्यंत काहीना काही शिकत असतो. आज आपण अनेक माध्यमातून शिक्षण घेत असतो जे की, पहिली ते दहावीपर्यंत शाळा ही औपचारिक संस्थेतून शिक्षण घेत असते तर पुढील शिक्षण महाविद्यालय, विद्यापीठातून घेत असते. शाळा, महाविद्यालय ही आयुष्यातील महत्त्वाची अशी टर्निंग पॉइंट असतात यातून आपल्या गुणाचा व सृजनशीलतेचा विकास होत असतो.

महाविद्यालयात/उच्च शिक्षण : माध्यमिक स्तरावरील शिक्षण पूर्ण केल्यानंतर ही पातळी गाठता येते. उच्च किंवा महाविद्यालयीन शिक्षण ही शिक्षण प्रक्रियेच्या टोकावरील (अत्युच्च) अवस्था असून आज भारतात १५० विद्यापीठे आहेत व सुमारे ५,००० महाविद्यालये या शिक्षण प्रक्रियेत कार्यान्वित आहेत.

सामान्यतः उच्च माध्यमिक शिक्षणानंतरची पायरी म्हणजेच विद्यापीठीय शिक्षणाची अवस्था असते.

विद्यापीठीय शिक्षणाची उद्दिष्टे

- १) उच्च दर्जाची आणि सातत्याने ज्ञानसाधना करणे
- २) विविध क्षेत्रांसाठी समाज विकासा योग्य शिक्षण देणे
- ३) देशाला सामर्थ्य आणि निःस्वार्थी नेतृत्व प्राप्त करून देणे.
- ४) मानवी जीवनमूल्यांची निर्मिती व जोपासना करणे.
- ५) राष्ट्राच्या वर्तमान आणि भविष्यकालीन गरजा लक्षात घेऊन विविध उपक्रमांचे ज्ञान देणे.

पदव्युत्तर शिक्षण: उच्च शिक्षणातील अभ्यासक्रमांच्या पूर्ततेनंतर व्यक्तीला इच्छा, आवड आणि भविष्यकालीन उपयोगाच्या दृष्टीने जे शिक्षण घेता येते त्याचा उल्लेख पदव्युत्तर शिक्षण म्हणून करता येईल.

मुक्त विद्यापीठांमुळे मात्र बऱ्याच व्यक्तींना उच्च शिक्षणाची संधी उपलब्ध झालेली दिसते स्वातंत्र्योत्तर कालखंडात देशाच्या सर्वांगीण विकासाची जबाबदारी, नवीन राज्यकर्त्यांनी स्वीकारली सर्वप्रथम शिक्षणाचा सार्वत्रिक प्रचार करण्याचे धोरण अमलात आणले गेले इतकेच काय मागास वर्गीयांनी शिक्षणासाठी पुढे यावे यासाठी म्हणून खास सवलतीचे धोरण व राखीव जागांची तरतूद करण्यात आली.

विषयाबाबत सखोल ज्ञान प्राप्त करण्याची जिज्ञासा संशोधन करण्याची तयारी आणि बौद्धिक कुवत ज्या व्यक्तींमध्ये असते; अशा व्यक्ती या पातळीवर शिक्षण घेण्यास यशस्वी होतात. उदा.: M.Phil., Ph.D. इ. भारत सरकारतर्फे विविध ज्ञानशाखांच्या उच्चतम अभ्यासक्रमासाठी संशोधनासाठी विद्यापीठांना अनेक प्रकारे प्रोत्साहन दिले गेले आहे. विद्यार्थ्यांना प्रोत्साहनासाठी पारितोषिके, शिष्यवृत्त्या, प्रसंगी परदेशात जाऊन अभ्यास करण्यासाठी वित्तीय साहाय्यही उपलब्ध करून दिले जाते.

आज शिक्षण अनेक विभागातून घेतले जाते. अध्यापन (Activity Based) व्हावे यासाठी अनेक विविध उपक्रम राबविले जातात परंतु आज भारत सरकारच्या विज्ञान व तंत्रज्ञान (Department of Science and Technology) तर्फे अध्यापन, अध्ययन, दर्जेदार होण्यासाठी प्रयत्न D.S.T. च्या राजीव गांधी विज्ञान व तंत्रज्ञान फाऊंडेशन यांच्या तर्फे “शिक्षणपंढरी” या नावाने सुरु आहे. शिक्षणामुळे ज्ञानाची दार तर उघडी होतात व व्यक्ती म्हणून माणूस साक्षरता निर्माण होते.

आज विद्यापीठात किंवा उच्च महाविद्यालयात अनेक अभ्यासक्रम शिकविले जातात. वैज्ञानिक, वाणिज्य आणि कला शाखा काही व्यावसायिक अभ्यासक्रम शिकवले जातात परंतु महाविद्यालयीन विद्यार्थ्यांसमोर एक प्रश्न नेहमी उभा राहतो तो म्हणजे महाविद्यालयीन शिक्षण झाल्यावर पुढे काय हा प्रश्न निर्माण होतो? तर उच्च शिक्षण झाल्यानंतर कोणत्या संधी उपलब्ध होणार याचा विचार प्रत्येक विद्यार्थी करत असतो.

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आज शिक्षण अनेक भाषांमधून घेतले जाते. मराठी, हिंदी, गुजराती, तामिळ, इस्लामी, कन्नड, बंगाली, फ्रेंच, मल्यालम, तेलगू, जर्मनी, स्पॅनिश यासारख्या अनेक भाषेतून शिक्षण घेतले जाते परंतु सर्रासपणे इंग्रजी भाषेचा वापर केला जातो यामुळे मराठी सारख्या अन्य भाषांना देखील दुय्यम स्थान दिले जाते पण मुबईत किती लोक एकदम शुद्ध मराठी बोलतात याची तर संख्या कमी आहे? काही तरी एकदम हुशार असतात मराठी माणूस असून सुद्धा सर्रास पणे इतर भाषेत बोलत असतात. प्रत्येक राज्याची स्वतंत्र अशी बोली आहे. जसे की महाराष्ट्राची मराठी, उत्तर भारतीयांची हिंदी, गुजरातीची - गुजराती भाषा अशा अनेक भाषांचा समावेश होतो.

व्यावसायिक शिक्षणपद्धतीबाबत आजही अनेक मतभेद आहेत. याचे कारण म्हणजे तिच्यातील अद्यावतपणाचा

अभाव. यामुळे अभ्यासकीय शिक्षण घेण्यास व नवीन संधी उपलब्ध होण्यास अडथळे निर्माण होतात. आर्थिक विषमता, नाना प्रकारच्या सामाजिक उतरंडी, जातवास्तव आणि पुढील पिढीच्या भवितव्याबाबतच साशंकता या पायावर आजचे वास्तव उभे आहे. उपक्रमांच्या जोडीने त्यावर चिंतन विचार आणि संवाद आवश्यक असतो.

आत प्रांतीय भाषेत शिक्षण मोठ्या प्रमाणावर घेतले जाते. परंतु हे सर्व शैक्षणिक अभ्यासक्रम जर मराठीतून झाले तर? त्यातून अनेक व्यवसायिक, तसेच डॉक्टर, इंजिनियर उदयास येऊ शकतात. आजच्या काळा इंग्रजी बोलणे व लिहिता येणे ही काळाची गरज आहे असे म्हटले जाते परंतु तेच शिक्षण तोच अभ्यासक्रम जर मराठीतून करण्यास सुरुवात झाली तर प्रथमता ते जड जाईल पण कालांतराने अंगवळणी पडेल यात मात्र काही शंका नाही.

भारतातील प्रमुख २२ भाषांपैकी मराठी एक आहे. महाराष्ट्र, गोवा ह्या राज्याची मराठी ही अधिकृत भाषा आहे. मातृभाषा असणाऱ्या लोकसंख्येनुसार मराठी ही भाषा जगातील पंधरावी व भारतातील चौथी भाषा आहे. परंतु भाषेचा संकर आज मोठ्या प्रमाणात घडून येतो. त्याचबरोबर आपली भाषा समृद्ध करायची तिचा वापर-प्रचार करायचा आणि चिरंतनत्व अबाधित राखायचे हे सुद्धा मोठे आव्हान आहे.

वाढदिवसाला, शुभकार्याला अभिनंदन करताना भेटवस्तू देण्याची प्रथा आता चांगलीच रूजली आहे. अशा वेळी ही भेटवस्तू म्हणून सर्वोत्तम मराठी पुस्तके, काव्यसंग्रह, नाट्याकृती यांचा विचार करायला हवा. जर मराठी पुस्तके दिली तर? बँका, विमा, कंपन्या एवढेच काय जर आपली स्वाक्षरी मराठीतून केली तर?

यातून मराठी भाषेला विशेष अनेक महत्त्व प्राप्त होऊ शकते व मराठीच्या विकासाला चालना मिळू शकते.

फादर स्टीफन्स नावाचा धर्मगुरू १५८० मध्ये गोव्यात आला होता. त्याने बायबलचे भाषांतर मराठीत केले ते असे की

“जैसी पुस्या माजि पुस्प मोगरी कि

परिमळा माजि कस्तुरी

तैसी भासां माजि साजिरी मराठीया”.

– मिताली मधुकर गुरव

द्वितीय वर्ष

कला शाखा



प्रांतीय भाषेचा उच्चशिक्षणातील स्तर

“घे उंच भरारी पाखरा, सामर्थ्य भरले तुझिया पंखात।
झेप घेता, न हो घाबरा, जरी आकाश असे अमर्याद॥”

व्यक्तीला स्वावलंबी व निःस्वार्थी बनवते ते शिक्षण. माध्यमिक स्तरावरील शिक्षण पूर्ण केल्यानंतर व्यक्तीला उच्चशिक्षणाची पातळी गाठता येते. हे उच्चशिक्षण विविध क्षेत्रात घेतले जाते. उदा.: डॉक्टर, इंजिनिअर यासारख्या बऱ्याच क्षेत्रामध्ये उच्चशिक्षणासाठी इंग्रजी भाषेचे माध्यम वापरले जाते. भारतात आजही विविध भाषिक कुटुंब आहेत. जे केवळ प्रांतीय भाषाच वापरतात. त्यांना प्रांतीय भाषांशिवाय इतर भाषांचे ज्ञान नसते. त्यामुळे अशा वेळेस उच्चशिक्षण घेण्यासाठी प्रांतीय भाषेचाच वापर केला जावा असे अनेकांना वाटते. परंतु सद्यःस्थितीमध्ये कळत नकळतपणे इंग्रजी भाषेचाच उच्चशिक्षणाचे माध्यम म्हणून वापर केला जातो आणि ते लोकांनी मान्यही केले आहे.

आपण महाराष्ट्रात वास्तव्य करतो. महाराष्ट्राची प्रादेशिक/प्रांतीय भाषा मराठी आहे. उच्चशिक्षणामधील आपल्या प्रांतीय भाषेचा, मराठीचा स्तर नक्की कसा आहे ते जाणून घेऊ.

“लाभले आम्हास भाग्य बोलतो मराठी।
जाहलो खरेच धन्य ऐकतो मराठी॥
धर्म, पंथ, जात एक जाणतो मराठी।
एवढ्या जगात माय मानतो मराठी॥”

अशा रीतीने मराठी भाषेचे कौतुक गायले जाते. मराठी ही जगातील पंधरावी व भारतातील चौथी भाषा आहे. मराठी भाषा बोलणाऱ्यांची एकूण लोकसंख्या ९,००,००,००० आहे. ही भाषा १९ व्या शतकापासून प्रचलित आहे. मनातील विचारांना व्यक्त करण्याचे साधन म्हणजे भाषा.

“माझ्या मराठीची गोडी, मला वाटते अवीट।
माझ्या मराठीचा छंद, मना नित्य मोहवीत॥”

वि. म. कुलकर्णी यांनी लिहिलेल्या या काव्यपंक्ती मनाला मोहवीत असतानाच मराठीच्या सद्यःस्थितीसंबंधी मनात अनेक प्रश्न निर्माण करतात.

राष्ट्रसंत तुकडोजी महाराज यांनी व्यवसाय शिक्षणाचे महत्त्व ग्रामगीतेत सांगितले आहे. तर विद्यार्थ्यांच्या जीवनात मातृभाषेचे अनन्यसाधारण महत्त्व असल्याचे गांधीजींनी सांगितले आहे. मातृभाषेतून भावनिक विकास तर होतोच. त्यासाठी एक विषय म्हणून मातृभाषेचे अभ्यासक्रमात स्थान असावेच पण त्याबरोबर शिक्षणाचे माध्यमही मातृभाषा असावे. विद्यार्थ्यांना त्यांच्या प्रांतीय भाषेतून मातृभाषेतून शिक्षण घेता येणे अत्यंत गरजेचे आहे.

आज जागतिकीकरणाच्या प्रक्रियेत जागतिक भाषा म्हणून इंग्रजी भाषेचे महत्त्व मान्य केले. संपर्क भाषा म्हणून हिंदी भाषेचे महत्त्व समजून घेतले तरी माणूस म्हणून घडण्याच्या प्रक्रियेत मातृभाषा मराठीचे स्थान अनन्यसाधारण आहे. हे आज सर्वमान्य झाले आहे. बालकाला अगर प्रौढाला त्याच्या मातृभाषेत शिक्षण देणे हे सर्वात जास्त फायदेशीर आहे.

जगातील बहुसंख्य राष्ट्रांवर ब्रिटिश सत्तेचा दीर्घकाळ अंमल असल्याने इंग्रजी हीच त्यांची राष्ट्रभाषा बनली. आज इंग्रजी ही जगात बहुतांशी मान्यता मिळालेली जागतिक स्तरावरच संदेशवहन, वैचारिक देवाण-घेवाणीचे प्रमुख माध्यम बनले आहे. अर्थात जपान, चीन, रशिया अशा काही राष्ट्रांतून इंग्रजी माध्यम शाळेसाठी न वापरता मातृभाषेतूनच सर्व शिक्षण दिले जाते. परंतु भारतात भाषांचे वर्गीकरण श्रेष्ठ-कनिष्ठ असे केले जाते. त्यामुळे सामाजिक प्रतिष्ठेचा प्रश्न शिक्षणाच्या माध्यमाबाबतही निर्माण झालेला दिसतो. मातृभाषा, प्रांतीय भाषा ही व्यक्तीला अधिक चांगल्या रीतीने रुचते. त्यामुळे चीन, जपान, यासारख्या देशात इंग्रजी भाषेतील शब्दांसाठी त्यांच्याच भाषेत प्रतिशब्द शोधून त्याचा वापर केला जातो. भारतात मात्र जे शब्द वापरले जातात. ते मूळ स्वरूपातीलच असतात. जर आपल्याही देशात इंग्रजी भाषेतील शब्दांसाठी प्रांतीय प्रतिशब्द शोधून त्याचा वापर उच्चशिक्षण घेण्यासाठी केला तर नक्कीच आपली मराठी भाषादेखील उच्चशिक्षण क्षेत्रामध्ये मानाचे स्थान प्राप्त करेल.

आपल्या महाराष्ट्राचे पहिले मुख्यमंत्री यशवंतराव चव्हाण यांनी असे प्रतिपादन केले होते की, मुलांना मातृभाषेतूनच शिक्षण द्यायला हवे. इंग्रजी भाषा हा केवळ विषय म्हणूनच अभ्यासला जावा. मातृभाषेपेक्षा श्रेष्ठ स्थान देऊन त्याला उच्चशिक्षणाचे माध्यम बनविता कामा नये. तसेच त्या काळात लो. टिळकांसारख्या स्वातंत्र्यप्रेमी सुधारणावादी विचारवंताने ‘मातृभाषा’ हेच सर्वोत्तम शिक्षण माध्यम मानून इंग्रजी भाषेचे वर्चस्व आपण झुगारून दिले पाहिजे असे आवाहन केले होते.

इंग्रजी ही जनसंपर्काची भाषा आहे. परंतु सत्य परिस्थिती पाहता इंग्रजीतून शिक्षण घेताना भारतीय विद्यार्थ्यांना अनेक अडचणी येतात. आतापर्यंत मातृभाषेतून शिक्षण घेतलेल्या विद्यार्थ्यांना किंवा ग्रामीण भागातून आलेल्यांना इंग्रजीतून उच्चशिक्षण घेणे फारच अवघड जाते. आशा वेळेस हुशार, तल्लख बुद्धिमत्ता असून देखील केवळ भाषे अभावी ही मुले आपली प्रगती करण्यात मागे पडतात. तसचे बालपणापासून घरामध्ये भारतीय वातावरण भाषा यामुळे इंग्रजी शिकणे कठीण जाजे. त्यामुळे जर उच्चशिक्षण घेण्यासाठी त्या त्या प्रांतीय भाषांचे उपयोग केला तर नक्कीच अशा अनेक मुला-मुलींना आपापल्या भाषेतून शिक्षण घेता येईल उच्चशिक्षण जरी प्रांतीय भाषेतून घेतले तरी त्यासाठी त्यांना रोजगारही उपलब्ध होणे खूप गरजेचे आणि महत्वाचे आहे. असे झाले तरच अनेकजण अशिक्षितपणा आणि बेरोजगारी यातून मुक्त होतील. उच्चशिक्षणासाठी जर महाराष्ट्रात प्रांतीय भाषा वापरली तर आपल्या मराठी भाषेचा, प्रांतीय भाषेचा स्तर नक्कीच उंचावेल अशी आशा आहे.

त्यामुळे कवी-माधव ज्युलियन यांच्या शब्दांत सांगायचे तर,

“मराठी असे आमुची मायबोली,
जरी आज ही राजभाषा नसे,
नसे आज ऐश्वर्य या माऊलीला,
यशाची पुढे दिव्य आशा असे...”

—सपना भानुसाद जाधव
तृतीय वर्ष
कला शाखा

पुस्तकाची पाने पालटताना
एक विचार मनात येतो
आयुष्याची पाने अशीच पलटली
तर ‘क्या बात है’!

स्वप्नात अनेक गोष्टी पूर्ण होतात
खऱ्या आयुष्यात पूर्ण झाल्या
तर ‘क्या बात है’!

काही लोक स्वार्थासाठी शोधतात मला
निस्वार्थपणे कुणी शोधतं आले
तर ‘क्या बात है’!

मन मारून काळीज कुणीही घेऊन जाईल
पण मन जिंकून काळीज नेणारा भेटला
तर ‘क्या बात है’!

सोबत असे पर्यंत सर्वांना मी हसवत ठेवीन
मी गेल्यानंतरही ते हसत राहिले
तर ‘क्या बात है’!

—नयना राजाराम डिचोलकर
प्रथम वर्ष
कला शाखा



जो फक्त वर्षाचा विचार करतो, तो धान्य पेरतो.
जो दहा वर्षाचा विचार करतो, तो झाडे लावतो.
जो आयुष्यभराचा विचार करतो, तो माणूस जोडतो.
आणि जी माणसं जोडतात, तीच आयुष्यात यशस्वी होतात.

प्रत्येकाला एक आभाळ असावं,
कधी वाटलं तर भरारण्यासाठी
प्रत्येकाला एक घरटं असावं,
संध्याकाळी परतण्यासाठी.

मैत्रीण

चांगल्या मैत्रीणी मिळायला फार
मोठं भाग्य लागतं
तसंच भाग्य लाभलं असं मला
वाटत असतं
मैत्रीणी अनेक असतात, पण काही
मोजक्याच जीवनात येऊन जातात.
चांगल्या क्षणाची सांगडसुद्धा त्याच घालून जातात
भांडण झालं की थोडा वेळ
त्यांच्यावर रूसायचं असत
प्रयत्न केला दूर जायचा तरी
त्यांच्याच जवळ रडायचं असतं
एकमेकांचे अश्रू झेलून हसत पुढे जायचं असतं
कोणाशी काही बिनसलं तेव्हाच
मैत्रीचं खरं रूप पाहायचं असतं
संकटकाळी एकमेकांचा हात घट्ट
धरून चालायचं असतं
एखादं पाऊल डगमगलं तर ते
पुन्हा वाटेवर आणायचं असतं
विश्वास ज्याच्यावर टाकला
त्याच्याशी प्रामाणिक रहायचं असतं
ज्याच्याबरोबर हे घडत असतं
त्याला फक्त मैत्री आणि मैत्री हेच
नाव द्यायचं असतं

– नयना राजाराम डिचोलकर
प्रथम वर्ष
कला शाखा



शिक्षक

संस्कृतीच्या अंगणातील नवी पालवी
विद्यार्थ्याला आपल्या कले-कलेने फुलवी
शिक्षणाचे दाखविले नवे दालन
हातातला धरून लावतो वळण.
अभ्यासाला दिली नवी दिशा
तुला सर्वगुण संपन्न करण्यासाठी फिरतो दाही दिशा.
आयुष्यात दाखवतो नव्या वाटा
उद्याचा नागरिक घडविण्यात सिंहाचा वाटा.
गुरु हा संस्काररूपी रथाचा सारथी आहे
विद्यार्थी अश्वरूप, तर माता-पिता त्या रथाची चाके
सारे काही आपण नव्याने जोखूया
या बाळांनो आपले संस्कृती विश्व समृद्ध करू या!

– वैशाली अशोक लकडे
प्रथम वर्ष, कला शाखा

पर्यावरण

पर्यावरण वाचवा, पर्यावरण वाचवा.
पर्यावरण प्रेमी करतात धावा
हेच आपले पर्यावरण का?
काँक्रीटच्या रुक्ष जंगलात मनुष्यवस्तू
बेसुमार तोडीमुळे पशु-पक्षांसाठी वृक्ष जाती
हेच का आपले पर्यावरण?
प्लास्टिकच्या पिशव्या, बाटल्यांचे तुकडे
विखुरला कचरा जिकडे-तिकडे
हेच का आपले पर्यावरण?
विषारी द्रव्यांचा नदी-नाल्यांना पूर
भाज्या-फळांवर कीटकनाशके भरपूर
हेच का आपले पर्यावरण?
कारखाने वाहने ओकणार धूर
प्रदूषणाचा प्रगटतो भस्मासूर
हेच का आपले पर्यावरण?
याला जबाबदार कोण? हे बदलणार कोण?
दुसरे तिसरे कोणीच नाही आपण स्वतःच करणार
सुंदर अवनीला आपणच वाचवणार.

– वैशाली अशोक लकडे
प्रथम वर्ष, कला शाखा

टाईम प्लीज

कधी तरी मध्यरात्री अर्धवट जागेपणीच वाटतं
एक अख्खा दिवस जीवनावर प्रेम करावं
रंग उडालेल्या गोजिच्या रुपावर याच्या
द्याव्या काही रंगीत छटा नावीण्याच्या
मनमोकळ्या आभाळाखाली दूर लपतछपत
बसून राहावं हसत स्वतःशीच गप्पा मारत
जगाच्या ताळमेळीचीही पर्वा न करता निवांत
जमून घ्यावं आपल्याच तंद्रीत सूर्य अस्ताला जाईपर्यंत
पण अखेर वाजला परखड सत्याचा गजर
विसरु नको कर्तव्यांना, तुझ्या भावनांना आवर
माणूस आहेत तू, नाही मोडू शकत चाकोरी
आलास या जन्मा, इथे बंधने तोडण्याची चोरी
समाजासाठीच जगतो आपण आपला जन्म उभा
इथे नाही कोणाला स्वप्न बघण्याचीही मुभा
अगदीच असह्य झालं तर शांत डोळे मिटून निज
पण जगत असताना नाही बोलू शकत 'टाईम प्लीज'.



– सोनाली गावणकर
प्रथम वर्ष, कला शाखा

माझे गाव

डोंगराच्या कुशीत वसले माझे गाव
जीव अडकला तेथे माझा
पावला आता मागे धावा।।
नदी आली पाठोपाठ
म्हणाली विसरलास माझा झरा,
कुठे चाललास परदेशी
चल आपल्या घरा।।
झाडांच्या त्या पानांवरती
दाटून आले पाणी,
थोडे हसत-थोडे रडत मला म्हणाले
परतूनी ये लवकरी।।
मावळत्या त्या सुर्याप्रमाणे
मावळले माझे गाव
जीव अडकला तेथे माझा
पावला आता मागे धावा।।



– ज्योती सुर्यकांत चव्हाण
प्रथम वर्ष, कला शाखा



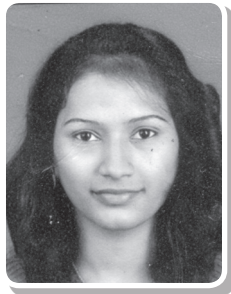
आई... बाबा...

आईने बनवलं,
बाबांनी घडवलं,
आईने शब्दांची ओळख करुन दिली.
बाबांनी शब्दांचा अर्थ समजावला.
आईने विचार दिले,
...बाबांनी स्वातंत्र्य दिले,
आईने भक्ती शिकवली,
बाबांनी वृत्ती शिकवली,
आईने लढण्यासाठी शक्ती दिली.
बाबांनी जिंकण्यासाठी बुद्धी दिली.
त्यांच्या परिश्रमामुळे यश माझ्या हाती आले.
म्हणून तर माझी आज ओळख आहे.

डॉ. बाबासाहेब आंबेडकर

मान वर करुन जगायला
शिकवल माझ्या भीमाने,
शिक्षणाचे महत्त्व
समजावले माझ्या भीमाने,
अन्यायाविरुद्ध लढायला
शिकवले ज्याने,
माझे शत शत नमन
त्याचे चरणी...

– योगिता प्रमोद जाधव
प्रथम वर्ष,
कला शाखा



घडतोय भारत

घडतोय बदल, चढतेय वीटेवर वीट
मिटतेय गुलामी आपण होतोय धीट
उठत आहेत प्रश्न कुरवाळतोय शंका
अन्यायाविरुद्ध कुणी वाजवतोय डंका
पसरतेय माहिती हक्कांसाठी भांडतोय
उलट-सुलट का होईना आपण विचार मांडतोय
घडवितोय देश आपला अंतराळी इतिहास
उद्याच्या चैतन्यावर दृढ होतोय विश्वास
कोपन्यातल्या झोपडीमध्ये प्रगतीची इच्छा दिसतेय
पुस्तकाच्या बाजातही आशेची पालवी रूळतेय
भारतीय असण्याचा वाटे मनापासून अभिमान
बलाढ्य, सुंदर, समृद्ध, स्वतंत्र माझा भारत महान



– सुरेखा सुरेश मेंढरे
द्वितीय वर्ष, कला शाखा

स्वप्न

आयुष्याच्या वाटेवरती
सहज भेटले कुणी,
नव्हते नाते, नव्हते गोते,
तरीही भिडते मनी
मनामनाच्या जुळल्या तारा,
क्षणात आठवणींचा झाला पसारा,
कळलेच नाही मन तुझ्यात
कसे गुंतत गेले
डोळे उघडताच आठवणींचे
दोर झाले....!

– वैशाली अशोक लकडे
प्रथम वर्ष, कला शाखा

अरे सरकार सरकार
अजब तुझा कारभार
स्वयंपाकाच्या गॅसचे वाढले दर
कसा करावा गरिबांनी संसार?

अरे सरकार सरकार
महागाईला कोण घालणार आवर?
तुझ्या मंत्र्यांना खुर्चीचीच फिकीर?
गरिबांचा पडला त्यांना विसर.

अरे सरकार सरकार
श्रीमंतांना घेतलेस डोक्यावर
गरिबांना मात्र सोडले वाऱ्यावर
हाच का तुझा कारभार?

अरे सरकार सरकार
साऱ्याच वस्तूंची आहे टंचाई फार
दरवाढीची त्यात पडली भर
गरिबांची आहे इथे उपासमार.

अरे सरकार सरकार
महागाई वाढली फार
गरिबांच्या जीवाला लाभला फास
त्यांना नाही कुणाचा आधार.

अरे सरकार सरकार
गरिबांचे चित्त नाही थाऱ्यावर
गरिब झाले महागाईने बेघर
त्यांचे शिव्याशाप तुला नक्की लागणार.

– नयना राजाराम डिचोलकर
प्रथम वर्ष
कला शाखा

कोण जाणे कसे?
शब्दही कधी कधी तोकडे पडतात!
आणि अचानक ते अबोल होतात.

शब्दांच कामच असत
भावना व्यक्त करणं
मनातलं गुज बोलून दाखवणं,
पण तिथेही ते मौन धरतात,
आणि अचानक ते अबोल होतात.

कोण जाणे कसे?
शब्द कधी कधी कोड्यातही पाडतात!
जणू भावना त्यांच्या आड दडतात,
शब्दांनाही बहुदा मर्यादा असाव्यात,
मग त्यातून भावना कशा व्यक्त व्हाव्यात?

शब्दांपलिकडेही एक विश्व असतं
त्याला कोणतंही बंधन नसतं
ते अगदी स्वैर नि स्वच्छंदी असतं
कधी इथं तर कधी तिथं असतं.

खर तर हे विश्व असतं, अव्यक्त भावनांच
हव्याहव्याश्या दिवास्वप्नांच
पण सगळीच स्वप्न कुठे सत्यात अवतरतात
म्हणूनच की काय? शब्द तिथे हरवून जातात.

खर तर वाटतं,
या भावनांचीही स्वतंत्र भाषा असावी
जी फक्त मनाची मनालाच वाचता यावी
तिथे या शब्दांच काही कामच नसावं
आणि अव्यक्त भावनांनाही वाचा फुटावी.

– प्रा. स्वाती मोहिते
समाजशास्त्र विभाग



आ।यु.ष.या।च.या।
रखरखत्या उन्हाच्या झळा
सोसताना तुझ्या आठवणींचा
पाऊस गारवा देऊन जातो.
आम्ही अनेक पावसाळे
पाहिले... म्हणणाऱ्यांचा
मला खूप राग येतो.
पावसाळे पाहण्यापेक्षा
पाऊस किती अनुभवला
हे मला जास्त महत्वाचे
वाटते. पावसाबद्दल तू
भरभरून बोलायचीस.
लहानपणापासूनच्या तुझ्या
पावसाच्या गंमती जमती
मी अनेकदा ऐकूनही न
कंटाळता नव्याने ऐकतो
अगदी मन लावून. तरी

तू चिडचिड करायची आणि ओरडायची. तू काहीच का
रिअॅक्ट करत नाहीस? मी म्हणायचो तुझ्यासारखं मला छान
नाही बोलता येत. किती छान बोलतेस तू...? मी ऐकतोय
ना...? एकदा मी सहज तुला विचारलं... मला का नाही
येत तुझ्यासारखं छान बोलायला? तू बोलत नसलास तरी तू
छान लिहितोस मला नाही येत तुझ्यासारखं लिहायला... असं
तू सहज बोलून गेलीस पण मला जे सांगायचं असतं, जे
बोलायचं असतं ते तर तू केव्हाच वाचलेलं असायचं माझ्या
डोळ्यामधून... हे फक्त तुलाच जमायचं...

लहान असताना अनुभवलेला पाऊस आता फक्त
स्मृतीतूनच उरला आहे. तुझा पाऊस शहरापुरताच मर्यादित पण
माझ्याकडे गावाकडील आणि शहरातील पावसाच्या आठवणी
तुझूच भरलेल्या आहेत. मे महिन्याच्या शाळेच्या सुट्टीतील
ढगांच्या गडगडटासह सुसाट वाऱ्यासोबत आलेला पाऊस.
गारांचा टपटप आवाज करणारा पाऊस मी अंगणात वेचलेला
आहे. पेरणीच्या वेळेस होणारी शेतकऱ्यांची लगबग पाहिली
आहे. अंकुर रूजून रानातून पिकांनी डोक वर काढल्यावर
शेतकऱ्यांच्या चेहऱ्यावरचा आनंद आणि बहरलेलं रान मी



पाहिलं आहे. तर एकीकडे शहरातील १० बाय १२ च्या
चाळीतील खोलीत कौलांच्या फटीतून ओघळणारा पाऊस
वेगवेगळ्या भांड्यात साठवलेला आहे. कधीकधी तर जोरदार
पावसात ही भांडीच पोहताना पाहिली आहेत. आणि याच
पाण्यावर विटा मांडून त्यावर लाकडी फळी अंथरुण रात्रीची
अर्धवट झोप घेतली आहे. हा पाऊस आठवला की आजही
अंगावर शहारा येतो. काही दिवसापूर्वी आईशी बोलताना
या साऱ्या गोष्टींची उजळणी झाली आणि मन भरून आले.
सत्वपरीक्षा या शब्दांचा अर्थ पावसाने शिकवला आम्हाला.
जीवनाच्या आसक्तीचे धागे तुटत जाऊन उद्याचं भविष्य काय
असेल? या भीतीने वर्तमान जगायचो. पण आईच्या खंबीर
नेतृत्वावर आणि तिच्या दैवशरण भावनेतून आम्ही या साऱ्यातून
सहज बाहेर पडलो. खऱ्या अर्थाने पाऊस आम्ही अनुभवला. हाच
पुरक आहे पाऊस पाहणं आणि पाऊस अनुभवन... आज...

हाच पाऊस तुझ्या आस्थेची जुळलेला आहे.
तुझ्यासारखाच अनेक रूपात हा पाऊस माझ्यासमोर येतो.

आभाळानी अचानकपणे दाटून यावं तसं चोरपावलांनी
मनाच्या आभाळात दाटून येतं आणि तुझ्या आठवणींचा

पाऊस बरसू लागतो आपोआप... कधीही कोणत्याही क्षणी तुझ्या आठवणींच आभाळ भरून येतं मी भिजत राहतो... तसंही मला पावसात भिजायला खूप आवडतं पण तू ही पावसात माझ्याबोबत भिजावसं असा माझा अट्टाहास असायचा. आजही तुझ्या आठवणींच्या पावसात मला भिजायला आवडतं... पण तुझ काय? माझ्याही आठवणींचं आभाळ येत असेल का भरून? रात्रीच्या या शांत प्रहरी धो-धो कोसळतोय पाऊस... मी नेहमीप्रमाणे खिडकीत बसून समोरील विजेच्या खांबांवरील दिव्यांच्या प्रकाशात चमकणाऱ्या पावसाचे थेंब एकटक पहात बसलो आहे. काळोखाचे पांघरून ओढून शहर कधीच झोपी गेलो आहे. तू ही निर्धास्त झोपली असशील.....



माझ्या एकाकीपणाचे भय मला नाही वाटत. एकाकीपणाची सवय आहे मला पण आता ती सवय मी तुझ्या सहवासात सोडून दिली आहे कधीच... झाले गेलेलं विसरून नव्याने आयुष्य जगायला.... शिकवल आहेस ना तूच... पण

आता तूच सोडून दूर जाऊ लागलीस असं का वाटतयं मला... या काळजावर गोंदलेले तुझ्या माझ्या मैत्रीने हळवे क्षण मला नाही विसरायचे आणि तू ही मला विसरायला भाग पाडू नकोस...

तुझा पाऊस मला आश्वासक वाटतो... प्राणापल्याड मी जपेन. तुझा पाऊस आयुष्यभर...

तुझ्यासाठी माझा पाऊस नसेलही महत्वाचा पण माझ्यासाठी तुझा पाऊस माझं सर्वस्व आहे. साठवून ठेवीन त्याला माझ्या खोलवर मनात... अगदीच वाटलं तर बरसू देईन त्याला डोळ्यांच्या कडामधून... मोकळे करीन त्यांना पावसात कोणालाही न कळता, मनमोकळेपणाने...

डोळ्यांच्या डोहात तरी कितीवेळ साठवून ठेवायचं त्याला... मग मलाही... आठवणी लपवायला पाऊस सापडेल ना...?...

पावसाळा सुरू झाला की तुझ्या आठवणीचा गंध दरवळू लागतो. तुझ्या सोबत जगलेले सारे क्षण मी आठवतो तुलाही आठवत असेल का पाऊस? याची चिंता मला सारखी वाटत राहते. साऱ्याच क्षणांवर नसतो आपला ताबा. आपलं सुख दुःख व्यक्त करण्यासाठी कुणीतरी जवळचं असावं हे आता पटू लागलय मला... आभाळाच दुःख पोटात घेणारी पृथ्वीसारखी एक चांगली मैत्रीण त्याला मिळाली म्हणूनच पाऊस सुरू झाला की माझं मन बैचैन होतं. मन छळत राहत साऱ्या क्षणांच्या आठवणीने पूर्वीसारखी तू आता बोलत नाहीस. इतका का मी परका वाटू लागलो तुला? की तुलां माझा पाऊस नकोसा झाला आहे? तुझ्या डोळ्यांतील माझ्याविषयीची आतुरता आता मला का कमी वाटू लागली आहे? या काळजीने मी आज अस्वस्थ होत आहे. सारेच प्रश्नांचे चकवे आणि मी-तू समोर असूनही एकाकी असल्याची जाणीव... हूर हूर... भीती. तुझ्या पावसाचे यातनादायी रिमझिमणे मला नाही सहन होतं. माझी मलाच भीती वाटू लागली आहे. तुझा पाऊस माझ्या पावसाची साथ सोडून जात आहे. ही कल्पनाही सहन न करणारा मी, पाऊस दूर चालला आहे हे पाहताना काय होत असेल याची तुला जाणीव असूनही तू.....?

पावसाने कोसळायचे असेल तर मुसळधार कोसळावे चिंब भिजून टाकावे शहाराला... मनाला... पुसून टाकाव्या म्हटल्या तरी पुसून टाकता येत नाहीस तुझ्या आठवणी...

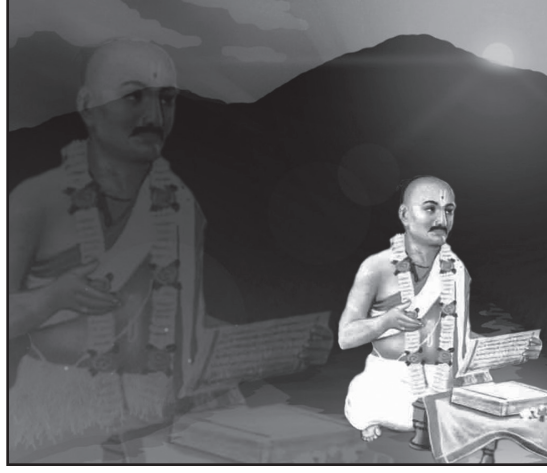
— के.के.

प्रा. कृष्णकुमार कपूरकर
भूगोल विभाग



“नाथांची भारुडे”

संत एकनाथ हे लोकशिक्षक होते. त्यांना समाजोद्धाराची तळमळ होती. समाज प्रबोधनाचा मार्ग मनोरंजनातून केला पाहिजे असे त्यांना मनोमन वाटत होते. समाजास करावयाचा बोध हसतखेळत, मनोरंजनातून केला तर तो जनमानसाच्या गळी उतरविता येतो, याची साक्ष त्यांनी आपल्या लोकप्रिय भारुडाच्या आधारे जगास पटवून दिली. समाजाच्या अत्यंत



सूक्ष्म निरीक्षणातून आणि आपल्या समाज चिंतनशील मनाच्या आधारे नाथांनी भारुडाची कावड उचलली. अध्यात्मासारखा गहन आणि गूढ वाटणारा विषय नाथांनी अत्यंत सोप्या पद्धतीने, लोकांच्या जीवनातील नित्य घटना आणि प्रसंगाच्या माध्यमातून हसतखेळत आणि चिमटे घेतघेत जनसामान्यांना सांगितला. नाथांनी आपल्या भारुडाची भाषा सामान्यांचीच बोलभाषा किंवा लोकभाषा ठेवली म्हणूनच ती भारुडे सामान्य लोकांत रुजली आणि विस्तारली. नाथांच्या भारुडांचे आजच्या समाजाला ही महत्त्व पटले आहे कारण त्यातील आशयाने सामान्यजनांचे लोकरंजन व प्रबोधनही केले. भारुडे म्हटली की नाथांचीच ती ही प्रबोधनाची प्रभावी माध्यमे असे एक समीकरण रूढ झाले.

नाथांच्यापूर्वी देखील भारुडाची परंपरा होती. संत ज्ञानेश्वरांनी भारुडे रचलेली आहेत घोंगडी, कावळा इ. ज्ञानदेवांची भारुडे सर्वश्रुत आहेत. अर्थात त्यांच्या भारुडाची संख्या मात्र अत्यल्प आहेत. खेळीय, बोंबडा इ. भारुडे संत नामदेवांच्या नावावर आढळतात आणि आज ही भारुडे भजनी मंडळींच्या नित्य गायनात आहेत. नाथांच्या नंतरही संत तुकाराम आणि समर्थ रामदास यांनीही भारुडे रचली आहेत. पण नाथांच्या भारुडा इतकी लोकप्रियता अन्य संतांच्या भारुडांना लाभलेली दिसत नाही. श्री चक्रधरांच्या काळातही भारुडे रचली जात होती. तर ‘विवेकसिंधू’कार मुकुंदराजांनी बहुजनांना ज्ञानप्रवण करण्यासाठी सुलभ मायबोलीत भारुडे रचलेली आढळतात. लोकसाहित्याचे अभ्यासक ‘रा.चिं. ढेरे’ यांच्या मते ‘गोरखनाथांचे गायीवरील’ हे अप्रकाशित भारुड

सर्वात जुने आहे. (अकरावे शतक) अकराव्या शतकापासून भारुडाची परंपरा सुरू झाली असली तरी सोळावे शतक भारुडाच्या वैभवाचे, भरभराटीचे मानता येईल कारण या शतकातील भारुड रचना बहुविध, बहुगुण संपन्न आणि विपुल अशी होती. भारुडाच्या या परमयशाचे श्रेय अर्थातच भारुड सम्राट संत एकनाथांना द्यायला हवे.

एक गीतप्रकार या अर्थाने भारुड हा शब्द महाभारतात आढळतो. ‘भारुडसाम’ किंवा ‘भारुड’ असे या शब्दाचे प्राचीन रूप आहे. भारुड हा शब्द जवळजवळ दोन हजार वर्षांपूर्वी प्रचलित होता. भारुड या शब्दाच्या विविध व्युत्पत्ती अभ्यासकांनी मांडल्या आहेत. धनगर, भरवाड, भराड, भराडी या जातींच्या परमेश्वर उपासनेचे गीत म्हणजे भारुड अशी एक व्युत्पत्ती आहे. भारुड हा शब्द गीतवाचक असून, यात्रा, उत्सव प्रसंगी म्हटल्या जाणाऱ्या रंजनप्रधान गीतांना भारुड म्हटले जाते असा आणखी एक अर्थ अभ्यासकांनी लावला आहे. लोकसमुह, जनसमुदाय यांच्यावर आरूढ (प्रभाव) असलेले गीत म्हणजे भारुड! ‘भा’(भार) म्हणजे प्रतिभा असा अर्थ घेतला तर प्रतिभायुक्त गीत म्हणजे भारुड! बहुरुढ- भारुड अशी या शब्दाची व्युत्पत्ती लावली तर लोकजीवनात अधिक प्रचलित असलेले गीत म्हणजे भारुड. आज मराठीत प्रचलित असलेले भारुडाचे स्वरूप पाहिल्यास भारुड - दोन तोंडाचा पक्षी ही व्युत्पत्ती अधिक जवळची वाटते. मराठीतील भारुडाला वाच्यार्थ आणि लक्ष्यार्थ असे दोन अर्थ असतात नाथांनी आपल्या रचनांसाठी रंजन आणि उद्बोधन दोन्ही प्रयोजन स्विकारली आणि भारुडाला कमालीची लोकप्रियता मिळवून दिली. दोन तोंडे म्हणजे दोन अर्थ ही व्युत्पत्ती मराठी भारुडांसाठी अनुरूप वाटते.

नाथांच्या संवेदनक्षम मनावर या समाजाचे चित्र परिणाम करत होते. अधोगतीकडे आणि अवनतीकडे चाललेल्या समाजाला जागृत करण्याची तळमळ त्यांच्या मनाला लागली

होती. समाजविषयीची ही तळमळ आणि करूणा त्यांच्या भारुडांच्या रुपाने व्यक्त झाली. नाथांची १२५ विषयांवरील भारुडे असून त्यांची संख्या ३००च्या वर भरेल इतकी आहे.

एकनाथांच्या भारुडांचे वर्गीकरण स्थूल मानाने व्यक्तिचित्रणात्मक भारुडे, देवदेवतापर भारुडे, घटना-प्रसंग-अनुभवदर्शक भारुडे, वस्तु विषयक भारुडे, खेळ विषयक भारुडे, स्त्रीवर्ग विषयक भारुडे, समाजातील सेवक वर्ग, कष्टकरी वर्ग यांच्या विषयीची भारुडे, संसार विषयावरील भारुडे, दलित वर्गाविषयीची भारुडे इ. लोकसाहित्याच्या वेगवेगळ्या अभ्यासकांनी नाथांच्या भारुडांची केलेली वर्गवारी केवळ विवेचनाच्या सोयीसाठीच आहे. नाथांच्या सर्व समावेशक भारुडांचे काटेकोर वर्गीकरण करणे केवळ अशक्यच! नाथांच्या विषय निवडीचे कौशल्य त्यांच्या व्यक्तिचित्रणात्मक भारुडातून अनुभवता येते. पुलंंच्या 'व्यक्ति आणि वल्ली' या संग्रहातील निवडक व्यक्तींसारख्याच व्यक्ती नाथांच्या भारुडात जागोजागी पाहावयास मिळतात. सदर व्यक्ती समाजातील विविध स्तरातील असून समाज जीवनात सर्वत्र त्यांचा संसार असतो. वासुदेव, गोंधळी, भूत्या इ. व्यक्ती संस्कृतीविशेषाने नटलेले आहे. वासुदेव या पात्राच्या मार्फत नाथ सकल समाजाला खऱ्या आणि शाश्वत सुखाच्या मार्गाचा उपदेश करतात. वासुदेवाचे म्हणजेच मधुसुदनाचे स्मरण केले असता सुखाचा मार्ग प्राप्त होतो. वासुदेवावरील आठ ही भारुडातून नाथांनी सांगितलेला भक्तीचा आचारविचार आजही जनमानसाच्या मनामनात रुळलेला आहे.

कर जोडून विनवितो तुम्हा तुम्ही वासुदेव वासुदेव म्हणा
नको गुंतू विषय कामा तुम्ही आठवा मधुसुदना॥

'वासुदेव आला हो वासुदेव आला' पहाटेच्या वेळेची हाक गृहिणींना सुखावते. वासुदेवाची नाथांच्या वासुदेवाची जादू मराठी सिनेसृष्टीतूनही आपण अनुभवली असेलच. वासुदेवासारख्या नाथांच्या सर्वच व्यक्ती (माळी, जंगम, जागल्या, जोगी इ.) त्या ज्या समाजात वावरतात त्या समाज व्यवस्थेचे, समाज जीवनाचे आणि मानवी प्रवृत्तिचे दर्शन घडवून पारलौकिकाला ही स्पर्श करतात. लोकांच्या नित्य परिचयातील डोंबारी, खेळ करून लोकांचे रंजन करतो नाथ त्याचा उपयोग कसा करून घेतात ते पाहण्यासारखे आहे.

मी निराकाराचा डोंबारी, तीही लोकी माझी फेरी
चार युगाच्या खबरी, तुझे सांगेन रे गव्हारी

असे म्हणून तो आपल्या खेळास सुरुवात करतो आणि त्याच्या खेळातील घटना प्रेक्षकांना परमार्थाकडे घेऊन जातात नाथांचा 'कोल्हाटी' योगात तरबेज आहे. 'जागल्या' सतत लोकजागृती करतो. 'गोंधळी' निर्गुण निराकाराचा गोंधळ मांडतो. नाथांची 'कोल्हाटीण', 'सौरी' परमात्म्याशी एकरूप होतात. नाथांच्या प्रतिभेचा परिस स्पर्श झाल्याने आंधळा, पांगळा, मुका, बहिरा, पिसा इत्यादीचे व्यंग नाहिसे होते. नाथांचा 'आंधळा' आंधळा न राहता 'दिव्यदृष्टी' देणारा बनतो. 'पांगळा' पारलौकिकाकडे धाव घेतो, 'मुका' धडधड बोलून लोकांना आत्मज्ञान देतो. नाथांच्या भारुडातील अशा विविधरंगी विविधदृष्टी व्यक्ती आपल्या सर्व गुणदोषासह आणि पारंपारिक वैशिष्ट्यांसह नाथांच्या भारुडातून चित्रित झाल्या आहेत.

नाथांची काव्यदृष्टी चौफेर होती. समाज आणि व्यक्तीजीवनातील बारिकसारिक घटनाही त्यांच्या काव्यदृष्टीने टिपल्या लौकिक जीवनातील घटना प्रसंग आणि अनुभव यावर नाथांनी अध्यात्मिक रुपके करून अत्यंत सोप्या पद्धतीने अध्यात्मज्ञान लोकांना करून देण्याचा प्रयत्न केला. सासुरवास, लग्न, संसार अशी काही भारुडे या संदर्भात सांगता येतील. विषय म्हणजे सासर, अविवेक म्हणजे पती, अहंकार म्हणजे सासरा आणि कल्पना म्हणजे सासूबाई अशी रुपके कल्पून नाथांनी सांगितलेला अध्यात्म विचार खरोखरीच वाखाणण्याजोगा आहे.

विषयाचे सासुरे दुश्चित बोळवण। भ्रांतीचे पांघरुण बुंधी मज।
अविवेक अंबुला अहंकार सासुरा। अविद्येच्या घरामाजी गेले॥

सासुरवासाच्या जंजाळातून, खोटा मायावी संसारातून सुटका करण्याचा राजमार्ग म्हणजे परमेश्वराची भक्ती आणि सदगुरुंची कृपा असा मार्मिक उपदेशही नाथ करतात. या राजमार्गावरून प्रवास करणारी सून अज्ञानाचा पडदा दूर झाल्यावर सासूला म्हणते-

प्रपंचो ताक तुम्ही साचविले घरी
संचिताचे दुग्ध लोणी गमाविले चोरी।

प्रपंचातील मोह, माया अशा संसार तापाचे चित्र उभे करून नाथ थांबत नाहीत तर त्यातून मुक्त होण्याचा मार्ग म्हणजे परमेश्वराला शरण जाणे असेही ते सुचवितात. म्हणून सासुरवासाला कंटाळलेली त्यांची स्त्री म्हणते-

सत्वर पाव गे मला। भवानी आई रोडगा वाहिन तुला।
 सासरा माझा गांवी गेला। तिकडेच खपवी त्याला।
 सासू माझी जाच करती। लवकर निर्वाळा तिला।
 जाऊ माझी फडफड बोलती। बोडकी कर ग तिला।
 नणंदेचे पोर किरकिर करिते। खरूज होऊं दे त्याला।
 दादला मारून आहुती देईन। मोकळी कर गे मला।
 एका जर्नादनी सगळेंच जाऊं दे एकटीच राहु दे मला।

सासुरवाशीणीच्या मनातील संसाराविषयीचा त्रागा विनोदी अंगाने नाथांनी प्रकट केला आहे. स्त्रीच्या मनातील संसाराची स्वप्ने त्यांची असमाधानी वृत्ती सुखासिन आयुष्य जगण्याचा स्वभाव हा आशय व्यक्त करणारे, विनोदाचा बाज असलेले दादला हे भारुड आजही लोकप्रिय आहे-

मोडकेसे घर तुटकेसे छप्पर। देवाला देवघर नाही।
 मला दादला नलगे बाई। फाटकेंच लुगडें तुटकीसी चोळी।
 शिवाया दोरा नाही। मला दादला नलगे बाई!

प्रपंच करताना अशा सुखासिन मुलींना आपल्या संसारात कोणतीही उणीव नको पर्यायाने असा दादलाच नको असे त्यांना वाटे. नाथांची अशी संसाररूपी अनुभव संपन्न भारुडे म्हणजे एकीकडे अनेक घटनांची कलात्मक गुंफण तर दुसरीकडे परिणामकारक अध्यात्मबोध होय.

अतिप्राचिन काळी पंचतंत्रात विविध पशुपक्षांचे दाखले देऊन मानवाला नीति शिकविण्याचे कार्य विष्णुशर्मा पंडिताने केले होते. नाथांनी आपल्या भारुडातही प्राणी वर्गाच्या विशिष्ट गुणावगुणांचा आश्रय घेऊन बहुजनास उपदेशामृत पाजले आहे. त्यांच्या भारुडात सर्प, विंचू यासारखे विषारी प्राणी आहेत. बैल, गाय, कुत्रा, एडका असे पाळीव प्राणी आहेत आणि टिटवी, पिंगळा, पोपट असे पक्षीही आहेत. 'टिटवी' या पक्षाचा आवाज ऐकणे, अशुभ असा एक लोकसंकेत आहे कारण टिटवी ही यमाची दूत समजली जाते. नाथांनी 'टिटवी' या भारुडात प्रपंचाचे नाशवंतीपण आणि देहाची क्षणभंगुरता याचे मार्मिक वर्णन केले आहे. ज्या मरणाच्या फेऱ्यातून केवळ परमेश्वर भक्तीनेच सुटका होऊ शकते असा सूचक सल्लाही ते या भारुडात देतात. वासनेने देहात प्रवेश केला की मानवाचे मन त्या देहाच्या अधीन होते. स्त्रीविषयक काम शक्तीचा जोर आणि सामर्थ्य माणसाला सुख दुःखाच्या यातनेत अधिकाधिक गुंतविते. नाथांचा 'एडका' कामक्रोधाचे दुष्परिणाम अनेक पौराणिक दाखले देऊन साधकाला परावृत्त करण्याचा मार्ग देतो.

एडका मदन तो केवळ पंचानन। धडक मारिली शंकरा।
 केला ब्रह्मामाचा मातेरा। इंद्र चंद्रासी दरा।
 लाविला जेणें। तो केवळ पंचानन।

जो मानव अत्यंत प्रेमाने भक्तीभावाने हरिपदी रत असतो त्यास या मदन एडक्याची बाधा होत नाही. नाथांचे 'विंचू' भारुड तर सर्वश्रुतच आहे. जीवाला त्रस्त करणाऱ्या विकारांचे स्वरूप नाथांना या भारुडातून व्यक्त केले ते असे -

काम क्रोध विंचू चावला। तम घाम अंगासी आला
 पंच प्राणव्याकुळ झाला आणि
 मनुष्य इंगळी अतिदारुण। मज नांगा मारिला तिनं
 सर्वांगी वेदना जाण।।

काम क्रोधाच्या उदभवाने देहाची, जीवाची होणारी अवस्था चिंचवाच्या दंशाच्या अनुभवाने नाथांनी या भारुडात वर्णिली आहे.

चिंचवाच्या दंशावर सांगितलेला पुढील उपायही तितकाच मौलिक आणि यथार्थ आहे.

नाथांच्या सर्व भारुडांचा आवाक इतका जबरदस्त आहे की, एका लेखात त्यांच्या अवघ्या भारुड विश्वाचा आढावा घेणे अशक्य कोटीतील गोष्ट आहे. नाथांच्या भारुडात काय आहे पाहण्यापेक्षा काय नाही याचा विचार केला तर या सृष्टीतील बहुतेक सारे ऐवज, विश्वाला व्यापणारे परमतत्त्व सामावलेले आहे. लौकिकाकडून अलौकिकाकडे, प्रपंचाकडून परमार्थाकडे अस कठीण वाटणारा प्रवास केवळ नाथच करू शकतात याची साक्ष त्यांची विषय बहुलता असणाऱ्या भारुडातून पदोपदी जाणवते. त्यांच्या भारुडात व्यवहार आहे, प्रपंच आहे, सुखदुःखे आहे, कामक्रोधाची विकार आहे आणि या विकारावरील उताराही आहे. परमार्थ, अध्यात्मबोध आहे आणि लोकंजनी आहे. नाथांची अशी सर्व संचारी प्रतिभा एकूण विश्वाला गवसणी घालते आणि मानवी जीवनाचे काव्य करते. साधुत्व आणि कवित्व यांचा मनोहरी संगम असणारी नाथांची भारुडे म्हणजे नाथांच्या मनाचा जनमनाशी असलेला सुसंवाद म्हटल्यास वावगे ठरू नये.



- प्रा. रश्मी शेट्टे-तुपे
 मराठी विभाग

कौतुक मेट्रोचं

कालचीच गोष्ट. घरातून घाटकोपरच्या दिशेने निघालो होतो. घाटकोपरच्या परिसरातील ट्राफिकची समस्या सर्वज्ञातच आहे. पण त्याविषयी आपल्यासारख्या सर्वसामान्य माणसाने बोलणे काही योग्यतेचे नाही. असो, सकाळची वेळ असल्यामुळे थंडी थोडीफार जाणवत होतीच. अशातच आमची बस ट्राफिकच्या जंजाळात फसली...! बाजूला एक अक्कलशून्य माणूस बसल्यामुळे त्याच्याशी बोलण्यापेक्षा बाहेरच्या निसर्गात रमणे मी धन्य मानले.

बाहेरचा परिसरही काही आल्हाददायक होता असेही नाही... आजूबाजूला फक्त खड्डे आणि खोदकाम: अशातच माझी नजर मेट्रोच्या बांधकामावर स्थिरावली. आजकाल मेट्रोविषयी काही चांगली चर्चा होत नाहीच...? पण मी आपला विरंगुळा म्हणून पाहू लागलो.

मेट्रोचं हे ब्रीज भल्यामोठ्या लांबी-रुंदीच्या असंख्य खांबांच्या आधारावर उभं केलं होतं. या खांबांच्या वरच्या बाजूच्या जोडणी जवळ एक फट होती. का कुणास ठाऊक? पण त्या एका खांबातील फटीने अनपेक्षितपणे माझं लक्ष वेधून घेतलं.

वा...! किती सुंदर दृष्य होतं ते...

त्या फटीतून एक सुंदरसे कबूतर हळूवारपणे मान डोकावून बाहेर पाहत होते. काय बरे पाहत असावे



ते? या थंडीच्या गारव्यामध्ये सूर्याचे कवडसे शोधत असावे का ते...? असंख्य प्रश्न माझ्या मनात घर करून राहिले.

आणि माझा अंदाज खरा ठरला. ते कबूतर खरोखरच सूर्याच्या कवडश्याच्या शोधात होते.

सूर्यनिही आता आपले डोळे उघडण्यास सुरुवात केली होती. हळूहळू सूर्याची किरणे गुलाबकळीसारखी खुलली आणि त्या कबूतराला अभ्यंगस्नान घालू लागली.

ते कबूतरही मनसोक्त नाहत असावे; कारण ते आता आणखीनच बाहेर आले होते आणि बरेचसे बिनधास्तही दिसत होते.

हळूहळू त्या कबूतराने आपले पंख पसरले... आणि त्यातून दोन गोंडस पिल्लं बाहेर पडली. किती छान दिसत होती ती! अगदी आपल्या आईप्रमाणेच सुंदर...!

मी मात्र मनोमन खुश झालो होतो... एवढे मनाजोगते दृश्य बऱ्याच दिवसांनी बघत होतो ना...

इतक्या ट्राफिकचा भर ओसरला आणि बस पुढे गेली...



पिल्लांना (कबूतरांना) मात्र कवेत घेत ती त्यांना ऊब देत होती.

वात्सल्यतेचा एक आदर्श नमुना माझ्यासमोर वावरत होता आणि मी नुसता आवासून पाहात होतो.

एक निर्जीव वस्तू दयावंत होतेय, पण आपण मनुष्य मात्र स्वतःच्या स्वार्थ साधण्यात गुरफटलो आहोत. आपण

या कबूतर वजा एकंदरीत पशू-पक्षांकडे एवढ्या हीन दृष्टीने पाहतो आहोत की, माणसाने माणूसपण गहाण टाकलेय की काय...? असाच संशय आता येऊ लागला आहे... प्राणी-पक्षी म्हटलं की बरीच माणसे नाकं मुरडताना दिसतात (अपवाद हातावर मोजण्या इतकी माणसे). पण माणसाचं मूळही माकडातच आहे हे यांच्या बुरसटलेल्या विचारांना पटले आहे की कोण जाणे...?

असो, पण या मेट्रोचं कौतुक करावं तेवढं थोडंच आहे. हा मेट्रोप्रोजेक्ट असंख्य कबूतरांना स्वतःच्या छत्रछायेखाली घेत आपल्या उदार अंतःकरणाचे दर्शन घडवू पाहतो आहे, अगदी निःस्वार्थपणे तो या कबूतरांना माया लावतोय... म्हणूनच या मेट्रोप्रोजेक्टला सलाम करावासा वाटतो...!

माझ्या डोळ्यांसमोर अजूनही ते चित्र तरळत होतं. बसचा वेग धिम्या गतीचा असल्यामुळे मी पुढच्या-पुढच्या खांबांवरून नजर फिरवत होतो. बऱ्याच खांबांवरती मला अशीच कबूतरसदृश्य स्थिती आढळली.

पुढे एका खांबावरून दहा-एक कबूतरांचा थवा फडफड करत उडून केला...

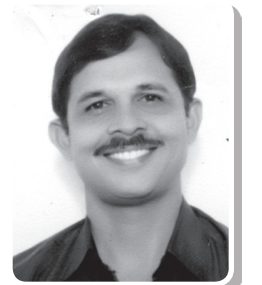
एका क्षणासाठी वाटले की, हा मेट्रो प्रोजेक्ट जणू या कबूतरांसाठीच बांधला गेला असावा...

का नाही? माणसांसाठी अद्यापही तो खुला झाला नाही, तर मग निदान कबूतरांना तरी त्याचा आस्वाद घेऊ देत की जरा...!

या मेट्रोसुपी नवीन घरात ही कबूतरे अगदी आनंदाने राहत आहेत. ऊन-वारा-पाऊस-थंडी यांपासून त्यांचे संरक्षण होतेय. त्यांना आसरा मिळतोय. ही मेट्रो या कबूतरांना आपल्या कवेत घेते, त्यांना गोंजारते, प्रेम देते, त्यांना आईची माया लावतेय.

या ममतेला, मातृप्रेमाला काही संज्ञा वापरावी का...? पण नाही... माझं मन मानायला तयारच होईना; कारण त्या आईची ममता एखाद्या संज्ञेपावतो मर्यादीत रहावी एवढी शुल्लक गोष्ट नव्हती ती... त्या आईने थंडीचा-वाऱ्याचा-पावसाचा-उन्हाचा एवढा त्रास सोसला होता; पण आपल्या

– प्रा. वसंत पानसरे
मराठी विभाग





नवीन शैक्षणिक धोरण - एक चिंतन व अपेक्षित परिवर्तन

आज आपल्याकडे शिक्षण पद्धती बदलली आहे. नवीन शैक्षणिक धोरणाखाली व्यवसायिक शिक्षण अंतर्भूत केले आहे. नवीन शैक्षणिक धोरण १९८८ पासून अमलात आणली परंतु याचा व्हावा तसा उपयोग झालेला प्रत्यक्षदर्शी दिसून येत नाही. यावर सर्व स्तरांवर चिंतन बैठक होणे गरजेचे आहे. नवीन शिक्षण पद्धती बदलताना किंवा नवीन आराखडा तयार करताना एखाद्या प्रांतातील, इलाख्यातील नैसर्गिक, भौगोलिक, आर्थिक, समाजाचे राहणीमान तेथील विद्यार्थ्यांची आकलन क्षमता, राजकिय मतभेद शिक्षणतज्ञ, शिक्षक, पालक या सर्व घटकांचा अगदी सूक्ष्म विचार करणे गरजेचे आहे. या मधील सर्वात महत्वाचा घटक दळण-वळण हे दोन गावाना, दोन तालुक्यांना किंवा दोन शहरांना जोडणारा दुवा असून शिक्षण क्षेत्रात महत्वाची कामगिरी बजावली आहे. दळण-वळणाने एखाद्या विशेष भागामध्ये शिक्षक-व-विद्यार्थ्यांची व साधनांची उपलब्धी निर्माण होऊ शकते त्यानंतर आराखडा तयार करताना त्या विशिष्ट भागात आधुनिक शैक्षणिक उपकरणे किती प्रमाणात उपलब्ध होऊ शकतात याचा विचार करणे गरजेचे आहे. आराखडा तयार करताना जे जे शिक्षण विद्यार्थी मुंबई, कलकत्ता, दिल्ली, मद्रास, बेंगलूर अशा मोठ्या शहरात घेतात त्याच्या किती टक्के हेच शिक्षण आपण गाव, तालुका पातळीवर देऊ शकतो का? याचे गुणोत्तर प्रमाण किती आहे. व्यस्त प्रमाण किती आहे? याचा प्रथम अभ्यास करण्यात यावा व निदान हेच शिक्षण आपण गाव-खेडे जिल्हा पातळीवर कसे देता येईल याचा विचार करावा कारण शहरात ही सुधारणा जलद गतीने होऊ शकते. जेव्हा आपण एका

राज्याचा, राष्ट्राचा विचार करतो तेव्हा सर्व प्रांतांच्या शैक्षणिक विकासांचा विचार केला पाहिजे. त्यानंतर आराखडा तयार करताना आपण या पिढीला काय देत आहोत? कोणत्या प्रकारचे शिक्षण देत आहोत? हे पहावे शहर-गाव-तालुका या तीन ही भागातील विद्यार्थ्यांच्या बौद्धिक पातळीचा, आकलन शक्तीचा एकत्रितपणे विचार करावा हे निश्चित आहे की बदल किंवा परिवर्तन हा निसर्गाचा नियम आहे. सकारात्मक दृष्टिकोन ठेवल्यास एकदम नाही तरी टप्प्याटप्प्याने चांगला बदल होणे अपेक्षित आहे. परंतु जर का आपण चुकीची पद्धत अवलंबली तर आपण एका संपूर्ण पिढीच्या आयुष्याशी खेळ केल्यासारखे होईल व या पिढीचे कधीही न भरून येणारे नुकसान होईल असे होणे कटाक्षाने टाळावे लागणार आहे. उच्च शिक्षण म्हणजे मोठमोठ्या डिग्री मिळविणे असे नाही. येणाऱ्या पिढीवर चांगले, सुसंस्कार होणे ही तितकेच महत्वाचे आहे.

आज आपण पाहात आहोत की राज्य सरकार धडाधड एकामगून एक धक्कादायक निर्णय घेत आहे. याचे ताजे उदाहरण शालेय विद्यार्थ्यांना १ली ते इ. ८वी पर्यंत परीक्षा न देता आपोआप पुढील वर्गात जाता येईल. जर परीक्षा नसेल तर विद्यार्थी अभ्यास करतील का? इ. आठवी किंवा नववी नंतर या विद्यार्थ्यांची शैक्षणिक प्रगतीची अवस्था किती वाईट झालेली असेल चार-दोन विद्यार्थ्यांनी आत्महत्या काय केल्या आणि सरकारने त्यांच्यासमोर लगेच हात काय टेकले? या विद्यार्थ्यांना वेळीच समज का दिली नाही? यांना वेळीच समज दिली असती तर ही वेळ आली नसती.

दुसरा निर्णय म्हणजे १०वी मध्ये नापास (२ विषयात नापास) झाला असेल तरी पुढील वर्षी इ. ११वी मध्ये त्यांना प्रवेश देता येईल व पुढील दोन टर्म पूर्वी १०वी पास व्हावे त्यानंतरच त्यांना इयत्ता १२वीच्या परिक्षेस बसता येईल अथवा प्रवेश घेता येईल. असा धक्कादायक निर्णय म्हणजे विद्यार्थ्यांच्या आयुष्याशी पद्धशीरपणे केलेला खेळ होय. या विद्यार्थ्यांना ११वीचा साधा प्रवेश अर्ज सुद्धा भरता येत नाही. हेच काय बँकेमधील पे-स्लीप किंवा विड्रॉवल स्लीप सुद्धा भरता येत नाही किंवा नोकरी अर्ज/ कर्जविषयक अर्ज सुद्धा भरता येत नाही म्हणजे १०-११वी शिक्षण घेऊन सुद्धा अडाण्या शेतकऱ्यासारखीच यांची स्थिती आहे. विद्यार्थ्यांनी यावर स्वतः चिंतन करावे. विद्यार्थ्यांना मूल्यांधिष्टीत शिक्षण मिळत नाही. मी का शिक्षण घेत आहे? माझ्या शिक्षणाचा मला माझ्या समाजाला, देशाला काय व किती उपयोग होणार आहे? का मी फक्त पास होऊन मार्क मिळविण्यासाठी शिक्षण घेत आहे. काही विद्यार्थी आज ११वी पास आहेत. परंतु १०वी नापास आहेत त्यामुळे त्यांना १२वी मध्ये प्रवेश नाही त्यांची स्थिती 'धोबी का कुत्ता ना घर का ना घाट का' अशी झाली आहे. यंदाच्याही वर्षी ११वीला प्रवेश देण्यासाठी ३ ते ४ महिने लागले. ११वी कनिष्ठ महाविद्यालयातील विज्ञान शाखेतील विद्यार्थ्यांचे इतर शाखेपेक्षा जास्त नुकसान झाले आहे या विधानाशी कोणीही सहमत होईलच तरी अशाप्रकारचे कोणतेही शैक्षणिक नुकसान विद्यार्थ्यांचे न होता सर्व स्तरातील घटकांनी याची काळजी घ्यावी.

– मनोहर यादव

O.S.



मृत्यू - एक अटळ सत्य

जन्मावर जितकं प्रेम करता
तितकचं प्रेम मृत्यूवरही करा
म्हणजे,
आयुष्य आणखी सुंदर होईल.

“मृत्यू एक अटळ सत्य” तुम्ही माना पण जसा जन्माचा आनंद आहे, तसा मृत्यूचाही असला पाहिजे. मी असं का म्हणते ते तुम्हांला आता पटणार नाही. पण हा लेख वाचलात की कळेल. अहो, जन्माला आलेल्या जिवाचं मृत्यूचं तिकीट आधीच निश्चित झालेलं असतं, फक्त ती तारीख विधात्याच्या डायरीत नोंद असते. प्रत्येक माणूस हा “जन्माच्या स्टेशनवर मृत्यूचं तिकिट काढून आयुष्याच्या गाडीने प्रवास करित असतो.”

माझं हे म्हणण्यामागचा हेतू असा आहे की, अहो, जरं पानगळ झालीच नाही तर नवीन पालवी कशी येणार? तसचं जर “मृत्यू नसेल तर नवा जीव कसा येणार” पृथ्वीचा समतोल हा जन्म आणि मृत्यू ह्या दोन्ही गोष्टींवर अवलंबून आहे.

ज्या माणसाला मृत्यूचे शास्त्र कळते, तोच जगण्याचा आनंद फार निस्सीमपणे घेवू शकतो. कारण मरणाइतकं सुंदर जगात काहीही नाही. सगळे गुंतागुंतीतून बाहेर पडून, द्वेष, मत्सर, वासना, हव्यास ह्या सगळ्यांच्या पलीकडे न जावून परमात्याशी एकरूप होऊन त्यांच्या नामाचा गजर!

म्हणूनच जन्मावर जितकं प्रेम करता, तितकचं प्रेम मृत्यूवरही करा म्हणजे आयुष्य आणखी सुंदर होईल.

– भारती वामन दळवी
Jr. Clerk



ગુજરાતી વિભાગ

માનવ સંબંધો એ જ સાચી મૂડી છે

‘અગણિત વસ્તુઓ છે આ દુનિયામાં જે ગણી ન શકાય,
સંબંધો માત્ર એવા છે વિદ્યાની જેમ ભણી ન શકાય.’

આ પંક્તિઓ સંબંધોના મહત્વને દર્શાવે છે. પણ ખરું કહું તો સંબંધ જીવનમાં અમૂલ્ય ભાગ ભજવે છે. એમ કહી શકાય કે ઘબકારા વગરનું હૃદય નકામું તેમ સંબંધીઓના સાથ વગર સંબંધ નકામા. કહેવાય છે ભગવાન સંબંધો અને જોડીઓ ઉપરથી જ બનાવીને મોકલે છે. પણ કેટલાંક સંબંધો આ પૃથ્વી પર પણ આવીને બને છે. ખરેખર સંબંધો એવા હોવા જોઈએ જેમાં...

‘શબ્દો ઓછા ને સમજ વધારે હોય,
વિવાદ ઓછો ને રોષ વધારે હોય,
શ્વાસ ઓછો ને વિશ્વાસ વધારે હોય,
પુરાવા ઓછા ને પ્રેમ વધારે હોય’.

સંબંધ તો ખરા અર્થમાં સાચી મૂડી છે. સંબંધ એ અંધારા તરફથી ઉજાસ તરફ લઈ જવાનો એક માર્ગ છે. સંબંધીઓના સહકારથી માનવી ગમે તેવી મુશ્કેલીને પાર કરી જાય છે. સંબંધ એટલે માત્ર સુખ અને દુઃખમાં સહભાગી થવું નહીં. પરંતુ ખરા અર્થમાં તેને સમજવું, રાધા-કૃષ્ણ, મીરાં-કૃષ્ણ અને નરસિંહ-કૃષ્ણ જેવા અનેક અતૂટ અને આદર્શ સંબંધોના દષ્ટાંતો આપણી જાણમાં જ છે. જગતમાં અવનવા સંબંધો જોવા મળે છે. પછી એ માનવના માનવ સાથેના હોય કે પછી માનવના પ્રાણી અને પ્રકૃતિ સાથેના સંબંધો.

‘માનવી પોતાના અંગત લોકો સાથે લડી શકતો નથી,
કારણ માત્ર એટલું કે તેની સામે તેણે ‘જીતવું’ નહીં પણ ‘જીવવું’ હોય છે.’

જેમ ઝાડ તડકારૂં ધૂપને દૂર કરે છે તેમ સંબંધ પણ એક ઝાડની જેમ આપણને ઠંડૂ આપે છે. સંબંધો

રણમાં જળ જેવી રાહત આપે છે તેવી જ રીતે સંબંધોથી ઊભો થતો સહકાર જીવનરૂપી સમુદ્રના તોફાનો સામે લડવાની હિંમત આપે છે. સંબંધોની નાવથી જીવનરૂપી સાગર સરળતાથી પાર કરી શકાય છે. જીવન જીવવા જેવું લાગે છે.

એટલે જ તો કહ્યું છે કે,

‘જીવનમાં થોડી મીઠાશ હોવી જોઈએ,
હૈયામાં થોડી દુનવાશ હોવી જોઈએ,
જેની સાથે જીવીએ છીએ તેને બધું કહી શકો,
એટલી તો સંબંધોમાં દુનવાશ હોવી જોઈએ.’

કેટલાક સંબંધો કાચ જેવા છે. જેને સાચવી રાખવા ખૂબ જ અગત્યના છે. પરંતુ આજકાલનો માનવી તો તેને સમજતો નથી. માત્ર ને માત્ર આધુનિક વસ્તુઓને પોતાની બનાવી, બને તેટલા મૂડી, પૈસા, ઘરેણાંનો સંગ્રહ કરવો, તેમ જ બીજા કરતા અળ, વસ્ત્ર અને રહેઠાણનો દેખાવો કરવો એની ભાગદોડમાંથી જ માનવી ઉપર આવતો નથી. દુનિયામાં પૈસાની મૂડીથી ખૂબ જ મોટા માણસ બનવું એ જ લક્ષ્ય હોય છે. પણ ખરી મૂડી તો સંબંધોની છે એ તે સમજી શકતો નથી.

આ સંબંધ તો વૃક્ષ જેવા છે. જેમાં દુઃખ, ઈર્ષ્યા, ભેદ, ઝઘડારૂં પર્ણો તેમ જ સુખ, સહકાર, શાંતિ, પ્રેમરૂં પર્ણો પણ હોય છે. ખરેખર તો જીવનનું ગણિત સૌ કોઈએ સમજવું જોઈએ...

‘જેમાં સુખનો સરવાળો કરવો,
ગુણોનો ગુણાકાર કરવો,
ભેદનો ભાગાકાર કરી.
ઈર્ષ્યાની બાદબાકી કરવી જોઈએ.’

જીવન તો ખરેખર સુખદુઃખનું ત્રાજવું છે. તેના પલ્લાંઓ સંબંધોના સહકારથી સમાન થઈ શકે છે.

‘જીવનમાં ફૂલો ક્યારેય બે વાર નથી ખીલતાં,
જન્મો ક્યારેય બે વાર નથી મળતા,
મળવા ખાતર હજારો મળે આ દુનિયામાં
પણ હજારો ભૂલો માફ કરે એવા સંબંધો નથી મળતાં’.

સંબંધોને શાહીરૂપી અક્ષરોમાં વર્ણવી શકાય નહીં.

“બસ એટલા સંબંધ છે સાચા
જ્યાં સ્વયં ખુલે આપણી વાચા.”

– કુ. દયા કિડેચા

કે.ઈ.એસ. શ્રોફ કોલેજ,
(આચાર્ય શ્રી અમૃતલાલ યાજ્ઞિક
આંતર કોલેજ નિબંધ સ્પર્ધાનો
પ્રથમ પુરસ્કૃત નિબંધ)

વિરોધીઓની ઉપેક્ષા કરીએ

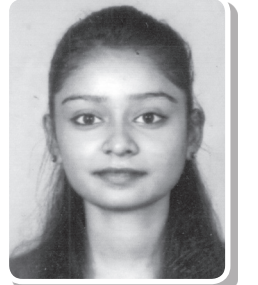
જેટલા ઉચ્ચ લક્ષ્ય હોય એટલા જ પ્રમાણમાં મનુષ્યને વિરોધીનો સામનો કરવો પડે છે. કોઈ પણ વ્યક્તિ અથવા સમાજ જ્યારે કોઈ મહાન લક્ષ્યની તરફ અગ્રેસર થાય છે, ત્યારે બીજા લોકો વગર કારણે જ વિરોધ કરવા લાગે છે. એના માર્ગમાં અવરોધ ઊભો કરે છે, ઉપહાસ કરે છે. એના આચરણ, અને ચારિત્ર્યપર આક્ષેપ કરવા લાગે છે. એના સહયોગીઓને બહેકાવે છે. આવી સ્થિતિમાં કેટલાય લોકોનાં ઈર્થ ડગમગવા લાગે છે. અને અંતે તેઓ લક્ષ્ય અને શુભ કામને છોડી દે છે.

જીવન સંગ્રામમાં કોઈ વિરોધ, ઉપહાસ અથવા મોહથી ગ્રસ્ત થઈને વિરત થવું એ મનસ્વી લોકો માટે જીવિત જ મૃત્યુ પ્રાપ્ત કરવા સમાન છે. એના માટે એક જ રસ્તો છે, પોતાનાં પથ પર આગળ વધતાં રહેવું. વિરોધ તથા વિઘ્નોથી નિપટવાનો બીજો માર્ગ છે. એની ઉપેક્ષા કરવી. સમાજમાં સંકીર્ણ પ્રકૃતિનાં

કૂપમંડુક લોકોની કમી નથી. આવો જ વર્ગ મોટો હોય છે. આવા લોકો વ્યર્થ જ ઈર્ષ્યા, દ્વેષ અથવા પોતાના સ્વાર્થથી પ્રેરાઈને સજ્જનોનાં માર્ગમાં વિઘ્ન નાખે છે, એની મજાક ઉડાવે છે. પરંતુ એનું એક જ સમાધાન છે કે આ પ્રકારના ખરાબ લોકોની પ્રવૃત્તિઓને ઉપેક્ષાની દૃષ્ટિથી જોવામાં આવે. એને પોતાની નીચતાને પ્રગટ કરવા દઈએ પરંતુ આપણે પોતાની સજ્જનતા તથા શાલીનતા ન છોડીએ. તેમજ પોતાના માર્ગ પર ચાલતાં રહીએ તો લોકો એની મેળે જ થાકીને બેસી જશે. આવા લોકોથી દૂર જ રહેવું જોઈએ નહીં તો બુદ્ધિમાન મનુષ્યએ આવા ઈર્ષ્યાળુ લોકોના આચરણ તથા હાવ-ભાવની ઉપેક્ષા કરવી જોઈએ.

– કુ. હેતલ પી. રાઠોડ

એફ.વાય.બી.એ. (અર્થશાસ્ત્ર)
(પુસ્તકમાંથી સંકલિત)



મારી મા

આખી દુનિયામાં ગૂંજતો અવાજ મારી મા.....

મારા આખા જીવનનું નામ મારી મા.....

શૈશવથી લઈ તરુણ અવસ્થા સુધી

મારાં સ્વપ્ન સજાવતી મારી મા.....

હાથ પકડીને દુનિયા દેખાડતી મારી મા

જીવન જીવતા શિખવાડતી મારી મા.....

દરેક પગલે સાથે દેનારી મારી મા.....

રોગે ઉલ્લાસથી મારું જીવન ભરનારી મારી મા.....

મને સુકામાં સુવડાવી પોતે

ભીનામાં જૂઈ જતી તે મારી મા.....

પરીક્ષા મારી અને ચિંતા લેનાર મારી મા.....

આજ મને કવિ બનાવનારી મારી મા.....

– કુ. આરતી રાઠોડ

એફ.વાય.બી.એ.
(અર્થશાસ્ત્ર)



રમત ગમત : ખેલદિલી અને ખુન્નસ

વ્યક્તિત્વ એટલે ઘણા બધા પાસાનો સમૂહ, જીવન ઘડતર એટલે વ્યક્તિત્વનો વિકાસ જે ઘણા બધા પરિબલો પર આધારિત હોય છે, જેમકે કુટુંબ, સમાજ, શિક્ષણ અને રમતગમત. વ્યક્તિના વિકાસમાં રમતગમત પણ મહત્વનો ભાગ ભજવે છે.

માનવ જીવનની શરૂઆત જ રમતગમતથી થાય છે. બાળક ચાલતાં શીખે એટલે રમવાનું શરૂ કરે. તે ઘરનો ઊંબરો ઓળંગતું થાય ત્યારે શેરીમાં જઈને રમવા લાગે. સંતાકૂકડી, સાતતાળી અને લંગડી જેવી રમતો રમતાં રમતાં રમતાં તે ક્રિકેટ, ટેનિસ અને ફૂટબોલ જેવી રમતો તરફ આકર્ષાય છે. ગામડાંના કિશોરો મહદ્ અંશે ગિલ્લીદંડા અને હુતૂતૂ જેવી રમતો રમે છે. જ્યારે શહેરોમાં ક્રિકેટ, હોકી, ટેનિસ, બેડમિંટન જેવી રમતોનું ચલણ વધુ હોય છે. રમતગમત પ્રત્યે મનુષ્યને સ્વાભાવિક પ્રેમ છે. સભ્યતા અને સંસ્કૃતિના વિકાસની સાથે માનવની ખેલવૃત્તિએ નવી નવી રમતગમતો શોધી કાઢી છે.

સ્વસ્થ શરીરમાં જ સ્વસ્થ મન નિવાસ કરે છે. સ્વસ્થ મન સદાય આશાભર્યું રહે છે. સાચા રમત પ્રેમીને પરાજયથી કદી દુઃખ થતું નથી. પરંતુ તે તો એમાંથી બોધપાઠ લે છે. નિષ્ફળતા તેના માટે સફળતાનો રાજમાર્ગ બની જાય છે. સાચો રમતવીર જીવનને પણ રમત સમજી ખેલદિલીપૂર્વક જીવે છે.

રમત ગમતનું મહત્વ હવે સ્વાસ્થ્ય અને મનોરંજન પૂરતું જ સીમિત રહ્યું નથી. રમતગમત દ્વારા યશ અને ધન પણ પ્રાપ્ત થાય છે. કેટલાય ક્રિકેટવીરો ક્રિકેટમેચની કમાણી વડે સાધનસંપન્ન બની ગયા છે. ક્રિકેટ, ટેનિસ, બોક્સિંગ કે કુસ્તી વગેરેની સ્પર્ધાઓમાં વિશેષ સિદ્ધિ મેળવનારા રમતવીરો અઢળક સંપત્તિ પ્રાપ્ત કરે છે.

આજે રમતગમત પ્રત્યેની આપણી દષ્ટિ ખૂબ જ વિશાળ બની ગઈ છે. ક્રિકેટ, હોકી, ફૂટબોલ અને ટેનિસ જેવી રમતોની આંતરરાષ્ટ્રીય સ્પર્ધાઓ દ્વારા આજે

વિશ્વમાં એકતા અને વિશ્વબંધુત્વની ભાવના વિકસી છે. આમ વિશ્વશાંતિ માટે રમતગમતનું વિશેષ મહત્વ છે.

આપણા યુવાનોને રમતગમત માટે જરૂરી પ્રેરણા, સાધનો તથા સગવડો મળી રહે એ માટે સરકાર વિશેષ પ્રયત્ન કરી રહી છે.

રમતગમત દ્વારા કેળવેલી શિસ્ત જીવન ઘડતર કરે છે. આજે IPLમાં વિશ્વના બધાજ ખેલાડીઓનો સમાવેશ થાય છે. એક જ ટીમમાં વિવિધ દેશના શ્રેષ્ઠ ખેલાડીઓ શ્રેષ્ઠ પ્રદર્શન કરવા માટે તત્પર હોય છે. રમતગમતને કારણે સંઘભાવના ઉદ્ભવે છે. જેમાં દરેક ખેલાડીની શક્તિ સાથે તેની મર્યાદા પણ સ્વીકારી લેવામાં આવે છે. પરિણામે તેઓ સારામાં સારું પ્રદર્શન કરી શકતા હોય છે.

આજના રમતવીરો આંતરરાષ્ટ્રીય સ્તરે પણ પોતાના દેશનું નામ રોશન કરવા મરણિયા પ્રયાસ કરે છે. ટેબલ ટેનિસના ક્ષેત્રે ડબલ્સમાં જુદા જુદા ખેલાડીઓ જોડી બનાવીને રમતા હોય છે. દા.ત. સાનિયા મિર્ઝા અને હિંગીસની જોડીએ ઘણા બધા ટાઈટલ્સ જીત્યા છે. ક્રિકેટના ક્ષેત્રે, ફૂટબોલના ક્ષેત્રે તથા અન્ય રમતગમતો માટે કોચની સેવા પૂરી પાડતા ભૂતપૂર્વ ખેલાડીઓ ખેલદિલીનો ઉત્તમ પુરાવો છે.

સિક્કાની બીજુ બાજુ એ છે કે આજના રમતવીરો ઝનુન સાથે રમતા હોવાથી ધીરજ અને સહિષ્ણુતા ગુમાવે છે ત્યારે ઘણા પ્રશ્નો ઉદ્ભવે છે.

આજે રમતગમતમાં ખેલદિલીનું સ્થાન ખુન્નસે લીધું છે. અને પરિણામે રમતગમતના મેદાનમાં ગાળાગાળી અને પરિણામે મારામારી થતી પણ જોવા મળે છે. પરાજયનો સ્વીકાર કરવાને બદલે બીજા ઉપર દોષનો પોટલો ઢોળવાનો પ્રયત્ન કરવામાં આવે છે. ૨૦૦૭ના વર્લ્ડ કપમાં પાકિસ્તાનની ટીમ ભારત સામે હારી ગઈ ત્યારે ગુસ્સે ભરાયેલા ટીમના સભ્યોએ તેના કોચને જ મારી નાખ્યો. રમતગમતના મેદાન પર રમત

જોવા આવેલા પ્રેક્ષકો પણ ઘૂણાજનક હરકતો કરતા હોય છે.

જ્યારે ક્રિકેટરો શૂન્ય રન પર આઉટ થાય ત્યારે પ્રેક્ષકો તેમને શંકાની નજરે જોતા હોય છે. જે ટીમ હારી જાય છે. તે દેશમાં સન્નાટો છવાઈ જાય છે. ઘણા દેશોમાં રમતવીરોના પૂતળાઓ બાળવામાં આવે છે. ટીવીઓ ફોડી નાખવામાં આવે છે અને ઘર પર પત્થરો ફેંકવામાં આવે છે. ઘણીવાર વંશીય ટીપ્પણી પણ કરવામાં આવે છે. અને પરિણામે રમતવીરોને દંડ અને પ્રતિબંધનો સામનો કરવો પડે છે.

રમતગમત એ તો વિકાસનું માધ્યમ છે. જેના દ્વારા વ્યક્તિ પોતાનો શ્રેષ્ઠ પ્રયાસ રજૂ કરે છે. દરેક વ્યક્તિ જીતની ભાવના સાથે જ ઉતરતી હોય છે. પણ જીત તો કોઈ એક વ્યક્તિ અથવા ટીમને જ મળતી હોય છે. તો રમતગમતની ખેલદિલીની ભાવના એ છે કે જીતો તો ફુલાર્થ ન જવું અને હારો તો પરાજય સહન કરવો. જો આ ભાવના હોય તો રમતગમત વૈશ્વિક સંબંધોને મજબૂત કરવામાં મહત્વનો ફાળો આપે છે. પરંતુ સમયાંતરે અજેયની ભાવના જન્મે છે. જે વ્યક્તિની ખેલદિલીને ખતમ કરે છે.

“મને મળી કંઈક નિષ્ફળતા તેથી સફળ થયો જીંદગીમાં”

આ ભાવના હોવી જરૂરી છે. સચિન તેંડુલકર જ્યારે પ્રથમ વખત બેટીંગ કરવા ઊતર્યો ત્યારે શૂન્ય રન પર આઉટ થયો. પોતાની કારકિર્દી દરમ્યાન નિષ્ફળ પણ ગયો પરંતુ દરેક નિષ્ફળતામાંથી કંઈક શીખીને દુનિયાનો શ્રેષ્ઠ ક્રિકેટર બન્યો. બસ મિત્રો આજ ભાવના સાથે રમતગમત રમાય તો રમતગમતનું ભવિષ્ય ઉજ્જવળ બને છે.

– શ્રુતિ હરસુખભાઈ પોઝાર

એફ.વાય.બી.એ. (ગુજ.)

(આચાર્ય શ્રી અમૃતલાલ યાજ્ઞિક

આંતર કોલેજ નિબંધ રૂપર્યાનો

દ્વિતીય પુરસ્કૃત નિબંધ)



– ડો. દક્ષા બિપિન માવદિયા

(અધ્યાપક, કનિષ્ઠ મહાવિદ્યાલય)



મૈત્રી

મૈત્રી એ તો ઘટના છે.

શબ્દે સમાય નહીં,

મૈત્રી એ તો મૈત્રી છે;

કેમ? – એ કહેવાય નહીં.

મૈત્રી બાંધી બંધાતી નથી

કે સાંધી સંધાતી નથી,

મૈત્રી કાપ્પે કપાતી નથી;

એ છે જીવનનો સઘિયારો.

મૈત્રી તું એક એવું વૃક્ષ,

જ્યા ઝંઝાવાત પણ

નિરાંતના શ્વાસ લે;

તારી રમૃતિ કેવી? રાતરાણીની સુગંધ જેવી.

મૈત્રીની છે પ્રીત નિરાળી

એની સાથે ખુલી જવાય.

જગતને ભૂલી જવાય.

બધુંજ-બધુંજ કબૂલી શકાય.

સર્યો સમય રહેજમાં મધુર મૈત્રીના સંગમાં,

કદી સતત બોલબોલ, કદી મૌનના સાગરે.

ભલે નયનથી રહે સુદૂર તે છતાં,

સદાય તવ સ્થાન છે હૃદયનાં સિંહાસને.

માનવસંબંધો એ જ સાચી મૂડી

‘ન બાંધો માણસને કોઈ સીમાઓમાં
એક તો રઢિયાળો છે ને સાથે જરા રેઢિયાળા છે.’

-ભગવતીકુમાર શર્મા

ઈશ્વરે માણસને સર્જીને કમાલ કરી છે. જીવસૃષ્ટિ આખી કુદરતના નિયમો પર ચાલે છે. પરંતુ માનવી જ એવો છે જે પોતાના નિયમો બનાવે છે. આદિમતાથી લઈને આધુનિકતા સુધીના આ સફરમાં અનેક ઉતાર-ચઢાવ માણસે જોયા છે. માણસને અપાર શક્તિઓ મળેલી છે; તેને સંબંધોની મૂડી મળી છે. વાંદરાને માસા-માસી નથી હોતા, હરણને મામા-ભાણેજ નથી હોતા, સસલામાં કોઈ સાળી-સાઢુ નથી હોતા. સંબંધો એ માણસે પ્રાપ્ત કરેલો સઘિયારો છે.

માનવીય સંબંધોની ભાત અને જાત નિરખવા અને પરખવા જેવી છે.

- કેટલાક સંબંધો ગુલમહોર અને ગરમાળિય હોય છે. ભરઉનાળે આંખને ઠંડક આપે, તેમજ રંગદીક્ષા આપે.
- કેટલાક સંબંધો બાવળિયા હોય છે. ઉપયોગી છતાં કાંટાળા.
- કેટલાક સંબંધો બોગનવેલ જેવા હોય છે, સુગંધ નહીં, શોભા વધારનારા.
- કેટલાક સંબંધો વડલાની શીતળ છાયા જેવા, તો કેટલાક લીમડા જેવા ગુણકારી.
- કેટલાક સંબંધો વસંતમાં ખીલતા આશ્રમંજરી જેવા, કેટલા પારિજાત જેવા સુવાસદાયક.
- કેટલાક સંબંધો ‘ઓક્સિસ ફ્લાવર્સ’ જેવા હોય છે, સવારે ઉગીને સાંજે બીડાઈ જાય.

- ગુણવંત શાહ

માણસ અનેક સંબંધોથી ઘેરાયેલો હોય. માતાના ગર્ભમાં જ બાળકનો મા સાથેનો સંબંધ જોડાય જાય છે. બીજા સંબંધો જેમ કે ભાઈ-બહેન, બહેન-બહેન, ભાઈ-ભાઈ, મામા-મામી, દાદા-દાદી, માસા-માસી, નાના-નાની વગેરે સંબંધો જન્મદત હોય છે.

જન્મદત સંબંધો પછી સંબંધોનું એક સરોવર રચાય છે. તેમાં પાડોશી સાથેના સંબંધ, મિત્રો સાથેના શાળાના શિક્ષકો અને આચાર્ય સાથેના સંબંધો મહત્વપૂર્ણ હોય છે.

‘સંબંધ એક એવો બંધ છે, જેમાં પૂર આવે તોય છલકાતો નથી.’

આ માનવસંબંધો ખરા અર્થમાં સાચી મૂડી છે. કારણકે તકલીફોના તડકા સામે માનવસંબંધો જ છાંયડો આપે છે. મુશ્કેલીઓના મોજા સામે મક્કમ ઊભા રહેવામાં સંબંધોનો ફાળો મહત્વનો હોય છે. તલવારરૂપી તકલીફો સામે આ સંબંધો જ ટૂંક અને સહકારની ઢાલ બનીને ઊભા હોય છે. ટૂંક, સાથ, સહકાર, જીવન જીવવાનો ઉલ્લાસ અને સદ્ગુણોનો વિકાસ આ સંબંધોને કારણે જ મળે છે/થાય છે.

હોસ્પિટલમાં જ્યારે કોઈ સ્વજન દાખલ હોય ત્યારે માણસને સમજાય કે માનવસંબંધો કેટલા મહત્વના છે. પૈસાથી દવા અને સારવાર મેળવી શકાય. દુવા અને સહકાર માટે તો માનવીય સંબંધો અનિવાર્ય છે. પૈસાથી ઘણું ખરીદી શકાય પરંતુ લાગણીઓ નહીં.

માનવી સંબંધો જ આપણું પાયાનું ચણતર અને ત્યારબાદ જીવનનું ઘડતર કરતાં હોય છે.

‘जिंदगी में ये हूनर भी आजमाना चाहिए,
जंग अगर अपनों से हो, हार जाना चाहिए।’

જી હા, માનવસંબંધોને ટકાવવા માટે જતું કરવાની ભાવના પરસ્પર સહકાર સન્માન અને પ્રેમ જરૂરી છે. સંબંધોની પણ સ્વીકૃતિ, પ્રકૃતિ અને વિકૃતિ હોય છે. જ્યારે માનવસંબંધોમાંથી વિશ્વાસ ઊઠી જાય ત્યારે માનવીની માનસિકતા બદલાય જાય. ‘બેક્લામે’ આ માનસિકતાને બહુ સરસ રીતે કલમમાં ઉતારી છે.

‘જીવન જીવવાની લહાયમાં
મૂંઝાઈ ગયેલો માણસ છું,
સુખ આપો એનો હર્ષ નથી,
દુઃખ આપો એનો શોક નથી,
દુનિયાના સર્વ અનુભવોથી
ટેવાઈ ગયેલો માણસ છું.’

સુરેશ દલાલ કહે છે કે ઈચ્છાઓ જ આપણા દુઃખનું કારણ છે. આપણી ઈચ્છાઓ હણહણતી હોય છે. એને કાંચળીની જેમ ઉતારીએ તો મન આપોઆપ શાંત થઈ જાય.

હરીન્દ્ર દવે કહે છે -

‘કોઈનો પ્રેમ ક્યારેય ઓછો નથી હોતો,
આપણી અપેક્ષાઓ જ વધુ હોય છે.’

માણસે યાદ રાખવું જોઈએ કે તેણે સંબંધોમાં પ્રેમ, પ્રામાણિકતા અને સાહજિકતાને પ્રાથમિકતા આપવાની છે. જે સંબંધોમાં નમ્રતા ભળે એ ખરા અર્થમાં મૂડી બની રહે કોઈકે સાચું જ લખ્યું છે,

‘નમે એના છાંયણા હોય સાહેબ,
જોયો છે કદી વિસામો આસોપાલવની ઓથે’.

સ્વીન્ડ્રનાથ ટાગોરે કહ્યું છે -

The one who gives all keeps all.

જે બધું જ આપી દે છે એની પાસે બધું જ આવી જાય છે. સંબંધોને પણ આ વાત કેટલી સરસ રીતે લાગુ પડે!

ઈશ્વરે માણસને લોહીના સંબંધથી પણ ઉપર માનવીય સંબંધ સાથે જોડ્યો છે. એટલે જ તો ઉમાશંકર લખે છે કે,

‘વ્યક્તિ મટીને બનું હું વિશ્વમાનવી’.

આ સંબંધો સારી મૂડી છે એનું મુખ્ય કારણ એ છે કે આ સંબંધો જ આપણને ઈશ્વર સાથેના સંબંધથી જોડે છે. આ સંબંધો ઈશ્વર સુધી પહોંચવાના પગથિયાં છે. જો આ સંબંધોમાં નિઃસ્વાર્થતા, પ્રેમ, સેવા, કરુણા, સહજતા અને નિર્મળતા હશે તો ઈશ્વર સાથેનો સંબંધ ગાઢ બનશે.

સુરેશ દલાલ ઈશ્વરને સંબોધીને લખે છે કે,

‘આમ તો સંબંધોના બંધનથી માનસિક રીતે મુક્ત છું, છતાંય બંધન એ બંધન છે. માણસને આઘા કરીને, તેમને પારકા કે પરાયા કરીને તારી પાસે આવું એમાં તો તારો જ દ્રોહ છે. એવું જાણે તું કહ્યા કરે છે. ‘તારા મોઢમાં હું કોઈનો દ્રોહ ન કરું’. હું તારા મંદિરે આવું એ વાત વિરોધાભાસ જેવી લાગે પણ એ સત્ય છે.’

ભગવદ્ગીતામાં કહ્યું છે તમે ઈશ્વર સાથે જે સંબંધથી જોડાશો એ જ રીતે એ તમારી સાથે જોડાશે.

કવિ હિતેન આનંદપરા લખે છે કે, ‘ઋણાનુબંધની અમૂલ્ય મૂડી બધાના નસીબમાં હોય છે. આપણે તો એ સહ જોવાની કે ક્યારે એ મૂડી આપણા નામે થાય.

અંતે,

‘ચાલ ફરીએ,

માર્ગમાં જે મળે એને મનનું વહાલ ધરીએ.’
માનવીય સંબંધો ખરા અર્થમાં મૂડી પરવાર થાય.

- કુ. તરુણાબા પી. જોડેજા
એમ.એ. (માનસશાસ્ત્ર)

(આચાર્ય શ્રી અમૃતલાલ યાજ્ઞિક
આંતર કોલેજ નિબંધ સ્પર્ધાનો
દ્વિતીય પુરસ્કૃત નિબંધ)



“માનવસંબંધો એ જ સાચી મૂડી”

‘વસુધૈવ કુટુંબકમ્’ એટલે કે સમગ્ર વિશ્વ મારું કુટુંબ છે. પ્રેમ અને સહિષ્ણુતાની ભાવનાને લીધે ભારતમાં વિવિધ ધર્મ, વિવિધ જાતિ, વિવિધ સંસ્કૃતિના લોકો સાથે રહે છે. જે માનવનાતા સંબંધો છે. કોઈપણ સંબંધ માટે સહનશીલતા, જતું કરવાની ભાવના અને નિઃસ્વાર્થ પ્રેમ જરૂરી છે.

૨૦૦૭માં અમેરિકામાં થયેલાં સર્વેક્ષણના અહેવાલ મુજબ માનવી વારંવાર નોકરીઓ બદલે છે. તેનું કારણ પગાર નહીં પણ કામ કરવાના રથળે કર્મચારીઓ સાથે અનુકૂળતા ન આવવાથી તે નોકરી બદલે છે. માનવની નિષ્ફળતાનું કારણ તેનું વર્તન છે. જ્યારે વ્યક્તિ લોકો સાથે સમાયોજન કરવામાં નિષ્ફળ જાય છે ત્યારે તેના ઘરમાં, કુટુંબમાં અને કામ કરવાના રથળે લોકો સાથેના સંબંધ બગડે છે અને તે હતાશ અને નિરાશ થઈ જાય છે. આજે ચાલીસ ટકા લોકો ડિપ્રેશનનો ભોગ બને છે; તેનું કારણ આ જ છે. આજે છૂટાછેડાના કેસ માટે પણ પતિ-પત્નીના સમજવાની તૈયારી ન હોવું જ જવાબદાર છે.

કોઈપણ સંબંધ માટે એકબીજાને અનુકૂળ થવું જરૂરી છે. તે માટે સહનશીલતા, નિઃસ્વાર્થ પ્રેમ, જતું કરવાની ભાવના, સમર્પણની જરૂર પડે છે. પણ આધુનિક માણસમાં ધીરજ અને સહનશીલતાનો જ અભાવ છે. તેથી જ સંબંધો બગડે છે. પ્રખ્યાત સમાજસુધારક સાને ગુરુજીએ આત્મહત્યા કરી તેનું કારણ હતાશા અને નિરાશા હતું. દુનિયા આપણા પ્રમાણે નથી ચાલતી, આપણે દુનિયા પ્રમાણે ચાલવું પડે છે, જો તડકો વધારે હોય તો આપણે પૃથ્વી પર ચામડીનું કવચ ન લગાવી શકીએ પણ જો આપણે જ પગમાં ચપ્પલ પહેરી લઈએ તો પગ ન બળે. કબીરે કહ્યું છે કે-

“બુરા જો દેખન મૈ ચલા, બુરા ન મિલિયા કોઈ;
જો દિલ ખોજા અપના, મુજસે બુરા ન કોઈ”.

આમ જો આપણે જ આપણા દુર્ગુણો ગોતીને તેને દૂર કરી દઈએ તો સંબંધો ફરી બંધાય શકે કુટુંબને અનુકૂળ થવા જો વ્યક્તિ જતું કરવાની ભાવના અપનાવે તો ઘર મંદિર બની જાય છે. ડો. શાહે નોંધ્યું છે કે સામાજિક સમસ્યાનું મૂળ વણસેલા સંબંધો છે. સાસુ-વહુ, ભાભી-નણંદ, ભાઈ-ભાઈના સંબંધો ઈર્ષ્યા અને

અહંકારને લીધે જ બગડે છે. જેનું પરિણામ દુઃખદ આવે છે. લોકો સ્વજનના મૃત્યુ પછી રડે છે. તેનું કારણ મૃત્યુ નથી પણ આટલા વર્ષો સાથે રહેવા છતાં એ વ્યક્તિ અજાણી જ રહી અને અજાણી જ ચાલી ગઈ. તેને સમજવાની એક તક મળી હતી એ પણ ચૂકી ગયા.

પ્રખ્યાત વૈજ્ઞાનિક આઈનસ્ટાઈને ખૂબ શોધો કરી અને નામના મેળવી. પણ તેમણે અંતમાં કહ્યું હતું કે, “હું મારી શોધમાં એટલો ડૂબી ગયો કે મેં કોઈ સાથે સંબંધ ના જોડ્યા તેનો અફસોસ મને અંત સુધી રહેશે.”

“ઢાઇ અક્ષર પ્રેમ કા, પઢે સો પંડિત હોય.”

માનવસંબંધો સાચવવા માટે પુરસ્તકીય જ્ઞાન નહીં, પ્રેમની જરૂર છે. આજે મોટા ભાગના ઝઘડાઓનું કારણ પૈસા જ છે. પૈસા માટે પિતા-પુત્ર, ભાઈ-ભાઈ, મિત્ર-મિત્રનાં સંબંધો બગડે છે. ઘન માણસને બદલી નથી નાખતું, પણ વ્યક્તિનું અસલ સ્વરૂપ પ્રગટ કરે છે.

સોશ્યલ નેટવર્કિંગ સાઈટ્સનો ઉપયોગ કરી લોકોના દુનિયાભરમાં લાખો ફેન્ડસ છે. પણ તેઓ પોતાના ઘરમાં જ અજાણ્યાની જેમ રહે છે.

“થોડા લાગણીભર્યા સંબંધોની તરસ છે,
બાકી જિંદગી તો બહુ સરસ છે.”

દુનિયામાં કોઈપણ વ્યક્તિ પાસે જો બધું જ હોય . પરંતુ લાગણીભર્યા સંબંધો ન હોય તો કાં તો એ પાગલ થઈ જાય છે અથવા તો આત્મહત્યા કરે છે. માટે જ માનવસંબંધો એ સાચી મૂડી છે.

જો જીવનમાં અહંકાર ન હોય, સમર્પણની ભાવના, નિઃસ્વાર્થપણ, ધીરજ, જતું કરવાની ભાવના, અને સહનશીલતા હોય ને તો આપણું જીવન ફૂલબાગની જેમ મહેકી ઊઠે છે. જેની સુવાસ ફક્ત જીવતા જ નહિ પણ મરણ પછી પણ આવે છે.

“હસતાં હસતાં રડી પડે ભૈ માણસ છે,
રમતાં રમતાં લડી પડે ભૈ માણસ છે.”

— કુ. ઊર્વશીબા જાડેજા
એફ.વાય.બી.એ. (ગુજ.)

(આચાર્ય શ્રી અમૃતલાલ યાજ્ઞિક આંતર કોલેજ
નિબંધ સ્પર્ધાનો તૃતીય પુરસ્કૃત નિબંધ)

મહિલા-અવનવા... શિખરો સર કરવાની મક્કમતા

“ધરાનું ઘૈર્ય, વાયુનું વાત્સલ્ય,
સરિતાની શીતળતા, ફૂલોની કોમળતા,
ઈન્દ્રધનુષના રંગોની સુંદરતા અને-
સૂર્ય-ચંદ્રના તેજ-કિરણો લઈ-
ઈશ્વરે જે દિવ્ય મૂર્તિનું સર્જન કર્યું એ છે “નારી”.

જીવનમાં મહિલાઓનું મહત્વ ખૂબ જ ઊંચું રહ્યું છે. મહિલા એટલે સહનશીલતાની પરાકાષ્ટા. આજની મહિલા અવનવા શિખરો સર કરે છે. પ્રાચીન સમયમાં મહિલાઓને એટલું મહત્વ ન હતું, તેઓને માન આપવામાં નહોતું આવતું. પરંતુ આજના સમયમાં સ્ત્રીઓ ખૂબ જ આગળ વધી રહી છે. ઊંચી ઊંચી ડીગ્રીઓ મેળવી પુરુષોની સાથે કદમથી કદમ મિલાવી રહી છે. કહેવાયું છે ને કે-

“કદમ અસ્થિર હોય તેને રસ્તો નથી જડતો,
અડગ મનના મુસાફરને, હિમાલય પણ નડતો નથી.”

સ્ત્રીઓ આજે ઘારે તે કરી બતાવે છે. નારીને ઈશ્વર સમી ગણવામાં આવે છે. “નારી તું નારાયણી”. ઈશ્વરે સૃષ્ટિ સર્જી, મા બાળકનું સર્જન કરી સૃષ્ટિના ખોળે રમતું મુકે છે.

આવી સ્ત્રી આજે સાચા અર્થમાં મહિલા બની છે. મહાન થવા સર્જાયેલી છે. પુરુષપ્રધાન દેશમાં સ્ત્રી ડોક્ટર, શિક્ષક, વકીલ ને પાયલોટ પણ બની રહી છે. આપણાં વડાપ્રધાન શ્રી નરેન્દ્ર મોદીજીની પંક્તિઓ યાદ આવે છે -

‘પ્રારબ્ધને અહીં ગાંઠે કોણ,
હું તો પડકાર ઝીલનારો માણસ છું,
તેજ ઊછીનું લઈ નહીં,
હું તો જાતે બળતું જ્ઞાનસ છું.’
આવી સમર્પિત આજની મહિલા છે.

પ્રાચીન સમયમાં સ્ત્રીઓ પર ખૂબ જ અત્યાચાર થતાં હતાં જ્યારે આજની મહિલાઓ જીંદગીની દર એક પળને સુંદર રીતે અને આંનદથી જીવે છે. આવી જ મહિલાઓ કહી શકે છે કે -

“અમને નાંખો જીંદગીની આગમાં
આગને પણ ફેરવીશું બાગમાં,
સર કરીશું આખરે સદૃ મોરચા,
આવવા દો મોતને પણ લાગમાં.”

મહિલાઓને આજે પુરુષ સમોપડી ગણવામાં આવે છે. તે સંઘર્ષનો સામનો કરી શકે છે. પ્રાચીન સમયમાં મહિલાઓ પર જે ત્રાસ થતો હતો અને મહિલાઓ પર જે જુલ્મ અને ગુલામીનો વરસાદ પડતો હતો. તે આજના સમયમાં ખૂબ જ ઓછું જોવા મળે છે. આજની મહિલાઓ કોઈપણ સંજોગોનો સામનો કરી પોતાના ધ્યેય સુધી પહોંચીને જ રહે છે.

સાવિત્રિબાઈ ફૂલે એ એક પ્રભાવશાલી નારી હતા. જેણે મહિલાઓ શિક્ષિત હોવી જરૂરી છે તે સાબિત કર્યું. પોતાના પતિ સાથે મળી શાળા ખોલી. સ્ત્રીઓના હિત અને કલ્યાણ માટે ખૂબ જ પ્રયત્નો કર્યા. તેજ રીતે સરોજીની નાયડુ, ઈરાવતી કર્વે, ઇન્દિરા ગાંધી જેવી અનેક મહિલાઓએ સમાજ માટે જે કાર્ય કર્યું તે આજે પણ લાભદાયક છે. કલ્પના ચાવલા અને સુનિતા વિલિયમ્સ જેવી સ્ત્રીઓએ અવકાશમાં જઈ અવનવી શોધખોળો કરી.

એવું કહેવાયું છે કે - ‘જો કોઈપણ વ્યક્તિ પોતાના દુઃખો ઝીલતાં શીખે તેને જીવનનો મહિમા સમજાય છે.

વિશ્વમાં કોઈપણ ક્ષેત્ર બાકાત નથી રહ્યું જે સ્ત્રીએ સર ના કર્યું હોય!! શિક્ષણક્ષેત્ર હોય કે ઈન્ફરમેશન ટેક્નોલોજીનું ક્ષેત્ર, વિજ્ઞાનનું ક્ષેત્ર હોય કે વ્યાવસાયિક ક્ષેત્ર પ્રત્યેકમાં આજની મહિલા અવ્વલ નંબર ધરાવે છે. પ્યુનથી લઈને પ્રાઈમ મિનિસ્ટર હોય કે ડ્રાઈવરથી લઈને ડોક્ટર સુધી. બધે જ મહિલાઓએ પોતાનો સિક્કો જમાવ્યો છે. તેથી સાચું જ કહ્યું છે કે -

“જે કર ઝૂલાવે પારણું, તે જગત પર શાસન કરે.”

- કુ. અક્ષિતા પઠિયાર

કે.ઈ.એસ. શ્રોફ કોલેજ,

(આચાર્ય શ્રી અમૃતલાલ યાજ્ઞિક આંતર કોલેજ
નિબંધ સ્પર્ધાનો તૃતીય પુરસ્કૃત નિબંધ)

રૂપિયો રંગ બદલે છે

ઈશ્વરે આ સૃષ્ટિનું સર્જન કર્યું. જેમાં નદી, પર્વત, ઝાડ-પાન જેવા પ્રકૃતિના તત્વોને વિવિધ રંગો આપ્યા. રંગબેરંગી ફૂલોથી આપણી સૃષ્ટિ રંગીન થઈ ગઈ. ગુલાબી, પીળો, લાલ, કેસરી જેવા વિવિધ રંગો વગર આપણી પૃથ્વી નીરસ, શુષ્ક થઈ જાત. આમ, રંગો એ માણસના જીવનનાં અવિભાજ્ય અંગ છે.

માનવ જીવનની મૂળભૂત જરૂરિયાતો ત્રણ - ખોરાક (અન્ન), રહેઠાણ અને કપડાં. પછીથી આમા શિક્ષણનો ઉમેરો થયો અને પછી આવ્યા પૈસા. એ જમાનો હતો જ્યારે માણસના ખિરસામાં કાણી કોડી ના હોય તો પણ માણસ જીવી શકતો. આજે ખાલી ખિરસે ઘરની બહાર નીકળવું એ પણ બહુ હિંમતની વાત છે.

‘નાણાં વગરનો નાથિયો નાણે નાથાલાલ.’

પ્રાચીન સમયમાં પૈસા જેવી કોઈ વસ્તુ ન હતી. લેવડદેવડ દ્વારા જ સમાજના બધા વ્યવહારો પાર પાડવામાં આવતાં. રાજા મહારાજના સમયે સોના-ચાંદીના સિક્કા વપરાતાં. પછી તાંબાના સિક્કા આવ્યા અને પછી વિવિધ ધાતુના. મોહંજોદડોના સમયમાં સિક્કા હોવાના પુરાવાઓ મળી આવ્યા છે. પહેલા કોડી હતી, પછી આના અને પાઈ-પૈસા પછી રૂપિયાનું આગમન થયું અને વ્યવહારના સમીકરણો બદલાઈ ગયા.

માનવી શરીરના હૃદય જેટલું અગત્યનું સ્થાન રૂપિયાનું છે. રૂપિયાથી આપણે કોઈપણ વસ્તુનું મૂલ્ય નક્કી કરી શકીએ છે. પણ વસ્તુનું મૂલ્ય પૈસામાં માપતા માપતા ક્યારે માણસનું મૂલ્ય પણ પૈસામાં મપાવા લાગ્યું તેની ખબર જ ના પડી.

‘રૂપિયો’, આને ઈશ્વરનો કોઈ અવતાર કહો કે પછી કોઈ ચમત્કારિક આવિષ્કાર. રૂપિયામાં એવી તો શક્તિ છે. કે તે કંઈપણ બદલી શકે છે. એક ગરીબના હાથમાં પૈસા મૂકો તો તેની આખી જીવનશૈલી જ બદલાઈ જાય છે. તેના વિચાર, વાણી, સ્વભાવ, રહેઠાણ

વગેરે. રૂપિયામાં ખૂબ શક્તિ છે. તેને વાપરતા ન આવડે તો તે ઉલટી દિશામાં પણ બદલાવ કરી શકે છે. રૂપિયો શ્રદ્ધાને વેપારમાં બદલી શકે છે, ન્યાય ને અન્યાયમાં તો વિશ્વાસને વિશ્વાસઘાતમાં પણ બદલી શકે છે. જો તમે કોઈ માણસને કોઈ કામ કરવા કહો અને તમારે તેની ‘ના’ સાંભળવી પડે તો તેના હાથમાં પૈસા મૂકીને તેની ‘ના’ને પણ ‘હા’માં બદલી શકો છે. આમ રૂપિયામાં માણસને બદલી નાખવાની શક્તિ છે.

રૂપિયો ઝૂંપડપટ્ટીને પણ બંગલો બનાવી શકે છે જ્યારે ઘનવાનને પણ રસ્તા ઉપર લાવી શકે છે. આમ રૂપિયો કંઈપણ બદલી શકે છે પણ તે તો રૂપિયાને વાપરનારા ઉપર નિર્ભર કરે છે. જો તમે માલિક થઈને રૂપિયાને વાપરો તો તે તમારા જીવનનું કલ્યાણ કરે છે. અને જો તમે તેના ગુલામ થઈને રહો તો તે તમારા જીવનનું સત્યાનાશ પણ કરી શકે છે.

માનવીની પ્રતિષ્ઠાનું માપદંડ છે રૂપિયો. સમાજમાં પણ ખૂબ મોટો ફેરફાર થયો છે. હવે તો રૂપિયાના આધારે વર્ગો તૈયાર થાય છે. ઉપલો વર્ગ, મધ્યમ વર્ગ, નીચલો વર્ગ. જીવન બદલવાની લાલચમાં માણસ જ ક્યારે બદલાઈ ગયો તે ખબર જ ના પડી. માણસાઈના રંગ પર કાળો રંગ લાગી ગયો છે. તેથી જ તો કહે છે.

‘રૂપ અને રૂપિયો સાચવેલો સારો.’

માણસના જીવનમાં રંગીન રંગોથી રંગેલી રંગોળી ક્યારે વિખેરાઈ ગઈ તે ખબર જ ના પડી.

રૂપિયાને પોતાનું મૂલ્ય છે અને જ્યારે માણસ ગેરમાર્ગે પૈસા કમાવવાનો પ્રયત્ન કરે છે. ત્યારે રૂપિયો પણ તેને પાઠ ભણાવે જ છે. પહેલા એક રૂપિયામાં માણસની ભૂખ સંતોષાઈ જતી. અને આજે... આજે તો ભૂખ સંતોષવા માટે એક કોળિયો પણ ના મળે. તેથી જ પહેલાના સિક્કાઓ ઉપર અન્નધાન્યનું ચિત્રણ કરવામાં

આવતું જ્યારે આજે રૂપિયો આપણને અંગૂઠો જ બતાવી દે છે. પણ આ અંગૂઠો કદાચ આપણને ALL THE BEST કહેતો હોય. કારણ હવે રૂપિયો શું રંગ બદલશે તેની કોઈને ખબર નથી.

રૂપિયો જેમ માણસનો રંગ બદલે છે તેમ રૂપિયો પોતાનો પણ રંગ બદલે છે. તેનું હાલનું ઉદાહરણ છે DEMONITIZATION. આના અર્થશાસ્ત્રકીય ખૂબ જ હાયદા છે અને ગેરહાયદા પણ પરંતુ આના લીધે સામાજિક ફેરફારો પણ થયા છે. ટૂંકમાં કહું તો - 'લાલ-પીળીથી ગુલાબી-લીલી થઈ, અને માણસનું બધું કાળું-ઘોળુ છતું થયું. માણસે એક વસ્તુ હંમેશા યાદ રાખવી જોઈએ.

‘પૈસાથી ખોરાક ખરીદી શકાય છે, ભૂખ નહિ,
દવા લઈ શકાય છે, આરોગ્ય નહિ,
પલંગ/ગાદલા ખરીદી શકાય છે, ઊંઘ નહિ,
મોજમજા કરી શકોય છે, સુખશાંતિ નહિ.

આજે બેઈમાનીથી રૂપિયો કમાયેલા લોકોનું જીવન બેરંગ થઈ ગયું છે. ખોટા રસ્તે કમાનાર લોકો આજે પોતે ખોટા પડ્યા છે. જ્યારે ‘પરિશ્રમ એ જ પારસમણિ’ના સિદ્ધાંતને અનુસરીને સીધા રસ્તે પૈસા કમાનાર લોકોની યાત્રીમાં આજે નિરાંતનો, બેઝિકરીનો કોળિયો છે, શ્વાસ છે, આરામ છે. રૂપિયાની લાલચમાં લોકો પોતાનું જીવન જ બદલી નાખે છે. ન કરવાના કામો કરી નાખે છે.

હોળીના વિવિધ રંગોની જેમ રૂપિયાના પણ વિવિધ રંગો છે, તેમની પણ અલગ-અલગ છટા છે. આમ રૂપિયો બીજાના રંગ પણ બદલી શકે છે જ્યારે પોતાનો રંગ પણ બદલી શકે છે. તેથી જ તો કહેવાયું છે કે, ‘રૂપિયામાં રંગને પણ રંગી નાખવાની શક્તિ છે.’

આમ રૂપિયાનો રંગ બદલવાનો પ્રવાસ અહિંજ સંપન્ન કરું છે.

- કુ. પ્રિતેશ શાહ
એન.એમ. કોલેજ.

હૃદયની વેદના

પ્યારના દિપની જ્યોતી,

જલાવી ગયા તમે.

ના નાખ્યું તેલ,

તેને બુઝાવી ગયા તમે.

હતી શું ખામી?

આ હમદર્દી હમસફરમાં,

જેને એક પળમાં તરછોડી ગયા તમે.

ખુદા પરથી વિશ્વાસ,

ઉડાડી ગયા તમે.

હતો એ મારો વહેમ.

એ બતાવી ગયા તમે.

નદીના જળ સમાન,

નિર્મળ હતો એ મારો પ્રેમ.

જેને મલકતુ મૃગજળ,

માની બેઠા તમે.

કદી ગયા અલવિદા,

તો પણ અભારી છે,

“શ્વેતા” તમારી કેમકે,

થોડીક પળોનો સાથ આપી ગયા તમે.



- શ્વેતા વાઘેલા
એસ.વાય.બી.એ. (ગુજ.)

જીએસટી એટલે શું?

જીએસટી સમજવા માટે આપણે આ વ્યાખ્યા હેઠળની તેની પરિકલ્પના સમજવી આવશ્યક છે. ચાલો હવે તેની ટર્મ મલ્ટિરટેજ એટલે કે અનેકવિધ તબક્કાને સમજીએ. કોઈપણ ચીજવસ્તુનું ઉત્પાદનથી લઈને વેચાણ થાય ત્યાં સુધીના ઘણા એટલે કે અનેકવિધ તબક્કા હોય છે. પ્રથમ તબક્કામાં કાચા માલની ખરીદી કરવામાં આવે છે. બીજા તબક્કામાં ઉત્પાદન કરવામાં આવે છે. તેના પછી સામગ્રીનું વેરહાઉસિંગ કરવામાં આવે છે. પછી પ્રોડક્ટનું રિટેલરને વેચાણ કરવામાં આવે છે. અંતિમ તબક્કામાં રિટેલર અને કન્ઝ્યુમર. આમ કાચા માલથી લઈને ઉત્પાદન અને અંતિમ વપરાશકાર સુધી પહોંચાડવાનું સમગ્ર ચક્ર પૂરું થાય છે. ગુડ્સ એન્ડ સર્વિસિઝ તેના દરેક તબક્કે વસૂલવામાં આવે છે. જેને માર્કેટરટેજ ટેક્સ કે અનેકવિધ તબક્કાએ વસૂલાતો વેરો કહેવાય છે.

ગુડ્સ એન્ડ સર્વિસિઝ ટેક્સ શા માટે આટલું મહત્વનું છે?

આપણે હવે જીએસટીની વ્યાખ્યા આપ્યા પછી તે વર્તમાન કરપ્રણાલિમાં અને તેનાથી અર્થતંત્રમાં ધરમૂળથી પરિવર્તન લાવવામાં કેવી મહત્વની ભૂમિકા ભજવશે તેની વાત કરીએ. હાલમાં તો ભારતીય કરમાળખું બે ભાગ પ્રત્યક્ષ અને પરોક્ષ વેરામાં વિભાજિત છે. પ્રત્યક્ષ વેરા તેની પાસેથી વસૂલાય છે, જ્યાં જવાબદારી બીજા કોઈ પર પસાર કરી શકતા નથી. ઉદાહરણ તરીકે જોઈએ તો આવક વેરો, જે તમે કમાવ છો. માટે તમે પોતે જ કર ભરવાને જવાબદાર છો.

પરોક્ષ વેરા પ્રણાલિના સંદર્ભમાં જોઈએ તો વેરાની જવાબદારી બીજા પર પસાર કરી શકાય છે. એનો અર્થ એ થાય છે કે, જ્યારે દુકાનદાર વેરો ચુકવે છે ત્યારે તેની જવાબદારી ગ્રાહક પર પસાર કરી શકે છે. આના લીધે ગ્રાહકોને વસ્તુના ભાવ, સાથે વેટ પણ ચુકવવો પડશે, જેથી દુકાનદાર તે વેટ સરકાર સમક્ષ

જમા કરાવી શકે છે. આનો અર્થ એમ થાય કે ગ્રાહકોને ફક્ત ઉત્પાદનનો ભાવ જ નહીં પણ તેની સાથેની કર જવાબદારી પણ અદા કરવી પડશે.

જીએસટીની તૈયારી

- આઈજીએસટી, જીએસટી ક્ષતિપૂર્તિ ઉપકર બિલ ઓફ એન્ટ્રી શિપિંગ બિલ અને કુરિયર ફોર્મ.
- જુલાઈ, ૨૦૧૭થી એકીકૃત વસ્તુ અને સેવા કર (આઈજીએસટી) અને જીએસટી ક્ષતિપૂર્તિ અધિનિયમ અમલમાં આવશે.
- પેટ્રોલિયમ અને તમાકું ઉત્પાદકોની આયાત પર વધારાની સીમા શુલ્ક લાગુ રહેશે.
- આપાતકાર લાગનાર આઈજીએસટી, જીએસટી ક્ષતિપૂર્તિ ઉપકરના દરોની યાદી અને ઉપલબ્ધ છુટના વિશે સીબીઈસીની વેબસાઈટ પર માહિતી મેળવી શકે છે.

આયાત અને ઈનપુટ ક્રેડિટ

- તમામ આયાતકારો નિકાસકારોએ બિલ ઓફ એન્ટ્રી શિપિંગ બિલ અને કુરીયર પત્રકોમાં આયાત નિકાસ કાર્ડ (આઈઈસી)ની સાથે જીએસટી નોંધણી, સંખ્યા અનિર્વાચ રૂપે ઘોષિત કરવું પડશે.
- ટ્રાન્ઝિશન અવધિના દરમિયાન જીએસટી અને યૂઆઈડી આપવામાં આવેલ અંતિમ આઈડી ઘોષિત કરવામાં આવી શકે છે. જોકે આયાતકારો અને નિકાસકારોને સલાહ આપવામાં આવે છે કે તેઓ જીએસટી આઈએનના માટે પોતાની નોંધણી પ્રક્રિયા પૂરી કરે.
- સીમા શુલ્ક ઈડીઆઈ પ્રણાલી ૧ જુલાઈ, ૨૦૧૭થી જીએસટી હેતુ તૈયાર રહેશે અને પરિવર્તન માટેના તમામ પ્રયાસો કરવામાં આવી રહ્યા છે.

નિકાસ, રિફંડ, ડ્રોબેક, નિકાસ પ્રોત્સાહન યોજનાઓ, એસઈએડ અને ઈયૂઓ

- ડ્રોબેક યોજના ચાલુ રહેશે. નવી ડ્રોબેક યોજના જીએસટીના ૧ જુલાઈ, ૨૦૧૭થી પહેલા જાહેર કરવામાં આવશે.
- એડવાન્સ લાયસન્સ અને નિકાસ પ્રોત્સાહન કિંવંટલ ગુડ્સ રફીમ (ઈવીસીજી) હેઠળ આયાતને આઈજીએસટી અને જીએસટી ક્ષતિપૂર્તિ ઉપકરની ચૂકવણીમાંથી છૂટ નથી.
- જીએસટી કાનુન હેઠળ નિકાસ શૂન્ય દરે સપ્લાય છે. નિકાસકાર, નિકાસ કરવામાં આવેલ સપ્લાય પર ચૂકવેલ આઈજીએસટી કે નિકાસ માટે ઉપયોગમાં લેવાયેલ ઈન્પુટ્સ પર સંચિત ઈનપુટવેરા ક્રેડિટ રીફંડ માટે પાત્ર રહેશે.

જીએસટી બિલ બનાવવું સરળ છે

- વેપારી સમાજમાં કેટલીક આશંકાઓ છે કે જીએસટી બિલ ભરતિયું નિર્ધારિત પ્રારુપના અનુસાર જ આપવાનું થશે. આ સાચું નથી. બિલના સંબંધિત જીએસટી જોગવાઈઓના વિષે કેટલાક મહત્વપૂર્ણ તથ્યોને તમામ લાભાર્થીઓને જાણ માટે રજુ કરવામાં આવે છે.

વેરા બિલના વિષે મહત્વપૂર્ણ તથ્ય

- તમામ જીએસટી કરદાતાઓ પોતાના બિલનું પ્રારૂપ બનાવવા માટે સ્વતંત્ર છે.
- જીએસટી કાયદા મુજબ બિલમાં માત્ર થોડી વિશેષ ચૂચનાઓ હોવી જરૂરી છે.
- નાના કરદાતા, જેમ કે નાના છૂટક વેપારી જે બિનનોંધણીકૃત ગ્રાહકોથી ૨૦૦ રૂપિયા સુધીની લેવડદેવડ કરે છે. તેઓ એ માટે પેટા બિલ આપવું જરૂરી નથી. આવી લેવડદેવડ માટે દરરોજ અંતમાં એક ભેગું બિલ આપી શકાય છે. જોકે ગ્રાહક દ્વારા માંગવાથી તેઓને બિલ આપવું જરૂરી રહેશે.

- બેંકિંગ, વીમો અને યાદી પરિવહન ક્ષેત્રમાં મોટી સેવાને ધ્યાનમાં રાખતા કરદાતાઓએ બિલોમાં ગ્રાહક સરનામું અને બિલની ક્રમસંખ્યાનો ઉલ્લેખ કરવો જરૂરી નથી.

- જો બિનકર યોગ્ય સપ્લાયના માટે વેટ બિલ આપવામાં આવેલ હોય તો સપ્લાયનું અલગ બિલ આપવાની આવશ્યકતા નથી.

સમીક્ષા

- શું જીએસટી લાગું થયા બાદ આમ આદમીને હાયદો થશે?
- શું ગરીબ માણસ વધતા જતા ટેક્સથી કરમુક્ત થશે?
- જીએસટી લાગું થયા બાદ આપણા દેશની આર્થિક સ્થિતિમાં સુધારો થશે?
- શું જીએસટી લાગવાથી દેશનું એક મોટું બજાર ઊભું થશે?
- શું નફા સામે નહીં, નફાખોરી સામે આકરાં પગલા લેવાશે?
- શું જીએસટીથી અસંખ્ય કાયદાકી ગૂંચવણો વધશે?
- ૧ જુલાઈ ૨૦૧૭થી જીએસટીનો અમલ ભારતમાં થઈ ચુક્યો છે. આ વર્ષના અંત સુધી આપણે સહુ જીએસટીના વ્યવહારને સમજીને તેની સાથે જીવતા ટેવાય જશું.

– કુ. જયશ્રી અરવિન્દ સોલંકી

એસ.વાય.બી.એ.

(અર્થશાસ્ત્ર)

(સમાચાર પત્રમાંથી સંકલિત)



મોબાઈલના ઉપયોગનો અતિરેક વિનાશકારી!

આચાર્ય રજનીશે કહ્યું હતું કે ગાડું ચલાવનારને હવાઈજહાજ ચલાવવાની તાલીમ આપવામાં આવે તો તે હવાઈજહાજ ઉડાડી ન શકે અને જો તે એવું સાહસ કરે તો મુસાફરો, વિમાનના કર્મચારીઓ અને વિમાનચાલક પોતે પણ હવાઈજહાજ તૂટી પડવાથી જાન ગુમાવી બેસે; કારણકે ગાડું ચલાવનારનું વિમાનચાલક થવા માટે દિમાગી પરિવર્તન થવું જોઈએ, આપણે નવી ઉપયોગી શોધ થાય ત્યારે આડેઘડ ઉપયોગ કરવા માંડીએ છીએ. એન્ટિબાયોટિક દવાઓનો ઉપયોગ બિનજરૂરી રીતે કરતા હોઈએ છીએ. પરિણામે અમુક વખતે એન્ટિબાયોટિક દવાઓ હાનિકારક સાબિત થાય છે. તેવી જ રીતે વધારે પડતાં મોબાઈલ ફોનના ઉપયોગનું છે.

આ યુગ મોબાઈલ એટલે કે સેલફોનનો યુગ છે. આજે જ્યાં જુઓ ત્યાં યુવાનો-યુવતીઓ કાનની આડે મોબાઈલ ફોન રાખીને આલતું-ફાલતું વાતો કરતાં હોય છે. તેમાં કોઈ મર્યાદા હોતી નથી. એટલું જ નહીં સામાન્ય લોકો જેવા કે સુથાર, લુહાર, પ્લંબર વગેરે પણ મોબાઈલ પર વાત કરતાં હોય છે. કાર ચલાવતા, બસ ચલાવતા, ટ્રક ચલાવતા, અરે, બાઈક ચલાવતા કે રફ્ટર ચલાવતા કાચદાનું છડેચોક ઉલ્લંઘન કરી મોબાઈલ ફોન પર વાત કરતા જોવા મળે. મોબાઈલ ફોન પણ જાતજાતના મળવા લાગ્યા છે. છાપાઓમાં આખું પાનું ભરીને જાહેરાતો જ હોય છે, છાપું હાથમાં આવે એટલે પહેલા પેજ પર સમાચાર-હેડલાઈન વાંચવાની ઈચ્છા હોય છે, તેના બદલે મોબાઈલની મોટી જાહેરાત જોવા મળે છે. યુવાનોને આકર્ષવા કોઈ વખત મોબાઈલ ફોનની સાથે ફિલ્મની અભિનેત્રી કે અભિનેતાની તસવીર હોય છે.

મોબાઈલ ફોનમાં સુવિધાઓ વધતી જાય છે. ટ્વીટર, ફેસબુક, બ્લોગ, વગેરે સુવિધાઓ વધતી ગઈ. ઈન્ટરનેટ, ન્યૂઝ, ક્રિકેટની કોમેન્ટ્રી, ફિલ્મ વગેરે પણ જોઈ શકાય છે. આમ અનેક કારણોસર તેનો ઉપયોગ વધતો ગયો છે. વાઈ-ફાઈ જેવી ઈન્ટરનેટની સુવિધા પણ વધતી જાય છે. ડીજીટલ સમાજના સ્વપ્નાઓ વધતા ચાલ્યા. તાજેતરમાં મોબાઈલ ફોનના અતિ ઉપયોગ માટે તો સંશોધનો થયા છે. એક સંશોધન સરકારી એજન્સી દ્વારા થયેલ છે અને બીજું સંશોધન ખાનગી સંસ્થા દ્વારા થયું છે. સરકારી એજન્સીએ મોબાઈલના અતિ ઉપયોગ સામે લાલબત્તી ધરી છે. જ્યારે ખાનગી એજન્સીઓએ આ બાબતને મહત્વ આપ્યું નથી.

આ પૃથ્વકરણના પરિણામો જે ન્યુરોલોજીકલ સાયન્સના મેડિકલ જર્નલમાં પ્રસિદ્ધ થયા છે તેમાં જણાવ્યા પ્રમાણે સરકારી ફંડમાંથી અભ્યાસ કર્યો છે, તેની ગુણવત્તાની માત્રા ૭ અથવા ૮ છે જ્યારે ફોન ઈન્ડસ્ટ્રી અને મિશ્ર સ્ત્રોતોના ફંડોમાંથી જે ગુણવત્તાની માત્રા મળી છે તે ૫ અથવા ૬ છે. ઓછી ગુણવત્તાની માત્રા વધારે જોખમની પસંદગી અથવા માપનનું વલણ બતાવે છે. જે પરિણામો પર અસર કરે છે. મોબાઈલનો દસ વર્ષથી વધારે ઉપયોગ કરવો જોખમ વધારે છે. ડેવિડ રેસર્ડ નામનો વિદ્યુર હતો તેણે કેટલીક મોબાઈલ ફોન કંપનીઓ પર દાવો માંડ્યો હતો. કારણકે તેની પત્ની કે જે મોબાઈલ ફોનનો વધુ ઉપયોગ કરતી હતી તેનું બ્રેઈન ટ્યુમરના લીધે મૃત્યુ થયું. અલબત્ત વૈજ્ઞાનિક પુરાવાના અભાવે કોર્ટદ્વારા તે દાવો કાઢી નાખવામાં આવ્યો હતો. તે પછી આવા ઘણાં દાવાઓ મંડાયા હતા. ઈ.સ. ૧૯૯૮ સુધીમાં તો મોબાઈલ ધારકોની સંખ્યા આભે આંબવા લાગી, ઈંસેન્ડ નેશનલ રેડિયેશન પ્રોટેક્શન બોર્ડ ઉપર ફોન અને તેના ટાવરથી સંબંધિત હાનિ અંગે પૂછપરછના પૂર ઉમટ્યા. મોબાઈલ ફોન સેવા માઈક્રોવેવનો ઉપયોગ કરે છે. માઈક્રોવેવ ઈલેક્ટ્રોન મેગ્નેટીક વેવ્સનો એક નાનકડો ભાગ છે. બધા ઈલેક્ટ્રોમેગ્નેટીકવેવ્સ આંખમાં સંવેદન કરી શકતા નથી. માત્ર દ્રશ્ય પ્રકાશનો નાનો ભાગ જ સંવેદન કરે છે. તેનાથી આપણે જગત જોઈએ છીએ. ઈલેક્ટ્રોમેગ્નેટીકવેવ્સનું વિભાગીકરણ તેના જુદા ભાગોની તરંગ લંબાઈ વિશ્લેષણ પ્રમાણે થયેલ છે, તેમાં દ્રશ્ય પ્રકારની જે તરંગ લંબાઈ છે તે આંખમાં સંવેદન કરે છે. આઈઆઈટીના પ્રોફેસર ગિરીશ કુમારના મતે ઈલેક્ટ્રોમેગ્નેટીકરેડિયેશનના જીએસએમ ફ્રીક્વન્સી ૯૦૦ મેગા હર્ટ્ઝ હોય છે. તે મસ્તિક સાથે અથડાય છે ત્યારે ખોપડીની અંદર તેને ભેદીને પ્રવેશે છે. પુખ્ત વયની ખોપડીને વીધીને ૨૫ ટકા, દશ વર્ષના બાળકની ખોપડીને વીધીને ૫૦ ટકા અને પાંચ વર્ષના બાળકની ખોપડીમાં ૭૫ ટકા પ્રવેશે છે. આમ મોબાઈલ ફોનના ઈલેક્ટ્રોમેગ્નેટીક રેડિયેશન બાળક માટે સવિશેષ હાનિકાર છે.

- કુ. વૈશાલી પારેખ
એસ.વાય.બી.એ. (ગુજરાતી)
(પુસ્તકમાંથી સંકલિત)



આવા પણ દિવસો આવે છે

જ્યારે આકાશમાં કાળાંડિબાંગ
વાદળો છવાઈ જાય છે.
કશું દેખાતું નથી
કશું સૂઝતું નથી
એકાએક આકાશને ચીરી નાખતી
ઝળહળ કરતી વીજળી ટ્રાટકે છે.
ઝરમર ઝરમર વરસાદમાં
આજુબાજુની સમગ્ર સૃષ્ટિ ભૂંસાઈ જાય છે અને
રહી જાય છે ફક્ત ઘેઘૂર ગુલમહોરનું વૃક્ષ.
ઘરતીને ભીની કરે છે.
એજ વૃક્ષની નીચે ઊભેલો
કિશોર ભીની થયેલી કિશોરીને
એક ઝાકળમોતી જડેલું પુષ્પ આપે છે.
લજ્જાભીની કિશોરીના
ચહેરા પર લાલીમાં છવાઈ જાય છે.
કિશોરી હસી પડે છે ને
એનો હાથ હાથમાં લઈ
ઉષ્માથી ભરી દે છે.
સહેજ રિમિત જોડે આકાશ
આંખો મીંચી દે છે.

— કુ. કૃપા શૈલેષ શાસ્ત્રી

સોનપાપડી

સામગ્રી:-

૪ કપ ચણાનો લોટ
૧/૪ કપ મેંદો, ૨૫૦ ગ્રામ ઘી,
૧/૨ કપ ખાંડ,
૧/૨ કપ પાણી,
૨ મોટી ચમચી દૂધ,
૧/૨ ચમચી એલચી

બનાવવાની રીત:-

બંને લોટને મિક્સ કરો. એક જાડા તળિયાની કઢાઈમાં
ઘી નાખીને ગરમ કરો. હવે તેમા મિક્સ લોટ નાખીને
સોનેરી થતા સુધી શેકો. હવે આ મિશ્રણને નીચે ઉતારી
ઠંડુ થવા દો અને વચ્ચે વચ્ચે ઘીરેથી હલાવતા રહો.

બીજી બાજુ પાણી દૂધ અને ખાંડને મિક્સ કરી ગેસ
પર ચઢાવો અને ૨^૧/_૨ (અઢી તાર) તારની ચાસણી
બનાવો. આ ચાસણીને એક સાથેજ લોટના મિશ્રણમાં
નાખી દો. હવે એક મોટા કાંટાવાળા ચમચાથી આ
મિશ્રણ પર ત્યાં સુધી મારતા રહો જ્યાં સુધી તે મિશ્રણ
સોનપાપડી જેવું ન દેખાવા લાગે. હવે તેને એક ઘી
લગાવેલ થાળીમાં પાથરી તેમાં પ્લારસ્ટિક મૂકીને રોલ
કરો. તેમા ઘીરેથી એલચી પાવડર ભભરાવી દો. આ
રોલ કરેલ મિશ્રણને ઘીરેથી દબાવો. હવે તેના ટુકડા
કરીને એક એરટાઈટ ડબ્બામાં ભરીલો.

રસમલાઈ

રસમલાઈ બનાવા માટેની સામગ્રી:-

મુખ્ય સામગ્રી -

૧ લિટર દૂધ, ૮-૧૦ રસગુલ્લા

અન્ય સામગ્રીઓ:-

૧૦૦ ગ્રામ ખાંડ

૨૦૦ ગ્રામ તાજી મલાઈ

થોડો ખાદ્ય પીળો કલર,

૧ ચમચી વેનીલા એસેન્સ

સજાવટ માટે:-

પીરતા, કેસર

રસમલાઈ બનાવવાની રીત:-

દૂધ ગરમ થવા મૂકી દો અને જ્યારે ઉકળવા લાગે ત્યારે તેમાં
ખાંડ ઉમેરો. ૧૦થી ૧૫ મિનિટ સુધી સામાન્ય તાપ પર
ઉકળવા દો. હવે તેમાં તાજી મલાઈ ઉમેરી સારી રીતે મિક્સ
કરી લો. તેને વારંવાર હલાવતા રહો અને ૨૫% સુધી ઉકળી
જાય ત્યાં સુધી પકાવો (તમે વધારે સમય સુધી પણ પકાવી
શકો છો) હવે તેમાં ખાદ્ય પીળો કલર ઉમેરી દો.

બધા જ રસગુલ્લાને વચ્ચેથી કાપીલો અને ઘટ્ટ કરેલા
દૂધમાં ઉમેરી દો. ત્યારબાદ ફરીથી તેને અમુક મિનિટો
માટે પકાવો અને ગેસ બંધ કરી દો. ત્યારબાદ ૧
ચમચી વેનીલા એસેન્સ ઉમેરી
સારી રીતે ભેગું કરીલો. પીરતા
અને કેસર ઉમેરી રસમલાઈને
શુશોભિત કરો.

— કુ. કૃપા શૈલેષ શાસ્ત્રી

એસ.વાય.બી.એ.

(સમાજશાસ્ત્ર-ગુજરાતી)



हिन्दी विश्वा

दलितों की समस्या

हमारे देश में विविध धर्मों के लोग रहते हैं। हर धर्म की अपनी मान्यताएँ हैं। फिर भी हमारा देश महान है क्योंकि हमारे देश में विविध धर्म एवं जातियाँ होते हुए भी सब एकता के साथ रहते हैं।



१९वीं सदी के पहले हमारे देश में दलित समाज को बहुत निम्न स्थान दिया जाता था। दलित समाज के साथ इन्सानों जैसा व्यवहार नहीं किया जाता था। दलित समाज के लोगों को काफी समस्याओं का सामना करना पड़ता था। दलितों को अपना जीवन को आवश्यक पानी, रोटी जैसी चीजों के लिए भी संवर्णों के दरवाजे पर जाना पड़ता था। दलितों को संवर्णों के घर मिट्टी के बर्तनों में पानी दीया जाता था और उनका अस्पृश्य समझा जाता था। कोई उनको स्पर्श भी नहीं करता था।

दलित समाज के लोगों को मंदिरों में भी प्रवेश नहीं दिया जाता था। गाव के कुँए में भी पानी लेने की इजाजत उनको नहीं थी। व गाँव के बाहर वस्ती बनाकर रहते थे।

कुछ समाज सुधारकों के कारण दलित समाज में बदलाव हुआ। सामाजिक सुधार आंदोलन हुए। डॉ. बाबासाहेब आंबेडकरजी ने दलितों के लिए लड़ाई लड़ी और दलितों को उनके अधिकार दिये। स्वतंत्रता के बाद दलित समाज में नई क्रांति आई। नई जागृति दलित समाज में निर्माण हुई। दलितों को आवाज को शाहु महाराज, म. फुलेजीने उठाया और शिक्षा क्षेत्र में उनके लिए कार्य किया।

देश स्वतंत्रता के बाद हिन्दु धर्म में दलितों को उनके अधिकार मिले लेकिन दुय्यम स्थान दिया गया। उनको सम्मान के साथ जीवन पाप न करने का अधिकार हो इसलिए १९५१ में डॉ. बाबासाहेब आंबेडकर ने बौद्ध धर्म को स्वीकार

किया।

वर्तमान युग में दलित समाज विकास कर रहा है इसका पूरा श्रेय इन महात्माओं को जाता है।

देश में प्रजातंत्र स्थापित होने के बाद दलितों को उनके हक्क और अधिकार तो मिले लेकिन उनका राजनीति में इस्तमाल होते लगा। वोटों की राजनीति शुरू हुई। दलित अपने मकसद से हट गया। राजनीतिक शोषण का शिकार हुआ।

आज आवश्यकता है कि वर्तमान वोटों की राजनीति से दूर रहकर दलित समाज की नई पीढ़ी अपना विकास करे और डॉ. बाबासाहेब आंबेडकरजी का सपना पूर्ण करें।



— आरती मिश्रा
एम.ए. (हिन्दी)

नोटबंदी पर सरकार का फैसला :

५०० और १,००० रुपये के नोट को तत्काल बंद होने से लोगों में कालेधन से निपटने का हौसला तो जागा है, लेकिन इससे पैदा हुई उनकी रोजमर्रा की दिक्कतें कम होने के बजाय बढ़ती जा रही हैं। जब तक बैंक एवं बैंक के एटीएम, जहाँ से कैश मिल रहा है, कितना कैश मिलता है, जब तक बैंक बंद नहीं हो रहा है, लोग कतार में लगे हैं, लोग तभी वापस जा रहे। तब तक कैश मिल नहीं जाता है। कितने लोगों का पूरा दिन बर्बाद करने के बाद भी नंबर नहीं आया। और बैंक का रूपया एवं समय भी समाप्त हो गया।

प्रधानमंत्री मोदीजी द्वारा अधिकारिक घोषणा के बाद रिजर्व बैंक के गवर्नर उर्जित पटेल और आर्थिक मामलों के सचिव शक्ति कांत दास द्वारा एक संवाददाता सम्मेलन में बताया, कि सभी मूल्यवर्ग के नोटों की आपूर्ति में २०११ और २०१६ के बीच में ४०% की वृद्धि हुई थी। ५०० और १००० रूपयों में इस अवधि में ७६% और १००% की वृद्धि हुई हैं। इस खाली नगदी को भारत के खिलाफ आतंकवादी गतिविधियों में इस्तेमाल किया गया था। इसके परिणाम स्वरूप नोटों को खत्म करने का निर्णय लिया गया है।

भारतीय जनता पार्टी के द्वारा यह योजना ६ महीने पहले बननी शुरू हुई थी। सरकार के इस फैसले की जानकारी केवल कुछ लोगों को ही थी।

भारत में नाटकीय रूप से ५०० और १,००० के नोटों को रद्द किए जाने के इस कदम को श्री कौशिकबासु ने भारतीय अर्थव्यवस्था को झटका देनेवाला बताया है। विश्व बैंक पूर्व चीफ इकोनॉमिस्ट कौशिक बासु ने कहा कि भारत में ५०० और १००० के रूपयों को रद्द करना अर्थव्यवस्था के लिए ठीक नहीं है,

प्रोफेसर बासु ने कहा कि इससे फायदे की जगह व्यापक नुकसान होगा। बड़े नोटों को रद्द करने का फैसला भ्रष्टाचार पर चोट करने के इरादे से लिया गया है।

इससे पहले इसी तरह के उपायों को भारत की स्वतंत्रता के बाद लागू किया गया था। जनवरी १९४६ में, १००० और १०,००० रूपयों के नोटों को वापस ले लिया गया था और १०००, ५००० और १०,००० रूपयों के नए नोट १९५४ में पुनः शुरू किए गए थे। १६ जनवरी १९७८ को जनता पार्टी की गढ़बंधन सरकार ने फिर से १०००, ५००० और १०,०००

रूपयों के नोटों का विमुद्रीकरण किया था। ताकि जालसाजी और काले धन पर अंकुश लगाया जा सके।

अतीत में भारतीय जनता पार्टी (भाजपा) में नोट बंदी का जोरदार विरोध किया था। भाजपा प्रवक्ता मिनाक्षी लेखी ने २०१४ में कहा था कि आम औरत-आदमी जो लोग अनपढ़ हैं और बैंकिंग सुविधाओं तक जिनकी पहुँच नहीं है ऐसे लोग इस तरह के उपायों से सबसे ज्यादा प्रभावित होंगे। मुख्य रूप से कुछ समय के अंतराल में स्वयं जनता २००० के नोट को चलन से बाहर कर देगी। क्योंकि जहाँ कम मूल्य की वस्तु खरीदनी हो तब दुकानदार आप से २००० के नोट नहीं लेगा। परिणामस्वरूप २००० के नोट कमी या तो जमाखोरी होगी अथवा कालेधन का ही सृजन होगा।

नोटों की जमाखोरी रोकने के लिए RBI का नया फरमान :-

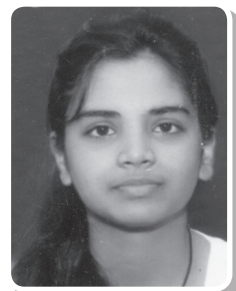
कालाधन जमा होने से रोकने के लिए RBI ने देश को सभी बड़े शहरों में ५०० के नए नोट के बारे में नया फरमान जारी किया है। फरमान के मुताबिक कैश कांऊटर से बड़ी धनराशि के लिए यह नोट नहीं दिए जाएंगे क्योंकि कालाधन एकत्रित करनेवाले इनको डंम कर सकते हैं। नए नोट को एटीएम के माध्यम से देने के निर्देश दिए हैं। जिससे की जनता में छोटे नोट का एक्सचेंज बना रहे। RBI ने देश के सभी बड़े शहरों को ५००-५०० के नोट की अपेक्षित मात्रा दी है। केंद्रीय वित्त मंत्रालय का मानना है कि कालाधन जमा करनेवालों की नजर ५००-५०० के नए नोट पर है। वह बैंकों में गठजोड़ कर इन नोटों की जमाखोरी के प्रयास में हैं।

बैंक ब्याज दरों में ०.५०% से ०.७५% की कटौती करेंगे बैंक :-

बैंक अप्रैल-सितंबर में ऋण दरों में ०.५० से ०.७५ प्रतिशत की कटौती कर सकते हैं। एक रिपोर्ट में कहा जाता है कि यदि रिजर्व बैंक मुक्त बाजार के परिचालन के जरिए २,००,००० करोड़ रुपये की तरलता तंत्र में उजाला है तो बैंक ब्याज दर घटाव करेंगे।

नोटबंदी के बाद कैश की किल्लत के चलते दिसंबर महीने में मैनयुफेक्चरिंग सेक्टर में गिरावट आई है।

— Preeti R. Yadav
S.Y.B.Com.



योग मिटाए रोग

आज की तेज रफ्तार जिंदगी में अनेक ऐसे पल हैं जो हमारी जिंदगी में तनाव पैदा करते हैं। जिससे हमारी जिंदगी अस्त-व्यस्त हो जाती है। ऐसे में जिंदगी को स्वस्थ तथा उर्जावान बताये रखने के लिये योग एक ऐसी रामबाण दवा है जो हमारे शरीर और मस्तिष्क को स्वस्थ रखता है। योग से जीवन की गति को एक रफ्तार मिल जाती है।

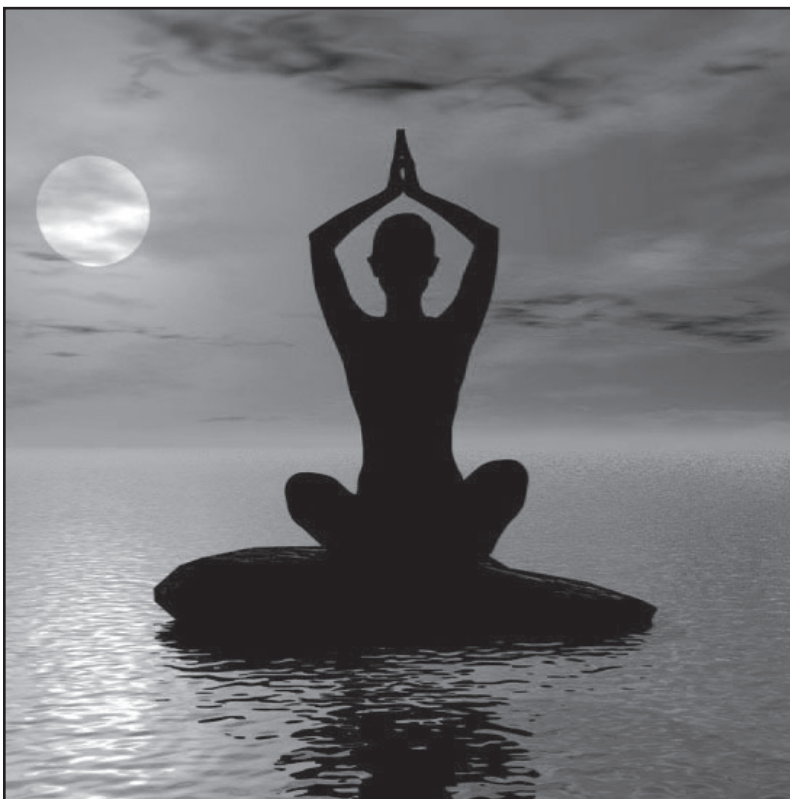
योग हमारी भारतीय संस्कृति की प्राचीनतम पहचान है।

संसार की प्रथम पुस्तक ऋग्वेद में कई स्थानों पर यौगिक क्रियाओं के विषय में उल्लेख मिलता है भगवान शंकर के बाद वैदिक ऋषि-मुनियों से ही योग का प्रारंभ माना जाता है। बाद में कृष्ण, महावीर और बुद्ध ने इसे अपनी तरह से विस्तार दिया। इसके पश्चात पंतजलि ने इसे सुव्यवस्थित रूप दिया।

‘योग धर्म’ आस्था और अंधविश्वास से परे एक सीधा प्रायोगिक विज्ञान है। योग जीवन जीने की कला है। योग एक पूर्ण चिकित्सा पद्धति है।

दरअसल योग अनेक धर्म के लोगों को एकसूत्र में बाँधता है और योग सभी तरह के रोगों से मुक्ति का मार्ग बताता है।

योग से हम हमारे जीवन को स्वस्थ और खुशहाल बना सकते हैं। आज के प्रदूषित वातावरण में योग एक ऐसी औषधि है जिसका कोई कूप्रभाव नहीं पड़ता। योग के आसन, क्रिया, प्राणायाम जैसे प्रकार होते हैं। योग जीवन की संजीवनी है। आज कंप्यूटर की दुनिया में दिनभर कम्प्यूटर के सामने बैठ-बैठ काम करने से अनेक लोगों को



कमर दर्द एवं गर्दन दर्द की शिकायतें एक आम बात हो गई हैं। ऐसे में शलभासन तथा ताडासन हमें दर्द से मुक्ति दिलाता है। योग में ऐसे अनेक आसन हैं जिनको जीवन में अपनाने से कई बीमारियाँ समाप्त हो जाती है और खतरनाक बीमारियों का असर भी कम हो जाता है। ४५ मिनट का ही समय यदि योग में खर्च करते हैं तो अपनी सेहत को हम चुस्त-दुरूस्त रख सकते हैं। स्वस्थ रहने के साथ ही योग हमें सकारात्मक ऊर्जा भी देता है।

हमारे देश की परंपरा योग को आज विश्व भी अपना रहा है जिसका परिणाम है कि २१ जून को अंतरराष्ट्रीय योग दिवस मनाये जाने के लिए संयुक्त राष्ट्र में प्रधानमंत्री श्री नरेन्द्र मोदी द्वारा रखे गये प्रस्ताव को देशों ने अत्यंत सीमित समय १७७ में पारित कर दिया।

आज जिस तरह का खान-पान और रहन-सहन हो गया है ऐसे में हम सब योग अपनारें और अपने भारतीय गौरव को एक स्वस्थ पैगाम से गौरवान्वित करें।

गीता में लिखा है:- ‘योग स्वयं की स्वयं के माध्यम से स्वयं तक पहुँचने की यात्रा है।’



— अंजली विश्वकर्मा
द्वितीय वर्ष (कला)

इंसानियत का कारखाना

एक बार एक सज्जन महान वैज्ञानिक आइन्स्टाइन के पास आए। उन्होंने कुछ देर तक उनसे इधर-उधर की चर्चा की फिर बोले 'आज विज्ञान ने एक से बढ़कर एक सुख-सुविधाओं के साधन बनाने में सफलता पा ली है। अब पलक झपकते ही दूरियां तय हो जाती है, कुछ ही क्षणों में सुविधाओं की सारी चीजें हमारे पास आ जाती हैं, मगर फिर भी जाने क्या बात है कि समाज में अशांति, असंतोष, कलह व बुराई पहले की अपेक्षा ज्यादा पनप रही है। आखिर इसका क्या कारण है? सुविधाएँ, अधिकार होने पर तो इंसान को प्रसन्न होना चाहिए। उसके मन को शांति व संतोष भी मिलना चाहिए'

उस सज्जन की बातें सुनकर आइन्स्टाइन बोल, 'मित्र हमने शरीर को सुख पहुँचाने वाले तरह तरह के साधनों को खोजने में अवश्य सफलता प्राप्त कर ली है किंतु जीवन में असली सुख-शांति मन मास्तिष्क को आंतरिक आनंद प्राप्त होने से मिलती है। क्या हमने इंसानियत का ऐसा कोई कारखाना लगाया है, जिससे लोगो के अंदर मर रही संवेदनाओ को जीवित किया जा सके, उनके अंदर त्याग, क्षमता, करुणा, प्रेम आदि को उत्पन्न किया जा सके? क्या हमने ऐसा कोई कारखाना

बनाया है जहाँ पर मन-मस्तिष्क को आनंद देने वाले साधनो का निर्माण किया जाता है??

आइन्स्टाइन की बात सुनकर वह सज्जन चकराए। उन्हें लगा शायद आइन्स्टाइन ऐसा कोई कारखाना लगाने के बारे में सोच रहे हो। तभी तो ऐसी बात कर रहे है। लेकिन उन्हें लगा कि यह तो मुमकिन नहीं है। इसलिये कुछ देर सोचने के बाद उन्होंने आपनी जिज्ञासा रखी, 'भला इंसानियत के कारखाने का निर्माण कैसे संभव है? इंसानी भावनाएं तो इंसान के अंदर पनपते है। मशीन के अंदर नहीं।' उनकी बात सुनकर आइन्स्टाइन ने मुस्कराते हुए कहा, 'जनाब बिल्कुल ठीक कहा आपने। अशांति-असंतोष दूर करने के लिए हमें लोगो में इंसानियत की भावना पैदा करने की ओर ध्यान देना होगा। भौतिक साधनों से सुख-शांति कदापि नहीं मिल सकती।' वह सब आइन्स्टाइन की बात से सहमत हो गए।



– शिल्पा दीपचंद्र वैश्य
द्वितीय वर्ष (कला)

सवेरा

भोर अविलंब सूरज आया
अपने संग किरणों को लाया
चारों तरफ उजाला छाया
चिड़ियाँ चहकी हमें जगाई
चली पवन ठंड मतवाली
झूम उठी पेड़ों की डाली
गाना गाती कोयल काली
नाच रही है तितली रानी



प्रकृति

सुबह जहाँ सूरज सिंदूर लुटाए
संध्या का भी रूप सँवारे
छुपके से चाँ रोशनी दे जाए
रात में तारे जगमगाएँ
सधन वनों की धरा पूर्व में
झरे कहीं झरनों से पानी
बोले मोर, पपीहे, कोयल
खड़ी खेत में फसले धानी
मिली मुझे प्रकृति वरदानी

– तिगाया पूजा
द्वितीय वर्ष (कला)

अगस्त १९४७ में देश को स्वतन्त्रता प्राप्त हुई और देश में लोकतंत्र की स्थापना हुई। स्वतन्त्रता प्राप्ति के बाद से सन १८६० तत राजनीति में जो उथल-पथल मची उसके परिणाम स्वरूप १९६० के बाद मोहभंग का दौर आया। मोहभंग कोई अवधारणा नहीं है, बल्कि यह एक स्थिति है जो स्वतंत्र भारत की राजनीति से उत्पन्न हुई परन्तु यह अचानक के आई स्थिति नहीं थी। स्वतन्त्रता के बाद से ही इस स्थिति के उत्पन्न होने के अंकुर फूटने लगे थे। प्रधानमंत्री नेहरू ने आजाद भारत को सफलता की ऊंचाईयों पर पहुँचाने के लिए जो भी योजनाएं बनाई वह कुछ समय बाद असफल साबित हुई। जिसके फलस्वरूप देश की जनता में स्वतन्त्रता के बाद जिस उजले भविष्य की आकांक्षाएँ थी वह कहीं न कहीं शीशे की तरह चूर-चूर होकर बिखर गई। इसी मोहभंग का चित्रण हमें धूमिल, दुष्यंतकुमार तथा रघुवीर सहाय के कविताओं में देखने को मिलता है।

धूमिल हिंदी के समकालीन कविताओं में मील के पत्थर के रूप में जाने जाते हैं। उनकी कविताओं में आजादी के सपनों के मोहभंग कि पीड़ा और आक्रोश की सबसे सशक्त अभिव्यक्ति मिलती है। 'संसद से सड़क तक' में २५ कविताएँ हैं जिसमें पटकथा चर्चित कविता है। आजादी से अपनी उम्मीदों को पूरा न होते देखकर भी कविता का नायक नेहरू को बार-बार चुनता है। उसे पता है कि जनतंत्र, स्वतन्त्रता, शांति, मनुष्यता ये सब सत्ताधारी वर्ग की ओर गए सुनहरे वादे हैं जो सुनने में मोहक लगते हैं। परन्तु आज नहीं तो कल सब कुछ सही होने की उम्मीद में है

“उसी लोकनायक को
बार-बार चुनता रहा
जिसके पास हर शंका और सवाल का
एक ही जवाब था
यानी कि कोट के बटन होल में
महकता हुआ एक फूल गुलाब का।”

दुष्यंतकुमार ने हिंदी गजल को संवेदना की नयी जमीन दी, अनुभूति को नया आसमान दिया। 'सायें में धुप' उनका गजल संग्रह है। साया तो शीतलता, ठंडक और राहत का एहसास देनेवाला होता है वहा उसमें धुप कहाँ से आयी? साये में धुप गजल संग्रह मोहभंग का, टूटते सपनों का, लावारिस आशाओं का, बेघर अभिलाषाओं का जीता जागता दस्तावेज है। यथा:

“कहाँ तो तय था चिरागाँ हरेक घर के लिए
कहाँ चिराग मयस्सर नहीं शहर के लिए”

दुसरे सप्तक के कवि रघुवीर सहाय की कविताओं में भी राजनैतिक कारणों से उदासीन भारतीय जनता के मोहभंग का वर्णन देखने को मिलता है। सहायजी का सबसे महत्वपूर्ण कविता संग्रह आत्महत्या के विरुद्ध है। संग्रह कि अधिकतर कविताएँ राष्ट्रीय राजनीति से सम्बन्धित हैं। ये कविताएँ वस्तुतः नेहरू युग से मोहभंग की कविताएँ हैं। 'मेरा प्रतिनिधि' कविता में उन्होंने भारतीय संसद का जो चित्र खिंचा है, वह विसंगत और विडंबनापूर्ण ही नहीं त्रासद और बीभस्त भी है। फिल्म के बाद चीख कविता में उन्होंने पहले एक सिनेमागृह का जिक्र किया है और अंत में ब.डे कौशल से उसे भारतीय संसद में बदल दिया है:

एक बार जान-बुझकर चीखना होगा
“जिन्दा रहने के लिए
दर्शक दीर्घा में से
रंगीन फिल्म कि घटिया कहानी की
सस्ती शायरी के शेर
संसद-सदस्यों से सुन”

निष्कर्ष रूप में हम कह सकते हैं कि समकालीन कवियों ने अपनी कविताओं में मोहभंग की स्थिति को सशक्तता के साथ अभिव्यक्ति दी है।

– समिना अब्बास
हिंदी विभाग
(हिन्दी विभागाध्यक्ष द्वारा आयोजित
अंतर महाविद्यालयीय
संगोष्ठी में प्रस्तुत प्रपत्र)

अब हुंकार जरूरी है।

खत्म हुआ अब सब्र बाँध का,
कफ़न की पगड़ी बांधनी है।
बहुत दिया बलिदान वीरों ने,
अब आतंकियों के नाश की ठानी है।
बहुत सहा अब नहीं सहेंगे,
खूनी नदियों में ठहराव जरूरी है,
हाँ अब हुंकार जरूरी है।

आँधी के झूलों पर,
अब अंगारे बरसाने हैं।
उनकी काली करतूतों का,
पर्दाफाश भी करना है।
अपनी हिम्मत, अपने बल से,
उनको सबक सिखलाना है।
सदियों पहले की उनकी आदत को,
मिटाना जरूरी है।

हाँ अब हुंकार जरूरी है।
ऐ भारतवासी,
अब जंग का ऐलान करो।
स्मर्च रॉकेट और ब्रह्मोस मिसाइल का इस्तेमाल करो,

इन गीदड़ों की भभकियों पर, शेर की दहाड़ जरूरी है,
बहुत बन चुके हम गांधी,
अब भगत, बोस, सुखदेव, राज और असफाक सा बनना है।
हर भारत के लाल को मिलकर,
इन काफिरों को अपनी जमीं से हटाना है।
बहुत छुरा हमने घुपवाया,
अब पलटवार जरूरी है।

हाँ अब हुंकार जरूरी है।
रह-रह कर होते हमलों को अब हमें निबटाना है,
भारत के हर कोने में शांति अमल फैलाना है।
इन हमलों से बहुत दुखी है अपनी भारत माता,
एल.ओ.सी. की तोड़ युवाशक्ति दिखलाना है।
इस आतंकवाद के विनाश की
खातिर,
चौथा शंखनाद जरूरी है,
हाँ अब हुंकार जरूरी।

— नीतू भोजू विश्वकर्मा
(एम.ए. प्रथम वर्ष)



* रुखी त्वचा से बचें

नारियल के तेल में शहद और संतरे का रस मिला लें और इसे रुखी, फटी हुई त्वचा पर लगायें। इस मिश्रण के सूखने के बाद गुनगुने पाणी से धो लें और हल्के हाथ से पोंछकर नारियल का तेल या कोई और मॉइश्चराइज़र लगा लें।

* डार्क सर्कल से बचें

आंखों के नीचे सुर्रियों व डार्क सर्कल से बचने के लिए बादाम के तेल में शहद मिलाकर लगाएं और इस हल्के हाथों से मले और धो लें।

* तैलीय त्वचा से पाएँ छुटकारा

एक चम्मच नींबू का रस में एक चम्मच गुलाब जल और पिसा हुआ पुदीना मिलाकर एक घंटे रखें। फिर

चेहरे पर लगाकर २० मिनट बाद धो लें। इससे चेहरे का चिपचिपापन दूर हो जाएगा।

* कैसे पाएं निखार

त्वचा में निखार लाने के लिए थोड़े-से चोकर में एक चम्मच संतरे का रस, एक चम्मच शहद या गुलाब जल मिलाकर पेस्ट बनाएं। इस पेस्ट को चेहरे और गर्दन पर लगाएं। सूखने के बाद धो लें।

— Jinisha Varma
S.Y.B.A.



२६ जून, १९७५ से २१ मार्च, १९७० तक का इक्कीस महीने का समय भारत के इतिहास के पन्नों में काले धब्बे रूप में नजर आता है। यह २१ महीने का समय था कि जहाँ न किसी को बोलने की आजादी थी और न किसी को कुछ लिखने की। लेकिन रचनाकार सृजनशील होता है। युगीन साहित्यकारों ने अनेक बन्धनों के बावजूद आपातकाल के दौरान साहित्य सृजन किया।

आपातकाल राजनैतिक कारणों से साहित्यिक अभिव्यक्ति के लिए विशेष संकट और चुनौती का काल रहा जिसके फलस्वरूप हिंदी उपन्यास का एक नया रूप उभरकर सामने आया तत्कालीन उपन्यासकारों ने उपन्यास को अपने चिंतन, मनन और अभिव्यक्ति का साधन बनाया। राही मासूम रजा के उपन्यास 'कटरा बी आर्जू' में आपातकाल का खुला विरोध किया गया है। उपन्यास में १९७५ में इंदिरा गांधी द्वारा देश में लगाये गए आपात स्थिति और उनके बाद के राजनीतिक वातावरण तथा जनजीवन पर पड़े प्रभावों का वर्णन है। आपातकाल के दौरान की मानसिक एवं सामाजिक स्थिति आदि पर प्रकाश डाला गया है। यथा: "हर सबके गले में यहीं फंदा है कि खायेंगे क्या। यह फंदा अंग्रेजों के जमाने था। नेहरू के जमाने में भी रहा। शास्त्री के जमाने में रहा। इंदिरा गांधी के जमाने में भी रहा। ...लगता है आजादी में ही कहीं खोटा है। कोई मिलावट है इमिटेशन है।" श्रवणकुमार गोस्वामी के उपन्यास 'जंगलतन्त्रम' में प्रतीकों के माध्यम से लोकतांत्रिक प्रणाली के विकृत रूप का अंकन किया है जिसमें चोरबाजारी, कालाबाजारी, मिलावट भ्रष्टाचार आदि का चित्रण किया गया है। समाजवाद के नाम पर पूँजीवाद को बढ़ावा देने के छद्म का उपन्यासकार ने पोल खोल दी है। लोकतंत्र को जंगलतंत्र की संज्ञा देते हुए व्यंग्यात्मक स्वर में आम आदमी की व्यथा का अंकन किया है। विभूतिनारायण राय ने भी अपने 'शहर में कपर्धू' उपन्यास लिखकर दंगों के दौरान आम आदमी की पीड़ा का हृदयविदारक चित्र खींचा है।

समकालीन कहानीकारों ने भी प्रतीकों, मिथकों और रूपकों के सहारे अपने असंतोष व्यक्त किया। महीप सिंह ने 'मौत का एक दिन' और 'निशान' जैसी कहानियाँ लिखी। 'मौत का एक दिन' कहानी में महानगर में साइकल से कहीं जाते हुए युवक की मौत के भय कि मानसिकता का अंकन किया

गया है। यह भय की मानसिकता आपातकाल के इस आदेश के साथे में मनपी थी जिसके तहत हर अध्यापक को पांच व्यक्तियों की नसबंदी करवानी थी। निशान में उस स्थिति का चित्रण किया गया है जब किसी दल से सम्बद्ध होने के संदेह मात्र पर गिरफ्तारियाँ हो रही थी और मकानों को भग्न किया जा रहा था। चारों तरफ भय का वातावरण था। कहानीकार ने पात्रों के नाम क, ख, ग दिए हैं जो परिवेश के अनुकूल ही है। कहानी में भी रहस्यमय आचरणवाले पात्रों के चित्रण द्वारा भय के वातावरण का ही संकेत किया गया है।

सुधीर घोषाल ने लाल किले में बाज के माध्यम से आपातकाल में न्यायिक व्यवस्था के साथ किए गये खिलवाड का संकेत किया गया है। 'कविता की नई तारीख' कहानी में लेखक ने आपातकाल के दौरान फैले भ्रष्टाचार का चित्रण किया है। पंकज बिष्ट की दो कहानियाँ 'खोखल' और 'कवायद' चर्चित हैं जिसमें इस काल की त्रासदी का चित्रण किया गया है। 'खोखल' में आंतक को चित्रित किया है जिसमें एक ऐसे व्यक्ति का चित्रण किया गया है जो हर समय अनुभव करता है की कोई इसका पोछा कर रहा है। 'कवायद' में भय, घुटन के अनुभवों का वर्णन किया गया है। गिरिराज किशोर की कहानी 'मंत्रिपद' पदलोभी और राजनीति दांव पेंच खेलनेवाला नेताओं का केरीकेचर है जिसमें उनके पाखंड भरे चरित्र का पर्दापाश किया गया है। अशोक अग्रवाल की कहानी 'व से वजीर' १९७५ के आपातकाल के कुछ समय से लेकर जनता पार्टी की सरकार बनने तक का चित्रण किया है। कहानी का केन्द्रीय पात्र सत्ते जनता का प्रतीक है जो आपातकाल के खिलाफ विद्रोह करता है पर मोरारजी भाई के शासन में उसे आत्महत्या करने को विवश होना पड़ता है उसे आपातकाल में भी धोखे का शिकार होना पड़ता है और जनता पार्टी के सरकार में भी।

निष्कर्ष रूप में हम कह सकते हैं कि युगीन कथा साहित्य पर आपातकाल का प्रत्यक्ष असर दिखाई देता है।

- नीतू विश्वकर्मा

हिंदी विभाग, एम.ए. भाग १

(हिन्दी विभागाध्यक्ष द्वारा आयोजित)

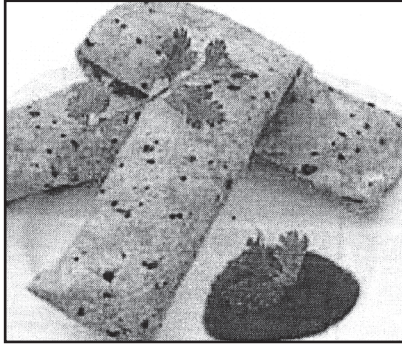
अंतर महाविद्यालयीय

संगोष्ठी में प्रस्तुत प्रपत्र)

भरवा पापड़ रोल-

सामग्री :-

आधा कप मसले हुए आलू, चार टेबलस्पून हरा मटर, चार टेबलस्पून मक्का, दो टेबलस्पून बारीक कटा हुआ टमाटर, दो टेबलस्पून बारी कटा हुआ प्याज, दो टेबलस्पून धनिया पत्ता, दो टीस्पून हरी मिर्च, नमक स्वादा अनुसार, चार मूंगदाल पापड़.



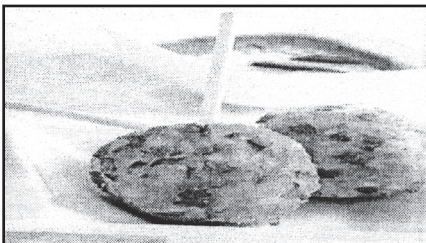
विधि :-

सभी सामग्री के एक साथ मिला ले (मसले हुए आलू, हरा पटर, मक्का, टमाटर, प्याज, धनिया पत्ता, मिर्च और नमक स्वादा अनुसार) एक समय में एक पापड़ ले, और थोड़ा नरम होने तक इसे पानी में चार से छः सेकेण्ड तब डुबाये (जैसे ही पानी की स्लाइड्स बंद हो आप पापड़ को पानी से बाहर ले जाये। इसके बाद एक टेबलस्पून मिश्रण समग्री गीले पापड़ पर रखे और इसे रोल करें और अन्दर के मिश्रण को ढकने के लिए बाहर से सील करे। अब इन रोल को एक पैन में धीमी आँच पर सुनहरा होने तक तले। टोमेटो केचप के साथ परसो।

पालक पनीर कॉर्न बॉल-

सामग्री :-

आधा कप पालक ३/४ कप ब्रेड के टुकड़े, नमक स्वादा अनुसार, २ टेबल स्पून कॉर्न आटा।



भरने के लिए-

आधा कप घिसा हुआ मोजरेला पनीर, ३ टेबल स्पून कॉर्न आटा, १ टेबल स्पून लाल मिर्च टुकड़े, १/४ बारीक कटे प्याज, १/४ कप कॉर्न, ३ टेबलस्पून धनिया पत्ती, कीमा बनाया हुआ लहसुन और हरा मिर्च पेस्ट, नमक स्वादा अनुसार, तलने के लिए तेल।

विधि-

क्रॉरिंग के लिए पालक-

पालक को गरम पानी में उबाले और तब मिक्सी में उसका प्यूरी बनाये और नमक, ब्रेड के टुकड़े और कॉर्न आटा को मिक्सी में डाले और अच्छे से मिलाएँ और अलग रख दे।

भरने के लिए-

एक कटोरे में एक साथ मोजरेला पनीर, कॉर्न आटा, मिर्च के टुकड़े। बारीक कटा हुआ प्याज, कॉर्न, धनियाँ के पत्ते लहसुन मिर्च पेस्ट और नमक मिलाएँ, और छोटे गोले बनाये।

फ्राई के लिए-

एक चम्मच पालक अच्छे से अपने हाथ पर फैलाये। बॉल को भरने के लिए बीच में रखे। सभी तरफ से एक साथ फोल्ड करे। और बॉल को अच्छी तरह से ढके ताकि पालक से ढका हुआ बॉल दिखाई न दे। एक गहरे पैन में सुनहरा होने तक भुने। गर्मागर्म टामेटो केचप पे साथ परोसे।



- सुमन झिनपत यादव
(एम.ए. प्रथम वर्ष)

सन १९७५ के बाद कथा साहित्य का अधिक विकास हुआ। साहित्यकारों ने विभिन्न सामाजिक समस्याओं को कथा साहित्य के माध्यम से अभिव्यक्ति दी। आपातकाल की परिस्थितियों तथा उस समय में घटित घटनाओं को भी साहित्यकारों ने अपने उपन्यासों तथा कहानी का विषय बनाया।

जगदीशचन्द्र ने अपने उपन्यासों में दलित चेतना को अभिव्यक्ति दी है। टुंडा लाट (१९७८), घास गोदाम (१९८५), लाट की वापसी (१९९४), जमीन अपनी तो थी आदि उपन्यास चर्चित हैं। 'जमीन अपनी तो थी' उपन्यास में दलितों के जीवन में होनेवाले परिवर्तनों को गहराई से चित्रित किया गया है। उपन्यास का केन्द्रीय पात्र काली दलितों एवं मजदूरों का हित चिन्तक हैं ही अपने बेटे के रूप में नई पी.ढी को भी संघर्षशील बना दिया है। लेखक ने इस उपन्यास में दलितों में जागृत नई चेतना को एक साथ परिणति देने की कोशिश की है। 'कथाकार संजीवजी के सर्कस' (१९८४), 'सावधान नीचे आग है' (१९८६), पाँव तले की दूब (१९९५), 'जंगल जहाँ शुरू होता है' (२०००), 'सूत्रधार' (२०००) आदि उपन्यास प्रकाशित हुए। सावधान नीचे आग है उपन्यास में बिहार और बंगाल के कोयला अंचल में स्थित कोयला खानों में व्याप्त भ्रष्टाचार और कोयलामजदूरों के नारकीय जीवन तथा इन क्षेत्रों में रहनेवाले आदिवासियों के शोषण का यथार्थ चित्र अंकित किया है।

अब्दुल बिस्मिल्लाह के झीनी झीनी बीनी चदरिया (१९८६), मुखड़ा क्या देखें (१९८६) उपन्यास चर्चित हैं। झीनी झीनी बीनी चदरिया उपन्यास में उन्होंने बनारस के बुनकारों का जीवन यथार्थ का चित्रण किया है। गरीब निम्न मध्यवर्गीय जुलाहों के शोषण की कहानी को बताया है साथ ही अशिक्षा, रूढ़िवादिता, जड़ता, धार्मिक संकीर्णता तथा उनकी अपराजेय जिजीविषा को भी विविध संदर्भों में साकार किया गया है। विवेकी राय ने अपने उपन्यासों में ग्रामीण जन जीवन का चित्रण किया है। लोकऋण (१९७७), सोनामाटी (१९८३), मंगल भवन (१९९४),

नमामि ग्रामम (१९९७) आदि विवेकी रायजी के उपन्यास प्रसिद्ध हैं। सोनामाटी उपन्यास में गाजीपुर और बलिया के बीच फैले करइल क्षेत्र के जीवन को केंद्र में रखकर लिखा गया है।

महिला लेखिकाओं में मैत्रेयी पुष्पा ने अपनी रचनाओं की ताजगी और ऊष्मा से सहसा हिंदी जगत का ध्यान आकर्षित कर लिया है। इदन्नमम (१९९४), चाक (१९९७), अल्मा कबूतरी (२०००) आदि उपन्यासों का सृजन कर उन्होंने अपना स्थान बनाया। नासिरा शर्मा एक मानवधर्मी लेखिका के रूप में अपनी पहचान बनायी है। शाल्मली (१९८७), ठीकरे कि मँगनी (१९८९), पारिजात नासिराजी के महत्वपूर्ण उपन्यास है। शाल्मली उपन्यास में लेखिका ने एक सुशिक्षित और केन्द्रीय सरकार की सेवा में प्रथम श्रेणी की पदाधिकारी पत्नी और किसी सरकारी दफ्तर में अधिकारी के रूप में कार्यरत हीन भावना ग्रस्त पति के बीच उभरनेवाले पारिवारिक तनावों और विसंगतियों का चित्रण है। काशीनाथ सिंह प्रगतिशील चेतना के प्रतिबद्ध लेखक है। 'आदमीनामा' (१९७८), 'सदी का सबसे बड़ा आदमी' (१९८६) आदि इनके कहानी संग्रह प्रकाशित हैं। उन्होंने आपनी कहानियों में आम आदमी का शोषण, मानवीय मूल्यों का विघटन और मनुष्य का नैतिक पतन का चित्रण किया है। चित्रा मुदगल महिला कहानीकारों में अग्रणी है। चित्राजी ने स्त्री-पुरुष सम्बन्धों के दायरे से बाहर निकलकर महानगरों में संघर्षरत निम्नवर्गीय लोगों के जीवन में भी झांक कर देखा है। इनकी कहानियाँ जहर ठहरा हुआ, लक्षागृह, आपनी वापसी, लपटें आदि चर्चित हैं। इनके अतिरिक्त मृणाल पाण्डे, मृदुला गर्ग, सुधा अरोड़ा, मालती जोशी आदि लेखिकाओं ने भी कहानी विधा को समृद्ध किया।

— सुमन यादव

हिंदी विभाग, एम.ए. भाग १

(हिन्दी विभाजन द्वारा आयोजित

अंतर महाविद्यालयीय

संगोष्ठी में प्रस्तुत प्रपत्र)

ISSUE SPECIAL

“Digitized Administrative Office - The Need of the Hour”

Ms. Keyaa Mukherjee - Office Superintendent

Maniben Nanavati Women's College,

(NAAC Accredited with 'A')

Vallabhabhai Road, Vile Parle (W),

Mumbai – 400056.

Email ID.: keyaamukherjee1@gmail.com



Introduction

The goal of a paperless office continues to get closer, due to the rising popularity of digital document management system. Going paperless is a greener option than using reams of paper which is cost effective. A paperless office uses less physical space when bulky filing cabinets are eliminated or reduced. Digitization is use of technology for processing, storing and utilizing information in digital format. Document management system use scanners to make digital copies of every document. Digitisation has become an integral part of our day to day lives of common people. How can the Administrative Office in educational set-ups afford to remain technology less in this e-global world? We deal with countless, limitless and endless flow of information, activities, data and processes, from miniscule to bulky size, on day to day basis.

Stepping towards Environment Friendly Administrative Office:

At Maniben Nanavati Women's College, we initiated Paperless Governance. Earlier administrative work was done manually on paper. We introduced digitization process of records 2012 onwards. We motivated colleagues i.e. teachers and staff to take Printout only if necessary. Our motto is “Save Environment, Go Digital”. The Mission is “To give the access of online service 24 x 7 around the world” to all stake groups. Our Goal is “Turn Data into Information and Information into Insight”, which will improve the efficiency, productivity and seamless access for information is a roadmap to success in 21st century globalised knowledge society.

Like all other set ups, we also have Student Information Management System and Examination Information Management System. All the relevant information and essential reports are auto-generated from the system. These two systems are mandatory for all colleges, and we are one of them. But let me proudly share at this point MNWC is one of the pioneering colleges to customize the unique system. The system comprises the following items:

1. Electronic Correspondence Management System
2. Electronic Service Records Management System

3. Digital File Management System

4. Inventory Management System

1. E-Correspondence Management System:

lier Inward/Outward registers were maintained manually and by the time the concerned staff received the letter, they would miss the deadline.

Now due to E-CMS Inward/Outward number is auto-generated and the staff receives the correspondence remotely at one click of the button through e-mail around the world for 24X7 days. 100% adherence to deadline is achieved. We have reduced number of files to one Master file.



2. E-Service Record Management System:

Entire personnel file of every faculty and staff member is scanned i.e. Approval, NOC, Appointment letters, Pay Fixations, and their Testimonials are put online. Updated P.F. Record, Leave Record, monthly Pay Slips, Form No. 16, Aadhar Card, PAN Card, Election Card and other important documents are a “click of a button away”. Every staff is given secured login ID and Password; they can access their Service Record remotely 24X7 from any part of the world.



Wherever and Whenever staff seeks any documents, they need not come to office, and they can login to their ID and get the printout of any particular documents as and when required.

3. Digital File Management System:

Initially, all files were scattered on different floors and different cupboards. We had to work a lot and spend enough time, energy and stationery for it. Hence, we decided to put in proper place in centralized Record System which also optimized the storage space. All the files were arranged, indexed and given colour code department wise, the list of files was prepared and uploaded in the system, now it is easy to locate the files from the system.



Once Inward/Outward Number is auto generated, the correspondence is tagged online to the concerned party through E-Correspondence. The correspondence is linked to the digital file management system. This has helped to optimize storage space. Moreover it has made it easy to search the location of file from the system. Option of Advance search is also available.

4. Inventory Management System:

Earlier the Inventory Management System was manually maintained in Registers. Now it is system generated. To keep the actual Inventory Control Records, New stock purchased is added, Issued stock is managed; Current Stock Report and Purchase Order Report are generated from the system. As a consequence, our paper consumption has reduced and the procurement of



number of reams of paper has declined.

Computerised Accounting System:

Accounts Department has developed the Payroll system for smooth, accurate & prompt functioning. Salary is entered Online in Higher Technical Education Sevaarth, from this information Salary Register, Salary individual, Form No. 16, Salary Summary Expenses is auto generated and further incorporated in Form No.16 for the Government Assessment Grants File. Due to Fully Computerized Accounting system, the Accounts department is always prepared for any external audit. We have Nil Audit Para of Accountant General and No Negative Remarks from Statutory Auditors.

Security Measures:

MNWC is extremely vigilant about security of documentations. Hence the security structure mechanisms are put in place as follows:

- ◆ Data Protection with 256-bit encryption used in Online Banking.
- ◆ Secured Access Control based on the individual login & password.
- ◆ Redundancy of data and regular backup maintained.
- ◆ Online storage ensures no loss due to natural factors such as rain water, rodents, human memory loss, etc.



The Benefits of Eco Friendly Administrative Office:

Eco Friendly Administrative office is a win-win formula for all the management, teachers, staff and students. As a result, MNCW has experienced that

- ◆ Productivity has increased.
- ◆ Storage space is optimized.
- ◆ Expenses have reduced.
- ◆ Staff can access from any location.
- ◆ Enhanced customer service.
- ◆ Improved Disaster Protection.
- ◆ Reduced Environmental Impact.



3 R's of Effective Office Administration:

At MNWC we follow 3 R's formula

- ◆ Reduce paper consumption & cost.
- ◆ Reuse single sided paper & used envelopes.
- ◆ Recycled papers to be procured.

Conclusion:

The key outcomes of the action steps taken are as follows:

- ◆ Office execution runs effectively and smoothly.
- ◆ Student details and Staff information is available at click of button.
- ◆ Electronic documents are easily encrypted with access controls using passwords.
- ◆ An attempt to use the digitisation in Administration has enriched the Administrative process.

Alumni Connect

Have you noticed the phrase “Digital Marketing” being bounced around a lot more lately? I am sure you have! So what exactly is Digital Marketing?

Simply put, Digital marketing is an umbrella term for all online marketing efforts. Businesses leverage digital channels such as Google search, social media, email, and company websites to connect with their current and prospective customers. The reason for this enthusiasm for digital marketing is simple: digital marketing is perhaps the only cost-effective and most viable method to get your message out and build a solid consumer base. It is not only great value for your money; but also, the barrier to enter and scale up is miniscule compared to traditional media. In other words, you can have great impact on a limited budget.

The Digital domain is a dynamic and fascinating field with long term benefits. *It's here to stay; not to be ignored.* The massive push given by the central government to the Digital India campaign has led to a massive jump in the internet users in the country.

Facts:

- * In 2016, India's internet population already crossed 450 million mark. It is now second largest internet population in the world. According to a Nasscom report India's internet population to reach 730 million by 2020.
- * At present, India's eCommerce industry is witnessing a big boom in business. According to Deloitte and CII report, India's eCommerce to grow at 6 times over 5 years' period. From US\$ 16 billion in 2015, it will reach US\$ 40 billion in 2018 and US\$ 101.9 billion in 2020.
- * A report published by market research firm Counterpoint in January estimated that India's smartphone user base grew to over 300 million in December 2016 as the smartphone market grew by 18% for year ended December 2016 as compared to the global smartphone market which grew at 3%. The same firm had published a report last year, claiming that India had surpassed the US to become the second largest smartphone market in the world.
- * In India, there's a huge demand for professionals in digital industry. But, dearth of professionals has been adding to the demand. According to a survey, situation is so bad that it is affecting 94% of companies. Also, 77% of companies see a gap in digital skills is a key hurdle to their digital transformation. (Capegemini report, 2013).

Four years on in this industry and I have seen young graduates to well-established senior professionals from the traditional modes of marketing opt for upgrading into the digital mode. There is a certain demand for Digital Marketing experts. It is disappointing to see that not many school and colleges give their students Digital Marketing as an option to learn and about 20 to 25% of Job Posting on Job Portals are of Digital Marketing. This makes digital marketing careers gigantic and lucrative. The underlining fact is that Digital Marketing is like a forest fire which probably cannot be stopped.

The question now is ...Are you in?

- Ms Ranjan Upadhyay
Sr. Manager- Digital Careers
The Digital Marketing Training Institute
<http://www.thedmti.com/>



IMPORTANT EVENTS



Dr. V. Shankar, Chairman, Shri Shanmukanand Fine Arts & Sangeet Sabha addressing the audience



Shri Subhash Bhalwal District Governor - 323, A2 motivating students on Independence Day



Inauguration of NSS Programme Officer Regional Workshop



Dr. A. Almeida, Nephrologist, P.D. Hinduja Hospital lighting the lamp on Teachers Day



Welcoming Dr. Jayshree Parikh Rtd. Prof. HOD, Chemistry Thadomal College on Convocation Day



Philanthropist Ms. Asmita Bhatia felicitating meritorious students on Republic Day



Lighting candles in Memory of Matyrs of Uri



Renowned Poets with faculty members of Hindi Dept. during Hasya Kavi Samalean

FACULTY FEATS



Dr. Leena Raje, Principal received the Abraham Lincoln Inspirational award by Shikshak Bharti - Mumbai



Ms. Jyotsna Lal completed Ph.D. in Eco from Univ. of Mumbai



Ms. Shital Mandhare completed her Ph.D. in Comm. from Univ. of Mumbai

Felicitated for International and National Level Paper Presentations and Publications



Dr. Daksha Dave

Dr. Shobha Dedhia

Ms. Ashwini Prabhu

Dr. Seema Goshar

Ms. Rekha Shelar

Ms. Jyotsna Lal

Mr. Vasant Pansare

Ms. Shital Mandhare

Ms. Rashmi Tupe

BOOK-WRITING OF HSC VOCATIONAL : REVISED SYLLABUS



Ms. Swaroop Bandre
'Best Smile'-Mrs. India Int.

Ms. Maithali Bhatkal

Mr. Thomas Kuruvilla

Ms. Suman Jacob



Dr. Daksha Mavadia
Resource persons for 12 yrs senior scale Teachers Training-Jr. College



Ms. Mokshada Nulkar

Felicitated for completing 20/30 years of Dedicated Services



Smt. Sujata Agarwal

Dr. Usha Mishra

Dr. Daksha Dave

Mr. Ravindra Sonar

Ms. Sangeeta Singh

Ms. Gayatri Mahatme

Ms. Nayyar Jahan



Ms. Varsha Palkar

Ms. Shabana Khan

Ms. Meena Chowdary

Mr. Devidas Patil

Ms. Rajshree Karanjkar

Ms. Babykutty Mathew

Ms. Shilpa Pawar

STUDENT LAURELS

University Rank Holders



Ms. Krupa Jadeja, Highest Marks in Entire Economics at B.A. Exams and First amongst candidates with Guj. Med.



Ms. Maseera Shaikh, Highest Marks in D.C. Sociology and Highest in C.A.P.C. Home Economics at B.A. Exams

College Rank Holders



Ms. Bhagyashree Dadas
1st in B.Com.



Ms. Anushka Dholam
1st in B.M.S.



Ms. Lekha Lad
1st in B.A.M.M.



Ms. Khushboo Shah
1st in M.A. (Psy)



Ms. Riya Namdeo
1st in M.A. (Hindi)



Ms. Kejal Prajapati
1st in M.Com.



Ms. Rumana Patel
1st in XII Home Science



Ms. Urvashi Jadeja
1st in XII Arts



Ms. Pooja Baik
1st in XII Commerce



Ms. Afra Ansari
1st in XII H.Sc. Voc.



Ms. Rajashree Bansode
Maharashtra State Best N.S.S. Volunteer,



Yuva Mahotsav Winners



Best Student Awardees



Ms. Priya Jaiswal "NSS Queen"

NSS : Not Me But You!



N.S.S. Computer Lab equipped by "Lions Club of Bombay Queensway" & inaugurated by Ln. Armaity Cooper



Sapling distribution by Mr. Nitin Prabhu Tendulkar, NSS Co-ordinator S.N.D.T. Women's University



7 days special camp inaugurated by D. G. Ln. Armaity Cooper and other dignitaries



Shri Pravin G. Shah, Hon. Secretary-Seva Mandal Education Society, interacting with students during special camp



Chief Guest Editor of Chitrakaleha Magazine during "Mutthi Anaaj Daan" project



Smt. Bharati Bharat Pathak & Pathak Family donated Anaaj to 250 needy families on 3rd Sept. 2016



Chief Guest Dr. Bharat Pathak, Hon. Secretary-SMES, Principal, Vice-Principals and N.S.S. Program Officers on N.S.S. Annual Day Function



Dist. Governor, 1st VDG, 2nd VDG, P.D.G., Management Members, Lion Members, Teachers during installation of Leo Club of MMP Shah College



Smt. Zarnaben Somaiya, Members of M.A.D. Team and Lion Members during "Mutthi Anaaz Daan" Project



Hon'ble Guests visited "Blood Donation Camp"



Students received Best N.S.S. Volunteer Award at the worthy hands of Chief Guest - Dr. Bharatbhair Pathak, Principal and Vice-Principals



Students and Teachers enjoy "Mumbai Darshan" during 7 day's Special Camp

NCC : TEST OF COURAGE, JOY OF ADVENTURE



Salutation to our Indian Flag



Guard of Honour



Demonstration by Cadets of Terrorist Encounter & the Valiant retaliation by our soldiers



Felicitation of outstanding Cadets by Esteemed Guests



Silent Drill demonstration



Lezim performance

SPORTS



Congratulations to our intercollegiate winners



Winners flanked by staff members on Annual Sports Day



“Health is Wealth” : Yoga Day Celebrated with enthusiasm



Annual Sports Day : Students in Action



Staff winners at Annual Sports Day

CO-CURRICULAR ACTIVITIES



Oath Taking Ceremony on Foundation Day



Leadership Workshop Series conducted by Mr. Jignesh Sanghvi



Bondla Celebration



Welcoming students at Fresher's Party



“Fun & Frolic”

Annual Day

Celebrations

BMS-GAME CHANGERS



BMS Students at the Career Fair Organised by TOI at Goregaon NSC Ground



Workshop on 'Brand Management' Conducted by Ms. Shreya Prakash from HUL



Chief Guest Dr. Sachin Bhonsale felicitated by Dr. Dilipbhai Trivedi during Aakar Festival



Dignitaries releasing 'METEOR' Newsletter Issue V



BMS students visited Dawar Shoes during industry visit at Agra



Mr. Anand Krishnan conducts workshop on 'Window to the Corporate World' during Aakar Fest



Our students winning 3rd Prize in dance competition



Students performing Bhangra-essence of Punjab

MEDIA MELANGE



Students creating awareness through Flash-Mob



Students at Kala Ghoda Art Festival



Students attending workshop by True Blue Talks



A Field visit to FTII Pune



Inaugural Function BMM Festival "Razzmatazz"



Participants performing at "Razzmatazz"



Naming of the Audio-Video Studio

QUALITY SUSTENANCE



Inauguration of Smart Classrooms at the hands of Smt. Amruta Fadnavis

Smart Classrooms
Enhancing Teaching
Learning Experience



SMES President, Dr. Dilip Trivedi receiving SAS-CSR Cheque



Ms. Srinivas Rao, HR Manager, SAS India Pvt. Ltd. felicitated by Prof. Shashikaka Wanjari, Vice-Chancellor, SNDTWU



Orienting students on Project SNEH



Lecture for
Administrative Staff
on "Paperless Office"
by Ms. Keeya
Mukharjee, Office,
Superintendent,
Maniben Nanavati
Women's College



Workshop on Team Building by Vivekanand Kendra



ICT Training Workshop for Junior College Teachers

MEMORABLE MOMENTS : FROM ADMINISTRATIVE STAFF & SUPPORT STAFF



Best Employee of the year : Mr. Rameshwar Phuke
(Administrative Staff)



Best Employee of the year : Mrs. Sharddha Ghadigaonkar
(Support Staff)



Proudly displaying medals - Annual Sports Day



Mrs. Ankita Desai



Mr. Manohar Yadav

Administrative Staff Members being Felicitated on Completion of 20/25/30 years of dedicated services



Mr. Dattaram Thukkrul



Mr. Vimlesh Yadav



Mr. Suresh Yadav



Mr. Vilas Dholam

Support Staff Members being Felicitated on completion of 10/20/25/30 years of Dedicated Services

BIDDING FAREWELL



Ms. Radhika Soman
HOD, Sociology



Dr. Anubha Mehta
HOD, Child Development



Mrs. Varsha Parikh
Faculty, Child Development, Jr. College



Ms. Neela Thakkar
Faculty, Geography, Jr. College



Smt. Suman Yadav
Support Staff



Smt. Vijaya Jawle
Support Staff

JUNIOR COLLEGE : KALAMAHOTSAV



Inauguration of Regional Kalamahotsav



Dignitaries lighting the lamp



Enthusiastic school children participating in cultural events



Junior College Activities



Freshers Party



Orientation of FYJC Students



Interclass Competitions